Review

Integrated Watershed Management Framework and Groundwater Resources in Africa- A Review of West Africa Sub-region

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Abstract: Human activities mostly impact the trend and direction of surface water, groundwater, and other river basin resources in the watershed in Africa. Human activities influence river flows and the water quality at both highlands and lowlands. A watershed is indeed a conserved area of land that collects rain and snow and empties or penetrates into ground water sources. The act of managing the activities around the watershed is the Integrated Watershed Management while considering the social, economic, and environmental issues, as well as community interests to manage water resources sustainably. These watersheds, river basins, and groundwater resources provide important services for communities and biodiversity. This paper reveals that the best way to protect groundwater resources is on a watershed basis using IWM. This technique enables us to handle a variety of concerns and objectives while also allowing us to plan in a complicated and uncertain environment. IWM involves cooperation and participation from a wide range of community interests and water users, including municipalities, companies, people, agencies, and landowners, for stakeholders' input to be successful. All of the strategies and plans are produced concerning one another, as well as the overall conditions of the watershed, local land uses, and specific issues.

Keywords: Africa; Biodiversity; Groundwater Resources; Integrated Watershed Management; River Basin.

1. Introduction

A watershed is a biophysically defined region delimited by water flow and drained by a current or series of currents to a single exit point or gathering area [1]. A "land area that drains into a stream" is referred to as a watershed [2]. "The use, management, and investment in multiple interrelated resources within watersheds" is what watershed management entails. It refers to the management of all natural resources in a watershed, including forests and other land uses, as well as water. Watersheds are distinct locations that are generally defined by a diversity of ecological and socioeconomic characteristics [1].

The interests of stakeholders, who might differ across upstream and downstream consumers as well as between sectors of the economy, are, nevertheless, extremely complicated. "Watersheds are usually large, and several people, companies and groups are willing to participate in how they are managed." [3]. Water, soil, nutrients, and pollutants move across various areas of a watershed, forming physical links between individuals who are geographically apart [3]. Watersheds are brimming with production and consumption externalities in economic terms. It has long been understood that water resources are inextricably linked to the ecosystem and people who live in it. The increased focus on watershed management can also be seen in the large amount of money invested

in watershed projects in recent years [3]. Even though the focus of this review paper is on the Assessment of Integrated Watershed Management, River Basin Framework, and Groundwater Resources in Africa, other natural resources in the watershed are taken into account to the extent that they are directly related to water issues. The focus of this report is on the evaluation of integrated watershed management, river basin framework, and groundwater resources in Africa, as well as the river basin organizations (RBOs) and institutions that regulate and use them.

2. Watershed Management in Africa

A drainage basin is a land area where water flows and drains into a widespread water body, including a stream, lagoon, lake, or coasts [4]. A watershed is a natural system that includes water, plants, animals, marshes, moraines, and forests that interact [5]. The watershed border will roughly follow the highest ridgeline surrounding the stream channels, eventually meeting at the bottom or lowest point of the land, the mouth of the canal, when water flows out of the watershed. Rainfall and storm water runoff provide the majority of the water. All changes to the land, such as mining, agriculture, highways, urban development, and human activities within a watershed, have an impact on the quality and amount of storm water. Naturally raised places are designated to divide watersheds from one another [5].

2.2 Why is Watershed and Groundwater Resources Important?

Surface water features and storm water runoff within a watershed eventually flow to other bodies of water, making watersheds significant. When executing water quality protection, sustenance and restoration initiatives, it is critical to consider these downstream effects [5]. Everything that happens upstream eventually ends up downstream. We must keep in mind that we all live downstream and that our daily actions might have an impact on downstream rivers. Environmental management has traditionally been focused on individual concerns such as air, land, and water [6]. The majority of these efforts have resulted in lower pollutant emissions to the air and water, improved landfills, waste sites, and contaminated groundwater remediation, protection of rare and endangered species, development of best management practices to control water and contaminant runoff, and much more. Nonpoint source pollution and habitat loss continue to be a challenge for our seas. These are the issues that are causing the majority of the water quality issues across the board. These are often difficult-to-manage complicated challenges. Nonpoint pollution and habitat degradation are often considered to be cross-program issues [7].

The erosion and watershed management projects primarily aim to minimize soil erosion susceptibility in designated sub-watersheds throughout Africa, and more specifically in East Africa. Erosion and watershed management infrastructure investments component will support on-the-ground interventions to help reduce vulnerability to land degradation; Erosion and watershed management institutions and information services will strengthen the enabling environment for effective erosion and watershed management implementation. These strategies will lead to improved capacities, modernization, and coordination of relevant federal, state, and local institutions involved in investment planning, management, assessment, enforcement, and monitoring of watershed and erosion-related activities, as well as disaster risk management; the climate change response component will include actions that contribute to strengthening Nigeria's strategic framework for climate action [8].

