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Article

# Modulation of Cell Response through the Covalent Binding of Fibronectin to Titanium Substrates

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**Abstract:** Titanium (Ti-6Al-4V) substrates were functionalized through the covalent binding of fibronectin, and the effect of the presence of this extracellular matrix protein on the surface of the material was assessed employing mesenchymal stem cell (MSC) cultures. The functionalization process comprised the usage of the activation vapor silanization (AVS) technique to deposit a thin film with a high surface density of amine groups on the material, followed by the covalent binding of fibronectin to the amine groups using the N-(3-dimethylaminopropyl)-N'-ethylcarbodiimide hydrochloride / N-hydroxysuccinimide (EDC/NHS) crosslinking chemistry. The biological effect of the fibronectin on murine MSCs was assessed *in vitro*. It was found that functionalized samples not only showed enhanced initial cell adhesion compared with bare titanium, but also a three-fold increase in the cell area, reaching values comparable to those found on the polystyrene controls. These results represent a clear indication of the potential of modulating the response of the organism to an implant through the covalent binding of extracellular matrix proteins on the prosthesis.

**Keywords:** fibronectin; functionalization; activated vapor silanization (AVS); mesenchymal stem cells (MSC); biomaterial

## 1. Introduction

Over the past few decades, there has been an increasing demand for biomaterials that are able to replace various tissues and mimic their functions [1,2]. Titanium (Ti) has been the material of choice for many of these applications owing to its convenient combination of properties: excellent corrosion resistance, relatively low elastic modulus and high tensile strength [3,4]. Due to these excellent properties, titanium biomaterials are suitable candidates for applications as implants and replacement of hard tissue. However, Ti, as it is the case for most if not all of the biomaterials used in the clinical practice, exhibits a major drawback related with the interaction established with the surrounding living tissue: upon implantation the material is not able to form an intimate contact with the adjacent tissues and is covered by a connective tissue capsule. The formation of this connective tissue capsule is a consequence of the foreign body reaction of the recipient organism to the implant. The foreign body reaction implies the activation of the macrophages and, together with active fibroblasts, the generation of a collagen matrix around the implant.[5,6].

The lack of integration with the surrounding tissue of any implant can be problematic, since a weak connection between healthy tissue and implant may lead to infections [7]. Additionally, the

fibrous tissue interface is mechanically weak and causes micro-movements of the implant with respect to the adjacent tissue. These micro-movements can affect the healing process adversely, and lead to the loosening of the implant over time [8,9]. Implant loosening, in turn, may cause pain and often requires revision surgery. For instance, it is reported that the loosening of the implant is the most frequent cause for revision hip arthroplasty [10].

To counteract this problem and facilitate the integration of the material, it is necessary to attract stem cells to the surface of the implant and to promote their activity. Such an approach would result in the formation of the functional tissue directly on the surface of the prosthesis.

Incidentally, a strategy involving surface modification of implants with biomolecules seems adequate and leads to the so-called biofunctionalization of the material. Biofunctionalization consists of modifying the surface of the material, usually through the binding of targeted biomolecules, in an attempt to promote an enhanced biological response of the organism to the implant. It is assumed that this enhanced response is greatly dependent on the existence of specific adhesion sites for different cells at the surface of the material [11]. Although it is possible to immobilize the biomolecules through such simple processes as adsorption or entrapment, the creation of a robust connection between the material and the biomolecule usually requires the formation of a covalent bond which implies the generation of functional groups on the surface of the implant. For instance, in the case of titanium, functionalization is conventionally performed by immersing the substrates inside a solution of an organosilane in an organic solvent, such as pentane or toluene [12–15]. Although this method is simple and facile, it lacks reproducibility and results in the formation of a low surface concentration of functional groups. This is due to the high susceptibility of the silanization reactions to hydrolyzation and oligomerization of the precursor molecules [16,17]. Thus, a functionalization method overcoming these advantages, may greatly improve the biomolecule binding efficacy.

As for the target biomolecule, fibronectin could be of special interest, since it is one of the main insoluble components of the extracellular matrix (ECM). Fibronectin possesses binding sites for heparin, fibrin and collagen [18], as well as several integrin binding sites which may be recognized by different cell lines [19–22]. Fibronectin is found to favor cell adhesion [23,24] and spreading [25,26]. Hence, coating the surface of biomaterials with fibronectin has been a viable strategy for enhancing cellular response to the biomaterials. The positive effect of fibronectin adsorbed on the surface of Ti biomaterials on the cellular response has been addressed previously in various studies. It was reported that adsorption of fibronectin on Ti-6Al-4V alloy from a solution of the protein with a concentration as low as 0.5nM can lead to a significant improvement in the cell attachment to the material [27]. Previously, improved MC3T3-E1 cell adhesion and proliferation on fibronectin-coated Ti was reported by Ku et al. [28]. Adsorption of fibronectin on Ti materials has been demonstrated to improve adhesion and proliferation of human gingival fibroblasts [29], hamster kidney 21C/13 fibroblasts [30], MG63 osteoblasts, C3H10T1/2 mesenchymal stem cells [27], rat bone marrow-derived osteoblast [31] and normal human dermal fibroblasts [32].

In addition to these non-covalent strategies, several procedures for the covalent binding of fibronectin to solid substrates have been developed. Thus, fibronectin was immobilized on Ti alloys using the tresyl chloride chemistry, demonstrating a positive effect on the adhesion of MC3T3-E1 cells [33,34]. In a similar study, Pham et al. functionalized Ti samples using immersion silanization and EDC as crosslinker and concluded that osteoblast-like SaOS2 cells showed better cell adhesion and spreading on fibronectin-decorated samples at 4 h after seeding [35]. These functionalization procedures, however, tend to be extremely dependent on the detailed chemistry of the surface and, consequently, lead to a high variability in the observed outcomes.

