

1 Article

2 Protective Effects of *Oenothera Biennis* Against 3 Hydrogen Peroxide-Induced Oxidative Stress and 4 Cell Death in Skin Keratinocytes

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20 **Abstract:** Background: *Oenothera biennis* (evening primrose) produces bioactive substances with a
21 diverse range of pharmacological functions. However, it is currently unknown whether extract
22 prepared from the aerial parts of *O. biennis* (APOB) can protect the skin against oxidative stress. To
23 investigate the protective effects of APOB against oxidative stress-induced damage in human skin
24 keratinocytes (HaCaT) and elucidate the underlying mechanisms. Methods: We pretreated HaCaT
25 cells with various concentrations of APOB or the antioxidant N-acetyl-L-cysteine before applying
26 H₂O₂. We then compared the cell viability, intracellular reactive oxygen species (ROS) production,
27 and DNA and mitochondrial damage between pretreated and untreated control cells using a range
28 of assays, flow cytometry, and Western blot analysis and also examined the reducing power and
29 DPPH free radical-scavenging activity of APOB. Results: APOB pretreatment significantly increased
30 cell viability, effectively attenuated H₂O₂-induced comet tail formation, and inhibited H₂O₂-induced
31 phosphorylation of the histone γ H2AX, as well as the number of apoptotic bodies and Annexin V-
32 positive cells. APOB was found to have a high reducing power and DPPH radical-scavenging
33 activity and also exhibited scavenging activity against intracellular ROS accumulation and restored
34 the loss of mitochondrial membrane potential caused by H₂O₂. APOB pretreatment almost totally
35 reversed the enhanced cleavage of caspase-3, the degradation of poly (ADP-ribose)-polymerase
36 (PARP), DNA fragmentation that usually occurs in the presence of H₂O₂ and increased the levels of
37 heme oxygenase-1 (HO-1), a potent antioxidant enzyme that is associated with the induction of
38 nuclear factor-erythroid 2-related factor 2 (Nrf2). Conclusions: APOB can protect HaCaT cells from
39 H₂O₂-induced DNA damage and cell death by blocking cellular damage related to oxidative stress
40 via a mechanism that affects ROS elimination and by activating the Nrf2/HO-1 signaling pathway.

41 **Keywords:** *Oenothera biennis*; Evening primrose; Oxidative stress; Cell death; Nrf2/HO-1

43 1. Introduction

44 Living organisms produce reactive oxygen species (ROS) as byproducts of the normal cellular
45 metabolism of oxygen [1]. These substances are required for normal physiological processes, acting
46 as cellular messengers in redox signaling. However, the uncontrolled release of ROS can induce

47 oxidative DNA damage. Human skin is a barrier to the external environment, making keratinocytes
48 highly susceptible to oxidative injury that may cause ROS production. The resulting DNA damage
49 contributes to the initiation of cellular apoptosis, eventually leading to disruption of the epithelial
50 structure of the skin and resulting in the pathogenesis of a number of human skin disorders [2,3]. The
51 development of safer and more effective antioxidants for skin protection remains an important
52 research goal. Our bodies possess several defense mechanisms to maintain ROS at low physiological
53 levels and counteract this oxidative stress; the Nrf2/HO-1 signaling pathway is an important
54 mediator of cellular injury in response to oxidative stress [4]. Ergothioneine is known to exhibit
55 dermato-protective effects against ultraviolet A injury by inducing Nrf2/ARE-mediated antioxidant
56 genes in human keratinocytes [5], and Nrf2 silencing significantly reduces the expression of many
57 antioxidant enzymes, including HO-1, and sensitizes immortalized non-tumorigenic human skin
58 keratinocytes (HaCaT) to acute cytotoxicity [6].

59 Herbs were once primarily used as traditional medicines to treat various kinds of diseases but
60 are now used in pharmacology, cosmetics, perfumery, nutraceuticals, beverages, and dying
61 industries. The biennial herbaceous plant *Oenothera biennis* L. (evening primrose), is widely
62 distributed throughout eastern and central North America and Asia [7], has several beneficial effects
63 on human health [8,9], and its seeds and their extracts have recently been found to have antioxidant
64 and free radical-scavenging activities [10]. However, the chemical composition and bioactivities of
65 extracts prepared from the aerial parts of *O. biennis* (APOB) and the molecular mechanisms involved
66 remain unclear.

67 We investigated the protective effects of APOB extract against H₂O₂-induced ROS generation,
68 oxidative damage, and cell death in HaCaT keratinocytes.

