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## Article

# Bistability and Thermal Studies in High Index Doped Silica Integrated Ring Resonators

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**Abstract:** The utilization and engineering of thermo-optic effects have found broad applications in integrated photonic devices, facilitating efficient light manipulation to achieve various functionalities. Here, we perform both an experimental characterization and theoretical analysis of these effects in integrated micro-ring resonators in high index doped silica (HIDS), which has had many applications in integrated photonics and nonlinear optics. By fitting the experimental results with theory, we obtain fundamental parameters that characterize their thermo-optic performance, including the thermo-optic coefficient, the efficiency for the optically induced thermo-optic process, and the thermal conductivity. The characteristics of these parameters are compared to those of other materials commonly used for integrated photonic platforms, such as silicon, silicon nitride, and silica. These results offer a comprehensive insight into the thermo-optic properties of HIDS based devices. Understanding these properties is essential for efficiently controlling and engineering them in many practical applications.

**Keywords:** Integrated optics; thermo-optic effects; microring resonator; optical bistability

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## I. INTRODUCTION

Heat management and control of optical devices is of fundamental importance for their practical applications [1, 2]. For integrated photonic devices with a compact footprint and tight mode confinement, and particularly for materials that do not exhibit second-order optical nonlinearities such as the Pockels effect [3], the importance of precisely engineering their thermo-optic effects is even more pronounced [4, 5]. Over the past decade, with the rapid advancement of integrated photonics, extensive research has been dedicated to investigating and harnessing thermo-optic effects to manipulate light in integrated photonic devices, particularly those based on centrosymmetric materials [4, 6]. This has enabled the realization of a variety of functionalities such as mode-locking [7, 8], optical switches [9, 10], logic gates [11], power limiters [11, 12], and optical memories [11, 13, 14].

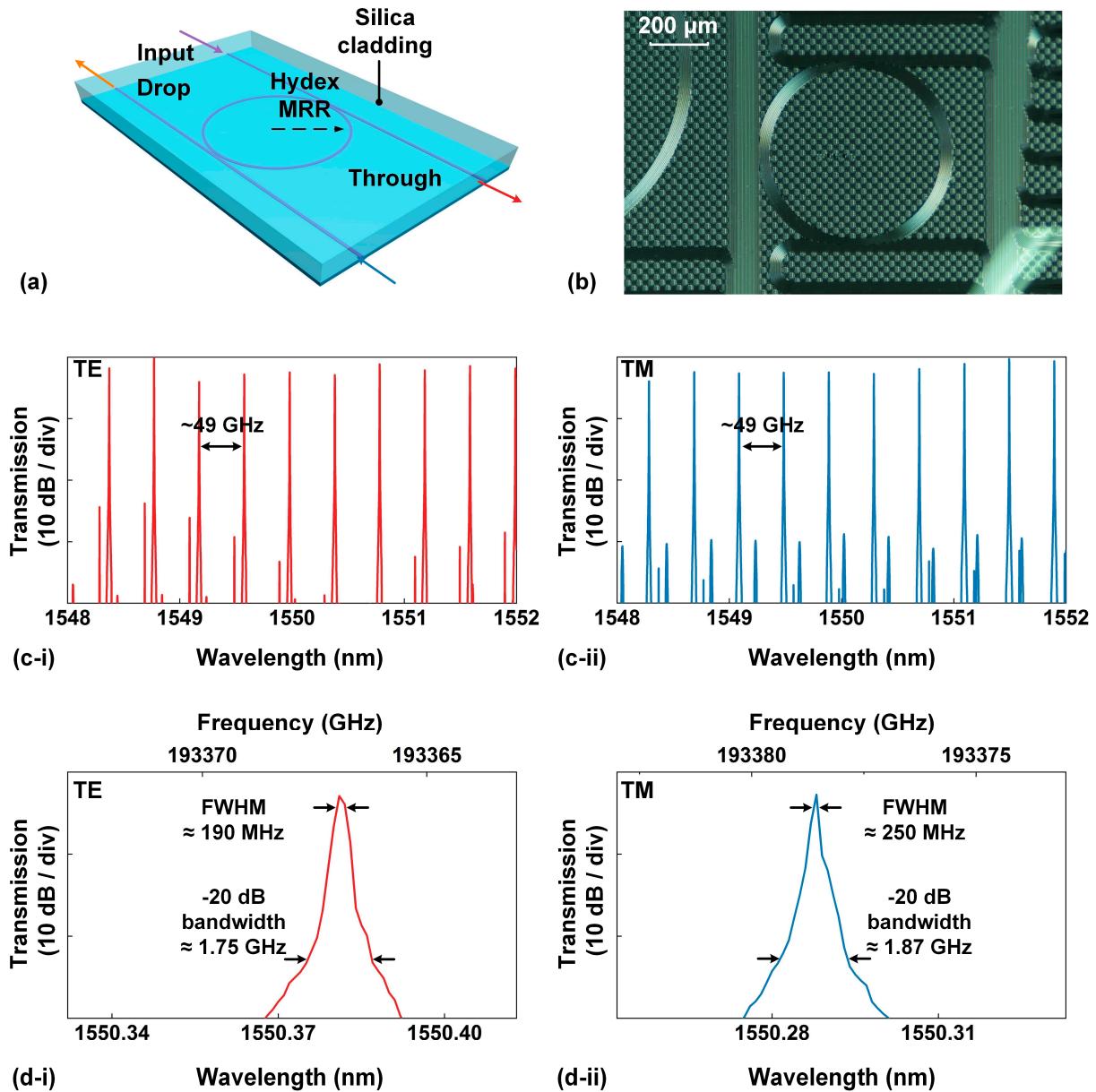
As an important complementary metal–oxide–semiconductor (CMOS)-compatible integrated platform, high index doped silica (HIDS) has been extensively utilized for diverse linear and nonlinear integrated photonic devices for a range of applications [15–22]. HIDS possesses a host of attractive optical properties, such as low linear optical absorption over a broad band, a reasonably strong Kerr nonlinearity (about 5 times that of silica), and negligible nonlinear optical absorption [23–26]. The combination of these properties and its strong compatibility with the globally established CMOS infrastructure, contributes to the exceptional performance and versatility of HIDS devices in various applications within the field of integrated photonics.

Despite its proven success for many optical applications, investigation of the thermo-optic effects in HIDS devices has not been as extensive as in other integrated photonic devices made from other centrosymmetric materials such as silicon and silicon nitride [14, 27, 28]. There remains a need for exploration and an understanding of the thermo-optic properties of HIDS devices to fully leverage their potential in integrated photonics. In this paper, we address this issue by providing a comprehensive experimental characterization and theoretical analysis of these effects in HIDS integrated devices. By fitting experimental results with theory, we obtain fundamental parameters that characterize the thermo-optic properties of HIDS devices, including the thermo-optic coefficient,

the efficiency for the optically induced thermo-optic process, and the thermal conductivity. We also provide a comparison of these parameters with those of other materials used for CMOS-compatible integrated photonic platforms, such as silicon, silicon nitride, and silica. These findings provide a comprehensive understanding of the thermo-optic properties of HIDS devices, important for effectively controlling and engineering these devices in many applications.

