

1 Article

2 Anticancer Activity of Selective and Non-Selective Beta 3 Adrenoreceptor Blockers against Non-Small Cell Lung 4 Cancer Cell Lines

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9 **Abstract:** Beta adrenoblockers is a large class of drugs mainly used to manage abnormal heart
10 rhythms. Over the last couples of decades, the anticancer effects of these compounds has been
11 extensively studied. There is much evidence about their activity in non-small cell lung, pancreatic,
12 breast, colorectal, prostate and ovarian cancer. However, the mechanism of beta blockers anticancer
13 activity is still not known, and more detailed studies are needed.

14 The aim of our study was to evaluate the anticancer activity of beta adrenoblockers in non-small cell
15 lung cancer cell lines A549 and H1299. In order to find the relationship with their selectivity to beta
16 adrenoreceptors, in our study we used selective (atenolol, betaxolol, esmolol, metoprolol) and non-
17 selective (pindolol, propranolol and timolol) beta blockers. The effect on cell viability was evaluated
18 by MTT assay and the activity on cell ability to form colonies was tested by clonogenic assay. The
19 type of cell death was evaluated by cell double staining with Hoechst 33342 and Propidium iodide.

20 The most active adrenoblockers against both tested cancer cell lines were propranolol and betaxolol.
21 They completely inhibited lung cancer cell colony formation at 90% of EC₅₀ (half maximal effective
22 concentration) value. Most tested compounds induced cell death through apoptosis and necrosis. In
23 A549 cell lines apoptosis was mainly induced while in H1299 cell line compounds induced both
24 apoptosis and necrosis. There was no correlation established between beta adrenoblocker anticancer
25 activity and their selectivity to beta adrenoreceptors.

26 **Keywords:** beta adrenoblocker, anticancer, non-small cell lung cancer, clonogenic, apoptosis,
27 necrosis

29 1. Introduction

30 Lung cancer is the most common type of cancer and a leading cause of death worldwide,
31 accounting for an estimated 9.6 million deaths [1]. Despite progress in diagnostics and treatment,
32 lung cancer therapy remains problematic. Resistance to drugs is the main reason decreasing
33 effectiveness of therapy [2] and 5-year survival rate is less than 18% [3].

34 Catecholamines norepinephrine and epinephrine, also called noradrenaline and adrenaline, are
35 neurotransmitters simultaneously released from sympathetic nervous system and adrenal gland as a
36 response to physiological and psychological stress, otherwise called flight-of-fight response. They
37 regulate the activity of organs and cells, related to stimulation of sympathetic nerve system.
38 According to scientists, elevated concentration of catecholamines promotes growth of lung
39 adenocarcinoma micro metastasis [1, 7]. Conversely, beta adrenergic receptor antagonists (beta

40 adrenoblockers) by binding to the beta adrenoreceptors stop binding of norepinephrine and
41 epinephrine at these receptors, thereby decreasing their stimulation and risk of the growth of cancer.

42 Beta adrenoblockers is a large class of drugs mainly used to manage abnormal heart rhythms.
43 Over the last couples of decades the anticancer effects of these compounds has been extensively
44 studied. The first evidence about beta adrenoreceptor involvement in lung cancer development
45 occurred in 1989 [4]. According to recent studies, beta blockers also possess anticancer activity in
46 pancreatic, breast, colorectal, prostate and ovarian cancer [2,3,5]. The researchers concluded that
47 stimulation of beta adrenoreceptors by catecholamines leads to increase of extracellular concentration
48 of cyclic adenosine monophosphate, which promotes proliferation of cancer cells [6]. Catecholamines
49 are also involved in immune system functioning. These neuromediators promote resistance of cancer
50 cells and tumor formation and growth by decreasing the amount and activity of lymphocytes and
51 natural killer cells [7]. In animal models, antagonistic effect of non-selective beta adrenoreceptors
52 blockers on beta-2 adrenoreceptors reactivated functioning of lymphocytes but did not improve
53 survival outcomes [8]. However, beta adrenoblocker in combination with COX-2 inhibitors improved
54 survival rates of mice [9]. It was proven that through the activation of beta adrenoreceptors COX-2
55 becomes active and therefore cancer cell growth and invasion is promoted through arachidonic acid
56 pathway [12, 13].

