

1 Article

2 GRK5 is an Essential Co-repressor for Cardiac 3 Mineralocorticoid Receptor Antagonism induced by 4 Finerenone but not Eplerenone

5 Victoria L. Desimine ^{1,†}, Jennifer Ghandour ¹, Natalie Cora ¹, Celina M. Pollard ¹, Rachel Valiente
6 ¹, Krysten E. Ferraino ¹, Janelle Pereyra ¹, Daniela Pi Noa ¹, Yanelys Duarte ¹, Yaimiry Martinez ¹,
7 Jennifer Maning ^{1,‡}, Barbara M. Parker ¹, Ava R. Brill ¹, Valentina Guidi ², Beatrix Aukszi ², and
8 Anastasios Lymperopoulos ^{1,*}

9 ¹ Laboratory for the Study of Neurohormonal Control of the Circulation, Department of Pharmaceutical
10 Sciences, College of Pharmacy, Nova Southeastern University, Fort Lauderdale, FL 33328, USA;
11 vd359@mynsu.nova.edu (V.L.D.); jg2901@mynsu.nova.edu (J.G.); nc1174@mynsu.nova.edu (N.C.);
12 cp1743@mynsu.nova.edu (C.M.P.); rv475@mynsu.nova.edu (R.V.); kf713@mynsu.nova.edu (K.E.F.);
13 jp2798@mynsu.nova.edu (J.P.); dp1726@mynsu.nova.edu (D.P.N.); yd208@mynsu.nova.edu (Y.D.);
14 ym359@mynsu.nova.edu (Y.M.); jm3706@mynsu.nova.edu (J.M.); barbaramparker@gmail.com (B.M.P.);
15 avabrill@gmail.com (A.R.B.)

16 ² Department of Chemistry and Physics, Halmos College of Natural Sciences and Oceanography, Nova
17 Southeastern University, Fort Lauderdale, FL 33328, USA; yv505@mynsu.nova.edu (V.G.); ba285@nova.edu
18 (B.A.)

19 * Correspondence: al806@nova.edu; Tel.: +1-954-262-1338; Fax: +1-954-262-2278

20 † Present address: James A. Haley Veterans' Hospital, Tampa, FL 33612, USA.

21 ‡ Present address: Jackson Memorial Hospital, Miami, FL 33136, USA.

22 Abstract:

23 **Background:** In the heart, aldosterone (Aldo) binds the mineralocorticoid receptor (MR) to exert
24 damaging, adverse remodeling-promoting effects. We recently showed that G protein-coupled
25 receptor (GPCR)-kinase (GRK)-5 blocks the cardiac MR by directly phosphorylating it, thereby
26 repressing its transcriptional activity. MR antagonist (MRA) drugs block the cardiac MR reducing
27 morbidity and mortality of advanced human heart failure. Non-steroidal MRAs, such as
28 finerenone, may provide better cardio-protection against Aldo than classic, steroidal MRAs, like
29 spironolactone and eplerenone. Herein, we sought to investigate potential differences between
30 finerenone and eplerenone at engaging GRK5-dependent cardiac MR phosphorylation and
31 subsequent blockade.
32

33 **Methods:** We used the cardiomyocyte cell line H9c2 and neonatal rat ventricular myocytes
34 (NRVMs).

35 **Results:** GRK5 phosphorylates the MR in H9c2 cardiomyocytes in response to finerenone but not to
36 eplerenone. Unlike eplerenone, finerenone alone potently and efficiently suppresses cardiac MR
37 transcriptional activity, thus displaying inverse agonism. GRK5 is necessary for finerenone's
38 inverse agonism, since GRK5 genetic deletion renders finerenone incapable of blocking cardiac MR
39 transcriptional activity. Eplerenone alone does not fully suppress cardiac MR basal activity
40 regardless of GRK5 expression levels. Finally in NRVMs, GRK5 is necessary for the anti-apoptotic
41 and anti-fibrotic effects of both finerenone and eplerenone against Aldo, as well as for the higher
42 efficacy and potency of finerenone at blocking Aldo-induced apoptosis and fibrosis.

43 **Conclusions:** Finerenone, but not eplerenone, induces GRK5-dependent cardiac MR inhibition,
44 which underlies, at least in part, its higher potency and efficacy, compared to eplerenone, as an
45 MRA in the heart. GRK5 acts as a co-repressor of the cardiac MR and is essential for efficient MR
46 antagonism in the myocardium.

47 **Keywords:** aldosterone; apoptosis; cardiac myocyte; eplerenone; fibrosis; finerenone; G
48 protein-coupled receptor kinase (GRK)-5; mineralocorticoid receptor; mineralocorticoid receptor
49 antagonist (MRA); signal transduction

50

51 1. Introduction

52 Aldosterone (Aldo) is one of several cardio-toxic hormones, whose elevated circulating levels
53 significantly confound and aggravate heart disease, including hypertension and chronic heart failure
54 (CHF) [1-4]. The mineralocorticoid receptor (MR), a cytosolic transcription factor that, upon
55 activation, translocates to the nucleus to activate gene transcription, is the main receptor mediating
56 Aldo's adverse remodeling effects in the failing heart [1,5]. GRK2 and GRK5 are the most abundant
57 cardiac G protein-coupled receptor (GPCR)-kinase (GRK) isoforms. Both phosphorylate GPCRs but
58 also non-GPCR substrates [6-10]. We recently showed that GRK5 blocks the cardio-toxic
59 MR-dependent effects of aldosterone in the heart by directly phosphorylating the cardiac MR and
60 inhibiting its transcriptional activity [11].

61 MR antagonist (MRA) drugs are beneficial in human advanced CHF thanks to their blockade of the
62 MR in various cardiovascular tissues, including in cardiomyocytes and cardiac fibroblasts [3,12].
63 Novel, non-steroidal MRAs, such as finerenone, may provide better cardio-protection against
64 aldosterone's cardio-toxic actions than the classic steroidal MRAs, such as spironolactone and
65 eplerenone [13,14]. Indeed, finerenone was recently shown to be a more potent and efficacious
66 inverse agonist at the MR, compared to eplerenone, in terms of cardiac fibrosis/adverse remodeling
67 attenuation [15]. This prompted us to investigate the effects of these two MRAs on GRK5-dependent
68 cardiac MR phosphorylation and subsequent suppression, in an effort to delineate potential
69 molecular mechanisms underlying their differences in cardiac MR blocking efficacy. Indeed, we
70 found that finerenone, but not eplerenone, promotes the inhibitory action of GRK5 on cardiac MR,
71 which may underlie finerenone's significantly greater efficacy/potency as an inverse agonist at this
72 receptor. Moreover, GRK5 is necessary for both MRA drugs' cardioprotective actions against Aldo
73 in cardiac myocytes.

74

75 2. Materials and Methods

76 All drugs/chemicals were from Sigma-Aldrich (St. Louis, MO, USA), except for finerenone
77 (BAY94-8862) which was purchased from MedKoo Biosciences, Inc. (Cat. #319698, Morrisville, NC,
78 USA).

