

Article

Not peer-reviewed version

Deep Sea Minerals Ameliorate Dermatophagoides farinae or 2,4Dinitrochlorobenzene-Induced Atopic Dermatitis in NC/Nga Mice

Hyo Sang Kim , $\underline{\text{Myeong Hwan Kim}}$, Byeong Yeob Jeon , You Kyung Jang , Jeong Ki Kim , $\underline{\text{Hyun Keun Song}}^*$, KilSoo Kim *

Posted Date: 13 February 2025

doi: 10.20944/preprints202502.1057.v1

Keywords: Deep sea mineral; Inflammation; IgE; Anti-atopic dermatitis



Preprints.org is a free multidisciplinary platform providing preprint service that is dedicated to making early versions of research outputs permanently available and citable. Preprints posted at Preprints.org appear in Web of Science, Crossref, Google Scholar, Scilit, Europe PMC.

Disclaimer/Publisher's Note: The statements, opinions, and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions, or products referred to in the content.

Article

Deep sea Minerals Ameliorate Dermatophagoides farinae or 2,4-dinitrochlorobenzene-induced Atopic Dermatitis in NC/Nga Mice

Hyo Sang Kim ¹, Myeong Whan Kim ¹, Byeong Yeob Jeon ², You Kyung Jang ², Jeong Ki Kim ³, Hyun Keun Song ^{3,*} and KilSoo Kim ^{1,*}

- ¹ College of Veterinary Medicine, Kyungpook National University, Daegu 41566, Republic of Korea
- ² Qualified Bio & Minerals Co. Ltd., Seoul, 06752, Republic of Korea
- ³ MEDI Co. Ltd., Okcheon-eup, Chungcheongbuk-do, 29040, Republic of Korea
- * Correspondence: kali71@hanmail.net (H.K.S.), kskim728@knu.ac.kr (K.S.K.); Tel.: +82-53-819-1549 (H.K.S.), +82-53-950-7792 (K.S.K.)

Abstract: Chronic pruritus and inflammatory skin lesions, characterized by high recurrence, are hallmarks of atopic dermatitis (AD). Despite its increasing prevalence, the development of therapeutic agents for AD remains limited. This study aimed to evaluate the therapeutic effects of deep-sea minerals (DSM) in mist and cream formulations on the development of AD-like skin lesions in NC/Nga mice exposed to either Dermatophagoides farinae body extract (Dfb) or 2,4dinitrochlorobenzene (DNCB). To induce AD, 100 mg of Biostir AD cream containing crude Dfb or 200 µL of DNCB (1%) was topically applied to the dorsal skin of NC/Nga mice. Additionally, 200 µL of deep-sea mineral mist (DSMM) and 10 mg of deep-sea mineral cream (DSMC) were applied daily to the dorsal skin for 4 weeks. AD was assessed through visual observations, clinical scoring of skin severity, serological tests, and histological analysis. Visual and clinical evaluations revealed that DSM inhibited the formation of AD-like skin lesions. DSM also significantly affected trans-epidermal water loss and erythema. Treatment with DSM resulted in reduced serum levels of IgE, IFN-γ, and IL-4. Histological analysis indicated that DSM decreased skin thickness. Immunostaining for the CD4 antigen demonstrated reduced infiltration of CD4 T cells, which drive the Th2 response in AD, following DSM treatment. In conclusion, the cream formulation of DSM showed better results than the mist formulation. These results suggest that DSM may be an effective treatment for allergic skin inflammatory diseases, especially in cream formulation.

Keywords: Deep sea mineral; Inflammation, IgE; Anti-atopic dermatitis

1. Introduction

Atopic dermatitis (AD) is a chronic inflammatory skin condition characterized by symptoms such as edema, vesicles, and weeping during the acute phase, as well as increased skin thickness and hypersensitivity to various antigens in the chronic phase. The underlying causes of AD include abnormal responses to medications, microbial infections, and environmental allergens [1,2]. AD affects 10% to 20% of the global population, and its prevalence is rapidly increasing. Recent studies indicate a steady rise in allergic diseases among children, with 47.2% of preschoolers, 26% of elementary school students, and 17.5% of middle school students diagnosed with AD [3,4]. While there is currently no definitive cure for AD, three therapeutic approaches—anti-inflammatory drugs, skin barrier reconstitution creams, and physical treatments—are utilized to alleviate severe symptoms. Anti-inflammatory medications, such as corticosteroids and calmodulin inhibitors, help manage AD by suppressing various immune responses. However, the long-term use of these medications carries significant risks and requires careful monitoring [5,6].

NC/Nga mouse models, known for their spontaneous development of skin lesions resembling those observed in human atopic dermatitis (AD), typically begin to exhibit symptoms around 8 weeks of age under conventional conditions [7,8]. Various methods have been identified to accelerate the onset of disease in NC/Nga mouse models maintained under specific pathogen-free conditions (SPF), including the application of allergens or chemicals. The Dermatophagoides farinae body (Dfb)-induced AD model involves the repetitive application of Dfb extract, which is the most prevalent mite found on the skin of AD patients and serves as one of the strongest allergic antigens associated with AD [9– 12]. Consequently, AD-like mouse models that closely mimic the human condition may be valuable for elucidating the pathogenesis of AD. The chemical induction method employing 2,4dinitrochlorobenzene (DNCB), an electrophilic and cytotoxic derivative of benzene, also induces ADlike skin disease in NC/Nga mice [13,14]. The AD-like skin disorders in these mice are characterized by behaviors such as scratching, rapid development of erythema, lichenification due to edema, and hemorrhage [15,16]. Histological analysis reveals eosinophilia, along with mast cell hyperplasia and dense accumulation in the skin lesions. Furthermore, serological analysis indicates elevated total serum levels of immunoglobulin E (IgE) and AD-related cytokines, including interleukin (IL)-4 and interferons [14,16–18].