57 In preclinical studies, beta blockers have been shown to reduce the proliferation, migration,
58 invasiveness, angiogenesis of cancer cells and tumor immune response [8,12,13]. The exact antitumor
59 mechanism of action of this class of drugs remains unclear and it is therefore important to carry out
60 more detailed studies in cancer cell lines.

61 According to the results of clinical trials, beta adrenoblockers increase the survival rate of
62 patients suffering from breast, prostate, ovarian, colorectal, skin and lung cancer. In recent years, new
63 evidence has shown that overall survival of patients, who received beta adrenoblockers combined
64 with radiotherapy, increased by 22% comparing to the control group [14]. Despite the evidence of
65 positive effect of beta adrenoblockers on patients' survival some data shows that intake of beta
66 adrenoblockers and other medicines, affecting metabolism of catecholamines, is associated with
67 increased risk of development of cancer and higher mortality [16, 17].

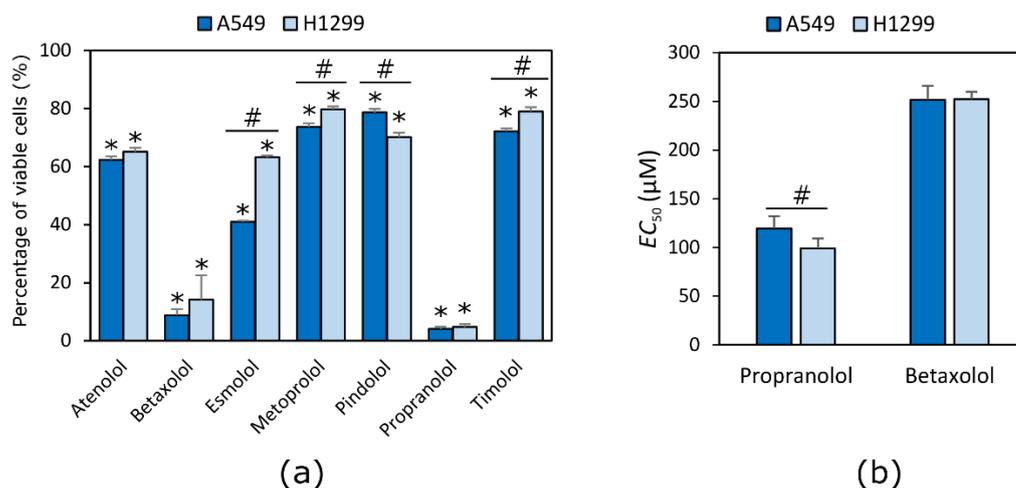
68 Although anticancer activity of beta adrenoblockers has been observed for almost two decades,
69 there are not enough studies done to clarify their activity in non-small cell lung cancer (NSCLC) cell
70 lines. Considering the problem and prevalence of lung cancer treatment, we decided to investigate
71 the anticancer activity of beta adrenoblockers in NSCLC lines A549 and H1299. In this work, their
72 effect on cell viability, clonogenicity and the type of cell death was investigated. Also, for studies we
73 used bot selective and non-selective beta blockers to explore possible relationship between their
74 anticancer activity and selectivity to beta adrenoreceptors.

75 **2. Results**

76 **Beta adrenoblockers reduce the viability of NSCLC cells**

77 All tested compounds reduced NSCLC cell viability at the highest used concentration of 500 μ M
78 (Figure 1a). Propranolol and betaxolol were the most active compounds in both cell lines. Propranolol
79 showed a stronger effect on viability of H1299 cell line, while betaxolol acted in the same way in both
80 cell lines ($p < 0.05$) (Figure 1b).

