

Review

# A review of Thermally Activated Building Systems (TABS) for improving the thermal behavior of buildings

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**1** **Abstract:** In recent years, several alternatives for improving the thermal comfort conditions inside  
**2** buildings have been proposed. Among these alternatives, Thermally Activated Building Systems  
**3** (TABS) have become of interest due to the benefits this technology brings to the building sector.  
**4** The TABS are embedded in different building components and exchange heat with building  
**5** envelope to improve the indoor air temperature. This review presents relevant results presented in  
**6** the literature on the thermal behavior of TABS, the different types of TABS configurations, and the  
**7** main parameters of TABS studied such as pipe separation, fluid inlet temperature, fluid velocity  
**8** and volumetric flow rate. The potential of TABS to improve the thermal comfort conditions and  
**9** provide energy savings is also discussed. Further, this study presents the different modes of  
**10** application.

**11** **Keywords:** Thermally Activated Building System; thermal comfort; thermal mass

## **12** 1. Introduction

**13** According to experts from the Intergovernmental Panel on Climate Change (IPCC),  
**14** climate change has impacted natural and human systems in all continents and oceans  
**15** [1]. The consumption of electricity for thermal comfort has increased dramatically due  
**16** to population growth. Moreover, in the last decade significant changes in many meteorological  
**17** phenomena and weather conditions have occurred in the world. It is estimated  
**18** that the amount of energy consumed by the residential and construction sector in 2018  
**19** was 36%, of which 39% of the energy is related to CO<sub>2</sub> emissions in the world [2].

**20** A building is a construction, or an enclosure made of different materials destined to  
**21** be habited or destined to inhabitants for conducting other activities. It is well known  
**22** that most of the heat gains of the building envelope occur due to the received solar  
**23** irradiance, the heat exchange with the outdoor environment, and its geometry and  
**24** orientation. These heat gains or losses of the building envelope cause the inhabitants  
**25** to use air conditioning system to achieve thermal comfort. Then, the scientific community  
**26** has arisen to search and analyze construction alternatives that can reduce or increase  
**27**

1 thermal loads in buildings and reduce global electricity consumption through renewable energies [3]. Several  
2 construction alternatives to improve the indoor environment of a building are available such as earth-to-air heat  
3 exchangers [4], ventilated roofs [5], reflective materials [6], and Thermally Activated Building Systems (TABS) [7].  
4 Thermally activated building systems (TABS) can reduce heat gains or losses because the heat exchange from embedded  
5 pipes installed in different building components. These pipes exchange heat directly with the thermal mass of the building  
6 and improve the temperature of the indoor environment [8]. Inside the pipes, water or air is generally circulated; these  
7 pipes are embedded in roofs, floors, or walls, depending on factors such as the climatic zone, orientation, construction  
8 materials, among others. TABS are used to decrease or increase the temperature in the indoor space of an enclosure. The  
9 integration of the system to the construction structure allows the use of solar energy to be included since the working  
10 fluid can be reused for other applications, helping to reduce pollution from greenhouse gases.

11 Various authors have analyzed the application of TABS, which have been referred with different names depending  
12 on the application and the location in the building envelope. Rhee and Kim [9] carried out an analysis on the basic and  
13 applied literature of radiant heating and cooling systems embedded in the building envelope. The authors analyzed the  
14 main uses of radiant systems and thermal comfort, their cooling/heating capacity, obtained from different approaches  
15 such as CFD analysis, energy simulation, system configuration, and control strategies for use at other times of the day.  
16 In the literature, TABS systems have also been analyzed according to their application, design, topology, and control  
17 strategies. Romaní et al., [10] analyzed TABS systems from the perspective of simulation and control strategies for their  
18 application. The authors studied the system's generalities and the design and classified the TABS system by its mode of  
19 operation, position, and working fluid. Romaní et al., classified the TABS systems as the radiant floor, radiant ceiling,  
20 hollow core slab, concrete core, and pipe-embedded envelope. The possibilities and limitations of using TABS systems on  
21 walls were analyzed, such as the work published by M. Krajčík and O. Šikula [11]. The authors examined the use of TABS  
22 systems, where they compared four types of wall cooling systems. On the other hand, the analysis of TABS systems has  
23 also been considered in works that incorporate insulation materials such as phase change materials by Cai et al., [12]  
24 which contribute to improving the indoor environment and storing energy. The present study aims to explore the state of  
25 the art of TABS Systems in buildings. We review the different studies with heat pipes embedded in the building envelope  
26 components such as walls, roofs and combined with other technologies.

## 27 1. TABS embedded in building roofs

28 Building roofs are usually the building components with the most significant temperature fluctuations and receive  
29 solar energy for more hours than any other component. Thus, in zones with a warm climate, building roofs are sources of  
30 unwanted heat that affect indoor thermal comfort conditions. This section focuses on the research works related to TABS  
31 systems integrated into building roofs.

### 32 1.1. Potential of TABS to improve thermal comfort when installed in roofs

33 Several studies were developed to determine the influence of roofs with TABS on the thermal comfort conditions of  
34 buildings. For instance, Gwerder et al., [13] proposed a control algorithm for TABS to comply with comfort requirements.  
35 The proposed method incorporates the change between heating and cooling modes of the TABS to satisfy thermal comfort.  
36 The researchers used the algorithm in a simulation example. They considered a construction 6 m long, 6 m wide, and 3 m  
37 high model with pipes of 0.015 m in diameter embedded in a concrete roof slab of 0.25 m thick, and they considered a  
38 separation between the pipes of 0.2 m. The hourly temperature analysis demonstrated that the TABS maintained the  
39 indoor air temperature between 21 and 27°C the whole year. Another control strategy for TABS in which the operating  
40 mode (cooling or heating) is determined by the average indoor air temperature was reported by Wit and Wisse [14].  
41 They analyzed the thermal behavior of TABS integrated into the roof of two office buildings. The authors carried out  
42 experimental tests during 6264 hours for case A and 6200 hours for case B. The thermal comfort inside the building was  
43 evaluated with adaptive temperature limits. The results demonstrated that TABS could maintain the comfort conditions  
44 of the two buildings because most of the measured indoor air temperatures fall within the 80 - 90% satisfaction zones  
45 during the testing period. Research developed by Su et al., [15] has used an experimental chamber to test a concrete roof  
46 with embedded pipes. They examined the influence of supply water temperature, the volumetric flow rate of water, and  
47 the distance between embedded tubes on the heat transfer of roofs. They found that by supplying water at temperatures  
48 of 11 - 14°C and a volumetric flow rate of 0.26 - 0.33 m<sup>3</sup> h<sup>-1</sup>, the indoor air temperature of the experimental chamber  
49 ranged between 25 and 28°C. Rey Martínez et al., [16] analyzed the indoor air quality and thermal comfort of a building  
50 integrated with TABS. The building had four floors, a TABS system powered by water chiller, and a cooling tower. The  
51 authors found that the operating temperature remained between 23 and 25°C and the CO<sub>2</sub> levels at 850 ppm during  
52 occupancy. The authors concluded that the integration of energy efficiency reduces energy use and the quality of the

