

## Article

# The 3D pattern of the rainbow trout (*Oncorhynchus mykiss*) enterocytes and intestinal stem cells

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**Abstract:** We previously showed that, based on the frequency and distribution of specific cell types, rainbow trout (RT) intestinal mucosa is divided in two regions that form a complex nonlinear 3D pattern and have a different renewal rate. This work had two aims. First, to investigate whether the unusual distribution of cell populations reflects a similar distribution of functional activities. To this end, we determined the protein expression pattern of three well defined enterocytes functional markers: Peptide Transporter 1 (PepT1), Sodium-Glucose/Galactose Transporter 1 (SGLT-1) and fatty acid-binding protein 2 (Fabp2). Second, to characterize the structure of RT intestinal stem cells (ISC) niche and to determine whether the different proliferative rates correlate with a different organization and/or extension of the stem cells population. We studied the expression and localization of well-characterized mammal ISC markers: LGR5, HOPX, SOX9, NOTCH1, DLL1 and WNT3A. Our results indicate that morphological similarity is associated with similar function only between the first portion of the mid-intestine and the apical part of the complex folds in the second portion. Mammal ISC markers are all expressed in RT but their localization is completely different suggesting also substantial functional differences. Finally, higher renewal rates are supported by a more abundant ISC population.

**Keywords:** Rainbow trout; intestinal epithelium; intestinal stem cells; self-renewal; fish nutrition; brush border proteins;

## 1. Introduction

Due to its high nutritional value, global fish consumption has been constantly growing in the past decades, reaching all-time records. Whereas the amount of capture fisheries production has reached its plateau, aquaculture output has increased 5 times in the last 30 years becoming the biggest source of the fish we eat [1]. Nevertheless, intensive fish farming must constantly evolve in order to increase its sustainability, in particular, through the search of feed with low environmental impact. However, many of the alternative and sustainable ingredients have a negative impact on the integrity and function of fish intestine [2,3]. Therefore, it is important to increase our knowledge on its structure and on the mechanisms that regulate the mucosa renewal and repair.

Fish is the largest group of vertebrates, it includes almost 21,000 species, more than all other vertebrates combined and is characterized by a wide variety of anatomical and physiological differences [4]. We recently examined in detail the intestinal structure of Rainbow trout [4] (*Oncorhynchus mykiss*) [5], a member of the Salmonids family, one of the most successful group in aquaculture by virtue of its adaptability to a wide range of farming conditions [6]. Following the nomenclature proposed by Bjørge et al. [7] for the Atlantic salmon (*Salmo salar*), along the craniocaudal axis of the intestine we first meet the pyloric caeca, over 50 hollow tubes that branch off the first segment of the mid-intestine, to increase its absorptive surface. These are followed by the rest of the thin and nearly transparent first segment of the mid-intestine that continues in the second segment of the mid-intestine, easily recognizable for its larger diameter and the darker pigmentation

due to the presence of circularly arranged blood vessels. Fish intestinal mucosa lacks two typical structures found in Mammals: the crypts of Lieberkühn, and the villi [8]. Throughout the length of the whole intestine, the mucosa raises in large folds and in the second segment some of them are up to three times higher with smaller secondary folds branching out along their length. For their peculiar structure these are known as complex folds [5,9].

We previously described a peculiar distribution pattern of the different cell populations along rainbow trout intestinal mucosa [5]. The epithelium covering the apical part of the complex folds of the second segment presented abundant and actively-secreting goblet cells and no pinocytotic vacuoles exactly as the first segment of the mid intestine and whereas the pyloric caeca, the basal part of the complex folds as the rest of second segment of the mid-intestine were lined with an epithelium characterized by few deflated goblet cells and high pinocytotic vacuolization. Moreover, these two intersected districts showed distinct turnover rates: the first segment of the mid intestine and the apical part of the complex folds were characterized by low proliferation and extensive differentiation while the contrary occurred in the pyloric caeca, the basal part of the complex folds and the rest of the second segment of the mid intestine [5].

The self-renewal capability of the intestinal epithelium is ensured by a dedicated population of multipotent intestinal stem cells (ISCs), that in mammals are in the well-demarcated space of the Lieberkühn crypts that form a highly specialized supporting niche [10–13]. To date, by far the most detailed knowledge on ISCs and their interaction with the surrounding niche has been achieved in mouse [12,14,15]. Two different stem cell populations co-exist in this species: the leucine-rich-repeat-containing G-protein-coupled receptor 5-expressing (LGR5<sup>+</sup>) stem cell and the +4 stem cells that selectively express Homeobox only protein (HOPX) [16]. LGR5<sup>+</sup> cells, also called crypt base columnar cells (CBCs), are continuously cycling cells and are located at the crypt base intermingled among Paneth cells [13,15,17,18]. HOPX<sup>+</sup> cells are located in the 4<sup>th</sup> position from the bottom of the crypt, are characterized by label retaining and are slow cycling [7]. They enter in action in response to a damage of the epithelium and most recent data suggest they can integrate the CBC population. ISCs cell division originate a pool of highly proliferating cells known as transient amplifying (TA) cells that expands rapidly to produce terminally differentiated cells that migrate up towards the villus tip with the only exception of Paneth cells that migrate towards to crypt. On LGR5<sup>+</sup> cells surface is also present NOTCH 1 receptor that interacts with its transmembrane ligand Delta-like protein 1 (DLL1) located on Paneth cells. The two together play a crucial role in regulating stem cell proliferation and differentiation [19]. ISCs maintenance is regulated also by other pathways, such as WNT3A which is a ligand of LGR5 and acts together with the Notch pathway to modulate stem cells equilibrium between proliferation and differentiation [15].

Whereas the detailed knowledge of ISCs and their crypts is growing exponentially in mouse and in humans, very little is known in other species [11,20]. Among fish, the organization and the architecture of the intestinal stem cells niche have recently been investigated only in medaka [8] and, in zebrafish [21–23]. However, these are two small laboratory species and, as mentioned above, the taxonomic divergence among teleost fish does not allow direct extrapolations.

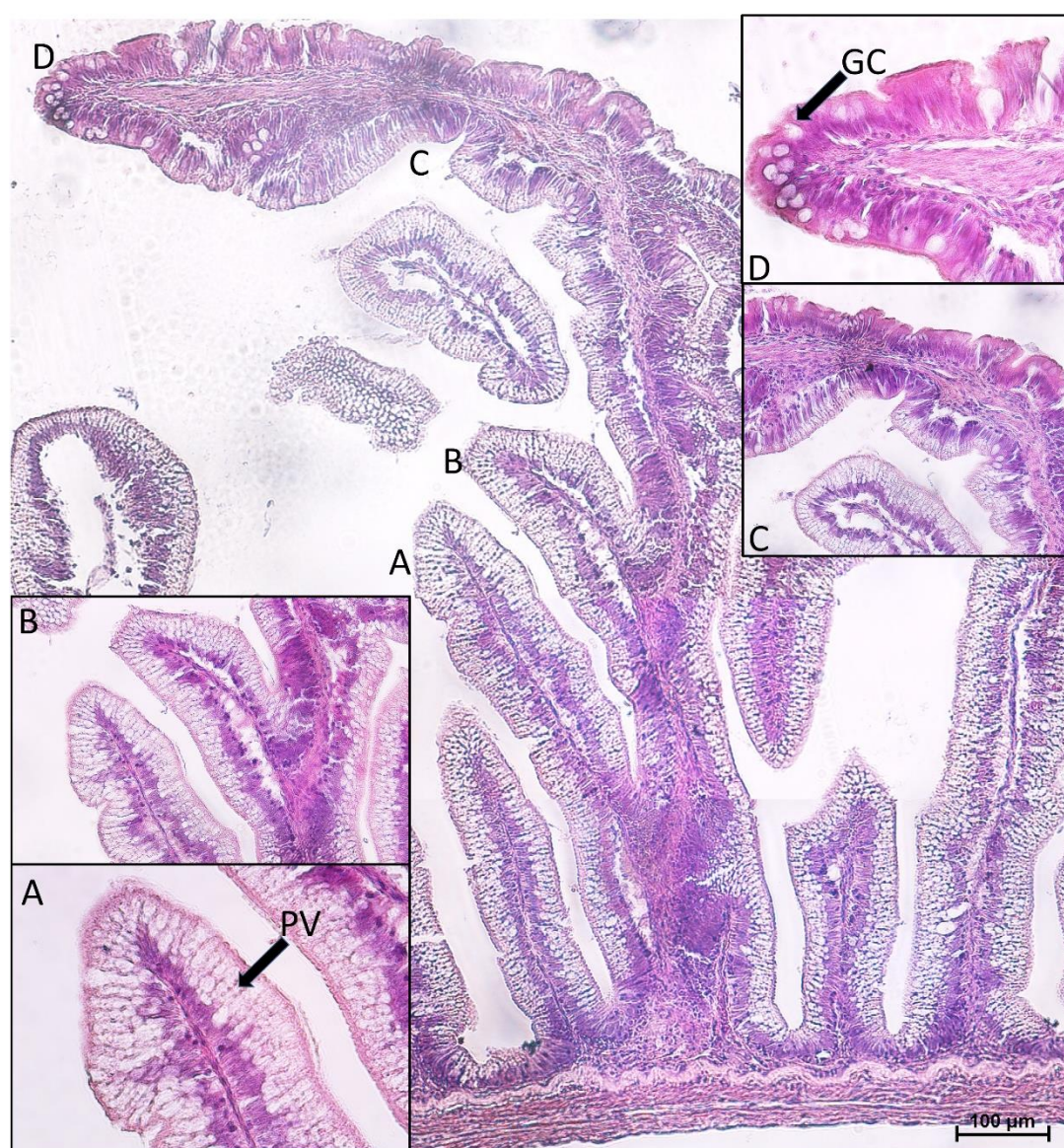
Given the complex nonlinear 3D pattern of the RT intestine that is not observed in mammals, this manuscript had two aims. The first was to investigate whether the unusual distribution of cell populations reflects similar functional activities. To this end, we determined the protein expression along the different portions of the intestine of three well defined functional markers of differentiated enterocytes: Peptide Transporter 1 (PepT1), Sodium-Glucose/Galactose Transporter 1 (SGLT-1) and fatty acid-binding protein 2 (Fabp2). The second was to characterize the morphological and molecular structure of the RT intestinal stem cells niche and to determine whether the different proliferative rates previously observed along the different mid-intestine portions correlates with a different organization and/or extension of the stem cells population.



## 2. Results

### 2.1. Distribution of functional brush borders proteins along the mid-intestine

A preliminary morphological analysis did not evidence inflammation features such as proximal intestine vacuolization, nuclear positioning disparity, folds shortening or fold branching, confirming the animals' healthy state. It confirmed that goblet cells were numerous, swollen, and actively secreting in the first segment of the mid intestine and in the apical portion of the complex folds of the second segment, whereas they were scarce and inactive in the pyloric caeca and in the rest of the second segment of the mid intestine. As previously observed, enterocytes full of pinocytotic vacuoles were the predominant cell type along the basal portion of the complex folds and in the rest of the second segment of the mid intestine (Figure 1).

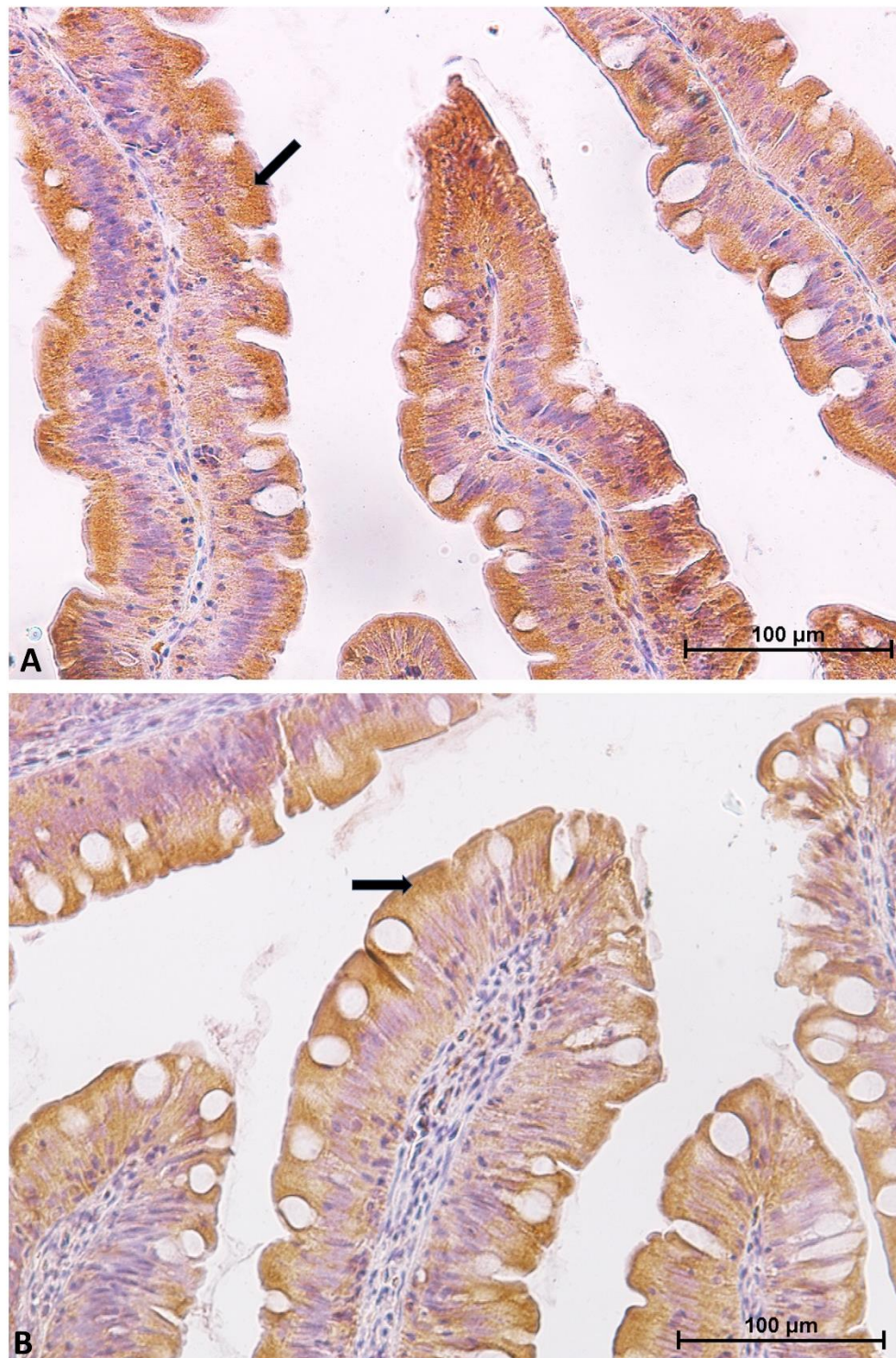


**Figure 1.** Morphological aspects of the complex folds found in the second segment of the rainbow trout mid-intestine. Basal part (A-B) characterized by a great amount of pinocytotic vacuolization (PV) that gradually disappeared (C). Apical portion (D), characterized by numerous goblet cells (GC) and no vacuolization. Hematoxylin-Eosin paraffin section.

