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*Hypothesis*

# The Carbon-Based Evolutionary Theory (CBET)

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**Abstract:** Why did inanimate materials evolve into complex organisms and societies on Earth? This is a fundamental scientific question that has captivated humans for millennia. Here we propose the Carbon-Based Evolutionary Theory (CBET) to provide novel, direct, and explicit answers to this question. The CBET identifies three key mechanisms based on some principles of physics and chemistry (e.g., laws of thermodynamics) and some features of Earth and carbon-based entities (CBEs): the driving force mechanism that provides energy, the structural mechanism that generates new functions, and the natural selection mechanism that accumulates orderliness, all for the evolution of CBEs. These mechanisms lead to the progression from chemical to biological and social evolution, marked by the escalating hierarchy of CBEs and the increase in the quantity, diversity, and orderliness of high-hierarchy CBEs. The CBET clarifies the natural roots of multiple pivotal and seemingly paradoxical social management notions, such as inclusiveness and competition, altruism and selfishness, freedom and restriction, as well as inherited advantages and acquired strengths. It advocates for the balanced, harmonious, and peaceful development of human society as well as the integration of all countries into a single harmonious social collective. The CBET unifies biology with physics and chemistry and could be a basic theory shared by the natural sciences and the social sciences. It could also be significant in the rational development of human society.

**Keywords:** carbon; chemistry; evolution; mechanism; natural selection; theory; physics; society

## 1. Introduction

Why did inanimate materials evolve into complex organisms and societies on Earth? This is a fundamental question in science that has captivated humans for millennia [1]. Creationists claim that humans, life, Earth, and the whole universe were created by one or more supernatural powers [2]. Ancient Greek philosophers proposed various hypotheses to explain the evolution. For example, Anaximander posited that apeiron, which is a substance without fixed boundaries and forms, gives rise to opposites such as cold and hot, dry and wet, and these opposites, in turn, produce all things, including organisms [1].

Historically, the notion of spontaneous generation held that some organisms can arise spontaneously from non-living matter, such as fleas, which can arise from decaying matter [1]. This notion was widely accepted before the 18<sup>th</sup> century.

In physics, the notion of negative entropy proposed by Nobel laureate Erwin Schrödinger and the dissipative structure theory proposed by Nobel laureate Ilya Prigogine employed various abstract concepts and mathematical equations to interpret the origin of the orderliness of organisms [3,4]. These notions or theories did not provide direct or explicit answers about evolution [3,4], and their validity has been challenged [1,5].

In chemistry, in the 1920s, Alexander Oparin proposed a hypothesis suggesting that life on Earth originated through a gradual chemical evolution of organic molecules [6]. Since the 1950s, many experiments have been conducted to investigate how various organic molecules, such as amino acids, monosaccharides, nucleotides, proteins, and nucleic acids, could be synthesized naturally on the prebiotic Earth [7-15]. The concept of chemical evolution has been widely accepted, although the processes involved have not been fully revealed. In the 1970s, the hypercycle theory proposed by Nobel laureate Manfred Eigen assumed that some autocatalytic or self-replicating macromolecules

are linked such that each of them catalyzes the production of its successor, with the last molecule catalyzing the first one [16]. The hypercycles could reinforce themselves and extend with the incorporation of new molecules under a natural selection process [16].

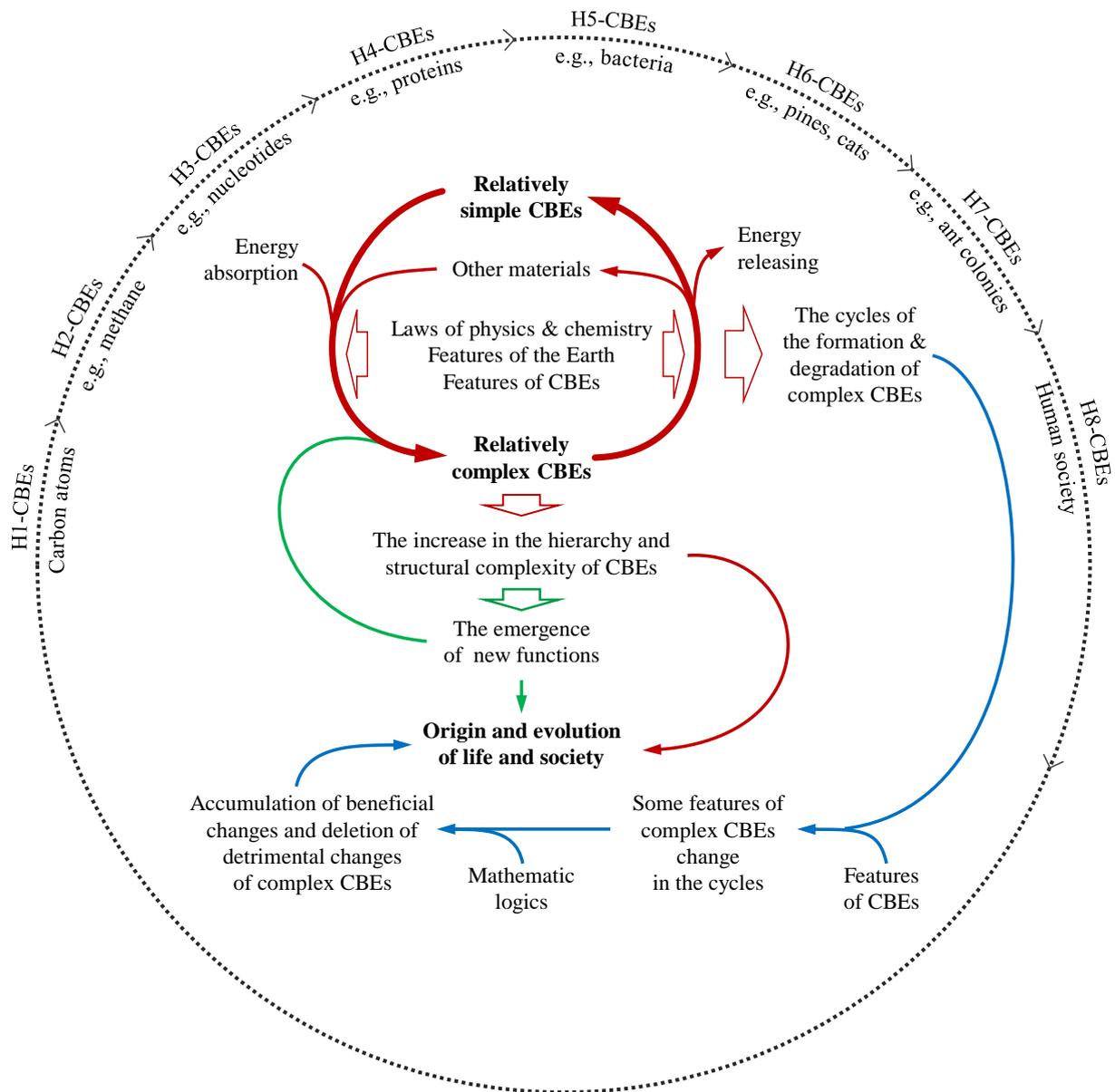
In biology, various evolutionary theories have been proposed, including the natural selection hypothesis proposed by Charles Darwin in the 19<sup>th</sup> century and its updated version, the Modern Synthesis, which emerged in the 20<sup>th</sup> century [17]. Darwin's theory elucidated the importance of natural selection, and the Modern Synthesis elucidated the genetic basis underlying it [17]. These two theories cannot explain some macroevolution issues, such as the origin of life and multicellular organisms, because organisms are no fitter than inanimate materials, and multicellular organisms are no fitter than unicellular organisms [17].