In this study, we show how it is possible to covalently bind fibronectin to the surface of biomaterials using a functionalization procedure that is largely independent of the chemistry of the substrate. Ti-6Al-4V is used as a model system and functionalized through the activated vapor silanization (AVS) process, resulting in a high density of reactive amines on the surface of the substrate. Subsequently, fibronectin is bound the functionalized Ti surface through the EDC/NHS

crosslinking chemistry. Lastly, the enhanced response of murine bone marrow mesenchymal stem cells (BM-MSCs) on the fibronectin-decorated titanium samples is verified.

## 2. Materials and Methods

### 2.1. Preparation of Ti substrates

Substrates used in this study were cut from an ingot of commercial Ti-6Al-4V alloy with nominal dimensions  $10 \times 10 \times 1$  mm. The substrates were polished sequentially with sandpapers grit No. 80, 400, 1200 and 4000. Subsequently, the samples were cleaned by sonication in acetone, isopropanol, distilled water and dried with a flow of argon.

#### 2.1. Covalent immobilization of fibronectin

##### 2.2.1. Functionalization

The surface of the Ti substrates were initially amino-functionalized using the activated vapor silanization (AVS) method, as described elsewhere [36,37]. Briefly, 3-aminopropyltriethoxysilane (APTS, Fluka) is poured inside a closed compartment and evaporated at low vacuum. The vapor is transported by an argon flux (BIP, Purity  $\geq 99, 9997$  %) to an activation chamber where the temperature is risen to  $750$  °C. Afterwards, the activated APTS vapor is directed towards the surface of the substrates in the deposition chamber. Finally, the vapor phase is evacuated from the system with a rotary pump. The process is controlled by four parameters: evaporation temperature of APTS ( $T_{\text{Evap}}$ ), activation temperature of APTS ( $T_{\text{Act}}$ ), pressure of argon ( $P_{\text{Ar}}$ ) and deposition time ( $t$ ). For the functionalization of Ti substrates in this study, the deposition parameters were as follows:  $T_{\text{Evap}} = 150$  °C,  $T_{\text{Act}} = 750$  °C,  $P_{\text{Ar}} = 2$  mbar and  $t = 20$  min. The AVS process with these parameters leads to the formation a functional and homogenous amine functional layer on the surface of Ti substrates as previously shown [36].

##### 2.2.2. Covalent immobilization of fibronectin on Ti substrates

The extraction of fibronectin was done from cryoprecipitated human plasma as previously described by Poulouin et al. [38] using gelatin-heparin chromatography affinity. This process yielded a fibronectin stock of  $500$   $\mu\text{g/ml}$  solution in carbonate-bicarbonate buffer. In order to covalently bind fibronectin to the Ti substrates, the stock solution of fibronectin was diluted in 4-morpholine-ethanesulfonic acid (MES, Sigma-Aldrich). AVS-functionalized samples were incubated with the fibronectin-MES solution for 1 h. Subsequently, a solution of N-(3-dimethylaminopropyl)-N'-ethylcarbodiimide hydrochloride (EDC, Sigma-Aldrich)/ N-hydroxysuccinimide (NHS, Aldrich) in MES was added to the samples and incubated for 4 h. The final concentration of the reagents was: fibronectin  $200$   $\mu\text{g/ml}$ , MES  $0.1\text{M}$  pH = 6.0, EDC  $0.125$  mg/ml and NHS  $0.0315$  mg/ml.

After incubation, the samples were removed from the solution and gently rinsed with distilled water in order to remove any non-adhered protein from their surface. Subsequently, an intensive cleaning procedure was employed to ensure the complete removal of the excess non-reacted EDC/NHS cross-linkers. The cleaning procedure was established in a previous work with collagen [39] and consisted of incubating the samples in PBS ( $10$  mM, pH = 7.4), MES ( $0.1$  M, pH = 6.0) and Dulbecco's Modified Eagle Medium (DMEM, pH = 7.4) for 5 h, 72 h and 24 h, respectively.

The different conditions assessed in this work are summarized in Table 1.

**Table 1.** Terminology used for the identification of different samples.

Sample	Details
Ti+AVS+C	AVS-functionalized Ti-6Al-4V incubated with fibronectin and EDC/NHS cross-linkers
Ti+AVS-C	AVS-functionalized Ti-6Al-4V incubated with fibronectin solution without addition of EDC/NHS cross-linkers

<b>Ti+C</b>	Bare Ti-6Al-4V incubated with fibronectin solution and EDC/NHS cross-linkers
<b>Ti-C</b>	Bare Ti-6Al-4V incubated with fibronectin solution without addition of EDC/NHS cross-linkers

### 2.3. Stability testing

In order to test the stability of covalently bound fibronectin on the surface of Ti substrates, the samples were sonicated in a solution of 10% (w/v) sodium dodecyl sulfate (SDS, Fisher scientific) in PBS for 1 h and incubated in a renewed SDS solution overnight. Finally, the sample were rinsed with distilled water. The rationale behind this procedure was to disrupt any non-covalent bonds in the structure thus, solubilizing and eliminating non-covalently bound fibronectin from the surface of the samples.