However, the expression level of Peptide Transporter 1 (PepT1), Sodium-Glucose/Galactose Transporter 1 (SGLT-1) and fatty acid-binding protein 2 (Fabp2), follows only partially the same

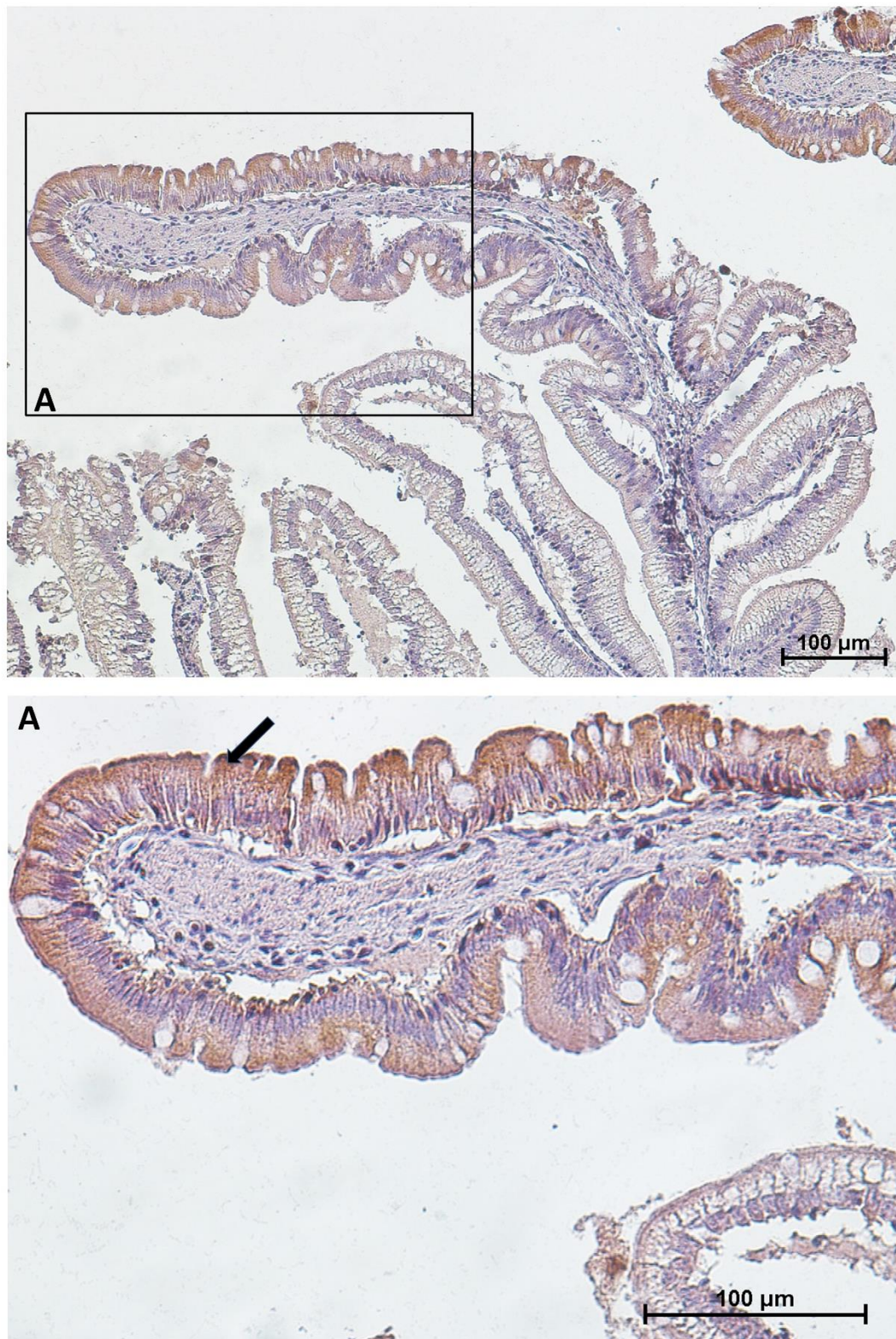


pattern. The presence of the PepT1 symporter was highest in the brush border of pyloric caeca enterocytes, was moderate in the first segment of the mid intestine (Figure 2) and in the apical part of the complex folds of the second segment, and was completely absent in the rest of the second segment of the mid intestine mucosa (Figure 3).



**Figure 2.** Immunolocalization of Peptide Transporter 1 (PepT1) in pyloric caeca (A) and in the first segment of the mid-intestine (B). The molecule is localized (arrows) on the enterocytes' brush border.

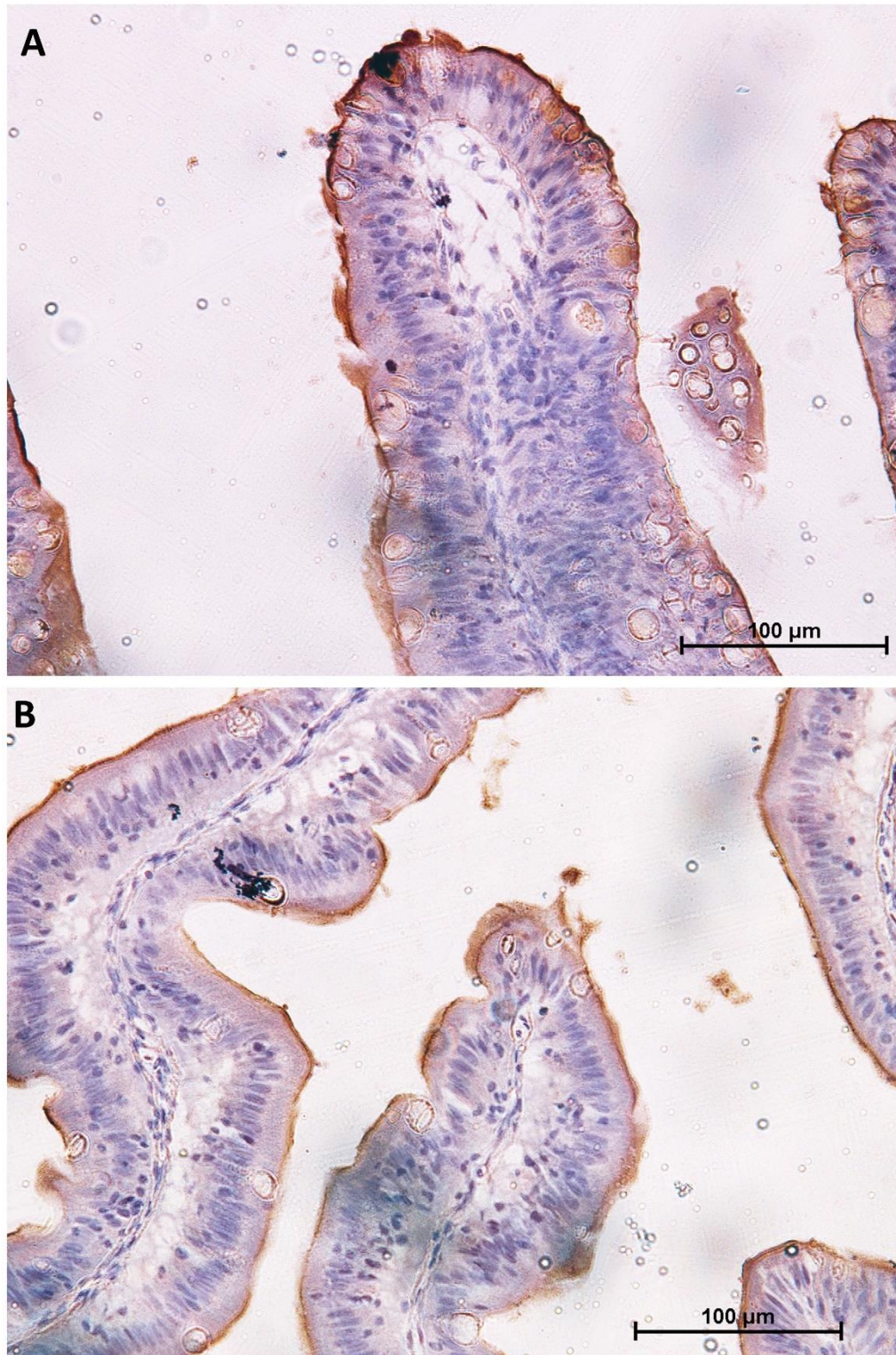




**Figure 3.** Immunolocalization of Peptide Transporter 1 (PepT1) in the second segment of the mid-intestine. PepT1 expression is confined to the apical portion of the complex folds where it shows the same intracellular location and signal intensity found in the first segment of the mid-intestine. The lower panel shows A at higher magnification.

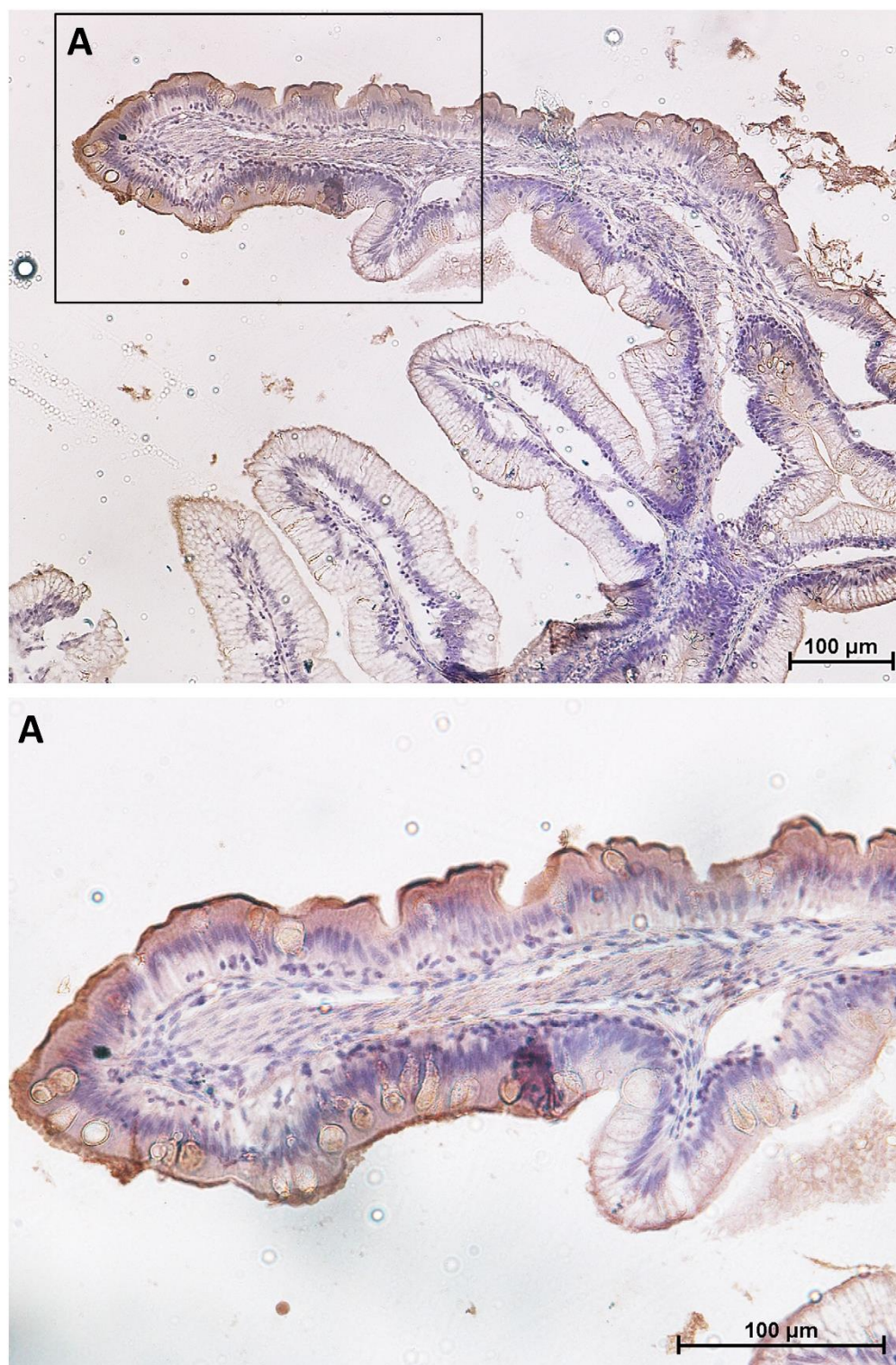


Similar but not identical distribution was observed for SGLT-1 and Fabp2 cotransporter expression. It was highest in the first segment of the mid intestine and in the apical part of the complex folds of the second segment of the mid intestine (Figure 4-5), was intermediate in the pyloric caeca (Figure 4) and lowest in the basal part of the complex folds and in the other folds of the second segment of the mid intestine (Figure 5 and 6).

