

1 *Original Article*

## 2 **Chlorpyrifos- and dichlorvos-induced oxidative and** 3 **neurogenic damage elicits neuro-cognitive deficits** 4 **and increases anxiety-like behaviors in wild-type rats**

5

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28

29 **Abstract:** The mechanization of agricultural activities has led to indiscriminate deposition of toxic  
30 xenobiotics, including organophosphates in the biomes, and this has led to intoxication  
31 characterized with deleterious oxidative and neuronal changes. This study investigated the  
32 consequences of oxidative and neurogenic disruptions that follow exposure to two  
33 organophosphates, chlorpyrifos (CPF) and dichlorvos (DDVP) on neuro-cognitive performance  
34 and anxiety-like behaviors in rats. Thirty-two adult male Wistar rats (150 – 170g) were randomly  
35 divided into 4 groups, orally exposed to normal saline (NS), DDVP (8.8mg/kg), CPF (14.9mg/kg)  
36 and DDVP+CPF for 14 consecutive days. On day 10 of exposures, anxiety-like behaviors and  
37 amygdala dependent fear learning were assessed using Open Field and Elevated Plus Maze  
38 paradigms respectively, while spatial working memory was assessed on day 14 in the Morris water  
39 maze paradigm, following 3 training trials each on days 11, 12 and 13. On day 15, the rats were  
40 euthanized, and their brains excised, hippocampus and amygdala removed, 5 of which were  
41 homogenized and centrifuged to analyze nitric oxide (NO) metabolites, total reactive oxygen  
42 species (ROS), and acetylcholinesterase (AChE) activity, and the other three processed for histology  
43 (cresyl violet stain) and proliferative marker (Ki67 immunohistochemistry). Marked ( $p \leq 0.05$ ) loss in  
44 body weight, AChE depletion, and overproduction of both NO and ROS were observed after  
45 repeated exposure to individual and combined doses of CPF and DDVP. Insults from DDVP  
46 exposure appeared more severe owing to the observed greater losses in the body weights of  
47 exposed rats. There was also a significant ( $p \leq 0.05$ ) effect on the cognitive behaviors recorded from  
48 the exposed rats, and these deficits were related to the oxidative damage and neurogenic cell loss in  
49 the hippocampus and the amygdala of the exposed rats. Taken together, these results provided an

50 insight that oxidative and neurogenic damages are central to the severity of neuro-cognitive  
51 dysfunction and increased anxiety-like behaviors that follow organophosphate poisoning.

52 **Keywords:** oxidative damage; organophosphates; neurotoxicity; spatial working memory;  
53 anxiety-related behaviors

## 54 1. Introduction

55 Indiscriminate deposition of xenobiotics into the environment has been associated with the increase  
56 in accidental poisoning and non-specific multi-organ toxicity. Oxygen stress, a product of the  
57 imbalance between the antioxidant systems of the body and the generation of free radicals, has been  
58 implicated in the pathophysiology of the subsequent toxicity from exposure to many xenobiotics  
59 and also in the development of many diseases [1-4]. Organophosphate pesticides are one major  
60 example of xenobiotics that are intentionally released into the environment to control pests and  
61 insects in households and agriculture, and their use has been accompanied by burdens of diseases  
62 that result from accidental poisoning due to deposition in food substances, water and through  
63 inhalation for the occupational workers [3]. Although the primary mechanisms of OPs poisoning is  
64 through their irreversible inhibition of acetylcholinesterase (AChE), leading to cholinergic  
65 dys-homeostasis [5], most of the destructive activities of these substances have been largely linked to  
66 the oxidative damages, one of the widely implicated factors that complicate OPs induced toxicity  
67 [6-12].

68 In addition OPs have been implicated in the induction of deleterious oxidative changes in various  
69 organs in the body, their activities on antioxidant free-radical balance are of vital importance, since  
70 free radicals are important mediators in the pathophysiology of most neurodegenerative diseases.  
71 [13]. The neurologic effects of OPs toxicity is manifested as chronic organophosphate-induced  
72 neuropsychiatric disorder (COPIND), which is characterized by cognitive deficits, depression,  
73 anxiety and some personality problems [14,15]. All of these are associated with excessive generation  
74 of reactive oxygen and nitrogen species (ROS and RNS), and or nitric oxides in the brain, as well as  
75 reduction in anticholinesterase activities [8,9,16].

76 Evidently, increased oxidative damages have been implicated in adversely affecting psychological  
77 and cognitive related functions through disruptions of normal neurogenesis in the hippocampus  
78 and other potential hotspots within the brain [8,9,17-19]. Chronic and subchronic exposures to both  
79 CPF and DDVP have resulted in wide range toxicity, including cardiotoxicity, neurotoxicity,  
80 hepatotoxicity, renal toxicity, haematological toxicity, and immune system toxicity among others  
81 [8,9,20-23]. Besides cholinesterase inhibition, these substances caused marked disruptions in normal  
82 oxidative functions [8,9,20,21,24]. Thus, in this study, we investigated the neuro-cognitive  
83 consequences of uptake of two commonly used OPs, chlorpyrifos (CPF) and dichlorvos (DDVP) in  
84 rats, with possible effects on oxidative stress and proliferative functions in the hippocampus and the  
85 amygdala.

86

## 87 2. Materials and Methods

### 88 2.1. Chemicals and drugs

89 DDVP (PubChem Substance ID 329756736) and CPF (PubChem Substance ID 329756699)  
90 PESTANAL®, analytical standard were purchased from Sigma (Sigma-Aldrich)(St. Louis, MO, USA),  
91 while the normal saline solution was prepared in our laboratory.

92

93

94

## 95 2.2. *Animals and experimental design*

96 Thirty-two adult male Wistar rats weighing between 150g and 170g were obtained from the  
97 University of Ilorin biological garden, Ilorin. They were housed in cages and fed with standard  
98 laboratory diet and water ad libitum, in the animal holding unit of the Faculty of Basic Medical  
99 Sciences, College of Health Sciences, University of Ilorin, Ilorin. The rats were exposed to a 12 hours'  
100 light/dark cycle at room temperature for 7 days before the commencement of the experiments. All  
101 rats were handled in accordance with the standard guide for the care and use of laboratory animals.