### 2.4. Characterization

#### 2.4.1. Fluorescence microscopy

Fluorescein 5(6)-isothiocyanate (FITC, Fluka) labeling of fibronectin was performed following a method described by Hoffmann et. al. [40]. Briefly, a solution of FITC in anhydrous DMSO was mixed with fibronectin solution (1:100) and the unbound FITC was removed from the solution through gel filtration.

The presence of FITC-labeled fibronectin, whether immobilized or adsorbed, was checked on the substrate surface using fluorescence microscopy (Leica DMI 3000B) at a emission wavelength of 520 nm. Images of the samples were captured both before and after treatment with SDS detergent to assess the stability of the bound fibronectin.

#### 2.4.2. Atomic force microscopy

In order to assess the presence of fibronectin, the surface of the samples was examined by atomic force microscopy (AFM, Cervantes AFM, Nanotec S.L.) before and after the treatment with SDS. The measurements were performed in air using a pyramidal cantilever (Olympus OMCL RC800, semi-angle 39°, nominal resonance frequency 69 KHz) in dynamic mode. The obtained profile data were analyzed by WSxM 5.0 software [41]. Root mean square (RMS) roughness of the samples was calculated from the profile data by WSxM 5.0

### 2.5. Cell cultures

Murine bone marrow mesenchymal stem cells (BM-MSC) were used as cell model in this study. Isolation and expansion of BM cells were performed on fibronectin-coated wells (Corning Inc., NY) in Iscove's Modified Dulbecco's Medium (IMDM, HyClone) supplemented with 20% of MSC stimulatory supplements (Stem Cell Technologies), 100  $\mu\text{mol/l}$ , 2-mercaptoethanol (Sigma), 100 IU/ml penicillin (Sigma), 0.1 mg/ml streptomycin (GIBCO), 2 mmol/l L-glutamine (GIBCO), 10 ng/ml human PDGF-BB (Peprotech), and 10 ng/ml rm-EGF (Peprotech). Adherent cell clusters were grown for a minimum of 5 passages. After this point, the cells were regularly maintained in DMEM (HyClone) supplemented with 10% fetal bovine serum (FBS, HyClone) and 1% penicillin/streptomycin (Sigma). All the experiments were performed using BM-MSCs in passage 5 through 15.

Prior to cell culture, the samples were sterilized by UV irradiation and put inside the wells of a p24 multiwell. BM-MSCs were seeded on the samples at a concentration of  $5 \times 10^4$  cells/well and incubated in a humidified atmosphere of 5%  $\text{CO}_2$  at 37 °C for either 4 or 48 h. BM-MSCs cultured on blank wells were used as controls. The experiments were performed twice using duplicate samples.

#### 2.5.1. Cell viability

The viability of cells after 4 and 48 h of seeding was assessed by staining the cells with calcein acetoxymethyl (Calcein AM, Life Technologies, 0.5 µg/µl in DMSO) and propidium iodide (PI, Sigma-Aldrich, 750 µM in PBS). For this purpose, the samples were incubated with a combined solution of 1 µl/ml Calcein/AM and 1 µl/ml PI in DMEM for 30 min. Ultimately, cells were visualized by a fluorescence microscope (Leica DMIRB) at emission wavelengths of 515 and 636 nm for calcein AM and PI, respectively. Three representative images were captured of each sample using a digital camera attached to the microscope (Leica DC100) and the number of viable and PI positive cells were counted in each image using ImageJ software. Results were reported as number of viable cells per mm<sup>2</sup> of the samples surface.

### 2.5.2. Cell proliferation

Cell proliferation was evaluated at 48 h after seeding on each sample using 2,3-bis-(2-methoxy-4-nitro-5-sulfo-phenyl)-2H-tetrazolium-5-carboxanilide (XTT, AppliChem) according to the manufacturer's instructions. The absorbance of each well was measured spectrophotometrically at 450 nm by an ELX808 microplate reader (BioTek). The absorbance levels were normalized by the surface area of each sample.

### 2.5.3. Cell spreading

The morphology of the cells was evaluated at 4 h after seeding. In order to do so, the cells were washed with PBS and fixed in 4% paraformaldehyde, followed by permeabilization using a solution of 0.1% Triton-X100 in PBS. Finally, the cell actin filaments were stained with phalloidin tetramethylrhodamine B isothiocyanate (Phalloidin-TRITC, Sigma) and the nuclei were counterstained with hoechst 33258 (Molecular Probes) by incubating the cells in a combined solution of 2 µg/ml phalloidin and 0.2 mg/ml hoechst in PBS for 60 min at room temperature.

The cells were visualized using a fluorescence microscope (Leica DMIRB) equipped with a digital camera (Leica DC100) at emission wavelengths 570 and 461 nm for phalloidin and hoechst, respectively.

From the obtained images, surface area, perimeter and Feret's diameter of the cells were measured using ImageJ software. 50 individual cells were measured corresponding to each sample.

