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Article

Chronic Fatigue and Dis-Autonomy following COVID-19 Vaccination is Distinguished from Normal Vaccination Response by Altered Blood Markers

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Abstract: SARS-CoV-2 mRNA vaccination can entail chronic fatigue/dis-autonomy tentatively termed *post-acute COVID-19 vaccination syndrome* (PACVS). We explored receptor autoantibodies and interleukin-6 (IL-6) as somatic correlates of PACVS. Blood markers determined before and six months after first-time SARS-CoV-2-vaccination of healthy controls (N = 89, 71 females, mean/median age 39/49 years) were compared with corresponding values of PACVS-affected persons (N = 191, 159 females, mean/median age: 40/39 years) exhibiting chronic fatigue/dis-autonomy (\geq three symptoms for \geq five months after last SARS-CoV-2 mRNA vaccination) not due to SARS-CoV-2 infection and/or confounding diseases/medications. Normal vaccination response encompassed decreases of 11 receptor-antibodies (by 25–50%, $p < 0.0001$), increases in two receptor-antibodies (by 15–25%, $p < 0.0001$) and normal IL-6. In PACVS, serological vaccination-response appeared significantly ($p < 0.0001$) altered, allowing discrimination from normal post-vaccination state (sensitivity = 90%, $p < 0.0001$) by increased angiotensin II type 1 receptor antibodies (cut-off \leq 10.7 U/ml, ROC-AUC = 0.824 ± 0.027), decreased alpha-2B adrenergic receptor antibodies (cut-off \geq 25.2 U/ml, ROC-AUC = 0.828 ± 0.025) and increased IL-6 (cut-off \leq 2.3 pg/ml, ROC-AUC = 0.850 ± 0.022). PACVS is thus indicated as a somatic syndrome delineated/detectable by diagnostic blood markers.

Keywords: post-acute COVID-19 vaccination syndrome; PACVS; G-protein-coupled receptor; receptor antibody; interleukin-6; dis-autonomy; chronic fatigue

1. Introduction

The onset of chronic, debilitating symptoms following SARS-CoV-2 vaccination is thought to constitute a novel disease entity, for which the term *post-acute COVID-19 vaccination syndrome* (PACVS) has recently been suggested [1]. The symptoms reported by PACVS-affected persons start shortly after SARS-CoV-2 vaccination, continue in episodes over several months, and severely compromise quality of life. A systematic survey of the clinical features of PACVS has yet to be carried out. However, published case reports [1] indicate that PACVS differs from the usual adverse effects of SARS-CoV-2 vaccination [2–5]. The symptoms most frequently reported in the context of PACVS comprise in varied composition impaired well-being (exhaustion, malaise, chronic fatigue), cardiovascular disturbances (orthostatic intolerance, tachycardia, palpitations), peripheral neuropathy (dysesthesia, hypesthesia), central nervous system dysfunction (lack of concentration, brain fog, cognitive deficits, sleep disorders), muscular dysfunction (myalgia, weakness, fibrillations), and gastro-intestinal afflictions (nausea, strong weight changes). In summary, PACVS presents a phenotype of acquired autonomous dysfunction, which overlaps with various established multisystemic dis-autonomy syndromes such as myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) [6,7], postural tachycardia syndrome (POTS) [8], fibromyalgia/chronic pain syndrome [9], small fiber neuropathy (SFN) [10] and mast cell activation syndrome (MCAS) [11]. Interestingly, symptoms similarly conforming to ME/CFS and POTS have been observed following vaccinations against human papilloma virus [12–16] and hepatitis B virus [17].

ME/CFS and POTS occurring un-related to vaccination is frequently associated with alterations of humoral auto-immunity against receptors and transmitters involved in autonomous regulation [18–21]. Increases in circulating levels of these antibodies are linked to incidence, duration and severity of ME/CFS [22] and POTS [23–25]. IgG-directed therapy has been successful in ameliorating symptoms [26,27]. Increases in circulating receptor antibodies were also observed in severe COVID-19 [28–32], which similarly exhibits ME/CFS-like symptoms [33] amenable to IgG-directed therapy [34].

Taken together, the above considerations prompt the hypothesis that antibodies against autonomous regulation elements could play a role in PACVS and possibly serve as therapeutic targets or diagnostic markers. To address this hypothesis, we have here investigated the impact of SARS-CoV-2 vaccination on receptor antibodies known to be involved in POTS [20,23,24], ME/CFS [18,22,25] and immune homeostasis [35]. Circulating levels of these antibodies were measured before and six months after vaccination in normal healthy individuals not affected by PACVS. Normal post-vaccination levels were compared with corresponding levels of a matched cohort presumed to be affected by PACVS because exhibiting persistent symptoms of chronic severe autonomous dysfunction [6–11] following SARS-CoV-2 vaccination.

2. Materials and Methods

2.1. Study participants

Study participants exhibiting PACVS following SARS-CoV-2 vaccination (N = 159 females, N = 32 males, mean/median age = 40/39 years) were recruited from self-help groups via on-line questionnaire. Participants were diagnosed with ME/CFS, POTS, or related/overlapping syndromes (fibromyalgia/chronic pain syndrome, SFN and MCAS) and exhibited at least three symptoms conforming to these syndromes [6–11] (details: Table S2). A comparable list of symptoms has recently been observed in chronic sequelae of COVID-19 [36]. Participants were only included if above diagnoses or symptoms were confirmed by a physician/in a hospital and had persisted for five months or more following vaccination. Vaccination regimen pre-ceeding PACVS encompassed one (47 cases), two (96 cases) or three cycles (48 cases) of vaccination with Spikevax, Moderna (32 cases) or Comirnaty, Pfizer/BioNTech (159 cases). In 17 cases the mRNA-vaccination entailing PACVS was pre-ceeded by one vaccination cycle with a vector-based vaccine (details: Table S1). Exclusion criteria encompassed (i) occurrence of the above symptoms after other vaccinations (including non-mRNA-SARS-CoV-2 vaccinations) and/or after acute SARS-CoV-2 infection, (ii) pre-vaccination histories of

ME/CFS, POTS or other potentially confounding diseases or syndromes, (iii) confounding pre-medications (details: Table S2). Of 1500 individuals applying for study participation, 1309 were excluded (Figure S3).