79 2.1 Cell Culture, Viruses, and Transfections

80 The H9c2 rat cardiomyoblast cell line was purchased from American Type Culture Collection
81 (Manassas, VA, USA) and cultured as previously described [11,16,17]. Neonatal rat ventricular
82 myocytes (NRVMs) were isolated and cultured, as previously described [18]. Recombinant
83 lentiviruses encoding for wild-type full-length GRK5 or for empty vector (control) (OriGene
84 Technologies, Rockville, MD, USA) were propagated and purified via CsCl density gradient
85 ultracentrifugation, as described previously [11,19]. For CRISPR/Cas9-mediated GRK5 gene
86 deletion, a gRNA sequence was custom-synthesized by Sigma-Aldrich (target ID: RN0000391809,
87 target sequence: 5'-GTGGTTTGAATTTATGCGG-3') and incorporated into a lentiviral vector
88 (Sigma-Aldrich). Along with negative control CRISPR lentiviral particles (CNCV, Cat
89 #CRISPR12V-1EA, Sigma-Aldrich), this lentivirus was also propagated and purified through cesium
90 chloride density gradient ultracentrifugation.

91

92 2.2 Immunoprecipitation (IP) and Western Blotting

93 Cell extracts were prepared, as described previously [11,20], in a 20-mM Tris pH 7.4 buffer
94 containing 137 mM NaCl, 1% Nonidet P-40, 20% glycerol, 10 mM phenylmethylsulfonylfluoride

95 (PMSF), 1 mM Na₃VO₄, 10 mM NaF, 2.5 µg/mL aprotinin, and 2.5 µg/mL leupeptin. Protein
96 concentration was determined (Pierce BCA Protein Assay Kit, Thermo Scientific, Waltham, MA,
97 USA), and equal amounts of protein per sample were used for IP or western blotting. MR was
98 immunoprecipitated by overnight incubation of extracts with an anti-MR antibody (#ab62532;
99 Abcam, Cambridge, MA, USA), attached to Protein A/G-Sepharose beads (Sigma-Aldrich). The IPs
100 were then subjected to immunoblotting for GRK5 (#sc-565; Santa Cruz Biotechnology, Santa Cruz,
101 CA, USA) or for phosphoserine (#AB1603; Millipore-Sigma, Burlington, MA, USA) to measure the
102 pSer content of the immunoprecipitated MR. Finally, an anti-glyceraldehyde 3-phosphate
103 dehydrogenase (GAPDH) antibody (#sc-25778; Santa Cruz Biotechnology) was used to control for
104 protein loading. All immunoblots were revealed by enhanced chemiluminescence (ECL, Life
105 Technologies, Grand Island, NY, USA) and visualized in the FluorChem E Digital Darkroom
106 (Protein Simple, San Jose, CA, USA), as described previously [21].
107

108 2.3. Luciferase Reporter Activity Assay

109 Luciferase reporter activity assay was performed, as described previously, by transfecting the cells
110 with the LightSwitch™ luciferase reporter gene vector under the influence of the MR promoter
111 (Active Motif, Inc., Carlsbad, CA, USA) [11]. The measurements were done the next day with the
112 manufacturer's LightSwitch™ assay kit and according to the manufacturer's instructions.
113

114 2.4. TUNEL

115 Terminal deoxynucleotidyl transferase-mediated dUTP nick-end labeling (TUNEL) assay to
116 measure apoptotic cell death was done as described [22]. Briefly, cells were fixed with 10% neutral
117 buffered formalin, embedded in paraffin, and sectioned at 5-µm thickness. DNA fragmentation was
118 detected in situ in deparaffinized sections using the ApopTag peroxidase in situ apoptosis detection
119 Kit (Millipore-Sigma) and according to the manufacturer's instructions. The total number of nuclei
120 was determined by manual counting of 4',6'-diamidino-2-phenylindole (DAPI)-stained nuclei in six
121 random fields per section. All terminal deoxynucleotidyl transferase-mediated dUTP nick
122 end-labeling (TUNEL)-positive nuclei were counted in each section.
123

124 2.5. Real-Time PCR

125 Real-time PCR for rat plasminogen activator inhibitor (PAI)-1 and rat fibronectin mRNA levels in
126 total RNA isolated from NRVMs was done as described previously [16]. Briefly, quantitative
127 real-time PCR was performed using a MyIQ Single-Color Real-Time PCR detection system (Bio-Rad
128 Laboratories, Hercules, CA, USA) using SYBR Green Supermix (Bio-Rad) and 100 nM of
129 gene-specific oligonucleotides. Quantification of mRNA included normalization to 18S rRNA levels.
130 No bands were seen in control reactions in the absence of reverse transcriptase. Primer pairs used
131 were: 5'-TTCCTCCACAGCCATTCTAGTCT-3' and 5'-GAAAGGATCGGTCTAAAACCATCTC-3'
132 for PAI-1; 5'-CGAGGTGACAGAGACCACAA-3' and 5'-CTGGAGTCAAGCCAGACACA-3' for
133 fibronectin; and 5'-TCGATGCTCTTAGCTGAGTG-3' and 5'-TGATCGTCTTCGAACCTCC-3' for
134 18S rRNA.
135

136 2.6. Statistical Analysis

137 Student's t test and one- or two-way ANOVA with Bonferroni test were used for statistical
138 comparisons, unless otherwise indicated. For multiple group analyses, Dunnett's test with SAS
139 version 9 software (Cary, NC, USA) was also used. A p value of <0.05 indicated statistical
140 significance.
141

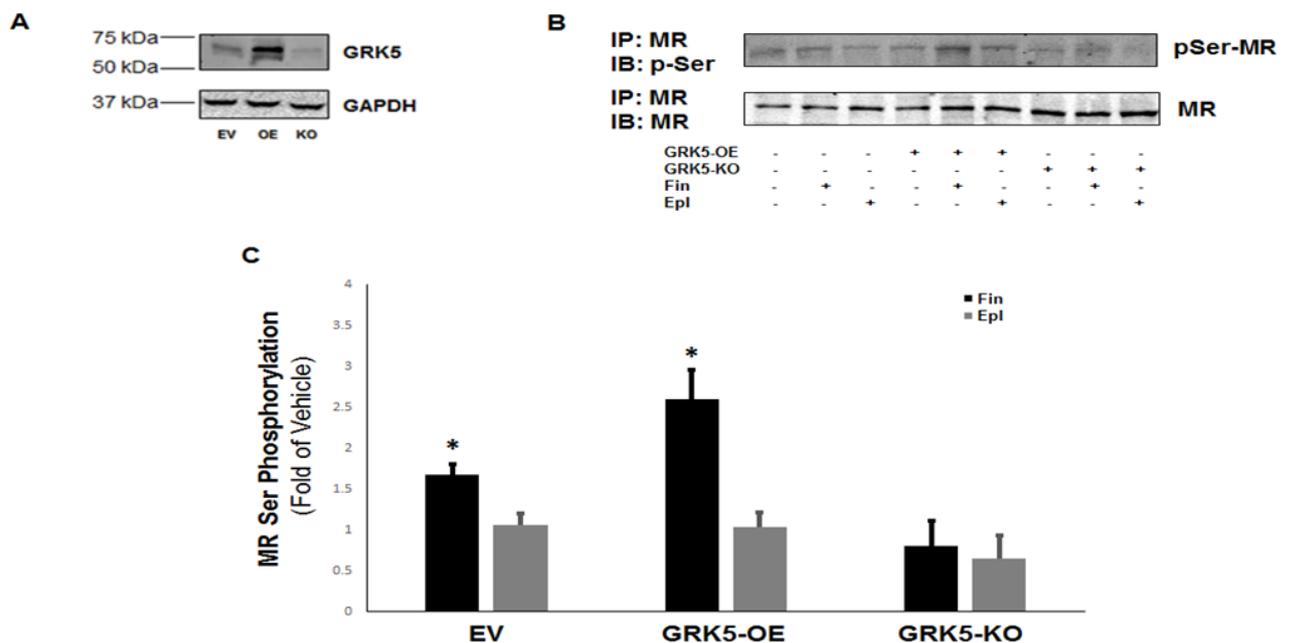
142 3. Results

143 3.1. Finerenone, but not eplerenone, induces GRK5-dependent cardiac MR phosphorylation.