Seawater obtained from depths greater than 200 meters is referred to as deep sea water. It is characterized by its high purity, rich nutritional content, stability, and low temperature, making it a valuable raw material in the food and pharmaceutical industries. Research has indicated that deep sea water exhibits natural anti-diabetic, anti-cholesterol, anti-obesity, and anti-cancer properties [19–22]. These beneficial effects are attributed to the presence of essential minerals such as calcium (Ca), magnesium (Mg), sodium (Na), and zinc (Zn) [19]. Several studies have shown that deep sea water can help alleviate inflammation associated with skin diseases; in particular, magnesium has been reported to inhibit inflammatory cytokines [23,24].

Consequently, these findings suggest that the minerals present in deep-sea water may function as natural anti-inflammatory agents for managing the progression of AD. However, the precise regulatory mechanisms involved remain unclear. In this study, mist and cream formulations of deep sea minerals known to have anti-inflammatory properties were evaluated for their efficacy in alleviating or improving allergic dermatitis in two types of AD-like mouse models.

2. Results

2.1. Treatment with DSM Alleviates Dfb- or DNCB-induced AD-Like Skin Lesions in NC/Nga mice

The therapeutic efficacy of DSM mist and cream formulations on the development of AD-like skin lesions was evaluated. As illustrated in Figure 1A, the clinical characteristics of AD-induced NC/Nga mice were assessed by shaving the hair from the back of the mice and photographing the exposed area. When Dfb or DNCB were used to induce AD, the mice exhibited thickened skin along with symptoms of severe erythema, hemorrhage, edema, scarring, erosion, and excoriation. Treatment with DSM effectively inhibited the induction of these AD-like skin lesions. Both the mist and cream formulations of DSM demonstrated inhibitory effects compared to the control group, with the cream formulation showing a more pronounced inhibitory effect. Clinical severity scores for each of the four symptoms of AD were evaluated and are presented in Figure 1B. The skin severity score was significantly lower in the DSM-treated group than in the control AD mice (P < 0.005). Additionally, the cream formulation resulted in a lower skin severity score than the mist formulation.

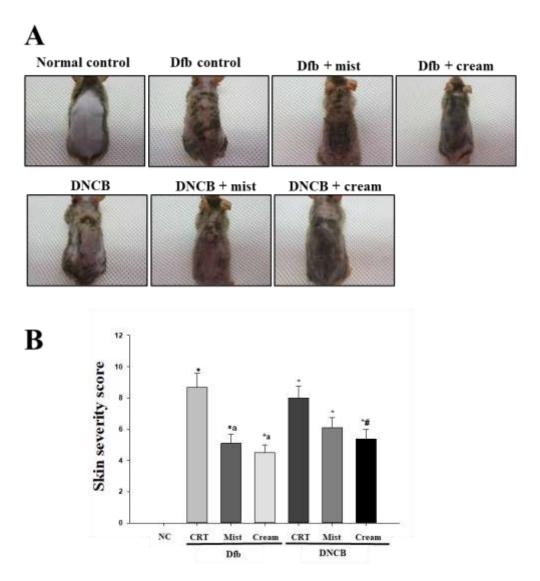
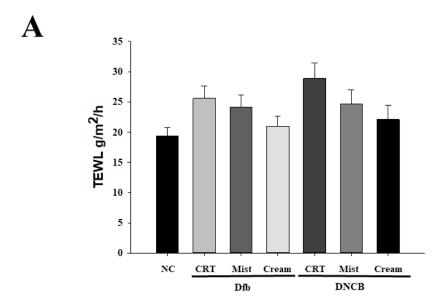


Figure 1. The effect of DSM on Dfb or DNCB-induced AD-like symptoms in NC/Nga mice. (A) Images of the dorsal skin lesions on NC/Nga mice. (B) Skin severity scores. The scoring represents a clinical index and were evaluated at scarified day. Bars represent mean \pm SEM. *P<0.05 vs NC group, #P<0.05 vs DNCB CRT group, *a P<0.05 vs Def CRT group.

2.2. Treatment with DSM Inhibits Skin Dehydration and Increases In Erythema Thickness in Dfb or DNCB-Induced AD-Like Skin Lesions in NC/Nga Mice

To investigate the effects of DSM on water loss and erythema thickness in NC/Nga mouse skin, transepidermal water loss (TEWL) and erythema thickness were assessed in harvested samples. TEWL was significantly increased in the Dfb or DNCB-treated groups compared to the naïve control group. In contrast, TEWL was reduced in the DSM-treated groups (Figure 2A). Furthermore, the TEWL of mice treated with the cream formulation of DSM was lower than that of those treated with the mist formulation in Dfb- or DNCB-induced AD mice. Similarly, erythema thickness was decreased in the DSM-treated groups compared to the Dfb- or DNCB-treated groups, with the cream formulation group exhibiting lower erythema thickness levels than the mist formulation group (Figure 2B).