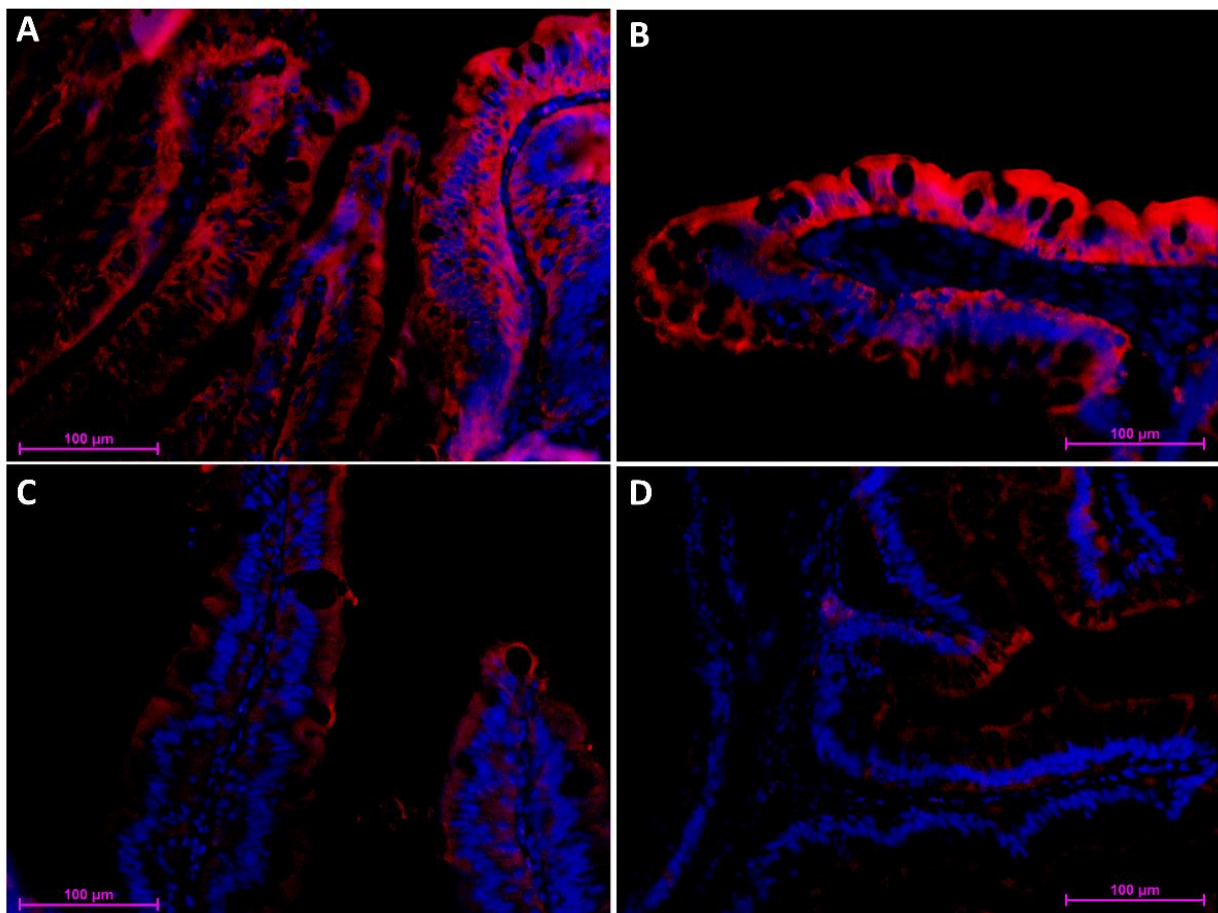


**Figure 4.** Immunolocalization of Sodium-Glucose/Galactose Transporter 1 (SGLT1) in the first segment of the mid intestine (A) and in the pyloric caeca (B). The signal is limited to the enterocytes' brush border.





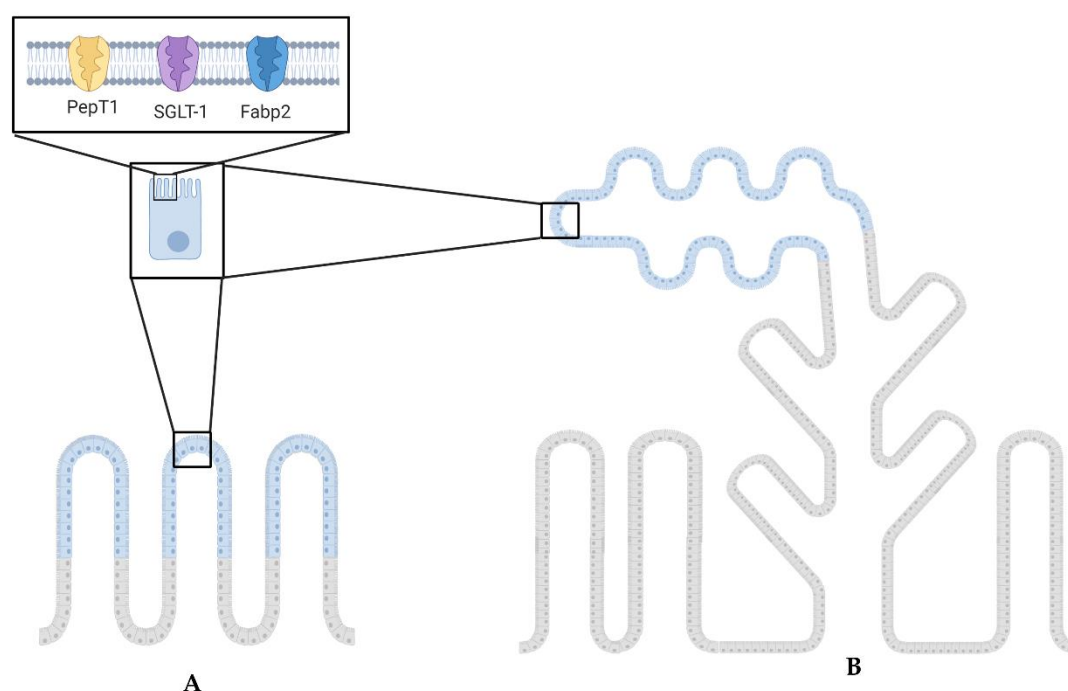
**Figure 5.** Immunolocalization of Sodium-Glucose/Galactose Transporter 1 (SGLT1) in the second segment of the mid-intestine. SGLT1 expression is confined to the apical portion of the complex folds where it shows the same location and signal intensity found in the first segment of the mid-intestine. The lower panel shows A at higher magnification.



**Figure 6.** Immunofluorescent localization of fatty acid-binding protein 2 (Fabp2) along the rainbow trout intestine. The signal was most intense in the first segment of the mid intestine (**A**) and in the apical part of the complex folds (**B**), was intermediate in the pyloric caeca (**C**) and was lowest within the basal part of the complex folds and in the rest of the second segment of the mid intestine (**D**).

In summary, cell type distribution and brush border functional proteins expression followed the same pattern in the first portion of the mid-intestine and the apical part of the complex folds of the second portion. On the contrary, functional protein expression did not match cell distribution pattern between pyloric caeca and the rest of the second portion of the distal intestine. Results are schematically summarized in figure 7.





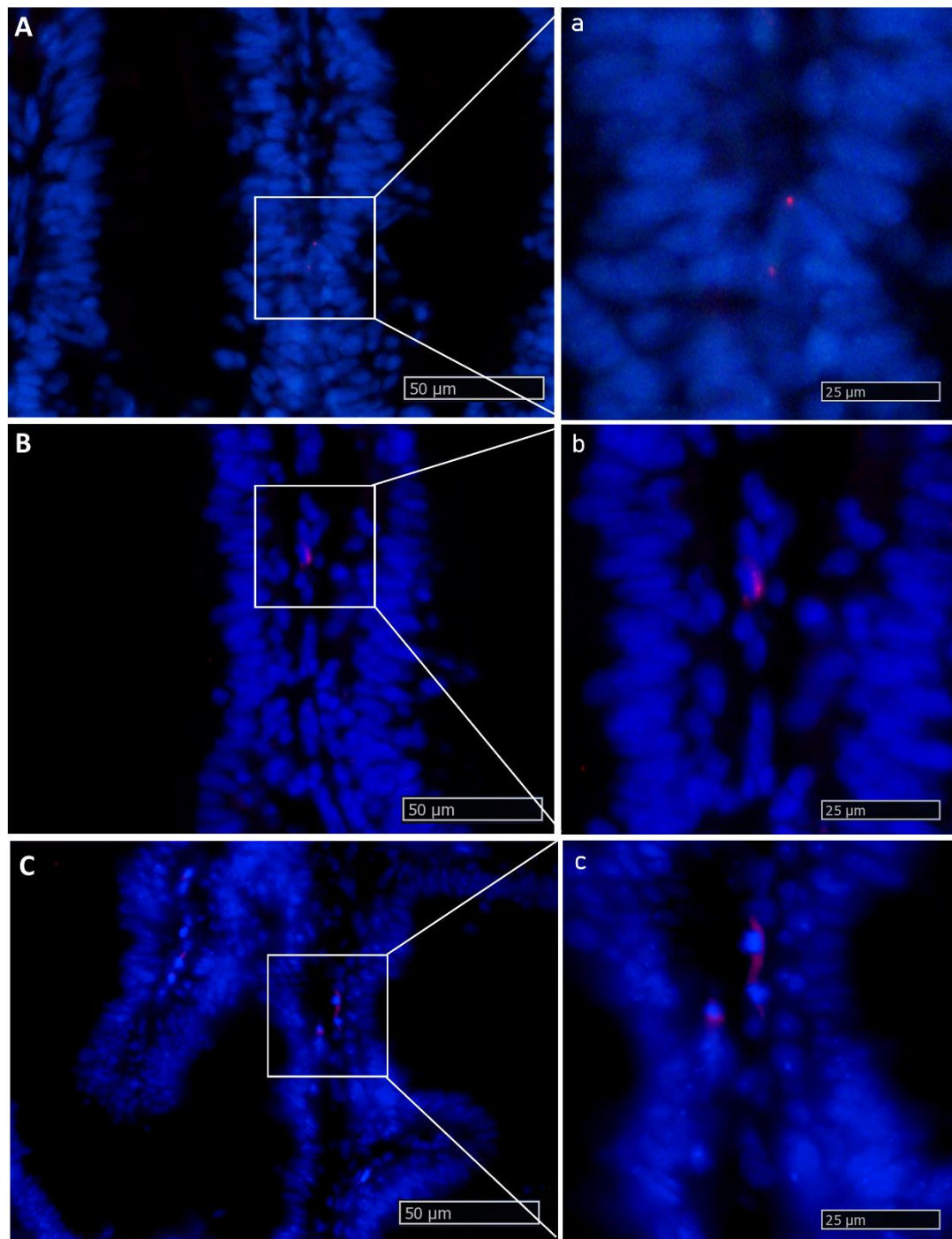
**Figure 7.** The cartoon highlights the common PepT1, SGLT-1 and Fabp2 expression pattern between the first segment of the mid intestine (**A**) and the second segment of the mid intestine (**B**). (Illustrations created with BioRender.com).

## 2.2. The intestinal stem cell niche morphological and molecular architecture

We studied the expression of molecules that have been characterized in the mouse intestinal stem cell niche. LGR5 and HOPX have been selected because are well-characterized stem cell markers. SOX9 is expressed both in stem cells and in partially differentiated cells. NOTCH1 and DLL1 are, respectively, the receptor and the ligand that activate the Notch signaling pathway, that regulates stem cell maintenance and progenitor cell proliferation. Finally, WNT3A, a member of the WNT family, induces the formation of the heterodimeric complex of Frizzled and LGR5 that, in turn, activates the expression of genes crucial for stem cell identity and its gradient controls the transition from proliferating stem cell to transient amplifying cell towards full differentiation [15,24,25].

### 2.2.1. Lgr5

*Lgr5*<sup>+</sup> cells were rare and were never observed in the intestinal epithelium. *lgr5* was exclusively expressed in scattered cells located in the lamina propria of pyloric caeca, first and second segment of the mid intestine. The signal was mostly located at the middle of the folds length and was stronger in the basal part of the complex folds of the second segment of the mid intestine (Figure 8).