144 We recently reported that GRK5 selectively phosphorylates and inhibits the cardiac MR [11]. Based
145 also on recent evidence suggesting greater potency for finerenone, compared to eplerenone, at
146 inhibiting the cardiac MR and its downstream fibrosis [15], we hypothesized, in the present study,
147 that the higher efficacy/potency of finerenone over eplerenone might be due (at least in part) to

148 differences in modulation of the GRK5 inhibitory action on the cardiac MR. Thus, in a first series of
 149 experiments, we overexpressed or knocked out (via CRISPR) GRK5 in H9c2 cardiac myocytes
 150 (Figure 1A), which endogenously express both GRK5 and MR [11,23], and checked for the effects of
 151 the two MRA drugs on MR serine phosphorylation. GRK5, being a Ser/Thr kinase, likely
 152 phosphorylates multiple Ser and Thr residues of the MR protein, with phosphorylations of Ser601
 153 and Ser843 (in the human orthologue sequence), in particular, resulting in significant functional
 154 inhibition of the MR, courtesy of cytosolic retention and transcriptional activity suppression,
 155 respectively [24,25]. After preliminary concentration-response experiments (not shown), and based
 156 on the associated literature, we chose a 10 μ M concentration for both drugs throughout the
 157 experiments of our study, as this concentration (10 μ M) is quite close to both drugs' effective IC₅₀
 158 values [12,15].

159



160

161 **Figure 1.** GRK5 phosphorylates the cardiac MR in response to finerenone but not to eplerenone. (A) Western
 162 blotting to confirm GRK5 overexpression (OE) with a wild type GRK5-encoding lentivirus or deletion (KO) via
 163 a GRK5-targeting CRISPR lentivirus in H9c2 cardiomyocytes. GAPDH blotting is also shown as loading control.
 164 EV: empty vector mock virus-transfected (control) cells. (B, C) Western blotting for the phosphoserine content
 165 of the MR in response to 10 μ M finerenone (Fin) or 10 μ M eplerenone (Epl) in GRK5-overexpressing (GRK5-OE)
 166 or in GRK5-KO or in control, empty virus (EV)-infected H9c2 cells. IP: Immunoprecipitation; IB:
 167 Immunoblotting. Representative blots are shown in (B) and the densitometric quantitation of three independent
 168 experiments in (C). *, $p < 0.05$, vs. Epl; $n = 3$ independent experiments performed in duplicate per cell
 169 clone/treatment.

170

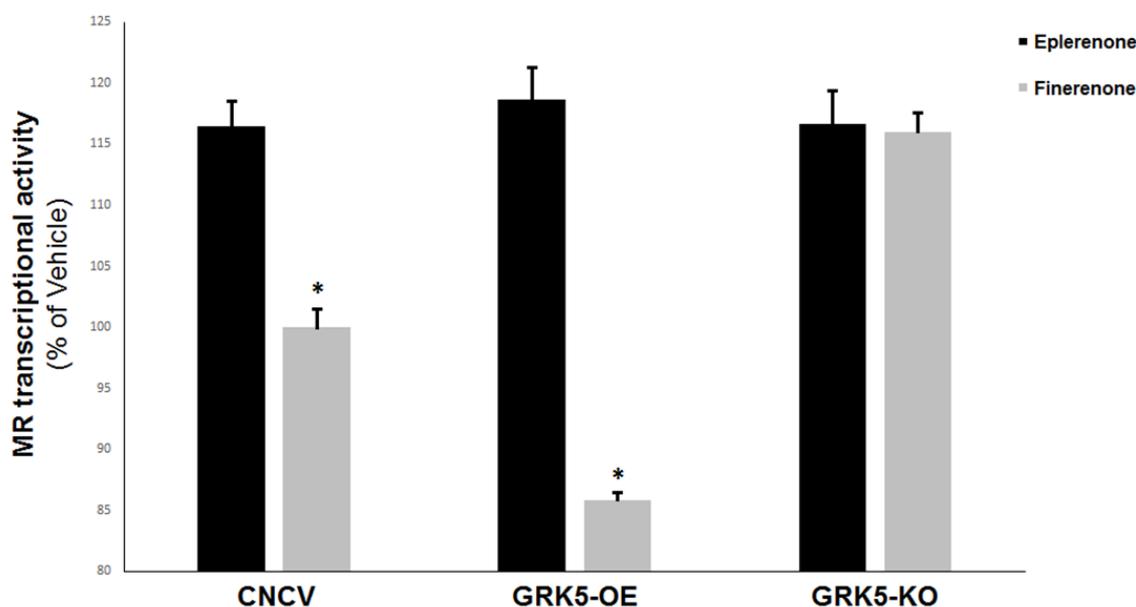
171 As shown in Figures 1B & 1C, finerenone led to much higher phosphorylation (pSer content) of the
 172 MR than eplerenone did in control H9c2 cardiomyocytes (mock virus-EV lanes). This
 173 finerenone-induced MR phosphorylation was significantly enhanced upon GRK5 overexpression
 174 but essentially abrogated in GRK5-depleted H9c2 cardiomyocytes (Figures 1B & 1C). Notably,
 175 eplerenone essentially failed to elicit any appreciable MR Ser phosphorylation in H9c2
 176 cardiomyocytes (Figures 1B & 1C), irrespective of GRK5 expression levels [eplerenone-induced
 177 phosphorylation: 1.2 ± 0.25 -fold of vehicle in EV cells; 1.23 ± 0.27 -fold of vehicle in GRK5-OE cells;

178 0.6±0.55-fold of vehicle in GRK5-KO cells; i.e. non-significant vs. vehicle, in all three clones at p=0.05
 179 (n=3); Figure 1C]. Although we cannot account for the potential of some extent of Thr
 180 phosphorylation of the MR induced by the two drugs, these results strongly suggest that only
 181 finerenone (not eplerenone) induces GRK5-mediated phosphorylation of the MR in H9c2 cardiac
 182 myocytes.

