**Table S1.** SRM transitions and collision energies used in LC-MS/MS for the detection of TMAO, γBB and d3-MeCar(IS)

|  |  |  |
| --- | --- | --- |
| Compound | Transition | Collision energy |
| TMAO | 76 🡪 58 | 16 |
| TMAO | 76 🡪 59 | 8 |
| γBB | 146 🡪 87 | 16 |
| γBB | 146 🡪 60 | 12 |
| d3-MeCar (IS) | 165 🡪 63 | 16 |
| d3-MeCar (IS) | 165 🡪 103 | 16 |