In the social sciences, most social evolutionary theories in the 19<sup>th</sup> century claimed that human societies evolved from a primitive state to a more civilized one along a unilineal path. In the 20<sup>th</sup> century and recent years, social evolutionary theories have mainly focused on the changes specific to individual human societies (multilineal evolution) [18-20]. Some social evolution theories, inspired by Darwin's theory, led to notorious notions, such as social Darwinism, which highlighted fierce competition and justified the policies of colonialism, slavery, racism, and massacre [18-20]. These theories have not revealed the natural roots of some key social management concepts, such as inclusiveness, altruism, and collaboration.

In general, previous evolutionary theories have been shown to be incorrect (e.g., spontaneous generation), indirect (e.g., some theories in physics), or incomplete (e.g., Darwinism, the Modern Synthesis, and some social evolutionary theories). Furthermore, they did not unify the origin of life, biological evolution, and social evolution in a direct and explicit way. Therefore, it is desirable to engage in theoretical research that addresses these evolutionary questions.

## 2. Definitions

Here we define the entire evolution process from small carbon-containing molecules (CCMs) to complex carbon-based entities (CBEs), such as complex organisms and human societies, as the carbon-based evolutionary process (CBEP), and define the related evolutionary theory as the carbon-based evolutionary theory (CBET) (Figure 1).



**Figure 1.** The three mechanisms of the evolution of carbon-based entities (CBEs) on Earth. Red arrows show the driving force mechanism that provides energy for the evolution; green arrows show the structural mechanism that generates new functions for the evolution; blue arrows show the natural selection mechanism that accumulates orderliness for the evolution. The upper of this figure shows eight hierarchies of CBEs on Earth.

To elucidate the CBEP and the CBET, we classify CBEs into eight hierarchies (H1–H8) (Table 1). H1-CBEs refer to carbon atoms. H2-CBEs refer to small CCMs, such as methane and carbon dioxide. H3-CBEs refer to intermediate CCMs, such as lysine and glucose. H4-CBEs refer to large CCMs, such as proteins and nucleic acids, composed of H3-CBE residues and some functional groups. H5-CBEs refer to cells, such as bacteria, composed of various H4-CBEs and other molecules. H6-CBEs refer to multicellular organisms, such as pines and rabbits, composed of some H5-CBEs (cells) and other materials. H7-CBEs refer to animal social collectives, such as ant colonies, composed of some H6-CBEs (animal individuals), which collaborate for the collective good and have distinct roles within the colony. H8-CBEs refer to human social collectives that have multiple hierarchies, and low-hierarchy collectives collaborate with different duties for high-hierarchy collectives.

**Table 1.** Definitions and features of carbon-based entities (CBEs) at seven hierarchies (H1-CBEs – H8-CBEs).

Definition and inner structures	Features or functions associated with the evolution of CBEs
H1-CBEs refer to carbon atoms. Carbon atoms are composed of protons, neutrons, and electrons that are restricted by laws of physics and chemistry	Carbon atoms are abundant on Earth and in the universe. Carbon atoms can form some small molecules and myriad intermediate molecules with other atoms. Among all atoms, only carbon atoms can act as the backbone of myriad large molecules.
H2-CBEs refer to small carbon-containing molecules (CCMs), such as methane and carbon dioxide, composed of carbon atoms and other atoms that are restricted by laws of physics and chemistry	The production of many H2-CBEs can be aided by catalyzers; some H2-CBEs can participate in the evolution of CBEs as catalyzers, protectors, energy carriers, or constituent materials for the production of other molecules; some H2-CBEs, along with other molecules, can form H3-CBEs when they absorb energy.
H3-CBEs refer to intermediate CCMs, such as lysine and glucose, composed of carbon atoms and other atoms that are restricted by laws of physics and chemistry	The production of many H3-CBEs can be aided by catalyzers; and many H3-CBEs can participate in the evolution of CBEs as catalyzers, protectors, energy carriers, or constituent materials for the production of other molecules; some H3-CBEs, along with other molecules, can form H4-CBEs when they absorb energy.
H4-CBEs refer to large CCMs, such as proteins and nucleic acids; composed of H3-CBE residues and some functional groups that are restricted by laws of physics and chemistry	The production of H4-CBEs can be aided by catalyzers; and many H4-CBEs can participate in the evolution of CBEs as catalyzers, protectors, energy carriers, or constituent materials for the production of other molecules; some H4-CBEs, along with other materials, can form H5-CBEs through myriad spontaneous random formations of multiple-molecular structures.
H5-CBEs refer to cells, such as bacteria, composed of various H4-CBEs and other molecules that are restricted by the laws of physics, chemistry, and biology for cells and their nucleic acids	Cells have complex functions stemming from their complex structures to obtain relevant materials and energy to reproduce and maintain themselves with variations and confront natural selection; some H5-CBEs can form H6-CBEs through major variations.
H6-CBEs refer to multicellular organisms, such as pines and rabbits, composed of some H5-CBEs (cells) and other materials that are restricted by laws of physics, chemistry, and biology for the H5-CBE and their reproductive cells	Multicellular organisms have complex functions stemming from their complex structures to obtain relevant materials and energy to reproduce and maintain themselves with variations and confront natural selection; some multicellular organisms formed H7-CBEs through major variations.
H7-CBEs refer to animal social collectives, such as ant colonies, composed of some H6-CBEs (animal individuals) that are restricted by laws of physics, chemistry, and biology and collaborate with different duties for the collectives	Animal social collectives utilize collective advantages and hence have great power in obtaining relevant materials and energy to maintain and rejuvenate themselves and reduce inner competition and conflicts. They have reduced the competition inside animal social collectives and elevated the competition among animal social collectives.

H8-CBEs refer to human social collectives, which are restricted by laws of physics, chemistry, and social morals and rules; they form multiple hierarchies (e.g., clans, tribes, and kingdoms, or towns, counties, provinces, countries, and country allies); low-hierarchy collectives collaborate with different duties for high-hierarchy collectives

Humans have established multiple hierarchies of social collectives due to their intelligence, knowledge accumulation, and collaboration spirits. Some H8-CBEs utilize collective advantages and hence have great power in obtaining material and energy to maintain and rejuvenate themselves and confronting competition and conflicts within or between human collectives. Technological development has elevated the destructive power of these competition and conflicts to the extent of destroying humanity and Earth, which underpins the integration of all countries into a global harmonious social collective.

High-hierarchy CBEs (HHCBEs) and low-hierarchy CBEs (LHCBEs) are defined by comparing their hierarchies. For example, H5-CBEs are HHCBEs compared to H4-CBEs, but they are LHCBEs compared to H6-CBEs.

Simple CBEs and complex CBEs are defined by comparing their structural complexity. For example, eukaryotic paramecia are complex CBEs compared to prokaryotic staphylococci, but they are simple CBEs compared with multi-cellular ants.