183

184 3.2. *GRK5 is essential for finerenone's inverse agonism at the cardiac MR.*

185 Since GRK5-induced phosphorylation translates into transcriptional repression of the cardiac MR
 186 [11], we next examined the impact of the finerenone-induced, GRK5-mediated MR phosphorylation
 187 on the transcriptional activity of the receptor.
 188



189

190 **Figure 2.** GRK5 inhibits the cardiac MR in response to finerenone but not to eplerenone. Transcriptional activity
 191 of the MR in response to either 10 μM eplerenone or 10 μM finerenone in H9c2 cardiomyocytes overexpressing
 192 GRK5 (GRK5-OE) or having GRK5 genetically deleted via CRISPR (GRK5-KO). Neither agent was able to
 193 suppress MR basal transcriptional activity in GRK5-KO cells. CNCV: CRISPR negative control virus-infected
 194 control cells. *, p<0.05, vs. eplerenone; n=5 independent measurements per cell clone/treatment performed in
 195 triplicate.

196

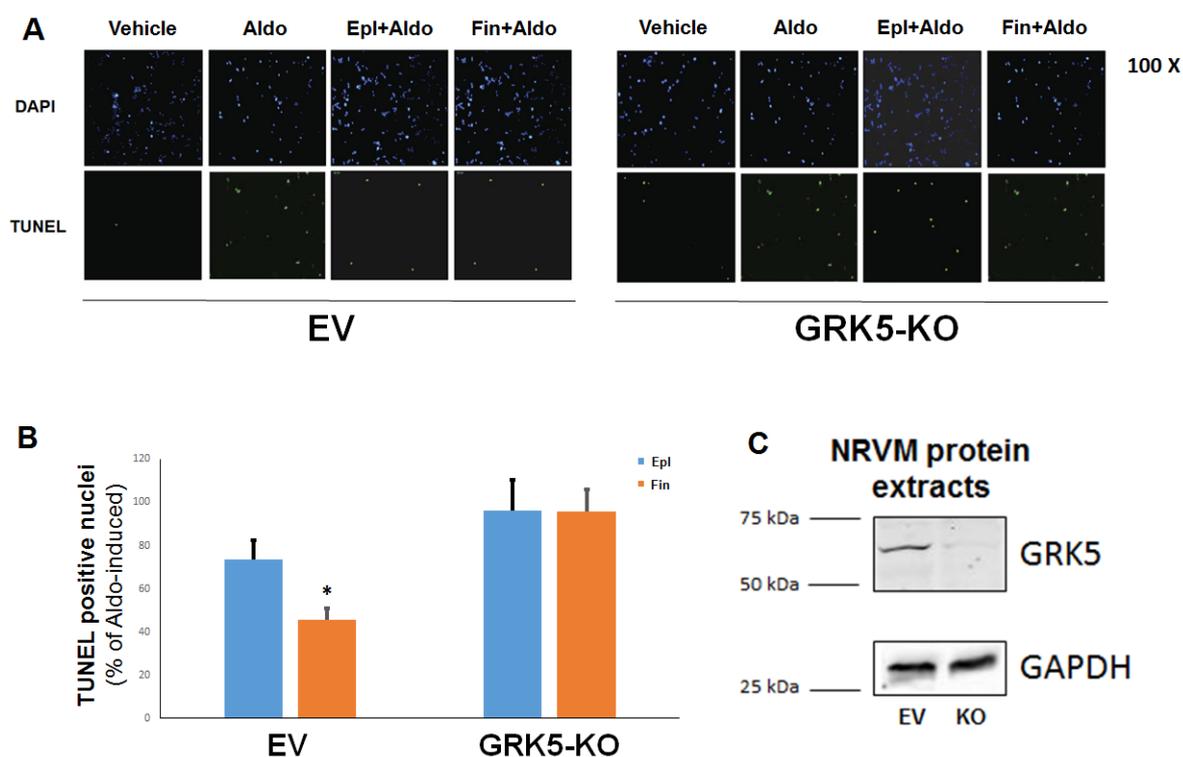
197 In contrast with eplerenone, finerenone lacks agonist activity at the MR in control (CNCV) H9c2
 198 cardiomyocytes, i.e. no increase in MR basal transcriptional activity (in the absence of Aldo) is
 199 observed with finerenone (Figure 2). In the absence of GRK5 however, finerenone loses the ability to
 200 keep the MR transcriptionally inactive, i.e. the MR displays significant basal activity in GRK5-KO
 201 H9c2 cardiomyocytes (Figure 2). Upon GRK5 overexpression, this picture is reversed, i.e. finerenone
 202 acts as potent inverse agonist at the MR, markedly suppressing MR basal transcriptional activity in
 203 GRK5-overexpressing (GRK5-OE) cardiomyocytes (Figure 2). In contrast, eplerenone allows for
 204 substantial MR basal transcriptional activity, regardless of GRK5 expression levels (Figure 2). Taken
 205 together, these results indicate that GRK5 is essential for finerenone's inverse agonism at the cardiac
 206 MR, while eplerenone is essentially a partial agonist (mixed agonist/antagonist) at this receptor in
 207 the heart, a finding consistent with the literature [12,15]. GRK5 is unable to affect eplerenone's

208 actions on the cardiac MR, probably because this MRA agent cannot induce the inhibitory
209 phosphorylation of this receptor by GRK5 in cardiac myocytes (see above, Figure 1).

210

211 3.3. GRK5 is essential for MRA-dependent anti-apoptosis in the heart and for finerenone's advantage over
212 eplerenone towards this effect.

213 Since H9c2 cells are not an entirely physiologically relevant cardiomyocyte cell line (for instance,
214 they are incapable of contraction) and their endogenous MR expression levels might reportedly be
215 low [15], we switched to the much more physiologically relevant NRVMs, a bona fide cardiac
216 myocyte cell model, for the rest of our experiments, in which we compared the cardio-protective
217 efficacies of the two MRA drugs against the deleterious actions of Aldo.
218



219

220 **Figure 3.** Comparison of the anti-apoptotic efficacies of finerenone vs. eplerenone in aldosterone-treated
221 cardiomyocytes in the presence or absence of GRK5. (A, B) Apoptotic cell death in control, empty vector (mock)
222 virus-infected (EV) NRVMs or in NRVMs having GRK5 genetically (CRISPR lentivirus-mediated) deleted
223 (GRK5-KO) and treated with 100 nM aldosterone (Aldo) alone or in the presence of 10 μ M eplerenone
224 (Epl+Aldo) or 10 μ M finerenone (Fin+Aldo) for 24 hrs. *, $p < 0.05$, vs. Epl; $n = 4$ independent experiments per
225 transfection/treatment. No inhibition of Aldo-induced apoptosis could be detected with either drug in
226 GRK5-KO cells. (C) Western blotting in NRVM total protein extracts to confirm the CRISPR-mediated genetic
227 deletion of GRK5 in the GRK5-KO (KO) NRVMs. GAPDH is also shown as loading control.