Watershed management's ultimate goal is to maintain a balanced social, economic, and ecological watershed function, therefore contributing to long-term development and the decrease of negative external consequences in an area action [8]. This assumes that at the regional level, proper policies, regulations, and institutions are in place and respected. The goal establishes a framework for achieving the following major watershed man-

agement objectives: ensuring that beneficial uses of water resources and other related resources are maintained, achieving specified and agreed-upon management targets for water and related resources, avoiding negative off-site impacts (externalities) on water and related resources, and recognizing and avoiding negative human impacts on watershed functions. It also helps to promote social and economic growth, to protect, reduce, or repair natural resources and the environment, reduce local susceptibility to climate extremes, and maintain biodiversity action [9].

The aforementioned watershed management goals are dependent on country-specific circumstances, as well as the priorities of higher-ranking development programs and plans. These vary significantly between nations, however as one country-specific example action [10]. To attain these goals, a variety of activities and methods are possible, including but not limited to drafting and passing relevant policies and legislation, as well as establishing supporting institutions. Reducing riverbank erosion, minimizing sediment transit and buildup, and increasing water quality are all benefits of managing the river flow regime. This helps to maintain good water quality and supply standards that comply with government regulations and community expectations. Floods, droughts, and landslides are all-natural calamities that may be avoided [6].



Figure 1: Policy Priorities of Integrated Watershed-Management, https://conservationontario.ca/Conservation Ontario (2012).

Effectively use natural resources to reduce negative consequences, avoid environmental degradation, boost water output, and increase biomass production. Promoting suitable agriculture and forestry land-use practices, as well as accompanying soil and water conservation measures that allow for adequate production levels while minimizing long-term negative consequences on the watershed's natural resources. It promotes economic and human exploration and production through job and income-generating activities. Encourage the use of the development of indigenous technical knowledge and materials through simple, accessible, and economical technology solutions and institutional structures. The economic and social circumstances of the poor and those with limited resources are drastically improved. It also helps in increasing the distribution of the benefits of land and water resources development across stakeholders. Most of these actions and measures have been planned and implemented in the past under the umbrella of watershed management in some form or another. This might explain why there are so many different perspectives and definitions of watershed management [6].

Watershed management has acquired prominence and relevance in both environmental preservation and the well-being of people living in watershed regions during the previous several decades. The Bhutan government, for example, identified watershed management as the "single most critical approach to preserve the resource base to support the national economy" in its policy statement [11]. The idea behind watershed management initiatives is that some natural resources are better managed on a watershed scale. Multiple scales and a combination of physical and social variables are prevalent, necessitating an interdisciplinary approach. Due to a variety of physical and social properties, watersheds are considered effective units of analysis and action [12].

Table 1: Showing the physical and social characteristics of Watersheds/Catchment and River basins in Africa.

Physical & Environmental	characteristics		
Factors			
Biophysical System	Natural biophysical units such as watersheds/catchments and river basins		
	are useful for monitoring natural processes.		
Multiple Scales	Watersheds/Catchments and River Basins establish distinct nested land-		
	scape hierarchies that emphasize biophysical interdependence at several scales.		
Ideal for Process Studies	Watersheds and river basins allow for mass-balance, input-output, and		
	water-nutrient analysis, as well as cause-and-effect relationships to be assessed.		
Integrated Framework	Watersheds take into account all land-use consequences and emphasize the		
	connections between land use and other natural systems.		
Assist in Addressing Complexity	Its cumulative impacts can be studied, and interactions between the at-		
	mosphere, soil, and water can be determined.		
Socio-cultural Factors			
Decision-Making Tool	As geographic units, watersheds make science-based decisions easier. They		
_	provide a solid foundation for dynamic and adaptable management.		
Transboundary Links	Watercourses, which include interrelated natural resources, define water-		
	sheds. Through upstream-downstream flow and continuous coincidence along		
	river boundaries, this connects countries and regions.		
Social Organization	Watersheds may constitute a common meeting place for communication,		
	negotiation, planning, and monitoring as a result of their social construction.		

According to the World Bank report [13], over 64% of Africa's population lives in rural areas, with many of them on modest subsistence farms. Rockström & Falkenmark [14] also shared the same opinion about the population of Africa. Rain-fed agriculture accounts for 95% of cropland in Sub-Saharan Africa, leaving most people highly reliant on the annual rainfall pattern. Rainfall that is timely and enough is critical for small agricultural communities' livelihoods and food security [15]. The impact of adequate groundwater supply is important in certain countries, such as the West Africa sub-region, where agriculture employs more than 80% of the people [15, 16].