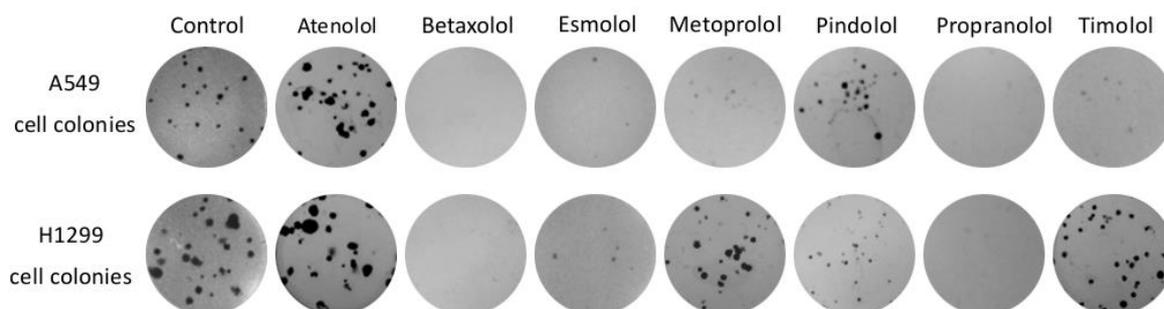
81 Propranolol possessed the highest antiproliferative activity (EC_{50} values were $119.3 \pm 12.7 \mu\text{M}$
 82 and $98.8 \pm 10.3 \mu\text{M}$ in A549 and H1299 cell lines, respectively). Betaxolol activity was about twice
 83 lower compared to propranolol (EC_{50} values were $251.3 \pm 14.6 \mu\text{M}$ and $252.2 \pm 7.6 \mu\text{M}$ in A549 and
 84 H1299 cell lines, respectively).



85 (a) (b)
 86 **Figure 1.** Effect of beta adrenergic blockers on NCLSC cell viability. (a) effect of all tested compounds $500 \mu\text{M}$
 87 concentration on A549 and H1299 cell viability; (b) EC_{50} values of propranolol and betaxolol. * $p < 0.05$, compared
 88 to control; # $p < 0.05$, compared activity between cancer cell lines.

