Screened for inclusion criteria (n = 55)
DECAS
SCID-5-CV
Excluded (n = 24)
Refused to participate (n = 19)
Severe cognitive impairment (n = 5)
Pre-test (n = 31)
VAS Pain, Fatigue, Anxiety, Depression
AAQ, CFQ, PBAT
Completed the single-session intervention (n = 31)
Post-test at T1 (n = 31)
AAQ, CFQ, PBAT
Post-test at T2 (n = 28)
VAS Pain, Fatigue, Anxiety, Depression