

1 *Review*

## 2 **TGF- $\beta$ Sustains Tumor Progression Through** 3 **Biochemical and Mechanical Signal Transduction**

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16 **Abstract:** TGF- $\beta$  signaling transduces immunosuppressive biochemical and mechanical signals in  
17 the tumor microenvironment. In addition to canonical SMAD signaling, TGF- $\beta$  can promote tumor  
18 growth and survival by inhibiting proinflammatory signaling and extracellular matrix remodeling.  
19 In this article, we will review how TAK1 activation lies at the intersection of proinflammatory  
20 signaling by immune receptors and anti-inflammatory signaling by TGF- $\beta$  receptors. Additionally,  
21 we will discuss the role of TGF- $\beta$  in the mechanobiology of cancer. Understanding how TGF- $\beta$   
22 dampens proinflammatory responses and induces pro-survival mechanical signals throughout  
23 cancer development will be critical in designing therapeutics which inhibit tumor progression while  
24 bolstering the immune response.

25

26 **Keywords:** TGF- $\beta$ ; Cancer; Immunosuppression; TAK1; Mechanobiology; Extracellular Matrix;  
27 Tensegrity; DNA damage

### 28 **1. Introduction**

29 TGF- $\beta$  signaling can dampen immune responses during cancer progression through biochemical and  
30 mechanical signal transduction pathways. Since TGF- $\beta$  receptors (TGF- $\beta$ R) are found on several cell  
31 types, tumor-derived TGF- $\beta$  can create a pro-tumorigenic microenvironment by influencing the  
32 activity of surrounding leukocytes, endothelial cells, and fibroblasts. The TGF- $\beta$  Superfamily  
33 consists of at least 33 genes (1), which are often grouped into either the TGF $\beta$ -like family (TGF- $\beta$ ,  
34 Activin, Inhibin, Nodal, and Lefty) and the Bone Morphogenetic Protein (BMP)-like family (BMP,  
35 GDF, AMH and MIS) (2, 3). Downstream of these receptors, TGF- $\beta$  can activate SMAD-dependent  
36 and SMAD-independent biochemical pathways that promote tumor growth and suppress the  
37 immune system (4). However, these pathways are not constitutively active. TGF- $\beta$  is commonly  
38 expressed in a latent form is activated following Extracellular Matrix (ECM) remodeling.  
39 Subsequent TGF- $\beta$  signaling increases production of new ECM components. This homeostatic  
40 feedback loop is critical for cancer growth. The ECM found within the tumor microenvironment  
41 shapes cancer mechanobiology by providing growth signals to the tumor cell and simultaneously  
42 suppress immune response.

43 Despite its well-known immunosuppressive capabilities, TGF- $\beta$  signaling has been shown to have  
44 contrary effects on tumor growth during disease progression (5-7). TGF- $\beta$  family members display  
45 anti-tumorigenic and pro-tumorigenic properties depending on the stage of tumor progression (8-  
46 11).

47

48 Early in disease progression, TGF- $\beta$  appears to play an anti-tumorigenic role by hindering tumor  
49 proliferation and metastasis. For example, in early stages of breast cancer, the TGF- $\beta$  family member  
50 BMP7 represses human telomerase reverse transcriptase (hTERT) through a BMPRII and Smad3-  
51 dependent manner. Chronic exposure of cancer cells to BMP7 has been shown to induce shortening  
52 of cancer cell telomeres and subsequent apoptosis (12). TGF- $\beta$  members can also act on surrounding  
53 cells like cancer associated fibroblasts to inhibit tumor progression and metastasis at early stages of  
54 disease (13).

55 In contrast, TGF- $\beta$  signaling takes on a pro-tumorigenic response in later stages of disease. Elevated  
56 levels of TGF- $\beta$ 1 in advanced stage breast cancers were associated with tumor size, decreased tumor  
57 cell differentiation, epithelial to mesenchymal transition (EMT), and increased metastasis to axillary  
58 lymph nodes (14-18). EMT and more aggressive phenotypes of late stage prostate cancers were also  
59 associated with elevated TGF- $\beta$ 1 (19). Inhibiting TGF- $\beta$ 1 receptors or their downstream SMAD  
60 signaling at later stages of cancer enhanced chemotherapeutic action (20-22) and radiation treatment  
61 effects (23, 24).

62 To understand the multifaceted roles of TGF- $\beta$  in cancer, we will review two ways TGF $\beta$  family  
63 members promote tumor growth:

- 64 • ***TGF- $\beta$  inhibits proinflammatory signaling in tumor infiltrating leukocytes.***  
65 The immunosuppressive capabilities of TGF- $\beta$  have been extensively studied as an external  
66 pressure in the cancer setting. TGF- $\beta$  can dampen pro-inflammatory signals within  
67 infiltrating leukocytes via downstream transcription factors called SMADs or through  
68 SMAD-independent pathways (4). One SMAD-independent pathway that inhibits  
69 inflammation is the TGF- $\beta$ -mediated modulation of TRAF and TAK1 signaling, which lies at  
70 an intersection with proinflammatory signaling downstream of IL-1R, TNFR, TLRs, as well  
71 as the T cell and B cell receptors.
- 72 • ***TGF- $\beta$  signaling promotes tumor growth & inhibits inflammation through mechanobiology.***  
73 The ECM provides mechanical cues to surrounding cells through mechanotransduction.  
74 ECM remodeling throughout cancer progression is critical for tumor growth, metastasis and  
75 angiogenesis; however, extensive ECM degradation can promote inflammation and inhibit  
76 proliferation. Cancer cells alter their extracellular environment with proteases during  
77 metastasis and build collagen-rich microenvironments at new loci of proliferation. TGF- $\beta$   
78 signaling plays a large role in the ECM and fibrosis seen within the tumor microenvironment.  
79 These ECM proteins can provide pro-tumor growth signals at the same time as providing a  
80 physical barrier to infiltrating leukocytes.

81 TGF- $\beta$  inhibits proinflammatory signaling cascades and plays a major role in cancer mechanobiology.  
82 Both of these effects promote regulatory and anergic immune responses that support tumor survival.  
83 Understanding these two mechanisms of TGF- $\beta$  signaling in tumors will be instrumental in  
84 improving cancer immunotherapies.