The importance of timely rainfall to the whole economy cannot be overstated. However, rainfall in Africa varies dramatically on an annual, decadal, and longer time scale [17]. Senegal, Mali, Burkina Faso, Niger, Nigeria, Chad, Sudan, Ethiopia, Somalia, Kenya, Tanzania, Zambia, Malawi, Mozambique, Zimbabwe, and South Africa account for the majority of Africa's 100 million people living in water-stressed rain-fed agriculture [18].

4. Materials and Methods

This study did an exploratory literature review of selected case studies of water-shed management in Africa and also explore a comparative analysis of the water-shed/catchment and river basins in Africa. With the emphasis on groundwater resources distribution of the sixteen countries in *Western Africa* (Benin, Burkina Faso, Cape Verde, Côte d'Ivoire, Gambia, Ghana, Guinea, Guinea-Bissau, Liberia, Mali, Mauritania, Niger, Nigeria, Senegal, Sierra Leone, and Togo).

It captures data within the worldview of the other regions like; *Northern Africa* (Algeria, Egypt, Libyan Arab Jamahiriya, Morocco, Sudan, Tunisia), *Eastern Africa* (Burundi, Djibouti, Eritrea, Ethiopia, Kenya, Rwanda, Somalia, Uganda), *Central Africa* (Cameroon, Central African Republic, Chad, Congo, Democratic Republic of Congo, Equatorial Guinea, Gabon, Sao Tomé and Principe), *Southern Africa* (Angola, Botswana, Lesotho, Malawi, Mozambique, Namibia, South Africa, Swaziland, United Republic of Tanzania, Cairo, Zambia, Zimbabwe) and *The Western Indian Ocean Islands* (Comoros, Madagascar, Mauritius, Seychelles). While emphasizing the Integrated Watershed Management (IWM) and the characteristics of groundwater resources in Africa shared watersheds and river basins in line with the following sub-themes: the multitude of shared watercourses, most countries share at least one watercourse with neighbours up to 14 shared watercourses in guinea alone, about 80 watershed basins in Africa, major basins: 20 major river/lake basins. Covering 60% (18,000,000 km) of landmass), about 395 m people (45 % of the population) live within the catchments of the basins [19].

4.1 Study Area: Africa (West Africa)

Hydrologists use data sets on precipitation, temperature, evapotranspiration, terrain, soils, and man-made diversions and impoundments to simulate Africa's surface water systems. Recent study has employed satellite data to more precisely characterize land-surface processes across the African continent, allowing for more accurate estimates of vegetation water usage. This provides a map of "evapotranspiration," which is an estimate of the total of surface evaporation and plant transpiration, when combined with climatic data. As illustrated in Figure 2, this data layer was utilized to more precisely construct a water balance map (rainfall minus evapotranspiration). This water-balance map is used to simulate surface water and groundwater behavior, as well as stream flow and the possibility for dams and other water harvesting methods. Africa's geology and climate, which includes periodic drought and extremely variable rainfall, are neither the only nor even the most significant factors contributing to the continent's water shortage. Growing populations, together with growing water use, rising water costs, and limited water supplies, exacerbate the situation.

A tendency toward urbanization and greater living standards, poor or no city planning, a shortage of resources, and rivalry for available freshwater across sectors such as industry, municipal water, and agriculture, as well as between nations that share water-courses, all limit water supply. Water stress or shortage has developed in the region, where the amount and quality of water may not be sufficient to provide clean drinking water, food, and hygiene, may stifle economic development, and severely limit environmental resources. As a result of these problems, individuals lack access to safe drinking water and sufficient sanitary facilities [20]. Africa also has some of the world's largest natural and man-made lakes, as well as dams. Africa's natural lakes and dams have a total capacity that is twenty times greater than Latin America's [21]. Lake Victoria is the world's second-largest freshwater lake, with an area of around 68,600 km2. Despite its shallowness, it is the world's second-largest freshwater lake [22].