## II. DEVICE FABRICATION AND CHARACTERISATION

**Figure 1(a)** shows a schematic of an add-drop MRR made from HIDS. A microscope image of the fabricated device is shown in **Figure 1(b)**. The MRR was fabricated via CMOS-compatible processes [15, 18]. First, the HIDS film with a refractive index of  $\sim 1.66$  was deposited using plasma enhanced chemical vapor deposition (PECVD). Next, waveguides with exceptionally low sidewall roughness were formed by employing deep ultraviolet photolithography techniques and reactive ion etching. Finally, a silica layer with a refractive index of  $\sim 1.45$  was deposited via PECVD as the upper cladding. The waveguide cross section of both the MRR and the two coupling bus waveguides was  $\sim 3 \mu\text{m} \times \sim 2 \mu\text{m}$ . The MRR had a radius of  $\sim 592.1 \mu\text{m}$ , which corresponded to a free spectral range (FSR) of  $\sim 0.4 \text{ nm}$  (*i.e.*,  $\sim 49 \text{ GHz}$ ). Note that although there were a number of concentric rings in **Figure 1(b)**, only the central ring was coupled with the through / drop bus waveguides to form an MRR with a radius of  $\sim 592.1 \mu\text{m}$  – the rest were simply used to enable easy identification by eye. A similar MRR layout was used in our previous work on HIDS devices [25, 26]. The input and output ports of the MRR were connected to specially designed mode converters that were packaged with fiber pigtailed. The fiber-to-chip coupling loss was  $\sim 1.5 \text{ dB} / \text{facet}$ , with this low value enabled through the use of on-chip mode converters to the pigtailed fibers.



**Figure 1.** (a) – (b) Schematic and microscope image of an add-drop microring resonator (MRR) made from high index doped silica (HIDS), respectively. (c) Measured transmission spectra of the HIDS MRR for (i) TE and (ii) TM polarizations. (d) Zoom-in views of single (i) TE- and (ii) TM- polarized resonances at  $\sim 1550.381$  nm and  $\sim 1550.288$  nm, respectively.

**Figure 1(c)** shows the measured transmission spectra of a fabricated HIDS MRR for both transverse magnetic (TE) and transverse electric (TM) polarizations. The wavelength of a tunable continuous-wave (CW) laser was scanned at a constant input power of  $\sim 0$  dBm to measure the transmission spectra, and a polarization controller (PC) was employed to adjust the input polarization. The input power here and in our following analysis refers to the power coupled into the device (*i.e.*, the on-chip power), with the fiber-to-chip coupling loss being subtracted from the laser's output power. The free spectral range (FSR) of the TE- and TM- polarized transmission spectra was  $\sim 0.4$  nm, which corresponded to  $\sim 49$  GHz. By tuning the PC, the maximum polarization extinction ratios for the TE- and TM- polarized resonances were  $> 30$  dB.

**Figure 1(d)** shows zoom-in views of single TE- and TM- polarized resonances at  $\sim 1550.381$  nm and  $\sim 1550.288$  nm. There was no significant asymmetry in the measured resonance spectral lineshape, indicating that the thermal effect at the input power of  $\sim 0$  dBm was negligible. The full widths at half maximum (FWHMs) of the TE- and TM-polarized resonances were  $\sim 0.0015$  nm ( $\sim 190$  MHz) and

$\sim 0.0020$  nm ( $\sim 250$  MHz), respectively, which corresponded to Q factors of  $\sim 1.0 \times 10^6$  and  $\sim 7.8 \times 10^5$ , respectively. In addition, the -20-dB bandwidths of the TE- and TM- polarized resonances were  $\sim 1.75$  GHz and  $\sim 1.87$  GHz, respectively. By using the scattering matrix method [30, 31] to fit the measured spectra in **Figure 1(d)**, we obtained the device parameters for the HIDS MRR that will be used for analysis in the subsequent sections. These parameters, together with the specific material and waveguide parameters, are summarized in **Table I**.

**Table I.** DEVICE PARAMETERS OF THE HIDS MRR.

	Parameter	Symbol	Value	Source
Material parameters	Refractive index	$n$	silica: 1.45 HIDS: 1.66	[18, 29]
	Electrical conductivity (S / m)	$\sigma$ <sup>a)</sup>	$1.0 \times 10^{-10}$	[15]
Waveguide parameters	Width (μm)	$W$	$\sim 3$	Device structural parameter
	Height (μm)	$H$	$\sim 2$	Device structural parameter
MRR parameters	Ring radius (μm)	$R$	$\sim 592.1$	Device structural parameter
	Field transmission coefficients	$t_{1,2}$ <sup>b)</sup>	TE: 0.9985 TM: 0.9980	Fit results from Figure 1(d)
	Round-trip amplitude transmission	$a$	TE: 0.9970 TM: 0.9976	Fit results from Figure 1(d)
	Intensity build-up factor	$BUF$	TE: $\sim 11.2$ TM: $\sim 11.4$	Calculated based on the fitted $t_{1,2}$ and $a$

a)  $\sigma$  is the electrical conductivity of silica and HIDS. Here we neglect the difference between the electrical conductivities of silica and HIDS since both of them are dielectrics with extremely low electrical conductivities.