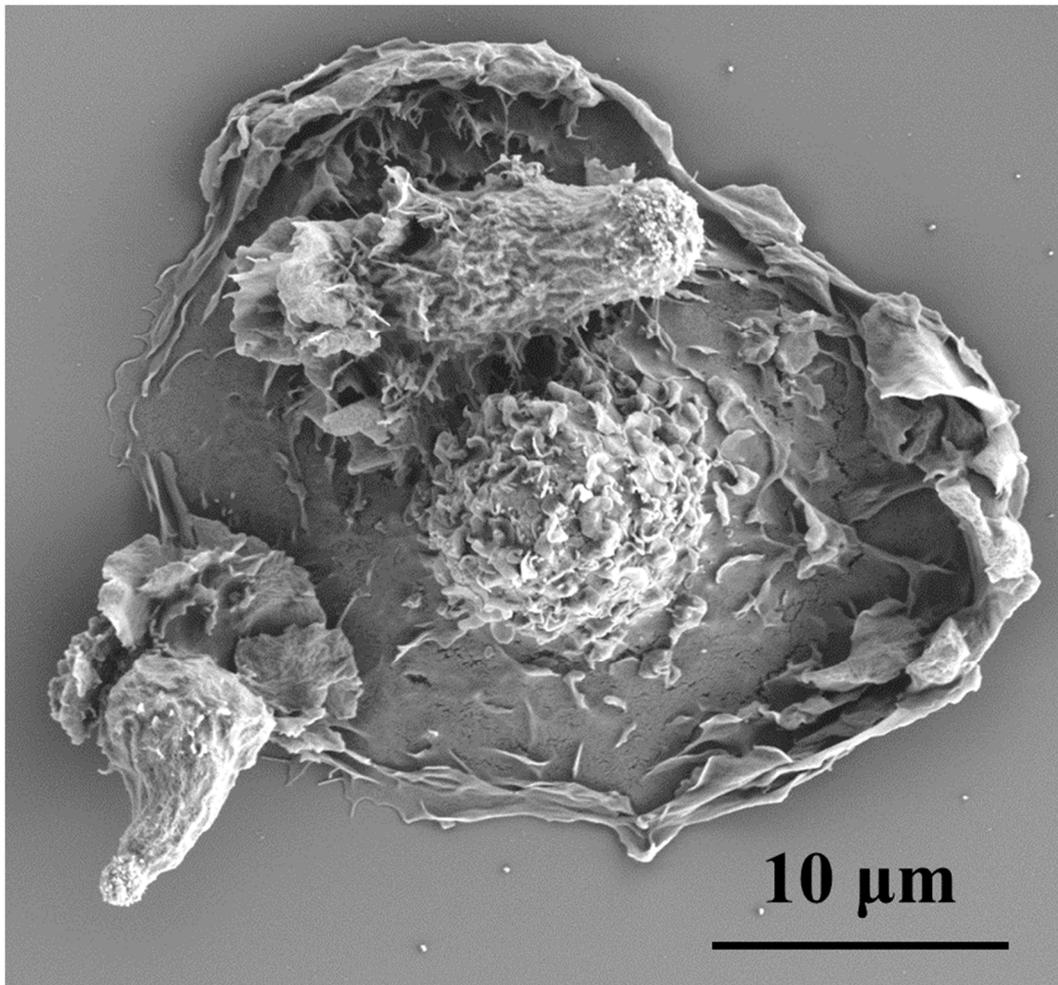
## 85 **2. TGF- $\beta$ Inhibits Proinflammatory Signaling in Tumor Infiltrating Leukocytes**

86 Tumor infiltrating leukocytes can both express and respond to TGF- $\beta$ . Signaling through TGF- $\beta$ R  
87 can inhibit leukocyte proliferation, differentiation, and survival (1, 25-28). These effects can be  
88 reversed in leukocytes like macrophages and T cells following inhibition of TGF- $\beta$  signaling (29, 30).  
89 Macrophages and T cells (Figure 1) can both produce and respond to TGF- $\beta$  in the tumor  
90 microenvironment.

91  
92 Tumor associated macrophages often exhibit an immunosuppressive M2 phenotype by expressing  
93 IL-10, arginase-1, and TGF- $\beta$ 1 (31). TGF- $\beta$ 1 can further inhibit expression of the proinflammatory  
94 genes inducible nitric-oxide synthase (iNOS) and matrix metalloproteinase-12 (MMP-12) in these  
95 macrophages (32). Macrophage-derived TGF- $\beta$  was also shown to enhance Epithelial to

96 Mesenchymal Transition (EMT) in hepatocellular carcinoma (33) and metastasis in non-small cell  
97 lung cancer (34).

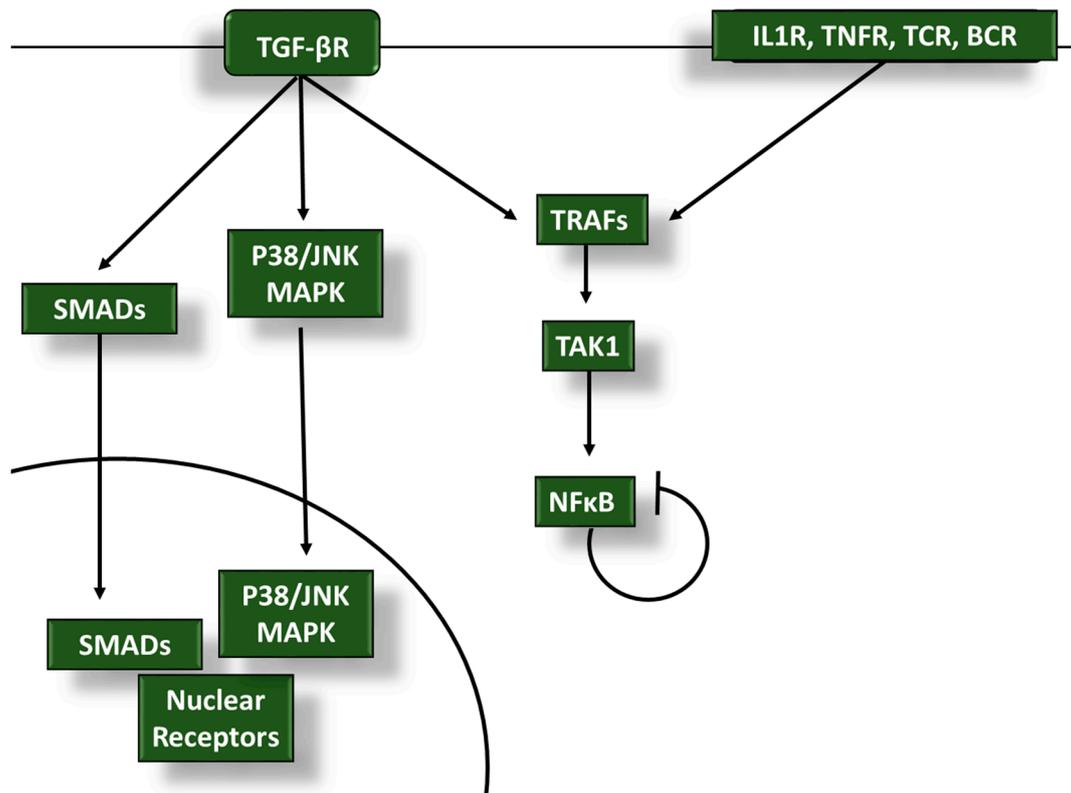
98  
99 In addition to macrophages, T cells also exhibit immunosuppressive phenotypes in cancer. Despite  
100 the presence of tumor antigen-specific T cells in the tumor microenvironment, these cells usually  
101 express markers of anergy and senescence (35, 36). Elevated TGF- $\beta$ 1 levels were shown to be  
102 associated with increased CD4+CD25+FoxP3+ regulatory T cells (Treg), EMT, and more aggressive  
103 phenotypes in prostate cancers (19, 37). TGF- $\beta$ 1 also induces Treg, NKT cells, and Tr1 cells (37-41)  
104 and inhibits pro-inflammatory signaling in T cells (42). TGF- $\beta$  can inhibit several proinflammatory  
105 signaling cascades in these leukocytes, but we will focus on the role of TGF- $\beta$  in inhibiting pro-  
106 inflammatory biochemical pathways that induce TAK1 activation.