102

## 103 2.3. *Treatment Schedule*

104 The rats were randomly divided into four groups (n=8) as follows:

105 Group 1 (control)- were given normal saline (1 ml/kg orally) daily for 14 days

106 Group 2- were given DDVP (8.8 mg/kg orally) daily for 14 days [8,20,21]

107 Group 3- were given CPF (14.9 mg/kg orally) daily for 14 days [9]

108 Group 4- were given DDVP (8.8 mg/kg orally) plus CPF (14 mg/kg orally) daily for 14 days

109 All procedures were scheduled and carried out during the early phase of the day between 07:00 and  
110 08:30 hours, and treatments were given for fourteen consecutive days.

111

## 112 2.4. *Ethical approval*

113 This research work was approved by the University of Ilorin ethical review committee (UERC)  
114 (UERC/ASN/2017/856), following the recommendation of the College of health sciences ethical  
115 review committee, in compliance with the Institutional Animal Care and Use Committee (IACUC).

116

## 117 2.5. *Body and brain weight evaluation*

118 The body weights of all the rats were recorded after acclimatization at the first day of the exposures  
119 as initial weight and at the last day of exposure as the final weight. Thus, the differences between the  
120 two weights were calculated and recorded as the weight changes. The brain weights of all rats were  
121 recorded after the sacrifice, and a ratio of the brain to final body weight was calculated and recorded.

122

## 123 2.6. *Behavioral evaluations*

124 The rats were subjected to behavioral evaluations on the 14th day of the treatment to assess, short  
125 term memory, long term memory and reference memory in the Morris water maze paradigm.

126

### 127 2.6.1. *Morris water maze procedure*

128 The Morris water maze (MWM) apparatus is the most commonly used model to test spatial learning  
129 and memory. To evaluate spatial memory, rats were tested in a circle shaped black pool filled with  
130 23–24°C water (pool dimensions: 60cm deep × 136cm diameter). The pool was divided to four  
131 quadrants with boundaries labelled north (N), east (E), south (S) and west (W) and a circular  
132 platform (10cm diameter, 28cm high) was submerged about 2cm below water surface in the central  
133 area of the southwest quadrant of the pool. Animals were allowed to swim until they found, mount  
134 and remained on the platform for 15s. If they were not able to find the platform after 60s of  
135 swimming, they were guided to the platform by examiner and were allowed to stay on it for 15s. The  
136 rats were then removed from the pool, dried and placed in their holding bin for 5 min. Trials were  
137 recorded by a video system. Animals received a training session consisting of three trials per session

138 (once from each starting point) for 3 days (days 11, 12 and 13), with each trial having a maximum  
139 duration of 60s and a trial interval of approximately 30s. Twenty-four hours after the acquisition  
140 phase, the time taken to locate the hidden platform (escape latency) was recorded as long term  
141 memory (LTM), an average of the escape latency of the two subsequent trials was recorded as the  
142 short term memory (STM). A probe test was conducted by removing the platform, and allowing the  
143 rats to swim freely in the pool for 60s; the time spent in the target quadrant which had previously  
144 contained the hidden platform was recorded as the reference memory (14th day). The time spent in  
145 the target quadrant indicated the degree of relative memory consolidation which had taken place  
146 after learning [25].

147

#### 148 2.6.2. *Anxiety-like behaviors and fear learning*

149 The rats were subjected to behavioral evaluations on the 13th day of the exposures to evaluate,  
150 anxiety related behaviors and fear related learning in the open field test (OFT) and the elevated plus  
151 maze (EPM) paradigms.

152

##### 153 *OFT Procedure:*

154 The animals were exposed to a trial in the OFT to evaluate anxiety related behaviors in rats  
155 following DDVP and/or CPF exposures. The rats were individually placed in the centre of the  
156 apparatus and time spent in the centre and immobility period were recorded in a 5 minute session  
157 and all animals were monitored in a balanced design during the procedures. For analysis, trial was  
158 performed in a well illuminated wooden box, divided into 4 × 4 squares. It has been reported that  
159 preference or avoidance of central squares may provide an evaluation of the anxiety level in the rats  
160 [26,27].

161

##### 162 *EPM Procedure:*

163 To evaluate amygdala dependent or fear related learning, the rats were exposed to two trials in the  
164 EPM paradigm. The consisted of 2 open arms, surrounded by a short edge to prevent falls, and two  
165 enclosed arms erected in such a way that the 2 open arms were opposite each other. The maze was  
166 raised about 35cm above the ground with a stable stand and the arms of the maze were connected by  
167 a central platform. At each of the two trials, each rat was gently placed on an open arm, positioned to  
168 face away from the central platform and the closed arms. The time it takes the rats to recognise the  
169 treat and move to the closed arms was recorded as the transfer latency, while the first trial was for  
170 acquisition; the second was used as a measure of fear learning. The principle of this experiment is  
171 primarily based on the aversion of rats to heights and open spaces [9].

172

#### 173 2.7. *Biochemical evaluation*

174 At the end of the treatment period, the animals were euthanised with an overdose of ketamine (10  
175 mg/kg ip) and the brains were quickly dissected out and weighed. Blocks of hippocampal and  
176 amygdala tissues (from Bregma -2.5 mm to -4.5 mm) were removed from the brains of five rats from  
177 each group, dipped in 30% sucrose solution, homogenized and portions centrifuged at 2500  
178 revolutions per minute for 10 minutes and the supernatant collected into tubes containing the  
179 reagents for the NO and ROS analysis.

180 ROS was measured by monitoring the increasing fluorescence of DCFH-DA following a previously  
181 described procedure using flow cytometry (Partec, Deutschland) equipped with a 488 nm argon ion  
182 laser and supplied with the Flomax software and the signals were obtained using a 530 nm band  
183 pass filter (FL-1 channel). Each determination was based on the mean fluorescence intensity of  
184 10,000 counts [28]. The remaining tissue homogenate was added to the Griess reagents,  
185 sulfanilamide and naphthyl ethylene diamine solutions to measure nitrate/nitrite production (NO  
186 metabolites). Absorbance was measured with the aid of a microplate reader and the levels of NO  
187 metabolites were calculated from standard curve [29]. The remaining portions of the homogenized  
188 hippocampal tissues were placed in phosphate buffer with 1% Triton-X 100 and centrifuged at  
189 5000rpm for 10 minutes. The following reagents were used; 35 $\mu$ L of 5mM dithio-bisnitrobenzoic  
190 acid, also known as Ellman's reagent (DTNB), 10 $\mu$ L of 75 mM acetylthiocholine (ATCh) and 50mM  
191 phosphate buffer (pH 8.0). Protein concentration in brain homogenates was quantified using a  
192 Bradford assay and AChE activity was calculated in micromoles of ATCh hydrolysed per hour per  
193 milligram of protein and was expressed as percentage of control activity and measured values in  
194 micromole per hour per milligram of protein.