## 2.6. Statistical analysis

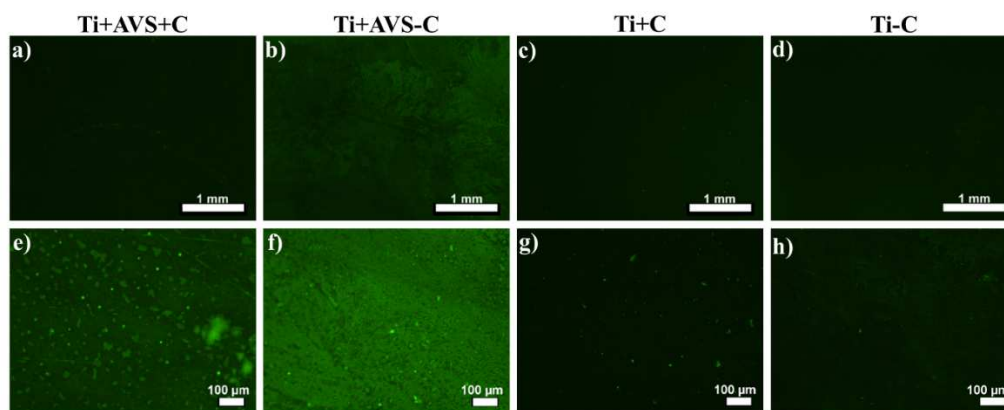
Statistical analyses were performed using IBM SPSS Statistics 20 software. Statistically significant differences were determined using a one-way ANOVA followed by a Games-Howell post-hoc test.  $p < 0.05$  was considered significant. All data are presented as mean value  $\pm$  standard error.

## 3. Results

### 3.1. Evaluation of fibronectin attachment

#### 3.1.1. Fluorescence microscopy

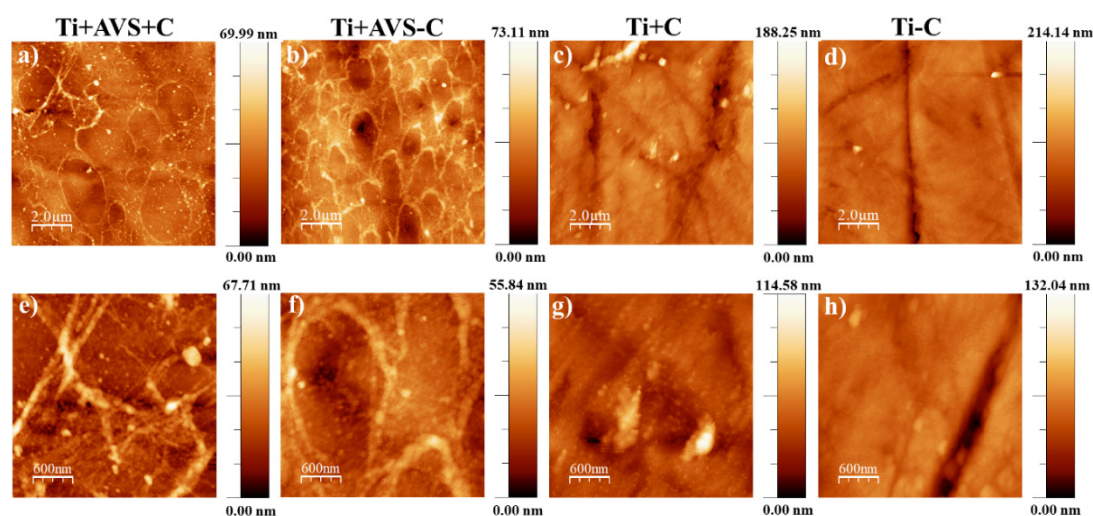
Initially, fluorescence microscopy was employed in order to determine the presence of FITC-labeled fibronectin on the AVS-functionalized and bare Ti samples. The effect of AVS-functionalization (Ti+AVS or Ti) and the presence of cross-linkers (+C or -C) on the immobilization process, was evaluated. The fluorescence microscopy images are shown in Figure 1 after the samples were washed with the SDS solution. Fluorescence is significantly higher in the AVS-functionalized samples compared with the controls (non-functionalized samples). However, no clear difference is apparent from the comparison of the sample incubated with the EDC/NHS crosslinkers (+C) and that not incubated with the crosslinkers (-C). Consequently, it was necessary to use an alternative characterization technique to assess the efficiency of the crosslinking chemistry in contrast with the physical adsorption of the protein on the surface.



**Figure 1.** Fluorescence microscopy images of FITC-labeled fibronectin following the classification indicated in Table 1: a,e) Ti+AVS+C, b,f) Ti+AVS-C, c,g) Ti+C and d,h) Ti-C samples in two different magnifications. Samples were incubated with an SDS solution before obtaining the micrographs.

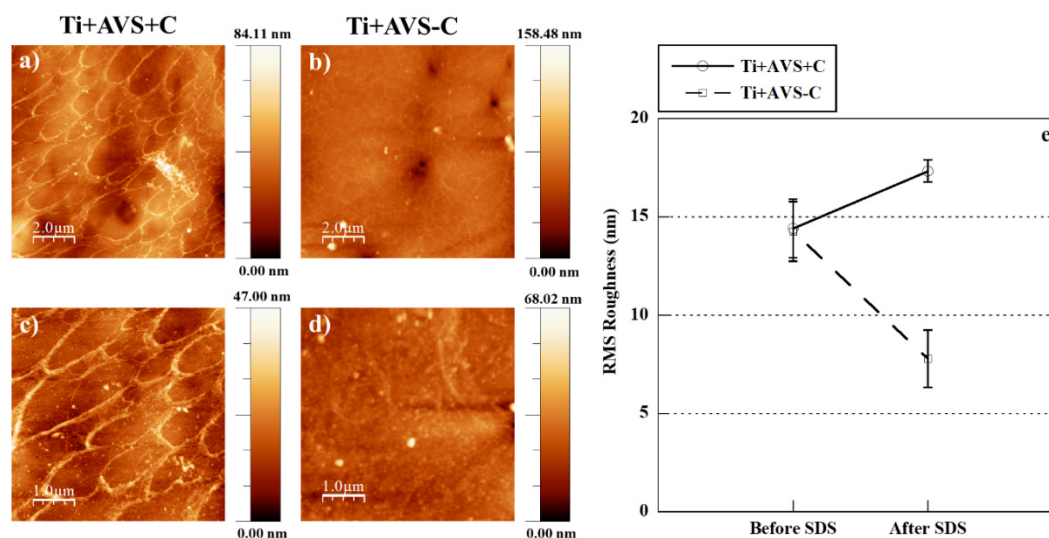
### 2.1.2. Atomic force microscopy

The surface of all the samples were characterized with AFM to assess the presence and stability of fibronectin on the substrates. AFM topography images of the samples before and after incubation with an SDS solution are shown in Figures 2 and 3, respectively. As previously observed from the fluorescence micrographs, topographic features compatible with the presence of fibronectin on the surface can be clearly seen in the samples Ti+AVS+C and Ti+AVS-C, in contrast with the topography observed in Ti+C and Ti-C samples.