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108 **Figure 1. T cells and macrophages exhibit immunosuppressive qualities in tumor**  
109 **microenvironments.** Despite presence of macrophages (larger egg-like cell in Scanning Electron  
110 Microscopy image taken by our group) and T cells (two smaller cells scanning the surface of the  
111 macrophage), TGF- $\beta$ 1 in the tumor microenvironment inhibits proinflammatory signaling in these  
112 leukocytes.

113 As a tumor grows and metastasizes, there is significant tissue damage which causes the release of  
114 proinflammatory cytokines that recruit leukocytes. Proinflammatory cytokines like Interleukin-1 $\beta$   
115 (IL-1 $\beta$ ) and Tumor Necrosis Factor  $\alpha$  (TNF $\alpha$ ) signal through transmembrane receptors to alert  
116 surrounding cells of homeostatic stress. Along with the IL-1 receptor (IL1R) and TNF receptors  
117 (TNFR), proinflammatory signals can be transmitted to leukocytes through Toll-Like Receptors (TLR)  
118 and antigen specific receptors on T cells (TCR) and B cells (BCR).  
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120 These diverse receptors use TRAF mediators to converge on the activation of TGF- $\beta$  Activated  
 121 Kinase-1 (TAK1) to stimulate the NF $\kappa$ B and JNK/p38 MAPK pathways (43-45). The JNK and p38  
 122 stress pathways induce effectors that eliminate the extracellular stress however prolonged activation  
 123 of these pathways can induce apoptosis (44). The concomitant NF $\kappa$ B activation maintains anti-  
 124 apoptotic signals until the stress is resolved. TGF- $\beta$ 1, and other TGF- $\beta$  family members like BMP,  
 125 also influence TRAF signaling to alter the activity of TAK1 and downstream NF $\kappa$ B/JNK/p38 signaling  
 126 (46-48). Moreover, signals emanating from proinflammatory receptors, including TLR, IL-1R,  
 127 TNFR, TCR, and BCR can be blunted by TGF $\beta$ R-mediated alterations of the TRAF/TAK1 signaling  
 128 axis (Figure 2).  
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 131 **Figure 2. TGF- $\beta$  Dampens Anti-Tumor Proinflammatory Signaling in Infiltrating Leukocytes**  
 132 **Through TAK1, NF $\kappa$ B, and MAP Kinase Modulation:** TGF- $\beta$  signaling interferes with these  
 133 signaling pathways in tumor associated leukocytes to blunt immune responses during cancer  
 134 progression.

135 In addition to inhibiting biochemical proinflammatory signaling cascades within leukocytes,  
 136 TGF- $\beta$  can inhibit the immune system and support tumor growth through mechanical  
 137 transduction pathways.