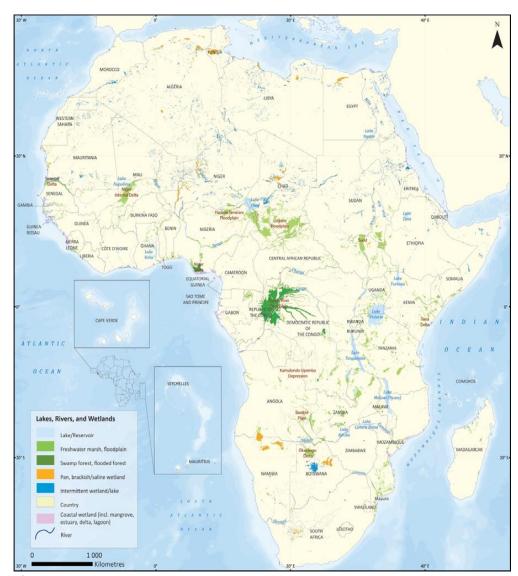


Figure 2: Map showing the Surface water, natural lakes, rivers, and wetlands (Source: UNEP-WCMC 2006).

Lake Chad is Africa's shallowest major lake and the continents fourth-biggest by surface area; it is also the Sahel's largest wetland. The Lake Chad basin is the world's biggest endorheic basin (a region with terminal lakes and an interior drainage basin) with a surface area of 2,500,000km2 [23]. Lake Chad had a surface size of around 25,000 kilometers in the 1960s, but it shrank rapidly in the early 1970s and has since fluctuated between 2,000 and 15,000 kilometers, depending on the season [24]. A combination of severe droughts and agricultural water exploitation has caused the area to decline significantly since the 1960s [25]. Natural lakes in Africa come from a variety of places. Lakes Malawi, Albert, Tanganyika, and Turkana are deep tectonic lakes in the East African Rift Valley; other lakes, such as Lake Kivu in the Rwanda/Democratic Republic of the Congo, were produced by volcanic activity. Shallow floodplain lakes, such as those seen in the Okavango Swamps, are also present. There are several soda lakes in the East African Rift Valley, as well as deflation basins or pans like those seen in the Kalahari and Pinelands of South Africa. In addition, Africa features several high-altitude glacial lakes [24].

Africa's lakes support major fisheries that provide jobs for millions of people and help to ensure food security. Africa is second only to Asia in the worldwide capture of inland fish, with Uganda, the United Republic of Tanzania, Egypt, Kenya, and the Democratic Republic of the Congo among its significant inland fishing nations [26]. As

illustrated in Figure 2, Africa has 63 shared basins that encompass over 64% of the continent [26].

CAPE VERDE

MAURITANIA

Nouakchott

MALI

CHAD

Dakar SENEGAL

Banjul

Bamako Ouagadougou

Niamey

Bissau

GUINEA

BISSAU

Conakry SIERRA

CÔTE D'IVOIRE

Freetown

LEONE

TOGO

Porto Novo

CAMEROON

Bangui

CAMEROON

REPUBLIC

Bangui

Yaounde

Figure 3: Map showing the sixteen countries of the Africa Sub-region.

Table 2: Table showing the thirteen (13) selected key locations of Watershed/Catchment and River Basins in Africa.

and River Basins in Africa.				
Key	Raster Imagery of the	Position within	Remarks	
Locations	Location	Africa's Worldview		
Congo			The Congo Basin is a massive 3,700,000	
River Basin	dongo wiver besto		km depression that stretches almost 2000	
		SAME A	km north-south and east-west. It spans the	
			equator and collects a lot of rain, which	
	A CONTRACTOR OF THE SECOND		falls on the tropical rainforests that cover	
	Cong Row has		much of its surface.	
	Storage Violetee			
Juba Shabelle	And	The	Both the Juba and the Shabelle have their	
Basin		AND	origins in the southern Ethiopian	
		STATE OF	Highlands, at a height of nearly 3000	
			meters above sea level. Although the Juba	
	Juba - Shabelle River Başin	Frank	has a smaller catchment area, it receives	
	NCE-IL IV. A		more rain and has much more runoff	
	250 Card Card Card Card Card Card Card Card		around its headwaters.	
Lake Chad	Torran A	- 65	The Lake Chad drainage basin covers little	
Basin			over 8% of Africa's surface area and is	
	Lake Chad Basta	TABLE A	shared by eight countries: Algeria,	
	CHAD C		Cameroon, Central African Republic,	
			Chad, Libya, Niger, Nigeria, and Sudan.	
	Lanc Court Gents Distriction Districtio	9		