2.2. Controls

Healthy controls (N = 89, N = 18 males, mean/median age = 39/49 years) matched for gender and chronological age ($p < 0.001$, U-test) were recruited from a surveillance study of healthy hospital employees subjected to initial dual vaccination with mRNA-vaccine (Spikevax, Moderna) [37]. Paired serum samples were obtained 48 h before first vaccination and six months after second vaccination. Control candidates were excluded when reporting disease symptoms or exhibiting serological evidence of inflammation, cardiac dysfunction or inter-current SARS-CoV-2-infection during the surveillance period of six months after the second vaccination (details: Table S2, Figure S3).

2.3. Validation of SARS-CoV-2 Vaccination and -Infection

SARS-CoV-2-vaccination response of controls and PACVS-affected study subjects was confirmed in all cases by sero-reactivity against SARS-CoV-2 spike S1 protein (SAB). Completed SARS-CoV-2 infections were identified by sero-reactivity against SARS-CoV-2 nucleocapsid protein (NAB) [37]. Controls were excluded if NAB-reactive or reporting SARS-CoV-2 infections and/or COVID-19 re-convalescence in their case history. Study participants were excluded if suffering from florid (PCR-positive) SARS-CoV-2 infection.

2.4. Ethics

Clinical trial protocols were approved by the local ethics board of Heinrich-Heine University Düsseldorf (study numbers 2022-1948 and 2020-1259). The investigation conforms with the principles outlined in the World's Medical Association *Declaration of Helsinki*. Before inclusion, all participants have given written informed consent.

2.5. Laboratory Measurements

Serum was collected by antecubital vein puncture, processed by accredited procedures and stored for up to 6 months at -20 °C. Antibodies against AT1R (Angiotensin II type 1 receptor), ETAR (Endothelin-1 type A receptor), IL-1-R_b (Interleukin-1 receptor type 2), $\alpha 1$ -adr-R (Alpha-1 adrenergic receptor), $\alpha 2a$ -adr-R (Alpha-2A adrenergic receptor), $\alpha 2b$ -adr-R (Alpha-2B adrenergic receptor), $\alpha 2c$ -adr-R (Alpha-2C adrenergic receptor), $\beta 1$ -adr-R (Beta-1 adrenergic receptor), $\beta 2$ -adr-R (Beta-2 adrenergic receptor), M1R-M5R (muscarinic acetylcholine receptor M1-M5), MASR (MAS 1 receptor), ACE-II (Angiotensin-converting enzyme 2) were measured in serum with commercially available immuno-assays (CellTrend GmbH, Luckenwalde, Germany) according to the instructions of the manufacturer. The assays were calibrated with polyclonal standard sera, yielding quantitative values for receptor-specific IgG expressed in arbitrary units/ml. panIg-antibodies against SARS CoV-2 spike S1 protein (SAB) and nucleocapsid protein (NAB) were determined as previously described [37]. All other laboratory test were performed by accredited routine laboratory diagnostic procedures. Unless stated otherwise, reference values followed recommendations of the international federation of Clinical Chemistry (IFCC).

2.6. Statistical Methods

IBM SPSS Statistics 28 software (IBM Corp. Released 2021. IBM SPSS Statistics for Windows, Version 28.0. Armonk, New York, USA: IBM Corp.) and Graph Pad Prism 9 (Graph Pad Software, Inc., San Diego, California, USA, Graph Pad Prism 9 for Windows or Apple Macintosh, released 2020) were used for analysis. Normal distribution was tested according to Shapiro-Wilk and Q-Q-graphs. Non-normally distributed data was descriptively analyzed by mean/median values, interquartile-range, 95% or 99% confidence intervals and boxplots. Correlations were analyzed by Spearman correlation performed using 95% confidence intervals. Differences of controls before and after

vaccination were analyzed by the t-test for paired samples (two-tailed). Differences between study subjects and controls were analyzed by the Mann-Whitney-U test (two-tailed). Correlations were assumed to be good at Spearman's $R \geq 0.7$. For all tests statistical significance was assumed at $p < 0.001$. Missing data were managed by listwise deletion

3. Results

3.1. Impact of SARS-CoV-2 vaccination on receptor-antibodies in healthy controls

Control sera were collected during first-time vaccination with two cycles of the mRNA- vaccine Spikevax (Moderna). Samples were obtained 48 h before first vaccination and six months after second vaccination from 89 healthy individuals not reporting adverse vaccination-reactions that persisted for more than two weeks after complete vaccination and not suffering from potentially confounding diseases. In normal pairs of vaccination-naïve and post-vaccination sera the circulating levels of IgG specific for various receptors (expressed as U/ml) were to some extent covariant with each other. Circulating levels of receptor antibodies were neither before nor after vaccination correlated or covariant with chronological age, gender, total IgG, brain natriuretic pro-peptide (pBNP) or interleukin 6 (IL-6), excluding these factors as potential analytic confounders (Figure S1). Almost all potentially disease-relevant receptor-antibodies differed markedly between pre- and post-vaccination sera (Figure 1): In post-vaccination sera the levels of antibodies against AT1R, ETAR, M1R, M2R, M3R, M5R, $\alpha 1$ -adr-R, $\alpha 2a$ -adr-R, $\beta 1$ -adr-R, $\beta 2$ -adr-R and MASR were markedly lower (in median by 25–50%), while the levels of antibodies against IL-1-Rb, ACE-II and $\alpha 2b$ -adr-R were markedly higher (in the median by 15–25%). Only two of the analyzed receptor antibodies ($\alpha 2c$ -adr-R and M4R) were unaffected by vaccination. Vaccination-responses of circulating receptor antibodies were highly significant ($p < 0.0001$, paired t-test) and persisted for at least six months after the last vaccination-shot. It should be emphasized, that the marked impact of SARS-CoV-2-vaccination on circulating levels of certain receptor antibodies was observed in healthy individuals not exhibiting any long-termed disease symptoms following vaccination. These alterations can therefore be considered a normal (non-pathological and non-pathognomonic) reaction or adaptation of humoral receptor-autoimmunity to vaccinations with SARS-CoV-2 mRNA-vaccines.

