

**S1 Table:** Macronutrient intake in adults in the urban areas of Brazil, 2015.

	<b>Carbohydrates</b>	<b>Proteins</b>	<b>Total fats</b>
<b>AMDR</b>	<b>45-65%</b>	<b>10-35%</b>	<b>20-35%</b>
	<b>n (%)</b>	<b>n (%)</b>	<b>n (%)</b>
<b>Total population (n = 1812)</b>			
Below AMDR	247 (13.6%)	6 (0.3%)	30 (1.7%)
Within AMDR	1535 (84.7%)	1806 (99.7%)	1463 (80.7%)
Above AMDR	30 (1.7%)	0 (0.00%)	319 (17.6%)
<b>Male (n = 828)</b>			
Below AMDR	121 (14.6%)	3 (0.4%)	19 (2.3%)
Within AMDR	697 (84.2%)	825 (99.6%)	675 (81.5%)
Above AMDR	10 (1.2%)	0 (0.00%)	134 (16.2%)
<b>Female (n = 984)</b>			
Below AMDR	126 (12.8%)	3 (0.3%)	11 (1.1%)
Within AMDR	838 (85.2%)	981 (99.7%)	788 (80.1%)
Above AMDR	20 (2.0%)	0 (0.00%)	185 (18.8%)

Acceptable macronutrient distribution range (AMDR)