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Article

Suitability and Structural Optimization of Vegetation Restoration on the Loess Plateau: A MaxEnt Model-Based Study of Environmental and Anthropogenic Impacts

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Abstract: In recent years, the problem of ecosystem degradation caused by human activities has become increasingly serious. Vegetation restoration is a key means to solve this problem, which has increased. To address the suitability and structural optimization of vegetation restoration in the Loess Plateau, the MaxEnt model was used to quantify the impacts of environmental and human activities on the planting suitability of vegetation restoration species at the raster scale. Three layers of trees, shrubs, and herbs with 12 common vegetation restoration species were selected. The factor index system was constructed by combining climatic, ecological, and socio-economic data, and the MaxEnt model predicted land suitability. It was found that human activities significantly increased the unsuitable planting area. This especially affected *Robinia pseudoacacia* in the tree layer and *Amorpha fruticosa* in the shrub layer. Highly suitable and moderately suitable areas were mainly located in sparsely populated areas with close water sources. Through maximum suitability optimization, it was identified that the overall spatial distribution of the three layers in the study area was relatively consistent, and the structural dominance of trees + shrubs + herbs and single herbs in the vertical structure was obvious, which were concentrated in the southwestern and northeastern parts of the study area, respectively. In addition, organic content (OC) and distance from the road to woodland (RW) were the dominant factors affecting land suitability, with a contribution rate of more than 50% and up to 80%. These results provide a scientific basis for optimizing planting structures. They are of significant theoretical and practical significance in guiding vegetation restoration work.

Keywords: vegetation restoration; structural optimization; MaxEnt; human activities

1. Introduction

In recent years, the intensification of human activities has significantly altered the structure and function of urban ecosystems, leading to significant damage to ecosystem health [1], resulting in fragmented landscapes, reduced biodiversity, and degradation of ecosystem services [2], which have attracted extensive attention from both the scientific community and policymakers. In this context, vegetation restoration, as a key means to alleviate the contradiction between ecological environmental protection and socio-economic development [3], has become increasingly critical in achieving sustainable development.

To address these challenges, ecologists and environmental managers increasingly rely on advanced models and tools to assess and guide vegetation restoration efforts. Species distribution modeling (SDM) is one of these key tools, which predicts the spatial distribution of species on the landscape and their changes over time or space by combining observations of species occurrence or abundance with environmental variables [4]. There are various types of SDM models, including dynamic simulation models [5], such as CLIMEX and BIOCLIM, Generalized Additive Models (GAM) [6], Generalized Linear Model (GLM), and Maximum Entropy (MaxENT) models [7], among others. Each of these models has its own advantages, while the MaxEnt model has been widely recognized and applied due to its fast operation speed, high prediction accuracy, and ability to assess important environmental factors [8] automatically. Currently, the MaxEnt model has been applied in a variety of fields, such as predicting the distribution of individual animal species from a small number of records [9], predicting the suitability of crops [10], and investigating the relationship between medicinal plants' geographical distribution and environmental conditions [11].

Climate, ecological conditions, and human activities are crucial factors that affect the growth and distribution of plants. Climate is a major driver of plant species distribution [12]. For example, plants are sensitive to changes in precipitation, and changes in rainfall conditions affect effective plant water, functional type, and phenology to some extent [13]. Ecological conditions such as topography, vegetation, and soils also significantly impact plant distribution. Topographic changes affect vegetation vertical structure by modulating the microclimate, while slope affects plant distribution suitability by influencing hydrological characteristics [14]. Interactions between plants and soil and soil microorganisms can influence the performance of individual plants, which in turn impacts the distribution of the whole community [15]. In addition, human activities usually have a wide range of effects on plant distribution and abundance in various forms. These effects include soil physicochemical properties, land management, and difficulties properly dealing with pollution from life and production [16].

Previous studies focused on single species and natural factors like temperature, water, and light. However, vegetation restoration usually requires careful consideration of multiple factors such as climate, human disturbance, and the economy [17]. Therefore, a comprehensive evaluation of the effects of these factors on species distribution in vegetation restoration is crucial for accurately assessing the suitability of vegetation restoration and optimizing planting structures.