195

## 196 2.8. Tissue processing and Histopathology

197 After euthanasia and extraction the brains of three rats from each groups, the brains were fixed in  
198 10% formalin for 24 hours, hippocampal and amygdala blocks (from Bregma -2.5 mm to -4.5 mm)  
199 were removed, dehydrated through ascending grades of alcohol, cleared in xylene and embedded in  
200 paraffin blocks. Every second and third hippocampal and amygdala tissues sections (5 $\mu$ m in  
201 thickness) were stained with Nissl stain and/or immunostained to reveal Ki67 proliferative nuclei  
202 protein, analyzed under an AmScope 40X-2500X LED Lab Compound microscope, and  
203 photographed using the AmScope 5.0 MP USB Still Photo & Live Video Microscope Imager Digital  
204 Camera 5MP, manufactured by iscope corp., USA.

205

### 206 2.8.1. Immunohistochemistry for Ki-67

207 The Ki-67 is a chromosome-associated protein present during division (G<sub>1</sub>, S, G<sub>2</sub>, and M phases but  
208 absent from cells at rest, G<sub>0</sub>). Sections from paraffin embedded hippocampal blocks were incubated  
209 for epitope retrieval in citrate buffer, pH 6.0, at 90°C for 40 minutes, followed by incubation in  
210 endogenous peroxidase blocking reagent, 0.6% H<sub>2</sub>O<sub>2</sub> in Tris-buffered saline (TBS)-Triton (0.05%  
211 Triton X-100 in TBS, pH 7.4) for 30 minutes at room temperature. Thereafter, sections were  
212 pre-incubated in 2% serum (normal goat serum) + 0.1% bovine serum albumin (BSA) + 0.25% Triton  
213 in TBS for 60 minutes at room temperature. Afterwards, sections were incubated with polyclonal  
214 rabbit-anti-lyophilized-Ki-67p antibody (Novocastra, Newcastle, UK; 1:5,000 in preincubation  
215 solution) overnight at 4°C. Incubation with biotinylated goat anti-rabbit IgG (1:1,000 + 2% normal  
216 goat serum + 0.1% BSA in TBS; Vector lab, CA, USA;1:250) was performed for 2 hours at room  
217 temperature followed by incubation with streptavidin-biotin complex (Vectastain Elite ABC kit) and  
218 stained with 3,3'-diaminobenzidine (DAB) as chromogen. Until incubation with primary antibody,  
219 all rinses in between incubations were made with TBS-Triton, afterwards with TBS alone.

220



## 221 2.8. Statistical Analysis

222 Data from the morphometry, behavior and biochemical assays were analyzed using one-way  
 223 analysis of variance (ANOVA) and subjected to post hoc Bonferroni's multiple comparison test. The  
 224 results are expressed as mean±SEM. Statistical analyses were performed using Graphpad Prism  
 225 software (version 5.0, La Jolla, CA). Values of  $p \leq 0.05$  were considered statistically significant.

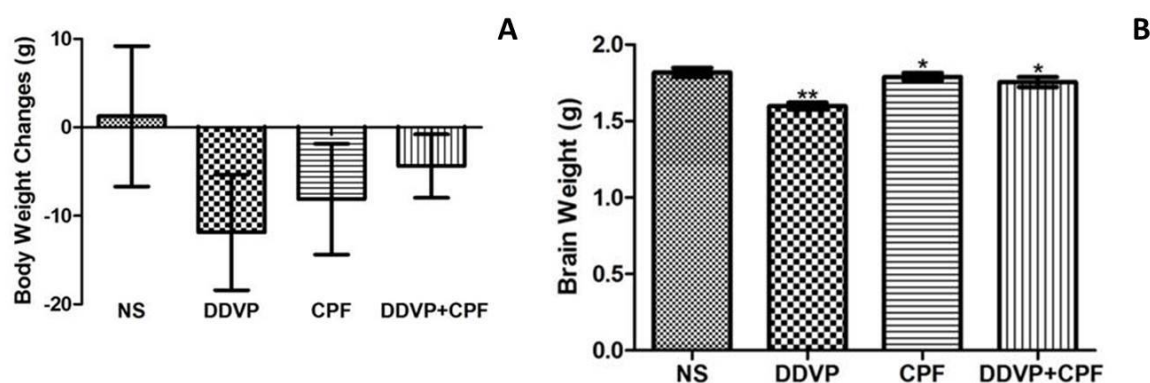
226

## 227 3. Results

228 The exposures to both DDVP and CPF in the present study resulted in differential effects on indirect  
 229 metabolic markers (body weight, brain weight and brain-body weight ratio), AChE activities, ROS  
 230 levels, NO levels, histoarchitecture and distributions of proliferative nuclei proteins in the  
 231 hippocampus and the amygdala, and the anxiety-related behaviours, fear learning and spatial  
 232 working memory in the exposed rats.

### 233 3.1. Morphometric changes following exposure to DDVP and CPF

234 Subchronic exposures to 1/10 ratios of the oral highest tolerable dosages of both CPF and DDVP,  
 235 separately and in combination markedly caused loss of body weight over a period of 14 consecutive  
 236 exposures (Figure 1A). But, the observed body weight loss was more in the DDVP only exposed rats,  
 237 and what may be a conflicting effect with less weight loss in the combined exposed rats (Figure 1A).  
 238 There was also a significant ( $p \leq 0.05$ ) loss in brain weight of the exposed rats, with relatively more  
 239 loss observed in the DDVP only exposed rats' brains (Figure 1B).