90 Beta adrenergic blockers inhibit growth of cell colonies in concentration-dependent way

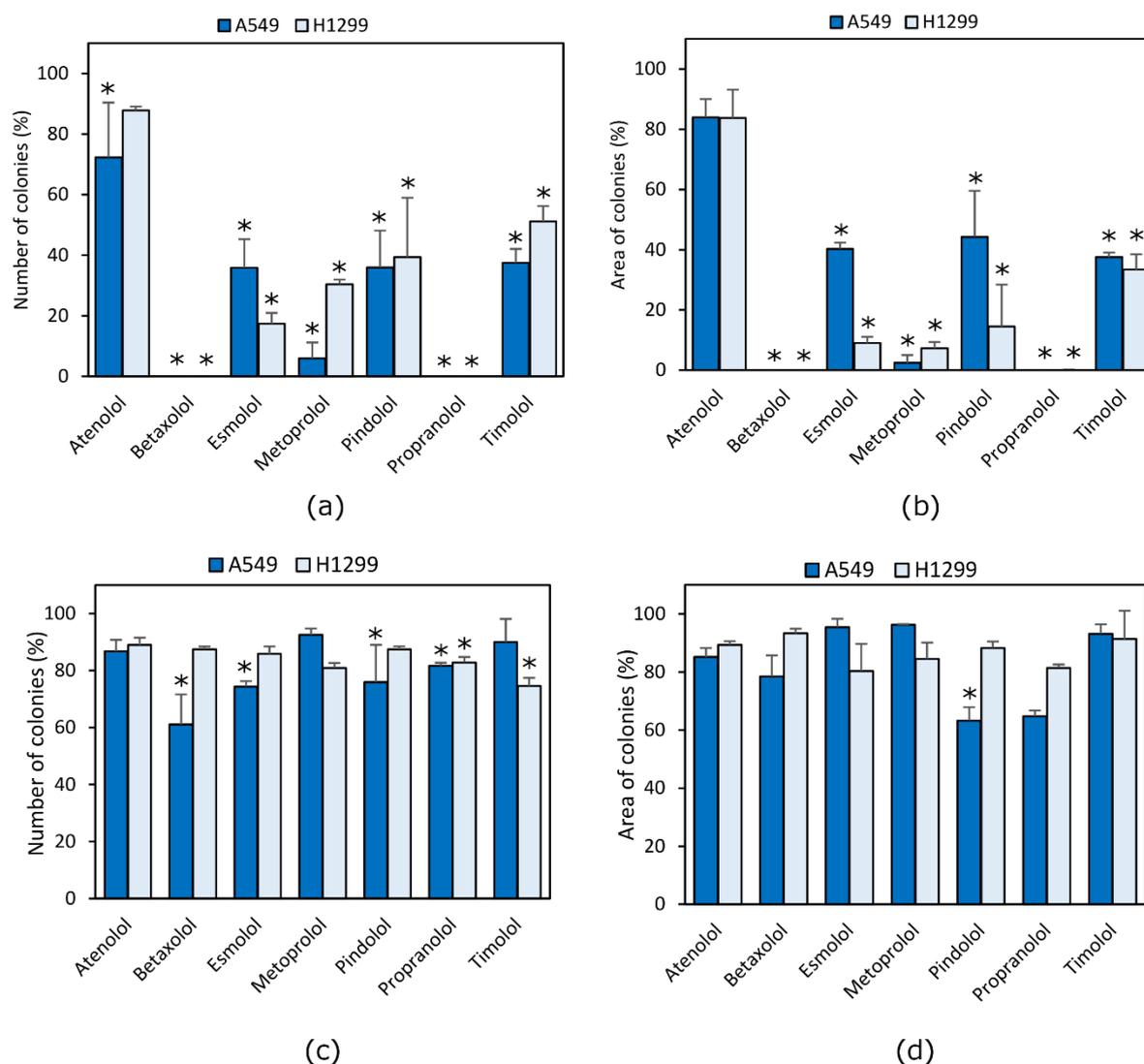
91 Tested beta adrenergic blockers showed different effect on NCLSC cell colony formation (Figure 2).
 92 Propranolol and betaxolol at a concentration of 90% of EC_{50} value completely suppressed colony
 93 formation ability in both cell lines ($p < 0.05$) (Figure 3a and 3b). All compounds except for atenolol at
 94 the higher concentration inhibited growth of cells colonies.



96
 97 **Figure 2.** A549 and H1299 cell colonies after incubation with 90% of EC_{50} concentrations of beta adrenergic blockers.

98
 99 Slightly weaker than propranolol and betaxolol, the number and area of A549 cell colonies was
 100 reduced by metoprolol at the higher used concentration in this study. Non-selective beta blockers
 101 timolol and pindolol and selective beta blocker esmolol were found to possess lower activity
 102 compared to propranolol and betaxolol, but the similar one between them. The lowest A549 cell
 103 colony formation ability was established for selective beta blocker atenolol.

104 Similar trends have been identified in the study of the effect of beta blockers on H1299 cell line. All
 105 compounds except atenolol had a statistically significant reduction in the number of colonies and
 106 area occupied by these cells ($p < 0.05$). The most active were esmolol and metoprolol ($p < 0.05$).



107

108 **Figure 3.** Effect of beta adrenoblockers on NCLSC cell colony formation ability. Comparison of compound effect
 109 of 90% of their EC₅₀ value on (a) cell colony number and (b) area of colonies; and compound effect of 10% of EC₅₀
 110 value on (c) cell colony number and (d) area of colonies. * $p < 0.05$, compared to control.

111

112 Only betaxolol at a concentration of 10% of EC₅₀ value inhibited growth of A549 cells colonies,
 113 while pindolol and propranolol also decreased a size of colonies, comparing to the control group (p
 114 < 0.05) (Figure 3c and 3d). None of the compounds at lower concentration had effect on growth and
 115 size of H1299 cells colonies ($p > 0.05$).

