

1 Article

## 2 Species and bio-availability of inorganic and organic 3 phosphorus in primary, secondary and digested 4 sludge

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14 **Abstract:** The species and bio-availability of phosphorus (P) in primary, secondary and digested  
15 sludge were fractionated and further analyzed in this study. Results showed that inorganic P (IP)  
16 was the primary P fraction in the secondary sludge and digested sludge, in which non-apatite IP  
17 (NAIP) amounted to 91.6% and 69.3% of IP, respectively. Organic P (OP), accounting for about  
18 71.7% of total P (TP), was the dominant P composition in primary sludge. The content of  
19 bio-available P was about 9.7, 43.4, 29.8 mg-P/g-TS in primary sludge, secondary sludge and  
20 digested sludge, respectively, suggesting secondary sludge is the optimal choice when land  
21 application of sewage sludge is taken into consideration, followed by digested sludge and primary  
22 sludge. Polyphosphate and orthophosphate, comprising approximately 54.3% and 89.2% of TP,  
23 was the dominant P species in the secondary sludge and digested sludge, respectively.  
24 Monoester-P (54.6% of TP in extract) and diester- P (24.1%) were identified as OP species in  
25 primary sludge by Phosphorus-31 nuclear magnetic resonance (<sup>31</sup>PNMR). The present results  
26 would be helpful for P recovery and recycle from sewage sludge in wastewater treatment plant.

27 **Keywords:** Sewage sludge; P bio-availability; P species; SMT protocol

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### 29 1. Introduction

30 Phosphorus (P) is one of the essential mineral elements for all living organisms, which accounts  
31 for around 2 - 4% of the dry weight of most cells [1]. The extensive application of P fertilizers is one  
32 of the main reasons that the current crop production has been able to meet the food demand and  
33 security associated with an ever-expanding world population. It is estimated that approximately  
34 90% of the P derived from phosphate rock is used in agriculture as fertiliser [2]. However, on one  
35 hand, phosphate rock is a non-renewable resource which is estimated to be exhausted in 50 - 100  
36 years with a peak in its production occurring in 2030s if the growth of demand for fertilizers remains  
37 at 3% per year [3-5]. On the other hand, according to the statistics of the US Geological Survey, eight  
38 countries or areas including United States, Algeria, China, Jordan, Morocco and Western Sahara,  
39 Russia, South Africa and Syria control 93.9% of global phosphate rock reserves [6]. In order to secure  
40 domestic raw materials, some major producer countries have designated phosphorous as a strategic  
41 resource and restricted export of the P rock or in the form of processed and chemical products with  
42 added value in recent years [3]. With these trends, the price of P rock has been increasing in the  
43 international trade market. Therefore, P resource protection and P recycling is prerequisite for a

44 sustainable agriculture and society on a global scale, especially for the countries that lack of P  
45 resources.

46 Sewage sludge, a by-product of biological wastewater treatment process, is regards as a  
47 potential P reservoir due to its high production and P content [7]. Various P recovery technologies  
48 from sewage sludge have been developed, including incineration, alkaline/acid extraction, thermal  
49 treatment, phosphorous crystallization as HAp (hydroxylapatite) and MAP (magnesium  
50 ammonium phosphate) [3, 8, 9]. However, the costs of these projects are too high due to their  
51 complex processes for phosphorus recovery. Land application of sewage sludge as P fertilizer is now  
52 very attractive, because it not only solves the sludge disposal problem but also benefits to crop  
53 production [10]. In US and EU-15, land application of sludge now is the predominant choice for  
54 sludge management (41% in US and 53% in EU-15) [11, 12]. In China, about 45% and 3.5% of sludge  
55 is applied to agriculture and gardening, respectively. As well known, Japan is a P resource- poor  
56 country. While the percentage of treated sewage sludge for farmland and green areas has been stable  
57 at around 14% for many years in Japan, much lower than those in other countries. Thus land  
58 application of sewage sludge as P fertilizer has great development potential to alleviate P resource  
59 shortage to a certain extent in Japan.