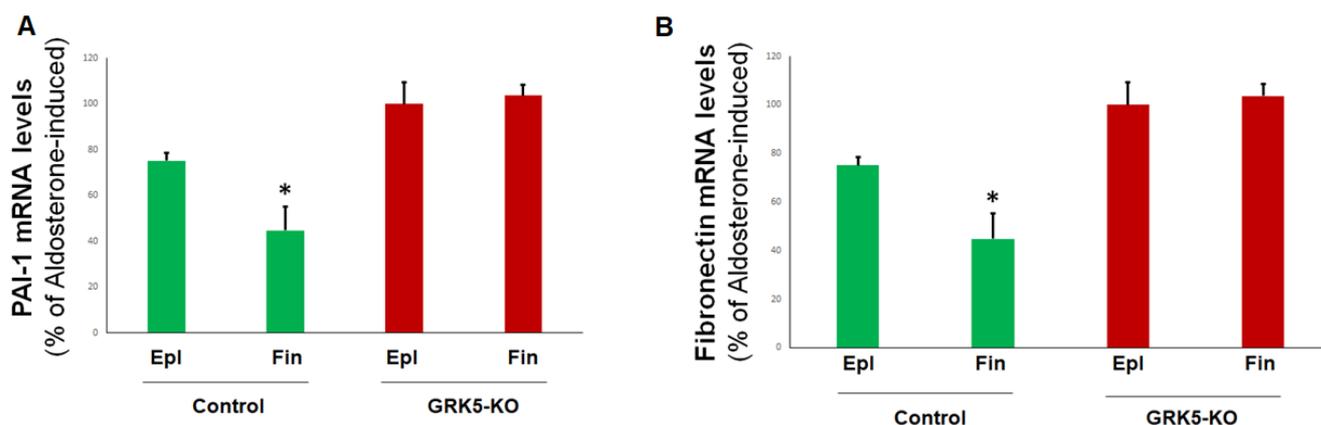
228

229 As shown in Figures 3A & 3B, finerenone was much more effective than eplerenone at suppressing
230 Aldo-induced apoptosis in control (EV) NRVMs. However, upon GRK5 genetic deletion from
231 NRVMs (Figure 3C), the two drugs similarly failed to block Aldo-induced apoptosis (Figures 3A &
232 3B). This strongly suggests that GRK5 is essential for the anti-apoptotic effects of MRAs against Aldo
233 in the heart, as well as for the better antagonistic efficacy of finerenone vs. eplerenone against
234 Aldo-induced cardiac apoptosis.

235

236 3.4. GRK5 is essential for MRA-dependent anti-fibrotic effects in the heart and for finerenone's advantage over
 237 eplerenone towards this effect.

238 In addition to Aldo-induced apoptosis, we also compared the two MRAs in terms of Aldo-induced
 239 fibrosis inhibition in isolated and cultured NRVMs. Assessment of Aldo-dependent mRNA
 240 induction of two major pro-fibrotic stimuli, PAI-1 and fibronectin, both of which are
 241 immediate/early MR-responsive genes [1,3,16], revealed that finerenone was more effective than
 242 eplerenone at suppressing both PAI-1 (Figure 4A) and fibronectin (Figure 4B) mRNA inductions by
 243 Aldo in control NRVMs. Again however, neither drug was effective at all when GRK5 was absent
 244 (Figures 4A & 4B, compare with GRK5-KO bars).
 245



246

247 **Figure 4.** Comparison of the anti-fibrotic efficacies of finerenone vs. eplerenone in aldosterone-treated
 248 cardiomyocytes in the presence or absence of GRK5. mRNA levels of PAI-1 (A) and fibronectin (B), in response
 249 to a 2-hr-long treatment of 100 nM aldosterone in the presence of either 10 μ M eplerenone (Epl) or 10 μ M
 250 finerenone (Fin) in control (mock, empty vector CRISPR lentivirus-infected) or in GRK5-KO (rat
 251 GRK5-targeting CRISPR lentivirus-infected) NRVMs. 18S rRNA levels were used for normalization of the
 252 results. *, $p < 0.05$, vs. Epl; $n = 3$ independent measurements per cell clone/treatment performed in triplicate.
 253

254

254 Thus, GRK5 is essential not only for the anti-apoptotic, but also for the anti-fibrotic effects of MRAs
 255 in cardiac myocytes. In addition, finerenone displays superior cardio-protection (anti-apoptosis,
 256 anti-fibrosis) against Aldo versus eplerenone, thanks to its promotion of cardiac GRK5-dependent
 257 MR inhibition, which eplerenone is incapable of eliciting (see above, Figures 1 & 2).
 258

259

259 4. Discussion

260 In the present study, we report that finerenone is a more potent and efficacious cardiac MR blocker
 261 than eplerenone, thanks, at least in part, to stimulation of GRK5-dependent cardiac MR
 262 phosphorylation, which eplerenone is incapable of inducing (Figure 5). This non-canonical effect of
 263 GRK5 on the cardiac MR is essential for efficient blockade of Aldo's deleterious actions in the heart,
 264 such as apoptosis, fibrosis, and probably other adverse remodeling-associated effects (Figure 5).
 265 Therefore, GRK5-dependent inhibitory phosphorylation is a key molecular mechanism for cardiac
 266 MR inverse agonism and needs to be considered in the design & development of novel, more
 267 effective MRA drugs for heart disease (e.g. CHF, hypertension, renal insufficiency, etc.) treatment.
 268 The MR has long been established as an important molecular culprit in heart disease progression
 269 [1-5], including a recent study in transgenic mice showing that, unlike its closely related
 270 glucocorticoid receptor, the MR promotes cardiac dysfunction even in the absence of a cardiac insult
 271 or injury [26]. Indeed, the well-documented deleterious effects of the cardiac MR have provided the

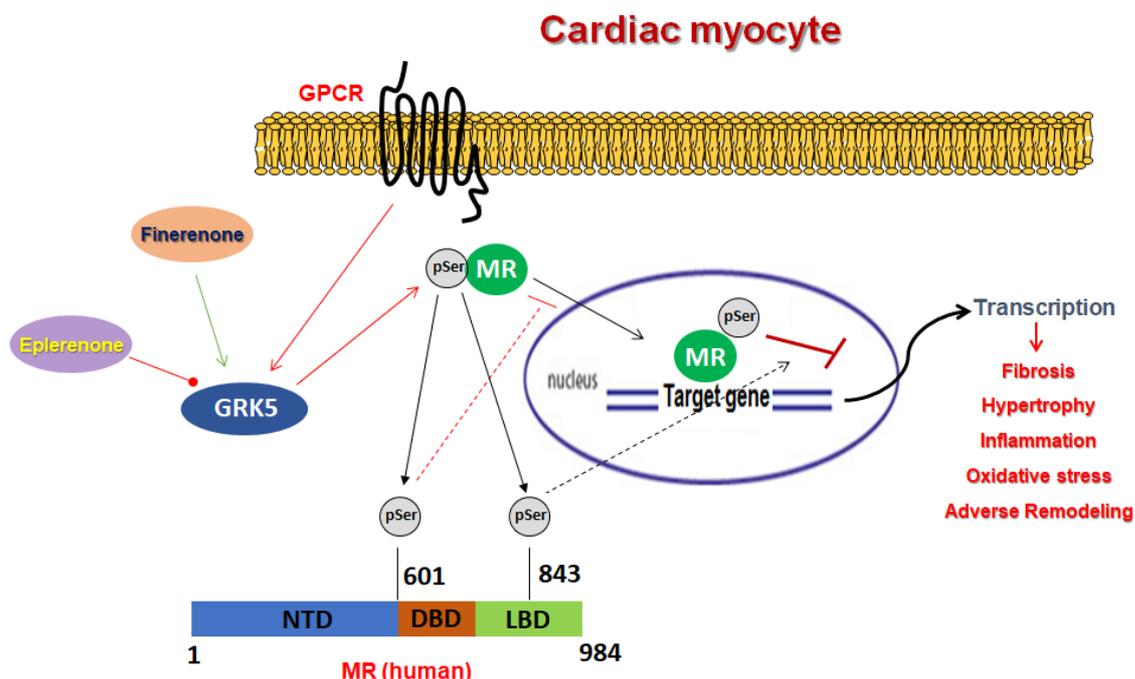
272 pharmacological basis for the use of MRA drugs in advanced stage human CHF and other heart
273 diseases [1-5,27,28]. The MRA drug class, which began with the approval and marketing of
274 spironolactone more than 60 years ago, now encompasses several agents, with some already in
275 clinical use and some in clinical trials. The MRAs are broadly divided to traditional, steroidal
276 MRAs, like spironolactone and eplerenone currently in clinical use, and later generation,
277 non-steroidal agents. Among the latter is finerenone (formerly BAY 94-8862), a third generation,
278 non-steroidal, dihydropyridine-derived MRA currently in phase III clinical trials [3,12].