### 138 3. TGF- $\beta$ Signaling Promotes Tumor Growth and Inhibits Inflammation through 139 Mechanobiology

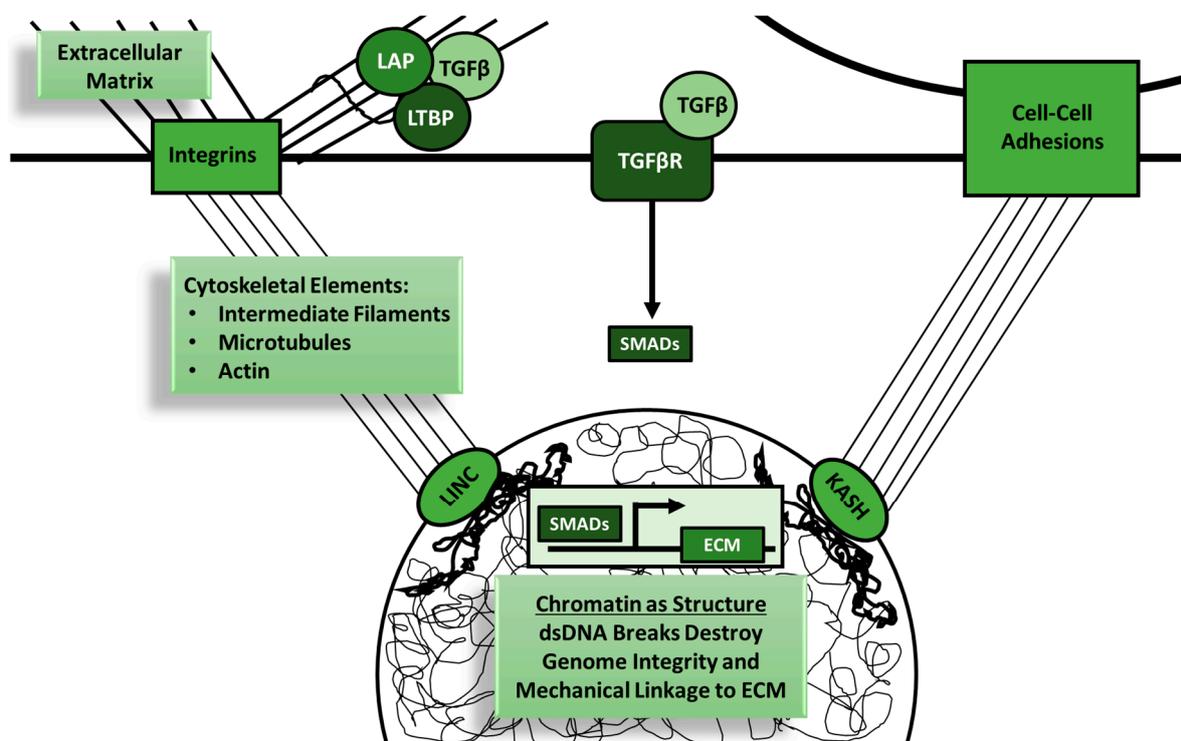
140 Mechanobiology links TGF- $\beta$ , cancer cell survival, and inflammation (49). In addition to chemical  
 141 cues from the environment, cells receive critical homeostatic information from surrounding ECM and  
 142 neighboring cells through forces applied to adhesion receptors. Remodeling of the ECM throughout  
 143 cancer progression influences TGF- $\beta$  signaling and alters these mechanical forces. ECM-derived  
 144 forces directly impact tumor growth, metastasis, and immune evasion (50). In mechanobiology there  
 145 is a bidirectional information flow between cells and their extracellular environment, called dynamic  
 146 reciprocity. This relationship between cells and their extracellular environment dictates cellular  
 147 proliferation, migration, differentiation, and survival (51-56). Mechanical information can be

148 transduced by forces applied to physical linkages between the extracellular environment and the  
 149 DNA. This mechanical conduit consists of:

- 150 • Extracellular Matrix
- 151 • Cell Adhesion Receptors
- 152 • Cytoskeleton
- 153 • Nuclear Membrane Adaptors
- 154 • Chromatin

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156 Many eukaryotic cells require adhesions and these other mechanical components to stimulate growth  
 157 and survival. Typical cells also inhibit their proliferation in densely packed environments.  
 158 However, cancer cells exhibit anchorage independence and lack density-dependent growth  
 159 inhibition. The ability of tumors to overcome these mechanical checkpoints may be due to elevated  
 160 levels of TGF- $\beta$  signaling that strengthens dynamic reciprocity in the tumor microenvironment. We  
 161 will review how TGF- $\beta$  signaling influences ECM structure and nuclear mechanobiology in cancer.  
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164 **Figure 3. TGF- $\beta$  signaling is intimately linked with the mechanobiology of cells.** Dynamic reciprocity is the  
 165 concept of bidirectional influence of cells and their microenvironment, including adhesions to the extracellular  
 166 matrix and to surrounding cells. Physical linkages between the extracellular microenvironment are created by  
 167 plasma membrane adhesion receptors, the cytoskeleton, nuclear membrane KASH-domain proteins, and  
 168 chromatin. TGF- $\beta$  signaling plays an important role in this dynamic reciprocity at both the extracellular matrix  
 169 and nuclear levels. Extracellular matrix degradation or remodeling relieves mechanical tension on the cell  
 170 down to the nuclear level while simultaneously increasing the bioavailability of active TGF- $\beta$ . DNA damage  
 171 can also decrease structural integrity of this mechanical tension. TGF- $\beta$  signaling restores this mechanical  
 172 homeostasis through upregulation of extracellular matrix components and DNA repair enzymes. Tumor cells  
 173 with elevated TGF- $\beta$  signaling are able to restore mechanical homeostasis despite ongoing ECM remodeling and  
 174 DNA damage.

### 175 3.1. TGF- $\beta$ & Extracellular Matrix

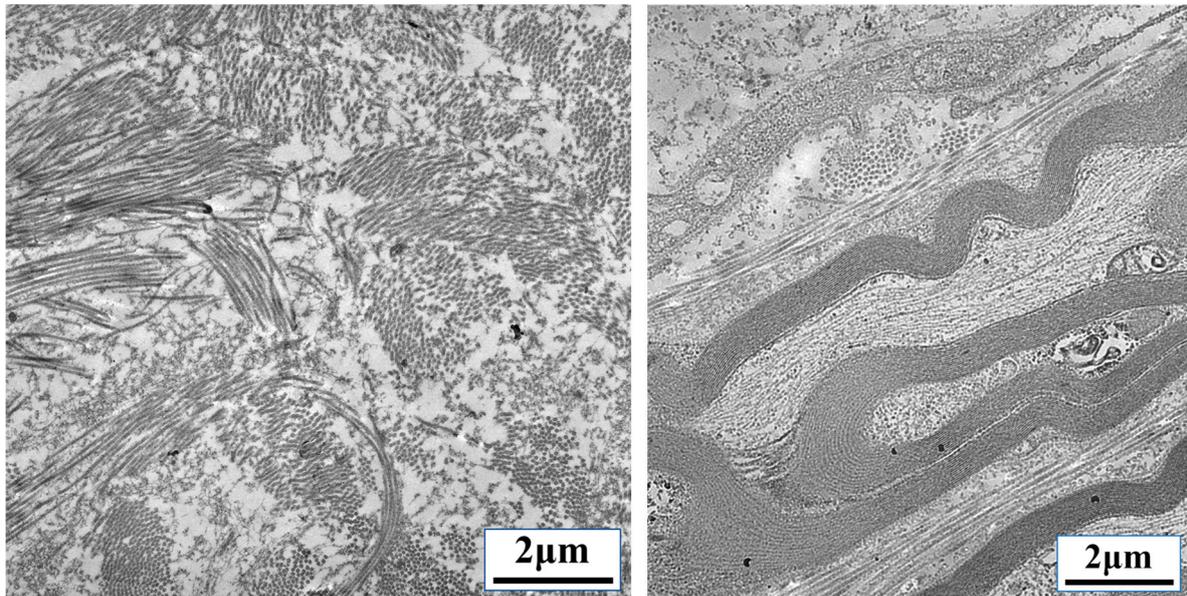
176 Dynamic reciprocity is exemplified by TGF- $\beta$  activation and ECM homeostasis (Figure 3). TGF- $\beta$   
 177 proteins are produced by several cell types and secreted in an inactive form along with latency-  
 178 associated peptide (LAP), which associate with latent TGF- $\beta$ -binding proteins (LTBPs) (57, 58).  
 179 These latent TGF- $\beta$  complexes bind to ECM proteins including fibrillins and fibronectins. TGF- $\beta$  is