The Loess Plateau, as a key region on China's ecological restoration strategy map, has demonstrated remarkable results in its ecological restoration and management. This provides valuable practical cases and experiences for the global ecological governance field. In recent years, the region has actively deployed and implemented a series of comprehensive ecological protection and restoration projects, including returning farmland to forests and grasslands [18], integrated management of small watersheds [19], and construction of silt dams [20], which have effectively curbed the spreading trend of soil erosion and desertification, and contributed to the benign transformation of the Loess Plateau's ecological environment.

In this study, the Loess Plateau served as the subject of research. It used the MaxEnt model to analyze the dual impacts of the environment and human activities and the suitability of various regions for the growth of different vegetation restoration species at the raster scale to provide a reference basis for optimizing ecosystem restoration's horizontal and vertical structures. The specific objectives are: 1) to determine the suitability distribution of different vegetation restoration species; 2) to optimize the horizontal planting structure of each layer according to the principle of maximum suitability; and to determine the vertical structure of the three layers of trees, shrubs, and herbs; and 3) to identify the key factors affecting the suitability distribution of different vegetation restoration species.

2. Materials and Methods

2.1. Study area

The Loess Plateau ($100^{\circ} \sim 114^{\circ}\text{E}$, $33^{\circ} \sim 41^{\circ}\text{N}$) is located in the north-central part of China (Figure 1a), one of the four major plateaus in China, and is situated on China's second topographic terrain, with a total area of about 640,000 km², and the administrative areas involved include southwestern Nei Menggu, the greater part of Shanxi, north-central Shaanxi, east-central Gansu, eastern Qinghai, northwestern Henan, and the Ningxia Hui Autonomous Region. The study area has a warm-temperate continental monsoon climate, with a precipitation range of 103 mm ~ 934 mm, with a mean precipitation of 435 mm (Figure 1b), and a temperature range of $-9.6^{\circ}\text{C} \sim 15.3792^{\circ}\text{C}$, with a mean temperature of 7.6864°C (Figure 1c). There are 19 soil types in the region, with Cambisols being the dominant soil type, accounting for 45.05% (Figure 1d).

The Loess Plateau consists of seven land use types: arable land, built-up land, forest land, grassland, scrubland, unused land, and water. Among them, grassland and arable land are the main land use types, accounting for 41.08% and 30.36%, respectively. Grassland is more concentrated in the northwestern part of the region, in the Inner Mongolia Autonomous Region. Arable land is more concentrated in Shaanxi Province in the southern part of the region, Shanxi Province in the eastern part, and Henan Province in the southeastern part of the region (Figure 1e). The Loess Plateau region has lost a large amount of natural vegetation during long-term development, making the region one of the most severely affected by soil erosion in the world, with severe soil erosion, ecological fragility, and sensitivity to climate change [21]. Restoration and re-establishment of vegetation are the most important means to improve ecological conditions in the Loess Plateau region [22]. Therefore, it is ecologically imperative to study the suitability of vegetation restoration and optimization of vegetation planting structures on the Loess Plateau.

