**Supplement 1. Questionnaire information**

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| **Section** | **Synopsis** | **RE-AIM components** | **Question type (n)** |
| Section A | Percentage of Irish primary schools registered as TDM participants. | Reach | N/A\* |
| Section B | Examined perceptions associated with the introduction, delivery and long-term uptake of TDM. | Adoption, implementation and maintenance. | Open-ended (3), multiple choice (9) & 5-point Likert-scale (4) |
| Section C | Participants’ rated their level of agreement with TDM’s potential impact on a list of health-related outcomes (n = 9) and were also encouraged to volunteer any additional benefits not displayed. | Effectiveness | 5-point Likert-scale (1) and open-ended (1) |
| Section D | Participants rated their level of agreement with barriers (n = 9) that may restrict implementation and were also invited to volunteer any additional barriers not displayed. | Implementation and maintenance | 5-point Likert-scale (1) and open-ended (1) |
| Section E | Participants were invited to volunteer any information relating to TDM that they perceived as important. | Reach, effectiveness, adoption, implementation & maintenance | Open-ended (1) |

\*Reach was examined by calculating the number of schools registered as TDM participants (The Daily Mile Foundation, 2022),relative to the number of primary schools in Ireland (School Days, 2022).