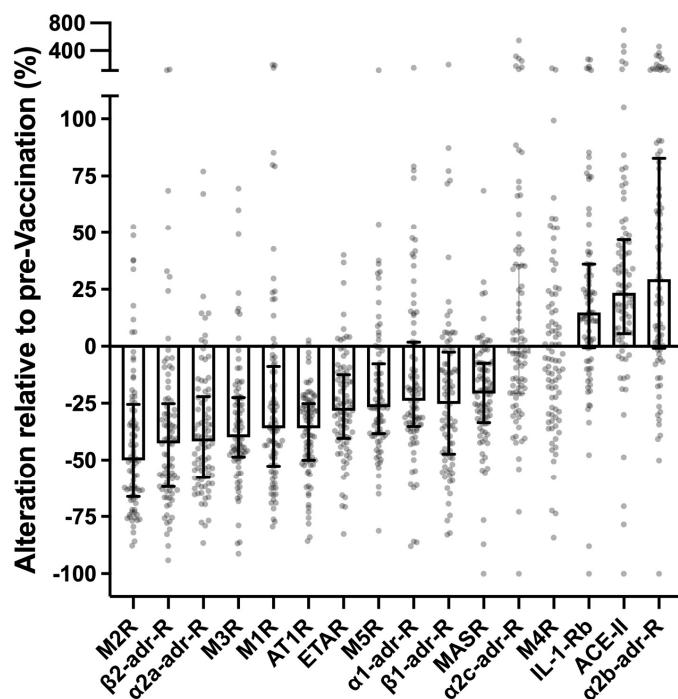


Figure 1. Impact of SARS-CoV-2 mRNA-Vaccination on Receptor Antibodies in healthy Controls.

Levels of GPCR-antibodies in serum of healthy volunteers (N = 89) six month after 2nd vaccination with Spikevax (Moderna) expressed as % of corresponding values obtained immediately before 1st vaccination. Boxes and error bars: medians \pm interquartile range of significant changes (paired t-test, $p < 0.0001$).

3.2. GPCR-antibodies in post-vaccination controls and PACVS-affected subjects

A subset of eight of the analyzed receptor antibodies differed significantly ($p < 0.0001$) between post-vaccination sera (6 months after the last vaccination) of the control cohort and post-vaccination sera (> 5 months after the last vaccination) of PACVS-afflicted persons (Figure 2, compare red with blue columns). Six of these antibodies (AT1R, ETAR, M2R, M3R, β 2-adr-R, MASR) were significantly ($p < 0.0001$) higher in PACVS- subjects than in post-vaccination controls. Coincidentally, these six receptor antibodies exhibited in controls vaccination-associated decreases (Figure 1). Consequently, in the PACVS-subjects, the serum levels of these antibodies were higher than in post-vaccination controls (Figure 2, compare red with blue columns) while similar to pre-vaccination controls (Figure 2, compare red and green columns). In contrast, antibodies against IL-1-Rb and α 2b-adr-R were significantly ($p < 0.0001$) lower in PACVS subjects than in controls (both pre- and post-vaccination), while exhibiting vaccination-associated increases in controls (Figure 1). It should be noted that the above PACVS-associated alterations of circulating receptor antibodies were not associated with any particular vaccination regimen listed in Table S1.

The 95% confidence intervals of the eight receptor antibodies that were different in PACVS did not overlap between PACVS-subjects and post-vaccination controls (Figure 2 and Table 1), suggesting that these receptor antibodies might provide biomarkers allowing serological discrimination of PACVS from the normal post-vaccination state. This assumption was tested by analysis of receiver-operator-characteristics (ROC). All eight candidate receptor antibodies exhibited significant areas under the ROC curve (Table 2 and Figure S2). The sensitivities for discriminating PACVS-subjects from post-vaccination controls at 95% specificity (based on the confidence limits of the post-vaccination controls) ranged from 40-90% (Table 2), which indicates that not all of these receptor antibodies had a similar pre-dictive power. Moreover, cross-correlation analysis of the above receptor antibodies (Figure 3) revealed two clusters of significant covariance (Spearman's $R \geq 0.7$, $p < 0.0001$), the one consisting of AT1R, ETAR, M3R, β 2-adr-R and the other consisting of α 2b-adr-R and M2R. Of note, PACVS-relevant receptor antibodies were not correlated (Spearman's $R < 0.7$, $p > 0.1$) with total IgG, COVID-serology (SAB, NAB), gender, age, or body mass index (BMI), excluding these factors as confounders (Figure 3). Optimal discrimination of PACVS subjects from post-vaccination controls was obtained based on increases in AT1R, and MASR and decreases of IL-1-Rb and α 2b-adr-R relative to the 95% confidence limits of healthy post-vaccination controls. Under these conditions, AT1R and α 2b-adr-R exhibited good sensitivities (90.1 and 89.5%, resp.) and MASR and IL-1-Rb exhibited moderate sensitivities (71.8 and 66.5%, resp.) for PACVS (Table 2).

Table 1. Receptor Antibodies before/after Vaccination and in PACVS.