**Figure 2.** Atomic force microscopy images of a,e) Ti+AVS+C, b,f) Ti+AVS-C, c,g) Ti+C and d,h) Ti-C samples in two different scan sizes. The images follow the classification indicated in Table 1.

Figure 3 shows the AFM topography images of Ti+AVS+C and Ti+AVS-C samples after incubation with an SDS solution. It is evident that, although fibronectin is still present on Ti+AVS+C samples after the treatment, almost all of the fibronectin on Ti+AVS-C samples is removed. Figure 3e presents the RMS roughness values for Ti+AVS+C and Ti+AVS-C samples before and after the treatment with SDS. It can be seen that while the roughness for Ti+AVS+C does not change significantly after the treatment with SDS, there is a marked decrease in the roughness of Ti+AVS-C samples indicating removal of fibronectin from these samples. Altogether, these results are a clear indication of the higher stability of the covalently immobilized fibronectin when compared with the physically adsorbed protein.

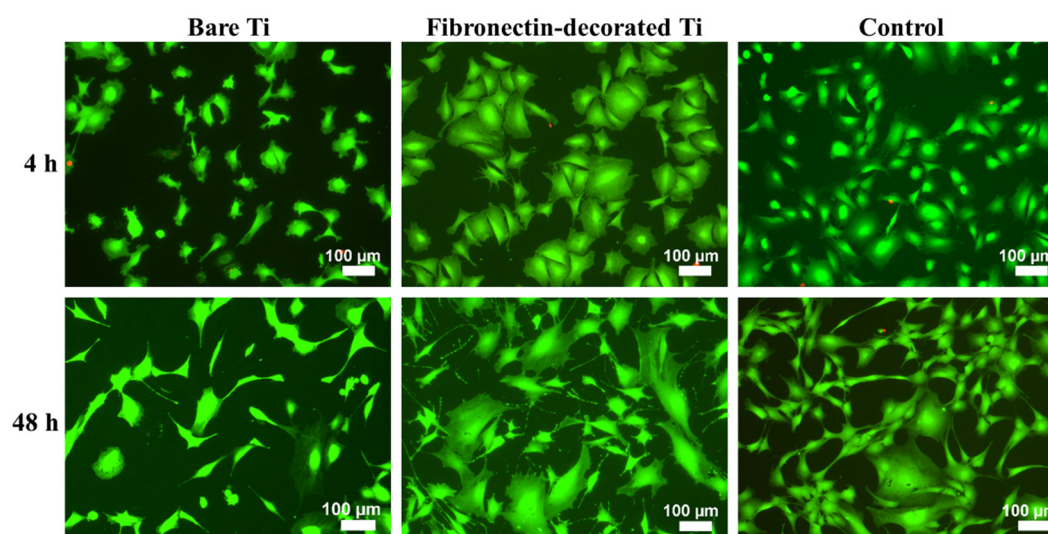


**Figure 3.** Atomic force microscopy images of a,c) Ti+AVS+C, b,d) Ti+AVS-C samples after treatment with SDS in two different scan sizes and e) RMS roughness of Ti+AVS+C and Ti+AVS-C samples before and after treatment with SDS. The images follow the classification indicated in Table 1.

### 3.2. Biological assessment

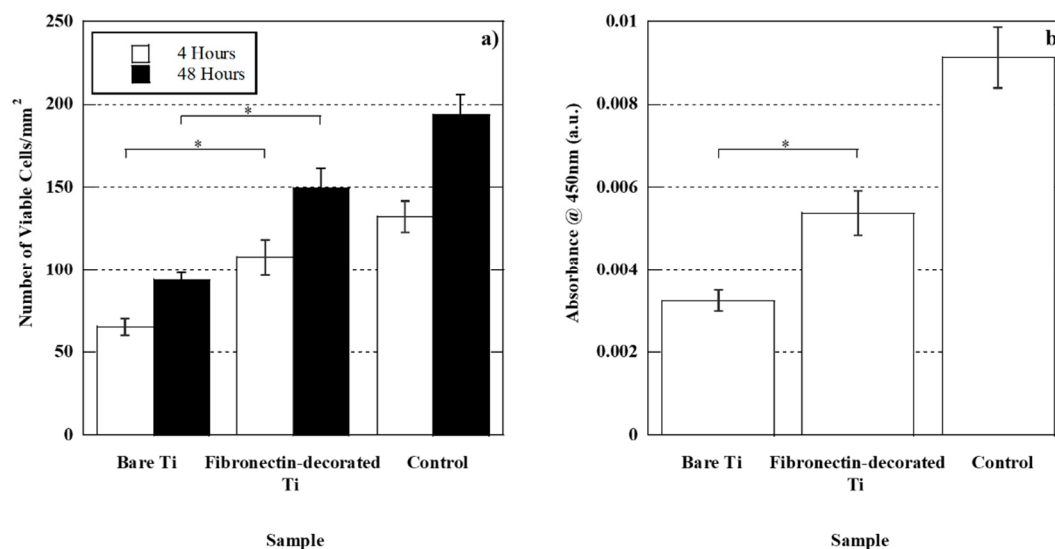
#### 3.2.1. Cell adhesion and proliferation