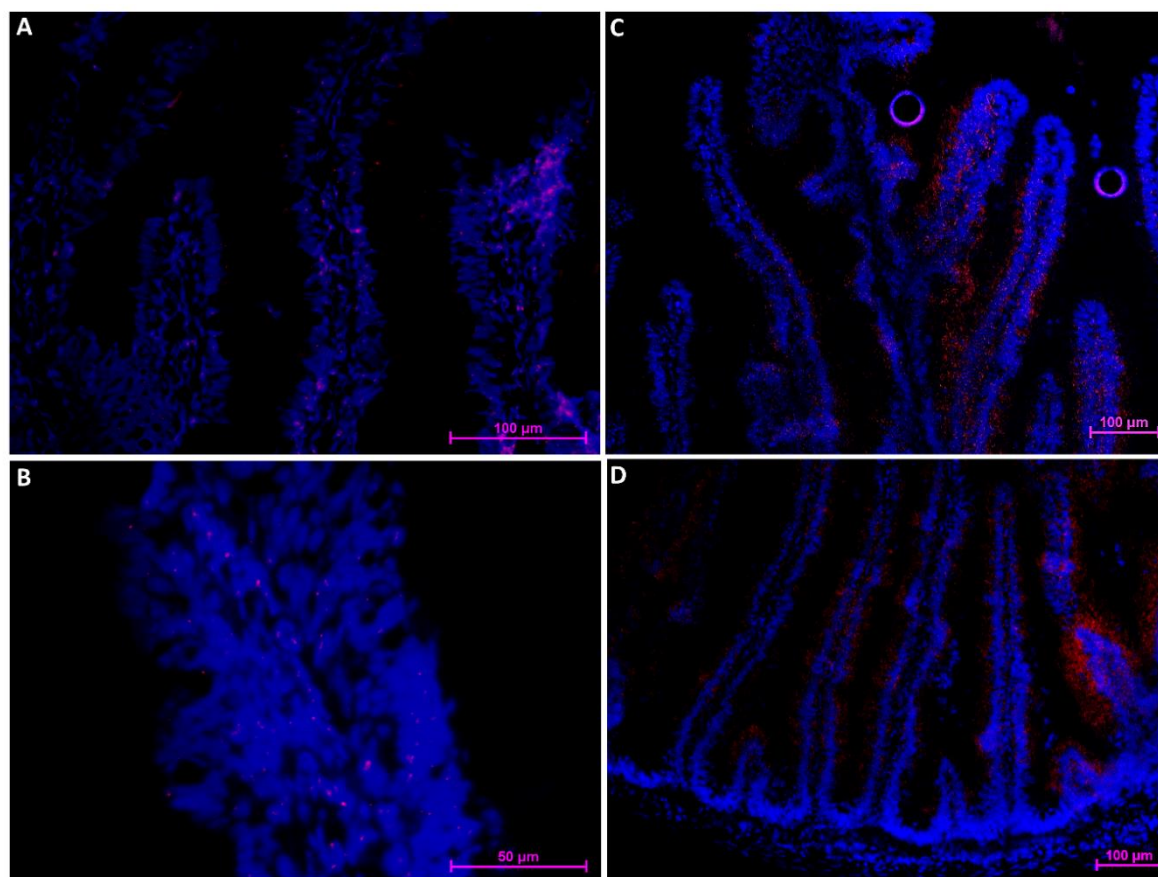
**Figure 8.** *In situ* hybridization of *lgr5* mRNA in different segments of the rainbow trout mid-intestine (red dots). This gene is expressed at a low rate in the whole organ. The lowest expression level was observed in the first segment of the mid intestine (**A-a**: higher magnification), an intermediate signal was seen in the pyloric caeca (**B-b**: higher magnification), whereas the basal part of the complex folds and the rest of the second segment of the mid intestine showed the highest signal (**C-c**: higher magnification).

### 2.2.2. Hopx

*Hopx*<sup>+</sup> cells were detected in the epithelium lining the lower mid-portion of the folds, whereas no signal was detected neither at upper portion nor at the bottom of the folds. In the other species, this is the usual location of the partially differentiated, transient amplifying population. Moreover, the intensity of *hopx* expression was low in the first segment of the mid intestine and in the apical



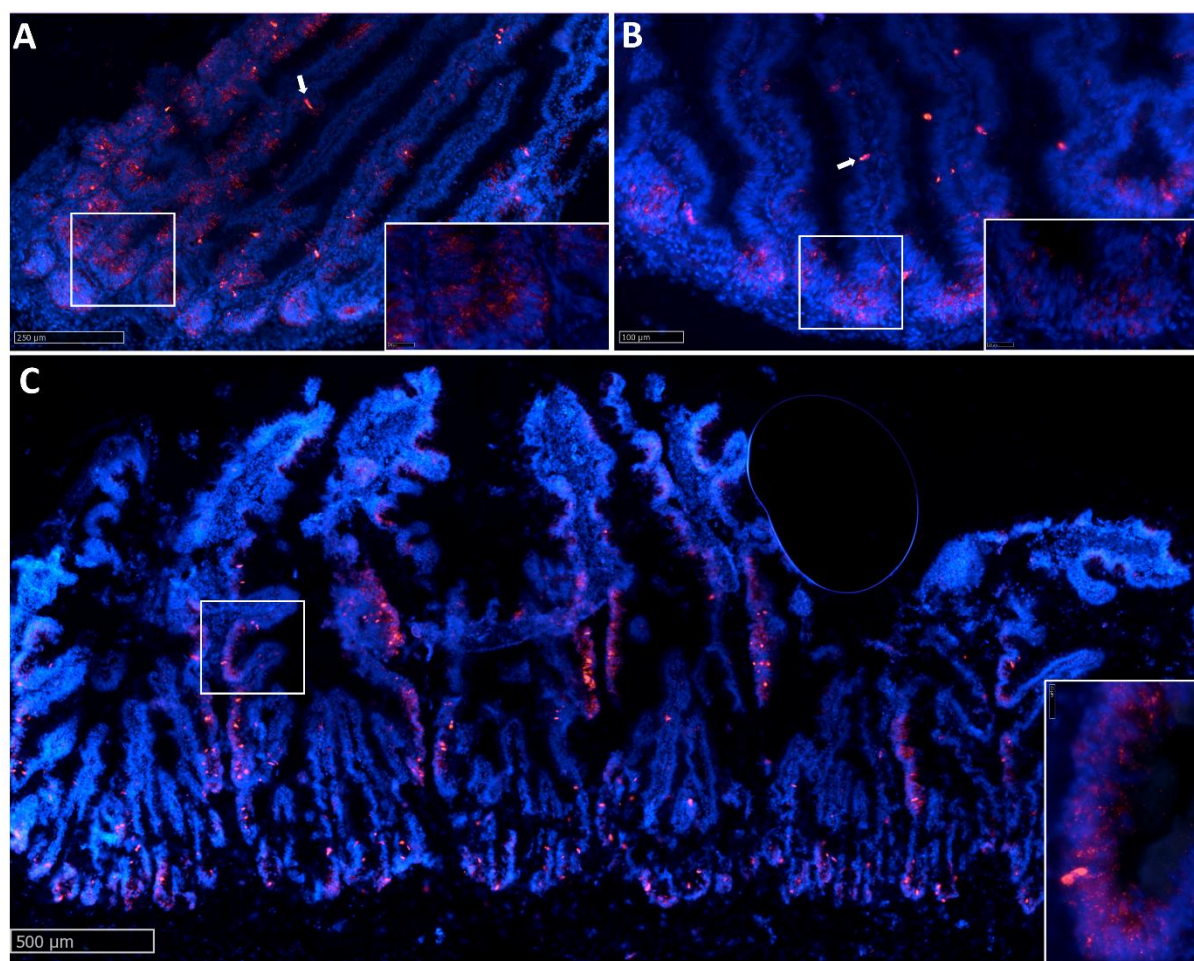
part of the complex folds of the second segment of the mid intestine, it increased in the pyloric caeca and in the second segment of the mid intestine, reaching its highest level in the basal part of the complex folds. *Hopx* expression was also found in the corresponding lamina propria and, as described for *lgr5*, the signal was strongest in the basal part of the complex folds of the second segment of the mid intestine (Figure 9).



**Figure 9.** *In situ* hybridization of *hopx* mRNA in different segments of the rainbow trout mid-intestine (red dots). The signal was moderate in the pyloric caeca (A), lower in the first segment of the mid intestine (B-C) and in the apical part of the complex folds of the distal, and higher in the basal part of the complex folds (C) and the rest of the second segment of the mid intestine (D). The signal tends to disappear at the folds base and at their apex (A-B).

### 2.2.3. Sox9

*Sox9* was highly expressed in the epithelial cells lining the fold base along the entire intestine where intestinal stem cells are located in other species. Also, in this case the signal intensity varied: it was stronger in the pyloric caeca, in the second segment of the mid intestine and in the basal part of the complex folds, while it was weaker in the first segment of the mid intestine and in the apical part of the complex folds (Figure 10).

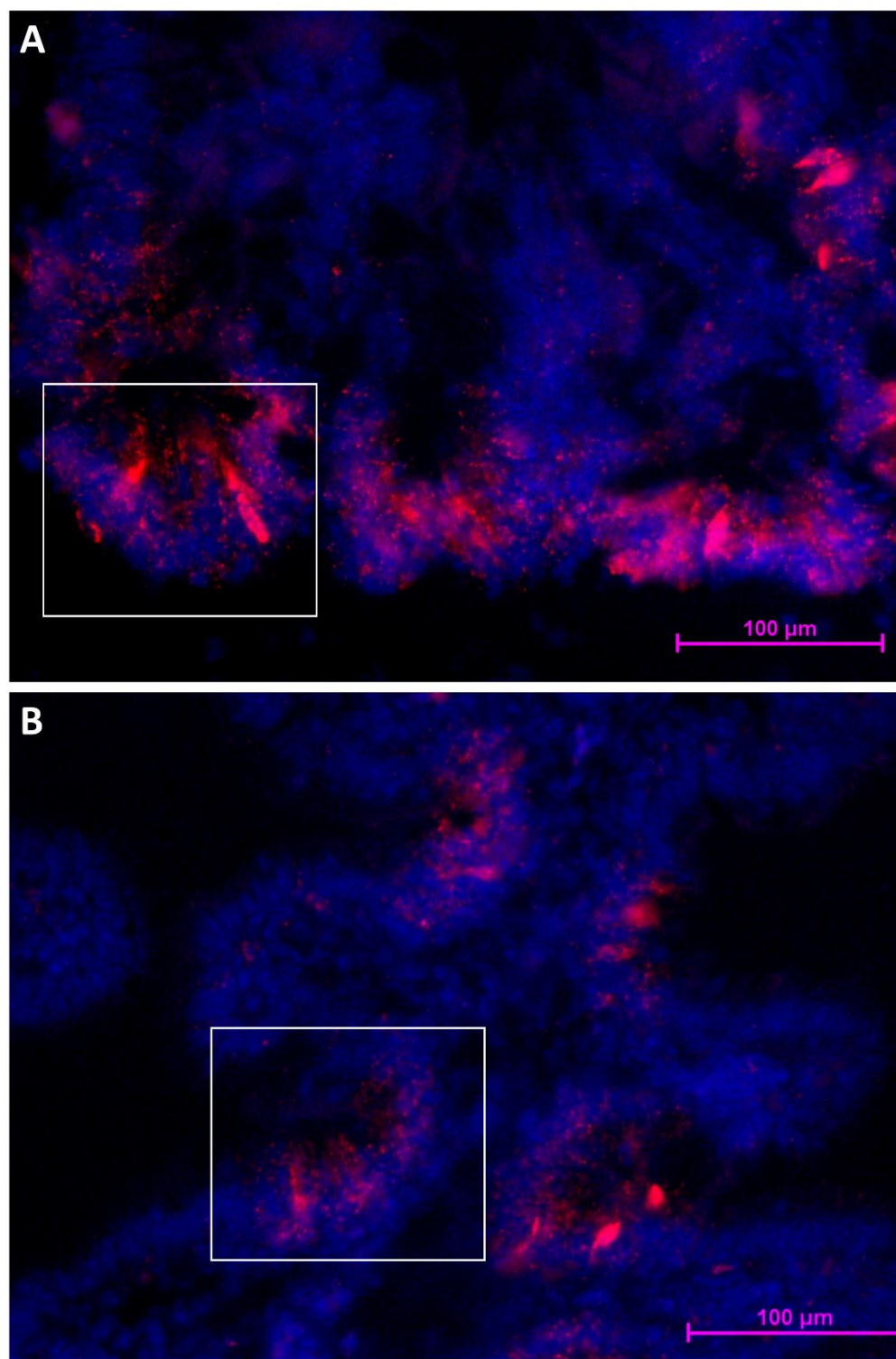


**Figure 10.** *In situ* hybridization of *sox9* mRNA cells (red dots) in pyloric caeca (A), first segment of the mid intestine (B) and second segment of the mid intestine (C). *Sox9*<sup>+</sup> cells were observed in the epithelium lining the fold base in all the investigated districts. The signal in the pyloric caeca, in the second segment of the mid intestine and in the basal part of complex folds was stronger compared to that observed in the first segment of the mid intestine and in the apical part of complex folds. Isolated *Sox9*<sup>+</sup> cells were also observed along the fold length (arrows).