	Median ¹	25% Perc.	75% Perc.	D vs. PACVS (p, U-Test)
AT1R				
PACVS ² (n = 191)	15.2	12.1	21.3	-
Contr. pre ³ (n = 89)	15.6	12.4	21.1	N. S
Contr. post ⁴ (n = 89)	10.4	8.1	12.4	< 0.0001
ETAR				
PACVS (n = 191)	13.5	10.8	18.5	-
Contr. pre (n = 99)	15.4	11.6	19.5	N.S.
Contr. post (n = 89)	11.0	8.8	13.8	< 0.0001
IL-1-Rb				
PACVS (n = 191)	4.9	3.8	6.9	-

Contr. pre (n = 89)	5.1	4.2	7.2	N. S.
Contr. post (n = 89)	6.2	5.3	8.2	< 0.0001
M3R				
PACVS (n = 191)	10.6	7.9	16.4	-
Contr. pre (n = 89)	11.9	8.0	18.2	N. S.
Contr. post (n = 89)	6.6	4.8	9.2	< 0.0001
b2-adr-R				
PACVS (n = 191)	12.8	8.9	16.6	-
Contr. pre (n = 89)	20.9	11.2	39.6	N. S.
Contr. post (n = 89)	9.3	5.8	14.4	< 0.0001
MASR				
PACVS (n = 191)	50.2	41.7	62.1	-
Contr. pre (n = 89)	53.1	42.8	67.6	N. S.
Contr. post (n = 89)	39.2	31.7	45.7	< 0.0001
M2R				
PACVS (n = 191)	11.8	8.9	16.9	-
Contr. pre (n = 89)	16.9	11.3	27.2	< 0.0001
Contr. post (n = 89)	7.7	6.2	11.7	< 0.0001
a2b-adr-R				
PACVS (n = 191)	13.8	9.9	18.6	-
Contr. pre (n = 89)	21.6	13.8	30.6	< 0.0001
Contr. post (n = 89)	27.9	20.9	43.2	< 0.0001

¹ Units/ml. ² exhibiting disease symptoms for six or more months after last vaccination with mRNA-vaccine. ³ before first vaccination with Spikevax (Moderna). ⁴six months after second vaccination with Spikevax (Moderna).

Table 2. Discrimination of PACVS from post-Vaccination Controls by Receptor Antibodies and IL-6.

	ROC (AUC \pm SE)	ROC (p)	Cut-off (U/ml) ²	Sensitivity (%) ³
AT1R	0.824 \pm 0.027	< 0.0001	≤ 10.7	89.7
ETAR	0.681 \pm 0.035	< 0.0001	≤ 11.5	64.9
M3R	0.741 \pm 0.034	< 0.0001	≤ 12.4	40.3
β2-adr-R	0.681 \pm 0.036	< 0.0001	≤ 11.6	66.5
α2b-adr-R	0.828 \pm 0.025	< 0.0001	≥ 25.2	90.3
M2R	0.703 \pm 0.034	< 0.0001	≥ 14.2	64.4
MASR	0.675 \pm 0.037	< 0.0001	≤ 44.0	72.3
IL-1-Rb	0.913 \pm 0.019	< 0.0001	≥ 5.8	66.5
IL-6	0.850 \pm 0.022	< 0.0001	≥ 2.3	82.0

¹ Grouped (horizontal lines) according to significant co-variance (see Figure 3). ² Derived from limits of 95% confidence intervals of post-vaccination controls. ³ At 95% specificity relative to post-vaccination controls.