53 indoor environment. In another study of the same group, Zhang et al., [17] built an experimental chamber to analyze  
54 the variations of surface temperatures and the indoor air and the heat flux variations due to a radiation concrete roof  
55 with embedded pipes. The testing room, built of autoclaved aerated concrete blocks, had the floor and the roof insulated  
56 with extruded polystyrene. At the same time, the slab composed of a 0.12 m concrete panel had 0.02 m diameter PE-RT  
57 polyethylene pipes installed in the shape of an "S" with a 0.15 m separation in between. The authors varied the load  
58 using an electric resistance, the initial temperature inside, the initial relative humidity inside, the inlet air temperature  
59 inside, the temperature, and the water flow in the tubes. The authors concluded that the ratio of thermal radiation to the  
60 total heat transfer from the roof ranged between 40% and 60%. Further, it was shown that the surface temperature and the  
61 indoor air were stable at 21.1°C to 25.8°C, and the temperature difference between the roof and the indoor environment  
62 ranged between 5 - 7°C. A simulation study aiming to study a building incorporated with TABS in the roof is described in  
63 Chung et al., [18]. EnergyPlus simulation software was used to apply different control strategies in each area of the case  
64 study building. The authors varied the water supply temperature from 19 to 25°C in the interior zone and the perimeter  
65 for heating and cooling, grouping the tests in three case studies. Chung et al., concluded that by separating the proposed  
66 building into zones with different control strategies according to each floor's needs, the thermal comfort improved by  
67 5%. The experimental study presented by Dharmasastha et al., [19] analyzed the thermal behavior of a hybrid system  
68 integrated by a TABS coupled to a gypsum roof reinforced with fiberglass. They built a test chamber 3.46 m long, 3.46 m  
69 wide, and 3.15 m high with 0.01 m internal diameter copper tubes embedded in the roof under hot and humid conditions  
70 of Chennai, India. The authors found that the TABS decreased up to 5.1°C the roof interior surface temperature and  
71 6.7°C the indoor air of the test chamber. Saw et al., [20] studied the thermal behavior of a roof cooling system with a  
72 closed-loop pulsating heat pipe (CLPHP) and compared it with a bare metal roof system design. The authors proposed  
73 a rooftop CLPHP as an active cooling system for a tropical climate. This system consisted of a closed circuit of copper  
74 pipe, placed between two aluminum plates under a sheet roof and insulated on the lower surface. Methanol was used  
75 as a working fluid in the copper pipe circuit. The experimental setup was instrumented with type K thermocouples to  
76 measure temperature changes at different points on the roof surface and the environment. They simulated the source of  
77 heat radiation using two halogen lamps. Saw et al., found that a cool roof system with CLPHP can reduce the indoor air  
78 temperature of the test cabin from 34°C to 29.6°C compared to the bare metal roof system; this implies a reduction of  
79 around 13%.

80 Table 1 summarizes the characteristics of the studies presented in this section. The authors have determined the  
81 influence of TABS installed in building roofs on thermal comfort by analyzing the indoor air temperature, satisfaction  
82 zone compliance, and comfort improvement percentage. The influence of TABS installed in roofs has resulted beneficial  
83 for improving the thermal comfort in buildings.

Table 1: Characteristics of the studies that have analyzed thermal comfort of buildings with TABS embedded in roofs.

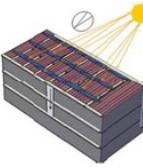
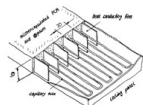
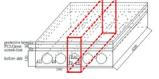
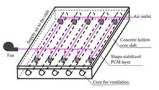
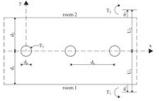
Author	Study	Weather	Mode	Fluid	Model	Results
[13]	Theoretical	-	Heating, Cooling	Water		The heat gain variations also can be handled with the consideration of intermittent operation.
[14]	Experimental	Temperate	Heating, Cooling	Water	-	The TABS maintained the indoor air temperature two buildings within 80-90% of comfort satisfaction zone.
[15]	Theoretical- Experimental	-	Cooling	Water		The TABS caused the indoor air temperature to be within 80-90% of the satisfaction zone.
[16]	Experimental	-	Cooling	Water	-	TABS maintained the operating temperature in the range 23-25°C, with the CO <sub>2</sub> levels at 850 ppm.
[17]	Experimental	-	Cooling	Water		The TABS improved the indoor air temperature by maintaining it stable within 21.1 and 21.8°C
[18]	Theoretical	-	Heating, Cooling	Water		The thermal comfort improved by 5% with the TABS installed in the roof.
[19]	Theoretical- Experimental	Hot and humid	Cooling	Water		The TABS decreased up to 5.1°C the roof interior surface temperature and 6.7°C the indoor air of the test chamber.
[20]	Theoretical- Experimental	Tropical	Cooling	Methanol		An CLPH coupled to a metal roof reduced the indoor air temperature up to 13%.

84 1.2. Combination of TABS with other technologies for roofs

85 Several research works analyzed the combination of TABS with other technologies such as solar collectors. Wu  
86 et al., [21] developed a numerical model using the finite difference method to analyze the behavior of a solar heating  
87 system with intermittent operation under cold conditions in Lhasa, China. The system consisted of the combination of  
88 a solar air collector with a TABS system. The authors analyzed a building 20 m long, 10 m wide, and 3 m high, with  
89 pipes of 0.04 m in diameter, 0.12 m of separation between pipes, embedded in a concrete slab of 0.25 m thick, and an  
90 airflow rate of  $2 \text{ m s}^{-1}$ . The authors observed that the solar air collector's inlet temperature was from 17 to 24°C, while  
91 the air collector outlet temperature was from 35 to 62°C, with an average efficiency of 47.1%. They concluded that with  
92 the proposed system an acceptable thermal comfort temperature could be maintained inside the building ranging from  
93 17 to 24°C. Labastid et al., [22] analyzed a prototype with a heat exchanger implemented on the inner surface of a zinc  
94 roof under tropical climatic conditions. The authors proposed using 28 oval-shaped copper pipes attached to the inner  
95 surface of a corrugated zinc sheet roof. The tubes were connected in series and parallel, through which they circulated  
96 water and connected to a pump. The researchers concluded that the prototype heated the water in the pipes up to 80°C.  
97 Other authors studied the combination of TABS with phase change material (PCM). Koschenz et al., [23] incorporated  
98 a thermally activated panel adapted to a roof slab with phase change material (PCM). The authors used paraffin as  
99 PCM, where they integrated capillaries through which water circulated. The authors concluded that with a PCM with  
100 a thickness of 0.05 m, they obtained an average load of  $39 \text{ W h m}^{-2}$  and a total stored thermal energy of  $2900 \text{ W h m}^{-2}$ .  
101 Jamil et al., [24] evaluated the effectiveness of incorporating phase change materials in the air supply of a slab ventilation  
102 system. The researchers developed a computational fluid dynamics model to simulate integrating the PCM with the slab  
103 during the summer in Australia. They carried out experimental tests with the integration of BioPCM in a rectangular  
104 aluminum air duct 2 m long, 0.30 m wide, and 0.30 m high to validate the model. The authors found that if only PCM was  
105 placed in the ventilation duct, they obtained a reduction in the average peak indoor air temperature of 1.21°C, and with  
106 an alveolar slab roof, this reduction was 3.62°C. The proposed system reduced the peak temperature during the day up to  
107 4.7°C. Another study of roofs with PCM and TABS is also available. Yu et al., [25] studied a roof with embedded tubes  
108 through which air circulates. They validated and compared through a CFD numerical simulation the thermal properties  
109 of the system with a phase change material as insulation. The authors proposed a concrete roof with a thickness of  
110 0.19 m and a layer of 0.03 m of paraffin as PCM. The results showed that the optimum phase transition temperature  
111 increases linearly by approximately 2°C when the average temperature of the outdoor air rises. Compared to a roof  
112 without PCM, they found that the interior surface temperature decreases between 3.7 and 4.0°C in different regions of  
113 China. In a more recent study, the same authors Yu et al., [26] proposed a ventilated roof model with embedded pipes  
114 and a stabilized layer of PCM (VRSP). The authors developed a steady-state three-dimensional heat transfer model of  
115 the VRSP system in ANSYS FLUENT. The convective heat transfer coefficient in the interior surface of the roof was  
116  $8.72 \text{ W m}^{-2}$  and  $23.26 \text{ W m}^{-2}$  in the exterior surface, and the indoor air temperature was set at 26°C. The effect of  
117 the phase transition temperature, the thickness of the PCM layer, and the air flow rate in the tubes were studied. The  
118 researchers found that the optimal design of the roof had values for the phase transition temperature of 29 - 31°C, the  
119 thickness of the PCM layer 0.02-0.35 m, and an airflow rate of  $1.4 - 2.5 \text{ m s}^{-1}$ . It was shown that the optimum design  
120 reduced the average temperatures of the interior surface by a factor ranging between 0.4 and 3.2°C compared to the  
121 non-ventilated roof. Moreover, the daily heat gain of the roof reduced by a factor ranging between 9 and 82%. In a recent  
122 study, Heidenthaler et al., [27] performed a comparative analysis of a TABS embedded in a concrete and a wooden roof  
123 slabs. The authors used FEA simulation software HTflux. They analyzed four basic variants of fir and beech wood, of  
124 which they obtained five additional combinations. They also varied the depth in which the tubes were embedded (3 and  
125 6 cm). The authors concluded that by using wood in TABS, adequate heat flux densities can be achieved for heating in  
126 low-energy buildings, supplying the fluid at higher temperatures compared to concrete structures. The authors found  
127 that the basic combination of beech (radial/tangential) with 6 cm embedded pipes has a potential energy storage capacity  
128 53% greater than a concrete structure.