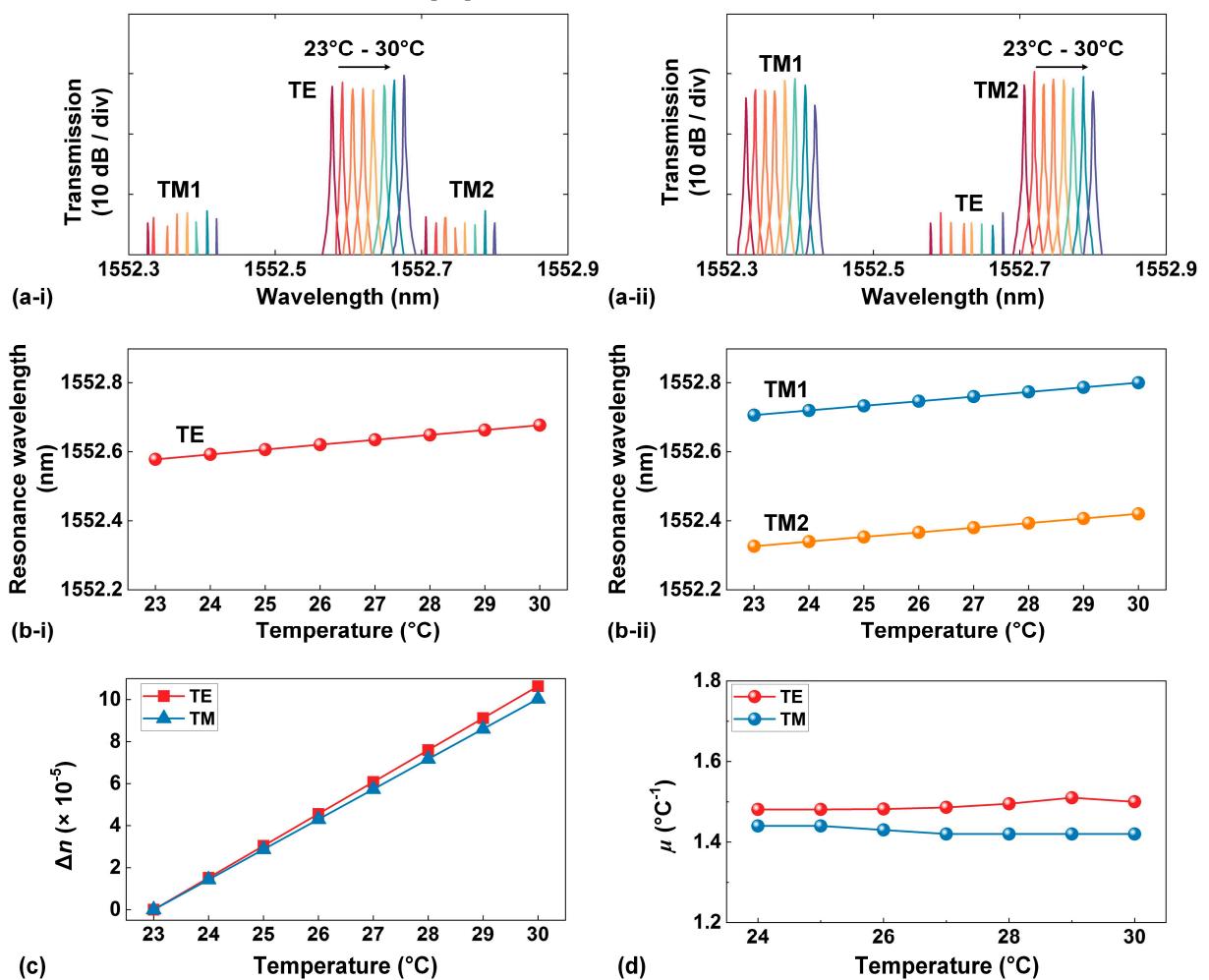
b) The field transmission coefficients of the two couplers formed by the MRR and the two bus waveguides are assumed to be equal, *i.e.*,  $t_1 = t_2$ .

### III. THERMO-OPTIC COEFFICIENT

The thermo-optic coefficient of a material is a fundamental parameter that indicates how its refractive index changes with environmental temperature, which plays an important role in the design and engineering of relevant devices [32]. In this section, we characterize the thermo-optic coefficient of HIDS by measuring the transmission spectra of the HIDS MRR with varying chip temperature.

When there are changes in environmental temperature, the thermo-optic effect causes changes in the effective refractive index of the HIDS waveguides. Consequently, this leads to a shift in the resonance wavelengths of the HIDS MRR. **Figure 2(a)** shows the TE- and TM- polarized transmission spectra of the HIDS MRR when the chip temperature changed from 23 °C to 30 °C, respectively. We

measured the shifts of three resonances, including a TE-polarized resonance and two TM-polarized resonances (TM1 and TM2). Specially, the TE-polarized resonance was located between the two TM-polarized resonances. To adjust the temperature of the integrated chip mounted on a stage, a temperature controller was employed. The input power of the scanned CW laser was maintained as  $\sim 0$  dBm (*i.e.*, the same as that in **Figure 1**) in order to mitigate noticeable thermal effects. It is important to highlight that despite the changes in environmental temperature, no significant asymmetry was observed in the measured resonance spectral lineshape. This observation indicates that changes in environmental temperature induced by the temperature controller have a minimal impact on the asymmetry of the resonance spectral lineshape and does not induce significant optical bistability that will be discussed in the next section [33].



**Figure 2.** (a) Measured (i) TE- and (ii) TM- polarized transmission spectra of the HIDS MRR when the chip temperature changes from 23 °C to 30 °C, respectively. The results presented depict a resonance with TE polarization positioned between two resonances with TM polarization (TM1 and TM2). (b) Resonance wavelength shifts versus chip temperature for (i)TE and (ii) TM polarizations extracted from (a). (c) Changes in waveguide effective refractive indices versus chip temperature extracted from (b). (d) Thermo-optic coefficient  $\mu$  versus chip temperature extracted from (c).

**Figure 2(b)** shows the resonance wavelength shifts versus the chip temperature, which were extracted from the results in **Figure 2(a)**. The TE-polarized resonance redshifted at a rate of  $\sim 14.2$  pm / °C, whereas the two TM-polarized resonances exhibited a redshift rate of  $\sim 13.4$  pm / °C. **Figure 2(c)** depicts the changes in the waveguide effective refractive indices versus the chip temperature. These results were calculated using the measured results in **Figure 2(b)**, along with the relationship between the resonance wavelengths and the waveguide effective refractive index given by [34, 35]:

$$n_{eff} \cdot 2\pi / \lambda_m \cdot L = m \cdot 2\pi, \quad (1)$$

where  $n_{\text{eff}}$  is the effective refractive index of the HIDS waveguide,  $L$  is the circumference of the HIDS MRR, and  $m$  represents the  $m$ th resonance, with  $\lambda_m$  denoting the corresponding resonance wavelength.

In **Figure 2(c)**, the TE mode displays a change in the effective refractive index at a rate of  $\sim 1.52 \times 10^{-5} / ^\circ\text{C}$ , while the TM mode changes at a rate of  $\sim 1.43 \times 10^{-5} / ^\circ\text{C}$ . The difference in these rates can be attributed to the asymmetric cross section of the HIDS waveguide. Based on these results, we further extract the thermo-optic coefficient of the HIDS material at various chip temperatures by using Lumerical FDTD commercial mode solving software. The results are presented in **Figure 2(d)**. In our simulation, the thermo-optic coefficient of silica is assumed to be  $\sim 1.09 \times 10^{-5} / ^\circ\text{C}$  [36]. The thermo-optic coefficients of HIDS in **Figure 2(d)** do not show significant temperature dependence. We also note that the average values of the thermo-optic coefficients of HIDS derived from the TE and TM modes exhibit remarkable similarity, at  $\sim 1.49 \times 10^{-5} / ^\circ\text{C}$  and  $\sim 1.44 \times 10^{-5} / ^\circ\text{C}$ , respectively. This close resemblance between the coefficients reflects that the HIDS does not exhibit significant anisotropy in terms of its thermo-optic coefficient.