240

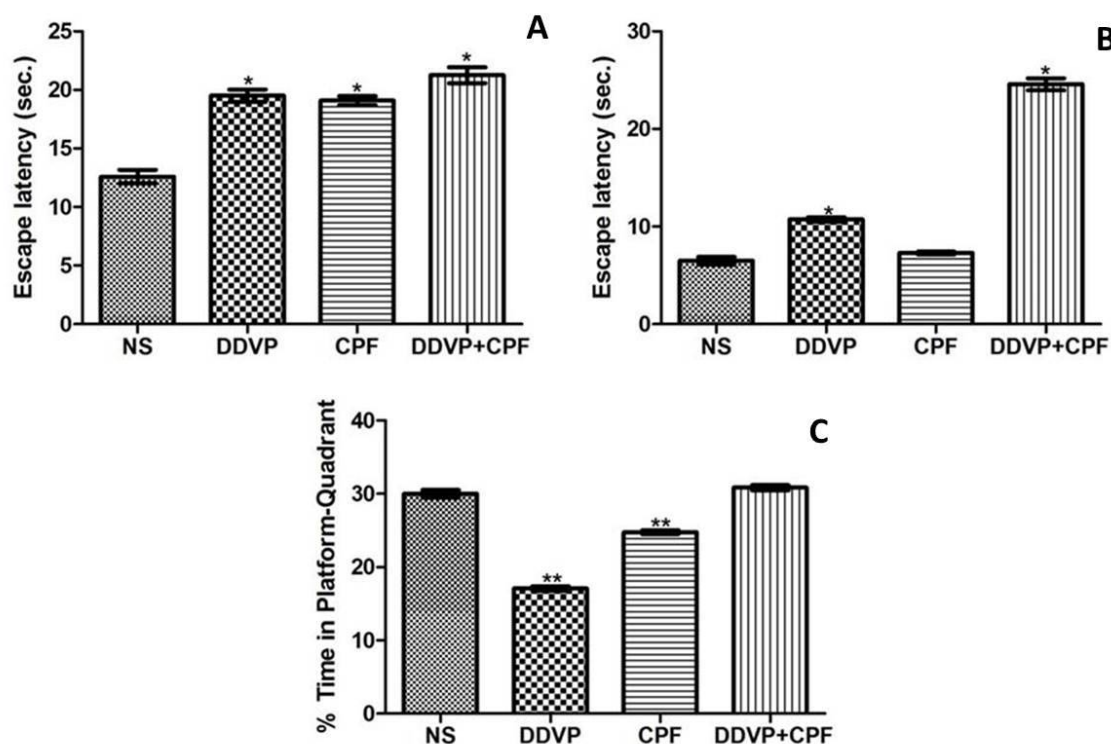
241 Figure 1: Exposures to DDVP and CPF results in loss of body and brain weight (A) Body weight of  
 242 control and exposed/treated rats (B) Brain weight of control and exposed/treated rats. Double  
 243 asterisks (\*\*) indicates significant ( $p \leq 0.05$ ) reduction when compared with all groups, while single  
 244 asterisk (\*) indicates significant ( $p \leq 0.05$ ) when compared with NS. Using one-way analysis of  
 245 variance (ANOVA) and subjected to post hoc Bonferroni's multiple comparison test.

246

### 247 3.2. Effects of DDVP and CPF exposures on spatial working memory

248 Exposures to DDVP and/or CPF significantly ( $p \leq 0.05$ ) delayed the latency to the submerged  
 249 platform (escape latency) in the exposed rats in both tests for LTM (Figure 2A), STM (Figure 2B), and  
 250 MWM paradigm. Although, this effect is relative to the three exposure modalities in the LTM, the  
 251 combined exposures to DDVP and CPF caused more ( $p \leq 0.05$ ) delay in the latency to the hidden  
 252 platform, followed by the DDVP only exposure, when compared with the control (Figure 2A and B).  
 253 The separate exposures to DDVP or CPF consequently resulted in avoidance ( $p \leq 0.05$ ) of the platform

254 quadrant, during the probe test for reference memory (R, while their combination surprisingly did  
 255 have no effect on RF (Figure 2C).



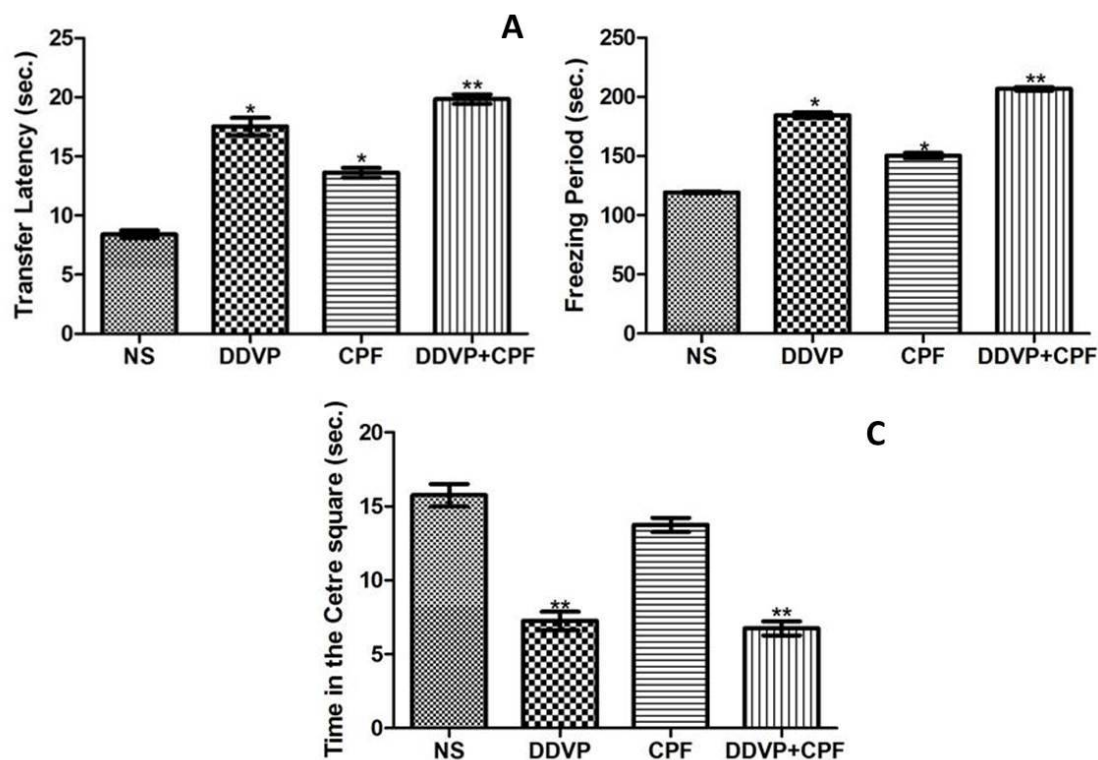
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257 Figure 2: Exposure to DDVP and CPF impaired LTM, STM and reference memory (A) Long-term  
 258 memory (escape latency); (B) Short-term memory (escape latency); and (C) Reference memory (%  
 259 time in the platform-quadrant) tests in the MWM paradigm. Double asterisks (\*\*) indicates  
 260 significant ( $p \leq 0.05$ ) reduction when compared with NS and DDVP+CPF rats (Fig. 2C), while single  
 261 asterisk (\*) indicates significant ( $p \leq 0.05$ ) increase when compared with NS (Fig. 2A) and or CPF (Fig.  
 262 2B).