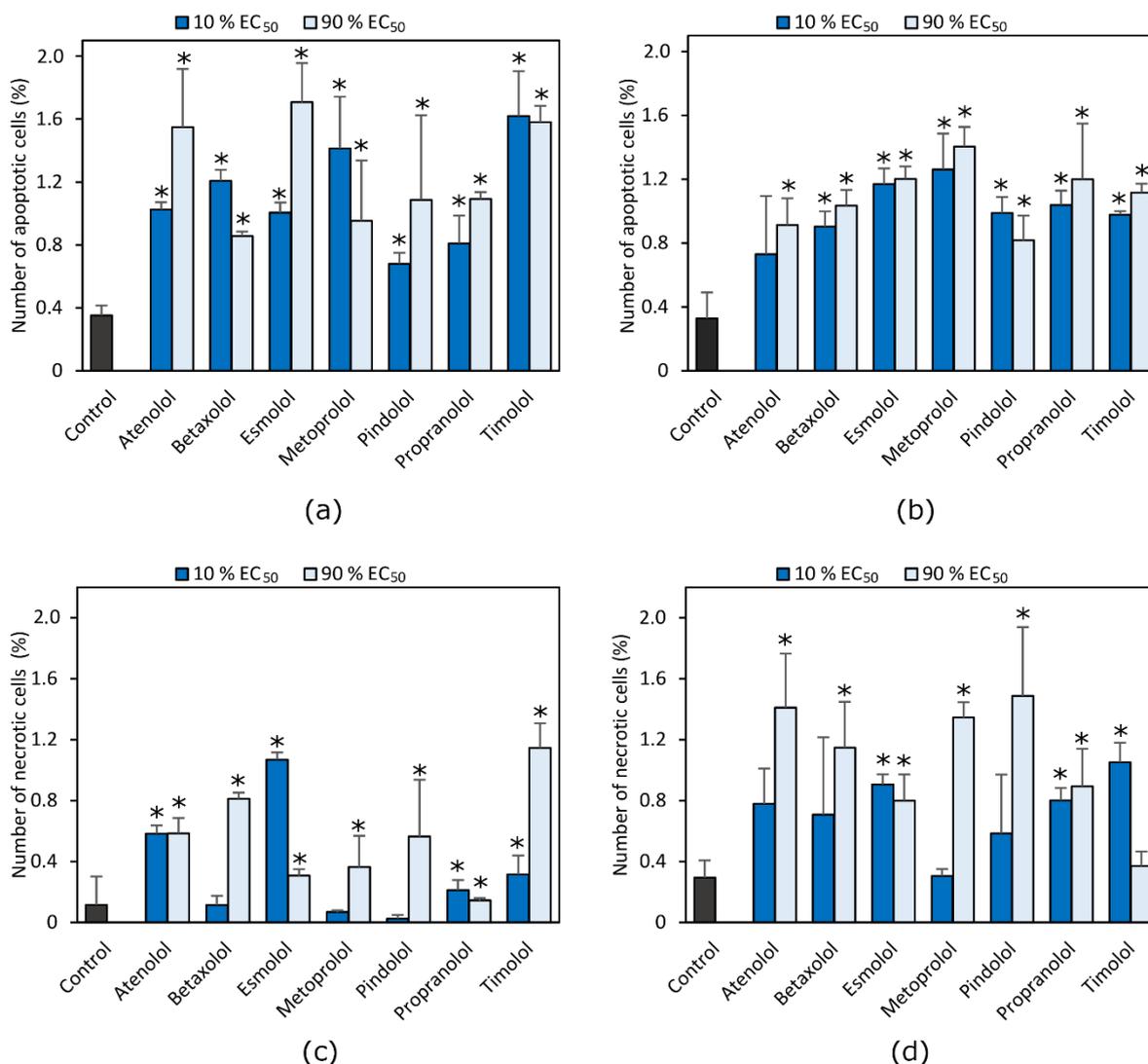
116

117 **Beta adrenoblockers mainly cause apoptosis**

118 Most tested compounds induced cell death through apoptosis and necrosis. In A549 cell lines
 119 apoptosis was mainly induced while in H1299 cell line compounds induced both apoptosis and
 120 necrosis (Figure 4).