69 2. Materials and Methods

70 2.1. Preparation of APOB Extract

71 Aerial parts of *O. biennis* were air-dried at room temperature and ground to powder using a
72 mechanical grinder. Approximately 100 g of the powder was then added to 2 L ethanol and stirred
73 continuously at 100 rpm for 24 h at room temperature. The resulting extract was filtered and the
74 solvent was removed by rotary vacuum evaporation (N-1000S; EYELA, Tokyo, Japan). The extract
75 was then dissolved in dimethyl sulfoxide (DMSO; Sigma-Aldrich Chemical Co., St. Louis, MO, USA)
76 to obtain a 100 mg/mL stock solution and stored at 4°C. This solution was diluted to the desired
77 concentration with physiological saline prior to use.

78 2.2. Chromatographic Analysis of APOB

79 APOB sample was dissolved in 10 mg/mL methanol; its phytochemical composition was
80 analyzed using high-performance liquid chromatography (HPLC) with an Agilent 1200 series HPLC
81 instrument (Agilent Technologies, San Jose, CA, USA) and an Agilent ZORBAX Extend-C18 column
82 (250 × 4.6 mm). The column was operated in gradient mode with a mixture of 0.1% formic acid in
83 water (A) and acetonitrile (B) as solvents (eluent B: 5%–100% in 55 min), a flow rate of 1 ml/min, and
84 an injection volume of 20 µL. The chromatograms were recorded at 320 nm, and each peak was in
85 the UV/visible spectrum (200–400 nm).

86 2.3. Liquid Chromatography-Tandem Mass Spectroscopy (LC-MS/MS) Analysis of APOB

87 An APOB sample was dissolved in 0.1 mg/ml methanol (100 ppm) and analyzed by LC-MS/MS
88 using an AB Sciex QTrap® 4500 system (Sciex, USA) coupled to an ultra-performance liquid
89 chromatography system (Shimadzu, Japan) with photodiode array and mass detectors. A Luna
90 Omega Polar C18 column (2.1 × 150 mm; 1.6 µm; Phenomenex, Torrance, CA, USA) was used as the
91 stationary phase, and 0.1% formic acid in water (A) and 0.1% formic acid in acetonitrile (B) were used
92 as the mobile phase (gradient mode; eluent B: 5%–95% in 16 min), with a flow rate of 0.3 mL/min and
93 an injection volume of 2 µL. Components were identified at 320 nm. MS with an electrospray
94 ionization (ESI) source in negative mode was used with the following optimized parameters: curtain

95 gas, 35 °C; temperature, 500 °C for gas source 1 and 40 °C for gas source 2; ion spray voltage, 4.5 kV
96 for negative ion mode; delisting potential, 135 V; scan range, m/z 200–800.

97 2.4. Isolation of Peak 4

98 A dried APOB sample (600 g) was extracted with ethanol at room temperature and filtered. The
99 filtrate was evaporated under reduced pressure to give the extract (80 g), which was suspended in
100 water (500 ml) and successively partitioned with n-hexane, CHCl₃, ethyl acetate (EtOAc), and n-
101 butanol, yielding 10, 5, 7, and 25 g, respectively. The EtOAc layer (2.0 g) was separated on an RP-C18
102 silica gel column with 30–100% methyl alcohol (MeOH) to yield nine fractions (E1–E9). Fraction E6
103 (100 mg) was chromatographed using a Sephadex LH-20 column (80% MeOH) and an RP-C18
104 preparative HPLC column (50% MeOH) to yield peak 4 (2 mg). The structure of peak 4 was identified
105 by comparing the proton nuclear magnetic resonance (1H-NMR) and MS spectral data with literature
106 [11].

107 2.5. Cell Culture and Cell Viability Assay

108 The HaCaT cell line was obtained from the American Type Culture Collection (Manassas, MD,
109 USA) and cultured in Roswell Park Memorial Institute (RPMI) 1640 medium (Gibco BRL, Grand
110 Island, NY, USA) containing 10% heat-inactivated fetal bovine serum (Gibco BRL), streptomycin (100
111 µg/ml), and penicillin (100 units/ml). Cells were maintained at 37 °C and 5% CO₂ in an incubator.

112 For the cell viability assay, HaCaT cells were seeded in 6-well plates at 3 × 10⁵ cells/ml and
113 cultured for 24 h before being treated with various concentrations of APOB (0–100 µg/mL) or the
114 antioxidant N-acetyl-L-cysteine (NAC; 10 mM) for 24 h in the presence or absence of H₂O₂. The cells
115 were then incubated with 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide (MTT)
116 solution (0.5 mg/mL) and incubated for 3 h at 37 °C in the dark; the medium was removed and
117 formazan precipitate was dissolved in DMSO. The absorbance of the formazan product was
118 measured at 540 nm using a Cytation-3 microplate reader (BioTek, Shoreline, WA, USA).