60 Generally, P content in sewage sludge accounts for about 0.3-4.8% of total solid [13]. But it is  
61 well known that not all the forms of P exhibit similar mobility and bio-availability in the sludge,  
62 identification of the P fraction and species in the sludge is beneficial for both land application of  
63 sewage sludge as P fertilizer and understanding the characteristics and function of P in different  
64 sludge. Primary sludge, secondary sludge and digested sludge are the three main types of sludge  
65 produced from WWTP. Previous study mainly focus on investigate the bio-availability of P in  
66 secondary sludge and P species in secondary sludge and digested sludge. It was reported that  
67 75%-88.7% of TP in secondary sludge possesses high mobility and bio-availability [14]. Poly-P and  
68 ortho-P was the major P in enhanced P removal activated sludge and digested sludge, respectively  
69 [15-17]. However, to date, little detailed and comprehensively information could be found about the  
70 P fractions and species in primary sludge, secondary and digested sludge.

71 This study aimed to investigate the P bio-availability and species in primary sludge, secondary  
72 and digested sludge. The Standards, Measurements and Testing (SMT) protocol was applied to  
73 analyze the fractionation of P in sewage sludge and to evaluate the mobility and bio-availability of P  
74 in various sludge. Solution  $^{31}\text{P}$  nuclear magnetic resonance ( $^{31}\text{P}$  NMR) spectroscopy is employed to  
75 characterize the inorganic and organic phosphorus species in sewage sludge. It is expected that this  
76 work will be useful for P utilization and recovery from sewage sludge, especially when agriculture  
77 utilization of sludge is taken into consideration.

## 78 2. Materials and Methods

### 79 2.1. Sewage sludge sample

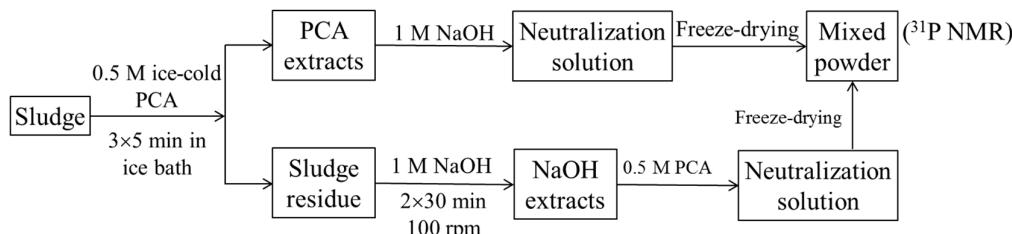
80 Sludge samples were collected from a WWTP treating domestic wastewater in Shimodate,  
81 Ibaraki Prefecture, Japan. The process flow diagram of the WWTP is shown in Figure S1 (See  
82 Supplementary Material). The sludge samples were collected from the primary tank, secondary  
83 sedimentation tank and digestion tank, respectively. The collected sludge was kept in a refrigerator  
84 at 4°C and analyzed within 2 days.

### 85 2.2. Phosphorus fractionation in sludge

86 In this study, the SMT programme extraction protocol was applied to analyze P fractions in all  
87 sludge samples (Figure S2), which has been widely used in soil, sediment and sewage sludge  
88 samples [18-20]. After sequential extraction based on the SMT method, P in sludge was fractionated  
89 into the following 5 categories: (1) concentrated HCl-extractable P, namely total P (TP), (2) organic P  
90 (OP), (3) inorganic P (IP), (4) non-apatite inorganic P (NAIP, the P fraction associated with oxides  
91 and hydroxides of Al, Fe and Mn), and (5) apatite P (AP, the P fraction associated with Ca). In order  
92 to avoid the transformation of P species in sludge during preparation, the samples centrifuged at

93 6000×g for 10 min at 4°C, and then the residue were frozen immediately at -80°C, lyophilized at -50°C  
 94 for 48 h and stored at -20°C until analysis. The P concentration in the supernatant collected after  
 95 extraction was determined with molybdenum blue method.