263

### 264 3.3. DDVP and CPF exposures increased anxiety-like behaviours

265 The latency to the closed arm, an indirect measure of fear learning, in the EPM paradigm, was  
 266 significantly ( $p \leq 0.05$ ) delayed by exposures to both DDVP and CPF, separately and in combination  
 267 (Figure 3A) in the exposed rats. Both DDVP and CPF also caused marked increase in freezing  
 268 periods, an indication of fear, in the exposed rats. This observation was corroborated by the  
 269 significant ( $p \leq 0.05$ ) reduction in time spent at the centre squares by the rats, indicating anxiety-  
 270 related responses (Figures 3B and C).

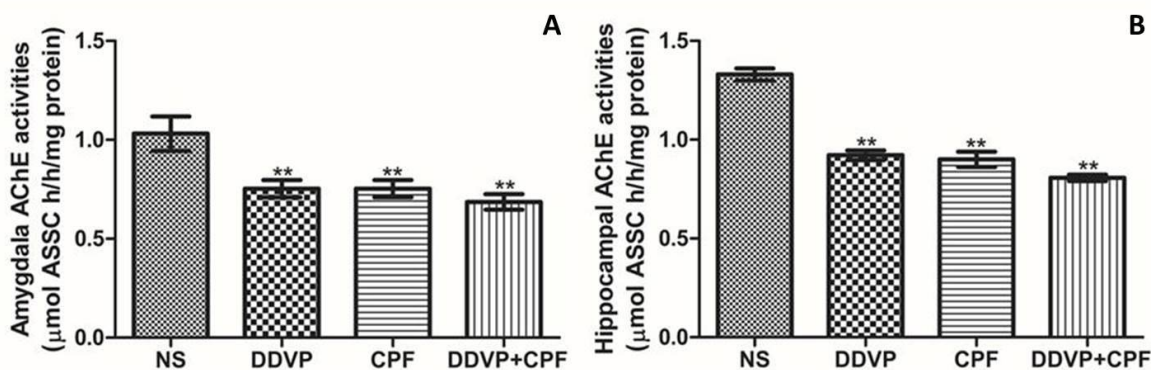


271

272 Figure 3: The effects of oral exposures to normal saline (NS), dichlorvos (DDVP) or/and chlorpyrifos  
 273 (CPF) on: A) fear learning (transfer latency) in the elevated plus maze paradigm; B and C) anxiety  
 274 related behaviours (freezing period and time in center squares) in the open field test paradigm.  
 275 Double asterisks (\*\*) indicates significant ( $p \leq 0.05$ ) increase (Fig. 3A and B) or decrease (Fig. 3C) when  
 276 compared with NS, other groups and/or CPF rats only; while single asterisk (\*) indicates significant  
 277 ( $p \leq 0.05$ ) increase when compared with NS (Fig. 3A and B). Using one-way analysis of variance  
 278 (ANOVA) and subjected to post hoc Bonferroni's multiple comparison test.

### 279 3.4. DDVP and CPF exposures inhibit Anticholinesterase in the Amygdala and hippocampus

280 Exposures to the two OPs used in this study, DDVP and CPF, either separately or combined resulted  
 281 in a significant depletion in both amygdaloid (Figure 4A) and hippocampal (Figure 4B) AChE levels  
 282 in the exposed rats when compared with the control's. Although the inhibition of AChE activities in  
 283 both brain regions are in relative patterns, the basal (control) AChE activities was more in the  
 284 hippocampal region, thus the inhibiting effects of the OPs on the hippocampal may be more.



285

286 Figure 4: The effects of oral exposures to normal saline (NS), dichlorvos (DDVP) or/and chlorpyrifos  
 287 (CPF) on: A) amygdaloid AChE activities; and B) hippocampal AChE activities in the exposed rats.