119 2.6. Reducing Power and Scavenging Activity of APOB

120 The reducing power of APOB was determined using the method described [12]. APOB extracts
121 (0–100 µg/mL) were dissolved in phosphate buffer (0.1 M, pH 6.6) and added to 1% potassium
122 ferricyanide (50 mL, 0.5 g). Each mixture was incubated at 50 °C for 30 min; 10% trichloroacetic acid
123 (50 mL, 5 g) was added. The supernatant (100 µL) was mixed with distilled water (100 µL) and 0.1%
124 ferric chloride (10 mL, 0.01 g), and the absorbance was measured at 700 nm with a Cytation-3
125 microplate reader. The result was converted to 100 µg/mL of ascorbic acid equivalent based on the
126 standard curve for ascorbic acid.

127 The 2,2-diphenyl-1-picrylhydrazyl (DPPH) radical-scavenging activity was determined using
128 the method described [13]. A 100 µL aliquot of the diluted APOB extracts (0–100 µg/mL) was added
129 to a methanolic solution (100 µL) of DPPH radical (final concentration, 0.2 mM). The mixture was
130 shaken vigorously and left to stand at room temperature for 30 min in the dark. The absorbance of
131 the resulting solution was then measured spectrophotometrically at 517 nm. The tests were run in
132 duplicate, and all samples were analyzed in triplicate and averaged.

133 2.7. Intracellular ROS Production

134 An oxidation-sensitive dye 2',7'-dichlorodihydrofluorescein diacetate (DCF-DA; Molecular
135 Probes, Eugene, OR, USA) was used to determine the formation of intracellular ROS. Briefly, the cells
136 were harvested, washed twice with phosphate-buffered saline (PBS), and resuspended in 10 µM
137 DCF-DA at 37 °C for 30 min in the dark. The cells were then washed with PBS and their FL-1
138 fluorescence was measured with a flow cytometer (FACS Calibur; Becton Dickinson, San Jose, CA,
139 USA).

140 2.8. Comet Assay

141 Treated cells were washed with PBS, mixed with 0.5% low melting agarose (LMA) at 37 °C, and
142 mounted on slides pre-coated with 1% normal melting agarose. After solidification of the agarose,
143 the slides were covered with another layer of 0.5% LMA and immersed in lysis buffer [2.5 M NaCl,
144 500 mM Na-ethylenediaminetetraacetic acid (EDTA; Sigma-Aldrich Chemical Co.), 1 M Tris buffer,
145 1% sodium lauryl sarcosine, and 1% Triton X-100] for 1 h at 4 °C. The slides were then transferred
146 into an unwinding buffer for 20 min for DNA unwinding and placed in an electrophoresis tank
147 containing 300 mM NaOH and 1 mM Na-EDTA (pH 13). An electrical field was applied (300 mA, 25
148 V) for 20 min at 25 °C to draw the negatively charged DNA toward the anode. The slides were washed
149 three times in a neutralizing buffer (0.4 M Tris, pH 7.5) for 5 min at 25 °C, stained with 20 µg/mL
150 propidium iodide (PI; Sigma-Aldrich Chemical Co.), and examined under a fluorescence microscope
151 (Carl Zeiss, Oberkochen, Germany).

152 2.9. Protein Extraction and Western Blot Analysis

153 The HaCaT cells were gently lysed with lysis buffer [20 mM sucrose, 1 mM EDTA, 20 µM Tris-
154 Cl (pH 7.2), 1 mM dithiothreitol (DTT), 10 mM KCl, 1.5 mM MgCl₂, 5 µg/ml aprotinin] for 30 min.
155 The supernatants were collected and the protein concentrations were quantified using a Bio-Rad
156 Protein Assay Kit (Bio-Rad Laboratories, Hercules, CA, USA). For Western blot analysis, equal
157 amounts of proteins were subjected to electrophoresis on sodium dodecyl sulfate-polyacrylamide
158 gels and then electro-transferred to a polyvinylidene fluoride membrane (Schleicher & Schuell,
159 Keene, NH, USA). The resulting blots were probed with the desired antibodies, incubated with the
160 diluted enzyme-linked secondary antibodies, and visualized by enhanced chemiluminescence,
161 following the recommended procedure (Amersham Corp., Arlington Heights, IL, USA).

162 2.10. Mitochondrial Membrane Potential (MMP) Assay

163 The MMP of intact cells was measured by DNA flow cytometry with the ratiometric, dual-
164 emission fluorescent dye JC-1, which is internalized and concentrated by respiring mitochondria. JC-
165 1 remains a monomer at low MMPs (FL-1, green fluorescence; 527 nm) and forms aggregates at high
166 MMPs (FL-2, red fluorescence; 590 nm) according to the recommended procedure (Calbiochem). The
167 treated cells were trypsinized, and the cell pellets were resuspended in PBS and incubated with 10
168 µM JC-1 for 20 min at 37 °C; they were washed once with cold PBS, suspended, and analyzed using
169 flow cytometry.