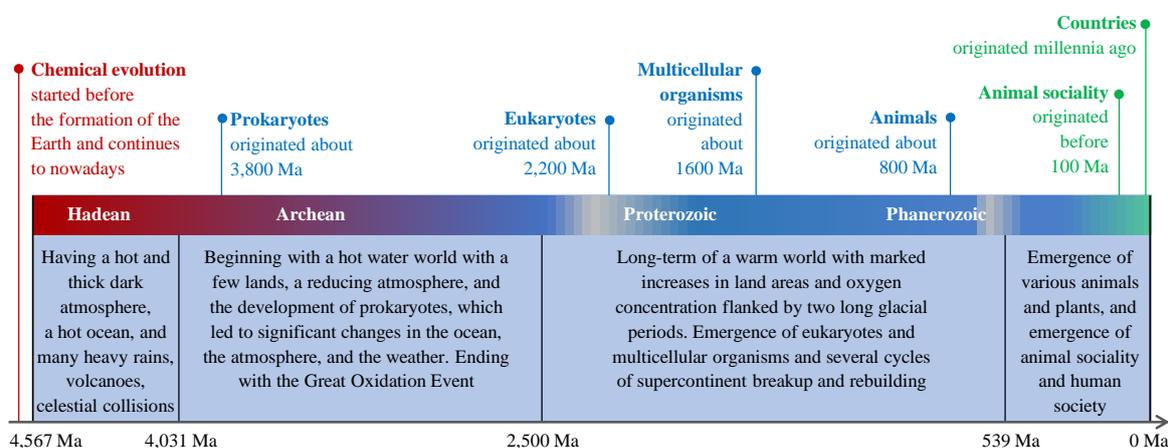
Sometimes LHCBEs or simple CBEs refer to H1-CBEs – H4-CBEs, while HHCBEs or complex CBEs refer to H5-CBEs – H8-CBEs.

Notably, no clear lines separate these CBE hierarchies. For example, some peptides are between H3-CBEs and H4-CBEs, viruses are between H4-CBEs and H5-CBEs, and lion groups are between H6-CBEs and H7-CBEs.

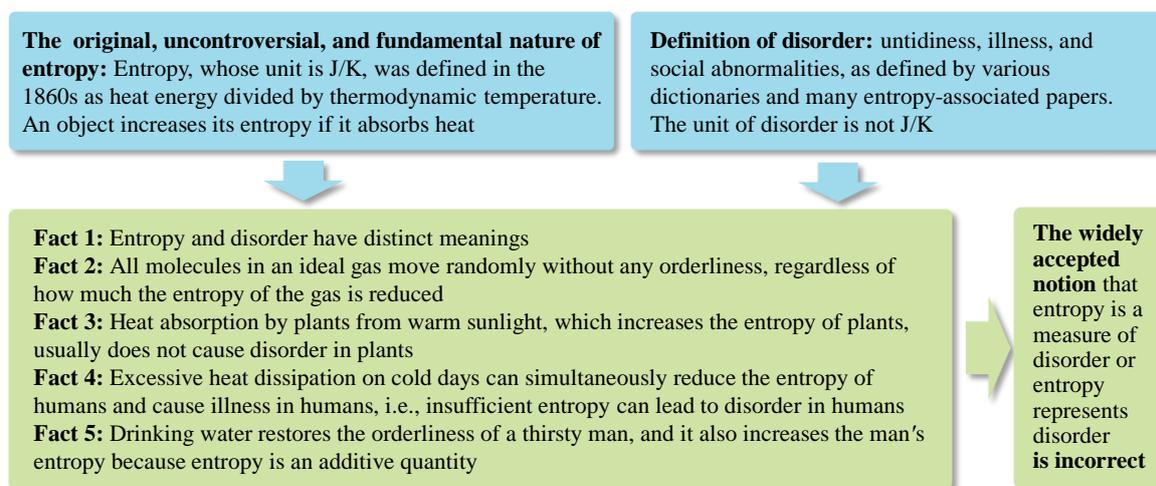
### 3. Special Features of Earth and CBEs

#### 3.1. Special Features of Earth

Two features of Earth, namely its abundant energy sources and abundant water, render Earth an exceptionally rare and hospitable celestial body in astronomy [21]. Earth formed around 4.6 billion years ago, and its history is divided into four eons: Hadean, Archean, Proterozoic, and Phanerozoic (Figure 2) [22]. Earth possesses various permanent energy sources, such as cosmic radiation, sunlight, lightning, geothermal energy, volcanoes, fires, water flow, wind, and the degradation of organic materials. The energy released from these sources can be regulated by the atmosphere, which is over 1,000 kilometers thick, and the abundant water on Earth, which weighs around  $1.35 \times 10^{18}$  tons [23]. This regulation helps to maintain a more moderate, widespread, and persistent distribution of energy on Earth, resulting in an average surface temperature of  $14.76^\circ\text{C}$  on Earth nowadays.



**Figure 2.** Four eons of Earth and a few key events of the carbon-based evolutionary process. The red, blue, and green words are associated with chemical evolution, biological evolution, and social evolution, respectively. Ma: million years ago.



**Figure 3.** The reasons and facts disproving the notion that entropy is a measure of disorder.

Energy is essential to the synthesis of organic molecules, the growth of plants, the movement of animals, the reproduction of organisms, and the development of human society. Water is also critical for these CBEs. Besides adjusting the energy on Earth, water participates in the formation of multiple hierarchies of CBEs as an important constituent component and the environment of the formation. Water is also important to maintain the structures and functions of many CBEs. Given the crucial role of water and energy, tropical forests boast a greater abundance and variety of organisms compared to tropical deserts or cold regions.

### 3.2. Special Features of H1-CBEs (Carbon Atoms)

The following specific features of carbon atoms significantly contributed to the CBEP, which helps to explain why, among all substances on Earth, only CBEs have evolved from simple structures to highly complex structures.

(1) Carbon is abundant on Earth. It has been estimated that the atmosphere, water bodies, and biosphere on Earth contain  $9 \times 10^{11}$ ,  $36 \times 10^{11}$ , and  $5.5 \times 10^{11}$  tons of carbon, respectively [24,25]. There is also abundant carbon in stones, coals, petroleum, natural gas, and methane hydrates on Earth.

(2) Carbon atoms are smaller than the other atoms (silicon, germanium, tin, and lead) that have four electrons in their valence shells. This unique size allows carbon atoms to form chemical bonds with a wide range of other atoms and numerous intermediate CCMs that are soluble in water or oil. This versatility in bonding is instrumental in the CBEP [24,25].

(3) Among all elements, carbon is unique in its ability to form long, relatively stable chains of interconnected bonds, which serve as the backbone for numerous large CCMs that are soluble in water. These backbones can bond with atoms such as hydrogen, oxygen, nitrogen, sulfur, phosphorus, halogens, metals, and various groups of atoms known as functional groups. The length, shape, and chirality of the chains all play a role in determining the properties of these large CCMs. No other atoms, including boron and silicon, are capable of forming the backbones of chains in large molecules that are as long, complex, or stable as carbon-based large organic molecules in water [24,25]. Because stable, complex, and water-soluble large molecules are essential for the construction of organisms, it is widely accepted that only CBEs have the potential to evolve from simple structures into life [24,25].

### 3.3. Special Features of Other CBEs

(1) Many CBEs are relatively stable on Earth. For example, some proteins were well preserved in fossils for millions of years [26], and various H3-CBEs have been preserved longer than proteins in meteorites [27].

(2) Almost all complex CBEs are degradable. Typically, an external factor such as fire, collision, or radiation can degrade a complex CBE by disrupting its component interactions. High temperatures, such as those from mountain fires, often accelerate the degradation of complex CBEs [17]. Usually, it is easier to destroy a complex CBE than to generate it. For example, it takes only minutes with electricity to kill a pig that has been nourished for months.

(3) Many CBEs, along with other materials, can form more complex forms after energy absorption, and this will be elaborated in Section 4.

(4) The generation of complex CBEs usually carries some changes. For example, DNA or RNA replication often encounters errors (mismatches), and many organisms carry some changes compared with their parents.