Lake Turkana Basin	A MATERIAL PROPERTY OF THE PRO	Even though the Lake Turkana Basin spans four nations, just two of them account for 98 percent of its total area. Ethiopia, which receives about three-quarters of the basin's rainfall, accounts for more than half (52 percent).
Limpopo River Basin	Chippher Inc. O case Med line Description B TO S as in a Language To B TO S TO	The mostly semi-arid Limpopo River watershed receives the majority of its precipitation during a brief, strong rainy season in the austral summer (December–February). Rainfall varies greatly throughout the year and across seasons, rendering the basin vulnerable to severe drought and flooding.
Niger River Basin	No fine fine of the state of th	The Niger River originates in eastern Guinea's Fouta Djallon mountains and Côte d'Ivoire's extreme northwestern corner. The mean annual precipitation is the heaviest in the basin, with 1,635 mm/yr in Guinea and 1,466 mm/yr in Côte d'Ivoire [27].
Nile River Basin		In northern Burundi, the Nile begins its 6-800-kilometer trek to the sea at 1,600 meters above sea level. The Mara, Nzoia, Katonga, Kagera, Yala, Isanga, Sondu, Ruizi, Kibos, Simiyu, and Sio are among the many rivers that pour into Lake Victoria; however, only the Victoria Nile flows out.
Ogooué River Basin	Comment from the comment of the comm	The Ogooué River rises near Gabon's border at a relatively low height. Approximately 85 percent of the basin is located in Gabon, with the remaining 12 percent in Congo and Cameroon, and Equatorial Guinea. A thick network of perennial streams feeds the river.

Okavango Delta Makgadikgad i Basin	O k a v a n o o O o l t a	The Okavango Delta Basin is a sub-catchment of the larger Makgadikgadi Salt Pans drainage basin. However, the pans are only flooded periodically, and the Okavango system contains the majority of the basin's water supplies.
Orange River Basin	POTENTIAL A CONTRACTOR OF THE POTENTIAL AND A CONTRACTOR OF THE POTENTIAL	The Orange River begins high in the Drakensberg Mountains in Lesotho, where its tributary, the Senqu, begins. Despite accounting for only 3% of the basin, Lesotho's mountains get some of the greatest mean annual rainfall in the basin, and Lesotho supplies almost 17% of the Orange River's water budget.
Senegal River Basin	Bongs the paint. Some of the last of the	The Bafing and Bakoye Rivers, both of which originate in the Guinea Highlands, are the Senegal River's two main tributaries. The Bafi River, which starts at 800 meters in the Fouta Djallon, is the source of the majority of Senegal's flow. The Bakoye originates around 250 kilometers to the east, on the Manding Plateau.
Volta River Basin	THE CONTRACT OF STATE	The Volta Basin spans sections of six West African countries. Burkina Faso and Ghana account for around 40% of the basin's total area. Togo accounts for 8% of the total, while Benin, Côte d'Ivoire, and Mali account for the remaining 12%.
Zambezi River Basin	The state of the s	The Zambezi River starts in the Kalene Hills, about 1 200 meters above sea level, where the borders of eastern Angola, northern Zambia, and southern DRC meet. Miombo woods with networks of grassy wetlands along drainage lines and riverine forests along bigger streams dominate the terrain as it travels through Angola and northeastern Zambia.

Source: Partly adapted and modified from UNEP (2010). "Africa Water Atlas". An article by the Division of Early Warning and Assessment (DEWA) and the United Nations Environment Programme (UNEP), Nairobi, Kenya.

Due to the lack of roads in many sections of the Congo Basin, transportation along the river's navigable channels is critical for commercial activity, as seen in the table above in the order of arrangement. Shabelle's discharge usually ends up in marshes just before it meets the Juba in most years. Lake Turkana is the world's biggest desert lake, while Lake Chad is one of the Sahel's greatest freshwater reservoirs. Irrigation is unreliable due to Limpopo's unpredictable streamflow. In the arid Sahel, the Niger River provides a lush oasis of life and greenery. The Nile is vital to about 78 million Egyptians [26].

Table 2 revealed that the Congo Basin is a vast 3,700,000-square-kilometer depression that runs over 2000 kilometers north-south and east-west. It stretches across the equator and accumulates a lot of rain, which falls on the tropical rainforests that cover a large portion of its surface. While Algeria, Cameroon, Central African Republic, Chad, Libya, Niger, Nigeria, and Sudan are all part of the Lake Chad drainage basin, which encompasses little over 8% of Africa's surface area.

The population of the basins are largely centered around river systems in the region. There are no big dams or substantial water diversions on the Okavango's tributaries. Lesotho's highlands produce almost 17 percent of the basin's water budget, although accounting for only 3% of the basin's total area. Because of the river's transboundary character, managing the water resources of the Senegal River Basin is complicated. The Volta Basin spans sections of six West African countries. The Zambezi basin is home to more than 40 million people [26].

Table 3: Table showing the Water Profile in the Sixteen Countries in West Africa sector (Average Water Profiling from the year 2000-2021).