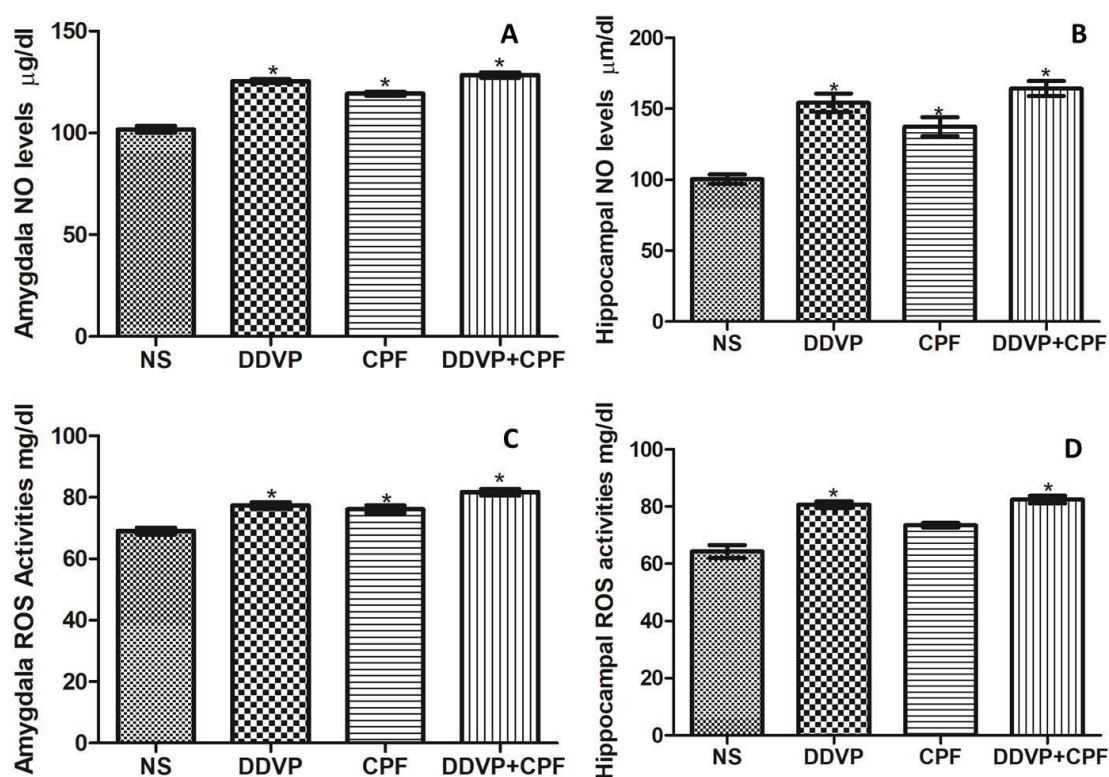


288 Double asterisks (\*\*) indicates significant ( $p \leq 0.05$ ) decrease when compared with the NS rats. Using  
 289 one-way analysis of variance (ANOVA) and subjected to post hoc Bonferroni's multiple comparison  
 290 test.

291

292 *3.5. Effects of DDVP and CPF exposures on oxidative stress markers (ROS and NO) in the Amygdala and*  
 293 *hippocampus*

294 Consecutive oral DDVP and/or CPF exposure in rats, caused a relative ( $p \leq 0.05$ ) increase in both nitric  
 295 oxide (NO) and total reactive oxygen species (ROS) levels in the amygdala and the hippocampus of  
 296 the exposed rats (Figures 5A-D). Although, no marked differences were observed in the pattern of  
 297 the effects on both NO and ROS levels, CPF exposure did not result in a significant change in the  
 298 hippocampal ROS level (Figure 5D).



299

300 Figure 5: The effects of oral exposures to normal saline (NS), dichlorvos (DDVP) or/and chlorpyrifos  
 301 (CPF) on: NO levels (A: amygdala and B: hippocampus); and ROS levels (C: amygdala and D:  
 302 hippocampus) in the exposed rats. Single asterisk (\*) indicates significant ( $p \leq 0.05$ ) increase when  
 303 compared with the NS rats. Using one-way analysis of variance (ANOVA) and subjected to post hoc  
 304 Bonferroni's multiple comparison test.

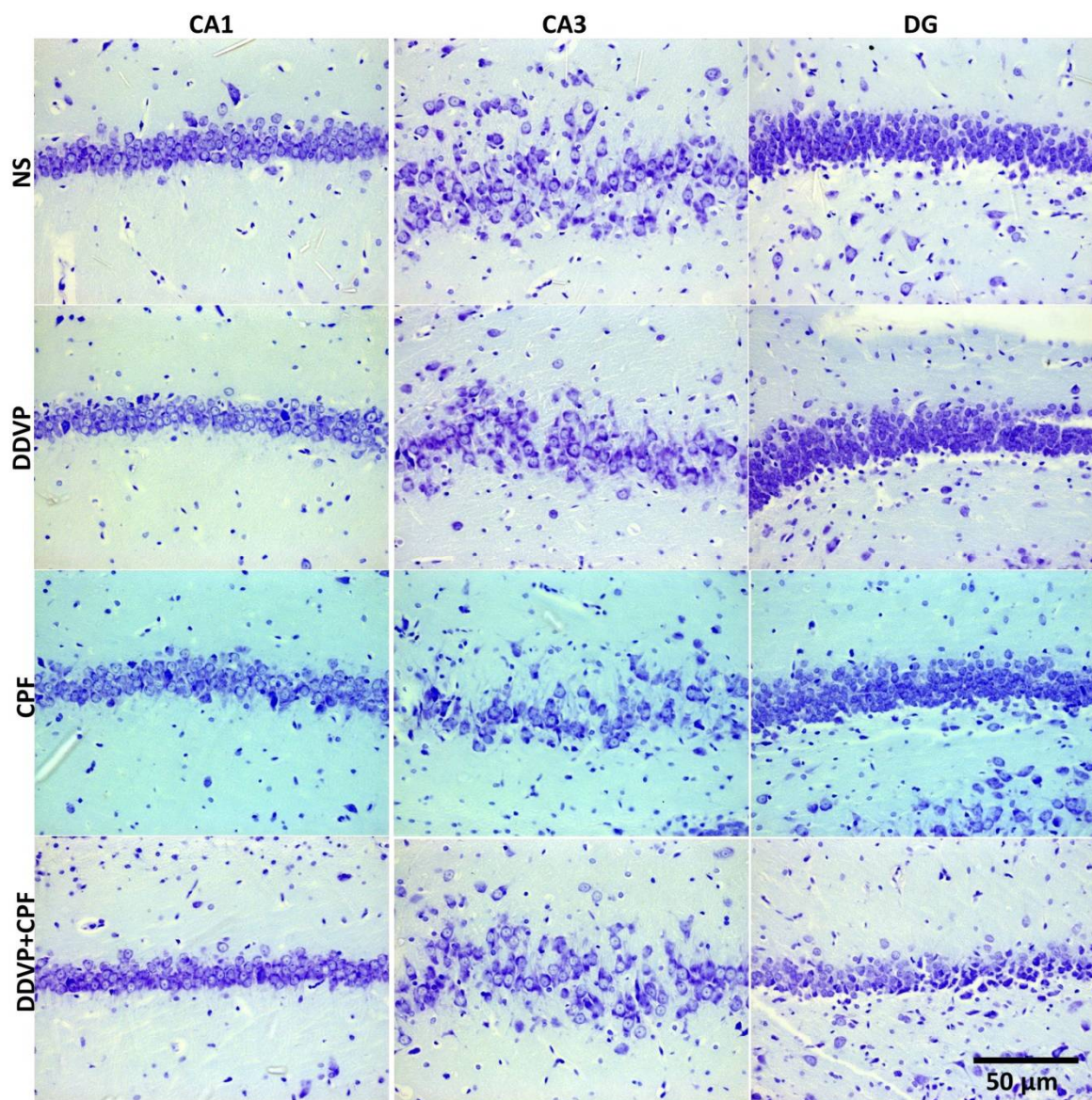
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306 *3.6. Effects of DDVP and CPF exposures on the distributions of proliferative nuclei (Ki67) in the hippocampus*  
 307 *and the histoarchitecture*

