

1 **Characterization of collagen structure in Normal, Wooden Breast and Spaghetti Meat chicken**
2 **fillets by FTIR microspectroscopy and histology**

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12 **ABSTRACT**

13 Recently, two chicken breast fillet abnormalities, termed Wooden Breast (WB) and Spaghetti Meat (SM),
14 have become a challenge for the chicken meat industry. The two abnormalities share some overlapping
15 morphological features, including myofiber necrosis, intramuscular fat deposition, and collagen
16 fibrosis, but display very different textural properties. WB has a hard, rigid surface, while the SM has a
17 soft and stringy surface. Connective tissue is affected in both WB and SM, and accordingly, this study's
18 objective was to investigate the major component of connective tissue, collagen. The collagen structure
19 was compared with normal (NO) fillets using histological methods and Fourier transform infrared
20 (FTIR) microspectroscopy and imaging. The histology analysis demonstrated an increase in the amount
21 of connective tissue in the chicken abnormalities, particularly in the perimysium. The WB displayed a
22 mixture of thin and thick collagen fibers, whereas the collagen fibers in SM were thinner, fewer, and
23 shorter. For both, the collagen fibers were oriented in multiple directions. The FTIR data showed that
24 WB contained more β -sheets than the NO and the SM fillets, whereas SM fillets expressed the lowest
25 mature collagen fibers. This insight into the molecular changes can help to explain the underlying causes
26 of the abnormalities.

27 **Keywords**

28 Chicken fillet, Collagen structure, Wooden Breast, Spaghetti Meat, FTIR spectroscopy

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33 **INTRODUCTION**

34 Some decades ago, the poultry industry detected the first signs of abnormalities on chicken breast, i.e.,
35 *Pectoralis major* muscles [1]. One of these abnormalities, termed Wooden Breast (WB) [2], is characterized
36 by fillets with a hard and bulged surface. Another less described abnormality is Spaghetti Meat (SM).
37 SM fillets are soft with separated muscle fibers resulting in a stringy, spaghetti-like appearance [3].
38 These abnormalities make the meat appear unpleasant, resulting in the downgrading of WB and SM
39 fillets. Both WB and SM abnormalities show similar morphological features in the muscles, such as fiber
40 necrosis, inflammatory cell accumulation, and fibrosis [2-4]. Fibrosis occurs when the muscle fibers
41 undergo necrosis, and the muscle fibers are replaced by connective tissue [5]. These abnormalities also
42 have higher collagen and fat content in the superficial layer than the normal (NO) chicken and higher
43 water, and lower protein content [3,6-9].

44 While these abnormalities' muscle fibers are well-described [3,4,6,10,11], the connective tissue is less
45 studied, particularly in SM. Connective tissue consists of a complex and heterogeneous matrix built up
46 by collagen fibers, amorphous ground substances, and cells. The ground substance is formed mainly by
47 glycosaminoglycans (GAGs) and structural glycoproteins linking the collagen fibers. Collagen fibers
48 consist of tightly packed fibrils composed of three polypeptide chains, each in the form of a left-handed
49 polyproline-type helix.

50 It has been suggested that the increased firmness in WB may be a result of fibrosis, which leads to an
51 accumulation of interstitial connective tissue [12]. Chapman *et al.* (2017) suggested that the collagen
52 content or maturity alone is not responsible for the fibrotic muscle's increased stiffness in desmin
53 knockout mice. The changes in collagen fiber organization in the perimysial layer caused the mechanical
54 modifications [13,14]. In WB chicken, two types of collagen organization have been observed: 1) highly
55 cross-linked collagen fibrils packed together to form larger collagen fibril bundles that are parallel
56 aligned, and 2) thinner collagen fibril bundles that are more randomly arranged [4,15,16]. The collagen
57 fibers in SM have not been characterized, even though fibrosis has been detected in SM.

58 Fourier transform infrared (FTIR) spectroscopy has become a well-established tool to analyze complex
59 biological sample components. By absorbing infrared light at specific wavenumbers, each chemical
60 functional group contributes to a spectral fingerprint [17]. When combined with a microscope, FTIR
61 analysis can quantify relative amounts, distribution, and orientation of compounds directly in biological
62 tissues [18]. FTIR microspectroscopy and imaging have proven to be an excellent tool for analyzing
63 protein structures in tissue related to microstructure (Böcker *et al.*, 2006). The authors have previously
64 shown that connective tissue components important for fish fillet quality were detectable with FTIR
65 spectroscopy [19]. With Principal Component Analysis (PCA), it was possible to detect differences in
66 the relative collagen content. The FTIR images revealed a collagen distribution that was corresponding

67 to the collagen distribution illustrated by immunohistochemistry. In bone and skin, FTIR
68 microspectroscopy and imaging have been used to assess collagen maturity related to mineralization
69 and/or degree of mature crosslinks (Baily et al. 1998; Canuto et al., 2012; Paschalis et al 2001; 2015; [20].
70 The orientation of collagen molecules is also an essential determinant of their functionality in connective
71 tissues. Polarized FTIR spectroscopy can give structural information on oriented and ordered molecules
72 and has been used to examine the molecular orientation of collagen fibers in cartilage [21] and skin [22].

73 In the current study, we hypothesize that the difference in texture properties among NO, WB, and SM
74 chicken fillets can be explained by differences in the collagen fiber molecular structure and organization
75 in the ECM. We characterized connective tissue focusing on collagen in chicken breast muscle with and
76 without muscle abnormalities, using histology and FTIR spectroscopy. Using FTIR microspectroscopy,
77 we obtained structural and chemical information of protein related to the proteins' tertiary and
78 secondary structures, while ratio images of amide I/amide II obtained by polarized FTIR revealed
79 information about the spatial orientation of the collagen fibers in the tissue. These data yield important
80 insights related to molecular changes in chicken breast abnormalities, which could impact these
81 syndromes' management within the food industry.

82

83 MATERIAL AND METHODS

84 *Chicken fillets*

85 A total of 30 skin and boneless chicken breast fillets (*M. pectoralis major*) were obtained from a
86 Norwegian commercial chicken processing facility. The birds of the strain Ross 308 were hatched 32
87 days old. Fillets were classified on-site as NO, WB, and SM by visual inspection by an experienced
88 veterinarian based on palpation of consistency (normal, soft, hard). Breast fillets with soft consistency
89 were classified as SM, breast fillets with hard consistency were classified as WB. The experiment consists
90 of ten fillets from each chicken group.