#### IV. OPTICALLY INDUCED THERMO-OPTIC RESPONSE

When a material is illuminated with intense light, optical absorption leads to heat generation that raises the local temperature. This in turn modifies the material's refractive index, thereby influencing the propagation of light through the material. In this optically induced thermo-optic process, the change in the material's refractive index  $n$  due to the temperature variation induced by the optical field can be modeled as [27, 37]:

$$n = n_0 + \bar{n}_2 \cdot I, \quad (2)$$

where  $n_0$  is the material's refractive index when not exposed to light, and  $\bar{n}_2 \cdot I$  is the refractive index change due to the optically induced temperature change, with  $I$  denoting the light intensity and  $\bar{n}_2$  denoting the coefficient that characterizes the efficiency for this process. In this section, we characterize the  $\bar{n}_2$  of HIDS by measuring the transmission spectra of the HIDS MRR at various input powers. It is worth noting that **Eq. (2)** is the same as that used for modeling the nonlinear Kerr optical effect [38, 39]. We also note that  $\bar{n}_2$  is an effective response, in that it is device geometry dependent, including the MRR Q-factor, coupling coefficient etc..

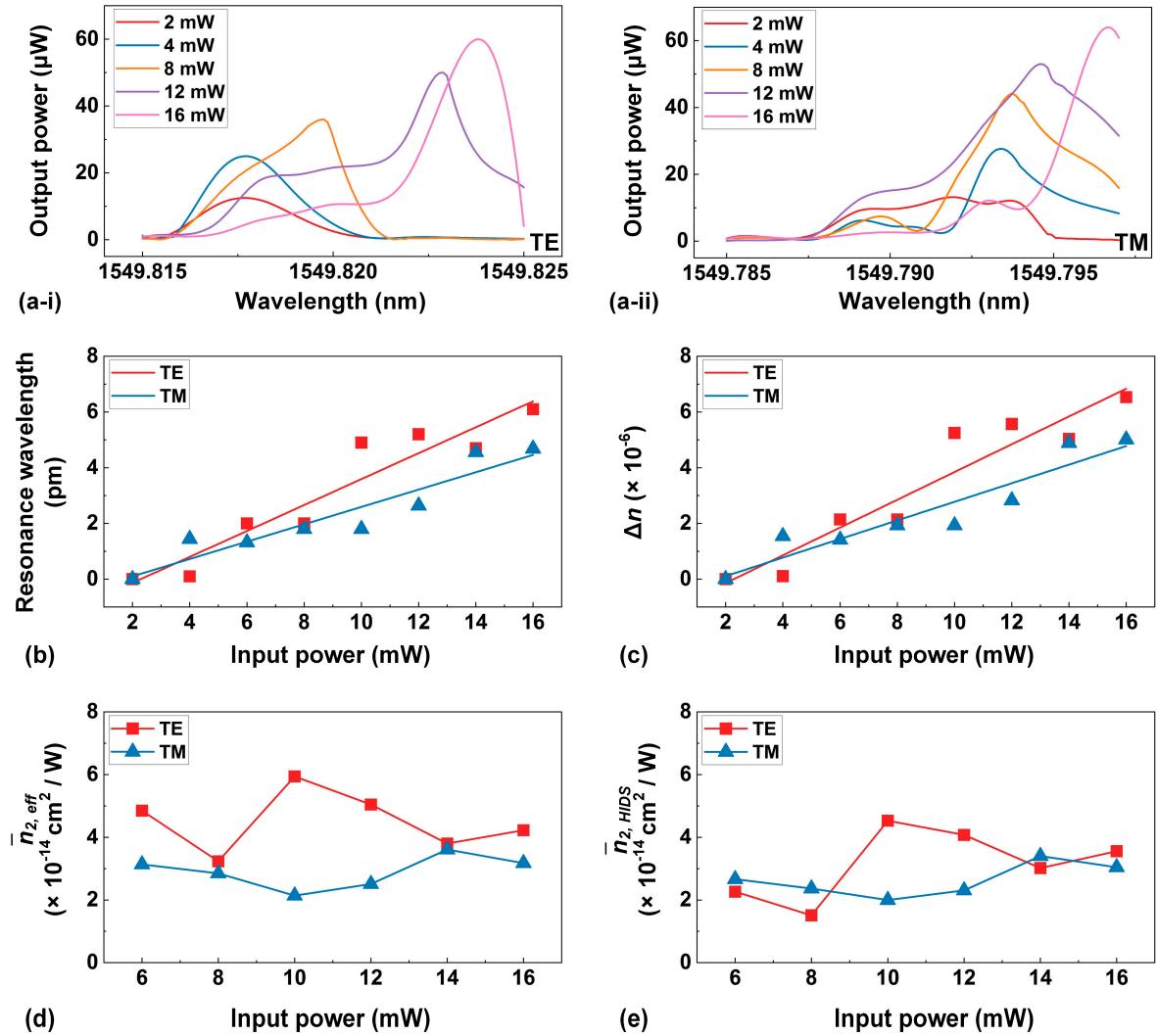
For the optically induced refractive index change, in addition to the optically induced thermo-optic effect, there will also be a presence of the Kerr optical effect. Despite having the same mathematical modeling as shown in **Eq. (2)**, these two effects are associated with different physical processes that exhibit distinct characteristics. For example, compared to the Kerr optical effect that has an ultrafast time response on the order of  $10^{-15}$  s [40, 41], the time response for the optically induced thermo-optic effect is much slower, typically on the order of  $10^{-6}$ – $10^{-3}$  s [31, 42].

When the wavelength of incident light is on resonance with the MRR, the incident light power converts into heat more efficiently, being enhanced significantly by the ring resonance, leading to an efficient change in the effective refractive index of the HIDS waveguides caused by the thermo-optic effect. This refractive index change also results in a shift in the resonance wavelengths of the HIDS MRR. **Figs. 3(a-i)** and **(a-ii)** show measured transmission spectra of the HIDS MRR at different input powers for TE and TM polarizations, respectively. As the input power increased, a redshift in the resonance wavelengths was observed, accompanied by increasingly asymmetric resonance spectra. The spectra also exhibit a steepened transition edge, indicating the presence of the optical bistability [43, 44].

Depending on the dominating nonlinear mechanism, the resonance wavelengths can experience either a blue or red shift. In previous work on bistability in silicon MRRs at room temperature, it was observed that the resonance wavelengths initially exhibited a blueshift and subsequently transitioned to a redshift as the input power increased [45]. This is because the free-carrier dispersion (FCD) that results in a decreased refractive index of silicon dominates at low powers, whereas the thermo-optic effect that leads to an increased refractive index dominates at high powers [45]. Here, we only observed a redshift in the resonance wavelengths, mainly due to the dominating thermo-optic effect

and negligible FCD for the HIDS MRR [26, 29] and the fact that the magnitude of the all-optical Kerr component of the index change tends to be much smaller for typical CW powers.