96 2.3. Extraction of P from sludge



97  
 98 **Figure 1.** Schematic diagrams for the fractionation and characterization of various forms of P in  
 99 sewage sludge.

100 PCA and NaOH extraction methods have been efficiently used for IP and OP extraction from  
 101 sludge, soil and sediment samples [21-24]. In this study, the PCA-NaOH extraction procedure was  
 102 applied to fractionate and characterize P in the sludge samples according to the schematic diagram  
 103 shown in Figure 1. Before extraction, a certain amount of sludge was washed twice with 100 mM  
 104 NaCl solution (4°C) with the supernatant being discharged. After extraction, neutralization was  
 105 conducted immediately to minimize P transformation. 2 ml of the resultant supernatant was taken  
 106 for TP, IP and OP analysis. The remaining extracts were freeze-dried at -50°C for 48 h, and the dried  
 107 PCA-NaOH extracts were uniformly mixed and them stored at -20°C till <sup>31</sup>P NMR analysis.

108 2.4. Chemical analysis

109 Mixed liquor (volatile) suspended solids (ML(V)SS), chemical oxygen demand (COD),  
 110 ammonia nitrogen (NH<sub>4</sub>-N), and phosphorus (PO<sub>4</sub>-P) were measured in accordance with the  
 111 standard methods [25]. Total concentration of phosphorus in the liquid was determined with  
 112 molybdenum blue method after digestion by potassium persulfate at 120°C. Metal ions in sludge  
 113 samples were quantified after the sludge samples being digested and filtered through 0.22 µm  
 114 cellulose nitrate membrane filters (Nalgene). 0.1 g of dried sludge was digested in a mixture of 3 ml  
 115 hydrochloric acid (37%, Wako), 1 ml nitric acid (70%, Wako), and 1 ml perchloric acid (60%, Wako)  
 116 on an electric heating plate for 10 min. The concentration of each metal was measured by inductively  
 117 coupled plasma mass spectrometry (ICP-MS, ELAN DRC-e, Perkin Elmer, USA).

118 2.5. <sup>31</sup>P NMR Analysis

119 To obtain the <sup>31</sup>P NMR spectrum, 200 mg of freeze-dried sludge extracts were re-dissolved in 0.8  
 120 ml of 1M NaOH and 0.2 ml D<sub>2</sub>O and then 0.2 ml of 100 mM EDTA solution was added. The dose of  
 121 EDTA and NaOH solutions was to minimize the interference of divalent/trivalent cations and to  
 122 adjust pH above 12.0, respectively, to ensure consistent chemical shifts and optimal spectral  
 123 resolution during the <sup>31</sup>P NMR measurement.

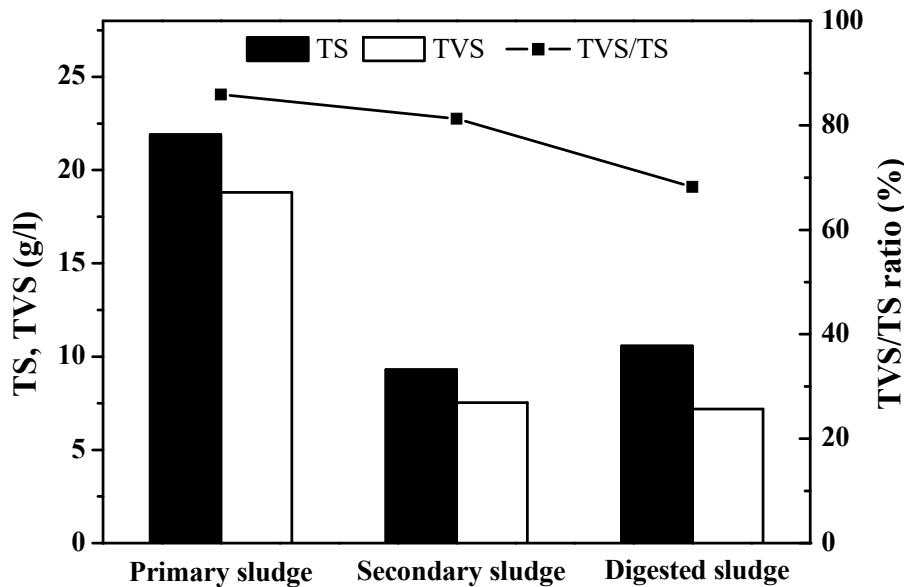
124 The <sup>31</sup>P NMR spectrum was obtained by using a Bruker Avance-600MHz NMR Spectrometer at  
 125 242.94 MHz, 90°C of pulse width, 25°C of regulated temperature, and acquisition time of 0.67 s  
 126 (with relaxation delay of 2s) were applied in the experiments. To obtain accurate phosphorus forms,  
 127 spectra were collected immediately after preparation and the process was finished within 2 h to  
 128 minimize transformation of phosphorus species. Chemical shifts of signals were determined  
 129 relatively to an external standard of 85% H<sub>3</sub>PO<sub>4</sub> via signal lock. The peaks were assigned to P species  
 130 according to the reports in literature with peak areas calculated by integration [26-29].