170 2.11. Cell Death

171 A fluorescein-conjugated Annexin V (Annexin V-FITC) staining assay kit (BD Biosciences, San
172 Jose, CA, USA) was used to quantitatively assess the level of induced cell apoptosis. Briefly, the
173 treated cells were washed with PBS, stained with 5 µL Annexin V-FITC and 5 µL PI, and incubated for
174 15 min at room temperature in the dark. The degree of apoptosis was then quantified as the
175 percentage of Annexin V-positive and PI-negative (Annexin V⁺/PI⁻) cells using a flow cytometer.

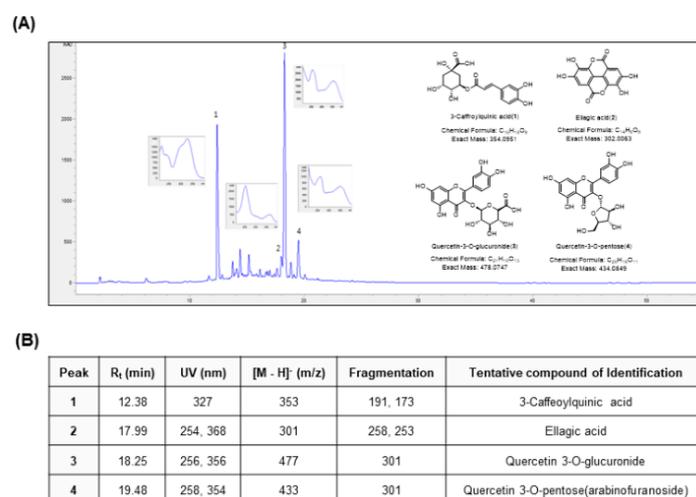
176 2.12. Statistical Analysis

177 All experiments were replicated in three independent experiments. All data were expressed as
178 the mean ± SD and analyzed using the GraphPad Prism software (version 5.03; GraphPad Software,
179 Inc., La Jolla, CA, USA). ANOVA with Bonferroni multiple comparison test was used to confirm
180 significant differences among the group means. A value of $p < 0.05$ was considered to represent a
181 statistically significant difference.

182 3. Results

183 3.1. Chemical Characterization of APOB

184 We used HPLC and LC-MS/MS with ESI to characterize the APOB extract. Four major peaks
 185 were identified in the HPLC profile of the APOB extract (Figure 1). Peaks 1, 2, and 3 were tentatively
 186 identified as 3-caffeoylquinic acid, ellagic acid, and quercetin 3-O-glucuronide, respectively, by
 187 comparing the UV spectra, mass data, and fragmentation patterns with published values [14]. The
 188 ESI-MS spectrum of peak 4 exhibited an $[M-H]^-$ ion at m/z 433 and a fragment at m/z 301 due to the
 189 loss of a pentoside unit. The 1H -NMR spectrum of peak 4 showed signals that were characteristic of
 190 quercetin (δ 7.75, br s; δ 7.60, br d, $J = 8.3$ Hz; δ 6.90, d, $J = 8.3$ Hz; δ 6.42, br s; and δ 6.22, br s) and a
 191 pentoside unit (δ 5.50, br s; δ 4.35, br d, $J = 1.2$ Hz; and δ 3.95–3.50, m); peak 4 was tentatively identified
 192 as quercetin 3-O-pentoside (arabinofuranoside) based on published values [11].
 193



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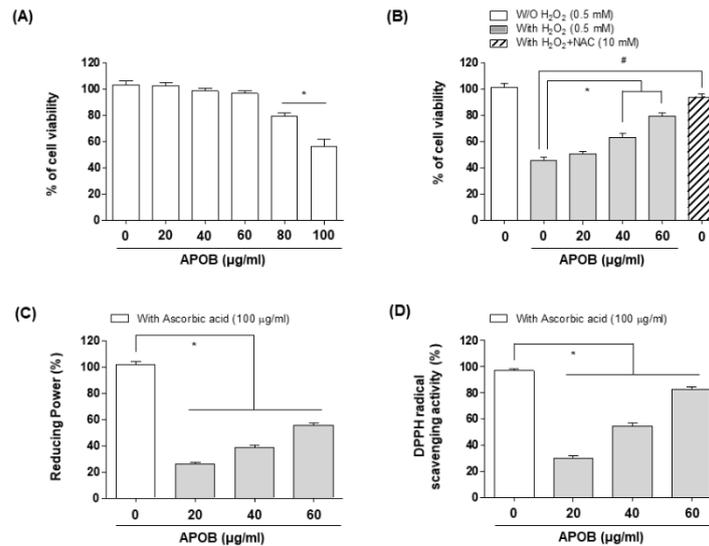
195 **Figure 1.** Fingerprint analysis of APOB. (A) HPLC analysis of the four reference compounds and
 196 APOB. (B) LC-MS/MS analysis of the major compounds in APOB ethanol extract.