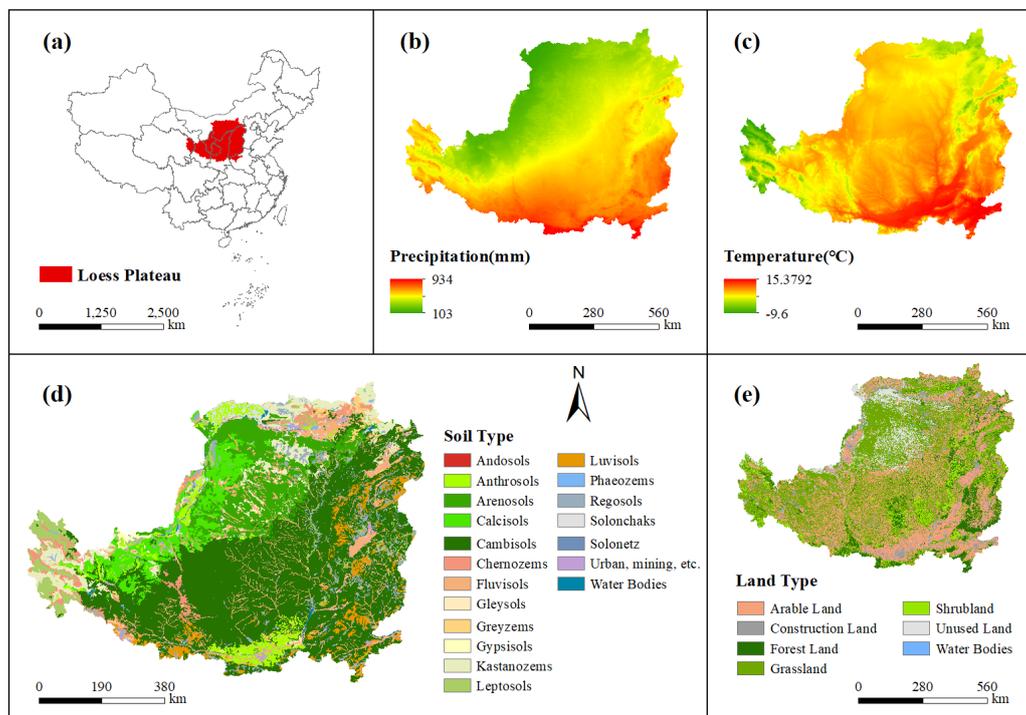


Figure 1. Overview of the study area. (a) Geographic location of the Loess Plateau (b) Precipitation (c) Temperature (d) Soil type (e) Land use type.

2.2. Framework

The study used the MaxEnt model to construct a research framework (Figure 2) to quantify the effects of environmental and human activities on the planting suitability of vegetation restoration

species while optimizing vegetation restoration structures on the Loess Plateau. Firstly, the distribution points (Figures A1-A3) of vegetation restoration species in three layers of trees, shrubs, and herbs (4 species in each layer, 12 species in total) and relevant climatic, ecological, and socio-economic data from the study area were obtained. Then, a factor indicator system was constructed according to the species' growing conditions (Table 1). A total of 35 environmental factors in 3 categories (Figure A4) were preprocessed to produce data with identical ranges, image sizes, and ranks. The MaxEnt model was applied to estimate 12 species (Table A1) to obtain each species' land suitability, factor contribution percentage, and factor response curves. We used filtered factors for secondary validation because there may be correlations between the factors and the species data points, which may not be perfect for covering the study area fully. Related studies have shown that the MaxEnt model has higher prediction accuracy when the sample size is small [23]. Finally, the land suitability of plants in three-layer slices was compared cross-grid. The most suitable species were selected according to the principle of maximum suitability to obtain horizontal spatial distributions of each of the trees, shrubs, and herbs. We stacked the three to obtain a vertical structure to optimize the spatial distribution of species for vegetation restoration on the Loess Plateau.