The biological response of fibronectin-immobilized (Ti+AVS+C) samples was assessed by performing in-vitro cultures of murine bone marrow mesenchymal stem cells (BM-MSCs). Figure 4 shows the morphology of the BM-MSCs adhered to bare Ti, fibronectin-decorated Ti and polystyrene control samples at 4 and 48 h after seeding. At 4 h after seeding, the cells adhered to fibronectin-immobilized samples showed a higher expansion of the cytoskeleton compared to those on bare Ti. At 48 h of seeding, the cells on fibronectin-decorated Ti showed a better cell arrangement, more developed processes, and extended filopodia compared to those observed on bare Ti.



**Figure 4.** Fluorescence microscopy images of calcein/PI stained BM-MSCs adhered to bare Ti, fibronectin-decorated Ti and polystyrene control samples at 4 h and 48 h after seeding. Viable cells are stained green, whilst the dead cells appear as red events.

The number of calcein positive cells counted on each sample is shown in Figure 5a. It can be seen that at either 4 or 48 h after seeding a significantly higher number of cells are adhered on the fibronectin-decorated Ti samples compared to bare Ti (p-value = 0.009 and 0.002 for 4 and 48 h, respectively).



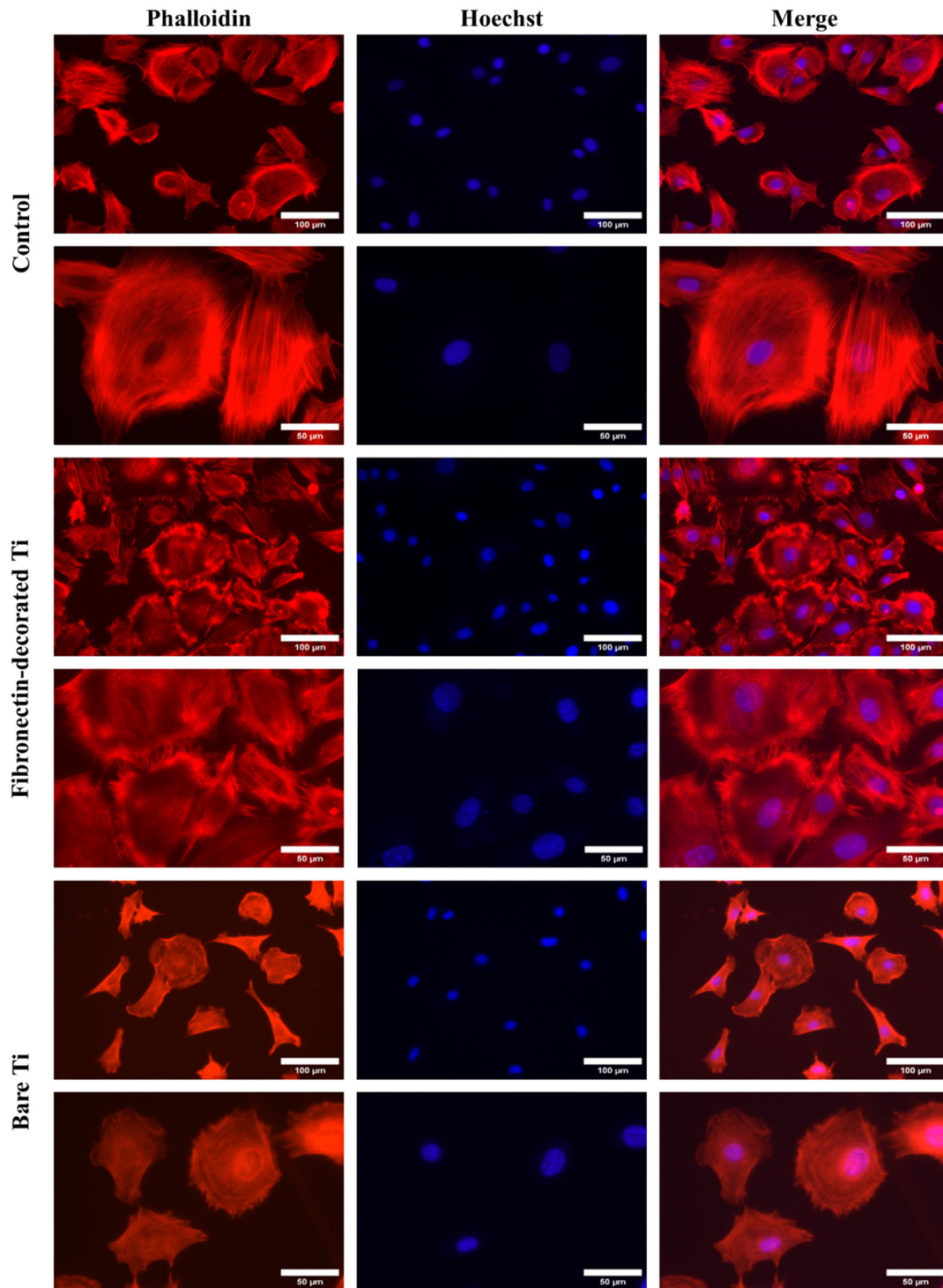
**Figure 5.** Number of BM-MSCs on bare Ti, fibronectin-decorated Ti and polystyrene control samples obtained by a) cell counting from micrographs after 4 and 48 h of seeding, b) XTT measurement 48 h after seeding. \* depicts statistically significant difference.