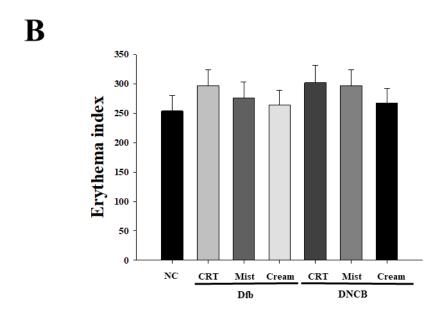


Figure 2. Effect of DSM on biophysical parameters of the skin in Dfb or DNCB-treated NC/Nga mice. (A) Transepidermal water loss (TEWL) in mouse dorsal skin was measured using a skin evaporative water recorder in sacrificed mice. (B) The epidermal thickness of the dorsal skin was measured from the stratum basal to the stratum granulosum (excluding the stratum corneum) using an image analysis system. Data represents the mean \pm SEM (n = 5).

2.3. Treatment with DSM downregulates Dfb or DNCB-induced Serum IgE, IL-4, and IFN- γ levels in NC/Nga mice

Increased levels of serum immunoglobulin E (IgE) are a well-known clinical feature of AD. Additionally, the levels of T helper 1 (Th1) and T helper 2 (Th2) cytokines associated with IgE production have been reported to correlate with the clinical severity of AD in NC/Nga mice [10,25]. The effects of DSM on IgE levels and Th1/Th2 cytokine balance were investigated in AD mouse models. Serum IgE levels were elevated in the Dfb- or DNCB-induced AD groups (Figure 3A). Notably, serum IgE levels were significantly lower in AD mice treated with DSM compared to those in the Dfb- or DNCB-treated AD mice (P < 0.05). The reduction in IgE levels observed with the cream

formulation of DSM appeared to be more pronounced than that of the mist formulation. The increase in Th2 cytokines that promote IgE production is a critical mediator in the progression of early AD. Interleukin-4 (IL-4), a Th2 cytokine, was elevated in the Dfb- or DNCB-induced AD mouse models compared to the control group (Figure 3B). The DSM-treated AD mice exhibited lower IL-4 levels than the Dfb- or DNCB-induced AD mice; furthermore, the cream formulation of DSM demonstrated a stronger inhibitory effect than the mist formulation. Interestingly, interferon-gamma (IFN- γ) levels were significantly elevated in the serum of Dfb- or DNCB-induced AD mice but were reduced in the DSM-treated group (Figure 3C). These results indicate that DSM contributes to the inhibition of AD lesion progression in vivo by decreasing IgE levels and modulating serum IL-4 levels in Dfb- or DNCB-induced AD mice, irrespective of Th1 polarization mediated by IFN- γ .

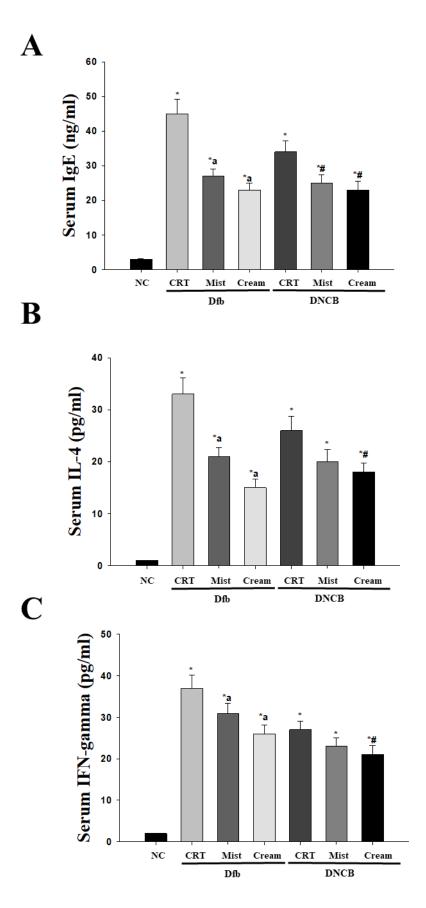


Figure 3. Determination of changes in IgE, IL-4, and IFN- γ serum levels due to treatment with DSM in Dfb or DNCB-treated NC/Nga mice. Levels of serum IgE (A, n = 5), IL-4 (B, n = 5), and IFN- γ (C, n = 5) were measured

by ELISA. Data represent the mean values \pm SEM (n = 5). Bars represent mean \pm SEM. *P < 0.05 vs NC group, #P < 0.05 vs DNCB CRT group, *aP < 0.05 vs Def CRT group.

2.4. Effect of DSM administration on histological features and infiltration of T cells on Dfb- or DNBC-induced AD skin lesions

Figure. 4 shows H&E staining of back skin section obtained from the normal control, the AD-induced, and DSM-treated AD mice, respectively. NC/Nga mice, matched for age and maintained under standard SPF conditions, served as control mice with healthy skin, exhibiting no pathological features in the collected tissues. In the tissues obtained from each Dfb- or DNCB-induced AD mouse, epidermal hyperplasia was observed. Treatment with DSM significantly reduced epidermal hyperplasia in the AD-induced groups. Furthermore, the reduction in epidermal hyperplasia was more pronounced with the cream formulation of DSM compared to the mist formulation (Figure 4). Next, the effect of DSM on T cell infiltration in AD skin lesions was investigated. Immunohistochemical analysis using an anti-CD4 antibody was conducted on Dfb- or DNCB-induced AD skin lesions, both with and without DSM treatment. T cell infiltration was notably more prominent in tissues obtained from Dfb- or DNCB-induced AD mice, while the administration of DSM inhibited T cell infiltration. Additionally, the inhibitory effect of DSM on T cell infiltration was more significant for the cream formulation than for the mist formulation (Figure 5). These results indicate that DSM treatment of Dfb- or DNCB-induced AD skin lesions in NC/Nga mice effectively inhibits epidermal hyperplasia and T cell infiltration into skin lesions.