91 *Thin section sample preparation*

92 Just after slaughter, cooling and deboning, the chicken fillets were brought to the laboratory under
93 refrigerated conditions (1h). Approximately one cm³ from the upper part of each *Pectoralis major* muscle
94 was cut out from each of the 30 fillets and fixed in 10% formalin buffer for histology and FTIR analysis.
95 The samples were kept for 24h at room temperature, dehydrated in a graded series of ethanol, and
96 embedded in paraffin. From each sample, a series of parallel sections, 5 µm in thickness, were cut and
97 mounted on polylysine-coated slides for histological evaluation and a ZnSe slides for FTIR
98 spectroscopy. The sections were cut both transversally and longitudinally to the muscle length.

99 *Histology*

100 For microscopic observations, three histological staining methods were used; fluorescently tagged
101 wheat germ agglutinin (WGA) lectin was used to display an overview of the connective tissue by
102 fluorescence microscopy, hematoxylin and erythrosine (HE) were used to verify the muscle
103 abnormalities, and Picrosirius Red to give detailed information of the collagen structure. WGA binds
104 sialic acid/N-acetylglucosamine sites in skeletal muscle tissue, whereas Picrosirius Red staining binds
105 specifically to the collagen triple helix structure, thereby visualizing the collagen fibers in the tissue.

106 The staining was done on deparaffinized sections, the process is 2 x 5 min in xylene, rehydration in a
107 series of ethanol (2x100; 2x95; 1x90; 1x70 %), and rinsing with dH₂O. One section from each of the 30
108 samples, *i.e.*, ten sections from each fillet group (NO, WB, and SM) were stained with HE (Fisher, Fair
109 Lawn, NJ), dehydrated in the alcohol series back to xylene, and mounted in quick hardening mounting
110 medium Eukitt® (Merck, Darmstadt, Germany). The slides were scanned with Aperio CS 2. Based on
111 the HE images, five fillets from each chicken group with the typical morphological features described
112 for NO, WB and SM muscles, respectively, were selected for further analyses. For assessment of
113 connective tissue, sections were permeabilized with 0.1% Triton X-100 in PBS for 15 min, incubated with
114 WGA Alexa Fluor™ 488 Conjugate (Thermo Fischer Scientific, MA, US) for 30 min, washed 3 x 10 min
115 with PBS before using Dako fluorescent mounting medium (Glostrup, Denmark). The sections were
116 examined by fluorescence microscopy (Zeiss Axio Observer Z1 microscope), and images were
117 processed using Adobe Photoshop C3S. If necessary, the adjustment in brightness and contrast was
118 performed manually across the entire image. For the collagen structure assessment [23], the sections
119 were stained with Picrosirius Red Stain Kit (Polysciences, Warrington, PA) according to the
120 manufacturer's protocol. The sections were then examined using a light microscope (Leica DM60001,
121 Heidelberg, Germany). The images were taken in both bright-field and polarization mode. Using
122 polarization mode thick collagen fibers appear red and thin fibers appear green [23,24]. Picrosirius Red
123 staining was done on both transversal and longitudinal cut sections.

124

125 *FTIR micro spectroscopy*

126 The FTIR microscopy spectra were acquired with a Perkin Elmer Spectrum Spotlight 400 FTIR
127 system (Perkin - Elmer, Buckinghamshire, UK). For the spectral analyses, the point function was used.
128 The size of each point was 13 x 41 μm. All spectra were collected in transmission mode in the mid-
129 infrared region between 4000-750 cm⁻¹ with 32 scans per pixel and a spectral resolution of 4 cm⁻¹. Before
130 each spectrum, a background spectrum of the ZnSe was obtained.

131 FTIR spectra were recorded on transversally cut sections on three different perimysium areas on each
132 section. Five spectra were obtained along the connective tissue string in each of the three perimysium
133 areas. This resulted in 15 spectra from each fillet. Five fillets from each chicken group were analyzed,
134 resulting in 225 spectra for the three chicken groups altogether. For further analysis, five spectra from

135 each of the three areas were averaged, and the mean spectra were used for peak height determination
136 and principal component analysis.

137 *Polarized FTIR imaging*

138 Polarized FTIR images were obtained with a Perkin Elmer Spectrum Spotlight 400 FTIR system
139 (Perkin - Elmer, Buckinghamshire, UK) with a polarizer inserted in the light path. Polarization images
140 were obtained on longitudinal sections aligned along the direction of the y-axis of the motorized plate.
141 The size of the IR spectral images was 75 x 125 μm with 6.25 μm pixel resolution. The data were recorded
142 from 4000-750 cm^{-1} with a spectral resolution of 4 cm^{-1} and 120 scans per pixel. Before each image, a
143 background spectrum with 240 scans was obtained from the ZnSe substrate. To determine the collagen
144 fibers' orientation, the polarization angle was set to 0°, which means that the polarization was
145 perpendicular to the connective fiber length axis. Eight polarized images were collected from each of
146 the groups, NO, WB, and SM.

147 Spectral images were created using the amide I/amide II area ratio for the conventional mode and the
148 perpendicular polarization mode on longitudinally cut muscle sections. The spectra were recorded in
149 the perimysial area. The data of the amide I/amide II ratio were grouped into three categories: value
150 ≤ 1.7 was considered valid for collagen fibers that were aligned parallel to the muscle fibers, a ratio
151 between 1.7-2.7 for a random alignment of the collagen fibers, and for ratio value ≥ 2.7 the collagen fibers
152 were considered to be perpendicular to the muscle fiber. This is according to the method used to
153 determine collagen fibers' alignment in cartilage [21]. The color scale was adjusted from 1.5 (blue) to 3
154 (red) according to the values computed for the three chicken groups' connective tissue.