Country	Total Surface	Average	Water Resource and Watershed Challenges
	Area Km2 (Ha)	Precipitation	
		in depth	
		(mm/yr)	
The Federal	923,768 km2	1,150	Fadama regions, which are low-lying areas inundated
Republic of	91, 077 ha		during the rainy season, are found throughout most of the
Nigeria			nation, including the Guinea Savannah, Sudan Savannah,
			and Sahel natural zones.
Islamic	1,025,520 km2	92	Since Mauritania is surrounded by deserts and experiences
Republic of	(102,522 ha)		periodic droughts, water is inherently scarce. The building
Mauritania			of two new dams on the Senegal River has aided the fast
			expansion of Mauritania's irrigated agriculture sector.
Republic of	112,622 km2	1,039	Water resources are unevenly allocated both geographically
Benin	(11,063 ha)		and through time, although enough water is available for
			present and future requirements.
Burkina Faso	274,000 km2	748	Burkina Faso is located in the Sahel, where droughts and
	(27,360 ha)		floods are becoming increasingly frequent and severe.
			Rain-fed agriculture is being phased out, and people are

			flocking to peri-urban regions.
Republic of	4,033 km2	228	Cape Verde has limited rainfall and is subject to severe
Cabo Verde	(433 ha)		droughts on occasion, limiting water supplies. Aquifers
			along the shore have been overexploited, resulting in well
			seawater intrusion.
Republic of	322,463 km2	1,348	Chemical waste from agricultural, industrial, and mining
Côte d'Ivoire	(31,800 ha)		sources has resulted in considerable water contamination in
			Côte d'Ivoire.
Republic of	238,553 km2	1,187	In Ghana, water reforms have made significant progress,
Ghana	(22,754 ha)		increasing from 54 percent in 1990 to 80 percent in 2008.
Republic of	245,857 km2	1,651	Guinea is one of the wettest countries in West Africa, yet
Guinea	(24,572 ha)		water treatment plants regularly fail, leaving the country
			without flowing water for weeks.
Republic of	36,125 km2	1,577	The water and sanitation infrastructure of Guinea-Bissau is
Guinea-Bissau	(3,612 ha)		among the worst in the world. The bulk of the population
			relies on shallow wells, which are frequently polluted by
			sanitary facilities nearby.
Republic of	111,369 km2	2,391	The nearby wetlands are a valuable resource for the
Liberia	(11,137 ha)		community. Residents of Liberia have complained of
			diarrhoea as a result of drinking the water.
Republic of	1,240,192 km2	282	Droughts and desertification are becoming more of a
Mali	(122,019 ha)		danger to Mali's ecosystems and livelihoods. Mali is a
			landlocked country in western Africa.
Republic of	1,267,000 km2	151	Only a small fraction of Niger's land is arable due to its dry
Niger	(126,670 ha)		environment and the fact that 65 percent of its area is
			within the Sahara Desert.
Republic of	196,722 km2	686	Guinea, Mali, Mauritania, and Senegal are all riparian
Senegal	19,252 ha		nations along the 1,800-kilometer Senegal River. Dam
			development, on the other hand, has put this crucial
			ecosystem in jeopardy, resulting in environmental
			deterioration and detrimental effects on residents' health.
Republic of	71,740 km2	2,526	Notwithstanding the economic benefits, hydropower
Sierra Leone	(7,162 ha)		expansion frequently puts riparian populations' homes and
			livelihoods at risk.
Republic of	11,295 km2	836	Gambia's whole nation sits within the Gambia River's
The Gambia	(1,290 ha)		drainage basin, which has a highly seasonal flow. The
			salinity of the ocean has an impact on the Gambia's
			lowlands, which has a significant impact on the country's
			flora and water consumption.
Togolese	56,785 km2	1,168	Togo is vulnerable to sea-level rises due to its relatively flat
Republic	(5,439 ha)		geography and large coastline zone (1,710km).

Total	(6,138,044 km2) 17,060 mm/yr
	733,359 ha

Table 3 clearly shows average precipitation of 17,060mm/yr per year over 733,359ha of land with the Republic of Sierra Leone recording the highest having a land cover of 71,740km2 (7,162ha) and 2,526mm/yr per annum. The Islamic Republic of Mauritania despite having the third-largest land surface area of 1,025,520km2 (102,522ha) 92mm/yr per annum.

Table 4: Table showing the groundwater resources usage in West Africa (average water withdrawal from 2000-2021).