129 Table 2 summarizes the characteristics of the studies presented in section 2.2. It can be observed that the combination  
130 of TABS with other technologies increases the possibilities of improving the temperature inside a building. The authors  
131 have obtained reductions in the interior surface temperature if they couple the TABS system to other technologies such as  
132 phase change materials. In addition, the authors propose that the contact area of the TABS with the envelope should be  
133 greater to allow greater heat transfer.

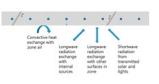
Table 2: Characteristics of the studies that have analyzed TABS combination with other roof technologies.

Author	Study	Weather	Mode	Fluid	Model	Results
[21]	Theoretical	-	Heating	Air		An acceptable thermal comfort temperature can be maintained inside the building ranging from 17 to 24°C.
[22]	Theoretical-Experimental	Tropical	Cooling	Water		Increase the contact area of the copper tubes; the prototype developed can heat the water in the pipes up to 80°C.
[23]	Theoretical-Experimental	-	Heating, Cooling	Water		Using PCM and a TABS, an average load of $39 \text{ W m}^{-2}$ and a total stored thermal energy of $2900 \text{ W h m}^{-2}$ was obtained.
[24]	Theoretical-Experimental	-	Cooling	Air		When the PCM is placed in the ventilation duct, it reduced the average peak indoor air temperature of $1.21^\circ\text{C}$ , and with an alveolar slab roof, this reduction was $3.62^\circ\text{C}$ . The proposed system can reduce up to $4.7^\circ\text{C}$ the peak temperature during the day.
[25]	Theoretical	Cool, winter, hot summer and mild regions	-	Air		The interior surface temperature decreases between $3.7$ and $4.0^\circ\text{C}$ in China's different regions than a roof without PCM.
[26]	Theoretical	-	-	Air		The optimal values for the phase transition temperature are $29\text{-}31^\circ\text{C}$ , the thickness of the PCM layer $0.02\text{-}0.35 \text{ m}$ , and an airflow rate of $1.4\text{-}2.5 \text{ m s}^{-1}$ .
[27]	Theoretical	-	Heating	Water		The potential for energy storage capacity in wood is 53% greater than a concrete structure

## 134 1.3. Potential of TABS to reduce the energy consumption when installed in roofs

135 The reduction of the energy consumption of air-conditioned buildings due to the incorporation of TABS in building  
 136 roofs was analyzed in two research works. In the first work, Lehmann et al., [28] investigated the functionality and appli-  
 137 cation range of a TABS system by simulating a typical office in TRNSYS. The authors analyzed thermal comfort aspects,  
 138 maximum allowable heat gains in the room, and re-cooling of the building mass. They studied a building with 6 m long,  
 139 5 m wide, and 3 m high facing west. This room had 0.020 m internal diameter pipes embedded in a 0.3 m thick concrete  
 140 roof slab and a 0.025 m separation between pipes. It was found that the maximum allowable total heat gains were 39 W  
 141  $m^{-2}$  with carpet in the room and 32 W  $m^{-2}$  with a false floor, with a room temperature between 21 and 24°C. Further, the  
 142 authors found that the TABS reduced the energy consumption for cooling by 50% compared to the base case. The second  
 143 study is a simulation study mentioned in section 2.1, Chung et al., [18] also estimated the influence of the TABS system  
 144 installed on the roof on the thermal loads of the building prototype. They found that compared to the reference case, the  
 145 heating load was reduced by 10%, the cooling load was reduced by 36%, and the total energy consumption decreased by  
 146 13% due to the TABS installation. Table 3 summarizes the characteristics of the studies presented in this section, where  
 147 the authors demonstrated the potential of TABS for reducing energy consumption and reducing heating and cooling loads.  
 148

Table 3: Characteristics of the studies that have analyzed energy consumption of buildings with TABS embedded in roofs.

Author	Study	Mode	Fluid	Model	Results
[18]	Theoretical	Heating, Cooling	Water		The heating load was reduced by 10%, the cool- ing load was reduced 36%, and total energy con- sumption decreased 13% with the TABS.
[28]	Theoretical	Cooling	-	-	The TABS reduced the energy consumption by 50%.

## 149 2. TABS embedded in building walls

150 The walls of a building are another building envelope components that exchange energy with the outdoor environment  
151 because of their significant surface. Several studies about TABS on buildings walls have been carried out. TABS  
152 embedded in walls is a potential solution to improve their thermal behavior by increasing or decreasing heat losses and  
153 save energy.