155 *Spectral data analysis*

156 The main spectral regions of interest for proteins are the amide I and II region (1718-1492 cm^{-1}) of the
157 FTIR spectra, the amide III region (1350-1200 cm^{-1}), and the region 1140-985 cm^{-1} for the carbohydrate-
158 rich matrix components (proteoglycans (PG), GAG). Before further processing the spectral data, the
159 absorbance of paraffin in the FTIR spectra were deleted from the spectra [25], i.e., the areas between
160 1500-1440 and 1400-1360 cm^{-1} were removed. Additionally, to increase the resolution of the peaks
161 underlying absorbance bands, a second derivative algorithm was applied (Savitzky & Golay, 1964). The
162 window size was nine smoothing points, and the polynomial order was two. For normalization,
163 extended multiplicative signal correction (EMSC) was used [26]. After preprocessing, the data were
164 analyzed by determining peak heights and principal component analysis (PCA). In second derivative
165 spectra, peaks appear negative; to get positive values, the spectra were multiplied with (-1). The
166 multivariate analysis PCA describes the maximum variance in the data set at all frequencies
167 simultaneously. The results appear in a score plot that allows visualization of the distribution of the
168 samples. The loadings explain the variance seen in the score plot [27].

169 Collagen maturity was calculated as the ratio of two sub-bands in the amide I contour at 1660 cm⁻¹ and
170 1690 cm⁻¹, as we previously described ([20,28,29]. To calculate the relative content of GAGs to collagen
171 in the connective tissue, the peak height ratio of the two bands at 1126 cm⁻¹, assigned to the sulfate
172 stretch in GAG [30,31], and 1660 cm⁻¹, assigned to stretching vibration of the carbonyl in the triple-helix
173 structure of collagen, was used.

174
175 The FTIR polarized images amide I/amide II ratios were calculated by integrating areas and then
176 rationing the areas using ISys® software (Spectral Dimensions, Olney, MD). All spectra were baseline
177 corrected before obtaining the ratio, and spectra originating from muscle fibers were discarded by
178 masking to avoid their influence on the connective tissue images.

179
180 A general linear model ANOVA followed by the post hoc Tukey test and 95 % confidence was used to
181 calculate differences in peak heights (1660/1690 cm⁻¹ and 1126/1660 cm⁻¹). The chicken was used as a
182 random factor in the groups.

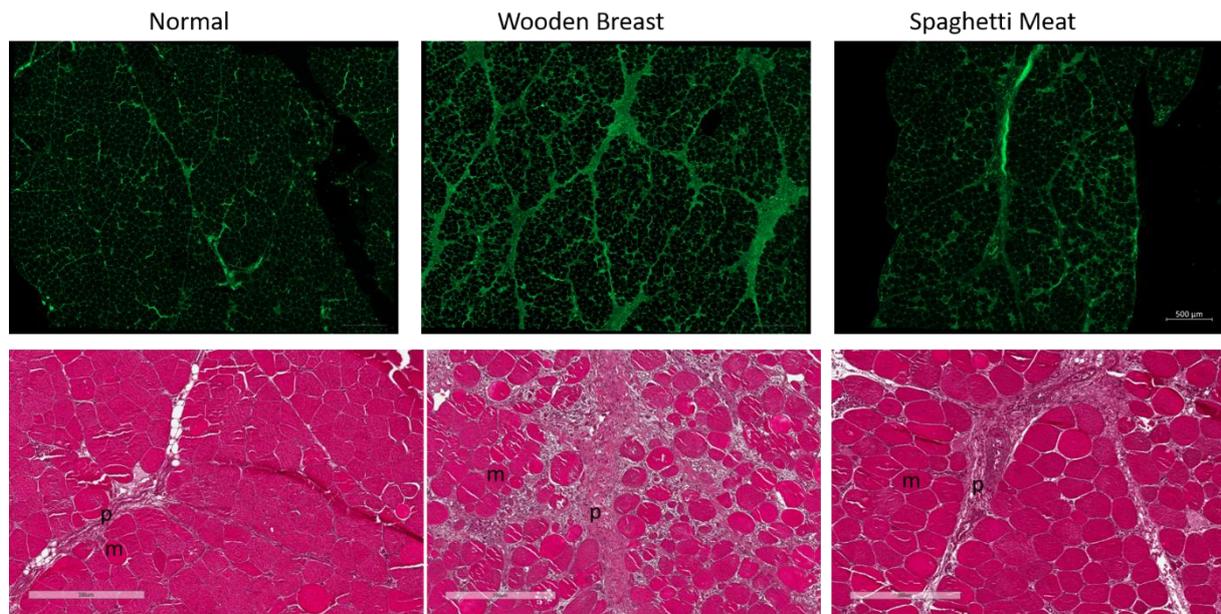
183

184 **RESULTS**

185 The collagen organization within NO, WB, and SM chicken fillets was examined with microscopy and
186 spectroscopic analysis. The histological images gave an overall view of connective tissue and muscle
187 morphology, while FTIR spectroscopy provided a more detailed characterization of the chemical and
188 molecular structure of collagen.