180 activated when LAP or the ECM is degraded during cancer, infection, or wounding (59). Following  
181 a mechanical cue that the ECM has been degraded, activated TGF- $\beta$  family members (including TGF-  
182  $\beta$ 1, BMP, Activins, and Growth Differentiation Factors) signal through TGF- $\beta$ R to induce expression  
183 of new ECM proteins (60, 61). After newly expressed matrix proteins are secreted, the remaining  
184 TGF- $\beta$  return to its latent state. In addition to biochemical signals derived from TGF- $\beta$ R signaling,  
185 ECM degradation transmits mechanical signals to surrounding cells by releasing tension on cell  
186 adhesions. These mechanical signals are influenced by TGF- $\beta$  signaling and can change nuclear  
187 shape and gene expression in tumor cells.

188

189 Cancers use dynamic reciprocity to grow, metastasize, and evade the immune system by remodeling  
190 the ECM at different stages of disease progression. The ECM consists of proteins, glycoproteins,  
191 glycosaminoglycans, and other molecules that function as adhesive substrates that promote signaling  
192 through integrins, growth factors and mechanical cues (Figure 4).

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**Figure 4. Extracellular matrix interactions provide mechanical cues to infiltrating cells.**

Extracellular matrix remodeling is required for tumor proliferation, metastasis, angiogenesis, and leukocyte infiltration. The image on the left shows a region with multidirectional bundles of collagen. The image on the right shows highly organized bundles of parallel collagen fibers found in body. Dense collagen networks like these found in capsular regions of lymphoid tissue can be found within the tumor microenvironment. Collagen induced by TGF- $\beta$  and other factors provide structural support to cancer cells and a physical barrier to leukocytes. (TEM images taken by our group)

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During metastasis and angiogenesis, the ECM is degraded by tumor-derive proteases, which stimulates the release and activation of growth factors (62) and increases the bioactivity of latent TGF- $\beta$ 1 (63). Following metastasis to a secondary site, the tumors use this bioactive TGF- $\beta$  to induce expression of ECM components including collagen, fibronectin, and tenascin C along with ECM-related enzymes and chaperone proteins (64, 65). Tumor associated macrophages also produce TGF- $\beta$  that signals fibroblasts produce collagen and other ECM proteins (31, 33). This ECM remodeling creates a microenvironment amenable to tumor proliferation and immunosuppression.

The excessive buildup of ECM proteins is called fibrosis and contributes to the progressive ECM rigidity seen during cancer progression and throughout other chronic diseases (66-68). In a breast cancer model, Liverani *et.al.* showed that a more aggressive tumor cell line MDA-MB-231 induced higher collagen content, collagen crosslinking, and increased ECM stiffness compared to the less aggressive cell line MCF-7 (69). Progressive stiffening and reorganization of the ECM during cancer

217 progression is also due to TGF- $\beta$ -mediated effects on surrounding stromal cells including fibroblasts.  
218 Reactive stromal cells in human prostate cancers have a myofibroblast phenotype that exhibit  
219 increased collagen I production, vimentin, tenascin, and smooth muscle  $\alpha$ -actin. Elevated TGF- $\beta$ 1  
220 levels were also found in these prostatic intra-epithelial neoplasia (70). TGF- $\beta$ 1 induces contraction  
221 of stromal fibroblasts and subsequent ECM strain (71). This progressive ECM stiffness is directly  
222 correlated with tumor aggressiveness and can dampen the immune response (50, 72-75).

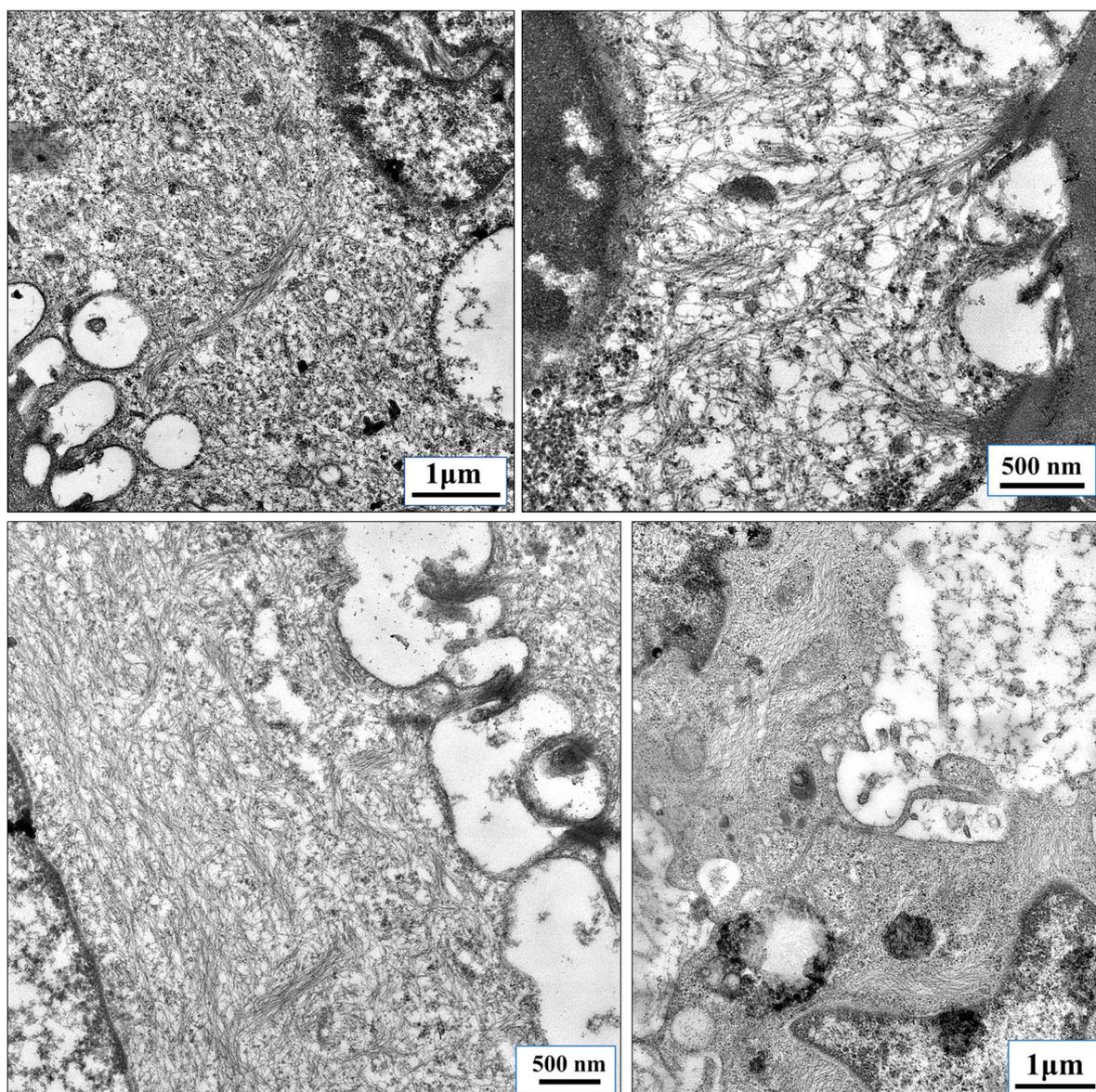
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224 Tissue fibrosis has several detrimental effects during chronic diseases. In addition to local  
225 disturbances in tissue function, fibrosis creates a physical barrier to infiltrating immune effectors and  
226 potential therapeutics agents. Netti *et.al.* reported that fibrotic ECM prevents therapeutic IgG from  
227 penetrating solid tumors (76) and others have shown that chemotherapeutic drugs may not reach  
228 fibrotic tissue in small cell lung cancers (77).