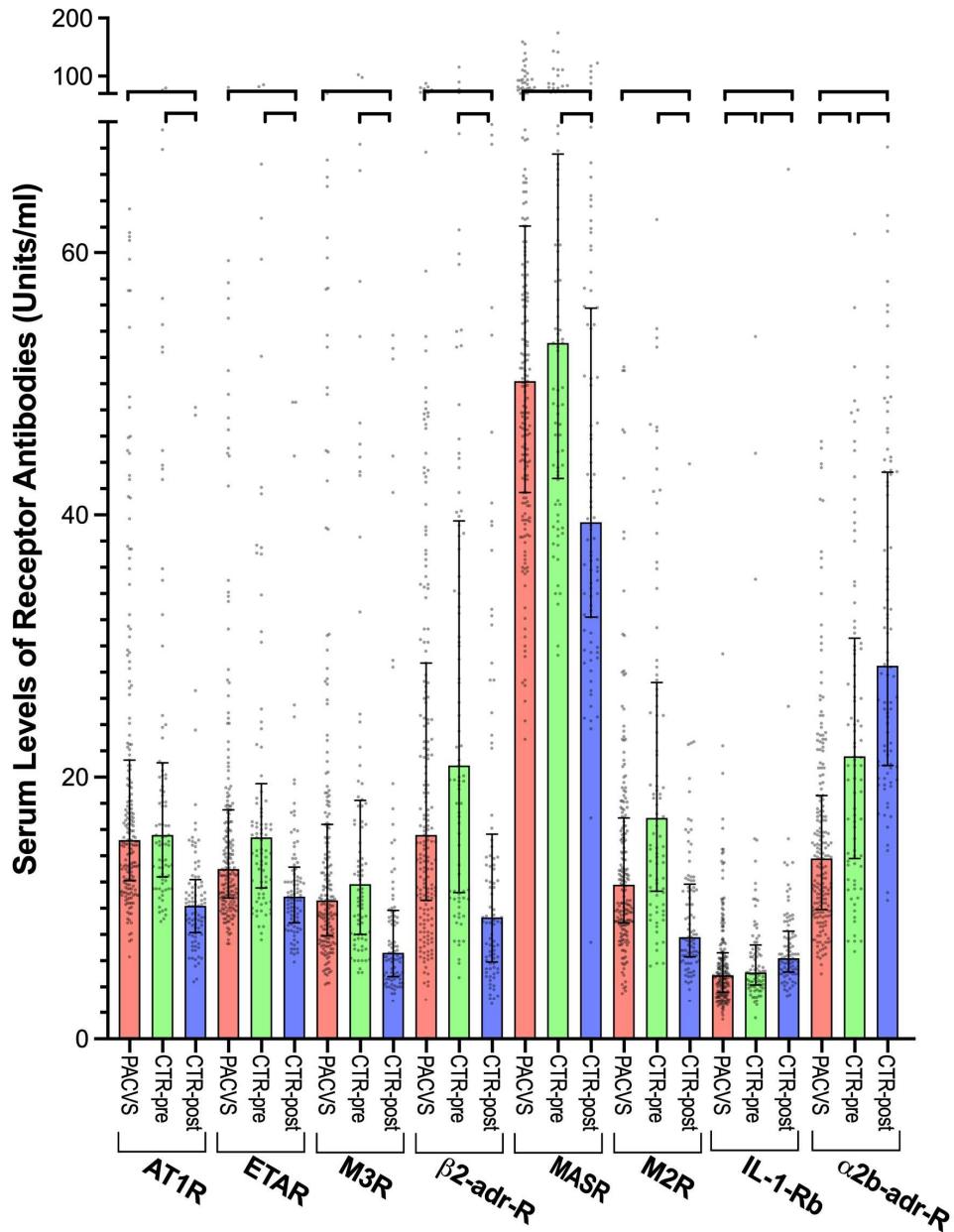


Figure 2. Serum levels of GPCR-Autoantibodies diverging between Controls and PACVS.
 Receptor-antibodies in serum of study subjects (n = 191) suffering from PACVS for more than five months after last vaccination (red, PACVS) and in serum of healthy volunteers (n = 89) before first vaccination (green, CTR-pre) and six months after second vaccination (blue, CTR-post). Vaccinations with SARS-CoV-2 mRNA vaccine (Moderna or BioNTech). Dots: single values; boxes and error bars: medians \pm interquartile range; brackets: significant differences between groups ($p < 0.0001$).

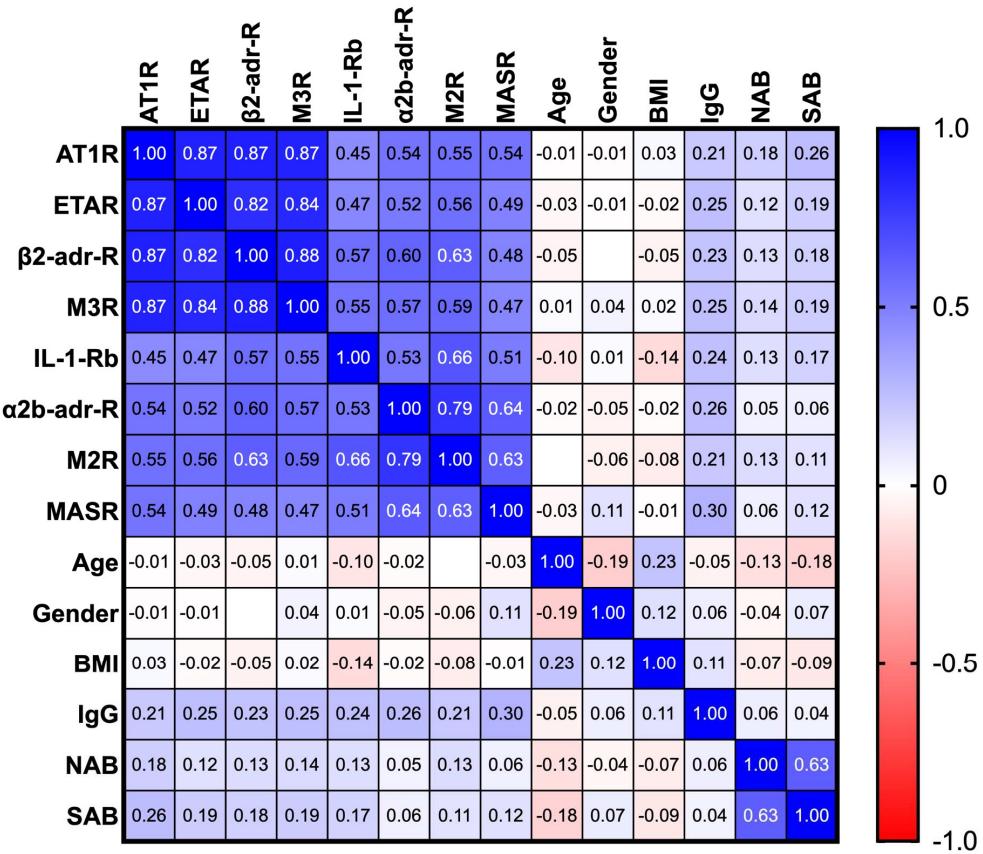


Figure 3. Covariances of Receptor-Antibodies in PACVS (N = 191). Correlative heatmap of serum levels of GPCR-antibodies (AT1R, ETAR, β 2-adr-R, M3R, IL-1-Rb, α 2b-adr-R, M2R, MASR), antibodies against SARS-CoV-2 spike S1 protein (SAB) and nucleocapsid protein (NAB), total IgG (IgG), age, gender, and body mass index (BMI). Numerical values: Spearman's R, values ≥ 0.7 considered significant ($p < 0.0001$).

3.3. Discrimination of PACVS from post-vaccination controls by interleukins

We compared PACVS subjects and post-vaccination controls by a basic panel of potentially relevant laboratory markers encompassing total IgG (IgG), SARS-CoV-2 serology (SAB, NAB), cardiac markers (proBNP, Troponin T) and inflammation markers (IL-6 and C-reactive protein, CRP). Among these parameters, only IL-6 imposed as a potentially discriminative biomarker of PACVS (Table 2 and Figure 4). IL-6 was increased above reference level in most PACVS-subjects and significantly ($p < 0.0001$) higher than in post-vaccination controls (Figure 4A). ROC-curves indicated a reasonable discrimination of PACVS-subjects from post-vaccination controls by IL-6 (AUC = 0.85, Figure 4C). Interestingly, CRP was similar in PACVS- subjects and controls Figure 4B, while in PACVS, the increased levels of IL-6 were linearly correlated with even more pronounced increases in interleukin 8 (IL-8) (Figure 4D). IL-6 and IL-8 were thus indicated as further biomarkers of PACVS.