308 Histological Nissl granulation stain revealed no marked effects on either the cornu ammonis  
 309 regions (CA1 and 3) and the dentate gyrus following exposures to DDVP, CPF or combined when  
 310 compared with the control (NS). However, there is qualitatively more glia-like small sized intensely  
 311 stained cells in the DDVP and/or CPF exposed CA regions and the dentate gyrus (glia activation)

312 (Figure 6), with also some vacuolations mostly in the DG of the exposed rats. Furthermore there was  
313 is reduced presence of proliferative cells marker, Ki67 immunoreactive nuclei proteins in the CA1  
314 and 3, and DG of the DDVP and/or CPF exposed rats, most especially in the subgranular zone of the  
315 dentate gyrus (Figure 7).

316

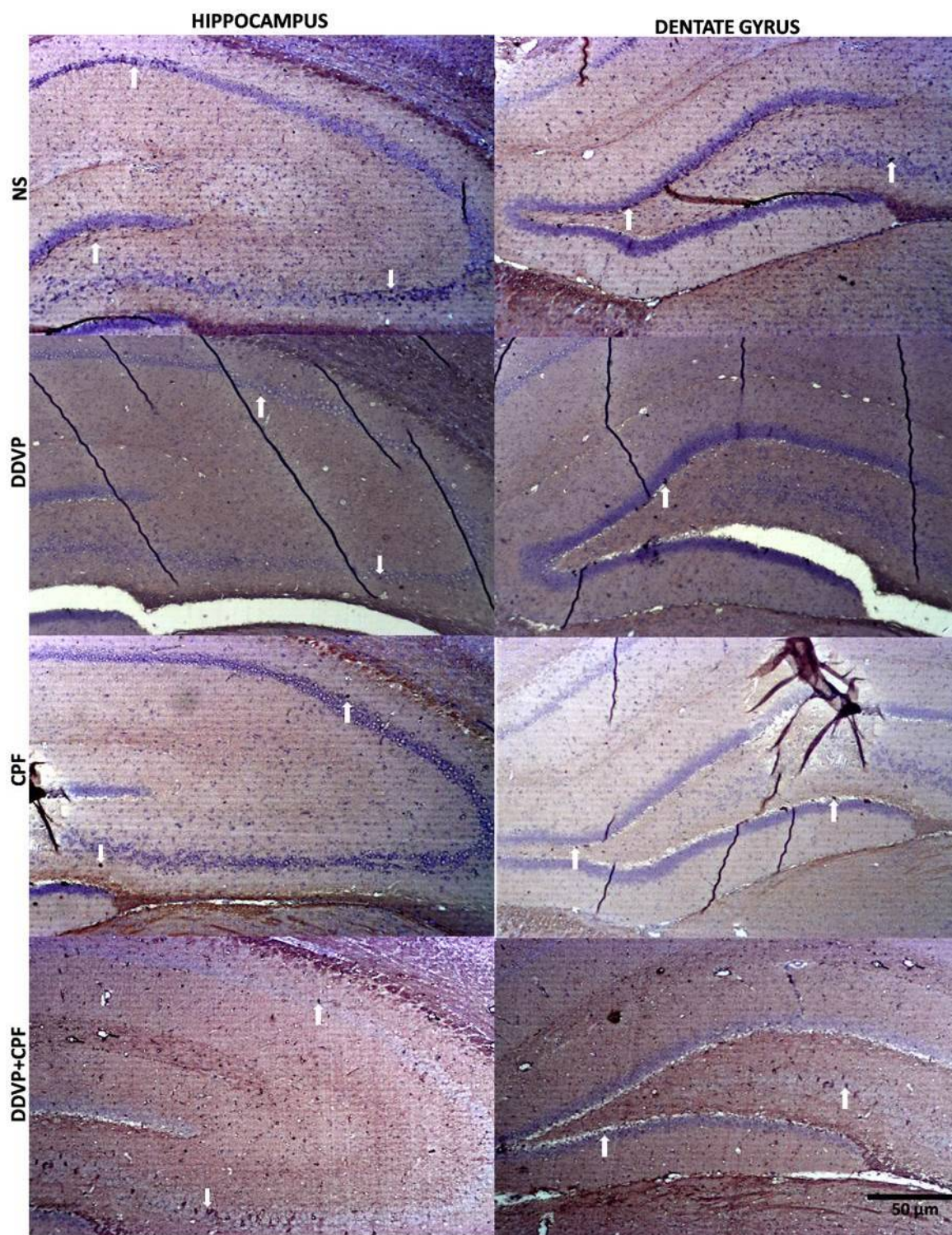


317

318 Figure 6: The effects of oral exposures to normal saline (NS), dichlorvos (DDVP) or/and chlorpyrifos  
319 (CPF) on: the hippocampal connus ammonis 1 and 3 (CA1 and 3), and the dentate gyrus (DG) in the  
320 exposed rats. There was no marked changes following either DDVP and/or CPF when compared  
321 with the control (NS). Scale bar 50μm.