### 154 2.1. Influence of the flow characteristics on the thermal behavior of TABS embedded in walls

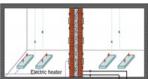
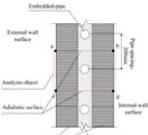
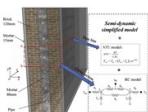
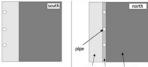
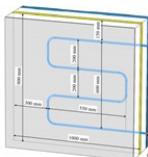
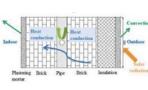
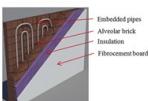
155 Some works have varied the fluid parameters as inlet temperature, inlet velocity, and mass flow rate to determine  
156 the average temperature and the thermal behavior of building walls with TABS. These studies have used different  
157 models validated with experimental data. Todorović et al., [29] used the analytical expression of Faxen-Rydberg-Huber  
158 to determine the thermal characteristics of walls heated by embedded tubes. The Faxen-Rydberg-Huber expression  
159 was experimentally and theoretically verified using three heated wall panels with different structures and geometric  
160 characteristics. The panels operated in heating mode, the temperature of the water from feeding the pump was set at  
161 40°C, while the volumetric flow circulated at 2 L min<sup>-1</sup>. The authors compared measurements of the average surface  
162 temperature of the panels, using a test contact, thermistors, and a thermal imaging camera. The differences between the  
163 average temperatures of the panel surfaces were 1.8 to 4.5%, when measured using a non-contact and contact method.  
164 The authors concluded that the difference between the analytically calculated average temperature and the experimental  
165 measurements is 13.7 and 8.6% by contact and non-contact methods. A research about the thermal behavior of a building  
166 wall construction with embedded tubes was developed by Xie et al., [30]. The researchers built a test room to validate a  
167 model of Frequency-domain finite-difference (FDFD). The test room was 5.6 m long, 3.3 m wide, and 2.8 m high, divided  
168 into two test chambers by a 0.31 m wide wall. The experimental test had embedded polypropylene tubes of 0.02 m  
169 diameter placed with a separation of 0.2 m. The authors varied the water inlet temperature of 17.5, 19, and 20°C, while the  
170 water inlet velocity was set at 0.5 m s<sup>-1</sup>. They found that by supplying the water in the tubes at 17.5°C, a heat exchange  
171 with the wall internal surface of 25.5 W m<sup>-2</sup> could be obtained. The results showed that the finite difference model  
172 could predict the behavior of construction with embedded pipes. The relative errors were 6.5% and 4.4% between the  
173 measurement and the prediction by the FDFD model for the external surface heat flux and the pipe-embedded building  
174 envelope internal pipe surface heat flux. In other research of the same group, Zhu et al., [31] developed a semi-dynamic  
175 thermal model of an active pipe-embedded building. The model consists of a construction with embedded pipes in a wall  
176 3 m high and 2 m wide. This model was coupled with an RC model that predicts heat transfer along the width of the  
177 structure and an NTU model to evaluate heat transfer in the pipes. To assess the behavior of the semi-dynamic model,  
178 they developed a CFD model in FORTRAN that functioned as an experimental virtual test for comparison. They tested  
179 and verified three case studies where the water inlet temperature was set at 20°C, varying the water inlet velocity from  
180 0.5 to 0.7 m s<sup>-1</sup> and the thermophysical properties of the wall, meanwhile was set the pipe spacing at 0.02 m. The authors  
181 observed that the changes in the heat fluxes taken away by the water are not obvious with different velocities in the water.  
182 Meanwhile, the average difference of about 0.5°C on the outlet temperature of the fluid was found throughout the day.  
183 The results demonstrated that the semi-dynamic model predicts the thermal behavior of a TABS with a relative error of  
184 5%. Later, Zhu et al., [32] validated a simplified semi-dynamic model of a chamber with tubes embedded in the envelope.  
185 They built two chambers with a controlled environment to perform the validation, one with pipes embedded in the  
186 envelope and the other without embedded pipes as a reference. The walls of the chambers were made of alveolar brick,  
187 with a layer of cement mortar covering both surfaces of the walls, with polybutylene tubes of 0.020 m diameter embedded  
188 in the layer of cement mortar. The water velocity was varied from 0.8 to 0.5 m s<sup>-1</sup>, and the water temperature from  
189 18 - 19°C. The authors concluded that the difference between the model and the experimental validation was minimal.  
190 The average relative error to predict the outlet water temperature was less than 0.10°C, while the heat transferred to the  
191 water had a difference of 11%. Ibrahim et al., [33] varied the flow rate with a numerical model developed to analyze the  
192 behavior of the surface temperatures and the fluid of a chamber with TABS in the walls through which water circulates.  
193 To compare the experimental results with the numerical model, they used two chambers: a reference sample and the  
194 other as a test. The experimental chambers measured 2.25 x 1.6 x 1.2 m (length, width, and height), composed of concrete  
195 walls with a thickness of 0.12 m with a layer of 0.04 m aerogel plaster. The copper pipes were embedded in the aerogel  
196 plaster placed in a serpentine shape, with a separation between pipes of 0.10 m. The authors used a mixture of 60%  
197 water and 40% antifreeze as the working fluid, with a variable volumetric flow rate of 5.53 - 11.6 L h<sup>-1</sup> controlled by a  
198 pump in a closed circuit. The authors found that the performance of the wall with TABS is affected by the weather, the  
199 indoor temperature, the solar absorptivity of the envelope, and the mass flow rate. Zhu et al., [34] proposed a two-phase  
200 thermosyphon loop (TPTL) incorporated into a thermally activated wall and test it under winter conditions. The authors  
201 carried out experimental tests using a test wall 1 m wide, 0.9 m, high, and 0.2 m thick with embedded tubes of 0.009

202 internal diameters, using ethanol as working fluid. The authors varied the fluid temperature from 25 - 65°C and the fluid  
203 fill ratio from 60 to 144%. The authors found that the fill ratio between the volume of the working fluid and the evaporator  
204 volume has a critical impact on the thermal resistances and the starting behavior of the TPTL. They found that the optimal  
205 fill ratio is around 116%. Qu et al., [35] investigated the relationship between the design and the operating parameters  
206 of a thermally activated wall system (TAW) using a mathematical model developed in COMSOL and validated with  
207 experimental data from a test chamber. The variables analyzed were the separation between each tube, the area of the  
208 thermally activated wall, the flow rate, and the inlet temperature of the water. The authors proposed optimal design  
209 graphics for a thermally activated wall system for China's climatic zones. The test chamber was constructed of 2 m × 2 m  
210 × 2 m, thermally activated on the south wall with embedded tubes, where tested three separations between tubes (0.01,  
211 0.02, and 0.03 m). The water flow circulating through the TAW had a velocity of 0.2 m s<sup>-1</sup>, and a heat pump supplied  
212 three different temperatures (15, 17, and 19°C). The results indicated that the water inlet temperature and the indoor air  
213 temperature affect the heat transfer of the TAW. They found that the maximum inner wall surface temperature occurs for  
214 a separation between tubes of 0.02 m, a water velocity of 0.2 m s<sup>-1</sup>, the maximum and minimum values reach 1.78°C and  
215 1.80°C during the cooling and heating mode.

216 Other studies varied the velocity of the fluid in the tubes. Jiang et al., [36] investigated the influence of the velocity  
217 and the type of arrangement on the performance considering the changes in the water temperature. They compared two  
218 TABS arrangements in a numerical study: serial pipe-embedded wall (SPW) and a wall with embedded tubes connected  
219 in parallel (PPW). The authors obtained that the inlet water temperature has a more significant effect on the interior  
220 temperature than the sol-air temperature. The authors observed that by reducing the water temperature below 26°C  
221 in summer and increasing the temperature above 18°C in winter reduced the cooling and heating thermal loads. A  
222 theoretical-experimental study of pipes embedded in a wall for analyzing the influence of pipe depth and spacing into  
223 the indoor temperature gradient was carried out by Romaní et al., [37]. The authors made a numerical model of a radiant  
224 wall in 2D, validated with an experimental prototype installed in Spain, which measured 2.85 × 1.85 × 1.95 m. The  
225 prototype walls were made of alveolar brick, with 0.016 m diameter polyethylene tubes embedded 0.036 m from the  
226 interior surface and a 0.15 m separation between each pipe. The parametric study showed that the separation and the  
227 depth at which the pipes are placed significantly influence the walls' thermal behavior. The authors obtained better  
228 performance when placing the pipes at a depth of 0.045 and 0.065 m and separation of 0.0125 and 0.0150 m because the  
229 heat fluxes and the temperature inside are minimized.

230 Table 4 summarizes the articles of this section, about wall embedded TABS and the influence that the working fluid  
231 has on heat transfer. Among the variables mainly analyzed are the fluid supply velocity, the fluid inlet temperature, and  
232 the configuration of the tubes that supply the fluid.

Table 4: Studies that analyzed the flow characteristics on TABS embedded in walls.

Author	Study	Mode	Fluid	Model	Results
[29]	Theoretical-Experimental	Heating	Water		Faxen-Rydberg-Huber expression can contribute to determination of the average surface temperature of the wall heating panel. The uncertainty of geometric characteristics and thermophysical properties of individual wall panel layers has substantial impact on the accuracy.
[30]	Theoretical-Experimental	Heating, Cooling	Water		The system can exchange to $25.5 \text{ W m}^{-2}$ with the internal surface of the wall. The finite-difference model can predict the behavior of a TABS.
[31]	Theoretical	-	Water		The semi-dynamic models still consume much less computation time than the CFD model. The semi-dynamic model can be integrated with conventional software for building performance evaluation. The semi-dynamic model can predict the thermal behavior of a TABS with a relative error of 5%.
[32]	Theoretical-Experimental	Heating, Cooling	Water		The difference between the model and the experimental validation was minimal with 11% of average relative error.
[33]	Theoretical-Experimental	Heating	Water and antifreeze		The system performance is affected by the weather, the indoor temperature, the solar absorptivity, and the mass flow rate.
[34]	Theoretical-Experimental	Heating	Ethanol		The fill ratio between the volume of the working fluid and the evaporator volume has a critical impact on the thermal resistances and the system's starting behavior. The optimal fill ratio is around 116%.
[35]	Theoretical-Experimental	Heating, Cooling	Water		The water inlet temperature and indoor air temperature affect the thermally activated wall system's heat transfer. The maximum temperature difference occurs with a configuration of separation between tubes of 0.02 m, a water velocity of $0.2 \text{ m s}^{-1}$ .
[36]	Theoretical	Heating, Cooling	Water		Inlet water temperature has more a significant effect than the sol-air temperature.
[37]	Theoretical-Experimental	-	Water		The separation and the depth at which the tubes are placed significantly influence the walls thermal behavior. The system has better performance when placing the tubes in the wall at 0.045 and 0.065 m, with a separation of 0.0125 and 0.015 m.