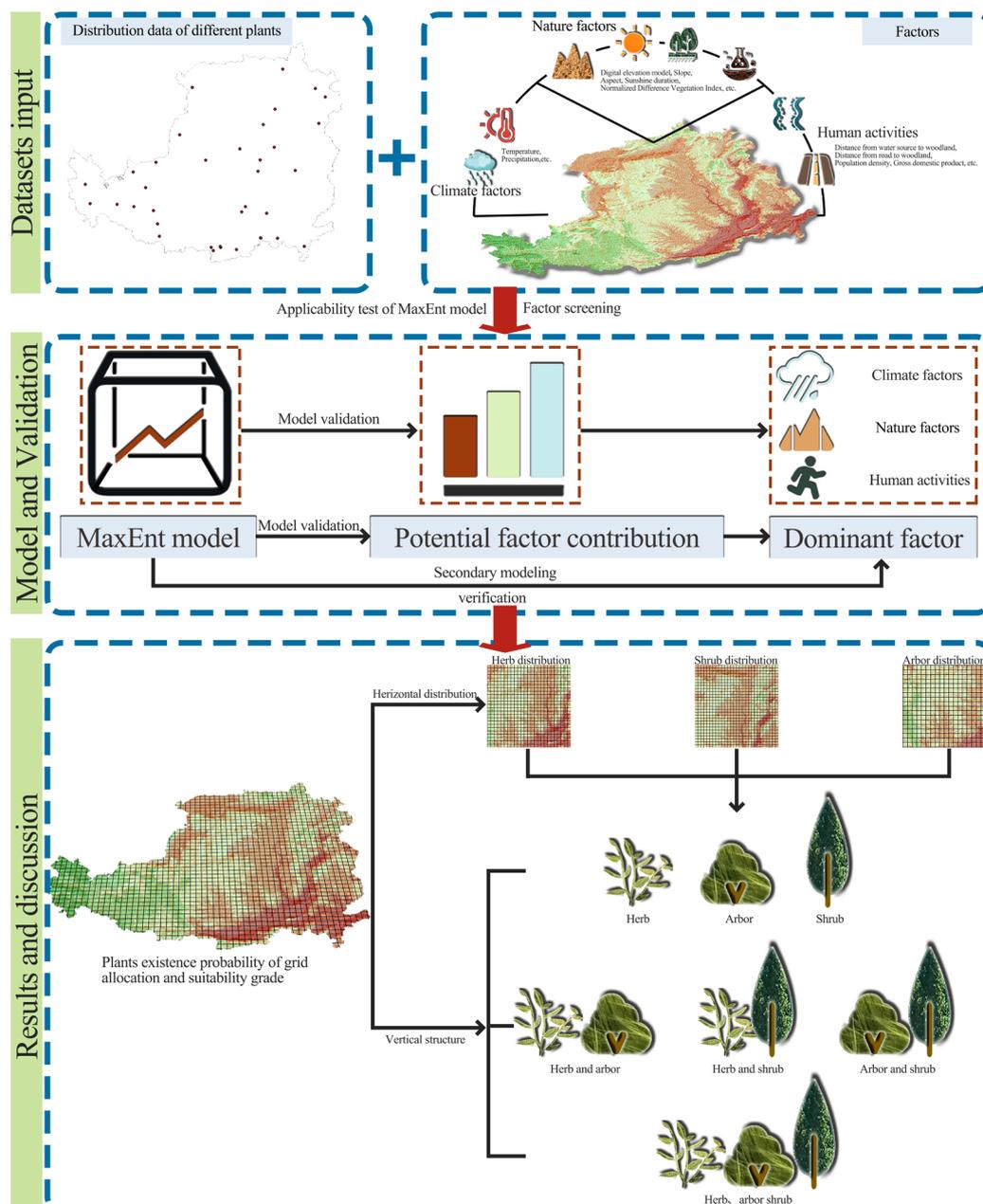


Figure 2. Research Framework.

2.3. MaxEnt Predictions

2.3.1. Species Distribution Records

The plant geographical distribution data were obtained from the Global Biodiversity Information Service Network (GBIF, <http://www.gbif.org/>). For the sample point data of the 12 species, data outside the study area and spatially autocorrelated data were excluded. They were converted to CSV format to be used as training data for the maximum model. The 12 species selected were common in the construction of vegetation restoration on the Loess Plateau. The trees were *Robinia pseudoacacia* [24], *Salix matsudana* [25], *Populus tremula* [26], and *Pinus tabuliformis* Carrière [27], the shrubs were *Forsythia suspensa* [28], *Caragana korshinskii* [29], *Hippophae rhamnoides* [30]. *Amorpha fruticosa* [31], and the herbs were *Agropyron cristatum* [32], *Elymus sibiricus* [33], *Avena sativa* [34], and *Medicago sativa* [35].