189 *Histological characterization of skeletal muscle abnormalities*

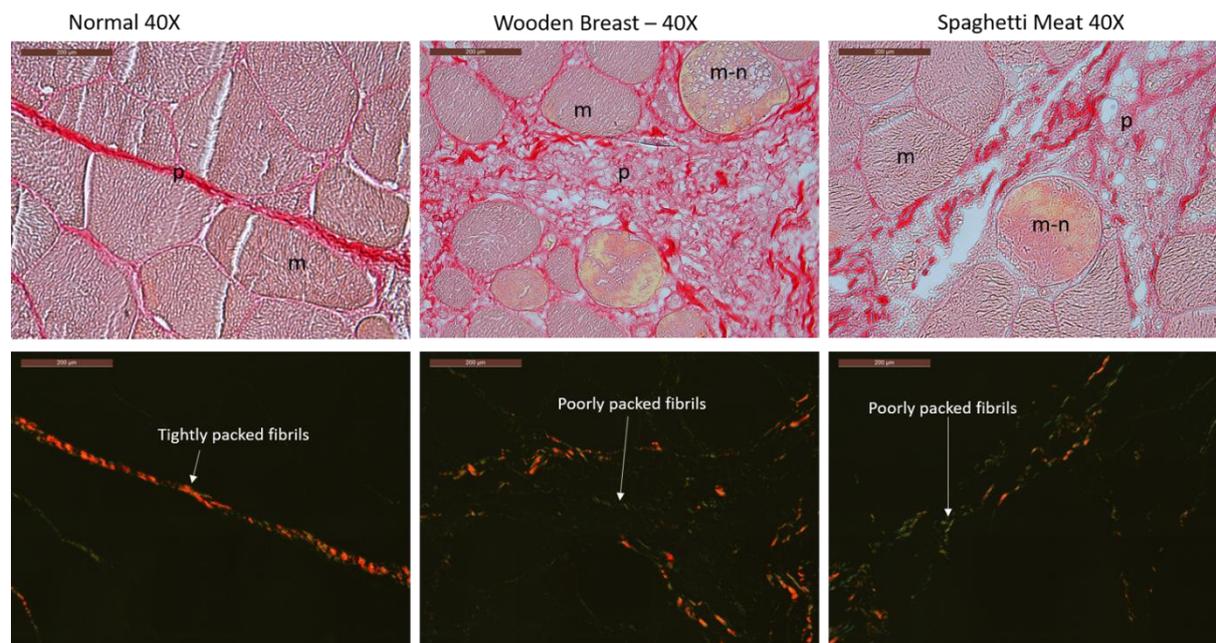
190 To verify WB and SM abnormalities in the selected fillets, histological evaluations with three different
191 staining methods were performed. WGA staining of the connective tissue showed that in WB, there was
192 visually clearly more connective tissue (Figure 1 upper level). The HE-images (Figure 1 lower level)
193 showed that the NO fillets displayed even-sized, tightly packed myofibers and that the perimysium
194 was narrow. In the WB fillets, the muscle cells were round and swollen, with large diffuse, widened
195 perimysial connective tissue areas. The perimysium in SM was as for the WB sample broad and diffuse,
196 but in the SM tissue, the muscle cells were more tightly packed. The morphology of NO, WB, and SM
197 samples visualized by HE was in accordance with other studies [2-4]. The histological images confirmed
198 that the selected chicken fillets were sorted correctly into the three classes NO, WB, and SM.



199
 200 *Figure 1: Upper level: Fluorescent WGA lectin staining of muscle sections to visualize connective tissue*
 201 *distribution in Normal, Wooden Breast, and Spaghetti Meat muscles. Scale bar is 500 μ m*
 202 *Lower level: HE-stained tissue sections collected from Normal, Wooden Breast, and Spaghetti Meat chicken breast*
 203 *muscle. m= muscle cell, p= perimysium. Scale bar is 300 μ m*

204

205 Picrosirius Red staining and light microscopy analysis in bright-field or polarized light were used to
 206 characterize the collagen organization in the tissue. In bright-field mode (Figure 2 upper level), the
 207 perimysium in the NO samples appears as intense continuously red, and with tightly packed thread-
 208 like structures indicating that the collagen fibers are highly organized in thick bundles oriented
 209 transversally to the long axis of the muscle cells. WB and SM's perimysium is both inhomogeneous with
 210 gaps and containing short red threads oriented in multiple directions. The WB has a denser matrix
 211 structure and more red threads than the SM sample, and the perimysium in WB seems to intrude into
 212 the muscle fiber bundles. In polarized light, the section background is black, and the collagen fibers
 213 appear red (thick fibers) and green (thin fibers). The perimysium in the NO fillet appears as a compact
 214 and continuous red string (Figure 2 lower level), indicating that the collagen bundles are even-sized,
 215 parallelly aligned, and tightly packed [23]. The stained perimysium in WB and SM is much less coherent
 216 with a mixture of red and green colored short threads. The SM sample has visually inspected more
 217 green threads than the WB samples. This may indicate that the collagen fiber structure and organization
 218 in the connective tissue are different in the three chicken fillet groups.

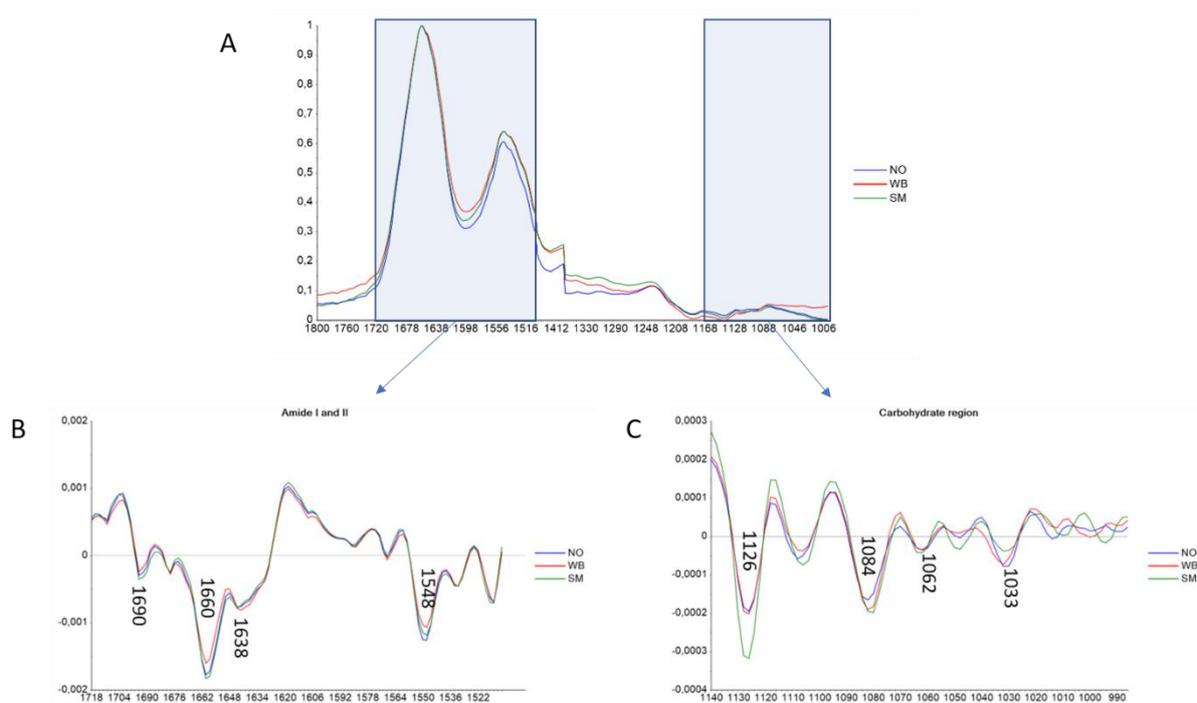


219
 220 *Figure 2: Picrosirius red staining: Bright-field mode (upper panel) and polarized light microscopy (lower panel).*
 221 *Thick collagen fibrils appear as red while thin fibrils as green. m= muscle cell, m-n = muscle cell that is infiltrated*
 222 *with macrophages and undergoes necrosis p= perimysium, e= endomysium. Scale bar: 200 μ m.*