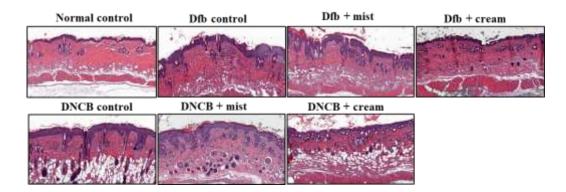


Figure 4. Effect of DSM on the histological structure of Dfb or DNCB-induced AD-like skin lesions in NC/Nga mice. Dorsal skin of untreated mice, Dfb-treated mice, DNCB-treated mice, Dfb plus mist formulation DSM-treated mice, Dfb plus cream formulation DSM-treated mice, DNCB plus mist formulation DSM-treated mice, and DNCB plus cream formulation DSM-treated mice were collected at day 14. Skin sections were stained with H&E for histological evaluation. Original magnification, ×400.

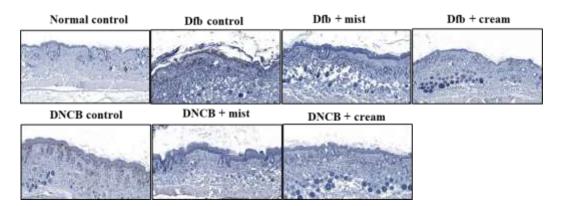


Figure 5. Effect of DSM on Dfb or DNBC-induced T cell infiltration into skin lesions. Dorsal skin of untreated mice, Dfb-treated mice, Dfb-treated mice, Dfb plus mist formulation DSM-treated mice, Dfb plus cream formulation DSM-treated mice, DNCB plus mist formulation DSM-treated mice, and DNCB plus cream

formulation DSM-treated mice were collected at day 14. Skin lesions were stained with anti-CD4 antibody to identify T cells. T cells were displayed under a microscope at 400× magnification.

3. Discussion

Atopic dermatitis (AD), characterized by typical skin pruritus and erythema, is an inflammatory condition that affects at least 15% of children and is on the rise [2,26]. Most patients with AD have a personal or family history of allergies or asthma [27]. The condition is associated with complex etiological factors, including abnormal immune responses and inflammation driven by skin barrier defects and external triggers such as environmental or food allergens [2,26]. Therefore, studies using animal models are essential for identifying these intricate causes and developing effective therapies. Mouse models are predominantly utilized due to their cost-effectiveness and the ease of genetic manipulation compared to dogs and guinea pigs. Numerous mouse models have been developed, with the spontaneous generation of NC/Nga mice first reported in 1997 [7]. However, spontaneous NC/Nga mouse models typically exhibit late-onset AD and low incidence rates of the condition (<50%) [28]. House dust mite allergens are significant contributors to human AD. Fukuyama et al. [29] reported that AD induced by house dust mite exposure in NC/Nga mice closely mimics traditional human AD. Furthermore, it has been documented that treatment with Dermatophagoides mite extracts in general mice under SPF conditions induces AD [10,11]. Dermatophagoides farinae is the most prevalent mite species found on the skin of AD patients and is recognized as the most potent allergen associated with AD. Consequently, animal models treated with Dermatophagoides farinae are considered valuable for elucidating the pathogenesis of AD [9,12]. DNCB is a cytotoxic and electrophilic benzene derivative that, when administered to NC/Nga mice, induces skin changes typically associated with human AD caused by airborne allergens. DNCB-treated mice are regarded as a model for AD due to the skin irritant properties of DNCB [13]. In this study, AD induction models utilizing either Dfb or DNCB were employed to investigate the effects of DSM and to compare the cream and mist formulations of DSM.

Numerous studies have indicated that minerals present in aqueous solutions have a positive impact on various skin diseases, including AD. Magnesium ions (Mg2+) have been shown to inhibit antigen presentation by human epidermal Langerhans cells both in vivo and in vitro. Zinc plays a crucial role in epidermal hyperplasia and wound healing [30]. Minerals such as sulfur, manganese, magnesium, and bicarbonate found in mineral springs and spring water are beneficial for skin conditions like AD [3,32]. Furthermore, the water from the Dead Sea, renowned for its rich mineral content, offers protection against UV-induced stress on human skin, enhances skin barrier function, increases skin hydration, and alleviates skin diseases, including inflammation associated with atopic dry skin [33,34]. More recently, research has demonstrated that deep sea water (DSW), which has a mineral composition similar to that of substances derived from the Dead Sea, helps protect the skin barrier, reduces inflammation, and improves various skin conditions, including AD [23,24]. DSW has also been reported to exhibit a range of physiological activities, such as anti-diabetic, antihypercholesterolemic, anti-obesity, and anti-cancer effects [19-22]. Lee et al. [35] have investigated the therapeutic effects and mechanisms of DSW in treating atopic skin inflammation in NC/Nga mice and HaCaT cells. However, the optimal concentration and biological mechanisms underlying the anti-inflammatory effects of Dead Sea water and DSW remain to be fully elucidated.