Countries	Municipal	Industrial	Agricultural	Remarks
Federal Republic of Nigeria	21.1%	10.1%	68.8%	Generally adequate for agricultural purposes
Islamic Republic of Mauritania	8.9%	2.9%	88.2%	Generally adequate for agricultural purposes
Republic of Benin	31.5%	23.1%	45.4%	Generally inadequate for agricultural purposes
Burkina Faso	13%	0.8%	86.2%	Generally adequate for agricultural purposes
Republic of Cabo Verde	7.3%	1.8%	90.9%	Generally adequate for agricultural purposes
Republic of Côte d'Ivoire	23.7%	11.4%	64.5%	Fairly adequate for agricultural purposes
Republic of Ghana	23.9%	9.7%	66.4%	Fairly adequate for agricultural purposes
Republic of Guinea	7.9%	1.9%	90.1%	Generally adequate for agricultural purposes
Republic of Guinea-Bissau	13.1%	4.6%	82.3%	Generally adequate for agricultural purposes
Republic of Liberia	27.2%	18.2%	54.6%	Fairly adequate for agricultural purposes
Republic of Mali	9%	0.9%	90.1%	Generally adequate for agricultural purposes
Republic of Niger	4.1%	0.5%	95.4%	Generally adequate for agricultural purposes
Republic of Senegal	4.5%	2.6%	92.9%	Generally adequate for agricultural purposes
Republic of Sierra Leone	5.3%	2.6%	92.1%	Generally adequate for agricultural purposes
Republic of The Gambia	22.9%	11.8%	65.3%	Fairly adequate for agricultural purposes
Togolese Republic	52.7%	2.4%	44.9%	Generally inadequate for agricultural purposes.

Source: Partly adapted and modified from "Water Atlas of Africa" (2010). Early Warning and Assessment Division (DEWA). UN Environment Programme (UNEP).

The Republic of Niger recorded the highest consumption of groundwater (95.4%) for agricultural use, the Republic of Benin recorded the highest for industrial use while the Togolese Republic is top in the chart for the consumption within the city and suburb (see table 4).

5. Discussion

In Africa, river basins and groundwater are critical for municipal, industrial, and agricultural purposes, particularly in the arid northern and southern sub-regions. Groundwater is widespread but restricted, accounting for just 15% of the continent's renewable water resources yet providing drinking water to three-quarters of the continent's population [26]. Lusaka, Windhoek, Kampala, Addis Ababa, and Cairo rely heavily on groundwater for municipal water, and groundwater also helps to feed other cities including Lagos, Abidjan, Cape Town, and Pretoria [28]. Groundwater is a vital source of water for people and animals in rural areas of Africa, and it is quickly becoming the only realistic way to satisfy the demands of rural communities in the continent's dry and semiarid regions [28].

Many countries rely on foreign contributions to their renewable water resources due to a large number of transboundary water basins. Egypt (97 percent), Mauritania (97 percent), Niger (90 percent), Botswana (80 percent), Sudan (77 percent), and Congo (77 percent) are also highly reliant countries (73 percent). Furthermore, it was revealed that the bulk of water basins are not shared by neighbouring nations. The Nile, Zambezi, Congo, Niger, Senegal, Lake Victoria, and Lake Chad are among the major river basin organizations (RBOs) that have been founded, and these organizations confront a variety of issues. There are also some bilateral agreements between some of the countries that cannot be proven. The 1997 UN Convention on non-navigational uses of international watercourses is yet to be signed or implemented by any African country [29].

The findings of this study (see table 2, 3 & 4) are based on the literature on watershed and groundwater resource management approaches that suggested integrating technologies within the natural boundaries of a drainage area for optimal land, water, and plant resource development to meet the basic needs of people and animals sustainably. Integrated watershed management proposes land and water conservation practices, water harvesting in ponds, and groundwater recharging to increase water resources potential and stress on crop diversi1cation, improved seed varieties, integrated nutrient management, and integrated pest management practices to achieve its goal. Watershed and groundwater management necessitates diverse skills and competencies; the strategic community engagement model comprises main stakeholders, government and non-government organizations, and other institutions. The observed outstanding results on the runoffs are mostly due to easy access and quick advice to farmers.

5.1 What are the Watershed and Water Resources Management Issues?

In Africa, four major concerns impact the management of watersheds, river/catchment basins, and groundwater resources, as shown in Table 5. Finance, human capacity and a lack of data inadequate water access for various purposes, ecological habitat loss, and biodiversity loss.

Table 5: Table showing the major concerns and issues regarding IWM.