223

224 *FTIR microspectroscopy*

225 FTIR spectra were collected from the perimysium of NO, WB, and SM fillets. EMSC corrected spectra
 226 representing the three groups are shown in Figure 3a. Here, the wavenumber regions between 1500-
 227 1440 and 1400-1360 cm^{-1} were deleted as the paraffin absorbance masks other protein and carbohydrate
 228 signals in these regions. The main peaks were found in the amide I and II regions (1718-1492 cm^{-1}), a
 229 weaker and broader peak in the amide III region (1350-1200 cm^{-1}), and a weak broad peak in the
 230 carbohydrate region (1140-985 cm^{-1}). In connective tissue, collagens are the most extensive protein
 231 constituents. Therefore, the infrared absorbance in the protein area primarily originates from the
 232 absorbance of collagens. Figures 3b and c show the average second derivative spectra of the amide I and
 233 II region and the carbohydrate region, respectively. The most pronounced protein peaks (negative in
 234 the second derivative) were found at approximately 1690, 1660, and 1548 cm^{-1} , with an additional
 235 shoulder at 1638 cm^{-1} . The 1660 and 1548 cm^{-1} peaks have previously been assigned to native triple-
 236 helical structure in collagens [32]. The shoulder at 1638 cm^{-1} has been related to β -sheet structures [33].
 237 The bands at 1084, 1062, and 1033 cm^{-1} are assigned to the sugar rings in carbohydrate residues in
 238 collagen and proteoglycans (PGs). In addition, there is a band at 1126 cm^{-1} which has been assigned to
 239 the sulfate stretch in GAGs [30,31,34].

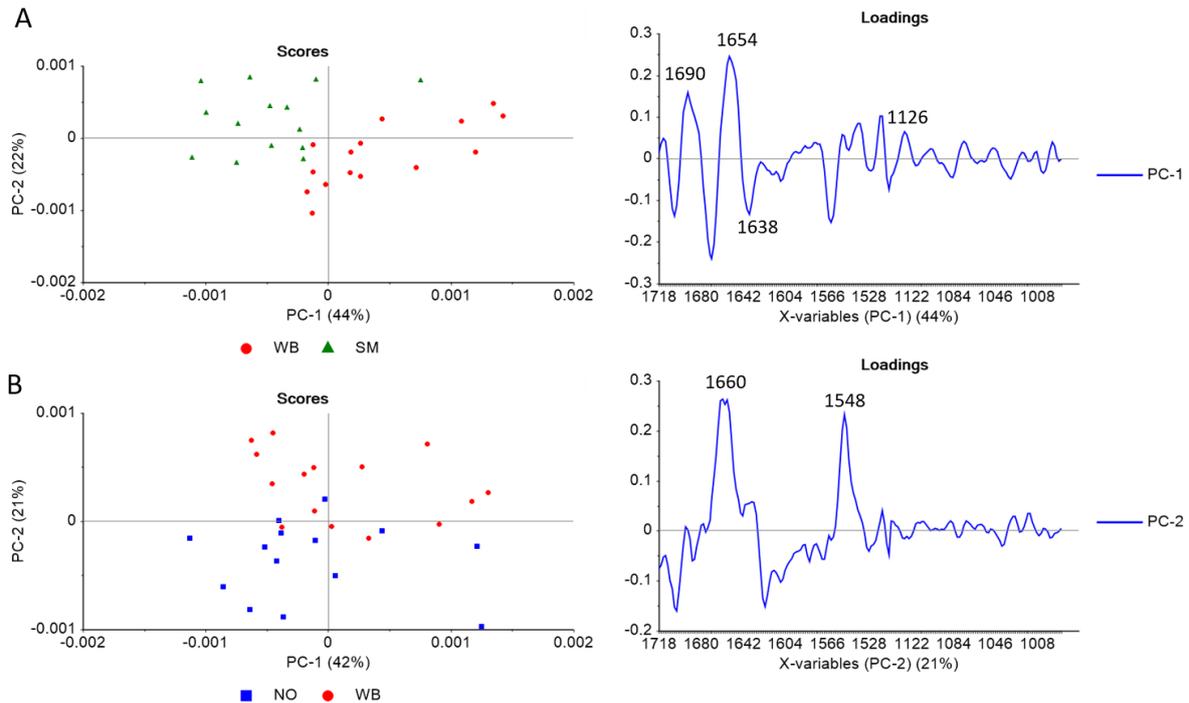


240

241 *Figure 3 A) FTIR spectra (averaged and EMSC corrected) collected from the connective tissue in NO, WB and*
 242 *SM chicken fillet (1800 to 1000 cm⁻¹) B) Savitzky Golay's second derivative spectra of NO, WB and SM fillets in*
 243 *the Amide I & II region (1718-1492 cm⁻¹) and C) carbohydrate region (1140-985 cm⁻¹).*

244

245 To better explain the collagen structure differences between the sample groups, the spectra were further
 246 compared using PCA. The score plot revealed only partly separation between the three groups (see
 247 supplementary figure 1). Thus, to improve interpretation, PCA of two and two groups were performed,
 248 respectively. The score plot of NO and SM showed no apparent differences between the samples (not
 249 included). In Figure 4A, the score plot reveals that PC 1 explains 44 % of the SM and WB spectra
 250 variation. The loading plot shows that the difference between WB and SM is mainly related to a shift in
 251 the FTIR band frequency around 1660 cm⁻¹, assigned to the native triple-helical structure of collagen.
 252 For SM samples, this band is slightly shifted to lower wavenumber (i.e. 1654 cm⁻¹, assigned to α -helixes),
 253 indicating that the collagen in SM samples has a lower content of native triple-helical structure
 254 compared to WB samples [35]. The loading plot also shows that bands around 1638 (β -sheet structures)
 255 and 1126 cm⁻¹ (sulfate stretch in GAGs) can explain differences between WB and SM. The PCA score
 256 plot of NO and WB (Figure 4B) shows differences between WB and NO samples along with PC 2,
 257 explaining 21 % of the variance. The loading plot indicates that this difference is related to the bands at
 258 approximately 1660 and 1548 cm⁻¹ and meaning that NO samples have relatively higher intensities of
 259 native triple helix compared to WB samples.