**Figure 3(b)** shows the shifts of the resonance wavelength versus the input power. For both the TE- and TM- polarizations, the positive  $\Delta\lambda$  (which indicates a redshift) exhibits a nearly linear relationship with the input power. By linearly fitting the measured results, we obtained the rates for the resonance wavelength shift, which were  $\sim 0.4655 \text{ pm} / \text{mW}$  and  $\sim 0.3144 \text{ pm} / \text{mW}$  for the TE and TM polarizations, respectively.



**Figure 3.** (a) Measured transmission spectra of the HIDS MRR at varying input powers for (i) TE and (ii) TM modes. (b) Measured (data points) and fitted (solid curves) resonance wavelength shifts versus input power. (c) Waveguide effective refractive index changes versus input power extracted from (b). (d)  $\bar{n}_{2, \text{eff}}$  versus input power extracted from (c). (e)  $\bar{n}_{2, \text{HIDS}}$  versus input power extracted from (d).

**Figure 3(c)** shows the changes in the waveguide effective refractive indices versus the input power for both TE and TM polarizations. These results were calculated based on Eq. (1), using the measured results in **Figure 3(b)**. As the input power increased from  $\sim 2 \text{ mW}$  to  $\sim 16 \text{ mW}$ , the effective refractive indices of TE and TM modes displayed changes of  $\sim 6.533 \times 10^{-6}$  and  $\sim 5.012 \times 10^{-6}$ , respectively. These changes correspond to average rates of  $\sim 4.985 \times 10^{-7} / \text{mW}$  and  $\sim 3.335 \times 10^{-7} / \text{mW}$ , respectively.

**Figure 3(d)** shows the waveguide effective  $\bar{n}_2$ , denoted as  $n_{2, \text{eff}}$ , versus the input power for both TE and TM polarizations, which were extracted from the results in **Figure 3(c)**. The  $\bar{n}_{2, \text{eff}}$  was calculated by [27]

$$\bar{n}_{2, \text{eff}} = \Delta n / I, \quad (3)$$

where  $\Delta n$  is the refractive index change, and  $I$  is the light intensity in the MRR given by [27]

$$I = \frac{P_{in} \cdot BUF}{A_{eff}}. \quad (4)$$

In Eq. (4),  $P_{in}$  is the input power,  $A_{eff}$  is the effective mode area [26, 46], and  $BUF$  is the intensity build-up factor of the MRR that can be expressed [47, 48]

$$BUF = \frac{(1 - t_1^2)t_2^2a^2}{1 - 2t_1t_2a + (t_1t_2a)^2}, \quad (5)$$

where  $t_{1,2}$  and  $a$  are the fit MRR parameters in Table 1.

In Figure 3(d), the average values of the extracted  $\bar{n}_{2, eff}$  for the TE and TM polarizations are  $\sim 4.514 \times 10^{-14} \text{ cm}^2 / \text{W}$  and  $\sim 2.903 \times 10^{-14} \text{ cm}^2 / \text{W}$ , respectively. The difference in these responses can be attributed to the asymmetric cross section of the HIDS waveguide that results in different optical field distributions for the two modes. Based on the results in Figure 3(d), we further extract the  $\bar{n}_2$  for the HIDS material, denoted as  $\bar{n}_{2, HIDS}$ , according to [26, 49]:

$$\bar{n}_{2, eff} = \frac{\iint_D n_0^2(x, y)\bar{n}_2(x, y)S_z^2 dx dy}{\iint_D n_0^2(x, y)S_z^2 dx dy} \quad (6)$$

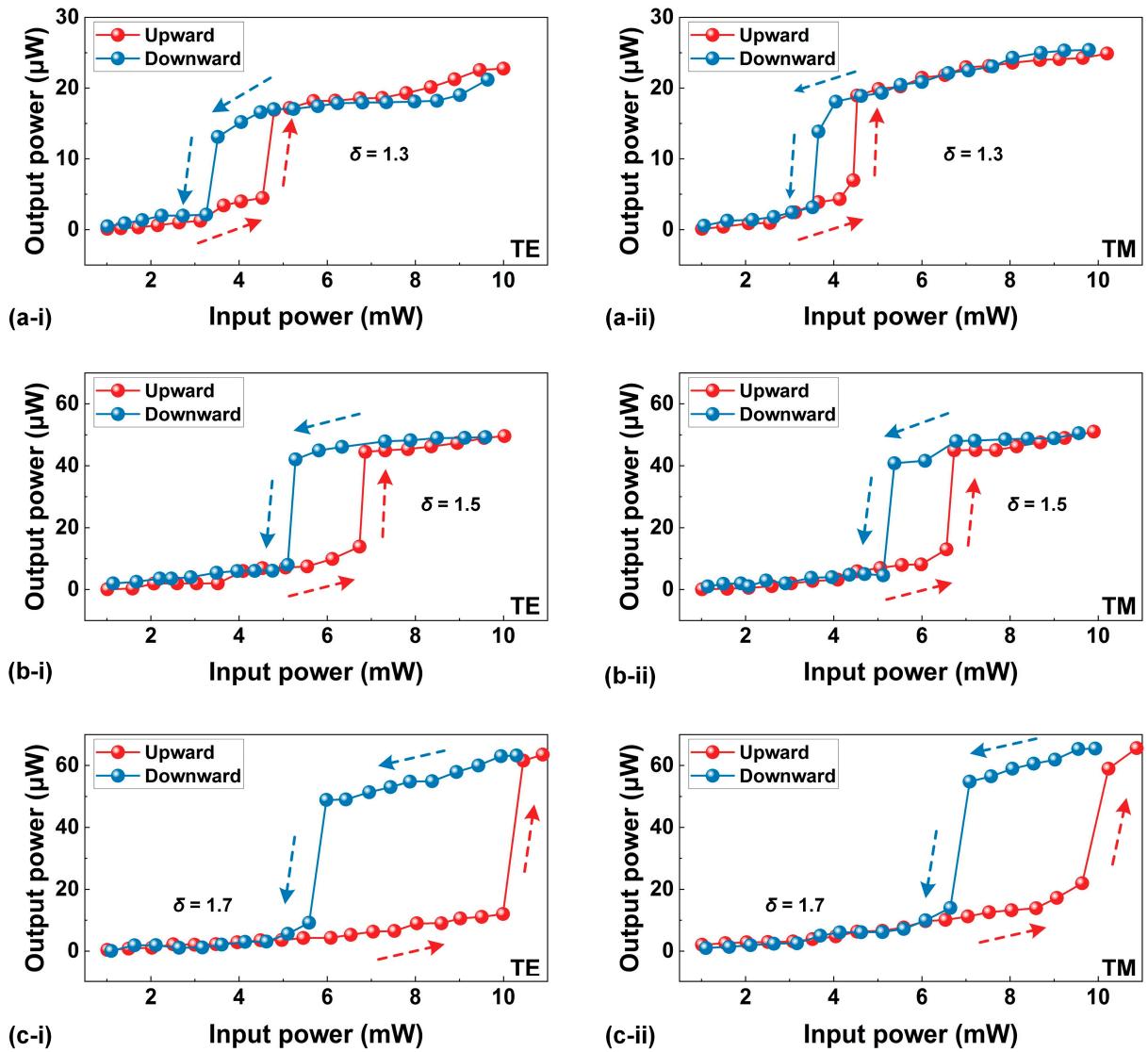
where  $D$  is the integral of the optical fields over the material regions,  $S_z$  is the time-averaged Poynting vector calculated using Lumerical FDTD commercial mode solving software,  $n_0(x, y)$  and  $\bar{n}_2(x, y)$  are the linear refractive index and  $\bar{n}_2$  profiles over the waveguide cross section, respectively. The value of  $\bar{n}_2$  for silica used in our calculation was  $\sim 1.8 \times 10^{-14} \text{ cm}^2 / \text{W}$  [36, 50]. Figure 3(e) shows the extracted  $n_{2, HIDS}$  versus the input power. The average values of  $\bar{n}_{2, HIDS}$  derived from the TE and TM modes are  $\sim 3.1 \times 10^{-14} \text{ cm}^2 / \text{W}$  and  $\sim 2.7 \times 10^{-14} \text{ cm}^2 / \text{W}$ , respectively. The close resemblance between them reflects that the HIDS does not exhibit significant anisotropy in terms of its  $\bar{n}_2$ . The results in Figure 3(e) also confirm that the predominant cause of the observed nonlinearity is thermal in nature. This is also supported by the fact that the Kerr nonlinear coefficient of HIDS ( $\sim 1.3 \times 10^{-15} \text{ cm}^2 / \text{W}$  [18, 51]) was over one order of magnitude lower. Although there are minor fluctuations in  $\bar{n}_{2, HIDS}$  across various input powers in Figure 3(d), these variations are not significant. Considering the limited input power range (i.e.,  $\sim 2 \text{ mW}$  to  $\sim 16 \text{ mW}$ ), it can be inferred that the  $\bar{n}_{2, HIDS}$  values will exhibit a relatively stable behavior [15, 18]. Hence, the slight power-dependent variations in  $\bar{n}_{2, HIDS}$  are likely attributable to measurement errors.