#### 4. The Driving Force Mechanism

As shown in Section 2, Earth possesses abundant permanent energy sources. Many substances, such as water, stones, and various CBEs, on Earth spontaneously or actively absorb energy from these sources in accordance with certain principles of physics and chemistry, including the law of conservation of energy (energy cannot be created nor destroyed; it can only be transformed or transferred from one form to another) and the second law of thermodynamics (heat can spontaneously flow from hot objects to cold objects, but cannot flow reversely) [28,29].

The energy absorption of CBEs on Earth can give rise to a spectrum of transformations, including temperature elevations and organic synthesis. These organic synthesis processes transform certain H2-CBEs, such as HCN, CO<sub>2</sub>, and CH<sub>4</sub>, along with other substances, into H3-CBEs, like amino acids, nucleotides, and monosaccharides [6-15], and certain H3-CBEs, along with other materials, into H4-CBEs, like proteins, nucleic acids, and lipids [7-9]. Some H4-CBEs and other molecules form H5-CBE (unicellular organisms such as bacteria) through some energy-absorbing organic synthesis reactions and energy-consuming physical movements. Some H5-CBEs and other materials form H6-CBEs (multi-cellular organisms, such as birds and trees) through some energy-absorbing organic synthesis reactions and energy-consuming physical movements. For example, some fertilized eggs and related substances develop into adult elephants through many energy-absorbing organic synthesis reactions and many energy-consuming physical movements. Some animal species form animal social collectives (H7-CBE) with the support of energy primarily derived from their food metabolism through organic decomposition reactions. Humans reproduce and form multi-hierarchy social collectives (H8-CBE, such as universities and nations) with the support of energy from food and other sources, such as electricity, fossil fuels, and wind energy.

Together, the spontaneous or active energy absorption of various substances from Earth's energy sources constitutes the driving force mechanism of the CBEP, which provides the energy required for the formation of complex CBEs and the CBEP [30].

#### 5. The Structural Mechanism

Some complex CBEs can acquire new functions that are not present in less complex CBEs. For example, birds can search, consume, and digest food, but none of their individual cells possess these functions. This stems from the principle that different structures can serve different functions, and the principle is equivalent to the core principle of systems theory: the whole is greater than the sum of its parts [31].

As demonstrated below, some of the new functions of complex CBEs facilitate the formation and accumulation of complex CBEs, which constitutes the structural mechanisms of the CBEP.

(1) Catalysis of chemical reactions. For example, after their formation on Earth, various H3-CBEs (e.g., proline) [32], H4-CBEs (e.g., many proteins), and some CCMs between H3-CBEs and H4-CBEs (e.g., peptides) [33], can catalyze the synthesis or degradation of certain H3-CBEs and H4-CBEs. These catalyzers facilitated the evolution of relevant CCMs [34].

(2) Provision of constituent materials. After their accumulation on Earth, various H3-CBEs and H4-CBEs can be used by complex CBEs as raw materials for the construction of more complex CBEs. For instance, H3-CBEs like amino acids or monosaccharides can serve as “bricks” for the construction of H4-CBEs, which can then be utilized as ‘bricks’ for the construction of H5-CBEs.

(3) Capture of constituent materials. For example, plants can capture CO<sub>2</sub> from the air and water from their roots to synthesize glucose, and herbivores can browse grasses, which provide various constituent materials for herbivores.

(4) Energy Provision. For instance, the breakdown of H3-CBEs and H4-CBEs releases heat or energy, which mammals can utilize for movement or dissipate into their environment.

(5) Active energy absorption. For example, plants' phototropism helps them capture sunlight, and animal metabolism from food provides them with energy from biomass.

(6) Protection of CBEs. For instance, lipids shield H3-CBEs and H4-CBEs that are soluble in lipids from radiation and degradation enzymes, and liposomes safeguard H3-CBEs and H4-CBEs that are water-soluble from certain enzymes.

(7) Direction of the synthesis of some H4-CBEs. For example, nucleic acids (DNA or RNA) can serve as the template to direct the synthesis of DNA, RNA, and proteins, ensuring their precise extension according to specific sequences.

(8) Self-reproduction. For example, H5-CBEs developed the ability to integrate the previous seven functions to replicate themselves.

(9) Sexual selection. For example, female lions mate with male lions who have demonstrated their dominance through fighting.

(10) Non-random mutation. For example, bacteria employ complex genomic structures to reduce random mutations at important genomic sites, and humans employ complex genomic structures to enhance the mutation frequency in immune genes [35,36].

(11) Epigenetic changes. Epigenetic changes in gene functions are heritable and can result in alterations to biological traits, despite the fact that the DNA sequence of the genes remains unchanged [37]. These changes can occur through DNA modifications, histone modifications, chromatin remodeling, and other mechanisms.

(12) Accumulation of knowledge. This function is unique to humans because of their high intelligence, which stems from the intricate structure of their brains. With the accumulation of knowledge, humans created various moral standards and legal systems on which complex human societies were established.

## 6. The Natural Selection Mechanism

The structural mechanism provides the functions to construct complex CBEs with the aid of the driving force mechanism, which supplies the energy required for the construction of complex CBEs. The synergistic action of these two mechanisms results in the formation and accumulation of various complex CBEs on Earth.

Since almost all complex CBEs are subject to degradation, there are cycles of their formation and degradation on Earth. The degraded complex CBEs, consisting of less complex CBEs and other materials, can be reconstituted into new complex CBEs through the combined action of the driving force and structural mechanisms. Regenerated complex CBEs usually carry some changes due to some features of CBEs (Section 3). Therefore, there are cycles of formation and degradation of complex CBEs, each iteration potentially carrying variations. . The cycles hold the following three mathematical logics.

**Logic 1:** If the total formation of a complex CBE exceeds its total degradation, this complex CBE persists on Earth, aligning with the phrase of “survival of the fit”.

**Logic 2:** If the ratio of the formation to degradation of a complex CBE exceeds 1 (or falls below 1) over a period, the quantity of this CBE is increasing (or decreasing) during that period.

**Logic 3:** If the ratio of the formation to degradation of complex CBE A is greater than that of complex CBE B over a period, the relative abundance of CBE A will increase compared to CBE B during that period.

The above three mathematical logics constitute the natural selection mechanism, which has the following features:

(1) Natural selection in the CBET stems from mathematical logic, while natural selection in previous theories stems from survival competition or reproduction competition. The former is the essence of natural selection, while the latter is the phenomenon of natural selection in the biosphere.

(2) Natural selection in the CBET applies to the whole CBEP, while natural selection in previous theories is largely restricted to organisms or biological evolution.

(3) The overall performance of the formation and maintenance (OPFM) of a complex CBE determines its fitness in natural selection according to the CBET, and the OPFM itself is determined not by a single component, a single trait, or a single hierarchy of the complex CBE, but by all components, all traits, and all hierarchies of the complex CBE [38]. This suggests that all components, all traits, and all hierarchies of complex CBEs are under natural selection. In contrast, natural selection in Darwin's theory and the Modern Synthesis frequently highlights the effect of a single mutation or trait [17]. The notion that the OPFM of a complex CBE determines the results of natural selection or the fitness of CBEs indicates that human individuals or groups should highlight their all-round development. Meanwhile, certain traits of complex CBEs, such as the running ability of antelopes, the group collaboration of wolves, and human individual expertise, can significantly enhance their OPFM. Therefore, natural selection also highlights specialized development.

The above three mathematical logics constitute the natural selection mechanism, which has the following features:

(1) Natural selection in the CBET stems from mathematical logic, while in previous theories it derived from survival competition or reproduction competition. The former is the essence of natural selection, while the latter represents the phenomenon of natural selection in the biosphere.