197 3.2. Effects of APOB on H_2O_2 -Induced Cytotoxicity

198 The MTT assay indicated that APOB extract did not induce any cytotoxic effects at
 199 concentrations up to 60 μ g/mL but gradually reduced cell viability at concentrations of 80 μ g/mL or
 200 more (Figure 2A). We used ≤ 60 μ g/mL APOB to examine its protective effects against H_2O_2 -induced
 201 cytotoxicity. MTT assays revealed that treatment with 0.5 mM H_2O_2 significantly reduced cell
 202 viability. APOB pretreatment effectively protected cells from this effect in a concentration-dependent
 203 manner, as did NAC pretreatment (Figure 2B).

204 3.3. Reducing Power and DPPH Radical-Scavenging Activity of APOB

205 The presence of antioxidants causes the Fe^{3+} /ferric cyanide complex to be reduced to the ferrous
 206 form, the concentration of which can be monitored by measuring the formation of Perl's Prussian
 207 blue at 700 nm. We assessed the ability of APOB to reduce Fe^{3+} to Fe^{2+} using the method [15], using
 208 ascorbic acid as a positive control. APOB exhibited a dose-dependent reducing power across the
 209 measured concentrations (0, 20, 40, and 60 μ g/mL), with 60 μ g/mL APOB having the highest reducing
 210 power (Figure 2C). We also investigated the DPPH radical-scavenging assay is a quick, reliable, and
 211 reproducible method for determining the *in vitro* antioxidant activity of pure compounds and plant
 212 extracts [18] and has been used widely in model systems to investigate the scavenging activities of
 213 natural compounds. The antioxidant activity of APOB increased with increasing concentrations
 214 (Figure 2D).
 215

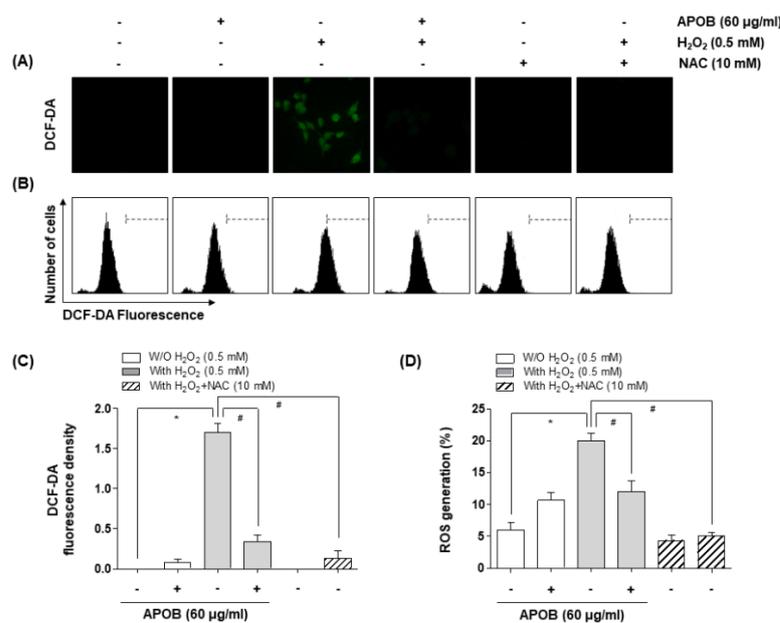


216

217 **Figure 2.** Protective effects of APOB against H₂O₂-induced cytotoxicity and its antioxidant activity
 218 in HaCaT cells. (A and B) MTT assays of cell viability in cells treated with APOB alone (A) or
 219 pretreated with or without APOB or NAC and then induced with H₂O₂ (B). (C) Reducing power and
 220 (D) DPPH scavenging activity of APOB. Data are expressed as the means ± SD of three independent
 221 experiments (ANOVA: * p < 0.05 vs. control group).

222 3.4. Effect of APOB on H₂O₂-Induced ROS Generation

223 We used the ROS-sensitive fluorescent dye DCF-DA to investigate whether APOB prevents
 224 H₂O₂-induced ROS generation. HaCaT cells that had been exposed to H₂O₂ for 30 min showed a
 225 significant increase in the accumulation of intracellular ROS, whereas this induction was
 226 substantially inhibited by APOB or NAC pretreatment (Figure 3). APOB treatment alone did not
 227 increase ROS generation.
 228