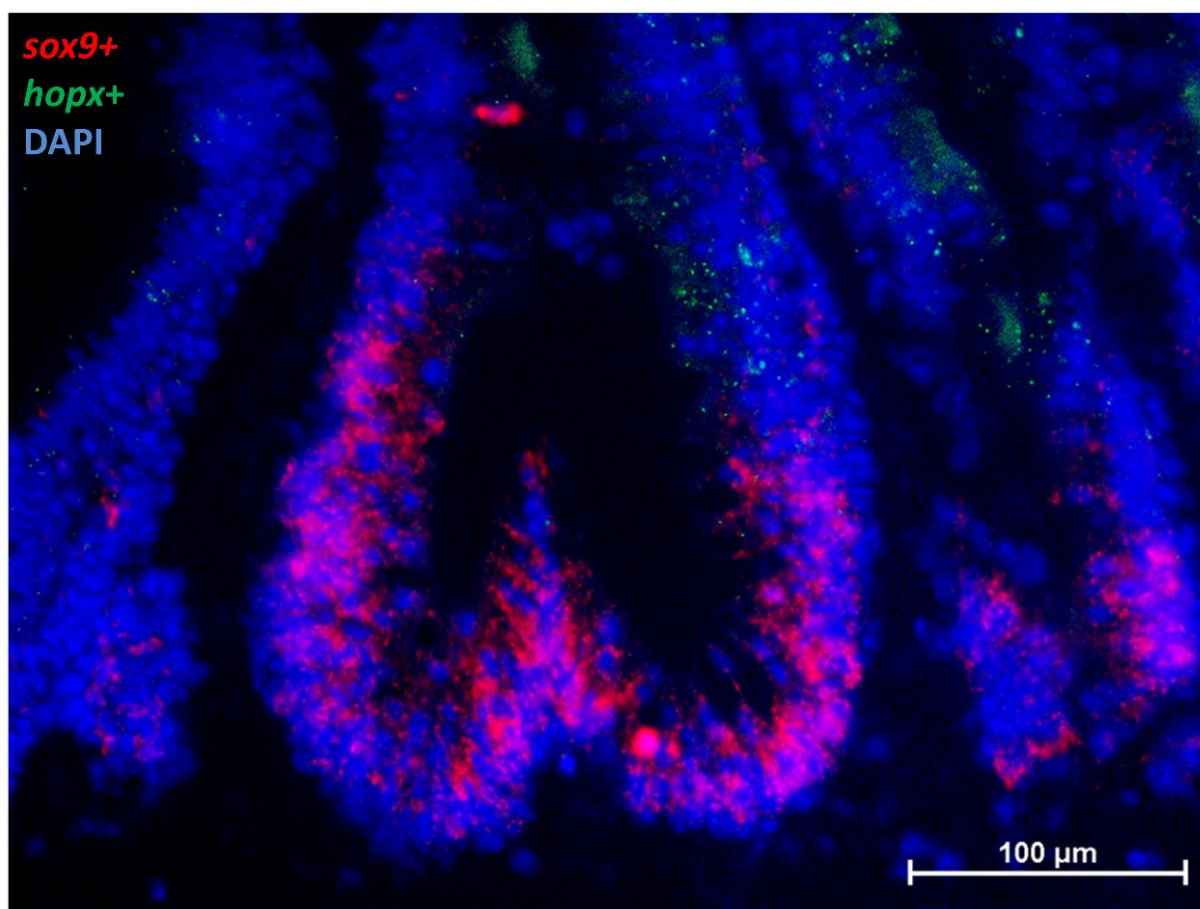
Along the whole intestine, at the base of the intestinal folds we observed slender, epithelial cells expressing *sox9* at very high level (Figure 11). These peculiar-looking cells were homogeneously distributed along the different parts of the intestine.

*Sox9* expression ceased away from the folds base where *hopx* expression was strong, the two genes never overlapping (Figure 12). Occasionally, however, a few of these cells were also found far from the base along the fold length.





**Figure 11.** Rainbow trout columnar epithelial cells showing an intense *sox9* expression at the folds base in second segment of the mid intestine (A) and at the base of the folds protruding from the complex folds (B).

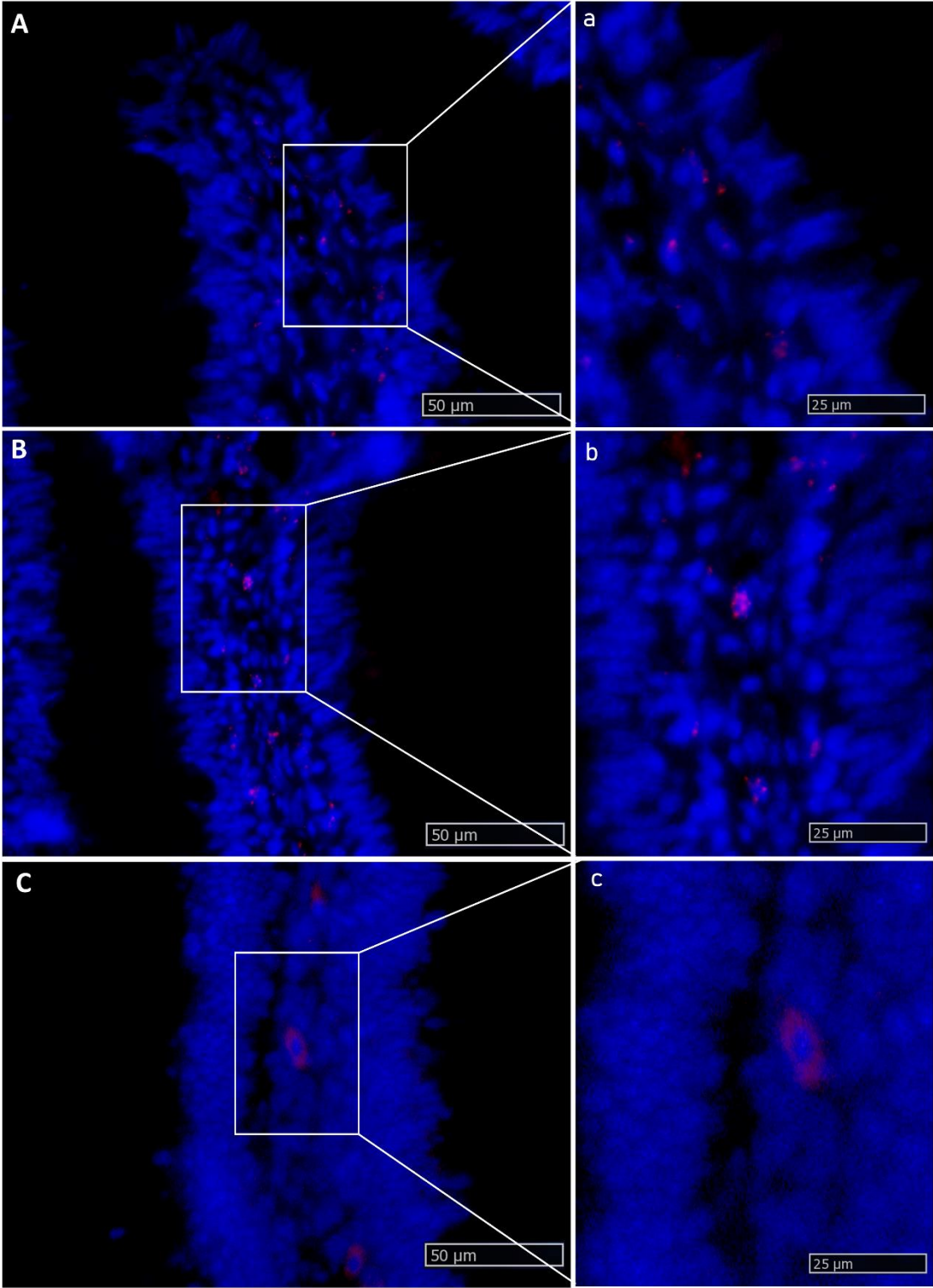


**Figure 12.** *In situ* hybridization of *sox9* mRNA (red dots) and *hopx* (green dots) cells in the second segment of the mid intestine. The two genes are expressed respectively at the base and in the lower half of the fold.

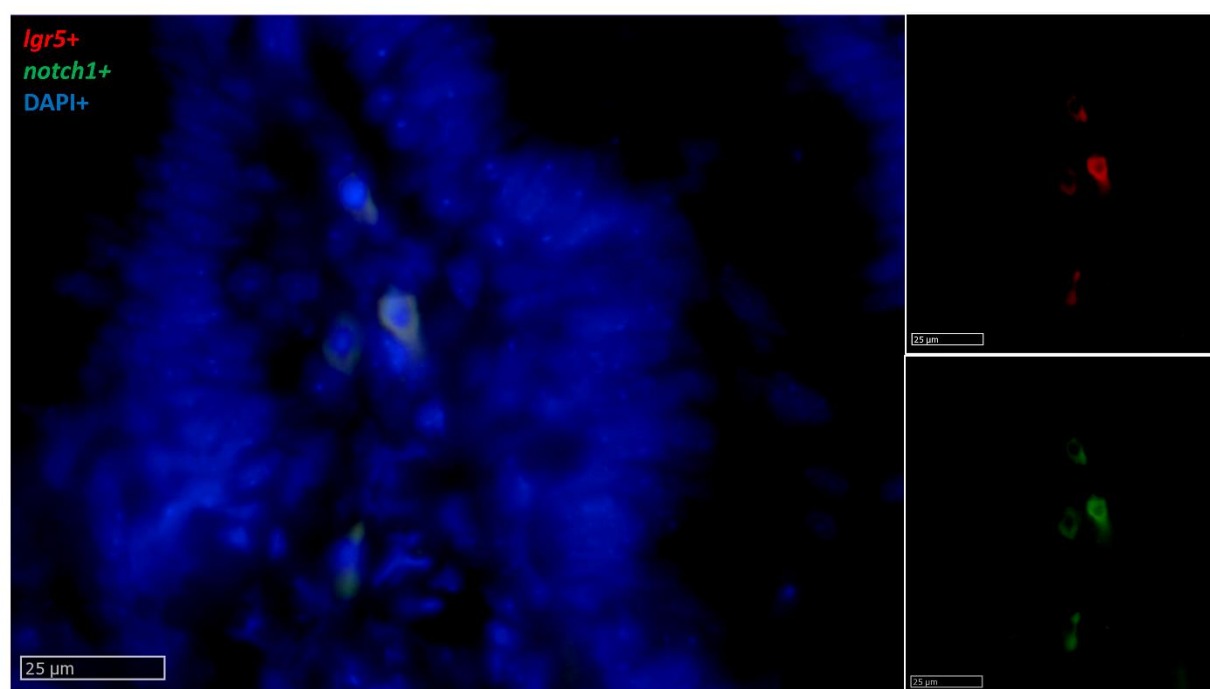
#### 2.2.4. Notch1

In RT we found *notch1*<sup>+</sup> cells scattered along the folds' connective axis (Figure 13), where it co-localized with *lgr5* in the stromal cells (Figure 14).





**Figure 13.** *In situ* hybridization of *notch1* mRNA expression in different segments of the rainbow trout mid-intestine. The lowest expression was seen in the first segment of the mid intestine (**A-a**: higher magnification), an intermediate signal was observed in the pyloric caeca (**B-b**: higher magnification), whereas the basal part of the complex folds and the rest of the second segment of the mid intestine displayed the highest signal (**C-c**: higher magnification).

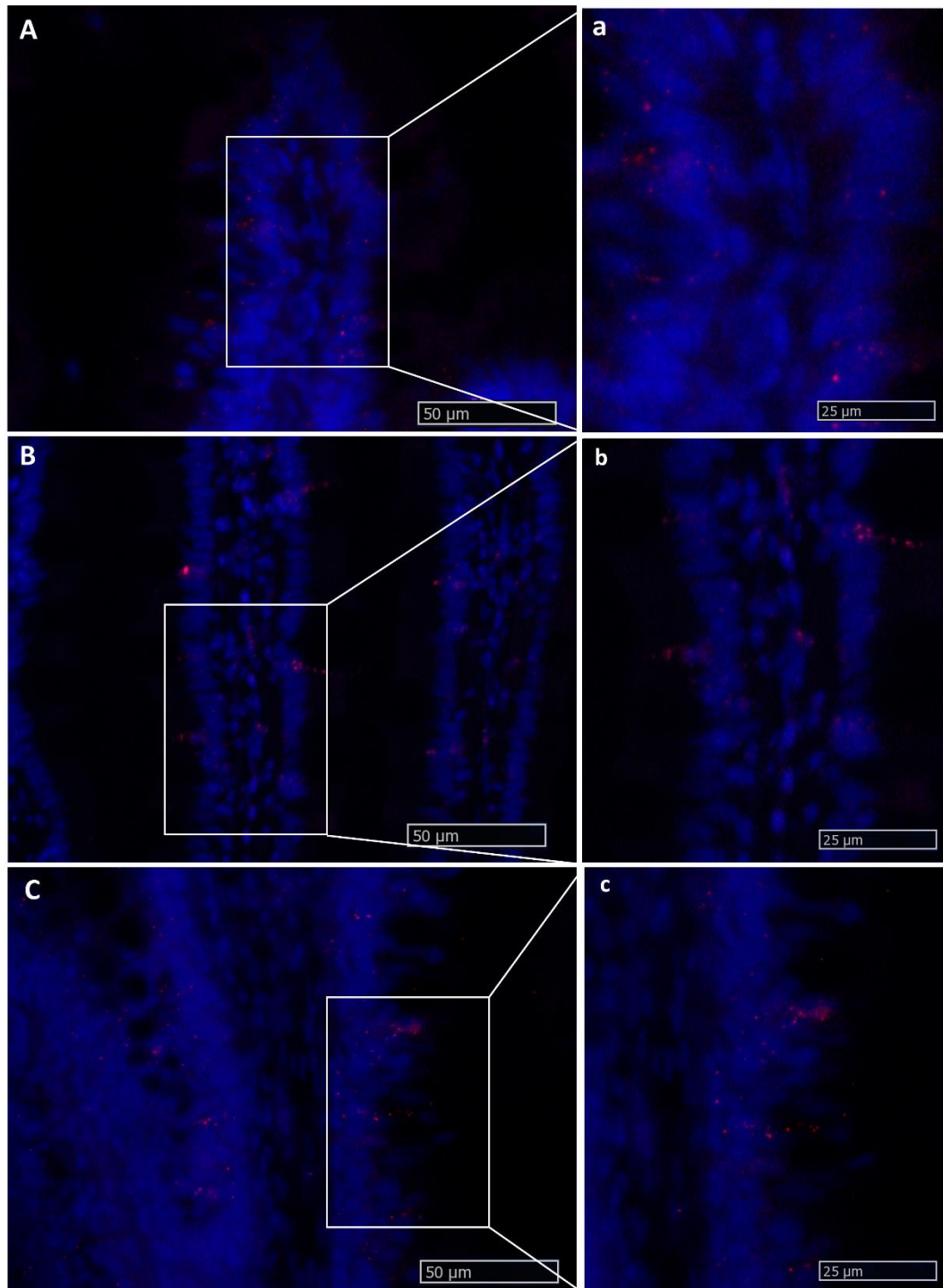


**Figure 14.** *In situ* hybridization of *lgr5* (red dots) and *notch1* mRNA (green dots) in the basal part of the complex folds of the second segment of the mid intestine. Both genes are expressed by a few stromal cells in the fold axis.