(2) Natural selection, as proposed in the CBET, applies to the entire CBEP, in contrast to previous theories, which largely restrict it to organisms or biological evolution.

(3) According to the CBET, the overall performance of the formation and maintenance (OPFM) of a complex CBE determines its fitness in natural selection. The OPFM itself is not determined by a single component, trait, or hierarchy but by the entire system — all components, traits, and hierarchies of the complex CBE. This suggests that all aspects of complex CBEs are subject to natural selection. In contrast, natural selection in Darwin's theory and the Modern Synthesis often emphasizes the impact of a single mutation or trait. The concept that the OPFM of a complex CBE determines the outcomes of natural selection or the fitness of CBEs indicates that human individuals or groups should prioritize all-around development. Meanwhile, certain traits of complex CBEs, such as the running ability of antelopes, the group collaboration of wolves, and human individual expertise, can significantly enhance their OPFM. Therefore, natural selection also highlights specialized development.

(4) Natural selection in the CBET exhibits inclusiveness because, according to Logic 1 stated above, a complex CBE can persist on Earth if its rate of formation exceeds its rate of degradation, regardless of whether its overall performance of the formation and maintenance is lower than that of its parents or other CBEs, regardless of whether it has some disadvantages, and regardless of whether it has encountered any changes. Natural selection allows organisms to have some disadvantages if their OPFM is sufficient. For example, antelopes are less strong than African buffalos, but they can run faster. This further suggests that some biological traits (e.g., the long necks of giraffes) may be advantageous, neutral, or disadvantageous in natural selection. Additionally, the inclusiveness of natural selection is in line with the abundance of neutral mutations in genomes, as these mutations have minimal impact on the OPFM of organisms [17]. In contrast, previous theories emphasized the fierce competition inherent in natural selection, which was expressed as "survival of the fittest" in Darwin's theory and "gradual replacement of populations with those carrying advantageous mutations" in the Modern Synthesis [17].

(5) Natural selection in the CBET can provide an interpretation for some macroevolutionary events. For example, the inclusiveness of natural selection in the CBET suggests that sympatric speciation could occur because different mutants with distinct trait combinations can all maintain

sufficient OPFM within the same ecological niche and area, particularly when their populations are far from saturation in the area, like in scenarios of adaptive radiation [39]. For example, antelopes and buffaloes have different traits to confront carnivores, which all provide them with sufficient OPFM in natural selection, and hence they could complete their speciation in the same ecological niche. Previously, it was assumed that sympatric speciation within the same ecological niche is impossible [40]. Moreover, organisms, including multicellular organisms and endothermic animals, are not inherently fitter than inanimate materials, unicellular organisms, or ectothermic animals; yet they can all maintain sufficient OPFM (i.e., their formation exceeds their degradation), which allows them to persist and evolve.

(6) Natural selection in the CBET is influenced by both inheritable and non-inheritable factors. For example, genetic factors can lead to some individuals having exceptional traits that enhance their OPFM, while non-heritable factors such as education and vaccination can also increase an individual's OPFM. This underscores the importance of considering both innate advantages and acquired strengths. Additionally, epigenetic changes, whether heritable or not, can affect an organism's OPFM and, consequently, shape the dynamics of natural selection [41].

(7) Natural selection in the CBET is influenced by the environment. Whether a HHCBE has sufficient OPFM depends not only on its own characteristics but also on the environment. Therefore, organisms must adapt to their environment or migrate to more suitable areas for survival and reproduction. Similarly, humans should work to protect the environment.

(8) Natural selection in the CBET involves competition and progressiveness, as suggested by Logic 2 and Logic 3 stated above. Competition results in the accumulation of beneficial changes (positive selection) and the elimination of detrimental changes (negative selection) in relation to the OPFM of complex CBEs. The combined impact of positive and negative selection is a continuous process of optimizing the inner structures, enhancing orderliness, and fostering collaboration within the relevant complex CBEs, which exhibits a progressive tendency of the CBEP. This aligns with the principles of Darwin's theory and the Modern Synthesis, emphasizing that the collaborative effort of various components, traits, and hierarchies inside organisms is crucial for successful natural selection in the context of biological evolution.

## 7. The CBEP from the Lens of the CBET

### 7.1. The Core Viewpoints of the CBET

As elucidated in Sections 3–6, due to some principles of physics and chemistry and special features of Earth and CBEs, there are three mechanisms in nature that underpin the CBEP: the driving force mechanism provides energy for the CBEP, the structural mechanism generates new functions (e.g., catalysis and reproduction) for the CBEP, and the natural selection mechanism accumulates orderliness for the CBEP. The synergistic effects of these three mechanisms drive the progression from chemical to biological and social evolution, characterized by the escalating hierarchy of CBEs and the increase in the quantity, diversity, and orderliness of HHCBEs. These are the core viewpoints of the CBET (Figure 1, Table 2).

**Table 2.** Core viewpoints of the Carbon-Based Evolutionary Theory (CBET).

Core viewpoints	Explanations
1. The energy dissipated from the permanent energy sources, such as sunlight, geothermal energy, cosmic radiation, water flow, wind, etc., is adjusted by the atmosphere and the abundant water on Earth. Many substances on Earth spontaneously or actively absorb energy from these sources under some principles of	Energy is essential for the synthesis of organic molecules, the growth of plants, the movement of animals, the reproduction of organisms, and the development of human society. The second law of thermodynamics has been mistaken by many people (including some scientists) for decades to contradict biological evolution, which have retarded the development of evolutionary theories and have been

physics and chemistry (e.g., the second law employed by creationists to challenge evolutionary thermodynamics). Some carbon-based theories.

entities (CBEs) can form more complex structures due to their special features after energy absorption. This constitutes the driving force mechanism that provides energy for the evolution of CBEs on Earth. Among all atoms, only carbon can lead other atoms to form multiple hierarchies of structures due to some special features of carbon atoms and other CBEs. Among all known planets, only Earth has been found to support life due to its rare habitable features. These special features that have been overlooked in previous evolutionary theories are essential for a theory to provide direct, and explicit explanations for CBE evolution.

2. Some complex CBEs possess new functions that less complex CBEs do not. This constitutes the structural mechanism of its parts. This mechanism is aided by the driving force and self-protection functions. This mechanism stems from the logic that a new structure can engender new functions. For example, birds can fly, but bird cells cannot. This logic is equivalent to the core principle of systems theory: the whole exceeds the sum of its parts. This mechanism is aided by the driving force and reinforced by the natural selection and self-protection mechanism.

3. The above two mechanisms lead to the formation and accumulation of complex CBEs on Earth. The driving mechanism and the structural mechanism are more obvious in chemical evolution and biological evolution, respectively.

4. Almost all complex CBEs will degrade and regenerated complex CBEs usually carry variations due to some features of CBEs. Therefore, there are cycles of formation and degradation of complex CBEs with variations. Natural selection was explained by previous theories with the phenomenon of survival competition in organisms. It is explained in the CBET using its mathematical essence. The CBET also extends natural selection from biological evolution to the competition among organic molecules (chemical evolution) and the

5. The cycles, in mathematics, lead to the accumulation of the variations beneficial to the competition of animal and human social collectives (social evolution).

the formation and maintenance of complex CBEs and the deletion of detrimental variations, which constitutes the natural selection mechanism. The driving mechanism and the structural mechanism explain why complex CBEs emerge on Earth and the natural selection explain why some complex CBEs can exist less than others or cannot exist.