2.3.2. Factor Data and Preprocessing

It has been shown that climatic conditions such as temperature and precipitation and ecological conditions such as topography, sunshine, and soil are closely related to the growth and distribution of plants [36]. In addition, with the development of cities, increasingly intense human activities have also significantly impacted plant growth and distribution [37]. It is worth noting that although there are differences in the response of different plant types to different environmental conditions [38], the major environmental factors affecting their distribution are largely the same [39].

Based on existing studies, this study screened and synthesized 35 key factors, covering three aspects: climate, ecology and human activities. Among them, climatic and ecological factors were categorized as environmental factors, consisting of 19 climatic and 12 ecological factors; four factors specifically reflect the impact of human activities.

Climate data were obtained from Global Weather and Climate Data 2020 from the WorldClim website, sunshine data from the China Meteorological Administration (CMA), and topography and NDVI data from the Resource Environmental Science and Data Platform (RESDP). Slope (Sl) and aspect (Asp) were obtained from DEM processing.

Organic content (OC), topsoil calcium carbonate (CaCO₃), PH, and available water capacity (AWC) were obtained from the soil dataset provided by the Food and Agriculture Organisation of the United Nations (FAO). The AWC data refers to the category of available water content in this study, and categories 1, 2, 3, 4, 5, 6, and 7 correspond to 150, 125, 100, 75, 50, 15, and 0 mm/m of available water, respectively... Due to the limited availability of world soil data from FAO, we added total nitrogen (TN), total phosphorus (TP), and total potassium (TK) data from the 2010-2018 Chinese high-resolution National Soil Information Grid (NSIG) basic attribute dataset provided by the Spatiotemporal Triple Pole Environmental Big Data Platform. Anthropogenic factors include distance from road to woodland (RW), distance from water source to woodland (WW), gross domestic product (GDP) per capita, and population density (POP).

In this study, ArcGIS 10.8.1 software was used to unify the boundaries of the data. At the same time, the coordinate system was WGS_1984_UTM_Zone_49N with a resolution of 1km x 1km and applied the Raster to ASCII tool in ArcGIS 10.8.1 software to convert the raster data into the ASCII required for MaxEnt and ENMTools format.

Table 1. Factor indicator system.

Type	Factors	Abbreviation	Data sources	Year	Resolution ratio
climatic factors	Annual Mean Temperature	BIO1	WorldClim: Global Climate Data Version 2.0(https://worldclim.org)	2020	1km×1km

	Mean Diurnal Range (Mean of monthly (max temp - min temp))	BIO2			
	Isothermality (BIO2/BIO7) ($\times 100$)	BIO3			
	Temperature Seasonality (standard deviation $\times 100$)	BIO4			
	Max Temperature of Warmest Month	BIO5			
	Min Temperature of Coldest Month	BIO6			
	Temperature Annual Range (BIO5-BIO6)	BIO7			
	Mean Temperature of Wettest Quarter	BIO8			
	Mean Temperature of Driest Quarter	BIO9			
	Mean Temperature of Warmest Quarter	BIO10			
	Mean Temperature of Coldest Quarter	BIO11			
	Annual Precipitation	BIO12			
	Precipitation of Wettest Month	BIO13			
	Precipitation of Driest Month	BIO14			
	Precipitation Seasonality (Coefficient of Variation)	BIO15			
	Precipitation of Wettest Quarter	BIO16			
	Precipitation of Driest Quarter	BIO17			
	Precipitation of Warmest Quarter	BIO18			
	Precipitation of Coldest Quarter	BIO19			
	Digital elevation model	DEM	Resource and Environmental Science Data Platform	2000	1km \times 1km
	Slope	Sl	(https://www.resdc.cn/Default.aspx)		
	Aspect	Asp			
nature factors	Sunshine duration	Sun	National Meteorological Science Data Center Web (https://data.cma.cn/Spatial interpolation)	2020	1km \times 1km
	Normalized Difference Vegetation Index	NDVI	Resource and Environmental Science Data Platform	2019	1km \times 1km
	Organic content	OC	(https://www.resdc.cn/Default.aspx)	2013	1km \times 1km