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132 3. Results

133 3.1. Characterization of sludge

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136 **Figure 2.** Changed in TS, TVS and TVS/TS ratio of the sludge sample.

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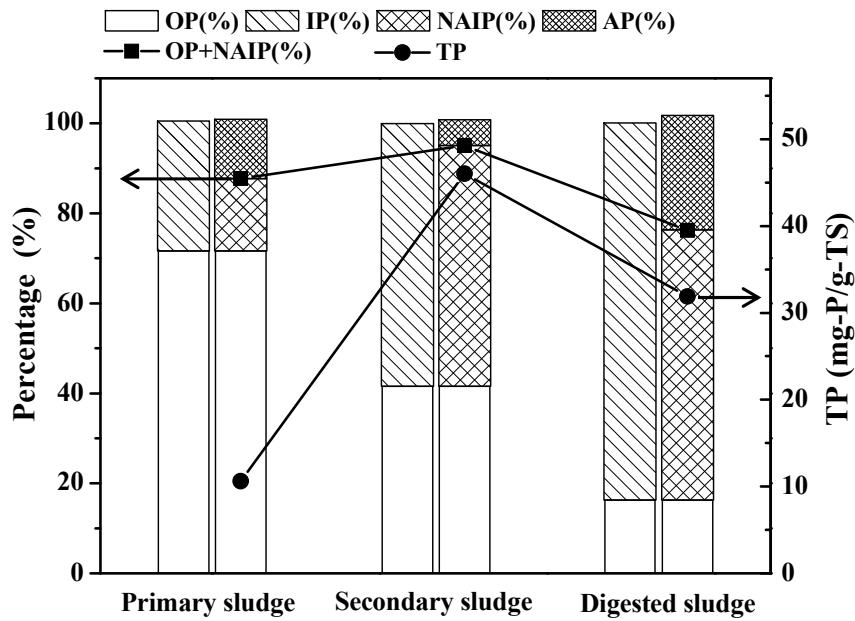
**Table 1.** Average metal content in sewage sludge (Unit: mg/g-TS).

Sample	Na	K	Mg	Ca	Fe
Primary sludge	1.6	2.3	1.4	1.7	0.6
Secondary sludge	4.3	12.4	9.6	7.2	6.4
Digested sludge	6.2	22.7	17.1	13.1	11.5

138

139 TS, TVS and TVS/TS ratio of sludge were shown in Figure 2. The concentration of TS in primary  
 140 sludge is about 21.9 g/L, which is approximately 2 times of that in secondary and digested sludge.  
 141 The TVS/TS ratio of primary sludge, secondary sludge and digested sludge were 85.9%, 81.2% and  
 142 68.1%, respectively. In anaerobic digestion stage, biodegradable organic substances can be converted  
 143 to biogas, leaving most inorganic and recalcitrant materials in the digested sludge. This can be  
 144 explained the lower TVS/TS ratio of digested sludge than those of primary sludge and secondary  
 145 sludge. Mineral element analysis showed that K, Mg, Fe and Ca were the major ions in all sludge  
 146 samples (Table 1). In addition, the concentration of mineral elements in digested sludge was much  
 higher than that in primary sludge and secondary sludge, proved previously explanation.