121 All the tested compounds induced apoptosis in A549 cell line even at concentration of 10% of
 122 calculated EC₅₀ value ($p < 0.05$). No statistically significant difference was found between apoptotic

123 effect of beta adrenoblockers at concentration of 10 and 90% of calculated EC₅₀ value on A549 cells
 124 (p > 0.05). Only atenolol at both concentrations and betaxolol at lower concentration did not induce
 125 apoptosis in H1299 cell line (p > 0.05).
 126



127

128 **Figure 4. Effect of beta adrenoblockers on NCLSC cell death type. Number of apoptotic cells in (a) A549; (b)**
 129 **H1299 cancer cell lines; and number of necrotic cells in (c) A549 and (d) H1299 cell lines. * p < 0.05, compared to**
 130 **the control**

131

132 No statistically significant difference was found between beta adrenoblockers effect on cell
 133 apoptosis in both cell lines.

134 Beta adrenoblockers mainly induced necrosis in H1299, but not in A549 cell line. All of the tested
 135 compounds with the exception of timolol induced necrosis in H1299 cell line (p < 0.05). Metoprolol,
 136 pindolol and propranolol almost did not cause necrosis of A549 cells and at lower concentrations did
 137 not have effect on H1299 cells (p > 0.05).

138 3. Discussion

139 Effect of beta adrenoblockers on cell viability is common subject of different scientific studies.
 140 Propranolol after 72 h of incubation inhibited cell viability of lung cancer A375 and melanoma P8 cell
 141 lines at concentrations 77.30 and 60.30 μ M, respectively [17]. Similar results were obtained in

142 myeloma U266 cell line [18]. Difference between calculated EC_{50} values can be explained by the fact
143 that expression of receptors varies between different types of cell lines. In general, it is thought that
144 non-selective beta adrenoblockers possess stronger effect on cell viability than beta-1 selective
145 compounds [19]. Atenolol was from 7 to 50 times less active than propranolol in breast MCF-7,
146 colorectal HT-29 and hepatocellular HepG2 cell lines. Similar results were achieved in this study.
147 Atenolol was 6 times less active than propranolol. The amount of living cells after exposure to
148 atenolol was 62.26 % in H1299 and 65.12 % in A549 cell line, comparing to 4.13% and 4.73%,
149 comparing to a propranolol. Propranolol is non-selective beta adrenoblocker whilst atenolol is
150 selective. Moreover, propranolol possesses membrane stabilizing activity. However, this tendency
151 was not noticed in examining activity of the rest five substances used in the experiment. One of the
152 most active compounds – betaxolol – is selective and propranolol is non-selective beta adrenoblocker.

153 We found that antiproliferative activity of beta adrenoblockers is not correlating with their
154 selectivity to the receptors and might be dependent on the compound lipophilicity and membrane
155 stabilizing activity. Beta-2 adrenoreceptors in lung adenocarcinoma are responsible for lymphatic
156 permeation and vascular invasion [20]. However, beta-2 adrenoreceptor expression in lung
157 adenocarcinoma is not associated with worse survival outcomes in patients. In this study, only one
158 of the non-selective beta adrenoblockers, propranolol, inhibited cell viability at concentration less
159 than 500 μ M. Betaxolol and propranolol possess the same selectivity to beta-1 adrenoreceptors.
160 However non-selective pindolol with the strongest beta-1 antagonistic activity of all the tested
161 compounds was the least active compound in A549 cell line, but one of the most active compounds
162 in H1299 cell line. Selective adrenoblockers esmolol and atenolol also were one of the most active
163 compounds in H1299 cells, what might be a proof that expression of adrenoreceptors varies in cell
164 lines themselves and selectivity of compounds is not the most important feature in order to predict
165 anticancer activity of a substance. Zhang and the group suggested that activated k-ras gene mutation
166 in cell lines might be responsible for the lower activity of beta-2 adrenoreceptor blockers [21]. This
167 explains why propranolol was more active in H1299 cell line ($p < 0.05$), while betaxolol activity was
168 the same in both cell lines ($p > 0.05$).