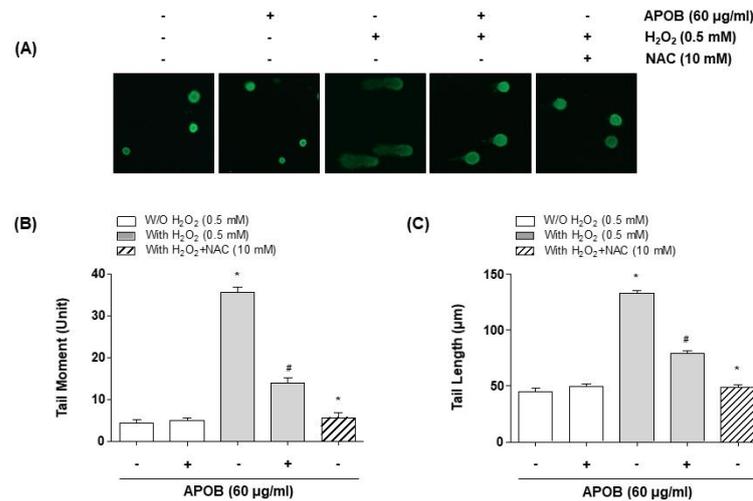


229

230 **Figure 3.** Effects of APOB on H₂O₂-induced ROS generation in HaCaT cells. ROS generation was
 231 measured by (A and C) fluorescence microscopy and (B and D) flow cytometry. Each point represents
 232 the mean ± SD of three independent experiments (ANOVA: *p < 0.05 vs. untreated control; #p < 0.05
 233 vs. H₂O₂-treated cells).

234 3.5. Effect of APOB on H₂O₂-Induced DNA Damage

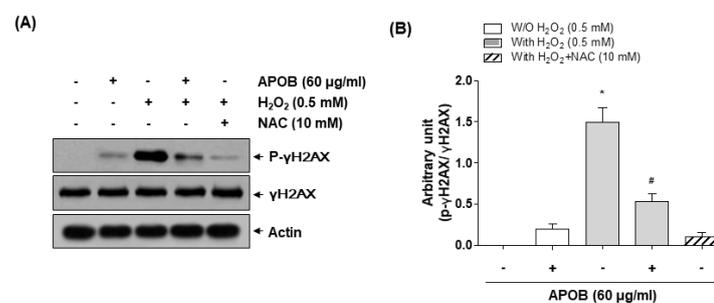
235 The comet assay, measuring both single and double-strand breaks [16], showed that H₂O₂
 236 treatment increased the amount of DNA in the tail (tail moment) and the distance of DNA migration
 237 (tail length); APOB pretreatment significantly reduced both effects (Figure 4). Immunoblotting
 238 revealed that H₂O₂ exposure increased histone γ H2AX phosphorylation on serine 139, a marker of
 239 DNA double-strand breaks [17]; APOB pretreatment effectively inhibited this adverse effect (Figure
 240 5).
 241



242

243 **Figure 4.** Effects of APOB on H₂O₂-induced DNA damage in HaCaT cells (comet assay). (A)
 244 Representative pictures of the comets taken using a fluorescence microscope (original magnification,
 245 200 \times). (B and C) The average tail moments and tail lengths of at least 100 cells per experimental point
 246 (ANOVA: * $p < 0.05$ vs. untreated control group; # $p < 0.05$ vs. H₂O₂-treated group).

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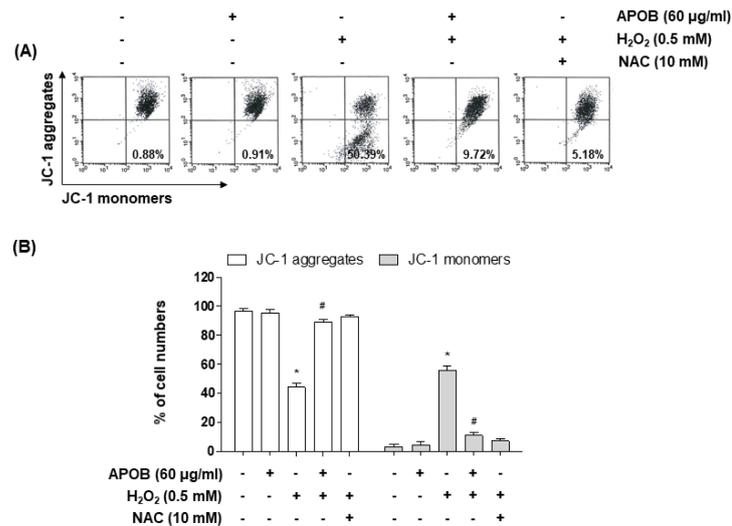


248

249 **Figure 5.** Effects of APOB on H₂O₂-induced phosphorylation of γ H2AX in HaCaT cells. (A) Western
 250 blot analysis of the cell contents using specific antibodies against γ H2AX and p- γ H2AX and actin as
 251 an internal control. (B) Relative expression of p- γ H2AX compared with γ H2AX (ANOVA: * $p < 0.05$
 252 vs. untreated control group; # $p < 0.05$ vs. H₂O₂-treated group).