6. The synergistic action of the above three mechanisms results in the progression from chemical to biological and social evolution, marked by the escalating hierarchy of CBEs. Previous theories overlooked the energy driving the evolution of CBEs and addressed only the natural selection or another single mechanism of evolution. Meanwhile, chemical evolution, biological evolution, and the increase in the quantity, diversity, and social evolution were largely investigated separately and orderliness of high-hierarchy CBEs. in previous theories.

The interplay of these three mechanisms indicates that the CBEP has a significant impact on its own development. In other words, the CBET exhibits a positive feedback loop that intensifies over time. The CBEP acquires and prepares materials for construction and protection, stores energy, and develops catalysts and novel functions to support the subsequent stages of the CBEP. Additionally, the CBEP significantly alters Earth's surface and its own environment, creating opportunities, fostering competition, and potentially leading to disasters. For example, plants change the color of Earth and provide opportunities for animals and fungi. The increase in photosynthetic bacteria led to the Great Oxidation Event around 2500 million years ago, likely resulting in a significant increase in the concentration of oxygen in the air and the extinction of anaerobic bacteria [17,43].

The CBET describes the mechanisms of the CBEP from a panoramic view. Although the CBET cannot provide details for each event of the CBEP during the past billions of years, which should be investigated using some approaches from physics, chemistry, biology, geology, or the social sciences, it can provide the general direction for these investigations.

### *7.2. Chemical Evolution from the Lens of the CBET*

Chemical evolution is the first phase of the CBEP and represents the origin and development from small CCMs to large CCMs (H4-CBEs). Chemical evolution began before the formation of Earth and continues to the present day. According to current cosmological understanding, H1-CBEs (carbon atoms) on Earth were formed within the interiors of giant or supergiant stars. These atoms were scattered into space as dust during the explosive death of these stars in the form of powerful and luminous supernovae. The dust from these supernovae events eventually coalesced to form the Sun, Earth, and other celestial bodies within our solar system [24].

During and after the formation of Earth, H1-CBEs combined to form H2-CBEs (e.g., carbon dioxide, methane, hydrogen cyanide). Through heat-absorbing chemical reactions, these H2-CBEs gave rise to a multitude of distinct H3-CBEs, a process that is widely accepted in modern science [6-15]. The prebiotic chemical synthesis routes for various H3-CBEs found in organisms, such as amino acids, nucleotides, and monosaccharides, have been experimentally validated under geologically plausible and biologically relevant conditions in laboratories [10-15]. Moreover, myriad distinct H3-CBEs have been identified in meteorites, with mass spectrometry analysis of the Murchison meteorite, which fell in Australia in 1969, suggesting the presence of possibly millions of distinct CCMs [44]. This evidence supports the hypothesis that myriad distinct H3-CBEs formed through heat-absorbing synthesis reactions prior to Earth's formation.

The prebiotic chemical synthesis routes for H4-CBEs, such as proteins, nucleic acids, lipids, and polysaccharides, which are essential in organisms, have been the subject of exploration for decades, resulting in significant advances. For instance, studies have shown that elements such as phosphorus, boron, and others can aid in the polymerization of proteins and nucleic acids in a prebiotic setting [6-8].

The CBET posits that, as a result of the structural mechanism, there should have been an evolution of catalysts for the polymerization of H4-CBEs, from small molecules to intermediate CCMs, and then to large CCMs, with the efficiency and specificity of the catalysts increasing as the structural complexity of the catalysts increased. Consequently, a multitude of distinct proteins, nucleic acids, and other CBEs could have accumulated before the advent of life.

Natural selection can enhance the efficiency of the chemical synthesis of H3-CBEs and H4-CBEs in the inanimate world and the biosphere. However, the total amount of H3-CBEs and H4-CBEs on Earth is influenced by multiple factors. For example, asteroid impacts, volcanic eruptions, glacial periods, and ecosystem destruction can all lead to mass extinctions of organisms and mass reductions in the populations of H3-CBEs and H4-CBEs [17,45].

### *7.3. Biological Evolution from the Lens of the CBET*

Biological evolution is the second phase of the CBEP and represents the origin and development of life (H5-CBEs and H6-CBEs). The myriad distinct H3-CBEs and H4-CBEs that emerged on Earth before the origin of life could spontaneously form myriad multiple-molecule structures due to the actions of wind, water flow, evaporation, and other factors. Among these structures, some had one of the first seven functions listed in Section 5, and a few had all these seven functions, or the self-reproduction function, due to the collaboration of various molecules (Section 5.2), and they constituted the first batch of H5-CBEs, which possibly originated at seabeds near hydrothermal vents in the ocean [46]. One of them passed natural selection and became the Last Universal Common Ancestor (LUCA) of all living things. LUCA could have hundreds of genes [47]. The possibility of the abiogenesis of H5-CBEs, including LUCA, has been supported by successful experiments regarding the synthesis of viruses and H5-CBEs [48,49].

Billions of years after the origin of LUCA, myriad variants of H5-CBEs accumulated on Earth, and some of them became eukaryotes in the early Proterozoic eon [50]. In the middle Proterozoic eon myriad, variants of eukaryotes accumulated on Earth, and some of them became multicellular organisms (H6-CBEs) [51]. As elucidated in Section 6, the origin of H5-CBEs, H6-CBEs, and various species (e.g., amphibians [34]) was not because they were fitter than their previous taxa, but because they were fit in natural selection: they can obtain sufficient materials and heat or energy to reproduce and maintain themselves due to their complex structures, although they are more vulnerable than many inanimate materials.

Due to the variability of complex CBE and the inclusiveness of natural selection, biological evolution has led to the continuous growth of species.

Among the thousands of catalytic molecules in an organism, only a few molecules, such as ribozymes, thrombin, and hammerhead ribozymes, are autocatalyzers that catalyze a step in their own production process. Moreover, no large CCMs have been found that can catalyze all steps of their own synthesis. For example, ribozymes catalyze the formation of ribozymes, but they only catalyze the incorrect folding of ribozymes and cannot catalyze the many steps in the synthesis of ribozymes from certain amino acids in a specific sequence. In biology, the reproductive function of H5-CBE comes from the collaboration of various molecules and many catalytic molecules that do not catalyze their own synthesis (termed allocatalyzers in this article). Therefore, H5-CBEs are not the hyper-cycle systems composed of autocatalytic molecules hypothesized by Manfred Eigen in the 1970s [16], but the hyper-cycle systems formed by the collaboration of various allocatalytic molecules with many other molecules, including those providing energy, guiding the precise synthesis of specific molecules, and protecting these molecules. The complex cooperative relationships between these molecules achieve the first seven functions listed above in Section 5, and these functions collectively achieve the function of H5-CBE reproducing offspring. The organic large molecules hypothesized by Manfred Eigen to exist in the hyper-cycle system with both autocatalytic and allocatalytic effects, capable of undergoing mutations, have not yet been discovered in the world. For the same reasons, the RNA world hypothesis, which overestimated the incomplete autocatalytic property of RNA and overlooked the collaboration of various molecules in the origin of life [52], is questionable.

#### 7.4. Social Evolution from the Lens of the CBET

Social evolution is the third phase of the CBEP and represents the origin and development of animal or human social collectives (H7-CBEs and H8-CBEs), which have the features of the collaboration of animal or human individuals with different duties working for the collectives.

Fossils and molecular clocks both suggested that animals possibly emerged on Earth 800 million years ago [53]. Animals actively search for and consume food, which provides them with constituent materials and heat or energy. Possibly 100 million years ago, some insects established their social collectives [54,55]. The increased complexity in gene regulation and chemical communication is important to the origin of sociality in insects [54-56], which coincides with the structural mechanism of the CBET.