## 233 2.2. Heat losses and heat dissipation of walls integrated with TABS

234 A building wall integrated with TABS can reduce the heat losses of buildings in winter. Ibrahim et al., [33] found  
 235 that heat losses were reduced between 9% and 35% in the Mediterranean climates when a wall with embedded pipes was  
 236 used. On the other hand, a building wall integrated with TABS can dissipate heat more effectively than a conventional  
 237 wall. Li y Zhang, [38] analyzed the behavior of a wall implanted with heat pipes (WIHP). The authors compared the  
 238 WIHP with a conventional wall in the summer months in Tianjin, China. The WIPH wall dimensions were 1.72 m  
 239 long, 1.72 m wide, and 0.34 m thick, with 24 capillary tubes of 0.002 m in diameter and a length of 0.60 m. The authors  
 240 concluded that the WIPH system has a greater heat dissipation effect in the summer. Its heat transfer capacity was 50.7 k  
 241 W m<sup>-2</sup>, and the average temperature of the WIPH was 2°C lower than the conventional wall. Table 5 summarizes the  
 242 characteristics of the two studies presented in this section.

243

Table 5: Studies that have analyzed heat losses and heat dissipation of TABS embedded in walls.

Author	Study	Mode	Fluid	Model	Results
[33]	Theoretical-Experimental	Heating	Water		With the system proposed the heat losses were reduced from 35% to 9%.
[38]	Theoretical	Cooling	-		The system has a heat transfer capacity of 50.7 k W m <sup>-2</sup> . It has a more significant dissipation effect in the summer. The temperature of the wall with TABS was 2°C lower than a conventional wall.

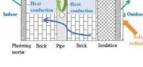
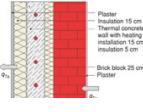
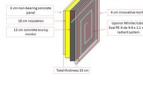
## 244 2.3. TABS walls and other techniques for energy savings

245 The TABS is studied for its capacity to improve buildings' indoor thermal comfort; some authors have proposed  
246 integrating new insulating materials and techniques to control the system. To compare two TABS arrangements in a  
247 numerical study, Jiang et al., [36] obtained that the energy load reduction rate of a serial pipe-embedded wall (SPW)  
248 system is higher (25.2%) than that of a wall with embedded tubes connected in parallel (PPW) (8.7%). The influence  
249 of the TABS system on heating energy consumption in a typical Serbian home was determined by Stojanović et al.,  
250 [39]. The authors simulated a TABS system in EnergyPlus. The TABS system was fed with groundwater, where three  
251 supply temperatures were used 10, 14, and 18 °C. The authors concluded that when the TABS system is used for heating,  
252 energy savings of up to 75% can be obtained with a supply temperature of 18 °C. Furthermore, they emphasized that all  
253 renewable sources can be used as an energy source for the TABS system when it is used for heating. Guerrero et al., [40]  
254 proposed a new prefabricated panel for residential buildings' facades. The authors proposed the integration of phase  
255 change materials (PCM) and concrete as structural element. In this structure, water circulates through heat exchange  
256 pipes embedded in mortar cement, made of plastic material with an outer diameter of 0.01 m and a separation of 0.10 m  
257 between the pipes. The inlet water temperature and the distance between pipes were varied, from 30 to 45°C and from  
258 0.08 to 0.12 m, respectively. The authors concluded that the system design depends on the meteorological conditions;  
259 if it is designed for winter, a phase change temperature around 24°C is required. If it is used for summer, the phase  
260 change temperature is around 20°C. The efficiency was reduced to 6% when the distance increased from 0.08 m to 0.12  
261 m. On the other hand, the efficiency reached approximately 7% with the increasing inlet water temperature of 45°C.  
262 Chen et al., [41] also proposed a thermo-activated PCM composite wall (TAPCW). The TAPCW consisted of placing an  
263 intermediate layer with tubes embedded in a macro encapsulated PCM on the outer side. The authors used a validated  
264 numerical model to study the thermal and energy-saving performance of TAPCW under the winter weather conditions  
265 in northern China. The authors analyzed different values of the spacing between each tube, the thickness of the PCM,  
266 and the orientation. The parametric study showed that the separation between pipes has a more significant influence on  
267 the system than the thickness of the PCM. They found that a separation between pipes of 0.01 m could be used for the  
268 thermal barrier function and separation between tubes of 0.075 m for the heating function. The researchers also found  
269 that the TAPCW oriented to the north was more effective because it had an interior temperature increase of up to 1.8°C  
270 and reduced energy consumption by 65%. Guerrero Delgado et al., [42] characterized and evaluated a panel designed for  
271 facades with an integrated TABS system. As a first stage, the authors studied the behavior of the TABS system through  
272 modeling in ANSYS FLUENT operated under different climatic zones. In the second stage, the authors integrated the  
273 TABS system into a building using a simplified model to evaluate the energy demand and the system energy-saving  
274 potential. Guerrero Delgado et al., concluded that the proposed TABS system is fully compatible with renewable energies,  
275 showing that energy savings of up to 40% for heating can be obtained.

276 To control the water supply temperature in the system Qu et al., [43] proposed a model of the heat transfer of a TABS  
277 in walls under climatic conditions of Beijing, China. The authors built a test chamber to validate the energy consumption  
278 and simulated indoor temperature in EnergyPlus. The test cabin has the following dimensions: 0.8 m long, 0.8 m wide,  
279 and 0.8 m high, with embedded tubes of 0.02 m in diameter and separation between pipes of 0.05 m. The results indicated  
280 that precooling a room overnight and reducing the water supply temperature can improve thermal comfort and reduce  
281 the unit capacity by over 35%. Kalús et al., [44] proposed the design of a thermally activated precast panel. The authors  
282 presented the development of a facade system, through calculations and a parametric study of the system for heating and  
283 cooling mode. They found that the thermal and cooling performance of thermal insulation panels depends on several  
284 factors: thickness of thermal insulation, thickness of load-bearing part of walls and their material, axial distance of pipes,  
285 pipe dimensions, mean heat transfer medium temperature, heat storage capacity/cold material of building structures.

286 Table 6 presents the characteristics of the studies presented in section 2.3. Some works in thermally activated  
287 walls are presented in this table, the studies analyzed wall systems' behavior changing the flow parameters: velocity,  
288 temperature, location, and capacity of saving energy from 40 to 75%.

Table 6: Characteristics of the studies that have analyzed TABS integrated in building walls.

Author	Study	Mode	Fluid	Model	Results
[36]	Theoretical	Heating, Cooling	Water		A serial pipe-embedded wall reduced energy load rate 25.2% while a wall with embedded tubes connected in parallel reduced it by 8.7%.
[39]	Theoretical	Heating	Water		When the TABS system is adapted for heating in a home, it can provide energy savings up to 75%.
[40]	Theoretical	Heating	Water		The efficiency increases when the inlet temperature increased. The system design depends on the meteorological conditions.
[41]	Theoretical	Heating	-		A separation between tubes of 0.01 m could be used for the thermal barrier function and separation between pipes of 0.075 m for the heating function. The thermo-activated PCM composite wall oriented to the north was more effective because it had an interior temperature increase of up to 1.8°C and reduced energy consumption by 65%.
[42]	Theoretical	Heating	Water		The TABS system provided energy savings of up to 40% for heating.
[43]	Theoretical-Experimental	Heating, Cooling	Water		Precooling a room overnight and reducing the water supply temperature improved thermal comfort and reduce the unit capacity by over 35%.
[44]	Theoretical-Experimental	Heating, Cooling	-		The thickness of thermal insulation, the thickness of load-bearing part of walls and their material, the axial distance of pipes, pipe dimensions, mean heat transfer medium temperature, heat storage capacity/cold material of building structures affect the thermal and cooling performance of thermal insulation panels.