253 3.6. Effect of APOB on H₂O₂-Induced Mitochondrial Dysfunction

254 Because mitochondrial dysfunction due to ROS attack is thought to contribute to cell death [18],
 255 we assessed depolarization of the mitochondrial membrane and opening of the mitochondrial
 256 permeability transition pore (mPTP) (sensitive indicators of mitochondrial function). H₂O₂-treated
 257 cells exhibited mitochondrial depolarization and an mPTP opening, as indicated by an increase in
 258 FL-1 (JC-1 monomers) compared with control and APOB-treated cells (Figure 6).
 259

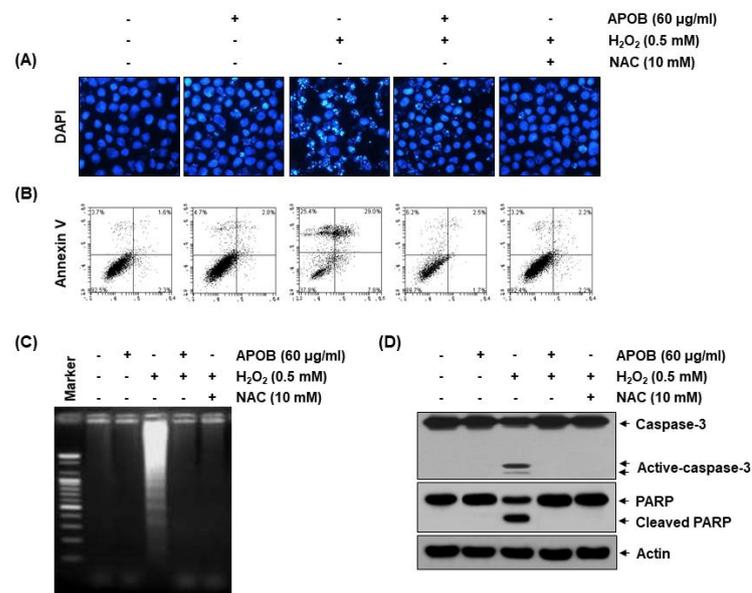


260

261 **Figure 6.** Effect of APOB on H₂O₂-induced mitochondrial dysfunction in HaCaT cells. (A) Flow
 262 cytometry analysis of MMP. (B) Amounts of JC-1 aggregates and monomers. Each point represents
 263 the mean ± SD of three independent experiments (ANOVA: *p < 0.05 vs. untreated control; #p < 0.05
 264 vs. H₂O₂-treated cells).

265 3.7. Effect of APOB on H₂O₂-Induced Cell Death

266 We next H₂O₂ treatment significantly increased the number of condensed or blebbing nuclei, the
 267 population of Annexin V⁺/PI⁻ (apoptotic) cells, and the formation of DNA laddering, whereas APOB
 268 pretreatment markedly reduced these effects (Figure 7).
 269



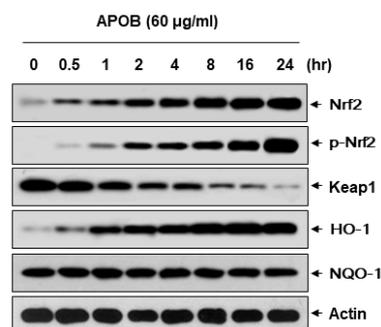
270

271 **Figure 7.** Effects of APOB on H₂O₂-induced chromatin condensation, Annexin V production, DNA
 272 fragmentation, caspase-3 cleavage, and PARP degradation in HaCaT cells. (A) Observation of DAPI-
 273 stained nuclei under a fluorescence microscope (original magnification, 400×). (B) Percentage of
 274 apoptotic cells in each treatment group. (C) Level of DNA fragmentation. (D) Western blot analysis
 275 of the cell contents using specific antibodies against caspase-3 and PARP and actin as an internal
 276 control.

277

278 3.8. Effects of APOB on the Expressions of Nrf2 and HO-1

279 Activation of the Nrf2/HO-1 signaling pathway plays an important role in antioxidant activity
 280 [19]; we investigated the effect of APOB on the expressions of Nrf2 and its regulator HO-1.
 281 Immunoblotting showed that APOB treatment increased the expressions of Nrf2 and HO-1 in a dose-
 282 dependent manner but decreased Keap1 expression (Figure 8A). APOB treatment also increased
 283 phosphorylation at serine 40, required for the activation and stabilization of Nrf2. Although Nrf2
 284 expression and phosphorylation were similar between H₂O₂-treated cells and untreated control cells,
 285 they were markedly elevated in cells that were co-treated with APOB and H₂O₂ (Figure 8B), and co-
 286 treated cells also had much higher levels of HO-1 expression and a reduced Keap1 expression
 287 compared with cells treated with APOB alone.
 288



289

290 **Figure 8.** Induction of Nrf2 and HO-1 expression by APOB in HaCaT cells. The proteins were
 291 visualized using the detection system, with actin as an internal control for the total cellular and
 292 nuclear proteins.

293

294 4. Discussion

295 We explored APOB protective effects against H₂O₂ damage in HaCaT keratinocytes and defined
 296 the cytoprotective mechanism involved. APOB significantly rescued the viability of H₂O₂-treated
 297 HaCaT cells and exhibited a high reducing power and scavenging activity. We demonstrated that
 298 this protection against oxidative stress was mediated by the inhibition of DNA damage,
 299 mitochondrial dysfunction, ROS generation, and caspase-3 activation and was also associated with
 300 activation of the Nrf2/HO-1 signaling pathway.