Sociality has been established in around 24,000 species of insects and some species of crustaceans and mammals, which constitute separate events in social evolution [54,55]. Sociality is widespread in *Hymenoptera* (ants, bees, and wasps) and *Blattodea* (termites). A typical social collective has a queen and a few reproductive males, who take on the roles of the sole reproducers, and other individuals act as soldiers and workers who work collaboratively to create a living situation favorable for the brood. Such closely collaborative collectives can be viewed as superorganisms, while multicellular organisms can be viewed as social collectives of cells [55], and unicellular organisms as social collectives of molecules.

Animal social collectives have complex functions stemming from their complex structures. They significantly reduce intra-population competition and struggles, as well as utilize collective advantages to obtain relevant materials and energy to reproduce and maintain them and confront natural selection. Consequently, social animals have strong natural selection advantages due to the

collaboration within animal social collectives, and they typically have significantly longer lifespans compared to their counterparts without sociality within the same taxonomic group [54-57], although sometimes social animals require individuals to sacrifice their freedom and even their lives for the benefit of others. For example, the naked mole rat (*Heterocephalus glaber*) living in society has a lifespan of up to 30 years, several times longer than other rodents. Moreover, they reproduce themselves through the reproduction of a few strong individuals and cooperative brood care, and this specialized breeding can easily accumulate beneficial changes and eliminate harmful ones. On the other hand, the natural selection advantages of animal social collectives also lead to sometimes intense competition or conflicts between them. For instance, battles between ant colonies often result in the slaughter of numerous ants [58].

H7-CBEs have a single management hierarchy. For example, ant queens control other ant individuals, and no ant individuals control ant queens in the same colony or in the same place.

Due to the complex brains, bipedal bodies, unique vocal cords, and other special structures of humans, humans possess high intelligence, language and written communication, knowledge accumulation, and collaboration capabilities. Building upon these abilities, humans have established multi-hierarchy human social collectives (H8-CBE), such as clans–tribes–tribal alliances–countries, family–community–township–county–city–province–country, and laboratory–department–college–university. We define the establishment of the most ancient country (Old Babylonian Empire) as the hallmark of the origin of H8-CBE, which occurred in southern Mesopotamia millennia ago [18,19].

In multi-hierarchy human social collectives, lower-hierarchy collectives adhere to the laws of physics, chemistry, and biology, as well as the rules of social collectives, serving higher-hierarchy human social collectives and some important individuals. Higher-hierarchy human social collectives benefit from the strong collaboration between lower-hierarchy human social collectives, enabling them to acquire resources, defend themselves, reproduce, and decrease internal competition and conflicts more efficiently. Therefore, although sometimes human collectives may need to sacrifice individual freedoms or even the lives of certain individuals (such as soldiers, policemen, or firefighters) to protect social collectives and other individuals, humans generally have longer lifespans compared to other primates.

The natural selection advantages of human social collectives usually increase as the hierarchy of the collective rises. This is why humans worldwide have established multi-hierarchy social collectives largely along the line from clans to tribes, tribal alliances, nations, and national alliances. However, the natural selection advantages of human social collectives can also intensify competition and conflicts between higher-hierarchy human societies, including inter-national wars. Advances in technology, such as the development of nuclear weapons and artificial intelligence, have significantly increased the destructive potential of inter-national conflicts, posing a threat to humanity and Earth.

In 2022, global military spending reached \$2.2 trillion, 238,000 people died as a result of wars [59], and the Russia-Ukraine war posed a risk of triggering an unprecedented nuclear war. These enormous military expenditures, the high number of casualties, and the risks of nuclear wars could be avoided if a global and unified human social collective were established, like the fact that in a harmonious country, there are no human deaths or economic losses due to internal wars. Accordingly, the CBET asserts that one of the ultimate objectives of the CBEP is to unite all countries into a single harmonious social collective. The CBET thus promotes the harmonious and peaceful development of human society, which, in essence, requires that the rational interests of each human individual and each human social collective be respected in social rules and social management.

#### 7.5. The Natural Roots of Multiple Important Social Management Notions

The natural roots of all-round development, inclusiveness, competition, acquired strength, and harmonious and peaceful development of human society have been clarified in Section 6 and Section 7.4. The natural roots of selfishness, altruism, restriction of freedom, and freedom are shown below.

In the survival competition of natural selection, selfishness is essential for myriad animals to obtain adequate constituent materials, energy, suitable environments, and mating opportunities to maintain their lives and reproduce themselves. Meanwhile, altruism is also widespread throughout

the CBEP: many molecules are the catalyzers, energy-providers, or constituent materials for the synthesis of other molecules, including H3-CBEs and H4-CBEs; many molecules in H5-CBEs (e.g., bacteria) help the passage of nucleic acids to next generation; many cells in H6-CBEs (e.g., humans) help the passage of reproductive cells to next generation; many animal individuals in H7-CBEs (e.g., ant colonies) help the reproduction of a few reproductive individuals in the collectives; and many human individuals (e.g., soldiers, policemen, firefighters) in the H8-CBEs (human social collectives) sacrifice themselves for the benefit of the whole collectives.

Restriction of the freedom of LHCBEs in HHCBEs is also widespread because HHCBEs are established on the collaboration of their inner LHCBEs, which requires the LHCBEs to sacrifice their freedom to obey rules. However, the freedom of LHCBEs increases with the increase in the hierarchies of CBEs. For example, many atoms can hardly conduct relative motion inside H2-CBEs and H3-CBEs, but they can conduct nanometer-sized relative motion in H4-CBEs. Many molecules can conduct micrometer-sized relative motion inside cells. Many cells can move for meters in multicellular organisms, and many animal individuals in animal groups can move relatively freely in certain areas. As for many animals, freedom is important for them to search for and consume sufficient food, fight against predators, obtain mating opportunities, and reproduce themselves. Furthermore, freedom is important for animals to move to more suitable environments.

## 8. Reliability of the CBET

(1) The CBET, which harbors no weird viewpoints, does not rely on obscure concepts or complex mathematical formulas (Figure 1 and Table 2), and consequently, its logical reasoning is easily evaluated.

(2) The development of a human from inanimate materials (H1-CBEs to H4-CBEs) to a fertilized egg (H5-CBE), and then to a baby (H6-CBE), a child, an adult, and an individual of a multi-hierarchy social collective (H8-CBE) can be considered a miniature of the CBEP, which can justify the validity of the three mechanisms of the CBET.

(3) The factors highlighted in the CBET, such as the special features of Earth, the special features of carbon atoms and other CBEs, energy, chemical reactions, the new functions stemming from the increase in structural complexity, and natural selection, are all critical for the CBEP. In contrast, previous theories only addressed a portion of these factors.

(4) The above factors are integrated logically in CBET with widely accepted knowledge in physics, chemistry, biology, geology, astronomy, and social sciences, rather than with any novel laws in physics, novel observations, or novel experiments.

(5) As shown below, the CBET provides better explanations for the origin of life and some other macroevolution issues (Section 9 and Table 3), which also supports its reliability.