147 3.2. P fractionation in sludge by SMT protocol



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**Figure 3.** TP concentrations and percentage of each P fraction to TP in the sludges by using the SMT extraction protocol. TS, total solids; TP, total phosphorus; OP, organic phosphorus; IP, inorganic phosphorus; NAIP, non-apatite inorganic phosphorus; AP, apatite phosphorus.

152

**Table 2.** Average contents of each P fraction in sludge by using the SMT extraction protocol.

Sludge	TP (mg-P/g-TS)	OP (mg-P/g-TS)	IP (mg-P/g-TS)	NAIP (mg-P/g-TS)	AP (mg-P/g-TS)	OP+NAIP (mg-P/g-TS)	Bio-availability (%)
Primary sludge	10.6±3.2	7.6±2.4	3.1±1.6	1.7±0.8	1.4±0.6	9.3	87.7
Secondary sludge	46.1±5.6	19.1±3.5	26.9±2.8	24.6±3.1	2.6±1.1	43.7	94.8
Digested sludge	31.9±5.1	5.2±2.9	26.7±3.4	19.1±2.3	8.2±2.7	24.3	76.2

153 TS, total solids; TP, total P; OP, organic P; IP, inorganic P; NAIP, non-apatite P; AP, apatite P; Bio-availability, the  
 154 percentage of OP+NAIP to TP.

155 Table 2 summarized the P fractions of primary sludge, secondary sludge and digested sludge,  
 156 respectively. The TP concentration in secondary sludge was about 46.1 mg/g-TS, which was around  
 157 4.3 times of that in primary sludge. This result may be brought about by the secondary sludge,  
 158 which accumulated high concentration of P and responsible for P removal from wastewater. While  
 159 the primary sludge directly settled from wastewater is mainly suspended solid contaminants.  
 160 Compared to secondary sludge, lower concentration of TP in digested sludge was also detected,  
 161 most probably due to parts of P in the secondary sludge was released to the effluent in digestion  
 162 tank (Table S1). OP content in secondary sludge was about 19.1 mg/g-TS, much higher than that in  
 163 primary sludge (7.6 mg/g-TS) and digested sludge (5.2 mg/g-TS). While the percentage of OP to TP  
 164 was 71.7% in primary sludge, which was higher than that in secondary sludge (41.4% of TP) and  
 165 digested sludge (16.3% of TP), indicating OP is the dominant P in primary sludge (Figure 3). It was  
 166 reported that OP can be released from sediments and utilized by algae [30]. Moreover, OP in soil can  
 167 be hydrolyzed by phosphatase and then used by the rhizosphere of plants [31, 32]. Thus high  
 168 content of OP in sludge may play an important role in P recycle when land application of sludge as P  
 169 fertilizer is taken into consideration.

170 On the other hand, IP was the major P fraction in secondary sludge and digested sludge, in  
 171 which IP accounted for 58.4% and 77.5% of TP, respectively. Only about 3.1 mg/g IP (about 28.8% of  
 172 TP) was detected in primary sludge (Table 2, Figure 3). NAIP was the dominant IP in primary  
 173 sludge, secondary sludge and digested sludge, accounting for 55.8%, 91.6% and 69.3% of IP,  
 174 respectively. In addition, NAIP was about 16.0%, 53.4% and 59.9% of TP in primary sludge,  
 175 secondary sludge and digested sludge, respectively. Compared with OP and NAIP, AP content was  
 176 relatively low, about 13.2% of TP in primary sludge and 5.6% of TP in secondary sludge. However, a  
 177 high content and percentage of AP was founded in digested sludge (8.2 mg/g-TS and 25.7% of TP),  
 178 most probably due to the formation of Ca-P precipitates in the digestion tank resulting from the  
 179 saturation status of co-existing calcium phosphate.