### 229 3.2. TGF- $\beta$ & Nuclear Mechanobiology in Cancer

230 Tensegrity is a structural concept that can be used to understand the mechanics of 3-dimensional  
231 structures like cells. Cellular structures are physically connected through cytoskeletal elements and  
232 forces applied to one area can have effects throughout the cell (52-56, 78-82). Forces from the ECM  
233 in the tumor microenvironment can have direct impacts on gene expression in tumor and immune  
234 cells. These mechanical forces are transmitted through cellular adhesions containing receptors like  
235 integrins, which are one of the primary transducers of mechanical information from the environment  
236 to the nucleus (78, 80, 82, 83). TGF- $\beta$  can be activated by and alter expression of integrins during  
237 cancer progression (84-88). Integrins and other cell adhesions transduce extracellular forces  
238 mechanically to the nucleus via the cytoskeleton (Figure 5). Cytoskeletal elements like actin,  
239 microtubules, and vimentin have all been shown to play a role in TGF- $\beta$  signaling and cancer (89, 90).  
240 Tumor metastasis and proliferation are both altered by TGF- $\beta$ -mediated cytoskeletal changes (91, 92).  
241 The cytoskeleton attaches to the nuclear lamina and chromatin through nuclear membrane adaptor  
242 proteins called Linker of Nucleoskeleton and Cytoskeleton (LINC) complexes and KASH domain  
243 proteins (93). TGF- $\beta$  signaling and some nuclear lamina proteins have been shown to have  
244 reciprocal regulation (94-96). Forces emanating from the extracellular environment are transduced  
245 through these structural proteins and can alter 3-dimensional nuclear shape and directly impact gene  
246 expression (52, 53, 55, 79-81, 97-99). TGF- $\beta$  can influence the structural integrity of each of these  
247 sections of the mechanical conduit from the ECM to the nucleus. Additionally, TGF- $\beta$  influences the  
248 structural integrity of chromatin and DNA.

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**Figure 5. Cell adhesions to other cells and the extracellular matrix are mechanically linked to the nucleus.** Leukocytes and metastatic tumors often migrate to secondary lymphoid tissues. As seen from the lymphoid tissue images above, cells are intimately connected through several cell:cell adhesions as they migrate and proliferate in this environment. The four images above show that cell adhesions are directly linked to the nuclear envelope by cytoskeletal elements (Transmission Electron Microscopy images taken by our group).