**Table 3.** Better explanations for some evolutionary issues given by the CBET.

Issue	Previous explanations	Explanations of the CBET
The evolution	The three phases of the carbon-based evolution were largely investigated separately, and no theories have explicitly interpreted them from a panorama view	The CBET provides new, direct, and explicit explanations for the carbon-based evolution in its entirety from a panorama view and elucidates the mechanisms shared by chemical evolution, biological evolution, and social evolution
Evolution and physics	Using elusive concepts (e.g., negative entropy, dissipative systems, or maximum entropy production) to explain the contradiction between the	Using the concept of eight hierarchies of carbon-based entities (CBEs) and three mechanisms to provide direct, and explicit explanations for the CBEP from a panoramic view, accepting the new notion that no contradiction exists between the second law of thermodynamics and evolution, and

	second law of thermodynamics clarifying that this law is highly associated with the driving force of evolution	and evolution
The driving force of evolution	Natural selection, genetic drift, competition, or mutation, of which directly involve energy	Many CBEs on Earth can absorb energy from energy sources on Earth, which supports them in forming more complex CBEs in terms of energy
The mechanisms of evolution	Natural selection, sexual selection, and epigenetic changes, which cannot explain macroevolution	The synergistic action of the driving force mechanism, the structural mechanism, and the natural selection mechanism, which can explain microevolution and macroevolution
Origin of life	Highlighting the roles of RNA, autocatalysis, and inorganic catalyzers	Highlighting the role of the collaboration of various molecules, allocatalysis, and organic catalyzers
Natural selection	Being explained with survival (the competition among organisms), highlighting the selection targets of the (the phenomenon), highlighting the selection targets of a single trait, genetic changes, individuals, or populations, changes in natural selection, highlighting competition rather than inclusiveness in natural selection	Being explained with mathematical logic (the essence), highlighting the selection targets of the overall fitness of complex CBEs and thus allowing the existence of disadvantageous traits, highlighting the roles of inheritable changes and non-inheritable changes in natural selection, highlighting both fierce competition and inclusiveness in natural selection
Natural roots of key social management notions	Only highlighting the importance of fierce competition and selfishness in the evolution advantages and acquired strengths, as well as specialized development and all-around development, are revealed	The natural roots of multiple pivotal and seemingly paradoxical social management notions, such as inclusiveness and competition, altruism and selfishness, freedom and restriction, inherited advantages and acquired strengths, as well as specialized development and all-around development, are revealed
Inclusion of evolutionary facts	Natural selection, non-random mutations, neutral mutations, epigenetic changes, and acquired strengths, cannot be integrated into a previous evolutionary theory	Natural selection, non-random mutations, neutral mutations, epigenetic changes, and acquired strengths are integrated into the cohesive framework of the CBET

## 9. Novelties of the CBET

Compared with previous evolutionary theories, the CBET has the following novelties (Table 3).

In science, the CBET elucidates that the CBEP arises from the synergistic action of three mechanisms, which provide the CBEP with energy, functions, and orderliness, respectively. The CBET thus answers the core science question why inanimate matter evolved into complex organisms and societies in a new, direct, and explicit way from a panoramic view. In contrast, the three phases of the CBEP, namely chemical evolution, biological evolution, and social evolution, were largely investigated separately in previous theories, and no theories have explicitly interpreted the mechanisms of the CBEP from a panorama view. Moreover, only one mechanism, such as natural selection in Darwin's theory [17], entropy dissipation into the surroundings in Schrödinger's negative entropy notion [3], self-organization in Prigogine's dissipative structure theory [4], the maximum entropy production principle [60], or the free-energy principle [61], was proposed to explain the CBEP in previous theories or hypotheses. These one-mechanism theories cannot explicitly or

comprehensively explain the CBEP. Moreover, they overlooked or even rejected the crucial role of natural selection, except Darwin's theory and the Modern Synthesis. Additionally, Darwin's theory and the Modern Synthesis assume that natural selection, gene drift, competition, or mutations are the driving forces of evolution [62-66], but these factors are not energy and they have not elucidated the sources of the energy required by the CBEP.

In physics, the CBET could have theoretic breakthroughs regarding thermodynamics and evolution. The second law of thermodynamics, which states that heat can spontaneously flow from hotter to colder objects and not the reverse, can also be mathematically expressed as the entropy of isolated systems increasing over time. Since entropy is commonly assumed to be a measure of disorder and the entire universe can be considered as an isolated system, the law indicates that the universe tends to become more and more disordered, which contradicts the CBEP, a natural process characterized by an increase in orderliness [3,4,60,61]. Creationists have exploited this perceived contradiction to argue for the existence of divine entities [2]. Some influential theories, such as Schrödinger's negative entropy theory and Prigogine's dissipative structure theory, have attempted to reconcile this contradiction by suggesting that open systems (like organisms) can gain orderliness by exporting entropy to their environment. [3,4]. These theories accepted the notion that entropy represents disorder and overlooked the important roles of energy, chemical reactions, the special features of carbon atoms and other CBEs, and natural selection. In contrast, the CBET highlights energy, chemical reactions, the special features of carbon atoms and other CBEs, and natural selection. It embraces the new notion that entropy and disorder have distinct meanings and hence entropy does not mean disorder [5,67], and consequently, the second law of thermodynamics does not contradict the CBEP. Furthermore, the CBET clarifies that the second law of thermodynamics is highly associated with the driving force of evolution (Sections 4–6), which refutes a key argument used by creationism.

In biology, as elucidated in Section 6, the CBET reveals the driving force of biological evolution and the mathematical essence of natural selection. It provides more comprehensive explanations for the targets of natural selection, widespread altruism, and some macroevolution issues, such as the origin of life, multicellular organisms, endothermic animals, and sympatric speciation. Moreover, natural selection, non-random mutations, neutral mutations, epigenetic changes, and acquired strengths, which cannot be integrated into a previous evolutionary theory, are integrated into the cohesive framework of the CBET, as elucidated in Section 5 and Section 6.

In the social sciences, the CBET reveals the natural roots of multiple pivotal and seemingly paradoxical social management notions, such as inclusiveness and competition, altruism and selfishness, freedom and restriction, inherited advantages and acquired strengths, as well as specialized development and all-around development. The CBET hence advocates for the balanced development of human society. The CBET also elucidates the imperative of the integration of all countries into a single harmonious social collective. In contrast, previous evolutionary theories highlight selfishness, competition, and the elimination of those less advantageous in certain traits [1]. These biased notions have historically been employed to rationalize colonialism, slavery, racism, and genocide [68].

## 9. Conclusions and Perspectives

In conclusion, this article establishes the CBET, which provides new, direct, and explicit explanations from a panoramic view for the evolution of inanimate matter on Earth into complex organisms and social structures. The theory elucidates three mechanisms shared by chemical evolution, biological evolution, and social evolution. It demonstrates the absence of conflict between the second law of thermodynamics and evolution, thereby refuting a key argument used by creationism and unifying biology with physics and chemistry. It challenges certain viewpoints of Schrödinger's negative entropy notion, Prigogine's dissipative structure theory, Eigen's hypercycle theory, and the RNA world hypothesis. It reveals the mathematical essence of natural selection and provides more comprehensive explanations for natural selection and some other evolutionary phenomena. The theory uncovers the underlying natural bases of multiple crucial social management

notions, such as inclusiveness, altruism, collaboration, and freedom, besides selfishness, competition, and restriction, thereby bridging the natural sciences with the social sciences.

The CBET can guide natural scientific research. For instance, on chemical evolution and the origin of life, this theory suggests searching for some CCMs (e.g., peptides) that can effectively catalyze the synthesis of proteins, nucleic acids, or other organic macromolecules associated with life. It also suggests investigating collaborative relationships among various molecules in the context of life's origin. It recommends a panoramic perspective for research on natural selection, macroevolution, and social behaviors in animals. Moreover, the CBET advocates for the balanced and peaceful development of human society and the integration of all countries into a single harmonious social collective.

The CBET can guide social scientific research and social development because it uncovers the underlying natural bases of multiple crucial social management notions and advocates for the balanced, harmonious, and peaceful development of human society, as well as the integration of all countries into a single harmonious social collective.

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