AD is characterized by skin inflammation, erythema, dryness, and itching, and effective treatments for AD are limited [36]. Typically, emollients that create a barrier on the skin, retain moisture, and protect against irritation, along with topical medications that alleviate skin inflammation, are employed to manage AD symptoms [37]. Emollients are complex formulations containing a variety of chemicals with antimicrobial, anti-itch, and anti-inflammatory properties, specifically designed to enhance the softness and suppleness of the epidermis [38]. However, softeners are often referred to as to soothe the skin. As a softener or moisturizer, the method of administering an AD formulation containing a specific ingredient should be topical. The selection of the formulation for delivering pharmacological activity to the skin and optimizing its function is

crucial. In this study, various formulations of dimethyl sulfoxide (DSM), including mist and cream, were chosen for topical application in the treatment of AD. The resulting symptoms of AD after treatment with the different DSM formulations were compared to identify the most effective formulation. IgE is a class of antibodies that plays a crucial role in allergic reactions and is associated with type 1 hypersensitivity. In response to external antigens such as pollen and house dust mites, B cells secrete IgE [16]. The secreted IgE interacts with inflammatory cells and mast cells, inducing degranulation, which leads to the release of inflammatory mediators such as histamine and leukotrienes [2,16]. It has been reported that IgE levels increase in individuals with AD and that the extent of this increase correlates with the severity of the condition [39]. In our study, serum total IgE levels were significantly elevated in models of AD induced by Dfb or DNCB, while treatment with DSM reduced these levels. Furthermore, treatment with the cream formulation of DSM resulted in significantly lower serum IgE levels compared to treatment with the mist formulation (Figure 3).

Another important factor in the skin lesions associated with AD is the presence of inflammatory cytokines [40]. Cytokines are primarily produced by white blood cells, particularly helper T cells (CD4+). Helper T cells are classified into Th1 lymphocytes, which promote cell-mediated immunity, and Th2 lymphocytes, which mediate humoral immunity based on the functions of the secreted cytokines [41]. Th2 lymphocytes produce cytokines such as IL-4 and IL-10, which regulate IgE synthesis and contribute to inflammation in AD [42]. Treatment with Dfb or DNCB increased IL-4 production in NC/Nga mice; however, IL-4 production decreased following DSM treatment. This effect was more pronounced with the cream formulation of DSM compared to the mist formulation. Interestingly, IFN- γ production also increased with Dfb or DNCB treatment (Figure 3). It is well established that atopic dermatitis is associated with the excessive secretion of IL-4 and IL-10 by Th2 cells, leading to unstable production of IL-12 and reduced secretion of IFN- γ [43]. However, it has been reported that in chronic AD, the Th1 immune response becomes more prominent [44]. Therefore, our results suggest that IFN- γ overproduction may increase as the disease progresses into a chronic state in the later stages of AD.

Our data demonstrate that treatment with DSM in Dfb- or DNCB-induced AD-like lesions significantly reduces Th2 cytokines, serum IgE levels, and clinical severity scores. Moreover, the cream formulation of DSM is more effective than the mist formulation. These results suggest that the topical application of DSM, particularly in cream form, can effectively alleviate the symptoms of atopic dermatitis. Additionally, the topical application of DSM may serve as an effective strategy for preventing other allergic skin diseases.

4. Materials and Methods

4.1. Animals

Thirty-five specific pathogen-free (SPF), 6-week-old male Nishiki-nezumi Cinnamon/Nagoya (NC/Nga) mice were obtained from Central Lab Animal Inc. (Seoul, Korea) and acclimated for one week prior to the experiment. The mice were housed individually in ventilated cages within an animal room that maintained controlled environmental conditions (12-hour light/dark cycle, $22 \pm 1^{\circ}$ C, $50 \pm 10\%$ relative humidity). They were provided with a standard laboratory diet (laboratory chow 5057, Purina Korea, Korea) and had access to water ad libitum in the SPF facility. All animal protocols were approved by the Committee for Animal Experiments at Kyungpook National University (Daegu, Korea). The deep-sea mineral cream (DSMC) and deep-sea mineral mist (DSMM) used in this experiment were purchased from QBM Company (Seoul, Korea).

4.2. Induction of Atopic Dermatitis and DSM Application

Two substances were used to experimentally induce AD. DNCB and house dust mite antigen. The seven groups were treated according to their respective protocols. After one week of adaptation, the mice were randomly assigned to the following groups: Group 1, untreated normal control (NC); Group 2, Dfb ointment-induced AD as a positive control (DfbPC); Group 3, Dfb ointment + DSMC

(DfbC); Group 4, Dfb ointment + DSMM (DfbM); Group 5, DNCB-induced AD as a positive control (DNCBPC); Group 6, DNCB + DSMC (DNCBC); and Group 7, DNCB + DSMM (DNCBM).

AD was induced by applying Biostir AD (Biostir Inc., Kobe, Japan), a natural chemical derived from dust mites, to the skin of the mice for a duration of 4 weeks. This reagent, composed of dust mite allergens (*Dermatophagoides farinae*), elicits subclinical symptoms that resemble those of atopy in humans. To induce AD, 100 mg of Biostir AD cream containing crude Dfb was applied to the shaved dorsal skin of the mice. On the eighth day following the initial Dfb application, DSM was administered daily for 4 weeks.