	Topsoil calcium carbonate (CaCO ₃)	CaCO ₃	Food and Agriculture Organization of the United Nations (https://www.fao.org)		
	Ph	Ph			
	Available water capacity_Class	AWC			
	Total nitrogen	TN			
	Total phosphorus	TP	A Big Earth Data Platform for Three Poles (https://poles.tpdc.ac.cn)	2010- 2018	1km×1km
	Total potassium	TK			
Human activities	Distance from water source to woodland	WW	Using Euclidean distance to calculate the distance between woodland and road, woodland and water source respectively in arcgis10.8.1		
	Distance from road to woodland	RW			
	Population density	POP	Resource and Environmental Science Data Platform (https://www.resdc.cn/Default.aspx)	2020	1km×1km
	Gross domestic product	GDP			

2.3.3. MaxEnt Model Construction and Accuracy Evaluation

MaxEnt is a machine learning model that models the spatial distribution of species by learning the relationship between samples and environmental variables [40]. Due to problems such as possible correlations between environmental variables affecting model accuracy [41], the first modeling operation prediction was carried out using all the factors, and the preprocessed geographical distribution data of 12 species were imported into the MaxEnt 3.4.1 software along with the data of 35 factors to obtain the factor contribution of each species. Subsequently, the 35-factor data were imported into ENMTools. The Correlation tool was used to perform correlation analysis on the 35 factors, calculate the correlation coefficient table between the factors, screen out the factors with the absolute value of correlation coefficient > 0.8 , rank the factors according to the factor contribution rate of each species, exclude the factors with even lower contribution rates, and then the remaining factors were the dominant factors of each species. Finally, the geographical distribution data of the 12 species and their corresponding dominant factors were imported into MaxEnt 3.4.1 software again for secondary validation of the model.

Receiver operating characteristic (ROC) curves were used in the MaxEnt model to test the accuracy of the predictive effect of the model fit. Its accuracy is measured by the ROC's area under the curve (AUC). $0.5 < AUC \leq 0.6$ indicates that the model fails to predict, $0.6 < AUC \leq 0.7$ indicates that the prediction effect is poor and the accuracy is low, $0.7 < AUC \leq 0.8$ indicates that the prediction effect and the credibility are average, $0.8 < AUC \leq 0.9$ indicates that the prediction effect and the credibility are better, and $0.9 < AUC \leq 1.0$ indicates that the prediction effect is excellent and the credibility is high. This indicates an excellent prediction effect and high credibility [42].

2.3.4. Evaluation of Vegetation Restoration Potential Distribution and Structure Optimization

The ASCLL format of the prediction results was converted to raster format using ArcGIS10.8.1, and the value of the species potential distribution probability p was 0-1. The suitability distribution of different vegetation restoration species was obtained by selecting appropriate thresholds using the reclassification function of the spatial analysis tool. The planting area $p \geq 0.05$, the non-suitable area

$p < 0.05$, the sub-suitable area $0.05 \leq p < 0.33$, the moderately suitable area $0.33 \leq p < 0.66$, and the highly suitable area $p \geq 0.66$ [10].

Based on the probability of the presence of four species in each layer slice, the grid calculator was used to compare the maximum probability of the presence of species in each grid cell, and the most suitable species were selected to obtain the layout of the respective planting structure for each layer slice. Finally, the maximum suitability optimization results of the three-layer slices were superimposed to obtain a vertical structure of vegetation restoration species on the Loess Plateau.

3. Results

3.1. Potential Distribution and Suitability Class

The pre-predicted, as well as secondary validation omission rates and the expected omission rates in the study were close to each other; the predicted ROC curves and the ROC curves of the random distribution model had larger areas under the curves, and the AUC values of the 12 plants were overwhelmingly located in the range of 0.9 or above. The lowest value was also greater than 0.85 (Table 2). The simulation results are superior according to the AUC evaluation criteria, which indicated that the model was suitable for simulating the potential distribution of multiple species and could more accurately reflect the effects of climate, ecological factors and human activities on the distribution of plant suitability. To investigate whether human activities significantly affect vegetation restoration, we compared two scenarios: (1) environment and (2) environment + human activities.