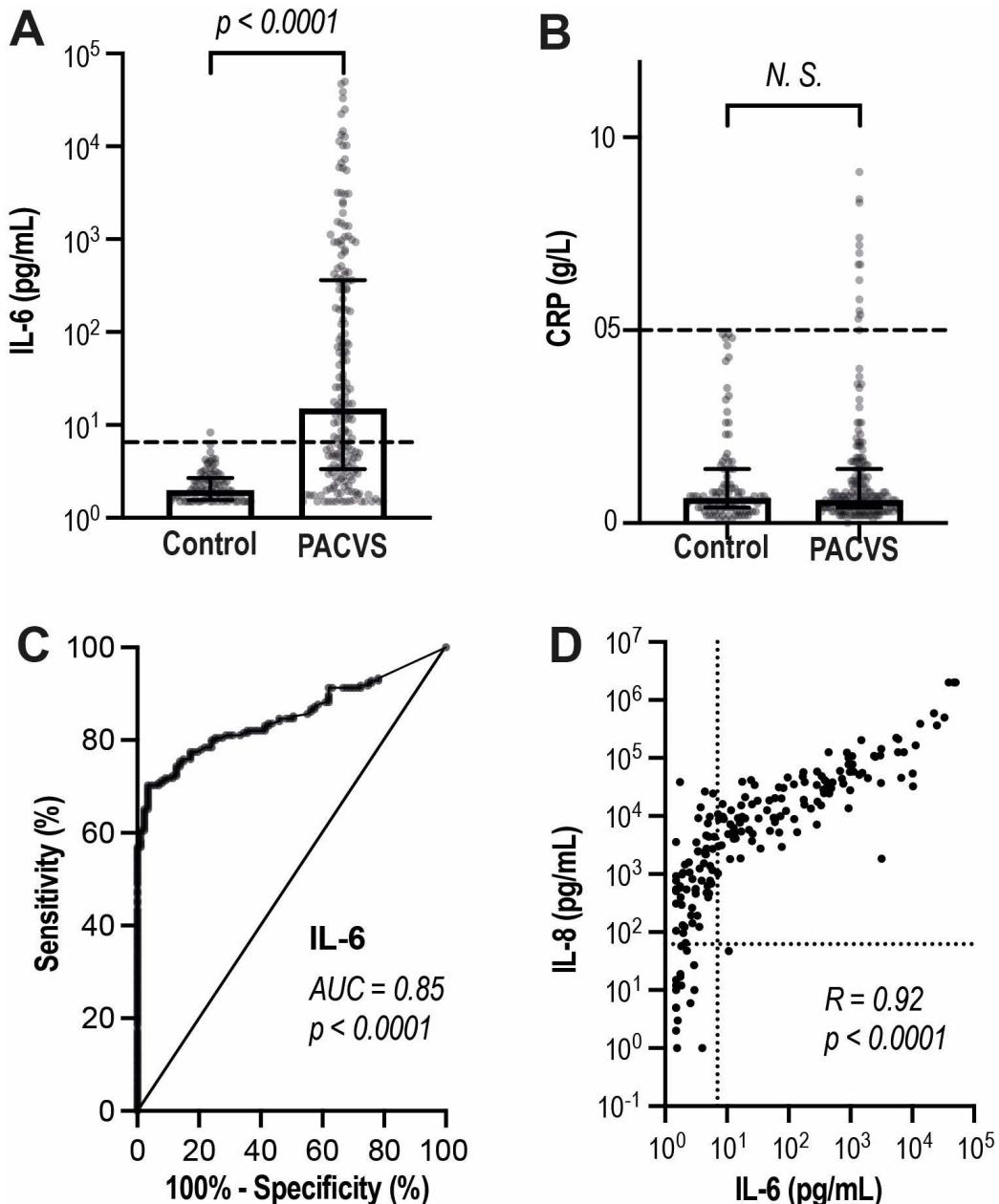


Figure 4. Inflammation Markers in post-Vaccination Controls and PACVS-Affected. IL-6 (A) and CRP (B) compared by U-test between post-Vaccination Controls (Control, $N = 88$) and PACVS-subjects (PACVS, $N = 191$). (C) IL-6 values were subjected to ROC-analysis (identity indicated by solid line). (D) Spearman correlation of IL-6- und IL-8 values of PACVS subjects. Boxes: medians; error bars: interquartile ranges; brackets: result of U-test (N.S.: not significant). Dotted lines: 99% confidence limits of reference values corrected for age and gender in C.

3.4. Exclusion of SARS-CoV-2 infection/COVID-19 convalescence as confounder of PACVS

Persons suffering from florid SARS-CoV-2 infection were excluded from the study. However, a subgroup of included PACVS-afflicted subjects (76/191) exhibited NAB-reactivity. 52 of these reported SARS-CoV-2 infection or COVID-19 re-convalescence in their case histories. The other 24 NAB-positive participants appeared to have undergone SARS-CoV-2 infection without noting. In contrast, post-vaccination controls were selected for absence of NAB-reactivity and no report of SARS-CoV-2 infection during the monitoring period. To exclude NAB-reactivity as possible confounder of PACVS diagnostic biomarker, we compared the candidate biomarkers of PACVS (listed in Table 2) between NAB-positive ($N = 76$) and NAB-negative ($N = 115$) PACVS subjects. All

candidate PACVS-biomarkers exhibited slightly higher values in NAB-positive than in NAB-negative PACVS-subjects (Table 3, first three columns from the left). Most of these differences were small (median effect size < 10%) and insignificant ($p > 0.5$, U-test). Only AT1R and M3R exhibited more pronounced (median effect sizes 12.8 and 20.2%, resp.) and marginally significant ($p \leq 0.05$, U-test) increases in NAB-positive as compared to NAB-negative PACVS-subjects. However, corresponding differences of AT1R and M3R between NAB-negative PACVS-subjects and NAB-negative post-vaccination controls were much greater (median effect sizes > 40%) and of higher significance ($p < 0.0001$) (Table 3, compare columns 4 and 5). Thus, we assume that the confounding effect of SARS-CoV-2 infections on PACVS-diagnostic is very minor and negligible.