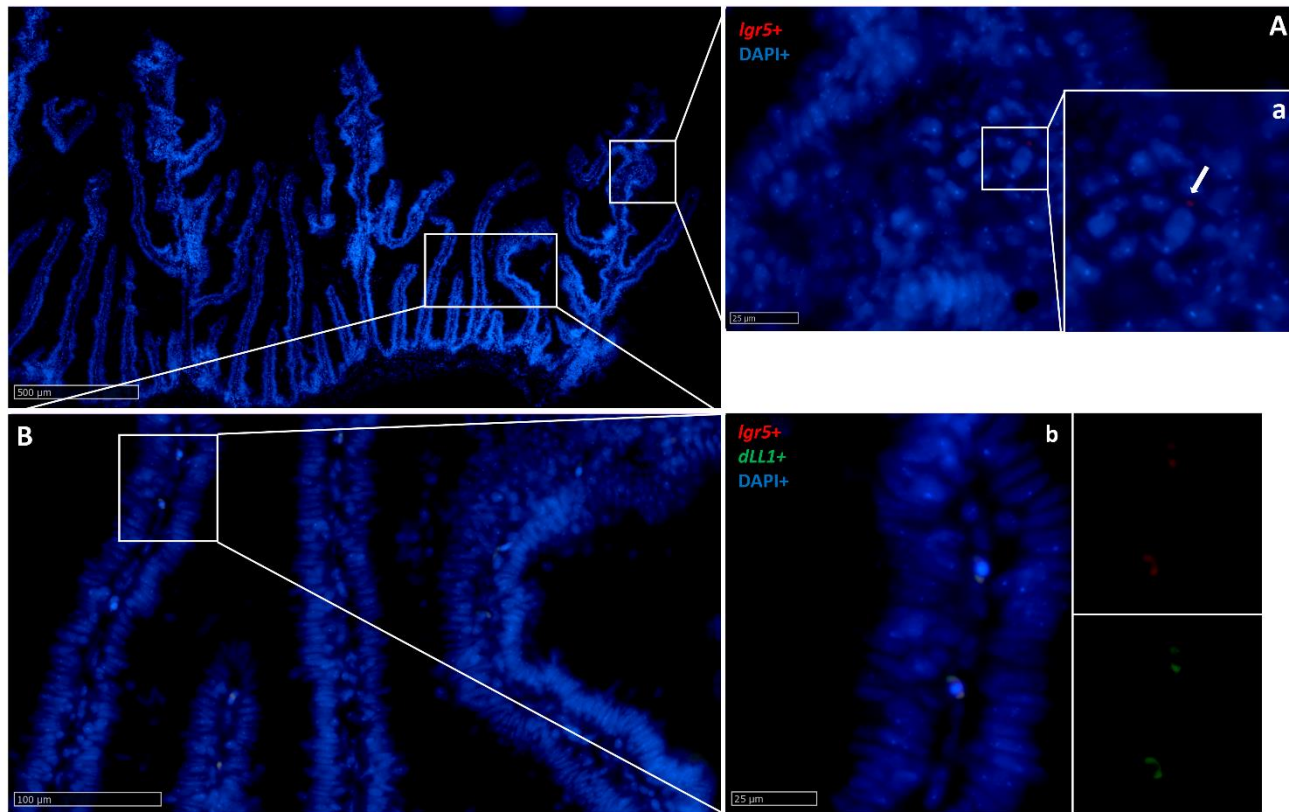
#### 2.2.5. Dll1

Slender, elongated *dll1*<sup>+</sup> cells were found within the fold's epithelium of all intestinal tracts but were more numerous in the pyloric caeca and in the basal part of the complex folds of the second segment of the mid intestine (Figure 15). *Dll1*<sup>+</sup> cells were also found in the lamina propria along the intestinal tract. Interestingly, epithelial *dll1*<sup>+</sup> cells were located close to stromal *lgr5*<sup>+</sup> cells and stromal *dll1*<sup>+</sup> cells expressed also *lgr5* (Figure 16).





**Figure 15.** *In situ* hybridization of *dll1* mRNA in different segments of the rainbow trout mid-intestine. Expression rate was lowest in the first segment of the mid intestine (**A-a**: higher magnification); intermediate in the pyloric caeca (**B-b**: higher magnification), whereas the signal with the highest intensity was found in the basal part of the basal part of the complex folds and in the rest of the second segment of the mid intestine (**C-c**: higher magnification).

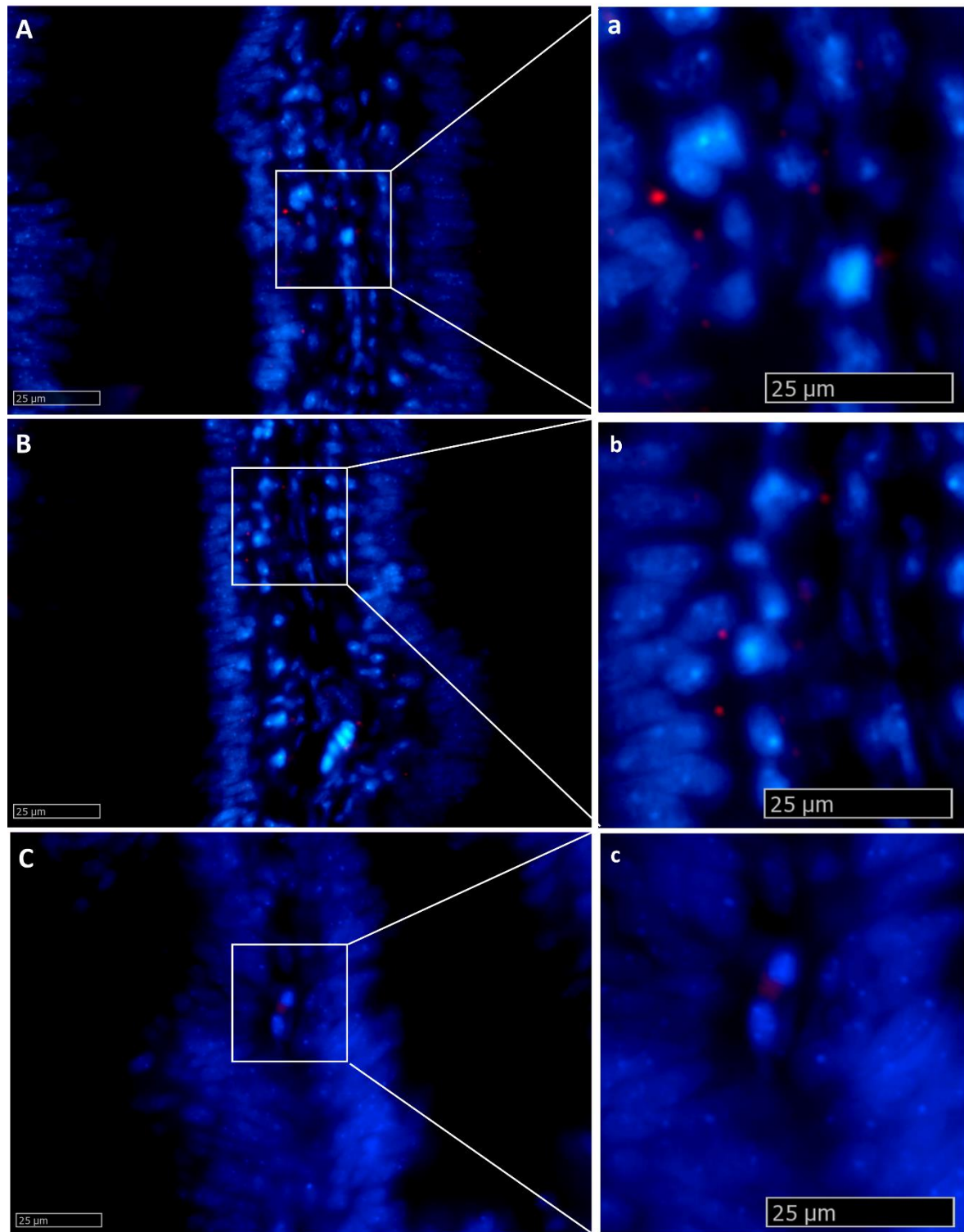


**Figure 16.** *In situ* hybridization of *lgr5* and *dll1* mRNA in the second segment of the rainbow trout mid-intestine. *Lgr5* (red dots) expression was low at the complex folds' apex (**A-a**: higher magnification, arrow), and more intense at the base of the complex folds and in the rest of the second segment of the mid intestine (**B-b**: higher magnification). The two genes were expressed in a few cells found along the villus connective axis (**b**).

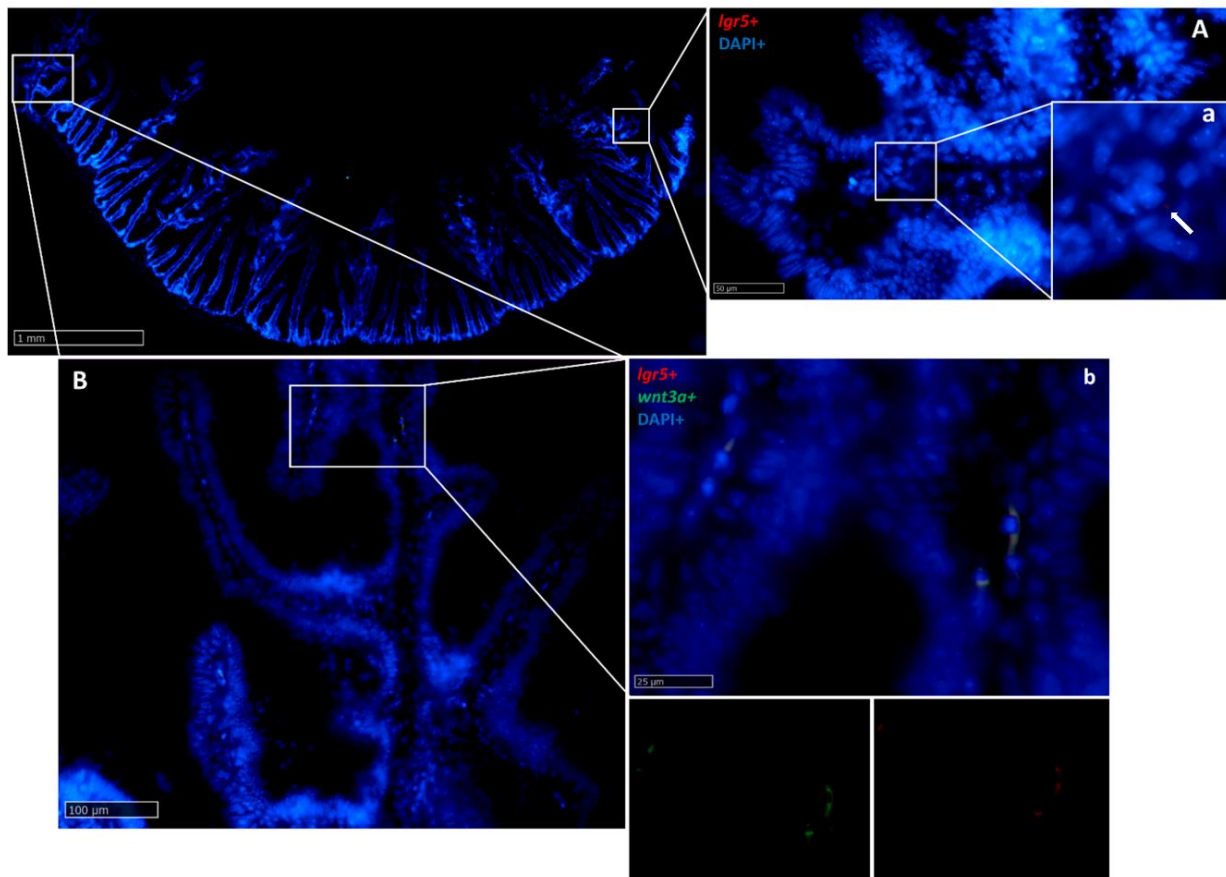
#### 2.2.6. Wnt3a

*Wnt3a* was found in stromal cells along the fold (Figure 17) and colocalized with *lgr5* (Figure 18) and *notch1*. Once again, the expression was higher in the second segment of the mid intestine than in the first segment of the mid intestine. Pyloric caeca presented an intermediate intensity of expression.