**289 3. TABS and other systems**

290 TABS has been studied to decrease or increase the indoor temperature of buildings and coupled with other technologies. Authors around the world have analyzed different parameters and scenarios with TABS.

**292 3.1. Indoor temperature behavior of buildings with TABS installed in several building components**

293 TABS has been analyzed to decrease or increase the indoor buildings' temperature. These systems can be embedded  
294 in one or several building envelope components and can be coupled with other technologies. Park et al., [45] conducted a  
295 study to estimate the thermal comfort and energy consumption of a TABS system combined with a radiant floor heating  
296 system (RFHS) and an air conditioning system package (PAC). The authors performed the analysis using simulations  
297 from EnergyPlus of a conventional residence construction and a low thermal load residential construction. The proposed  
298 combined system showed a better thermal comfort condition than the radiant floor system under winter conditions. The  
299 authors suggest that the TABS system should be operated under precooling conditions considering the occupancy and  
300 cooling load of the building. To evaluate the thermal behavior and the energy-saving potential of a radiant cooling system,  
301 Khan et al., [46] carried out simulations using MATLAB and EnergyPlus. The models were calibrated and validated  
302 with experimental data. The authors proposed two cases: one with a conventional air-cooling system and one with a  
303 proposed radiant cooling system. The authors found that the radiant cooling systems provided up to 30% of energy  
304 savings compared to the traditional system. Leo Samuel et al., [47] proposed a hybrid passive cooling system, which  
305 consisted of a cooling tower coupled to a thermally activated building system (TABS). The system was proposed for  
306 five different climatic regions in twelve cities in India. The authors used COMSOL Multiphysics software to perform  
307 simulations of the hybrid cooling system. They compared different scenarios as floor and roof cooled TABS (RF) and  
308 all-surface cooled TABS (AS) cooling performance for various climatic zones. They concluded that RF configuration in  
309 arid climates reduced the indoor air temperature up to 9.5°C and the AS configuration up to 14.4°C. In contrast, in humid  
310 tropical climates, the reductions reached up to 4.4°C and 6.6°C, respectively. Later, Leo Samuel et al., [48] carried out a  
311 study using computational fluid dynamics of a system with embedded pipes in the roof and floor. In these pipes, they  
312 circulated water with outlet and return from a cooling tower. To validate the model, they built a prototype of dimensions  
313 3.46 × 3.46 × 3.15 m, with a roof and floor thickness of 0.15 m. The authors found that the system maintained indoor air  
314 temperature between 23.5 and 28°C. In another study of the same group, two acoustic absorber panels were combined  
315 with a TABS system by Domínguez and Fan [49]. The authors analyzed the influence of acoustic panels on the behavior of  
316 a TABS system. The authors performed CFD simulations and validated the results with data from experiments conducted  
317 under laboratory conditions. They analyzed three different scenarios with vertical and horizontal sound-absorbing  
318 panels, with thermally activated floor and roof. They observed that the operating temperature increased 0.8 K when the  
319 rooftop is covered with vertical sound absorbers with a separation of 0.02 m. In contrast, horizontal acoustic absorbers  
320 increase the operating temperature by 1.6 K. Some parameters have been varied to analyze the thermal behavior of  
321 TABS by Leo Samuel et al., [50]. The authors analyzed numerically and experimentally the influence of three parameters:  
322 spacing, vertical position, and the arrangement of pipes embedded in the roof and floor. They obtained that by reducing  
323 the separation between pipes from 0.3 to 0.1 m and moving the pipes to the direction of the interior surface from 0.135 to  
324 0.015 m reduced the indoor air temperature between 1.6 and 2.7°C, respectively. While changing the arrangement of  
325 the pipes from coil to parallel reduces the average temperature inside to 32.1°C. The authors reached such reductions  
326 with a separation of 0.1 m, a vertical position of 0.015 m, and a parallel arrangement of the pipes reduced the indoor  
327 air temperature to 6.8°C, reaching a comfort temperature of 29°C in semi-arid weather. In the same year, Leo Samuel  
328 et al., [51] simulated TABS performance under the hot and dry summer conditions of New Delhi, India. The authors  
329 used COMSOL Multiphysics to analyze the influence of temperature and inlet velocity of water and the number of  
330 cooling surfaces (area). The CFD model was validated using experimental data from a room with a 3.46 m x 3.46 m x  
331 3.15 m. The room was built with 0.23 m thick brick walls, a 0.15 m thick concrete roof, and a floor with cross-linked  
332 polyethylene pipes of 0.013 m in diameter. The researchers found that the parameter that had the most significant effect  
333 on thermal comfort was the number of cooling surfaces. They showed that if all the room surfaces are cooled, with a  
334 flow of 19 L h<sup>-1</sup> of water, it reduced the average indoor temperature of up to 5.7°C. The same authors, Leo Samuel et  
335 al., [52] carried out an experimental study of a scale enclosure with a thermally activated construction system, using  
336 water pipes embedded in concrete used in the roof, floor, and walls, with separate water flow controls. The experimental  
337 prototype measures 3.5 × 3.5 × 3.15 m with a 15 cm thick reinforced concrete slab, surrounded by trees and structures  
338 that provide partial shade. They used ½" schedule 40 PVC pipes, with a 10 cm separation between pipes. They studied  
339 temperature, relative humidity, air speed, and water flow through the pipes. The authors found that if only the cooling  
340 is activated on the roof, the indoor temperature remained around 33.1°C. However, when the cooling is activated on  
341 the walls, floor, and roof, the temperature decreases to 29.2°C. The authors conclude that this system, coupled with a

342 passive ventilation system, increases its feasibility in climates with unfavorable conditions and works with a fluid at  
343 relatively high temperatures. To study the internal diameter of the heat exchanger pipes, the thermal conductivity of the  
344 pipes, and the thickness of the roof slab and floor Leo Samuel et al., [53] analyzed the influence of those parameters of  
345 TABS on thermal comfort. They used a model built in COMSOL Multiphysics that was validated using experimental data  
346 obtained in the authors' previous work. They concluded that increasing the thermal conductivity of the pipes from 0.14  
347 to  $1.4 \text{ W m}^{-1} \text{ K}^{-1}$  considerably improves the cooling performance of the system. They found that the best combination of  
348 the study parameters was internal diameter of the pipe of 0.0017 m, a thermal conductivity of the pipe of  $0.14 \text{ W m}^{-1}$   
349  $\text{K}^{-1}$  and a thickness in the roof and floor of 0.2 m. This combination reduced the indoor operating temperature by  $4.7^\circ\text{C}$ .  
350 Michalak [54] carried out measurements and analyzed a TABS implemented in a building used as the primary heating  
351 and cooling source. The TABS system was coupled with additional heating and cooling units such as fan coils, floor  
352 heating and air handling units (AHUs). The measurements were carried out during four months in an office with periods  
353 of occupation. They allowed obtaining vertical air temperature profile, floor surface temperature, predicted mean vote  
354 (PMV) and predicted percent of dissatisfied (PPD). The average soil surface temperature was between  $20.6$  and  $26.2^\circ\text{C}$ ,  
355 while the average vertical air temperature was from  $22.5$  to  $23.1^\circ\text{C}$ , the PMV ranged from 0.52 to 1.50, and below 30%  
356 of the people expressed thermal dissatisfaction. The system analyzed by Michalak had 1275 kWh of exchange energy  
357 for cooling and 2500 k W h for heating. The author concluded that implementing a TABS with mechanical ventilation  
358 systems improves the thermal comfort conditions of the office.

359 Table 7 summarizes the works that analyzed the installation of TABS in different building envelope components  
360 at the same time. In addition, the TABS with an acoustic insulation system in the roof and its influence on the thermal  
361 comfort of the occupants was studied.

Table 7: Characteristics of the studies of TABS installed in several building envelope components.