180 OP and NAIP were considered to be releasable and bio-available P. In this study, the  
 181 concentration of NAIP+OP were 9.3, 43.7 and 24.3 mg/g-TS, accounting for about 87.7%, 94.8% and  
 182 76.2% of TP in primary sludge, secondary sludge and digested sludge, respectively. It was obviously  
 183 that secondary sludge not only has the highest NAIP+OP content but also has the highest percentage  
 184 of NAIP+OP among the three sludge samples. Although digested sludge has the lowest percentage  
 185 of NAIP+OP, its NAIP+OP contents are much higher than those in primary sludge. Thus digested  
 186 sludge should be reused in preference to primary sludge when utilization of sewage as P fertilizer is  
 187 taken into consideration. These indicated the content of bio-available P was a more intuitive and  
 188 better parameter than TP concentration and proportion of bio-available P to assess the  
 189 bio-availability of P in sewage sludge.

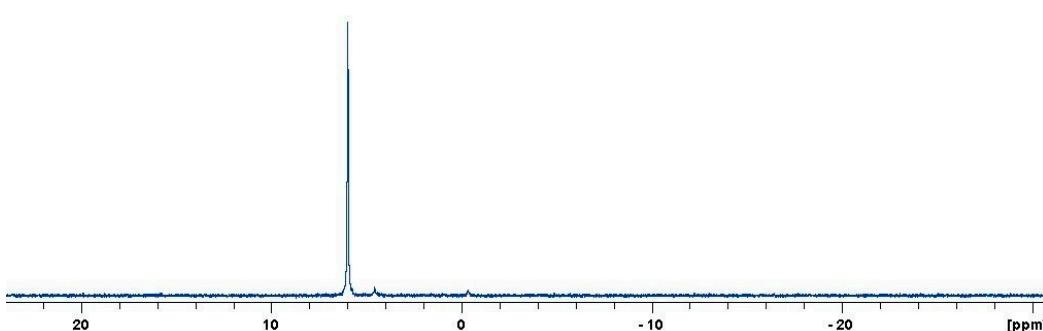
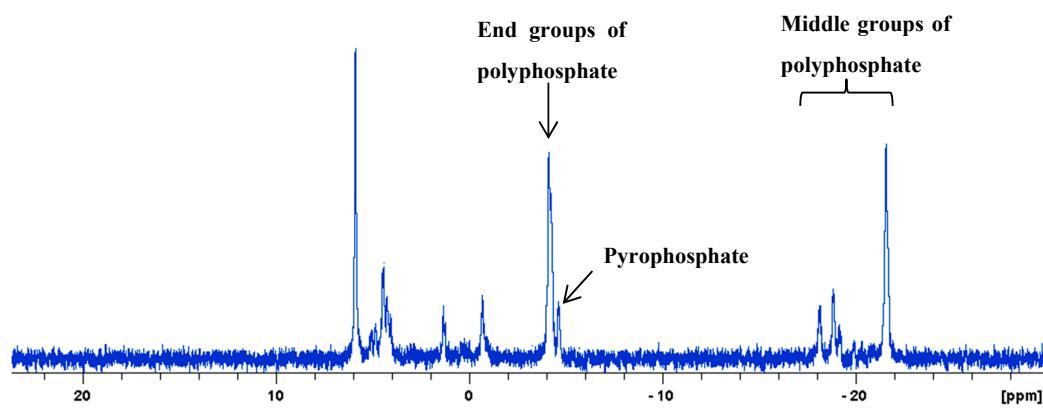
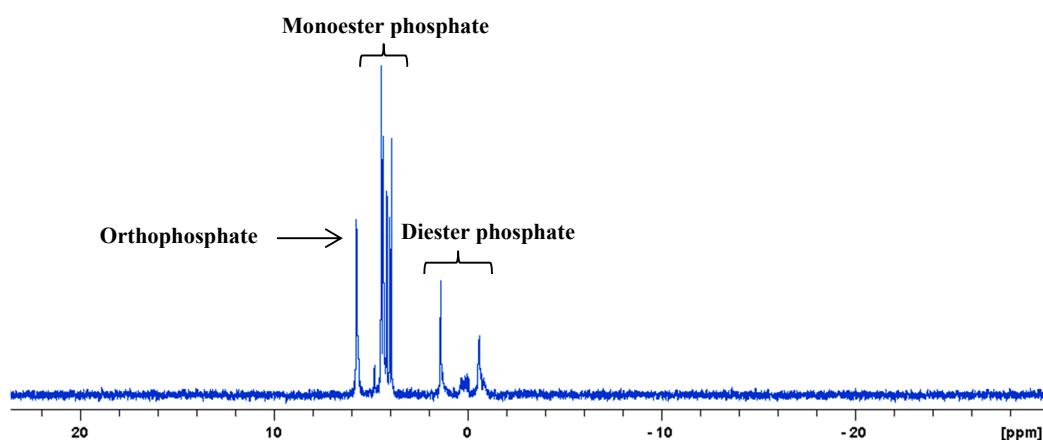
190 *3.3. Identification of P species in sludge by  $^{31}\text{P}$  NMR analysis*