279 Despite being very potent and effective aldosterone antagonists with salutary effects in the heart
280 and kidneys, the currently available steroidal MRAs are hampered by several limiting side effects,
281 most prominent of which are hyperkalemia, renal function deterioration, and gynecomastia. These
282 are generally thought to be due to their binding to other types of steroid receptors (e.g. estrogen
283 receptor, glucocorticoid receptor, etc.) exactly because of their steroidal structure [3,12,29]. Thus,
284 non-steroidal MRAs have been developed, currently headlined by finerenone. Finerenone has
285 shown advantageous pharmacological and therapeutic profiles, compared to the steroidal MRAs. It
286 has demonstrated improved therapeutic properties in heart failure animal models in head-to-head
287 comparisons with eplerenone [12,15] and leads to bigger improvements in HFrEF (heart failure
288 with reduced ejection fraction) confounded by diabetes or chronic kidney disease [12,14]. In
289 addition to its much higher selectivity for the MR over other steroid receptors, finerenone is also at
290 least one log scale more potent at MR antagonism than eplerenone and spironolactone, both of
291 which are competitive MR antagonists [3]. Furthermore, finerenone displays inverse agonist activity
292 at the MR, whereas the steroidal MRAs are only partial MR antagonists [3,12]. This means that,
293 depending on the activity status of the MR, spironolactone and eplerenone may actually promote
294 the activity of the MR rather than inhibiting it [12,14,15]. In other words, eplerenone inhibits the MR
295 when the receptor is activated by Aldo but it may actually promote the activity of the MR when
296 bound alone to the receptor (in the absence of Aldo). Finerenone, thanks to the non-steroidal nature
297 of its structure, appears to be devoid of any agonist activity at the MR and thus, has strong potential
298 to provide better cardiovascular and renal outcomes, especially in diseases severely affected by
299 hyperaldosteronism.

300 One of the most important parameters affecting the selectivity of a particular MRA for the MR
301 versus other steroid receptors, as well as tissue specificity for MR antagonism (inhibition of the
302 cardiac MR versus inhibition of the MR in other tissues), is the identity/identities of the receptor's
303 co-factors activated or repressed by the MRA agent, which ultimately affects the MRA drug's
304 potency & efficacy [1,3,15,25]. In other words, how good a particular MRA is at blocking the cardiac
305 MR depends strongly on which co-activators of the MR the drug inhibits and/or which
306 co-repressors of the MR it activates inside the cardiac myocyte [3]. Indeed, a recent study in mice
307 reported much higher potency and inverse agonism of finerenone, relative to eplerenone, in terms
308 of cardiac fibrosis suppression and suggested that the pharmacological difference between these
309 two MRAs was probably due to differential cardiac MR co-factor regulation/engagement [15]. We
310 recently uncovered that GRK5 is an important co-repressor of the cardiac MR, via its direct binding
311 to, and phosphorylation of the MR that results in cytosolic retention of the phosphorylated receptor
312 and thus, MR transcriptional repression [11]. Our present data strongly suggest that finerenone
313 selectively activates this kinase in cardiac myocytes to potently inhibit/repress the cardiac MR. In
314 contrast, eplerenone is incapable of this action (GRK5 activation) and thus, is a much weaker MR
315 antagonist in the myocardium.

316 There are a few very important questions emanating from our present work that await delineation
317 in future studies. First, does finerenone activate GRK5 to suppress MR activity only in the heart or
318 in other tissues, as well (e.g. kidneys)? Another critical question is whether this property is shared
319 by other non-steroidal MRAs or it is specific to finerenone. Finally, there is also the obvious
320 mechanistic question of how exactly finerenone, not known to be a GPCR agonist, induces GRK5,
321 normally activated by a GPCR, such as the β_2 -adrenergic receptor (Figure 5) [8,11], to phosphorylate
322 and inhibit the MR in the cytosol of a cardiac myocyte. Nevertheless, these salient questions will be
323 the focus of our future investigations, along with our already ongoing efforts to map the specific

324 phosphorylation sites of GRK5 on the human MR protein and to characterize the functional impact
 325 for the receptor of each one of them.
 326



327
 328 **Figure 5.** Schematic illustration of the differential effects of finerenone vs. eplerenone on GRK5-dependent
 329 repression of the cardiac MR. Finerenone, unlike eplerenone, stimulates GRK5 to phosphorylate the MR. The
 330 two main (putative) GRK5 phosphorylation sites on the human MR protein, Ser601 & Ser843, are highlighted,
 331 along with their functional impacts for the MR (pSer601 blocks nuclear translocation; pSer843 suppresses
 332 Aldo-induced transcriptional activity) [24,30]. GPCR: G protein-coupled receptor; NTD: N-terminal domain;
 333 DBD: DNA-binding domain; LBD: Ligand-binding domain; pSer: Phosphoserine. See text for more details and
 334 for all other molecular acronyms' descriptions.

335
 336 In summary, our present study reinforces the emerging and therapeutically very intriguing notion
 337 that GRK5, acting as a cardiac MR co-repressor in this instance, may actually be beneficial in the
 338 myocardium [11,31-33], contrary to its counterpart GRK2 that is generally considered deleterious in
 339 the heart [7,10]. Importantly, we have identified GRK5 as a potential co-factor of the cardiac MR
 340 that is differentially regulated by finerenone and eplerenone, which may underlie the higher
 341 potency/efficacy (and inverse agonism) of finerenone at the MR. To our knowledge, cardiac GRK5
 342 is the first such MR co-factor to be shown as differentially modulated/stimulated among different
 343 individual MRA drugs. Finally, from the therapeutic standpoint, we provide evidence that GRK5 is
 344 indispensable for MRAs' cardioprotective actions against Aldo (e.g. anti-apoptosis, anti-fibrosis)
 345 and, importantly, this applies to both steroidal (eplerenone) and non-steroidal (finerenone) MRA
 346 agents alike.