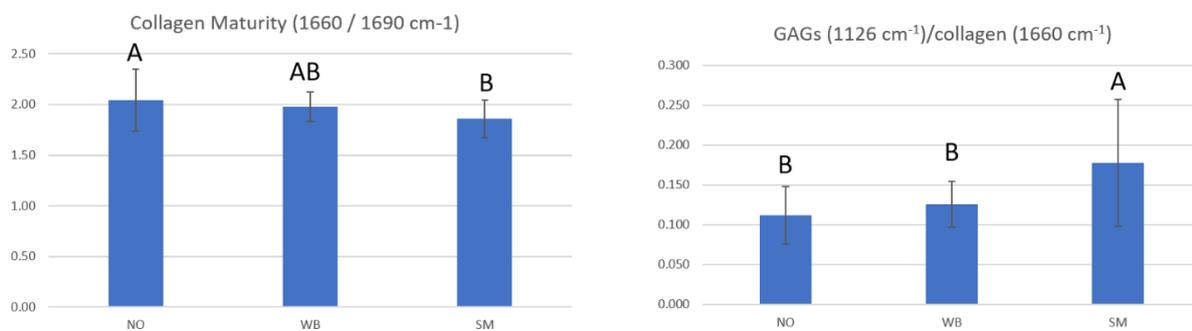


260

261 *Figure 4: PCA Score and loading plot for the Amide I & II region (1718-1492 cm⁻¹) and the carbohydrate region*
 262 *(1140-985 cm⁻¹) for a) WB and SM samples; and b) NO and WB samples.*

263

264 Figure 5 shows the absorbance ratio of 1660/1690 cm⁻¹, which indicates that the NO fillets, followed by
 265 WB fillets, have the most mature collagen fiber structures. The SM fillets express the lowest degree of
 266 maturation, and it is significantly different from the NO fillets. WB was not significantly different from
 267 either the NO or SM fillets. The peak height ratio of 1126 cm⁻¹, assigned to the sulfate stretch in GAG,
 268 and 1660 cm⁻¹, assigned to the collagen's triple-helix structure, is shown in Figure 5. This ratio indicates
 269 that the SM samples have significantly more GAGs relative to collagen in the perimysial connective
 270 tissue than both the NO and the WB samples. The standard deviation is more extensive in the SM sample
 271 than in the two other samples, indicating a sizeable focal variation in the connective tissue structure in
 272 the SM samples.



273

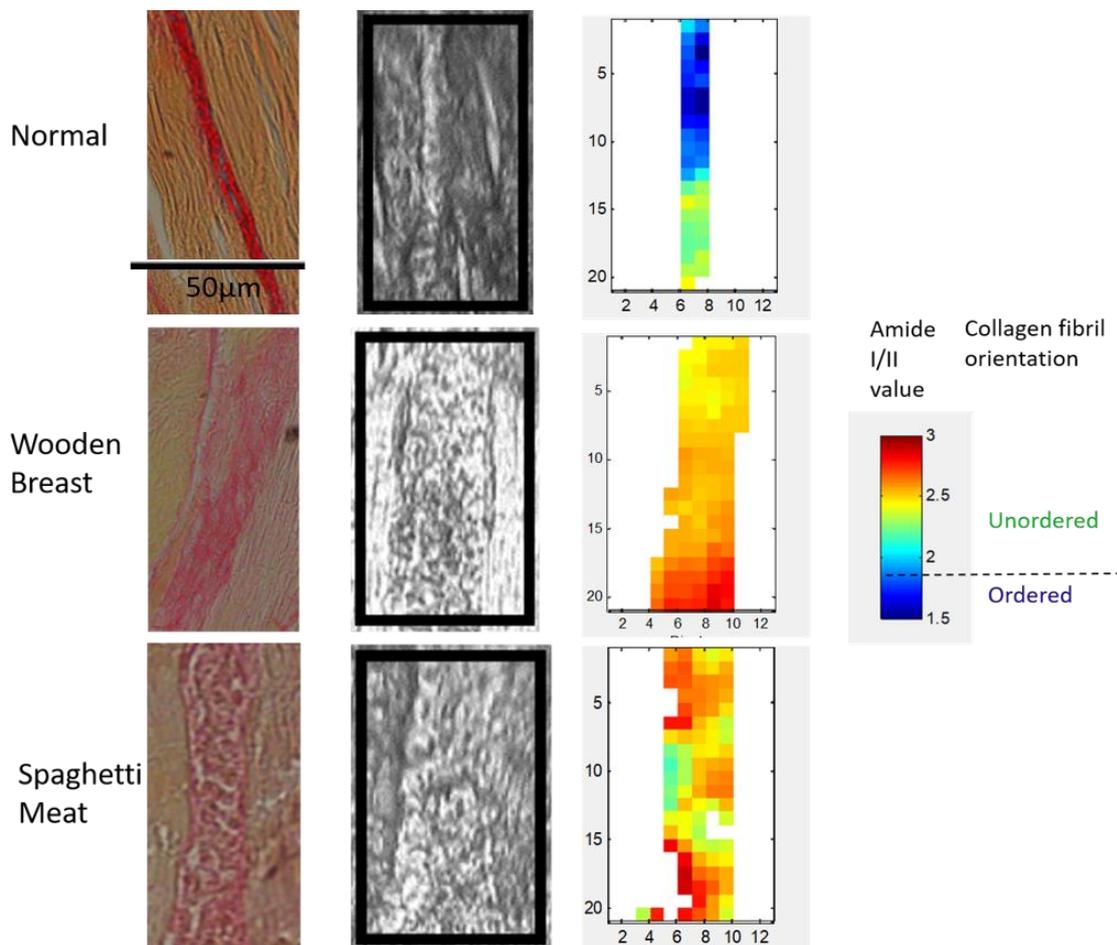
274 *Figure 5: left: collagen maturity: The NO and WB fillets show the most mature collagen network, the SM fillets*
 275 *express the lowest degree of maturation, and it is significantly different from NO ($p < 0.05$). Right: GAGs to*
 276 *collagen ratio: SM has a significantly higher content of GAGs than NO and WB.*

277

278 *Polarized FTIR imaging*

279 Parallel longitudinally sections were stained with Picrosirius Red and analyzed in bright-field light
 280 microscopy for comparison with polarized FTIR images (Figure 6). The bright-field images show that
 281 the NO has a dense connective tissue with visible collagen fibers. WB and SM have more diffuse and
 282 broader connective tissues with more gaps.