## V. OPTICAL BISTABILITY

Due to a steepened asymmetric transitional edge, optical bistability arising from nonlinear thermo-optic effects has been used for controlling light with light and achieving optical switches [9, 10]. Figure 4 shows the measured output power as a function of the input power when it was progressively increased from  $\sim 1 \text{ mW}$  to  $\sim 8 \text{ mW}$ . For comparison, we also plot the downward output power as the input power was subsequently reduced back to  $\sim 1 \text{ mW}$ . In Figs. 4(a) – (c), we show the results for three initial wavelength detunings of  $\delta = \sim 1.3, \sim 1.5$ , and  $\sim 1.7$ , respectively. The  $\delta$  is defined as:

$$\delta = (\lambda_{laser} - \lambda_{res}) / \Delta\lambda, \quad (7)$$

where  $\lambda_{laser}$  is the wavelength of the input CW light,  $\lambda_{res}$  is the resonance wavelength of the MRR measured at a low input CW power of  $\sim 0 \text{ dBm}$  (i.e., the same as that in Figure 1 and does not induce significant asymmetry in the measured resonance spectral lineshape), and  $\Delta\lambda$  is the 3-dB bandwidth of the resonance. In our measurements, we chose a TE-polarized resonance centered at  $\lambda_{res} = \sim 1550.3758 \text{ nm}$  and a TM-polarized resonance centered at  $\lambda_{res} = \sim 1550.2826 \text{ nm}$ . During the measurements, the maximum polarization extinction ratios were kept  $> 30 \text{ dB}$ .

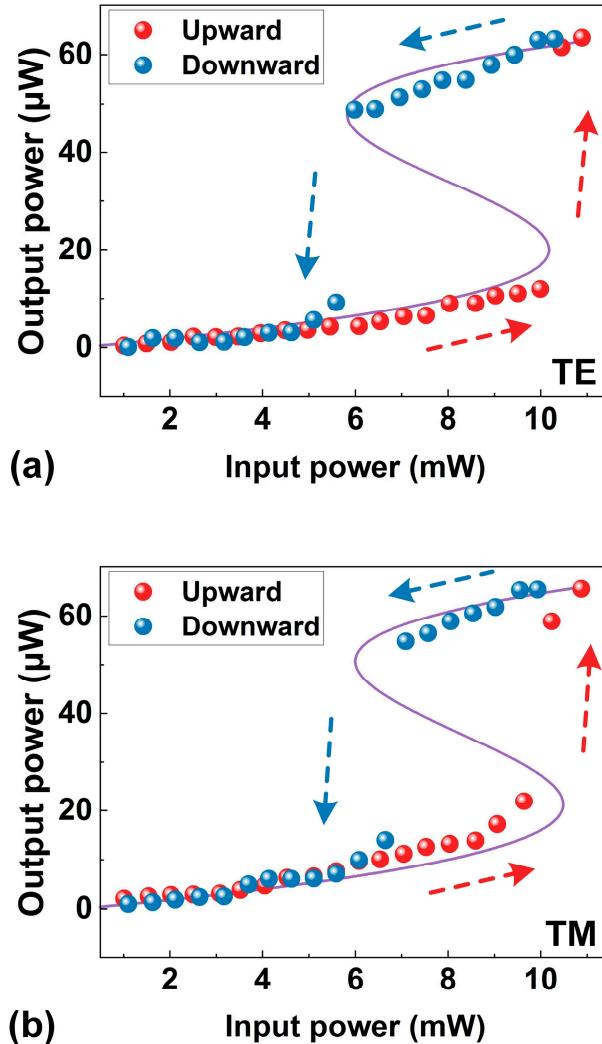


**Figure 4.** Measured output power versus input power with initial wavelength detunings of (a)  $\delta = 1.3$ , (b)  $\delta = 1.5$ , and (c)  $\delta = 1.7$ . In (a) – (c), (i) and (ii) show the results for TE- and TM- polarized resonances centered at  $\sim 1550.3758$  nm and  $\sim 1550.2826$  nm, respectively. Point-by-point measurements were taken at an average rate of  $\sim 1$  Hz.