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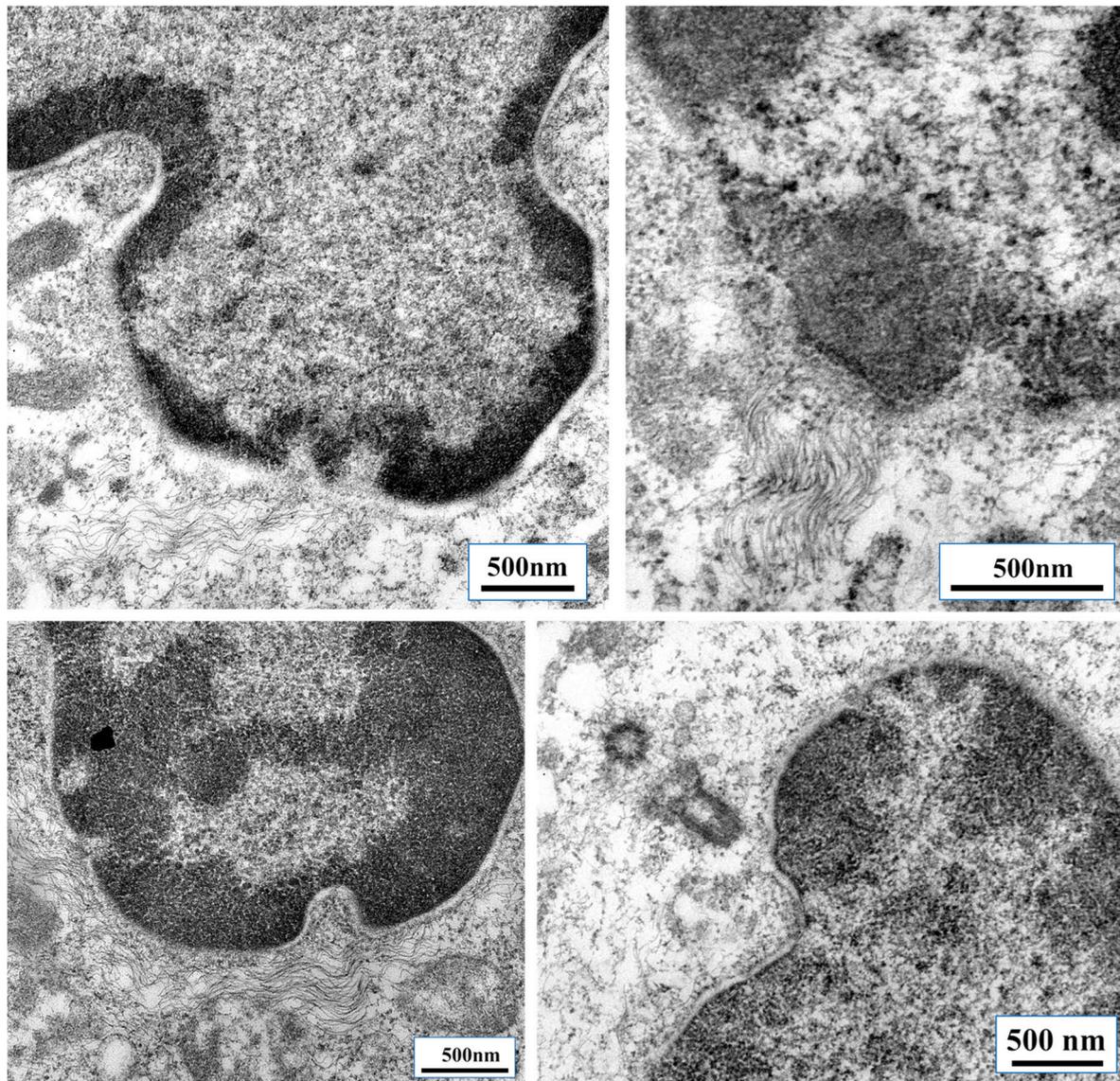
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The role of mechanical forces in gene expression and the physical linkages between the cell adhesions and the chromatin (Figure 6) lead to the idea of chromatin as structural information. With the development of new technologies like Hi-C, more emphasis is being placed on the importance of genome structure (100, 101). Genome architecture and chromosome domains are recapitulated through chromatin cross-linking following by DNA sequencing. These approaches give a snapshot of how the genome is organized at a specific timepoint. Genomic architecture changes with time and cellular differentiation, but can be influenced by TGF- $\beta$  and DNA damage. The integrity of the genome is also critical to maintain, exemplified by the quick repair response that is initiated following DNA damage, as prolonged DNA damage typically leads to apoptosis. Maintenance of DNA structural integrity may be critical for the dynamic reciprocity between the cell and its environment through tensegrity.



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**Figure 6. The Cytoskeleton Can Alter Nuclear Shape.** Cell adhesions are directly linked to the nuclear lamina and chromatin via the cytoskeleton and LINC complexes. Forces applied to cellular adhesions have been shown to change nuclear shape and alter gene expression. Deformations at the site of cytoskeletal attachment to the nucleus can be seen in the four images above. As shown in these leukocytes, the fibrillar cytoskeletal elements are connected directly to the nucleus, primarily at sites of darkened areas of heterochromatin. Microtubules are organized at the centrosome, which contains centrioles. Microtubules are one type of cytoskeletal protein that links adhesion receptors to the nucleus. The bottom right image shows a pair of centrioles and their close proximity to the nuclear envelope. (TEM images taken by our group)

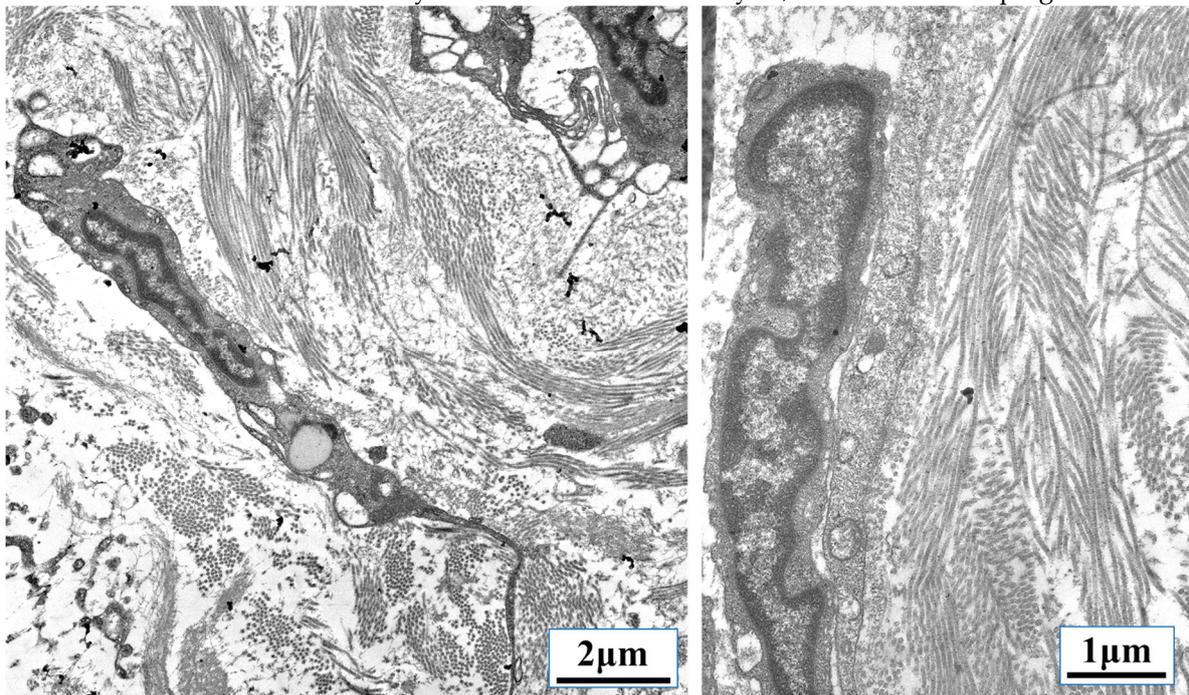
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Cancer cells are continuously exposed to DNA damage, yet they persist with the help of TGF- $\beta$  signaling. TGF- $\beta$  signaling modulates the DNA repair response and apoptosis in normal and cancerous cells. Some reports have shown that TGF- $\beta$  and SMAD signaling enhance the DNA damage response to maintain genomic stability (102, 103); however, others have shown that CD44+/CD24- cancer cells with constitutively activated TGF- $\beta$  signaling are defective in DNA-repair that make their genomes less clonal following dsDNA breaks (104). The SMADs have been shown to interact with p53 and also regulate transcription of other DNA repair enzymes (105). Other reports indicate that TGF- $\beta$  signaling aids in tumor growth by inhibiting DNA damage-induced apoptosis. Elevated TGF- $\beta$ 1 signaling has been shown to confer radioresistance following double-stranded DNA damage caused by ionizing radiation (106). TGF- $\beta$ 1/SMAD signaling inhibits p53 activation at both transcriptional and translational levels and subsequent apoptosis in precancerous

290 cells (107). Therefore, inhibition of TGF- $\beta$ 1 signaling has been recommended as a possible avenue  
291 to promote cancer cell death following genotoxic stress after radiation treatment (23, 24).