283 The amide I's primary absorbance is the stretching vibration of the C=O band (perpendicular to the
 284 collagen fibril axis). The C-N stretching and N-H bending vibration (parallel to the collagen fibril axis)
 285 contribute to the amide II band. In the polarized FTIR images (Figure 6), low amide I/amide II ratio
 286 values represent collagen fibers aligned parallelly, whereas higher values represent an unordered
 287 collagen fiber structure having multiple directions. The blue-green pixel color of the perimysial
 288 connective tissues in the NO samples indicates that the collagen fibers are mainly parallel aligned to the
 289 muscle fiber axis. The red-yellow pixel colors in both the WB and the SM samples show that the collagen
 290 fibers in these samples compared to the NO samples have a higher amide I/II ratio, indicating that they
 291 are more randomly oriented. The average amide I/II ratio values are 2.05, 2.39, and 2.41 for NO, WB,
 292 and SM, respectively.



293

294 *Figure 6: Left: a picrosirius red-stained image of a longitudinal section of NO, WB, and SM connective tissue,*
295 *middle: light microscopy image, and right: the corresponding polarized FTIR images calculated from the ratio*
296 *amide I/ amide II. Low ratios values (blue-green color) indicate more ordered fibers and high values (yellow-red)*
297 *less ordered fiber organization*

298 DISCUSSION

299 Differences in meat quality and textural properties between normal chicken and those with muscle
300 abnormalities have been related to muscle fiber necrosis [36]. More recently, differences in the amount,
301 structure, and ECM composition have been reported [2-4].

302 Both the HE- and the Picrosirius Red stained images revealed that the perimysium of NO fillets had a
303 dense appearance. For the WB and SM samples, the perimysium appeared transparent and
304 inhomogeneous with some dense stained collagen fibrils area and gaps. In the bright-field mode images,
305 Picrosirius Red staining was more intense in NO than in WB and least severe in SM. Baldi et al. (2019)
306 reported that WB samples had higher collagen content than both the NO and the SM samples when
307 measured chemically as collagen content per mg muscle tissue. The higher collagen content of WB fillets
308 than in the NO, as reported by Baldi et al. (2019), probably is because there is more connective tissue
309 distributed in the superficial layer of the breast muscle in WB than in NO and SM samples, which is in
310 line with our histological data. The samples' low magnification WGA images clearly showed that the
311 connective tissue was more abundantly distributed within the muscles of WB. By using polarized light
312 in combination with Picrosirius Red staining, thick collagen fibers appeared red and thin collagen fibers
313 green [23,24]. The polarized light images revealed that in the NO perimysium, the collagen fibers are
314 thicker than in the WB perimysium, having a mixture of thick and thin fibers and that the SM
315 perimysium had mainly thin collagen fibers. The mechanical properties of collagen fibers are dependent
316 on their diameter and degree of maturity, which could impact the muscle's texture.

317 In the FTIR spectra of connective tissue, the main contributor to the amide bands was collagen. Since
318 the spectra were normalized, the absorbance differences mainly reflect non-quantitative differences in
319 the protein structures between the samples. However, if there are large quantitative differences, these
320 will also be reflected in the absorbance spectra and be enhanced in the second derivative spectra. The
321 second derivative spectra revealed differences in the collagen structure and abundance between WB
322 and the two other samples related to the bands at approximately 1690, 1660, 1638, and 1548 cm^{-1} . The
323 NO and SM sample groups showed the highest absorbance at 1660 and 1548 cm^{-1} , indicating a higher
324 amount of native triple helical structures. When comparing WB with SM and NO separately by PCA,
325 the WB fillets differed from the SM by a shift in 1660 cm^{-1} peak. The SM fillets shifted towards a lower
326 wavenumber (1654 cm^{-1}). An α -helix has an absorbance at 1654 cm^{-1} , while a native triple helix has an
327 absorbance at 1660 cm^{-1} ; this can mean that the SM fillets consist of more loosely bound α -helices and
328 that WB fillets have a more triple helical structure where the collagen fibrils are tightly packed together.
329 The PCA of NO and WB indicated that the differences between them are 1660 and 1548 cm^{-1} , meaning

330 that the NO fillets have more tightly packed triple-helical than WB. The FTIR absorbance peak at 1126
331 cm^{-1} , assigned to GAGs, is most pronounced in the SM fillets. This is in accordance with the more
332 amorphous appearance of the connective tissue in the microscopic images. This ratio's large standard
333 deviation may indicate that the degree of fibrosis varies locally within the muscle.