To induce various types of AD-like skin lesions, the animals' skin was shaved on day 6. On day 7, 200 μ L of 1% DNCB, dissolved in a mixture of acetone and olive oil (3:1, v/v), was applied to the dorsal skin. For a duration of 4 weeks, 200 μ L of DSMM and 10 mg of DSMC were applied daily to the dorsal skin. The dosages of DSMM and DSMC were selected based on a safe concentration that was not identified as irritating in an initial test, where albino rabbits were exposed to a skin area of 6 cm² for 4 hours (data not shown).

Mice were euthanized through CO₂ inhalation following a 4-week treatment with DSM. During the autopsy, blood was collected from the posterior vena cava, and skin samples were excised from the dorsal region of the mice for further analysis.

4.3. Evaluation of Skin Lesion Severity

The lesions on the dorsal skin were macroscopically assessed based on the following symptoms: erythema/hemorrhage, edema, scarring/dryness, and excoriation/erosion. The total clinical skin score for the AD-like lesions on the NC/Nga mice was defined as the sum of individual scores, which were graded as 0 (none), 1 (mild), 2 (moderate), or 3 (severe), with a possible range from 0 to 12 [7]. At the beginning of this experiment, the score for each group was recorded as 0. Subsequently, the severity of dermatitis on the skin lesions was assessed twice a week. These visual evaluations were conducted by at least two independent investigators. Changes in the skin symptoms of the NC/Nga mice were documented using photographs. Transepidermal water loss (TEWL) in the dorsal skin was measured with a VapoMeter (Delfin Technologies Ltd., Kuopio, Finland).

4.4. Measurement of Serum IgE, IL-4, and Interferon Gamma (IFN-γ) Levels

Mice were anesthetized through inhalation of isoflurane (2–2.5%), and blood was immediately collected from the posterior vena cava. The blood samples were centrifuged at 2,000×g for 20 minutes at 4°C. Serum was then collected and stored at -70°C until analysis. Total serum IgE concentrations were quantified using a mouse IgE enzyme-linked immunosorbent assay (ELISA) kit (Shibayagi, Gunma, Japan) and a mouse IFN- γ and IL-4 ELISA kit (R&D Systems Inc., Minneapolis, MN, USA), following the manufacturer's instructions.

4.5. Histologic Analysis and Immonohistochemistry

Mice were euthanized after the experiment was completed. The dorsal skin was excised, fixed in 10% neutral buffered formalin, embedded in paraffin, sectioned into 10-µm slices, stained with hematoxylin and eosin (H&E) solution, and subsequently examined using light microscopy. Based on the histological findings, a grade of severe dermatitis was assessed in a blinded manner, revealing infiltration of inflammatory cells in the corium and hyperkeratosis, hypertrophy, and inflammatory cell infiltration in the epidermis.

For immunohistochemistry, the paraffin-embedded tissue sections on slides were deparaffinized. The sections were incubated with rabbit anti-CD4 (Abcam, Cambridgeshire, UK) overnight at 4 °C, washed with PBS containing 0.05% Tween 20, and then incubated with biotin-conjugated goat anti-rabbit IgG was used as secondary antibody (1:100 in TBS; Dako), 3,39-diaminobenzidine tetrahydrochloride (DAB, brown) (Sigma-Aldrich, St. Louis, USA). Images of each section were obtained under the microscope (Nikon E600).

4.6. Statistics

All data are expressed as the mean \pm standard error of the mean (SEM). Two-tailed Student's t-tests were employed to assess statistical significance for the differences in means, with significance set at P < 0.05. The significance and validity of the data were further confirmed by conducting a one-way analysis of variance (ANOVA).

5. Conclusions

This study investigated the effects of deep-sea minerals (DSM) in mist and cream formulations on atopic dermatitis (AD)-like skin lesions in NC/Nga mice. DSM, especially in cream form, showed promising therapeutic effects by reducing AD-like lesion formation, trans-epidermal water loss, erythema, serum IgE, IFN- γ , and IL-4 levels, and skin thickness. It also reduced CD4 T cell infiltration, suggesting a suppression of the Th2 immune response. The cream formulation outperformed the mist formulation. These results suggest that DSM, especially in cream form, may be a treatment applicable for the relief and prevention of allergic dermatitis.

6. Patents

Author Contributions: H.K.S. and K.K.S. made substantial contributions to the conception and design of the present study.; H.S.K. and M.W.K. performed the experiments for data acquisition.; B.Y.J. and J.K.K. performed the statistical analysis.; Y.K.J. provided the materials used in the experiment.; H.K.S. and K.K.S. interpreted the experimental results and wrote the manuscript. The final version of the manuscript was read and approved by all authors.

Funding: This research was supported by Korea Institute of Marine Science & Technology Promotion (KIMST) funded by the Ministry of Oceans and Fisheries (20170123).

Institutional Review Board Statement: The study protocol was approved by the Institutional Animal Care and Use Committee of Kyungpook National University, Daegu, Republic of Korea (ethical approval no: KNU 201762).

Data Availability Statement: Data are contained within the article.

Conflicts of Interest: The authors declare no conflicts of interest.

Abbreviations

The following abbreviations are used in this manuscript:

Dfb Dermatophagoides farinae body
DNCB 2,4-dinitrochlorobenzene
DSM Deep-sea minerals

References

- 1. Elias, P.M.; Hatano, Y.; Williams, M.L. Basis for the barrier abnormality in atopic dermatitis: outside-inside-outside pathogenic mechanisms. J Allergy Clin Immunol. 2008, 121, 1337-1343.
- Kaufman, B.P.; Guttman-Yassky, E.; Alexis, A.F. Atopic dermatitis in diverse racial and ethnic groups-Variations in epidemiology, genetics, clinical presentation and treatment. Experimental Dermatology. 2018, 27, 340-357.
- Barker, J.N.; Palmer, C.N.; Zhao, Y.; et al. Null mutations in the filaggrin gene (FLG) determine major susceptibility to early-onset atopic dermatitis that persists into adulthood. J Invest Dermatol. 2007;127:564-567.