The results of independent XTT assays after 48 h of seeding (Figure 5b) confirmed that the fibronectin-decorated Ti samples possessed significantly more metabolically active cells compared to bare Ti (p-value = 0.013).

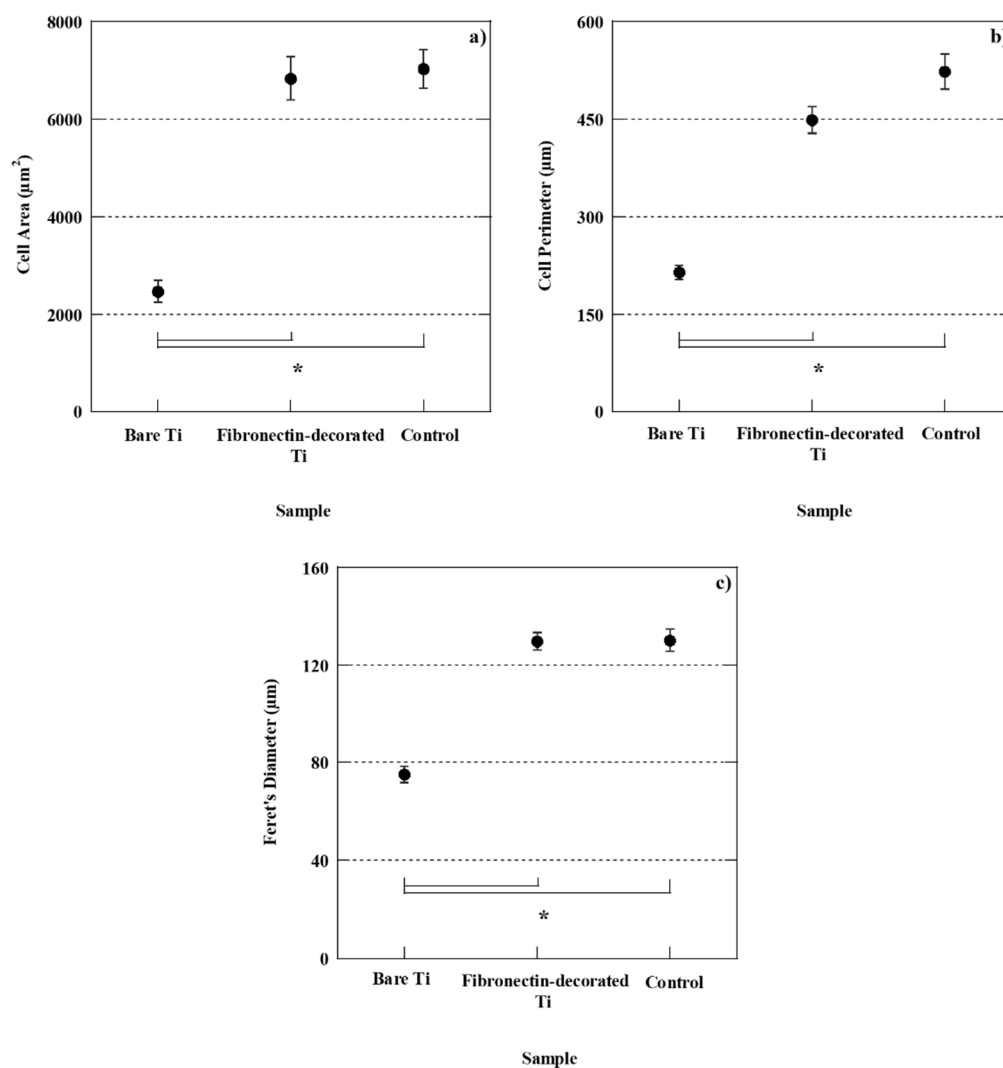
### 3.2.2. Cell morphology and spreading

The fluorescence images of phalloidin/hoeschst stained BM-MSC cells adhered on bare Ti, fibronectin-decorated Ti and polystyrene control samples at 4 h after seeding can be seen in Figure 6. The cells adhered on fibronectin-decorated Ti samples exhibited a more mature and developed actin cytoskeleton compared to those adhered on bare Ti samples.

Quantitative measurements of cell surface area shown in Figure 7a revealed that the cells adhered on bare Ti samples possess the smallest surface area. The cells adhered on the fibronectin-decorated Ti samples possessed a significantly larger surface area, almost three times larger than that of the cells on bare Ti (p-value = 0.0001), a value comparable to that found in the polystyrene control samples. A similar trend was observed with respect to the cell perimeter and Feret's diameter between cells cultured on the fibronectin-decorated samples and those on control bare Ti.



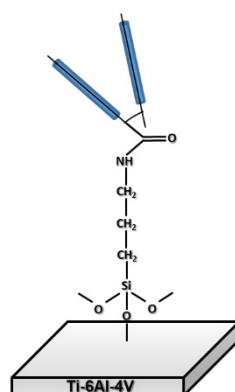
**Figure 6.** Fluorescence microscopy images of phalloidin/hoechst stained BM-MSCs adhered to bare Ti, fibronectin-decorated Ti and polystyrene control samples 4 h after seeding at two different magnifications.



**Figure 7.** Cell surface area a), cell perimeter b), and cell Feret's diameter c) of BM-MSCs adhered to bare Ti, fibronectin-decorated Ti and polystyrene control samples at 4 h after seeding. \* indicates statistically significant difference.