In **Figs. 4(a) – (c)**, redshifts of the resonance wavelengths can be observed for both TE and TM polarizations. During the upward sweeping, the output power first exhibited a steady and continuous increase, followed by a sudden jump towards higher output power. Conversely, during the downward sweeping with decreasing input power, there was a sudden jump toward lower output power after a gradual decrease in the output power. Clearly, the presence of a hysteresis loop resulting from the upward and downward wavelength sweeping provides evidence for the existence of optical bistability in the HIDS MRR [52]. As  $\delta$  was increased from  $\sim 1.3$  to  $\sim 1.7$ , the input power threshold for optical bistability increased, and the hysteresis loop became more open. These phenomena are similar to those observed in Refs. [53, 54]. We also note that the TE-polarized resonance exhibits a more open hysteresis loop compared with the TM-polarized resonance at the same  $\delta$ . This observation shows agreement with the relatively large redshift of the resonance wavelength for the TE polarization in **Figure 3(b)**.

**Figure 5** shows the measured and theoretical output powers versus the input power for both TE and TM polarizations. The theoretical curves were calculated based on the theory in Refs. [33, 52, 55], using both the device parameters in **Table I** and the fit  $\bar{n}_{2, \text{HIDS}}$  in **Figure 3(e)**. In principle, bistable behavior occurs in the resonator response because, under specific conditions, the output power yields

multiple distinct solutions for a given input power. Consequently, the resonator can switch between these solutions due to the influence of noise [33, 55]. In **Figure 5**, the measured results show good agreement with the theoretical curves, providing further confirmation of the accuracy of the fit thermo-optic property parameters for the HIDS devices.



**Figure 5.** Measured (data points) and theoretical (solid curves) output power versus input power for (a) TE and (b) TM polarizations. The initial wavelength detuning  $\delta$  is  $\sim 1.7$ .

## VI. THERMAL CONDUCTIVITY

Thermal conductivity, a parameter that defines a material's ability to conduct heat, has been widely used for modeling thermal transport for applications related to thermal management and energy storage [40, 56-60]. In this section, the thermal conductivity of HIDS is characterized by fitting the measured transmission spectra of the HIDS MRR at various input powers with theoretical simulations.

**Figure 6(a-i)** and **(a-ii)** show the simulated TE and TM mode profiles for the HIDS waveguide. The corresponding effective refractive indices were  $n_{\text{eff,TE}} = \sim 1.560$  and  $n_{\text{eff,TM}} = \sim 1.558$  at 1550 nm. To further investigate the heat generated in the HIDS waveguide, we simulated the cross-sectional temperature distribution for both TE and TM polarizations. **Figures 6(b-i)** and **(b-ii)** show the steady-state temperature distributions at an incident power of 16 mW, which were obtained by solving the heat equation [1]:

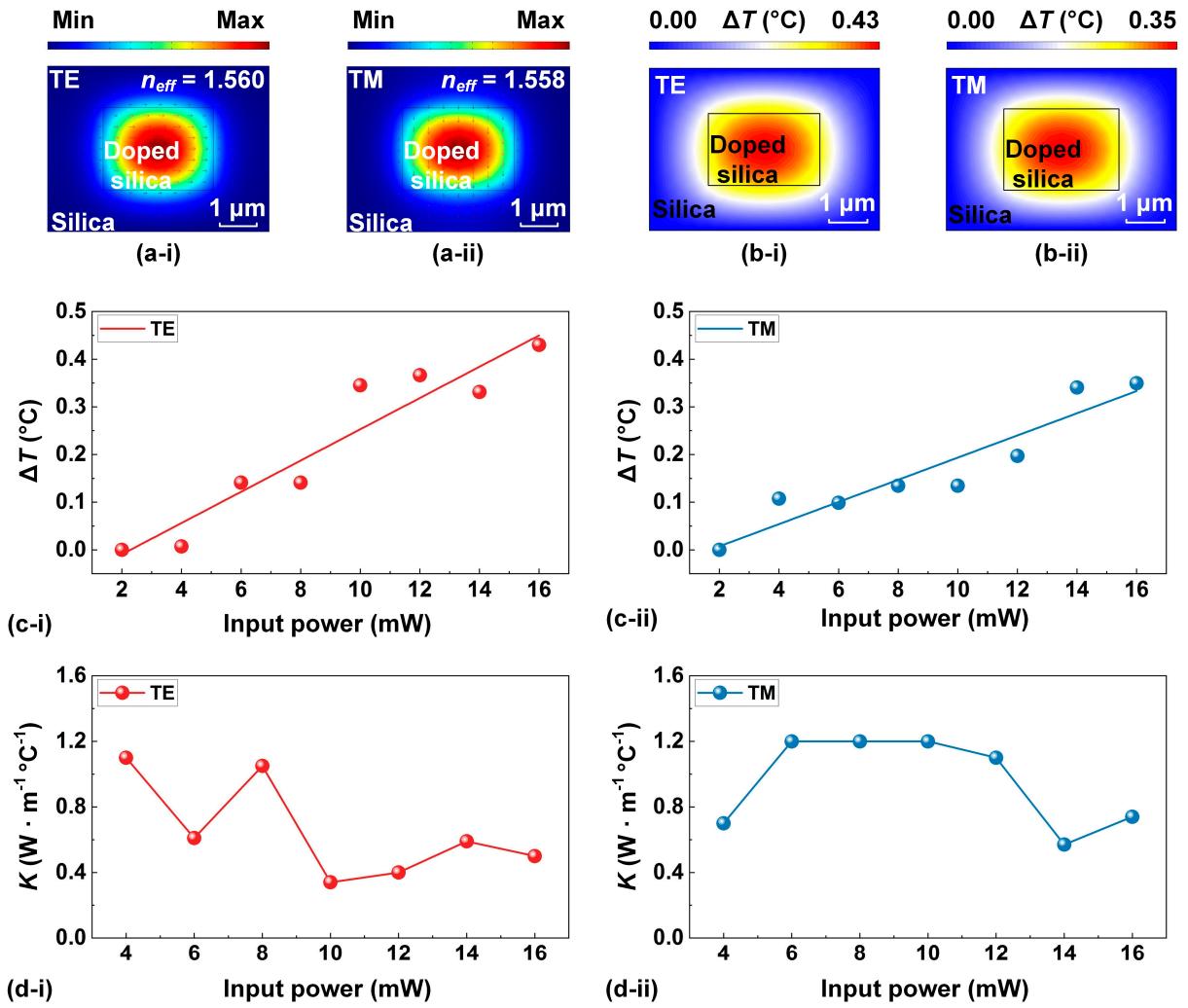
$$-\nabla \cdot (K\nabla T) = q, \quad (8)$$

where  $T$  is the steady-state temperature distribution,  $K$  is the thermal conductivity, and  $q$  is the heat source resulting from the absorption of light. In Eq. (8),  $\nabla T$  denotes the gradient of  $T$ , and  $\nabla$  acting on the vector function  $K\nabla T$  is the corresponding divergence operator. The heat source was calculated based on the TE and TM mode profiles in **Figs. 6(a-i)** and **(a-ii)** using [61]:

$$q = \frac{1}{2}\sigma|E|^2, \quad (9)$$

where  $\sigma$  is the electrical conductivity of the waveguide in **Table I** and  $E$  is the amplitude of the optical field simulated in **Figure 6(a)**. It is worth noting that the build-up factor  $BUF$  in **Eq. (5)** was taken into account when calculating the optical intensity in the MRR. In our simulation, the initial temperature  $T_0$  was set to 23°C, which was the ambient temperature during the experiments.