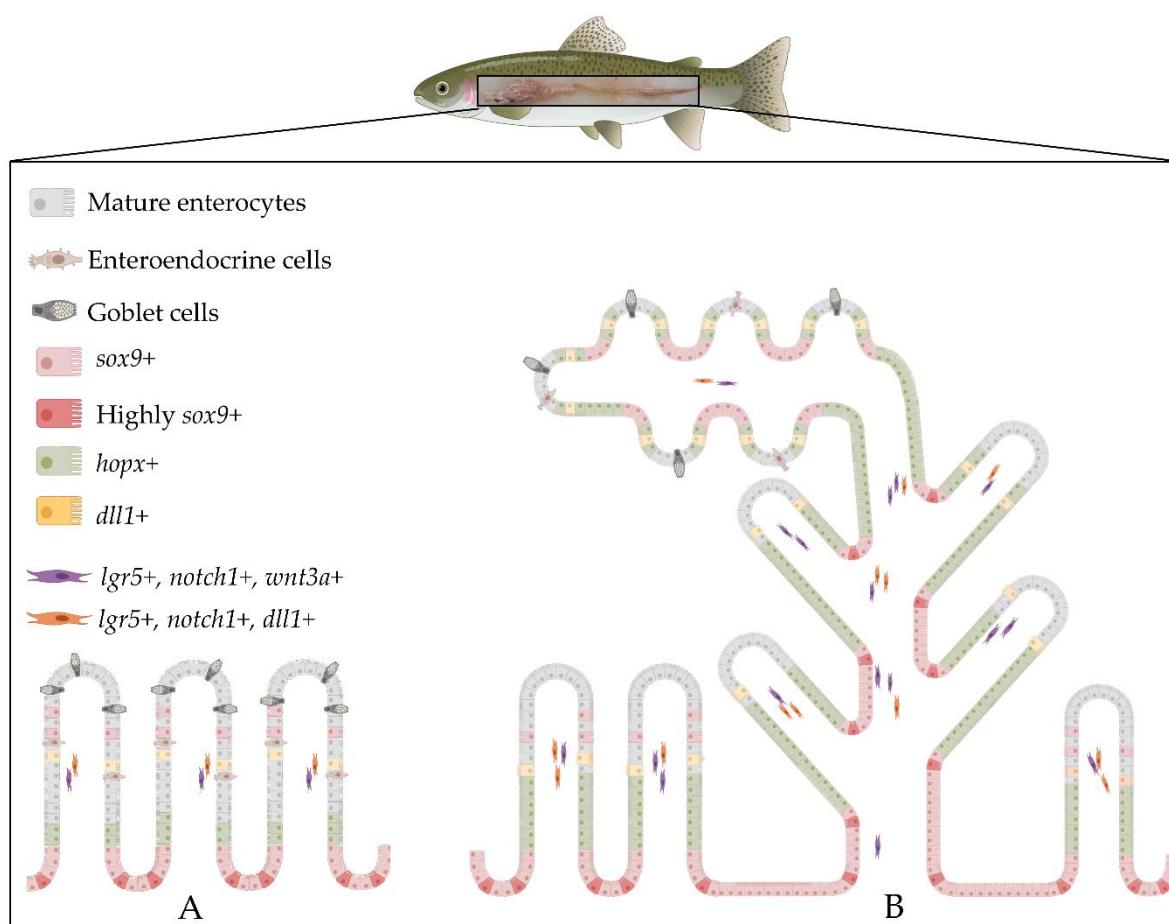
**Figure 17.** *In situ* hybridization of *wnt3a* mRNA in the rainbow trout mi-intestine. The signal was lower in the first segment of the mid intestine (**A-a**: higher magnification), in the pyloric caeca (**B-b**: higher magnification), and in the apical part of the complex folds of the second segment of the mid intestine, compared to the basal part of the complex folds (**C-c**: higher magnification) and to the rest of the second segment of the mid intestine.



**Figure 18.** *In situ* hybridization of *lgr5* and *wnt3a* mRNA in the second segment of the rainbow trout mid-intestine. *Lgr5* (red dots) expression was low at the complex folds' apex (A-a: higher magnification, arrow), but became higher at the base of the complex fold and in the rest of the second segment of the mid intestine (B-b: higher magnification), where it colocalized with *wnt3a* along the villus connective axis (b).

The locations of the different molecules expressed in RT intestinal stem cells and in their niche are summarized in figure 19.





**Figure 19.** Schematic illustration of the architecture and the organization of the intestinal stem cells niche in rainbow trout in the first (A) and second (B) segment of the mid intestine. *Sox9* is expressed at the base of the fold and the signal is downregulated along the fold length where *hopx* expression increased and then faded in the upper portion of the folds. *Lgr5* is exclusively expressed in scattered cells located in the lamina propria, where it co-localizes with *notch1* and *wnt3a*. *Dll1* also co-localizes with *Lgr5* in the lamina propria and it is expressed in the epithelium near *Lgr5*<sup>+</sup> stromal cells. The distribution of these markers along the rainbow trout intestine was not homogenous, but rather we observed the highest expression in the basal part of the complex folds of the second segment of the mid intestine compared to other districts. (Illustrations created with BioRender.com).

### 3. Discussion

The first aim of this study was to investigate whether the complex non-linear 3D distribution pattern that we previously described along the RT intestine [5] reflects a similar distribution of functional activities.

Our preliminary morphological observations were fully coherent with the ones that we described previously despite in the first case, animals were raised in standardized indoor conditions whereas in this experiment's animals were farmed in open natural-like conditions. This suggests that these morphological features are typical of this species and are not the result of intensive farming or of a specific diet. We did not observe any fold branching in the first segment of the mid intestine, as described in previous works [5,26], supporting the hypothesis that this phenomenon is not directly related to growth *per se*, as described by other authors [9], but rather a consequence of stressful conditions [27]. Indeed, in our previous study, fold branching occurred in correspondence with the increase of lipid concentration in the diet and with qualitative changes in mucins composition [5] further supporting this thesis. All this, together with the fact that we did not observe inflammation features [26] such as supranuclear vacuolization of the enterocytes of the first segment of the mid

intestine, nuclear position disparity or the presence of intraepithelial lymphocytes confirmed that the all animals were in perfect health and support the physiological significance of our findings.

Peptide Transporter 1 (*PepT1*), is a high-capacity, low-affinity transporter and is the main carrier responsible for the uptake of dietary peptides in mammals and fish [28]. *PepT1* protein was localized along the brush border of the absorptive epithelial cells lining the mucosa folds as previously described in rainbow trout alevins [29]. The signal was highest in the pyloric caeca, moderate in the first segment of the mid intestine and in the apical part of the complex folds of the second segment of the mid intestine, but completely absent at their basal part and in the rest of the second segment of the mid intestine. This is consistent and explains the steady decrease of *PepT1* mRNA previously described in salmon [30], rainbow trout [31], and sea bass [32]. Our results are also in agreement with previous observations showing a significant decrease of the SGLT-1 in the second segment of the mid intestine compared to the first portion and to the pyloric caeca, and support the thesis that the rainbow trout displays 3-kinetic glucose absorption systems corresponding to the three different intestinal tracts [33,34]. Moreover, the heterogeneous distribution of Fabp2 along the whole intestine that we observed is fully in agreement with a previous study conducted in salmon in which authors investigated Fabp2 expression and localization along the different tracts [3].

Overall, the correspondence between the complex nonlinear 3D distribution pattern that we described along the RT intestine [5] is reflected only partially by a similar distribution of functional activities. This holds true only in the first segment of the mid-intestine and in the apical part of the complex folds on one side, that are always different from the rest of the second segment of the mid intestine on the other. This further confirms the heterogeneous nature of the second segment of the mid-intestine mucosa, where the apical part of the complex folds has the same morphology and, presumably, extends the functions of the first segment. Such structure well corresponds to the nutritional needs of the RT short intestine, apt for processing a highly digestible, nutrient dense diet, high in protein and low in carbohydrate [35] extending the active nutrient transport area typical of the first segment of the mid intestine [36] in the more distal region.

The second aim of our work was to determine the mechanisms sustaining the higher proliferation rate that we have previously observed in the pyloric caeca and in second segment of the mid-intestine intestine compared to the other sections. To this purpose we characterized RT intestinal stem cells and their niche.

As in mammals, the RT intestinal epithelium undergoes a constant renewal even though it occurs at a slower pace [37]. The renewal mechanisms are driven by an intestinal stem cell population housed in a defined niche [13], but in fish both the cells and the niche are poorly characterized. In mammals, intestinal stem cells are located in the crypts [11,37] while in fish are found at the folds base [8,38]. To identify RT intestinal stem cells, we used LGR5 the specific marker for the rapidly dividing intestinal stem cells that have been identified in the mouse where it is expressed in specific cells at the bottom of the crypts [10,12,13,39]. Medaka is the only other fish species where *lgr5* expression has been investigated and its mRNA is confined to the base of the intestinal folds [8]. On the contrary, we found *lgr5*<sup>+</sup> cells exclusively within the lamina propria at the middle of the fold height. This suggests that *lgr5* is unlikely to be a specific marker of RT intestinal stem cells. However, *lgr5* expression in a stromal cell subpopulation housed along the villi axis has recently been described also in the mouse. These have been identified as telocytes and the ablation of these peculiar cells caused a perturbation of the gene expression pattern of enterocytes, suggesting that their function is to ensure the maintenance of an efficient epithelium at the villus tip [40]. It is reasonable to assume that a similar function may be played by these cells also in RT.

While we did not observe *lgr5*<sup>+</sup> cells at the base of RT intestinal folds, in this location epithelial cells were expressing different levels of *sox9* along the whole intestine length. This is consistent with *sox9* expression within the mammalian crypts and in the basal portion of medaka [8] and zebrafish [23] intestinal folds. Mouse ISC not only express *lgr5* but also show a peculiar morphology for which they are named crypt base columnar cell (CBC) [41]. Interestingly, we observed elongated cells intensely expressing *sox9* in the middle of the intestinal folds base, displaying the same typical position and shape of mouse CBC cells. In mouse intestine, CBC cells are interposed between other



*sox9*<sup>+</sup> cells, similarly, in RT, columnar strongly *sox9*<sup>+</sup> cells were located among other cells expressing a lower *sox9* signal. Moreover, *sox9*<sup>+</sup> cells were much more abundant in the second segment of the mid intestine and the basal part of the complex folds and in the pyloric caeca compared to the first segment of the mid intestine and the apical part of the complex folds consistent with the pattern of Proliferating cell nuclear antigen (Pcna) expression previously described in this species [5]. Notably, *sox9*<sup>+</sup> cells did not co-express other stem cells marker and they sharply disappeared outside the intestinal folds base, where *sox9* expression was substituted with that of *hopx*. These observations support the hypothesis that this distinctive cell population represents the RT ISCs.

We observed scattered, elongated *sox9*<sup>+</sup> cells also along the fold's axis, therefore, based on our previous observations, they should not express Pcna and thus constitute a different subgroup. This is consistent with the identification of two SOX9<sup>+</sup> cells population in mouse, one located at the classical crypt base, and the other, along the villus epithelium [42]. The latter lacked the typical proliferating markers and simultaneously expressed chromogranin A, the specific marker of enteroendocrine cells. These findings suggested that in mouse SOX9 expression along the villus epithelium might detect terminally differentiated secretory cell type. This hypothesis may be true in RT even though, we were not able to verify the expression of chromogranin A in our samples due to the lack of reactive specific antibody.

In mouse intestine, HOPX<sup>+</sup> cells are rare and restricted to the +4 position of the intestinal crypt. Conversely, in RT, *hopx*<sup>+</sup> cells were abundant, absent at the fold base, but detected in the epithelial cells along the fold. Few *hopx*<sup>+</sup> cells were also found within the fold connective axis. Taken together, these discrepancies lead us to believe that *hopx*<sup>+</sup> cells in RT cannot be considered the functional equivalent of quiescent ISC as in mammals' intestine. Since *hopx*<sup>+</sup> cells location pattern also matches Pcna expression these cells are more likely to correspond to the transient amplifying population, an undifferentiated population in transition towards differentiation.

Consistently with the *sox9* expression pattern, *hopx*<sup>+</sup> cells were more abundant in the pyloric caeca and even higher in the second segment of the mid intestine and in the basal part of the complex folds, while a smaller population was detected in the first segment of the mid intestine and in the apical part of the complex folds of the second segment of the mid intestine. Interestingly, also in piglets' intestine, *hopx*<sup>+</sup> cells did not follow a linear distribution along the whole intestine and were more numerous in the colon [11].

NOTCH1 is another mouse ISC marker that is expressed in the crypt base and specifically by the LGR5<sup>+</sup> cells inducing their differentiation towards the absorptive lineages. In RT, *notch1*<sup>+</sup> cells were scattered along the folds' connective axis, but also in this species it was expressed by the same cells expressing also *lgr5*. The combine expression of these two molecules must have a different function in this context and further research is needed to clarify this aspect.