- 4. Pugliarello, S.; Cozzi, A.; Gisondi, P.; Girolomoni, G. Phenotypes of atopic dermatitis. J Dtsch Dermatol Ges. 2011, 9,12-20.
- 5. Bieber, T. Atopic dermatitis: an expanding therapeutic pipeline for a complex disease. Nature Reviews Drug Discovery. 2022, 21, 21-40.
- 6. Akhavan, A.; Rudikoff, D. Atopic dermatitis: systemic immunosuppressive therapy. Semin Cutan Med Surg. 2008, 27, 151-155.
- 7. Vestergaard, C.; Yoneyama, H.; Matsushima, K. The NC/Nga mouse: a model for atopic dermatitis. Mol Med Today. 2000, 6, 209-210.
- 8. Vestergaard, C.; Yoneyama, H.; Murai, M.; et al. Overproduction of Th2-specific chemokines in NC/Nga mice exhibiting atopic dermatitis-like lesions. J Clin Invest. 1999, 104, 1097-1105.
- 9. Arlian, L.G.; Platts-Mills, T.A. The biology of dust mites and the remediation of mite allergens in allergic disease. J Allergy Clin Immunol. 2001, 107, S406-413.
- Matsuoka, H.; Maki, N.; Yoshida, S.; et al. A mouse model of the atopic eczema/dermatitis syndrome by repeated application of a crude extract of house-dust mite Dermatophagoides farinae. Allergy. 2003, 58, 139-145.
- 11. Sasakawa, T.; Higashi, Y.; Sakuma, S.; et al. Atopic dermatitis-like skin lesions induced by topical application of mite antigens in NC/Nga mice. Int Arch Allergy Immunol. 2001, 126, 239-247.
- 12. Teplitsky, V.; Mumcuoglu, K.Y.; Babai, I.; Dalal, I.; Cohen, R.; Tanay, A. House dust mites on skin, clothes, and bedding of atopic dermatitis patients. Int J Dermatol. 2008, 47, 790-795.
- 13. Jung, B.G.; Cho, S.J.; Koh, H.B.; Han, D.U.; Lee, B.J. Fermented Maesil (Prunus mume) with probiotics inhibits development of atopic dermatitis-like skin lesions in NC/Nga mice. Vet Dermatol. 2010, 21, 184-191.
- 14. Pokharel, Y.R.; Lim, S.C.; Kim, S.C.; Heo, T.H.; Choi, H.K.; Kang, K.W. Sopungyangjae-tang inhibits development of dermatitis in nc/nga mice. Evid Based Complement Alternat Med. 2008, 5, 173-180.
- 15. Ikoma, A. Analysis of the mechanism for the development of allergic skin inflammation and the application for its treatment: mechanisms and management of itch in atopic dermatitis. J Pharmacol Sci. 2009, 110, 265-269
- 16. Jin, H.; He, R.; Oyoshi, M.; Geha, R.S. Animal models of atopic dermatitis. J Invest Dermatol. 2009, 129, 31-40.
- 17. Hattori, K.; Nishikawa, M.; Watcharanurak, K.; et al. Sustained exogenous expression of therapeutic levels of IFN-gamma ameliorates atopic dermatitis in NC/Nga mice via Th1 polarization. J Immunol. 2010, 184, 2729-2735.
- 18. Takeda, K.; Gelfand, E.W. Mouse models of allergic diseases. Curr Opin Immunol. 2009, 1, 660-665.
- 19. Ha, B.G.; Shin, E.J.; Park, J.E.; Shon, Y.H. Anti-diabetic effect of balanced deep-sea water and its mode of action in high-fat diet induced diabetic mice. Mar Drugs. 2013, 11, 4193-4212.
- 20. Hwang, H.S.; Kim, S.H; Yoo, Y.G.; et al. Inhibitory effect of deep-sea water on differentiation of 3T3-L1 adipocytes. Mar Biotechnol (NY). 2009, 11, 161-168.
- 21. Lee, K.S.; Chun, S.Y.; Kwon, Y.S.; Kim, S.; Nam, K.S. Deep sea water improves hypercholesterolemia and hepatic lipid accumulation through the regulation of hepatic lipid metabolic gene expression. Mol Med Rep. 2017, 15, 2814-2822.
- 22. Lee, K.S.; Lee, D.H.; Kwon, Y.S.; Chun, S.Y.; Nam, K.S. Deep-sea water inhibits metastatic potential in HT-29 human colorectal adenocarcinomas via MAPK/NF-κB signaling pathway. Biotechnology and Bioprocess Engineering. 2014, 19, 733-739.
- 23. Bak, J.P.; Kim, Y.M.; Son, J.; Kim, C.J.; Kim, E.H. Application of concentrated deep sea water inhibits the development of atopic dermatitis-like skin lesions in NC/Nga mice. BMC Complement Altern Med. 2012, 12, 108.
- 24. Sugimoto, J.; Romani, A.M.; Valentin-Torres, A.M.; et al. Magnesium decreases inflammatory cytokine production: a novel innate immunomodulatory mechanism. J Immunol. 2012, 188, 6338-6346.
- 25. Suto, H.; Matsuda, H.; Mitsuishi, K.; et al. NC/Nga mice: a mouse model for atopic dermatitis. Int Arch Allergy Immunol 120 Suppl. 1999, 1, 70-75.