When there are changes in the input power, the material conducts heat, leading to a rise in temperature and a redshift of the resonance wavelength. According to the results in **Figs. 2(c)** and **3(c)**, we calculated the device temperature variation versus the input power. As shown in **Figure 6(c)**, at an input power of 16mW, the temperature variations for the TE and TM modes are  $\Delta T = \sim 0.4298$  °C and  $\sim 0.3495$  °C, respectively. By fitting these temperature variations with the temperature distributions in **Figure 6(b)**, we obtained the thermal conductivity for the HIDS, as shown in **Figure 6(d)**. For the TE and TM polarizations, the average values for the fitted thermal conductivity were  $\sim 0.66$  W / (m · °C) and  $\sim 0.96$  W / (m · °C). We note that the thermal conductivity of the HIDS is lower than that of silica (*i.e.*,  $\sim 1.4$  W / (m · °C) [61]). This can be attributed to the introduction of the doping material that slows down the lattice vibration coupling and the energy transfer. The specific values depend on the type and concentration of the doping element used, as well as the material's fabrication method and structure. In our fabrication, the HIDS was developed by using the high-index-contrast materials such as  $Ta_2O_5$  and polymeric systems [62, 63]. We note that the thermal conductivity of  $Ta_2O_5$  is much lower than that of silica (*i.e.*,  $\sim 0.026$  W / (m · °C) [64, 65]), which could be a reason for the relatively low thermal conductivity of HIDS. Another possible reason is that the thermal conductivity of silica films grown by PECVD (*i.e.*,  $\sim 1.0$  W / (m · °C) [66]) is slightly lower than the previously mentioned value of silica. Based on **Eq. (8)**, the low thermal conductivity of the HIDS waveguide restricts heat propagation, leading to a higher concentration of thermal energy within the waveguide. Consequently, this amplifies the temperature increase, which, in turn, facilitates the attainment of more pronounced optical bistability.



**Figure 6.** (a) Optical mode profiles of the HIDS waveguide for (i) TE and (ii) TM modes. (b) Temperature distribution profiles of the HIDS waveguide for (i) TE and (ii) TM modes. In (a)–(b), the input CW power is  $\sim 16$  mW and the initial temperature is assumed to be at room temperature of  $23$   $^\circ C$ . (c) Calculated temperature variation versus input power for (i) TE and (ii) TM modes. (d) Thermal conductivity  $K$  versus input power for (i) TE and (ii) TM modes.

## VII. COMPARISON WITH OTHER INTEGRATED PLATFORM MATERIALS

In this section, we present a summary of the thermo-optic property parameters of HIDS devices obtained in **Sections III – V**, together with a comparison of them with those exhibited by other materials used for CMOS-compatible integrated photonic platforms.

As shown in **Table II**, the thermo-optic coefficient of HIDS is higher than that of silica, but lower than those of silicon nitride and silicon. This can be attributed to the moderate refractive index of HIDS among these materials. In terms of the coefficient characterizing the efficiency for the optically induced thermo-optic process, HIDS exhibits a value that is below that of silicon, yet it surpasses those of silica and silicon nitride. This highlights its capability for implementing high-performance nonlinear thermo-optic devices. For the thermal conductivity, HIDS displays the lowest value among these materials. This benefits its applications for thermal mode locking in optical microcomb generation [7, 55]. In the process of optical microcomb generation, the diminished thermal conductivity of HIDS introduces a slow thermal reaction that influences the steady-state dynamics of the intracavity power. This, in turn, leads to a gradual correlation between the cavity detuning and the pump power. Such characteristic decreases the rate of adjustment for power augmentation within the cavity in order to generate optical microcombs. As a result, it becomes feasible to achieve simple generation of stable soliton crystal microcombs through manual tuning of the pump laser [22-24].

These results have direct implications for optical microcombs realized in this platform [72-97] which will impact their classical [98-131] and quantum [132-144] applications as well as integrated novel photonic devices incorporating new 2D materials [145-181].

**Table II.** COMPARISON OF THERMO-OPTIC PROPERTY PARAMETERS OF HIDS AND OTHER INTEGRATED PLATFORM MATERIALS.

Parameter	Thermo-optic coefficient ( $^{\circ}\text{C}^{-1}$ )	Coefficient for optically induced thermo-optic process ( $\text{cm}^2 / \text{W}$ )	Thermal conductivity ( $\text{W} \cdot \text{m}^{-1} \text{ }^{\circ}\text{C}^{-1}$ )	Refs.
silicon	$\sim 1.8 \times 10^{-4}$ ( $\sim 86 \text{ pm} / ^{\circ}\text{C}$ ) <sup>a)</sup>	$\sim 7.8 \times 10^{-11}$	$\sim 149$	[37, 67-69]
silicon nitride	$\sim 2.6 \times 10^{-5}$ ( $\sim 11 \text{ pm} / ^{\circ}\text{C}$ ) <sup>a)</sup>	$\sim 1.5 \times 10^{-15}$	$\sim 29$	[27, 70, 71]
silica	$\sim 1.1 \times 10^{-5}$ ( $\sim 15 \text{ pm} / ^{\circ}\text{C}$ ) <sup>a)</sup>	$\sim 1.8 \times 10^{-14}$	$\sim 1.4$	[36, 37, 50]
HIDS <sup>b)</sup>	$\sim 1.46 \times 10^{-5}$ ( $\sim 13.8 \text{ pm} / ^{\circ}\text{C}$ ) <sup>a)</sup>	$\sim 2.9 \times 10^{-14}$	$\sim 0.8$	This work

a) Here we also show the corresponding results for the wavelength shifts of resonators caused by temperature variation. Note that these results may vary based on the specific device used. b) Here we show the average values of the results for the TE and TM polarizations obtained in Sections III – V.

## VIII. CONCLUSION

In summary, we provide detailed experimental characterization and theoretical analysis of the thermo-optic effects in integrated HIDS devices that have been successfully applied in various linear and nonlinear optical applications. By fitting the experimental results with theory, we obtain fundamental parameters that define the thermo-optic performance of HIDS devices, including the thermo-optic coefficient, the efficiency for the optically induced thermo-optic process, and the thermal conductivity. We also compare these parameters with those of other materials used for CMOS-compatible integrated photonic platforms, such as silicon, silicon nitride, and silica. Our finding provides valuable insights into the thermo-optic properties of HIDS devices, which are crucial for effectively controlling and engineering these devices across diverse applications.

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