169 Effect of beta adrenoblockers on colony formation is not a common subject of scientific
170 researches. Min and the group discovered that propranolol and atenolol at 10 μ M concentrations
171 suppress the growth and ability of A549 and H0CC-15 cells, treated by NNK, to form colonies [22].
172 In this study, 12 μ M concentration propranolol reduced the size of A549 cell colonies, but atenolol
173 even at 450 μ M concentration did not have a statistically significant effect on colony growth. The
174 deviation from expected results can be explained by the difference between cell lines and also
175 methods of cultivation used in research. There is also evidence that propranolol in combination with
176 radiotherapy and sumatinib reduces clonogenicity of stomach cancer and melanoma [17, 23].

177 Zhang and the group concluded that 100 μ M concentration metoprolol does not cause apoptosis
178 in pancreatic cell lines [21]. In this study metoprolol even at 50 μ M concentration induced apoptosis
179 in A549 and H1299 cell lines. The results of experiments may differ due to variation of expression of
180 beta adrenoreceptors in cell lines and mechanism of action of drugs through metabolic pathways.

181 In another study propranolol at 50 μ M concentration did not cause apoptosis of gastric
182 adenocarcinoma BGC-823 and SGC-7901 cell lines, but in combination with radiotherapy after 48 h
183 incubation it induced apoptosis, clonogenic survivability and cell viability [23]. In our experiment

184 propranolol induced apoptosis at 12 μ M concentration, however, cells were incubated with solutions
185 of compounds 72 h. Ability of beta adrenoblockers to cause apoptosis may be time-dependent.

186 In order to evaluate impact of beta adrenergic receptors on type of cell death, the effect of beta-
187 2 selective adrenoblocker butoxamine, non-selective propranolol and beta-1 selective metoprolol
188 were used to induce apoptosis in PC-2 pancreatic cancer cell line [24]. The apoptosis rate was the
189 lowest after treatment with metoprolol, the highest – after treatment with butoxamine. According to
190 the results of this study, it can be stated that apoptotic effect of beta adrenoblockers is mainly
191 dependent on selectivity to beta-2 adrenoreceptors. It is worth noting that Zhang and others used
192 only single compounds that possess specific selectivity to a certain type of receptors. In our study,
193 lung cancer cell lines were treated with several different compounds possessing different selectivity
194 towards beta adrenoreceptors, but no statistically significant differences between their effect were
195 noticed. However, both NSCLC cell lines, A549 and H1299, possess K-Ras gene mutation that is
196 thought to be responsible for lower sensitivity to non-selective beta adrenoblockers [21]. Moreover,
197 different concentrations of compounds were used. It may be presumed that selectivity of beta
198 adrenoblockers is important for anticancer activity in some specific cell lines, but not all of them in
199 general.

200 4. Materials and Methods

201 4.1. Chemicals and materials

202 Atenolol (99% pure), betaxolol (96% pure), esmolol (98% pure), timolol (99% pure) and pindolol
203 (99% pure) were purchased from Abcam (Cambridge, UK), metoprolol (98% pure) from Alfa Aesar
204 (Massachusetts, USA) and propranolol (99% pure) from Acros Organic (New Jersey, USA). All tested
205 compounds were dissolved in dimethylsulfoxide (DMSO, $\geq 99\%$, Ph. Eur.) which was obtained from
206 Sigma-Aldrich Co. (St. Louis, MO, USA).

207 TrypLE Express, Dulbecco's modified Eagle high glucose medium (DMEM GlutaMAX), fetal
208 bovine serum (FBS), penicillin/streptomycin solution (10,000 IU/mL), phosphate buffered saline (PBS,
209 pH 7.4) were purchased from (Gibco, Carlsbad, CA, USA). Aqueous 16% paraformaldehyde solution
210 (PFA), Hoechst 33342 (1 mg/mL) solution and Propidium iodide (1 mg/mL) solution were obtained
211 from Thermo Fisher Scientific, UK.

212 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT, $\geq 97\%$) and crystal violet
213 ($\geq 90\%$) were purchased from Sigma-Aldrich Co (St. Louis, MO, USA). Ethanol (96.6%) was obtained
214 from Stumbras, LLC (Kaunas, Lithuania).