Table 3. Impact of past SARS-CoV-2 Infection on Candidate Markers of PACVS.

PACVS ± COVID ¹		PACVS w/o COVID vs. post-vacc. CTR ²	
Median Effect Size ³ (%)	Significance (p) ⁴	Median Effect Size ³ (%)	Significance (p) ⁴
AT1R	+ 12.8	0.01 *	+ 43
ETAR	+ 7.9	0.11	
β2-adr-R	+ 7.2	0.07	
M3R	+ 20.3	0.05 *	+ 44.4
IL-1-Rb	+ 6.3	0.08	
α2b-adr-R	+ 4.8	0.50	
M2R	+ 9.5	0.06	
MASR	+ 4.1	0.40	
IL-6	- 1.3	0.33	

¹ panIg-reactivity against SARS-CoV-2 nucleocapsid protein (N = 115 neg, N = 76 pos). ² Six month after second vaccination, SARS-CoV-2 nucleocapsid protein reactivity excluded (N = 89). ³ Difference between medians of groups. ⁴p-values of difference between groups (U-test), significant differences bold.

4. Discussion

4.1. Salient findings

We present a set of observations potentially relevant for the understanding and diagnosis of PACVS, a dysautonomia syndrome associated with, and possibly triggered by, SARS-CoV-2 mRNA-vaccination [1]:

- In healthy persons not affected by PACVS, the repertoire of receptor antibodies involved in cardiovascular regulation and immune homeostasis undergoes a long-termed adjustment following SARS-CoV-2 mRNA-vaccination.
- Above adjustment seems blunted, absent or even inverted in persons who present the clinical phenotype of PACVS after SARS-CoV-2 mRNA-vaccination.
- PACVS-afflicted persons can be distinguished from individuals subjected to SARS-CoV-2 mRNA-vaccination without developing PACVS by serum levels of IL-6/IL-8 and of antibodies against AT1R and α2b-adr-R.

4.2. Limitations

- Our study is restricted to SARS-CoV-2 mRNA-vaccines, for which we had an appropriate control cohort. Whether our findings apply to chronic sequelae following other types of SARS-CoV-2-vaccination remains to be investigated.
- The clinical PACVS-phenotype here studied is based on a long list of symptoms. It is heterogeneous and possibly encompasses more than one clinical entity. Moreover, selection of studied PACVS cases is biased by the exclusion of 71 applicants with potentially confounding co-morbidities or medications who could nevertheless suffer for PACVS.
- The PACVS-cohort was recruited five or more months after vaccination. Matching pre-vaccination serum from these same persons could not be obtained. Consequently, vaccination-

associated serological alterations of the PACVS-cohort could not be determined individually, but had to be judged by comparison with a matched post-vaccination control cohort.

- Receptor antibodies were determined by IgG-binding to the native receptors. We and others have previously demonstrated that such antibodies can modulate receptor function in several ways [38], but functional properties of receptor antibodies were not directly assessed in this study.

4.3. The physiological response of receptor antibodies to SARS-CoV-2 mRNA-vaccination

In persons not affected by PACVS, only two of 16 tested receptor antibody species remained unaltered following SARS-CoV-2 mRNA-vaccination, whereas 11 were decreased and three were increased for a prolonged period of time. This robust and durable response was prevalent in a healthy cohort. Therefore, it probably represents a physiological vaccination-response of the receptor antibody repertoire comprising two distinct features:

- Downregulation of a cluster of receptor antibodies targeting the renin-angiotensin-aldosterone system and other components of cardiovascular regulation. Incidentally, some of these receptor antibodies are frequently increased in POTS [20,23,24], ME/CFS [18,22,25], severe COVID-19 [28–32], chronic heart failure [39,40], and allograft rejection [41]. The most distinctive candidate of this cluster is the AT1R antibody.
- Upregulation of two receptor antibodies. One of these, the IL-1-Rb antibody, is thought to play a role in immune homeostasis [35] and rheumatic diseases [42]. The other one, the α 2b-adr-R antibody, has no obvious disease-association. The receptor thereby targeted plays a role in central blood pressure adaptation [43].

4.4. Putative pathogenic role of blunted receptor antibody adaptation in PACVS

Receptor antibody levels in serum of PACVS-affected persons were dissimilar from the post-vaccination state and similar to the pre-vaccination state of persons not suffering from PACVS. Thus, PACVS seems associated with lack or attenuation of the physiological adjustment of the receptor antibody repertoire following SARS-CoV-2 mRNA vaccination. This conclusion could not be corroborated by irrefutable evidence, because vaccination-naïve serum could not be obtained *post festum* from the PACVS-affected persons.

Many of the receptor antibodies down-regulated in the healthy persons and elevated in the PACVS subjects have previously been implicated as disease markers, risk factors, pathogens or even therapy targets in POTS [20,23,24], ME/CFS [18,22,25], severe COVID-19 [28–32], chronic heart failure [39,40], allograft rejection [41], rheumatic diseases [42] and various other syndromes and diseases [44]. It is plausible to assume that vaccination-associated downregulation of these receptor antibodies possibly protects from the above diseases and syndromes, while lack or attenuation thereof mimics them, at least in part. Conversely, the IL-1Rb-antibody decreased in the PACVS subjects targets a receptor involved in cytokine release [35,42]. Upregulation of this antibody could therefore play a role in the limitation of inflammatory responses to SARS-CoV-2 mRNA vaccination. Lack thereof could contribute to persistence of increases in IL-6, which distinguish the PACVS cohort from the normal post-vaccination state. Interestingly, PACVS-associated upregulation of IL-6 is correlated to an even more pronounced upregulation of IL-8, which has also been observed in post-COVID-19 ME/CFS [33]. Vaccination-associated alterations of the α 2b-adr-R antibody and PACVS-associated alterations thereof have to our knowledge no disease relevance, although α -adrenergic receptor antibodies have been implied in severe COVID-19 [31].