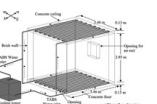
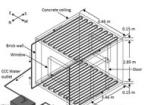
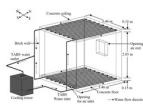
Author	Study	Weather	Mode	Fluid	Model	Results
[45]	Theoretical	-	Heating, Cooling	-		TABS system should be operated under precooling conditions. Combined system showed a better thermal comfort condition than the radiant floor system under winter conditions.
[46]	Theoretical-Experimental	-	Cooling	Water		The radiant cooling systems provided energy savings of up to 30% compared to a traditional system.
[47]	Theoretical	Semi-arid, Arid, Humid subtropical, Tropical wet and dry, Tropical wet	Cooling	Water		The floor and roof cooled TABS (RF) can reduce the operative temperature up to 9.5°C, and the all-surface cooled TABS (AS) can reduce up to 14.4°C, in the arid climates. The RF and AS can reduce the operative temperature up to 4.4°C and 6.6°C, respectively, in humid tropical climates.
[48]	Theoretical-Experimental	Hot semi-arid	Cooling	Water		The system maintained indoor air temperature between 23.5°C and 28°C.
[49]	Theoretical-Experimental	-	-	-		The operating temperature increased 0.8 K when the roof is covered with vertical sound absorbers and increase 1.6 K with horizontal acoustic. TABS requires a well-balanced acoustic design to provide the occupants an optimal comfort level.
[50]	Theoretical-Experimental	Hot semi-arid	Cooling	Water		Changing the separation between pipes from 0.3 to 0.1 reduced the indoor air temperature by 1.6°C. Moving the pipes to the interior surface direction from 0.135 to 0.015 m reduced the indoor air temperature by 2.7°C. Changing the arrangement of the tubes from coil to parallel reduces the indoor average temperature to 32.1°C. With a separation of tubes of 0.1 m, a vertical position 0.015 m and a parallel arrangement reduced the indoor temperature up to 6.8°C, reaching a comfort temperature of 29°C in semi-arid climate.

Table 7: Characteristics of the studies of TABS installed in several building envelope components.

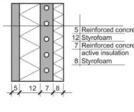
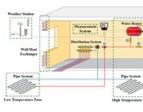
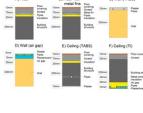
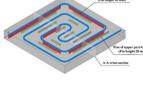
Author	Study	Weather	Mode	Fluid	Model	Results
[51]	Theoretical-Experimental	Hot and dry summer	Cooling	Water	-	The number of cooling surfaces is the parameter that had the most significant effect on thermal comfort. If all the room surfaces are cooled, the average indoor temperature reduced up to 5.7°C.
[52]	Experimental	Tropical wet, Dry climate	Cooling	Water		When the cooling is only activated on the roof, the indoor temperature remained at 33.1°C. When the cooling is activated on the walls, floor, and roof, the temperature decreases to 29.2°C.
[53]	Theoretical-Experimental	-	Cooling	Water		Increasing the thermal conductivity of the pipes from 0.14 to 1.4 W m <sup>-1</sup> K <sup>-1</sup> considerably improves the system's cooling performance. The best combination of the parameters was internal diameter of the pipe of 0.0017 m, thermal conductivity of the tube of 0.14 W m <sup>-1</sup> K <sup>-1</sup> and a thickness in the roof and floor of 0.2 m. This combination reduced the indoor operating temperature by 4.7°C.
[54]	Experimental	-	Heating, Cooling	Water	-	Implementing a TABS with mechanical ventilation systems improves the thermal comfort conditions in an enclosure.

## 362 3.2. TABS capacity to lost and storage heat

363 To minimize the energy losses on the buildings, some authors have integrated some materials to insulate constructions. Kisilewicz et al., [55] present preliminary results of a building operation with active insulation connected to a ground heat exchanger. The authors compared an actively insulated wall against a reference wall under Hungarian climatic conditions. The thermally activated insulated wall construction consisted of a concrete layer on the outside, a layer of extruded polystyrene, tubes embedded in reinforced concrete, and an interior layer of extruded polystyrene. As working fluid in the embedded tubes, in summer, they used refrigerant at a lower temperature than that of the indoor air and a temperature higher than that of the winter season outdoor air. The authors conclude that thermally activated insulation significantly improves the exterior wall's insulation parameters because, in the periods analyzed, they obtained a reduction in total energy loss through the external walls from 53 to 81%. Thermal barriers were proposed by Krzaczek et al. [56] to maintain the changes in the internal energy of the walls being close to zero. They proposed a thermal barrier model in residential construction, which consisted of a system of tubes embedded in the walls to heat or cool a building, controlled by a fuzzy logic program. The pipes were supplied by water without antifreeze at 25.3°C for summer and 20.5°C for winter. The experimental test period was 17 months. They found that the control method through the thermal barrier system was efficient to maintain a comfortable temperature inside, finding that the temperature variations in the exterior and interior wall of construction were less at 1°C. Montenegro and Hongn [57] carried out a parametric study of TABS using a numerical model. The authors used experimental data from previous works to validate the model and subsequently compared the thermal behavior of two horizontal TABS configurations: floor and roof. The authors varied the separation between tubes from 0.1 to 0.3 m, the volumetric flow, and the supply water temperature, as well as the distance between the tubes and the surface in contact with the interior environment of an enclosure. The authors concluded that the variables with the greatest influence on the thermal behavior of the TABS design are the separation between tubes and the water supply temperature, considered as the parameters for increasing in heat transfer between the construction element and the indoor environment. They propose to reduce the separation between tubes and the depth where they are installed since it maximizes the removal of heat from the room to be cooled. The authors conclude that the potential for heat removal from a roof with TABS is 20 - 30% greater than the TABS on the floor. Oravec et. al., [58] compared six radiant heating systems to make a guide that allows choosing a system according to its application. The authors compared six heating systems with PE-Xa pipes with different diameters, embedded in Floor, Floor with metal fins, Wall (TABS), Wall (air gap), Ceiling (TABS) and Ceiling (TI). The authors analyzed the thermal performance and the necessary heating area, thermal storage, and construction costs and its application in retrofitted buildings. They concluded that the thermal performance depends on the location of the tubes. The best performance was obtained by the Wall system (TABS) with a heating flux of  $96 \text{ W m}^{-2}$ . While the system with the highest long-term energy storage capacity was the ceiling (TABS), with a higher implementation cost. The authors suggest that floor heating is the system that shows an acceptable thermal performance, controllability, and storage capacity. To analyze its thermal behavior and the ability to store heat, Ma et al., [59] proposed a concrete radiant floor with finned water supply pipes (Finned Concrete Radiant Floor). The authors analyzed the thermal behavior of the radiant concrete panel experimentally and with a simplified model. The authors compared two concrete blocks with was aluminum-plastic (XPAP) embedded pipes, where one block had aluminum fins attached to the bottom surface of the pipe and another block with embedded tubes without fins. Inside the pipes they circulated water at three different temperatures, 25.0°C, 29.8°C and 34.6°C. The authors found that the Finned Concrete Radiant Floor reduces the temperature through the concrete block and improves energy storage, increasing exponentially with increasing fin height. The authors concluded that the height and material of the fins integrated into the tubes have a significant effect on the energy storage rate.

403 Table 8 summarizes the characteristics of the studies presented in this section. In this section, the authors analyzed  
404 the effect the TABS behavior connected to a ground heat exchanger and including insulating materials and the heat loss  
405 capacity.

Table 8: Characteristics of the studies of TABS capacity to lost heat.