347 5. Conclusions

348 Cardiac GRK5 is an essential mediator of the general cardio-protection afforded by MRA drugs
 349 against the cardio-toxic effects of excess Aldo, e.g. during CHF and other chronic cardiac diseases.
 350 This is due to the inhibitory phosphorylation GRK5 performs on the cardiac MR. This non-canonical
 351 (given the substrate is not a GPCR), co-repressor effect of GRK5 on cardiac MR is also (at least partly)

352 responsible for the inverse agonism properties of finerenone at this receptor that bestow this
353 non-steroidal MRA with superior potency and efficacy, compared to eplerenone, at protecting the
354 heart against the damaging effects of Aldo. Finally, since GRK5 is a co-repressor of the MR, at least
355 in the myocardium, its stimulation (or potentiation) should be a desired property of every novel
356 MRA drug designed and developed for improved cardiovascular pharmacotherapy.

357

358 **Author Contributions:** V.L.D., J.G., N.C., C.M.P., R.V., K.E.F., J.P., D.P.N., Y.D., Y.M., J.M., B.M.P., A.R.B., and
359 V.G. performed all experiments and assisted with data analysis. B.A. contributed to the writing of the
360 manuscript. A.L. supervised the project, performed data analysis, provided funding for the study, and wrote
361 the manuscript. All authors have read and approved the manuscript.

362

363 **Funding:** This study was supported in part by a Gateway to Research scholarship from the American
364 Foundation for Pharmaceutical Education (AFPE) (to A.L.) and a Nova Southeastern University's President's
Faculty Research & Development Grant (to A.L. & B.A.).

365

366 **Acknowledgments:** We thank Dr. Lina A. Shehadeh and members of her laboratory (University of Miami
Miller School of Medicine, Miami, FL) for excellent technical assistance.

367

368 **Conflicts of Interest:** The authors declare no conflict of interest. The funders had no role in the design of the
369 study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to
publish the results.

370

371 **References**

- 372 1. Parker, B.M.; Wertz, S.L.; Pollard, C.M.; Desimine, V.L.; Maning, J.; McCrink, K.A.; Lymperopoulos, A.
373 Novel insights into the crosstalk between mineralocorticoid receptor and G protein-coupled receptors in
374 Heart Adverse Remodeling and Disease. *Int J Mol Sci* **2018**, *19*, 3764. doi:10.3390/ijms19123764
- 375 2. Luther, J.M. Is there a new dawn for selective mineralocorticoid receptor antagonism? *Curr Opin Nephrol*
376 *Hypertens* **2014**, *23*, 456-461. doi: 10.1097/MNH.0000000000000051
- 377 3. Lothar, A.; Moser, M.; Bode, C.; Feldman, R.D.; Hein, L. Mineralocorticoids in the heart and vasculature:
378 new insights for old hormones. *Annu Rev Pharmacol Toxicol* **2015**, *55*, 289-312.
379 doi:10.1146/annurev-pharmtox-010814-124302
- 380 4. Weber, K.T. Aldosterone in congestive heart failure. *N Engl J Med* **2001**, *345*, 1689-1697.
381 doi:10.1056/NEJMra000050
- 382 5. Mihailidou, A.S.; Funder, J.W. Nongenomic effects of mineralocorticoid receptor activation in the
383 cardiovascular system. *Steroids* **2005**, *70*, 347-351. doi:10.1016/j.steroids.2005.02.004
- 384 6. Lymperopoulos, A.; Bathgate, A. Pharmacogenomics of the heptahelical receptor regulators
385 G-protein-coupled receptor kinases and arrestins: the known and the unknown. *Pharmacogenomics* **2012**,
386 *13*, 323-341. doi: 10.2217/pgs.11.178
- 387 7. Sato, P.Y.; Chuprun, J.K.; Schwartz, M.; Koch, W.J. The evolving impact of g protein-coupled receptor
388 kinases in cardiac health and disease. *Physiol Rev* **2015**, *95*, 377-404. doi:10.1152/physrev.00015.2014
- 389 8. Komolov, K.E.; Benovic, J.L. G protein-coupled receptor kinases: Past, present and future. *Cell Signal* **2018**,
390 *41*, 17-24. doi:10.1016/j.cellsig.2017.07.004
- 391 9. McCrink, K.A.; Brill, A.; Lymperopoulos, A. Adrenal G protein-coupled receptor kinase-2 in regulation of
392 sympathetic nervous system activity in heart failure. *World J Cardiol* **2015**, *7*, 539-543. doi:
393 10.4330/wjc.v7.i9.539
- 394 10. Siryk-Bathgate, A.; Dabul, S.; Lymperopoulos, A. Current and future G protein-coupled receptor signaling
395 targets for heart failure therapy. *Drug Des Devel Ther* **2013**, *7*, 1209-1222. doi:10.2147/DDDT.S35905
- 396 11. Maning, J.; McCrink, K.A.; Pollard, C.M.; Desimine, V.L.; Ghandour, J.; Perez, A.; Cora, N.; Ferraino, K.E.;
397 Parker, B.M.; Brill, A.R.; Aukszi, B.; Lymperopoulos, A. Antagonistic Roles of GRK2 and GRK5 in Cardiac
398 Aldosterone Signaling Reveal GRK5-Mediated Cardioprotection via Mineralocorticoid Receptor
399 Inhibition. *Int J Mol Sci* **2020**, *21*, 2868. doi: 10.3390/ijms21082868
- 400 12. Kolkhof, P.; Jaisser, F.; Kim, S.Y.; Filippatos, G.; Nowack, C.; Pitt, B. Steroidal and Novel Non-steroidal
401 Mineralocorticoid Receptor Antagonists in Heart Failure and Cardiorenal Diseases: Comparison at Bench
402 and Bedside *Handb Exp Pharmacol* **2017**, *243*, 271-305. doi: 10.1007/164_2016_76
- 403 13. Sueta, D.; Yamamoto, E.; Tsujita, K. Mineralocorticoid Receptor Blockers: Novel Selective Nonsteroidal
404 Mineralocorticoid Receptor Antagonists. *Curr Hypertens Rep* **2020**, *22*, 21. doi: 10.1007/s11906-020-1023-y
- 405 14. Rico-Mesa, J.S.; White, A.; Ahmadian-Tehrani, A.; Anderson, A.S. Mineralocorticoid Receptor
406 Antagonists: a Comprehensive Review of Finerenone. *Curr Cardiol Rep* **2020**, *22*, 140. doi:
407 10.1007/s11886-020-01399-7
- 408 15. Grune, J.; Beyhoff, N.; Smeir, E.; Chudek, R.; Blumrich, A.; Ban, Z.; Brix, S.; Betz, I.R.; Schupp, M.;
409 Foryst-Ludwig, A.; Klopffleisch, R.; Stawowy, P.; Houtman, R.; Kolkhof, P.; Kintscher, U. Selective
410 Mineralocorticoid Receptor Cofactor Modulation as Molecular Basis for Finerenone's Antifibrotic Activity.
411 *Hypertension* **2018**, *71*, 599-608. doi: 10.1161/HYPERTENSIONAHA.117.10360
- 412 16. Pollard, C.M.; Desimine, V.L.; Wertz, S.L.; Perez, A.; Parker, B.M.; Maning, J.; McCrink, K.A.; Shehadeh,
413 L.A.; Lymperopoulos, A. Deletion of Osteopontin Enhances β_2 -Adrenergic Receptor-Dependent
414 Anti-Fibrotic Signaling in Cardiomyocytes. *Int J Mol Sci* **2019**, *20*, 1396. doi: 10.3390/ijms20061396
- 415 17. McCrink, K.A.; Maning, J.; Vu, A.; Jafferjee, M.; Marrero, C.; Brill, Bathgate-Siryk, A.; Dabul, S.; Koch, W.J.;
416 Lymperopoulos, A. β -Arrestin2 Improves Post-Myocardial Infarction Heart Failure via
417 Sarco(endo)plasmic Reticulum Ca^{2+} -ATPase-Dependent Positive Inotropy in Cardiomyocytes.
418 *Hypertension* **2017**, *70*, 972-981. doi:10.1161/HYPERTENSIONAHA.117.09817
- 419 18. McCrink, K.A.; Brill, A.; Jafferjee, M.; Valero, T.R.; Marrero, C.; Rodriguez, M.M.; Hale,
420 G.M.; Lymperopoulos, A. β_1 -adrenoceptor Arg389Gly polymorphism confers differential
421 β -arrestin-binding tropism in cardiac myocytes. *Pharmacogenomics* **2016**, *17*, 1611-1620. doi:
422 10.2217/pgs-2016-0094
- 423 19. Pollard, C.M.; Ghandour, J.; Cora, N.; Perez, A.; Parker, B.M.; Desimine, V.L.; Wertz, S.L.; Pereyra, J.M.;
424 Ferraino, K.E.; Patel, J.J.; Lymperopoulos, A. GRK2-Mediated Crosstalk Between β -Adrenergic and