191 **Table 3.** Contents of different P fractions extracted by PCA + NaOH method and their relative  
 192 proportions (%TP) identified by  $^{31}\text{P}$  NMR in the sludge samples.

Sample	TPExtract (mg-P/g-TS)	IP			OP	
		Ortho-P (%)	Pyro-P (%)	Poly-P (%)	Monoester-P (%)	Diester-P (%)
Primary sludge	9.7 $\pm$ 2.8	21.3 $\pm$ 3.1	-	-	54.6 $\pm$ 5.7	24.1 $\pm$ 4.2
Secondary sludge	43.4 $\pm$ 4.7	17.6 $\pm$ 6.5	2.4 $\pm$ 1.2	54.2 $\pm$ 5.7	16.1 $\pm$ 4.9	9.7 $\pm$ 2.2
Digested sludge	29.8 $\pm$ 4.1	89.2 $\pm$ 5.8	-	-	6.6 $\pm$ 3.3	4.3 $\pm$ 3.6

194 Quantification of various P fractions by integrating the peak areas in NMR spectra has been  
195 widely used to estimate the relative proportions of P fractions. All NMR-spectra show peaks in the  
196 areas for ortho-P, monoester-P, diester-P, pyro-P, poly-P (Figure 4). Table 3 summarizes the  
197 contents of these compounds and their relative proportions (% TP) in primary sludge, secondary  
198 sludge and digested sludge extracts identified by  $^{31}\text{P}$  NMR. The average TP contents in the PCA +  
199 NaOH extracts from primary sludge, secondary sludge and digested sludge were 9.7, 43.4 and 29.8  
200 mg-P/g-TS with average extraction rate of approximately 91.5-94.1% of TP, respectively, indicating  
201 the high efficiency of PCA + NaOH procedure for P extraction from sludge samples.

202



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(c)

208  
209 Figure 4. Typical  $^{31}\text{P}$  NMR spectra of PCA+NaOH extracts from (a) primary sludge, (b) secondary sludge and  
210 (c) digested sludge.

211 In primary sludge extracts, ortho-P, monoester-P and diester-P were identified as the major P  
212 species, accounting for approximately 21.3, 54.6 and 24.1% of TP, respectively. Obviously, the  
213 monoester-P and diester-P were the dominant OP species in primary sludge extracts. Generally,  
214 monoester-P and diester-P are regarded as potential bio-available P due to that they can be  
215 hydrolyzed and utilized by plants and algal in certain conditions. In the secondary sludge, poly-P  
216 was the major form of P species, comprising 54.2% of the extractable TP from sludge (Table 3). The  
217 high content of poly-P in secondary sludge signals the high amount and bioactivity of PAOs in  
218 activated sludge in the aeration tank during sampling period. Specifically, pyro-P was only  
219 identified in the secondary sludge, around 2.4% of extractable TP. The presence of pyro-P could  
220 reflect microbial activity in sludge due to it was directly related to adenosine triphosphate (ATP)  
221 hydrolysis in cells. Ortho-P, a main nutrient for living organisms, was about 89.2% of TP in the  
222 digested sludge and much higher than that in the primary sludge and the secondary sludge. These  
223 results indicated that most of poly-P, pyro-P, monoester-P and diester-P in primary sludge and  
224 secondary sludge were converted to ortho-P or reused by anaerobic bacteria during digestion  
225 process.