#### 4. Discussion

In the present study, a robust biofunctionalization procedure was used to covalently bind fibronectin to the surface of a solid biomaterial. A thin functionalized layer was deposited on the surface of the Ti substrate using AVS [37,42]. The amines present on the surface of the thin layer were used to covalently bind fibronectin with the EDC/NHS crosslinking chemistry. A scheme of the covalent linking of fibronectin on the surfaces is shown in Figure 8.



**Figure 8.** Scheme of the covalent binding of fibronectin to the functionalized titanium substrate.

The presence of fibronectin on the surface of the functionalized samples was initially established with fluorescence microscopy and, subsequently, confirmed through AFM micrographs. In order to verify the covalent immobilization of fibronectin on Ti+AVS+C samples, a process of elution with SDS was applied, since the detergent SDS is commonly used to eliminate weak interactions between proteins. The AFM topography images recorded after the treatment with SDS clearly confirmed that fibronectin was only present on Ti+AVS+C samples, whereas it was removed from the surface of Ti+AVS-C samples (i.e. not incubated with the EDC/NHS crosslinkers). The presence of significant amount of fibronectin on the Ti+AVS-C before being immersed in an SDS solution can be explained by considering the possible electrostatic interaction between the functionalized substrate and fibronectin. The isoelectric point of fibronectin is reported to be  $pI = 5.2$  [43]. In this case, at the  $pH = 6.0$  in which the experiments were performed, fibronectin will be negatively charged, while the surface of AVS-functionalized samples is positively charged due to the presence of primary/secondary amines. The attraction forces generated between the surface amines and fibronectin may lead to the adsorption of relatively high amounts of fibronectin on the surface of the samples. In contrast, non-functionalized samples (Ti+C and Ti-C) present a  $TiO_2$  layer on the surface [44], and, since this oxide layer is negatively charged at  $pH = 6.0$  [45,46], the repulsion forces between the surface of the Ti+C and Ti-C samples and fibronectin must largely prevent the physical adsorption of fibronectin to the surface of the material.

The response of BM-MSCs to the covalently bound fibronectin on Ti samples was also addressed. It was demonstrated that a significantly higher number of cells was measured on the fibronectin-decorated Ti than on bare Ti samples at 4 h after seeding. This trend was also found in the analysis performed at 48 h after seeding.

It has been reported that the mechanisms involved in the interaction of fibronectin with cells are based on the recognition by integrins [47] of cell adhesion motifs, such as RGD [48–50], PHSRN (Proline – Histidine – Serine – Arginine – Asparagine) [19,51], LDV (Leucine – Aspartic acid – Valine) [21] and REDV (Arginine – Glutamate – Aspartic acid – Valine) [20], that appear in the sequence of fibronectin. Consequently, it may be hypothesized that some or all of these motifs may contribute to the enhanced proliferation of BM-MSC on the fibronectin-decorated substrates.

Moreover, an enhanced adhesion of the cells on the substrate may tailor the interaction between these and the material. In this regard, it is acknowledged that proliferation of substrate-dependent cells is highly affected by the extension of the cells on the material. For instance, it was found that the lack of sufficient spreading on a substrate can even cause apoptosis in the cells [52]. Alternatively, it is also hypothesized that initial cell spreading magnitude may have a positive influence on the subsequent cell proliferation [53–55], as a consequence of two mechanisms that might be involved in this process. The first mechanism establishes that cells with a higher surface area are able to uptake higher amount of protein from the biological fluids. This higher protein uptake induces the transition of the cells from G0 to G1 and from G1 to S phase of the cell cycle and favors cell proliferation [56–

59]. The second mechanism is based on mechanical cues, as sensed by the actin cytoskeleton. As the cells expand on the substrate, the stress in the actin fibers increases. The increase in stress in the actin fibers would prompt the stimulation of cell proliferation through DNA synthesis and nuclear expansion [60–63]. Therefore, an enhanced initial cell spreading by virtue of covalent binding of fibronectin to AVS-functionalized implant could improve subsequent cell proliferation and, possibly, the integration of the material in the recipient organism due to the possible enlarged tissue-implant contact area. Elongated cells with high Feret's diameter as observed on the fibronectin-decorated Ti samples, suggest a highly expanded cytoskeleton with stretched actin fibers which is favorable for cell proliferation.

## 5. Conclusions

In this study, fibronectin was covalently bound to a functionalized Ti substrate through the EDC/NHS cross-linking chemistry. The presence of the fibronectin on the surface was characterized by fluorescence microscopy and by AFM. It is demonstrated that higher amounts of fibronectin were present on functionalized samples compared with bare Ti (control) samples. The robustness of the procedure was confirmed by the resistance of the immobilized fibronectin to incubation in SDS. In-vitro cell cultures revealed that the covalent binding of fibronectin on Ti surface improves initial cell adhesion and spreading of BM-MCSs compared with bare Ti samples, reaching values comparable to the polystyrene controls. In summary, the results discussed in this work represent a robust approach for the covalent immobilization of fibronectin in order to enhance the biological response of a wide range of biomaterials. The versatility of this procedure implies that this methodology could pave the way for the development of novel implants with improved biological properties in the future.

**Author Contributions:** PR performed the experimental work with the help of AA-L and RT, and prepared the first version of the manuscript. RD and LC performed the AFM analysis. ME, GVG and DG-N contributed to the analysis of the data. The work was coordinated by JP-R. All authors have read and agreed to the published version of the manuscript.

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