- 26. Novak, N.; Bieber, T.; Leung, D.Y. Immune mechanisms leading to atopic dermatitis. J Allergy Clin Immunol. 2003, 112, S128-139.
- 27. Spergel, J.M.; Paller, A.S. Atopic dermatitis and the atopic march. J Allergy Clin Immunol. 2003, 12, S118-127.
- 28. Shiohara, T.; Hayakawa, J.; Mizukawa, Y. Animal models for atopic dermatitis: Are they relevant to human disease? J Dermatol Sci. 2004, 36, 1-9.
- 29. Fukuyama, T.; Tajima, Y.; Hayashi, K.; Ueda, H.; Kosaka, T. Prior or coinstantaneous oral exposure to environmental immunosuppressive agents aggravates mite allergen-induced atopic dermatitis-like immunoreaction in NC/Nga mice. Toxicology. 2011, 289, 132-140.
- 30. Iwata, M.; Takebayashi, T.; Ohta, H.; Alcalde, R.E.; Itano, Y.; Matsumura, T. Zinc accumulation and metallothionein gene expression in the proliferating epidermis during wound healing in mouse skin. Histochem Cell Biol. 1999, 12, 283-290.
- 31. Denda, M.; Katagiri, C.; Hirao, T.; Maruyama, N.; Takahashi, M. Some magnesium salts and a mixture of magnesium and calcium salts accelerate skin barrier recovery. Arch Dermatol Res. 1999, 291, 560-563.
- 32. Gambichler, T.; Kuster, W.; Kreuter, A.; Altmeyer, P.; Hoffmann, K. Balneophototherapy--combined treatment of psoriasis vulgaris and atopic dermatitis with salt water baths and artificial ultraviolet radiation. J Eur Acad Dermatol Venereol. 2000, 14, 425-428.
- 33. Halevy, S.; Sukenik, S. Different modalities of spa therapy for skin diseases at the Dead Sea area. Arch Dermatol. 1998,134, 1416-1420.
- 34. Proksch, E.; Nissen, H.P.; Bremgartner, M.; Urquhart, C. Bathing in a magnesium-rich Dead Sea salt solution improves skin barrier function, enhances skin hydration, and reduces inflammation in atopic dry skin. Int J Dermatol. 2005, 44, 151-157.
- 35. Lee, K.S.; Chun, S.Y.; Lee, M.G.; Kim, S.; Jang, T.J.; Nam, K.S. The prevention of TNF-alpha/IFN-gamma mixture-induced inflammation in human keratinocyte and atopic dermatitis-like skin lesions in Nc/Nga mice by mineral-balanced deep sea water. Biomed Pharmacother. 2018, 97, 1331-1340.
- 36. Suwa, E.; Yamaura, K.; Oda, M.; Namiki, T.; Ueno, K. Histamine H(4) receptor antagonist reduces dermal inflammation and pruritus in a hapten-induced experimental model. Eur J Pharmacol. 2011, 667, 383-388.
- 37. van Zuuren, E.J.; Fedorowicz, Z.; Christensen. R.; Lavrijsen, A.; Arents, B.W.M. Emollients and moisturisers for eczema. Cochrane Database Syst Rev. 2017, 2, CD012119.
- 38. Giam, Y.C.; Hebert, A.A.; Dizon, M.V.; et al. A review on the role of moisturizers for atopic dermatitis. Asia Pac Allergy. 2016, 6, 120-128.
- 39. Chen, L.; Lin, S.X.; Overbergh, L.; Mathieu, C.; Chan, L.S. The disease progression in the keratin 14 IL-4-transgenic mouse model of atopic dermatitis parallels the up-regulation of B cell activation molecules, proliferation and surface and serum IgE. Clin Exp Immunol. 2005, 142, 21-30.
- 40. Leung, D.Y. Atopic dermatitis: New insights and opportunities for therapeutic intervention. J Allergy Clin Immunol. 2000, 105, 860-876.
- 41. Singh, V.K.; Mehrotra, S.; Agarwal, S.S. The paradigm of Th1 and Th2 cytokines: its relevance to autoimmunity and allergy. Immunol Res. 1999, 20, 147-161.
- 42. Yamazaki, F.; Aragane, Y.; Maeda, A.; et al. Overactivation of IL-4-induced activator protein-1 in atopic dermatitis. J Dermatol Sci. 2002, 28, 227-233.
- 43. Matsumoto, M.; Ra, C.; Kawamoto, K.; et al. IgE hyperproduction through enhanced tyrosine phosphorylation of Janus kinase 3 in NC/Nga mice, a model for human atopic dermatitis. J Immunol. 1999, 162, 1056-1063.
- 44. Miyamoto, K.; Miyake, S.; Yamamura, T. A synthetic glycolipid prevents autoimmune encephalomyelitis by inducing TH2 bias of natural killer T cells. Nature. 2001;413:531-534.Author 1, A.; Author 2, B. Title of the chapter. In *Book Title*, 2nd ed.; Editor 1, A., Editor 2, B., Eds.; Publisher: Publisher Location, Country, 2007; Volume 3, pp. 154–196.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s)

disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.