226 *3.4. Implication of this study*

227 The TP content in primary sludge, secondary sludge and digested sludge was about 10.6, 46.1  
228 and 31.9 mg/g-TS, respectively. Obviously, secondary sludge has the highest concentration of P,  
229 followed by digested sludge and primary sludge. In primary sludge, OP was the dominant P  
230 fractions and accounting for about 71.7% of TP. IP was the major P fraction in secondary sludge and  
231 digested sludge, in which IP accounted for 58.4% and 77.5% of TP, respectively. Monoester-P,  
232 poly-P and ortho-P, accounting for 54.6%, 54.3% and 89.2% of TP, were the dominant P species in  
233 the primary sludge, secondary sludge and digested sludge, respectively. The concentration of  
234 NAIP+OP were 9.3, 43.7 and 24.3 mg/g-TS, accounting for about 87.7%, 94.8% and 76.2% of TP in  
235 primary sludge, secondary sludge and digested sludge, respectively, indicating the high mobile and  
236 bio-available P stored in those sludge samples.

237 Some studies have been conducted to investigate the P in sewage sludge, but most have only  
238 focused on the concentration of TP and ignoring the bio-available P in sludge. The content of  
239 bio-available P may provide a more intuitive and convenient parameter to evaluate the P in sewage  
240 sludge. The results of the present study indicated that secondary sludge not only contains the  
241 highest concentration and proportion of TP among different sludge samples, but also has the  
242 highest content of potential mobile and bio-available P. In this study, secondary sludge was the  
243 optimal choice for land application of sewage sludge as P fertilizer source. Although the proportion  
244 of bio-available P in primary sludge was slightly higher than that in digested sludge, digested  
245 sludge is more suitable for land application as it contains much more bio-available P content. This  
246 study proved that land application of sewage sludge as P fertilizer should be in the order secondary  
247 sludge>digested sludge>primary sludge.

248 **4. Conclusions**

249 In this study, the P species and bio-availability in primary sludge, secondary sludge and  
250 digested sludge were identified and evaluated. The following results can be obtained:

251 (1) IP was the primary P fraction in the secondary sludge and digested sludge, in which NAIP  
252 amounted to 91.6% and 69.3% of TP, respectively. OP content (about 7.6 mg/g-TS) was the dominant  
253 P in the primary sludge.

254 (2) Two OP fractions (monoester-P and diester-P) and three IP compounds (ortho-P, poly-P and  
255 pyro-P) were identified P species in the secondary sludge. Poly-P was the dominant P species in the  
256 secondary sludge, comprising approximately 54.3% of TP. Monoester-P and ortho-P, accounting for  
257 54.6% and 89.2% of TP, were the major P species in the primary sludge and digested sludge,  
258 respectively.

259 (3) The content of bio-available P is a good parameter to evaluate the bio-availability of P in  
260 sewage sludge. About 9.3, 43.7 and 24.3 mg/g-TS bio-available P were stored in primary sludge and  
261 digested sludge, respectively.

262 These results revealed that P species and bio-availability were different in primary sludge,  
263 secondary sludge and digested sludge, which is much meaningful for P removal and recovery from  
264 wastewater and sludge in WWTPs.

265 **Author Contributions:** S.Z. was in charge of contributing the analysis method, analyzing the data, and writing  
266 the paper. W.H. and D.L. were in charge of the supervision of this research and helping in revising. All authors have read  
267 and approved the final manuscript.

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