215 All cell culture plastic ware was purchased from Thermo Fisher Scientific, Corning and Techno
216 Plastic Products.

217

218 4.2. Cell culture

219 Human NSCLC cell lines A549 and H1299 were obtained from prof. Esteller Manel (The
220 Bellvitge Biomedical Research Institute (IDIBELL), Barcelona, Spain). Both cell lines were cultured in
221 Dulbecco's Modified Eagle's Medium GlutaMAX, supplemented with 10% FBS and 1% antibiotics.
222 Cells were incubated at 37°C temperature in a humidified atmosphere containing 5% CO₂. All cell
223 cultures routinely were grown to 70% confluence and trypsinized with 0.125% TrypLE™ Express
224 solution before passage. They were used until passage 20.

225

226 4.3. Cell viability assay

227 Cell viability was evaluated by MTT assay. A549 and H1299 cells were seeded in a 96-well plate
228 at a concentration 5,000 cells/well and incubated overnight. After 24 h, cells were affected by different
229 concentrations of beta adrenoblockers. Medium without cells served as a positive control, and the
230 cells treated with medium containing 0.5% DMSO was used as a negative control.

231 After 72 h, 20 μ L of MTT 0.5 mg/mL solution was added into each well of a 96-well plate and
232 cells were incubated at 37°C for 3 hours. Then supernatant was removed and formed formazan
233 crystals were dissolved in 100 μ L of DMSO. The absorbance was measured at 570 nm and 630 nm
234 reference wavelengths using a multi-detection microplate reader. Experiments were repeated three
235 times independently and the results were presented as means \pm SD.

236 Applying Hill fit to compound dose – cell metabolic activity (absorbance) curves, the half
237 maximal effective concentration (EC_{50}) values, reducing cell viability by 50%, were calculated.

238

239 4.4. Cell colony formation assay

240 1000 of A549 and H1299 cells in a volume of 1 ml were seeded in 12-well and then were treated
241 with 100 μ L of 10 or 90% of EC_{50} values of adrenoblockers. Medium containing 0.5% of DMSO served
242 as a negative control. H1299 cells were incubated for 8 days, and A549 for 12 days at 37°C in an
243 atmosphere containing 5% CO₂. Then the colonies were rinsed twice with PBS and fixed with 4%
244 paraformaldehyde solution in PBS for 15 min. Colonies were stained with 0.1% aqueous crystal violet
245 solution for 15 min and washed twice with sterile deionized water. Pictures were taken using G:BOX
246 gel documentation system (Syngene International Ltd, Bengaluru, India) and analysed using Genesys
247 software (Syngene International Ltd). The number and percentage area of colonies were calculated.

248

249 4.5. Evaluation of type of cell death

250 Lung cancer cells were seeded in 24-well plates at a concentration 15,000 cells/well and incubated
251 for 24 h at 37°C in an atmosphere containing 5% CO₂. Then 10 or 90% of EC_{50} values of adrenoblockers
252 were added to the wells. After 72 h 3 μ L of aqueous solution of Hoechst 33342 (1 mg/mL) and 1 μ L
253 of aqueous solution of Propidium iodide (1 mg/mL) were added to each well. After 10 min, images
254 of cells were taken by inverted fluorescent microscope (Olympus IX73). Apoptotic and necrotic cells
255 were counted, and the percentage number of cells was calculated.

256

257 4.6. Statistical analysis

258 Statistical analysis was performed using *Microsoft Office Excel 2007* software (Microsoft
259 Corporation, Redmond, WA, USA), evaluating an average and standard deviation of, at least, 3
260 measurements. Student's t-test was used, and p-values were calculated. A value of $p < 0.05$ was
261 considered as the level of significance.

262 5. Conclusions

263 Our results show that both selective and non-selective beta adrenoblockers, especially betaxolol
264 and propranolol, reduce the viability of NSCLC cell lines H1299 and A549. Betablockers inhibit
265 formation of cell colonies and induce apoptosis and necrosis. Anticancer activity of tested beta
266 adrenoblockers is not related to the selectivity to beta adrenoreceptors.

267

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275

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- 346 **Sample Availability:** Compounds tested in this research are commercially available.