- 425 Angiotensin II Receptors Enhances Adrenocortical Aldosterone Production In Vitro and In Vivo. *Int J Mol*
426 *Sci* **2020**, *21*, 574. doi: 10.3390/ijms21020574
- 427 20. Nguyen, K.; Kassimatis, T.; Lymperopoulos, A. Impaired desensitization of a human polymorphic
428 α 2B-adrenergic receptor variant enhances its sympatho-inhibitory activity in chromaffin cells. *Cell*
429 *Commun Signal* **2011**, *9*, 5. doi:10.1186/1478-811X-9-5
- 430 21. Salazar, N.C.; Vallejos, X.; Siryk, A.; Rengo, G.; Cannavo, A.; Liccardo, D.; De Lucia, C.; Gao, E.; Leosco,
431 D.; Koch, W.J.; Lymperopoulos, A. GRK2 blockade with β ARKct is essential for cardiac β 2-adrenergic
432 receptor signaling towards increased contractility. *Cell Commun Signal* **2013**, *11*, 64.
433 doi:10.1186/1478-811X-11-64
- 434 22. Lymperopoulos, A.; Rengo, G.; Zincarelli, C.; Kim, J.; Koch, W.J. Adrenal beta-arrestin 1 inhibition in vivo
435 attenuates post-myocardial infarction progression to heart failure and adverse remodeling via reduction
436 of circulating aldosterone levels. *J Am Coll Cardiol* **2011**, *57*, 356-365. doi:10.1016/j.jacc.2010.08.635
- 437 23. Ashton, A.W.; Le, T.Y.; Gomez-Sanchez, C.E.; Morel-Kopp, M.C.; McWhinney, B.; Hudson, A.; Mihailidou,
438 A.S. Role of Nongenomic Signaling Pathways Activated by Aldosterone During Cardiac Reperfusion
439 Injury. *Mol Endocrinol* **2015**, *29*, 1144-1155. doi:10.1210/ME.2014-1410
- 440 24. Faresse, N. Post-translational modifications of the mineralocorticoid receptor: How to dress the receptor
441 according to the circumstances? *J Steroid Biochem Mol Biol* **2014**, *143*, 334-342.
442 doi:10.1016/j.jsbmb.2014.04.015
- 443 25. Fuller, P.J. Novel interactions of the mineralocorticoid receptor. *Mol Cell Endocrinol* **2015**, *408*, 33-37. doi:
444 10.1016/j.mce.2015.01.027
- 445 26. Oakley RH, Cruz-Topete D, He BO, Foley JF, Myers PH, Xu X, Gomez-Sanchez, C.E.; Chambon, P.; Willis,
446 M.S.; Cidrowski, J.A. Cardiomyocyte glucocorticoid and mineralocorticoid receptors directly and
447 antagonistically regulate heart disease in mice. *Sci Signal* **2019**, *12*, 577. doi:10.1126/scisignal.aau9685
- 448 27. Markan, U.; Pasupuleti, S.; Pollard, C.M.; Perez, A.; Lymperopoulos, A. The place of ARBs in heart failure
449 therapy: is aldosterone suppression the key? *Ther Adv Cardiovasc Dis* **2019**, *13*, 1753944719868134. doi:
450 10.1177/1753944719868134
- 451 28. Lymperopoulos, A.; Aukszi, B. Angiotensin receptor blocker drugs and inhibition of adrenal
452 beta-arrestin-1-dependent aldosterone production: Implications for heart failure therapy. *World J Cardiol*
453 **2017**, *9*, 200-206. doi: 10.4330/wjc.v9.i3.200
- 454 29. Juurlink, D.N.; Mamdani, M.M.; Lee, D.S.; Kopp, A.; Austin, P.C.; Laupacis, A.; Redelmeier, D.A. Rates of
455 hyperkalemia after publication of the Randomized Aldactone Evaluation Study. *N Engl J Med* **2004**, *351*,
456 543-551. doi: 10.1056/NEJMoa040135
- 457 30. Shibata, S.; Rinehart, J.; Zhang, J.; Moeckel, G.; Castañeda-Bueno, M.; Stiegler, A.L.; Boggon, T.J.; Gamba,
458 G.; Lifton, R.P. Mineralocorticoid receptor phosphorylation regulates ligand binding and renal response to
459 volume depletion and hyperkalemia. *Cell Metab* **2013**, *18*, 660-671. doi: 10.1016/j.cmet.2013.10.005
- 460 31. Eijgelsheim, M.; Visser, L.E.; Uitterlinden, A.G.; Stricker, B.H. Protective effect of
461 a GRK5 polymorphism on heart failure and its interaction with beta-adrenergic receptor antagonists.
462 *Pharmacogenomics* **2008**, *9*, 1551-1555. doi: 10.2217/14622416.9.10.1551
- 463 32. Wu, J.H.; Zhang, L.; Fanaroff, A.C.; Cai, X.; Sharma, K.C.; Brian, L.; Exum, S.T.; Shenoy, S.K.; Peppel,
464 K.; Freedman, N.J. G protein-coupled receptor kinase-5 attenuates atherosclerosis by regulating receptor
465 tyrosine kinases and 7-transmembrane receptors. *Arterioscler Thromb Vasc Biol* **2012**, *32*, 308-316.
466 doi:10.1161/ATVBAHA.111.239608
- 467 33. Montó, F.; Oliver, E.; Vicente, D.; Rueda, J.; Agüero, J.; Almenar, L.; Ivorra, M.D.; Baretino, D.; D'Ocon, P.
468 Different expression of adrenoceptors and GRKs in the human myocardium depends on heart failure
469 etiology and correlates to clinical variables. *Am J Physiol Heart Circ Physiol* **2012**, *303*, H368-H376.
470 doi:10.1152/ajpheart.01061.2011
- 471
- 472