301 Oxidative stress is an abnormal phenomenon where the production of free radicals exceeds the
 302 antioxidant capacity. Extremely elevated levels of ROS can destroy cytoprotective defense
 303 mechanisms of neutralizing antioxidants, accelerating skin aging and the development of various
 304 skin diseases [20], causing a range of irreversible base modifications and DNA strand breaks resulting
 305 in DNA damage [3]. Elevated levels of ROS also induce mitochondrial dysfunction, resulting in a
 306 decrease in MMP and the release of mitochondrial apoptotic factors into the cytoplasm, causing the
 307 activation of caspase-9 and caspase-3 [2]. Caspase-3 activation is involved in the cleavage or
 308 degradation of various important proteins that are involved in apoptosis, including PARP, and so
 309 plays a primary role in triggering the cascade of events that lead to the apoptosis pathway [21]. ROS-
 310 generation prevention by antioxidant agents is considered a possible strategy for reducing oxidative
 311 damage to the skin [22].

312 APOB significantly protected HaCaT cells against H₂O₂-induced growth inhibition and DNA
 313 damage; hence, it may enhance DNA repair. APOB could effectively restore the H₂O₂-induced loss of
 314 MMP to the basal level and prevent caspase-3 activation and PARP cleavage by H₂O₂ in HaCaT cells,
 315 indicating that its ability to attenuate oxidative stress partly depends on the inhibition of
 316 mitochondrial-related apoptosis. Additionally, APOB pretreatment substantially inhibited elevated
 317 ROS accumulation in H₂O₂-exposed cells, indicating its free radical-scavenging activity and
 318 protective properties.

319 There is growing evidence that the Nrf2-mediated signaling pathway is essential in protecting
320 human skin fibroblasts against oxidative stress [4]. Under basal conditions, Nrf2-dependent
321 transcription is suppressed by Keap1, facilitating Nrf2 degradation through ubiquitin-mediated
322 proteasomal degradation [23]. Upon modification of specific thiols by oxidative insult, Keap1 triggers
323 the dissociation of Nrf2 from the Nrf2-Keap1 complex, allowing Nrf2 to translocate from the
324 cytoplasm to the nucleus, where it subsequently activates AREs present in the promoter regions of
325 an array of genes [6,19]. The status of Nrf2 and its inhibitory protein Keap-1 determines Nrf2-
326 mediated ARE activity [4]. Additionally, Nrf2 phosphorylation also leads to its nuclear export [24].
327 We investigated whether the Nrf2 pathway contributes to the protective effects of APOB against
328 H₂O₂-induced oxidative stress in HaCaT cells.

329 Nrf2 expression and phosphorylation were significantly higher in cells that had been co-treated
330 with H₂O₂ and APOB compared with those that were treated with APOB alone, whereas Keap1
331 expression was lower. Moreover, HO-1 expression was significantly upregulated in H₂O₂ and APOB
332 co-treated cells, indicating that APOB could activate the Nrf2/HO-1 antioxidant pathway. Although
333 further experiments are needed to determine the mechanisms of inhibition of ROS production and
334 activation of the Nrf2/HO-1 axis, these results show that the Nrf2/HO-1 signaling pathway may
335 contribute to the protective ability of APOB against H₂O₂-mediated oxidative stress. APOB may
336 represent an important natural skin protective agent with promising applications in dermatological
337 clinical research.

338 5. Conclusions

339 APOB is a potent antioxidant that can prevent oxidative DNA damage and reduce ROS
340 generation and activation of the mitochondria-mediated apoptotic pathway in H₂O₂-treated HaCaT
341 keratinocytes. This protective action involves Nrf2 activation and upregulation of the expression of
342 its downstream antioxidant gene HO-1. APOB may be of therapeutic value in the prevention and
343 treatment of various human skin diseases associated with oxidative stress. Further studies are
344 required, particularly using human systems, to determine the cellular uptake, distribution, and long-
345 term effects of APOB on the skin.

346

347 **Author Contributions:** C.P. and J.-W.J. conceptualized the study, supervised experiments, supported the study,
348 and wrote the paper. S.Y.L. helped design and perform experiments. C.H.K., B.S.H. and K.-M.C. helped with
349 various experiments. I.-J.Y., G.-Y.K. and Y.H.C. shared reagents and helped in editing the paper. All authors
350 have read and agreed to the published version of the manuscript.

351 **Funding:** This work was supported by a grant from the Nakdonggang National Institute of Biological Resources
352 (NNIBR), funded by the Ministry of Environment (MOE) of the Republic of Korea (NNIBR2020002106).

353 **Conflicts of Interest:** The authors declare no conflict of interest.

354

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