292  
293 In addition to DNA damage and genome integrity, the structure of the nucleus changes with tumor  
294 behavior. ECM remodeling during cancer progression has been associated with nuclear  
295 deformations, subsequent gene activation, and EMT (108). These nuclear structural changes can  
296 occur due to forces generated during ECM remodeling. During the early stages of cancer, the  
297 surrounding ECM can be a hinderance, as dense fibrillar ECM obstructs tumor growth, metastasis,  
298 and angiogenesis. Cancers need to degrade surrounding collagen by matrix metalloproteinases and  
299 other enzymes to overcome this physical hurdle (109). In addition to collagen, disturbances in  
300 hyalectan proteoglycans during cancer progression has been seen along with the activation of A  
301 Disintegrin-like And Metalloproteinase domain with Thrombospondin-1 motif (ADAMTS) enzymes  
302 (110). The degraded matrix releases tension the tumor cell, which can sense this mechanical signal  
303 and alter its gene expression. This mechanical stimulus may be an influential step in Epithelial to  
304 Mesenchymal Transition (EMT).

305  
306 ECM stiffening during cancer progression is associated with matrix crosslinking or reorganization.  
307 In the tumor microenvironment, ECM fibrils become organized in parallel directions. These fibrils  
308 are referred to as 'tumor-associated collagen signatures' (TACS) and have been suggested to create  
309 migration routes for metastasizing cancer cells (111) like those used by leukocytes (Figure 7).  
310 Migration through tissues with dense ECM requires nuclear deformation and extension. This is seen  
311 both in leukocytes and cancer cells and is one more example of how nuclear structure can be altered.  
312 The mechanical forces placed on the nucleus during migration may be critical for gene expression  
313 and cellular differentiation not only in tumor cells and leukocytes, but for all developing cells.



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315 **Figure 7. Parallel organization of ECM fibrils can be used as migration tracts.** TGF- $\beta$  induced  
316 fibrosis and ECM remodeling during cancer transmits mechanical information from the tumor  
317 microenvironment directly to the nucleus of tumor cells, infiltrating leukocytes, fibroblasts, and  
318 endothelial cells. Some metastasizing cancer cells used parallel ECM fibrils called 'tumor-associated  
319 collagen signatures' (TACS), similar to the tracts used by the leukocytes shown above migrating  
320 through lymphoid tissue. (TEM images taken by our group)

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#### 322 4. Materials and Methods

323 Scanning electron microscopy (SEM) was done on peripheral blood lymphocytes grown in RPMI  
324 growth medium supplemented with 10% Fetal Bovine Serum (FBS), 20IU/mL IL-2, and antibiotics.  
325 The cells were plated on fibronectin-coated coverslips for 3-7 days. Adherent cells were fixed with  
326 2.5% glutaraldehyde, 1% paraformaldehyde and 0.12M sodium cacodylate buffer (pH 7.2-7.4) for 20  
327 minutes at room temperature followed by 40 minutes shaking on ice. Following rinsing, the cells  
328 were stained with 1% osmium tetroxide (Electron Microscopy Sciences) for 60 minutes on ice. The  
329 cells were dehydrated through a series of ethyl alcohol/deionized water solutions followed by critical  
330 point drying and sputter coating with iridium. Imaging was done using a FEI Teneo LV SEM  
331 instrument (Thermo Fisher Scientific).

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333 Transmission electron microscopy (TEM) was done on human lymphoid tissue. Routine EM  
334 processing was done using intact human tonsillar tissue. The tissue was fixed 2.5% glutaraldehyde,  
335 1% paraformaldehyde in 0.12 M sodium cacodylate buffer for 20 minutes at room temperature  
336 followed by 40 minutes shaking on ice. The tissue was mechanically sectioned into ~1 mm<sup>3</sup> tissue  
337 chunks. Cells were then stained for one hour in 1% osmium tetroxide (Electron Microscopy  
338 Sciences). The cells were dehydrated through a series of ethyl alcohol/deionized water solutions  
339 and propylene oxide before embedding in LR White resin. Blocks were cured for 48 h at 60 °C.  
340 Polymerized blocks were trimmed and 70 nm ultrathin sections were cut with a diamond knife on a  
341 Leica Ultramicrotome EM UC7 before transferring them to 200 mesh copper grids. Sections were  
342 counterstained with 1% uranyl acetate for 10 minutes and lead citrate for 2 minutes. Samples were  
343 imaged with a FEI Talos F200X-TEM (Thermo Fisher Scientific) operating at an accelerating voltage  
344 of 80 kV equipped with a Ceta™ 4K x 4K camera.

#### 345 5. Conclusions

346 The multifunctional cytokine TGF- $\beta$  has been shown to have several pro-tumorigenic actions  
347 during cancer progression. TGF- $\beta$  signaling can mediate immune suppression through SMAD-  
348 dependent and SMAD-independent pathways. TGF- $\beta$  signaling can antagonize proinflammatory  
349 signals emanating from immune receptors (IL-1R, TLR, TNFR, TCR, and BCR) by modulating  
350 TRAF/TAK1, NF $\kappa$ B and p38/JNK MAP Kinase activation. In addition to classical biochemical  
351 signaling cascades, TGF- $\beta$  in the tumor microenvironment activates pro-tumor and anti-  
352 inflammatory mechanotransduction pathways through extracellular matrix remodeling, cytoskeletal  
353 alterations, and maintenance of DNA damage. Understanding how TGF- $\beta$  signaling affects  
354 proinflammatory signaling and cancer mechanobiology will be critical in designing therapeutics  
355 which inhibit tumor progression while bolstering the immune response (112).

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