Close to *lgr5*<sup>+</sup>/*notch1*<sup>+</sup> stromal cells, elongated *dll1*<sup>+</sup> epithelial cells were found in RT intestine. They were located along the fold length and their proximity suggested an interaction between these two cell types. This is consistent with the expression of DeltaD, the *dll1* homolog in zebrafish intestinal epithelium [22]. In mouse small intestine, Dll1 is expressed by Paneth cells at the crypt base [43]. Despite their fundamental role, the presence of *bona fide* Paneth cells has not been detected in many mammals and fish species including RT [5,11]. However, DLL1 is also expressed in mouse colon, where Paneth cells are absent [44]. Taken together these observations suggest the hypothesis that in those species where typical Paneth cells are not present, another cell type may functionally substitute them actively interacting with ISCs.

Few *dll1*<sup>+</sup> cells were also found within the stromal axis of the folds, but their functional role and their implications in the intestinal stem cell niche is unclear. In zebrafish in the absence of the Delta-Notch signaling pathway the secretory differentiation becomes the default and the lateral inhibition of a functional Delta-Notch signaling restores a balanced mixture of absorptive and secretory cells [22]. In mouse intestine, Paneth cells maturation and differentiation are driven and promoted by Wnt signalling, the evolutionary conserved pathway that contributes to stem cells maintenance. Recent studies suggested a redundancy on Wnt sources; indeed, it is expressed by stromal and epithelial cells [45,46]. In RT, similarly to the mouse small intestine, *wnt3a* is expressed by a subepithelial cell

population. However, while in mouse WNT3A<sup>+</sup> cells are in the pericryptal region, in RT *wnt3a*<sup>+</sup> cells were scattered along the fold connective axis.

Recent studies of mouse small intestine demonstrated that telocytes also express WNT3A [46]. Interestingly, in RT, the stromal *wnt3a*<sup>+</sup> cell population co-localizes with those expressing *lgr5*. This expression pattern, is consistent with that of mouse telocytes, supporting the hypothesis that telocytes are active also in RT intestinal mucosa.

Therefore, our results indicated that mammal intestinal stem cell markers are expressed also in the RT intestine, but their localization, the niche architecture and the interactions among these markers are not conserved. In fact, the trout functional equivalent of *lgr5* seems to be *sox9*, since *sox9*<sup>+</sup> cells showed the peculiar location and shape of CBCs in mouse intestine. On the other hand, while in mammals LGR5 is the specific crypt epithelial stem cell marker, in the trout, is exclusively expressed by a stromal cell population along the fold. These cells could be telocytes, a specialized mesenchymal cell type, that have been recently indicated as a fundamental component of the intestinal stem cell niche and are able to support and to regulate the epithelium interacting with nearby *dll1*<sup>+</sup> cells.

The absence of typical Paneth cells and the presence of a specific epithelial cell population displaying the expression pattern similar to mouse Paneth cells suggests that this specialized cell type might be considered its functional equivalent.

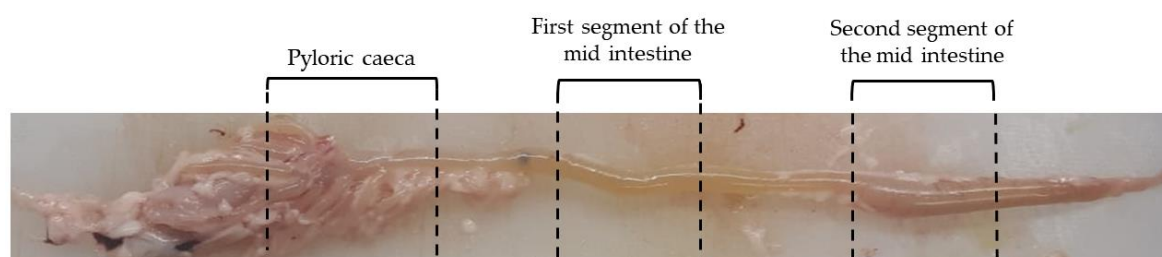
Finally, our data indicated that the high renewal rate displayed by pyloric caeca, and by most of the second segment of the mid intestine is fueled by a more extensive stem cell population.

## 4. Materials and Methods

### 4.1. Samples collection and processing

A total of 5 adult rainbow trout (RT) weighing approximately 500gr, comprising both sexes, were collected from fish culture ponds at Laghi Verdi s.n.c. trout farm (Como, Italy). Individuals were euthanized according to Annex IV EU guideline 2010/63, during non-experimental clinical veterinary practices.

A longitudinal incision along the ventral line was performed and the entire gastrointestinal (GI) tract was removed. Samples of pyloric caeca, of first and second segment of the mid intestine (Figure 20) were collected and promptly fixed in 10% neutral buffered formalin for 24 h at room temperature, subsequently dehydrated in graded alcohols, cleared with xylene and embedded in paraffin.



**Figure 20.** Regions of the rainbow trout mid-intestine where samples were collected: pyloric caeca first segment of the mid intestine and second segment of the mid intestine.

### 4.2. Histology and Immunohistochemistry

Thin sections of 4µm were stained with Hematoxylin and Eosin (H&E) to evaluate samples morphology. Subsequently, other sections were used for immunostaining purposes. Peptide transporter 1 (Pept-1) and Sodium glucose co-transporter-1 (Sglt-1) were characterized through immunohistochemistry using the Avidin Biotin Complex method (VECTASTAIN® Elite® ABC, Vector Laboratories, Burlingame, CA, USA) following the manufacturer's indications. In brief, sections were immersed in 10 mM sodium citrate buffer 0.05% Tween20 (pH 6) and brought to boiling, endogenous peroxidase were quenched applying to slides 3% H<sub>2</sub>O<sub>2</sub> in methanol solution for 15 minutes. Aspecific bindings were prevented incubating sections in Normal Blocking Serum



(Vectastain ABC Elite KIT, Burlingame, CA, USA) for 30 minutes at room temperature. Then, samples were incubated with Anti-PEPT1 Mouse monoclonal antibody (Santa Cruz Biotechnology, sc-373742, Heidelberg, Germany) 1:100 or with anti-SGLT-1 Rabbit polyclonal antibody (Millipore Corporation, 07-1417, Darmstadt, Germany) 1:10000 diluted in 4% BSA in PBS with 0.05% Tween20, for 60 minutes at room temperature in a humidified chamber. Antibodies specificity was previously validated in rainbow trout intestine [29,33]. Sections were then incubated with appropriate biotinylated secondary antibody followed by the avidin-biotinylated horseradish peroxidase (HRP) complex (Vectastain ABC Elite KIT, Burlingame, CA, USA) for 30 minutes at room temperature each. Signal development was performed incubating slides with ImmPACT DAB substrate (Vector Laboratories, SK-4105, Burlingame, CA, USA). Sections were then briefly counterstained with Hematoxylin solution modified according to Gill I, dehydrated and permanently mounted with a synthetic mounting media (Histo-Line laboratories, R0081, Milano, Italy).

Fatty acid-binding protein 2 (Fabp2) was localized through indirect immunofluorescence. Briefly, thin sections were deparaffinized rehydrated and brought to boiling in 10 mM sodium citrate buffer 0.05% Tween20 (pH 6) for antigen retrieval. Non-specific bindings were prevented incubated slides in 10% Donkey serum in PBS for 30 minutes at room temperature. Then, samples were incubated with Anti-FABP2 Goat polyclonal antibody (Novus Biologicals, NB100-59746 Littleton, CO, USA) 1:150 diluted in 4% BSA in PBS, for 60 minutes at room temperature in a humidified chamber. Primary antibody specificity was previously validated [3]. Subsequently, slides were incubated with secondary antibody Alexa Fluor™ 594 donkey anti-Goat (Life Technologies Corporation, A11058 Willow Creek Road, OG, USA) 1:1000 diluted in PBS for 30 minutes at room temperature. Sections were then counterstained with DAPI and mounted with ProLong™ Gold Antifade Mountant (ThermoFisher Scientific, Waltham, MA, USA). Secondary antibodies controls were performed omitting the primary antibody.

#### 4.3. Target probe design and fluoresce *in situ* hybridization (FISH)

Since mouse, it is the species in which the intestinal stem cells have been studied most, we selected the following mouse intestinal stem cell markers as target genes: SRY-Box 9 (*Sox-9*), Leucine-rich repeat-containing G-protein coupled receptor 5 (*Lgr5*), Homeodomain-Only Protein (*Hopx*), Notch receptor 1 (*Notch1*), Delta-like protein 1 (*Dll1*), Wnt family member 3A (*Wnt3a*). Expression of these genes in rainbow trout intestine was confirmed by PCR and the amplicons sequences were sent to Advanced Cell Diagnostics (ACD) for the design of custom *in situ* hybridization probes.

Fluorescent *in situ* hybridization was performed using Multiplex Fluorescent Reagent Kit V2 (RNAscope technology, Advanced Cell Diagnostics, San Francisco, CA, US) according to the manufacturer's instructions. This assay allows to visualize simultaneously 2 targets when specific customized probes are conjugated with different channels. Briefly, thin sections of 5 µm were first heated in stove and immersed in xylene to encourage paraffin removal. Samples were later incubated with Hydrogen Peroxide (Advanced Cell Diagnostics, San Francisco, CA, US) and brought to boiling in a target retrieval solution (Advanced Cell Diagnostics, San Francisco, CA, US). Subsequently, slides were exposed to Protease plus (Advanced Cell Diagnostics, San Francisco, CA, US) to allow probes to reach their defined target. Afterwards, sections were incubated with specific probes diluted 1:50 in diluent buffer in a HybEZ oven (Advanced Cell Diagnostics, San Francisco, CA, US) for 2 hours at 40°C. Probes were conjugated with different specific channels in order to allow multiplex comparison (Table 1).

**Table 1.** Probe targets and corresponding conjugated channels.

mRNA target	Channel	Cat.N.
<i>lgr5</i>	Channel 1	847731
<i>hopx</i>	Channel 2	847761-C2
<i>wnt3a</i>	Channel 2	847771-C2
<i>sox9</i>	Channel 3	847751-C3
<i>notch</i>	Channel 3	847741-C3
<i>dll1</i>	Channel 3	853451-C3

Signal amplification was performed incubating samples in signal amplification solution 1, 2 and 3. Signal was the developed incubating slides with the appropriate fluorophore (OPAL 520 or OPAL 570, Akoya biosciences, Marlborough, USA) diluted 1:750 in tyramide signal amplification (TSA) buffer. Sections were then counterstained with DAPI and mounted with ProLong™ Gold Antifade Mountant (ThermoFisher Scientific, Waltham, MA, USA). mRNA quality and integrity were checked using a constitutive control gene (PPiB-Peptidylprolyl Isomerase B) while negative controls were performed incubating slides with a probe specific for the *Bacillus subtilis* dihydrodipicolinate reductase (*dapB*) gene.

According to the ACD RNAscope® indications the signal from a single mRNA molecule is detected as a punctate dot, whereas larger dots (cluster) result from many mRNA molecules. Furthermore, high RNA expression can be easily seen at 10X magnification whereas low RNA expression typically required a 40X magnification examination.

Images were acquired using NanoZoomer S60 Digital slide scanner (Hamamatsu photonics, Hamamatsu city, Japan) and were collected at low and high magnification to show general tissue distribution along the folds and within enterocytes, respectively.

**5. Conclusions**

We have previously described the RT mid-intestine peculiar 3D structure and now we present data indicating that the apical portion of the complex folds present in the second segment of the mid-intestine provides a morphological and functional extension to the first segment. The remaining portion of the intestine, pyloric caeca and the rest of the second segment of the mid-intestine do not share the same brush border enzyme expression pattern but share the same epithelial morphology and the same elevated renewal rate. Though, at present, we have no data that may explain why these two portions undergo a higher wear and tear than the rest, we characterized the RT ISCs morphological and molecular architecture. Evidence indicate that, while the molecular repertoire is conserved compared to mammals, their 3D distribution is not, and it partially diverge also from that of other fish, confirming the extreme variety that characterize this vast group.

Even if no histological and molecular details are known, a similar complex nonlinear 3D pattern of the mid-intestine has been previously described also in the Atlantic salmon, therefore our results are likely to be applicable to all the other salmonids, a group of species very valuable for the aquaculture industry. Therefore, our data provide useful reference parameters that will enable a detailed evaluation of the impact of innovative feeds on the gut health of these species.

**Author Contributions:** Conceptualization, F.G. methodology, N.V. and R.P; data collection and validation, N.V. and R.P.; writing—original draft preparation, N.V.; writing—review and editing, F.G. and T.A.L.B; supervision, F.G. and T.A.L.B.; funding acquisition, F.G. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research has received funding from the European Union’s Horizon 2020 research and innovation programme under grant agreement No 828835.

**Acknowledgments:** The authors are grateful to Laghi Verdi s.n.c. trout farm (Como, Italy) for their support with animal sampling and to Federica Camin for her help with morphological analysis. N.V., R.P., T.A.L.B. and F.G. are members of COST Action 16119.

**Conflicts of Interest:** The authors have no conflicts of interest to declare. All co-authors have seen and agree with the contents of the manuscript and there is no financial interest to report. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.

## Abbreviations

RT	Rainbow trout
PEPT1	Peptide Transporter 1
SGLT1	Sodium-Glucose/Galactose Transporter 1
FABP2	Fatty acid-binding protein 2
ISCs	Intestinal stem cells
LGR5	Leucine-rich-repeat-containing G-protein-coupled receptor 5-expressing
HOPX	Homeodomain-Only Protein
SOX9	SRY-Box 9
NOTCH1	Notch receptor 1
DLL1	Delta-like protein 1
WNT3A	Wnt family member 3A
CBCs	Crypt base columnar cells
GI	Gastrointestinal
HRP	Horseradish peroxidase
DAB	3, 3' -diaminobenzidine
FISH	Fluorescence <i>in situ</i> hybridization

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