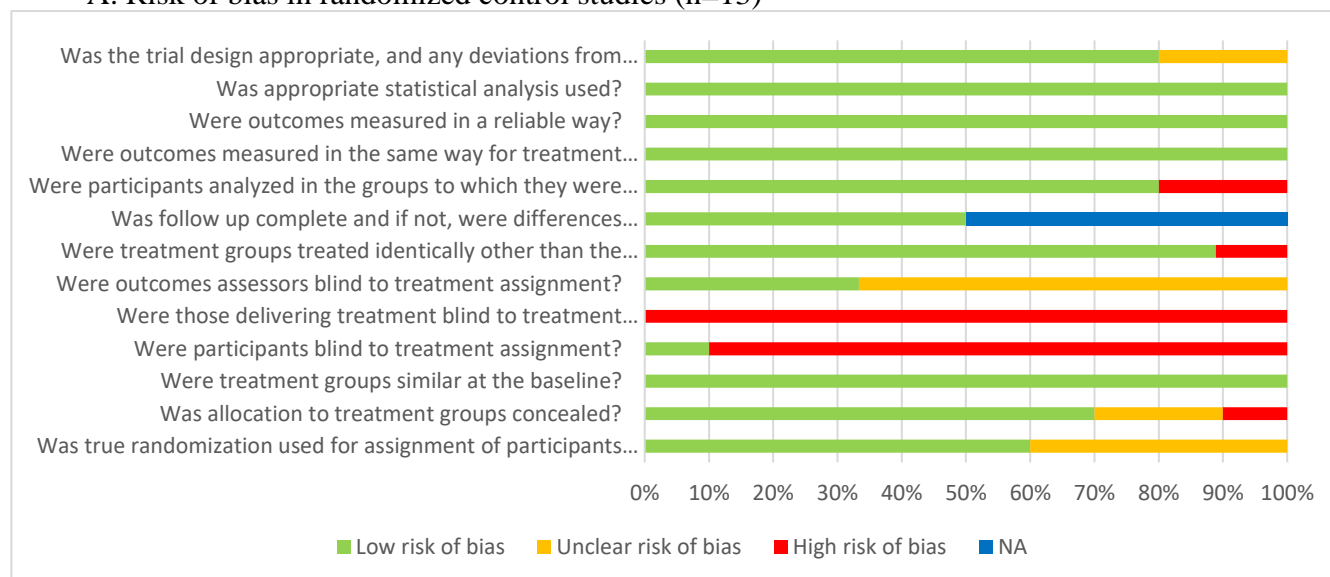


Supplemental Figure 1. Graphs of risk of bias in accordance to Joanna Briggs Institute guidelines.

A. Risk of bias in randomized control studies (n=13)



B. Risk of bias in cross-over and cross-over-like studies (n=25)