In summary, these considerations give rise to the attractive speculation that PACVS could result from un-ability to respond to SARS-CoV-2 mRNA vaccination with protective adjustments of the receptor antibody repertoire entailing phenotypic mimicry of syndromes associated with corresponding aberrations of receptor antibodies, e.g., POTS, ME/CFS, and certain rheumatic diseases [42]. It should be noted, that PACVS as presented by the participants this studied appears distinct from various acute autoimmune-phenomena casuistically reported in the context of SARS-CoV-2 vaccination [5].

4.5. The blood marker signature of PACVS

Irrespectively of the putative pathogenetic role of receptor antibodies in PACVS, a combination of two index receptor antibodies (AT1R and α 2b-adr-R) in conjunction with IL-6 allows discrimination of PACVS from the normal post-vaccination state with a cumulative sensitivity and specificity of up to 90%. However, increases in IL-6 [45], IL-8 [33] and AT1R antibodies [28] have also been observed in long COVID-19 and post-COVID-19 ME/CFS. Thus, further studies will be required to find out, whether the suggested blood marker signature similarly distinguishes PACVS from vaccination-unrelated forms of potentially confounding diseases such as long-COVID-19 and ME/CSF, which were excluded from this study. It is conceivable that the discriminative power of PACVS diagnostic can be improved by adding further independent blood markers identified in this study, most notably antibodies against MASR and IL-1-Rb.

5. Conclusions

The fraction of vaccinated persons suffering from PACVS is unknown. Current estimates assume an incidence of 0.02% amounting to 40,000 affected persons in Germany alone. These patients are currently not treated appropriately for several reasons: (i) The number of unreported cases is high, because diagnostic criteria are not established. It is not even generally accepted that the syndrome exists. (ii) The number of false-positive cases is high, because PACVS is similar to various diseases and syndromes unrelated to vaccination. Moreover, sequelae of undetected SARS-CoV-2 infections could be erroneously blamed on SARS-CoV-2 vaccination. Due to these factors, PACVS is currently not/rarely diagnosed in terms of a somatic disease. Instead, PACVS cases tend to be classified as psychosomatic or discarded as irrelevant or imaginary.

Our study may help to improve this unsatisfactory situation in two ways: We provide evidence of PACVS as a somatic disease by linking a clinical phenotype with specific pathognomonic alterations of serological markers. Thereby we suggest diagnostic criteria for an objective discrimination of PACVS from the healthy post-vaccination condition. These criteria may not be sufficiently specific for separating PACVS from all confounding diseases, or for the diagnosis of PACVS in clinical health care. However, the proposed laboratory diagnostic can act as a stringent rule-out criterion allowing future PACVS-studies to focus on the probable cases.

Great care was taken to exclude possible confounders from this study (Figure S3). However, inclusion as defined by the symptoms listed in Table S2 was less focused. As a consequence, the PACVS phenotype emerging from the present study is heterogeneous and probably encompasses more than one clinical entity. We believe that one objective of future studies should be to draw a clearer and more differentiated clinical picture of PACVS and to use the suggested biomarker signature for patient stratification in a prospective study setting.

Supplementary Materials: The following supporting information can be downloaded at: www.mdpi.com/xxx/s1; Figure S1: Co-variance of Receptor Antibodies in Serum of healthy Volunteers (n = 89); Figure S2: ROC curves of Receptor Antibodies discriminating PACVS Subjects from post-Vaccination Controls; Figure S3: Flow charts of inclusion of study participants and controls; Table S1: Vaccination History of Participants; Table S2: Meta Data and in-/exclusion criteria of controls and PACVS subjects.

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Data Availability Statement: The data presented in this study are available on request from the corresponding author. The data are not publicly available due to privacy concerns of the study participants.

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Abbreviations

α 1-adr-R-AB: Alpha-1 adrenergic receptor antibody
 α 2a-adr-R-AB: Alpha-2A adrenergic receptor antibody
 α 2b-adr-R-AB: Alpha-2B adrenergic receptor antibody
 α 2c-adr-R-AB: Alpha-2C adrenergic receptor antibody
ACE-II-AB: Angiotensin-converting enzyme 2 antibody
AT1R-AB: Angiotensin II type 1 receptor antibody
 β 1-adr-R-AB: Beta-1 adrenergic receptor antibody
 β 2-adr-R-AB: Beta-2 adrenergic receptor antibody
CRP: C-reactive protein
ETAR-AB: Endothelin-1 type A receptor antibody
IL-1-Rb-AB: Interleukin-1 receptor type 2 antibody
IL-6/-8: Interleukin 6/8
M1R-AB: muscarinic acetylcholine receptor M1
M2R-AB: muscarinic acetylcholine receptor M2
M3R-AB: muscarinic acetylcholine receptor M3
M4R-AB: muscarinic acetylcholine receptor M4
M5R-AB: muscarinic acetylcholine receptor M5
MASR-AB: MAS 1 receptor antibody
MCAS: Mastcell activation syndrome
ME/CFS: *Myalgic encephalomyelitis/chronic fatigue syndrome*
NAB: panIg-reactivity against SARS-CoV-1 nucleocapsid protein
pBNP: pro-brain natriuretic peptide
PEM: Post exertional malaise
POTS: Postural tachycardia syndrome
PACVS: Post-acute COVID-19 vaccination syndrome
ROC: Receiver-operator characteristics
SAB: panIg-reactivity against SARS-CoV-1 spike S1 protein
SFN: Small fiber neuropathy

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