334
335 The absorbance ratio of 1660/1690 cm^{-1} is thought to be related to determining the degree of maturity
336 of collagen in bone and skin [28,29,37]. Canuto et al. and Paschalis et al ascribe the higher ratio of
337 1660/1690 cm^{-1} to a higher number of non-reducible cross-links in skin and bone, respectively. Farlay *et*
338 *al.*, on the other hand, relate an increase in the band ratio of 1660/1690 cm^{-1} rather to alterations in
339 mineralization and hydration leading to changes in collagen secondary structure of bovine bone. This
340 ratio has previously not been validated as a marker of collagen maturity in the connective tissue of
341 skeletal muscle. Nevertheless, it is plausible that its interpretation concerning collagen maturity in the
342 sense of changes in collagen's secondary structure would be similar. Immature, reducible cross-links
343 consist of two procollagens that are in a parallel alignment. A mature, non-reducible cross-link can only
344 be formed through an additional collagen molecule aligned to the divalent cross-linked molecule, which
345 means that a mature cross-link exists when three or more collagen fibrils are cross-linked to each other
346 [38]. In a recent study, Baldi et al. (2019) showed that the intramuscular connective tissue in SM's
347 superficial muscle contains less hydroxylsypyrindoline per mol collagen than NO and WB muscles.
348 SM fillets expressed the lowest degree of maturity in the present study, measured as the ratio 1660/1690
349 cm^{-1} . This was supported by the Picrosirius Red staining seen in the polarized microscopic images. The
350 collagen fibers in SM appeared thin green colored threads and poorly packed, consisting of more loosely
351 bound α -helixes (1654 cm^{-1}). In our study, the absorbance ratio of 1660/1690 cm^{-1} was highest for the
352 NO fillets showing the highest degree of maturity, closely followed by the WB fillets. The color staining
353 in the microscopic images confirmed thicker collagen fibers in the NO and partly in the WB samples. If
354 SM consists of newly formed collagen fibers, the tissue most likely consists of immature divalent cross-
355 links that during maturation will convert into mature trivalent cross-links. In the present study, the
356 results indicated that SM abnormality exhibited significantly lower collagen cross-linking than NO
357 fillets. The absorbance ratio of 1660/1690 cm^{-1} reflects the content of mature and immature collagen in
358 the connective tissue.

359 In WB muscle, the perimysial connective tissue contains more collagen, a higher amount of thicker
360 collagen fibers, and the connective tissue appears denser than the perimysium of SM. The connective
361 tissue in WB is likely a mixture of thin collagen fibers and thicker mature collagen fibers. More collagen
362 fibrils are produced through fibrosis, and the connective tissue converts into a stiffer, more mature
363 cross-linked dense collagen structure causing the hard-bulged surface of WB fillets. WB differs from the
364 two other sample groups by having a slightly more pronounced shoulder at 1638 cm^{-1} , assigned to β -
365 sheets structures. The β -sheet structures are generally more stable than the helix structures. Proteins
366 that contain large fractions of β -sheets usually exhibit higher denaturation temperatures. Baldi et al.

367 (2019) reported that the stromal protein fraction (collagen, elastin, reticulin) in WB meat taken from the
368 superficial layer had higher denaturation enthalpy than NO and SM, as well as samples from the inner
369 muscle of WB. The higher content of β -sheets structures may contribute to a stiffer structure.

370
371 Polarized FTIR-spectroscopy confirmed that NO samples displayed a well-ordered structure, while WB
372 and SM samples showed more randomly organized collagen fibers. This is in accordance with previous
373 findings in chicken with abnormalities [4,15,16]. Bi et al. (2005) have shown that low values of amide
374 I/II indicated ordered structure and fiber alignments, whereas a high ratio was related to unordered
375 structures in cartilage [21]. This quantitative interpretation seems to be true also for connective tissue.

376
377 We hypothesize that the difference in texture properties between NO, WB, and SM chicken fillets can
378 be explained by differences in the collagen fiber molecular structure and organization of the connective
379 tissue. Both FTIR spectroscopic and histological results show that the collagen structure in the
380 perimysium in NO fillets consists of mature thick collagen fiber bundles, tightly packed in well-
381 organized structures. In WB, the connective tissue is more abundant but consists of a mixture of thin
382 and thick collagen fibers that are randomly organized. The more rigid texture of WB compared to NO
383 may thus be explained mainly by more extensive deposition of connective tissue in the former. The SM
384 abnormality has thinner and looser, immature collagen fiber bundles that are randomly organized and
385 more of the ground substance. This structure can explain the connective tissue's fragility, causing the
386 muscle fibers to be teared apart during handling and filleting. The differences in the connective tissue
387 may explain the textural differences between WB and SM. It cannot be overlooked that the textural
388 differences are related to the fibrosis and the chemical and/or structural states of the meat proteins
389 (Petracci, Soglia, Madruga, Carvalho, Elza, 2019). Together, these data yield insight into the molecular
390 changes that underly connective tissue abnormalities in the Wooden Breast and Spaghetti Meat
391 syndromes. Additional research can likely be related to this can aid in managing these abnormalities in
392 the food industry.

393

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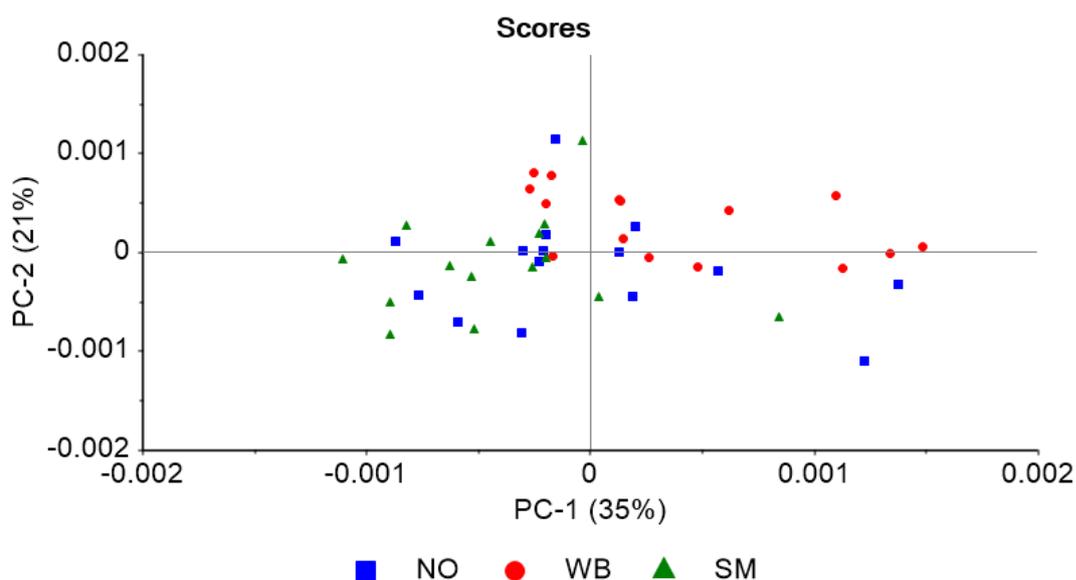
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522

523 Supplementary Fig.1

524



525

526 PCA Score plot for PC1 and PC2 of the Amide I & II region (1718-1492 cm^{-1}) and the carbohydrate region (1140-
527 985 cm^{-1}).

528

529