322





323

324 Figure 7: The effects of oral exposures to normal saline (NS), dichlorvos (DDVP) or/and chlorpyrifos  
 325 (CPF) on: the distributions of Ki67 nuclei proteins in the hippocampal connus ammonis regions  
 326 (CA1 and 3), and the dentate gyrus (DG) in the exposed rats. White arrows indicate the Ki67  
 327 immunoreactive proteins in the respective regions, with reduced nuclei in the DDVP and/or CPF  
 328 exposed rats compared to the control. Scale bar 50μm.

329

330

#### 331 4. Discussion

332 Organophosphates poisoning account for a high percentage of reported toxicities from chemical  
333 exposure around the world, posing growing threats to public health, and with more concerns as they  
334 are continuously deposited in water bodies and the biomes [30,31]. Toxicities from these substances  
335 are primarily linked to the irreversible inhibition effects on acetylcholinesterase (AChE) in the blood  
336 and the nervous systems, thus having the ability to affect general body functions and personality  
337 related functions [8,9,30-32]. In the present study sub chronic oral exposures to two most commonly  
338 used broad spectrum OPs worldwide, separately, and in combination was sufficient to markedly  
339 deplete the levels of AChE in the hippocampus and the amygdala, in a pattern relative to what we  
340 recently found with CPF only exposure on the amygdala, and with the dichlorvos in discrete brain  
341 regions, including the cerebellum, hippocampus, frontal cortex, medulla, spinal cord and occipital  
342 cortex [9,32]. This is no surprise, as it further confirms the earlier established mechanism of OPs  
343 activities in the brain. In separate studies in the literature, DDVP and CPF have been reported to  
344 cause significant inhibition of AChE in the brains of rats [8,9,33,34], of which most of its induced  
345 toxicities have been attributed.

346 However, there is growing evidence suggesting that, although AChE inhibition contributes greatly  
347 to the toxicities and remains the primary mechanism of action of OPs, their effects on redox  
348 processes, antioxidant functions and on lipid peroxidation, are greatly implicated in the chronic  
349 outcomes following poisoning [8-12,32]. Exposing rats to 1/10<sup>th</sup> of the oral tolerable dosages of  
350 DDVP, CPF and their combination in the present study, significantly caused an increase in total  
351 reactive oxygen species (ROS) and nitric oxides (NO) levels in the hippocampus and amygdala of  
352 the exposed rats. Further corroborating previous findings on the activities of OPs on anti-oxidant  
353 defense and on general oxidative functions, and more than the AChEI, these are very much  
354 implicated in the neurotoxic effects of OPs poisoning, including the neuro-cognitive impairments  
355 and cell death [9,32,35-37]. The oxidative damages following exposures to OPs may further  
356 contribute to its detrimental effects on health, as it has been linked to loss of biological functions in  
357 cells, and contributing to the pathophysiological factors for various life threatening diseases, like  
358 respiratory, cardiovascular and renal diseases, carcinogenesis and neurodegenerative disorders  
359 [3,4].

360 It is expected, that the induced AChE dys-homeostasis and most importantly, the oxidative  
361 dysfunctions may affect metabolic functions, since it has been implicated in different metabolic  
362 related diseases [3,4,11]. Thus, we recorded the changes in body weight at the initiation and  
363 termination of the experiment, and this revealed a significant loss in body weight, supported by a  
364 subsequent low brain weight following exposures to DDVP, CFP and their combination, with more  
365 effects observed with DDVP exposure. These findings are affirmed by previous findings, where a  
366 loss in both body and brain weights were recorded following exposures to different OPs, including  
367 CPF and DDVP [9,32,38-40].

368 An observation into the possible effects of these substances on neural functions and survival related  
369 proteins, and structures, revealed a consequent qualitative depletion of the proliferative nuclei  
370 marker (Ki67 proteins) in the hippocampal CA regions and the dentate gyrus of the DDVP, CPF and  
371 combined DDVP+CPF exposed rats. This was complemented by the observed increase in intensely  
372 stained nuclei-like glia, most especially in the dentate gyrus. These suggest possible damaging  
373 effects on potential neurogenesis and a buildup of a possible shut down of regenerative activities in  
374 the brains of the exposed rats. This can be strengthened with findings from previous studies, where  
375 exposures to neurotoxic compounds have reported to result in mark loss neurogenic cells in  
376 laboratory rodents [41,42]. Our previous examination of effects of CPF exposure on amygdala AChE  
377 activities, oxidative markers and expression of Ki67 proteins, further support these findings [9].



378 A healthy hippocampus, with preserved neurogenesis is linked to enhancing psycho-cognitive  
379 functions, while any damage that affects this, have been claimed to affect cognitive activities [43].  
380 Thus, we investigated possible effects on anxiety-like behaviors and spatial working memory in the  
381 exposed rats. In congruence with the above, sub chronic exposures to either of DDVP and/or CPF  
382 significantly increased anxiety-like behaviors and impaired spatial working memory behaviors  
383 respectively. These dysfunctions in psychosocial related and cognitive functions following exposure  
384 to the two OPs used in this study cannot be unrelated to the combined effects of the observed  
385 oxidative damages, weight loss, diminished proliferative nuclei in the hippocampus and the  
386 amygdala. And these can be strongly supported by the relative neuro-cognitive deficits that follows  
387 exposures to different insecticidal compounds, including OPs [9,17,37,44,45].

388

## 389 5. Conclusions

390 In conclusion, sub chronic oral exposures to DDVP and CPF, separately or in combination imposed  
391 hippocampal and amygdala oxidative damages and subsequent depletion of neurogenic nuclei in  
392 the hippocampus and dentate gyrus. These might have contributed to the psycho-cognitive deficits  
393 and increased anxiety-like behaviors that were observed following AChE inhibitions in the studied  
394 brain regions.

395

396 **Author Contributions:** The authors' individual contributions to this research are as follows:  
397 Conceptualization, AI; Formal analysis, AI, NAS, ALO, SC, VW, MIA, ROF and ASM; Investigation,  
398 AI, NAS and ALO; Project administration, MSA; Resources, MSA; Supervision, MSA; Validation, AI,  
399 ALO and STS; Visualization, AI, NAS, ALO, SC and VW; Writing – original draft, AI, NAS and MIA;  
400 Writing – review & editing, AI, NAS, ALO, SC, VW, MIA, ROF, ASM, STS and MS.

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408 **Conflicts of Interest:** The authors declare no conflict of interest.

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