Finance

a. The majority of African nations are unable to establish viable institutional frameworks

		and invest enough in the water sector.
	b.	Raising public knowledge of Integrated Watershed Resource Management (IWRM)
		and gaining political support for it.
	c.	Several water-related initiatives, programs, and projects are being developed and/or
		supported by continental and regional organizations.
	d.	Water policy changes are ongoing in most nations, with a focus on decentralization,
		stakeholder engagement, and transparency (PPP).
	e.	Donors, multilateral organizations, and international development banks should in-
		crease their assistance and investment.
Lack of Data and	a.	A scarcity of accurate and trustworthy facts.
Human Capacity	b.	Advocacy for adequate data collection and administration must be robust, effective,
		and long-term.
	c.	Africa has a scarcity of IWRM talents.
	d.	The Global Water Partnership's (GWP) efforts to raise knowledge and sensitize people
		about IWRM concepts.
	e.	Strengthening IWRM capabilities through regional and national collaborations, as well
		as regional capacity-building networks.
	f.	National, regional, and continental organizations and initiatives should join and
		support these relationships and networks.
Inadequate Access	a.	It is critical to increase investment in water supply and sanitation to break the vicious
to Water for Vari-		cycle of poverty and insufficient water supply and sanitation (a necessity for attaining
ous Purposes		most of the MDGs).
	b.	Irrigation is used on less than 5% of agricultural land in most African nations.
	c.	Food insecurity increased from 125 million in 1980 to 200 million in 2000 in
		Sub-Saharan Africa, with an average daily per capita food supply of only 2,200 kcal
		(global average of 2,800 kcal).
	d.	To meet the SDGs' food security objective, irrigated lands must be increased by more
		than 5 times. > 90% of Africa's population lacks access to power.
	e.	With 950 kWh per capita, Botswana is the country with the highest per capita usage.
		This is significantly less than the global weighted average per capita of 2750 kWh.
Loss of Ecological		The following are some of the negative consequences of improperly developed and
Habitats and Loss		managed water resources infrastructures:
of Biodiversity		Loss of unique habitats and biodiversity.
	b.	Reduced flood retention capacity, pollution of water sources, and changes in micro-
		climate regulation groundwater levels are rapidly declining in some places.
	c.	Large-scale irrigation schemes are causing salinization of the soil and creating water-
		logged conditions, thereby reducing the productive potentials of the sowing season.

6. Conclusions

This study outlined the key issues of watershed and groundwater resource management and development in Africa, which stem from poor river basin management, which results in limited access, destructive erosion, wildfires, flooding, persistent drought, and desertification, particularly in the north. Continuous use and deterioration of watersheds, rivers, lakes, and other linked watercourses bring these challenges to the forefront. With countries recording high precipitation while others are recording low as the study indicates an average annual precipitation of 17,060mm over 733,359ha of land, with the Republic of Sierra Leone recording the highest of 2,526mm/yr while the Islamic Republic of Mauritania receives 92mm/yr each year. Lack of organized water resources regulations and development master plans, old data (if available), civil conflict, and disputes along international seas are also factors to consider. Sustainable watershed and groundwater resource management, on the other hand, necessitates a well-organized and well-coordinated structure including all important stakeholders, as well as an institutional framework designed to produce beneficial results.

The following suggestions were made in this paper:

- a. Create a framework for simplifying and building synergies between national, regional, and intercontinental activities aimed at maximizing the effectiveness and sustainability of Africa's existing waterways and natural resources.
- b. Slowing the rate of urbanization and population increase near river basins; c. Water infrastructure investment using contemporary technologies;
 - c. Experts and human resources providing up-to-date data to counteract misuse;
- d. Cooperation among nations sharing water basins and strict adherence by all African countries to the 1997 UN Convention on Non-navigational Uses of International Watercourses.

By 2030, there will be sustainable and strategic IWRM strategies as well as water safety measures. There should be mutual understanding and synergies between initiatives, programs, and projects at the national, regional, and continental levels. The current state of integrated watershed management, river basin frameworks, and groundwater resources requires a comprehensive, community, and multidisciplinary approach.

Every region (the six regions; Western, Eastern, Central, Northern, Southern, and The Western Indian Ocean Islands) of the Africa continent must consider natural as well as human resources, coordinated developmental approach towards a sustainable watershed and groundwater resources management.

Author Contributions: A.A.J. prepared the planning, conceptualization, methodology and writing of the manuscript. J.J. and T. X. both reviewed and revised the manuscript to this present form. A.A.J., J.J. and T.X. have all read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Data Availability Statement: Africa Water Atlas by United Nations Environment Programme, Volume 1 https://na.unep.net/atlas/africawater/downloads/chapters/africa_water_atlas_37-122.pdf. https://books.google.com.ng/books.

Acknowledgements: The authors will like to appreciate the College of International Education, Nanjing Forestry University, Nanjing, China for the time given to put this article together.

Conflicts of Interest: The authors declare no conflict of interest.

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