Author	Study	Weather	Mode	Fluid	Model	Results
[55]	Experimental	Hungarian climatic	Heating, Cooling	Refrigerant		TABS significantly improves the exterior wall's insulation parameters because in the periods analyzed, it was obtained a reduction in total energy loss through the external walls from 53 to 81%.
[56]	Theoretical-Experimental	-	Heating, Cooling	Water		Through the thermal barrier system, the control method was efficient to maintain a comfortable temperature inside, finding that the temperature variations in the exterior and interior wall of construction were smaller than 1°C.
[57]	Theoretical-Experimental	-	Cooling	Water	-	Heat removal in an enclosure increases when tube spacing and tube depth are decreased. The potential of a roof is higher (20-30%) compared to a floor TABS, with the same characteristics.
[58]	Theoretical	-	Heating	Water		The thermal performance depends on the location of the tubes with respect to the indoor environment.
[59]	Theoretical-Experimental	-	Heating	Water		Implementing aluminum fins on the heat exchanger tubes improves the thermal behavior of a floor. Storage capacity increases with fin material embedded in exchanger tubes.

## 406 4. Discussion

407 Regarding the improvements of thermal comfort provided by TABS when installed in building roofs, the results were  
 408 reported in terms of the reductions of indoor air temperature (6.7°C) [19], the range in which the indoor air temperature  
 409 remains (21-28°C) [13],[15],[16],[17] and the percentage of time in which the indoor temperature is the satisfaction zone  
 410 (within 80-90%) [14]. On the other hand, the energy savings provided by TABS when embedded in building roofs were  
 411 reported in a few works [18], [28]. It was shown that TABS can provide energy savings between 13 and 50%.

412 The research on TABS embedded in building walls has shown that this technology can provide energy savings for  
 413 heating by a factor ranging between 40 and 75% [39],[41], [42]. Several studies developed theoretical models validated  
 414 with experimental. These models were used to find the adequate values for pipes separation and pipes depth within the  
 415 walls [31],[33],[35],[37] water inlet temperature for cooling or heating [30],[37], water velocity and volumetric flow rate  
 416 [30],[31],[33]. Modeling studies are relevant for the design of TABS because they allow researchers to find suitable values  
 417 for the parameters mentioned above.

418 Other studies show that when TABS are installed in more than one building envelope component, they provide  
 419 an essential contribution to the improvement of thermal comfort. The results were reported in terms of the indoor air  
 420 temperature reductions and others in terms of the interval in which the temperature remains. When the roof and floor  
 421 have embedded TABS, and they are used for cooling, it was shown that the indoor air temperature was reduced between  
 422 4.4 and 9.5°C. When all the building envelope components (roofs, walls, and floor) have embedded TABS and are used  
 423 for cooling, the indoor air temperature reductions range between 6.6 and 14.4°C depending on the type of weather of  
 424 the zone [47]. Other research shows that when TABS was activated in the whole envelope maintained the indoor air  
 425 temperature was around 29°C. When only the roof was activated, the indoor air temperature remained about 33°C [52].  
 426 Other researchers showed that when TABS are installed in the building roof and the floor, the indoor air temperature is  
 427 maintained between 23.5 and 28°C [48].

428 Figure 1 classifies the research works considered in the current review according to the results presented by each  
 429 work. Four main groups were formed, (1) research works that studied the influence of TABS on the thermal comfort  
 430 conditions; (2) research works that studied TABS for heating; (3) research works that studied TABS for cooling; and  
 431 (4) research works that studied TABS for heating and cooling. About the first group, most of the existing studies were  
 432 developed for buildings for TABS embedded in roofs. Few studies on thermal comfort were developed for TABS  
 433 embedded in the whole envelope. About the second group, most of the existing studies for heating were developed  
 434 for TABS embedded in walls, few studies were developed for roofs and the whole envelope. About the third group,  
 435 most of the studies on TABS were developed for roofs and roof-floor, and a few studies for TABS embedded in walls and  
 436 floors. Finally, most studies were developed for TABS embedded in walls in the fourth group, and few were developed  
 437 on roof-floor.

438 The studies analyzed indicated that most TABS systems were developed for TABS embedded in roofs and walls.  
 439 TABS embedded have been combined from phase change materials (PCM) [23]-[26], [40],[41] to acoustic absorber panels  
 440 [49]; with a reduction in the indoor temperature from 0.4 to 4.7°C. On the other hand, TABS are mostly applied to cooling  
 441 and embedded in roofs with an indoor temperature from 21 to 29.6°C. While, TABS embedded in walls are developed to  
 442 heating and cooling/heating depending on outdoor environment.

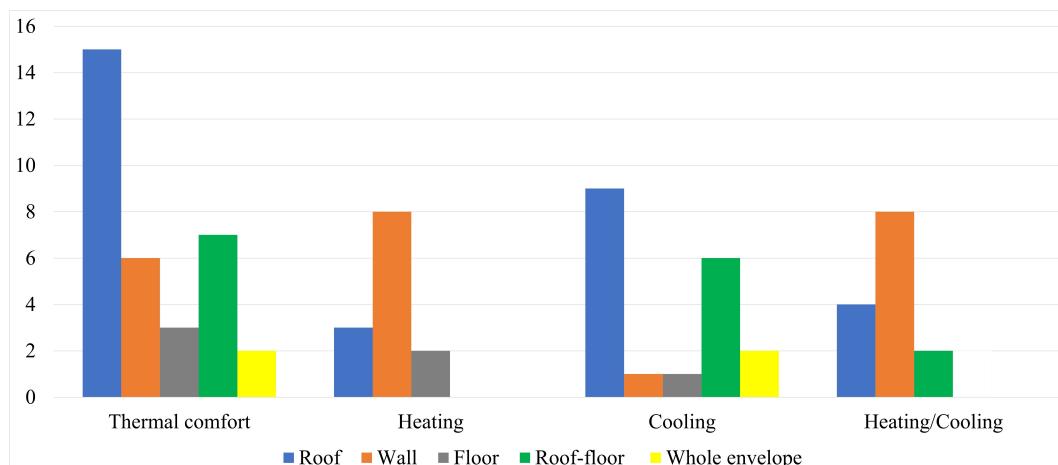


Figure 1. Studies developed for TABS for different building components.

**443 5. Conclusions**

444 This study presented the state of the art of Thermally Activated Building Systems. Relevant results from the literature  
445 related to the thermal behavior and the critical parameters of these systems were discussed. TABS systems are becoming  
446 an attractive branch of research for researchers that analyze measures for improving the indoor environment of buildings.  
447 Several gaps were identified in the literature, and the following can be concluded:

- 448 • TABS systems have not been analyzed from a structural mechanics point of view. From the knowledge of the authors,  
449 there are not studies that have considered the effect of the embedded pipes on the mechanical behavior building  
450 components such as roofs and walls. This fact is crucial in roofs because of its role in a building; researchers should  
451 find the maximum diameter of the pipes and the optimal separation between them that does not affect the structural  
452 behavior of the roof.
- 453 • The thermal behavior of building components with TABS depends on many parameters, some of these parameters  
454 are: (a) type of building component, (b) orientation of the building wall; (b) type of arrangement of the pipes; (c)  
455 separation between the pipes or pipe spacing; (d) diameter of the pipes; (e) material of the pipes; (f) thermophysical  
456 properties of the fluid that circulates within the pipes; (g) volumetric or mass flow rate of the fluid. Thus, optimization  
457 methods such as genetic algorithms or other artificial intelligence techniques should be used to find the optimum  
458 value for the parameters involved in a good design of TABS embedded in building components.
- 459 • The life cycle cost analysis of TABS has not been analyzed. Several researchers have demonstrated that TABS  
460 embedded in building components leads to energy savings for heating and cooling. No studies have estimated the  
461 payback period of this technology to demonstrate its feasibility.
- 462 • Regarding the type of arrangement of the pipes, TABS in series or serpentine-type has been extensively studied  
463 by most researchers. However, other types of pipe arrangement, such as parallel, mixed or tree-shaped, should be  
464 explored to find out the best arrangement that benefits more thermal performance of TABS in the building envelope  
465 for each application.
- 466 • The effect of fins on the thermal performance of TABS embedded in building components needs further development.  
467 Few studies have analyzed this measure when TABS are installed in building floors; results show that the system  
468 with fins improved the thermal storage capacity compared to the traditional system.

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