Table 2. AUC values of the 12 species in two cases.

	Plant	Environment	Environment and human activity
Trees	<i>Robinia pseudoacacia</i>	0.939	0.973
	<i>Salix matsudana</i>	0.937	0.970
	<i>Populus tremula</i>	0.936	0.961
	<i>Pinus tabuliformis</i> Carrière	0.916	0.952
Shrubs	<i>Forsythia suspensa</i>	0.948	0.967
	<i>Caragana korshinskii</i>	0.957	0.975
	<i>Hippophae rhamnoides</i>	0.898	0.945
	<i>Amorpha fruticosa</i>	0.967	0.984
Herbs	<i>Agropyron cristatum</i>	0.930	0.954
	<i>Elymus sibiricus</i>	0.915	0.941
	<i>Avena sativa</i>	0.898	0.912
	<i>Medicago sativa</i>	0.915	0.958

Firstly, the suitable and unsuitable growing areas were calculated for each plant in each of the 3 layer slices. When considering only environmental impacts, the area of suitability of the 12 plants was generally larger relative to the area of suitability when considering the impacts of both environmental + human activities. The results showed that in the tree layer, *Pinus tabuliformis* Carrière had the largest area suitable for planting (385,000 km²), and *Robinia pseudoacacia* had the smallest area suitable for planting (235,000 km²); in the shrub layer, *Hippophae rhamnoides* had the largest area suitable for planting (418,000 km²), and *Amorpha fruticosa* had the smallest area suitable for planting (81,000 km²); in the herb layer, *Avena sativa* had the largest area suitable for planting (486,000 km²),

and ice grass had the smallest area suitable for planting (232,000 km²) (Figure 3). In the tree layer, there was no significant difference between the four species in terms of highly suitable planting area, with 0.8 million km² for *Salix matsudana*, *Robinia pseudoacacia*, and *Pinus tabuliformis* Carrière, and 0.7 million km² for *Populus tremula*; in the shrub layer, *Hippophae rhamnoides* had the largest highly suitable planting area (0.8 million km²), followed by *Amorpha fruticosa* (0.7 million km²), *Caragana korshinskii* (0.6 million km²), and *Forsythia suspensa* (0.4 million km²). As for the herb layer, the largest highly suitable planting area was *Avena sativa* (0.8 million square kilometers), followed by *Medicago sativa* (0.7 million square kilometers), *Agropyron cristatum* (0.5 million square kilometers), and *Elymus sibiricus* (0.4 million square kilometers), respectively. The species with the largest suitable acreage in each layer also had the largest suitable acreage in each layer.

The total unsuitable cultivation area of the 12 species became significantly larger under the combined influence of the environment and human activities. Except for *Avena sativa*, the unsuitable planting area was larger than the suitable planting area for the other 11 species. In the tree layer, the unsuitable planting area of *Robinia pseudoacacia* was the largest (512,000 km²), the unsuitable planting area of *Pinus tabuliformis* Carrière was the smallest (455,000 km²), and there was no significant difference in the highly suitable area of the four species. In the shrub layer, the largest unsuitable planting area was *Amorpha fruticosa* (588,000 square kilometers), the smallest was *Hippophae rhamnoides* (420,000 square kilometers), the largest highly suitable planting area was *Hippophae rhamnoides* (0.7 million square kilometers), and the smallest was *Forsythia suspensa* (0.3 million square kilometers). For the herb layer, the unsuitable area for *Avena sativa* was smaller (256,000 km²), and the highly suitable area was larger (0.9 million km²), while there was no significant difference among the other three.

Secondly, the suitability of the land in the Loess Plateau region for 12 major vegetation restoration species could be calculated using the Maxent model. Based on the suitability, the potential distribution of each species can be obtained by applying the reclassification tool (Figures 4-6). The results showed that the high and medium suitability zones were mainly distributed in sparsely populated areas and closer to water sources.

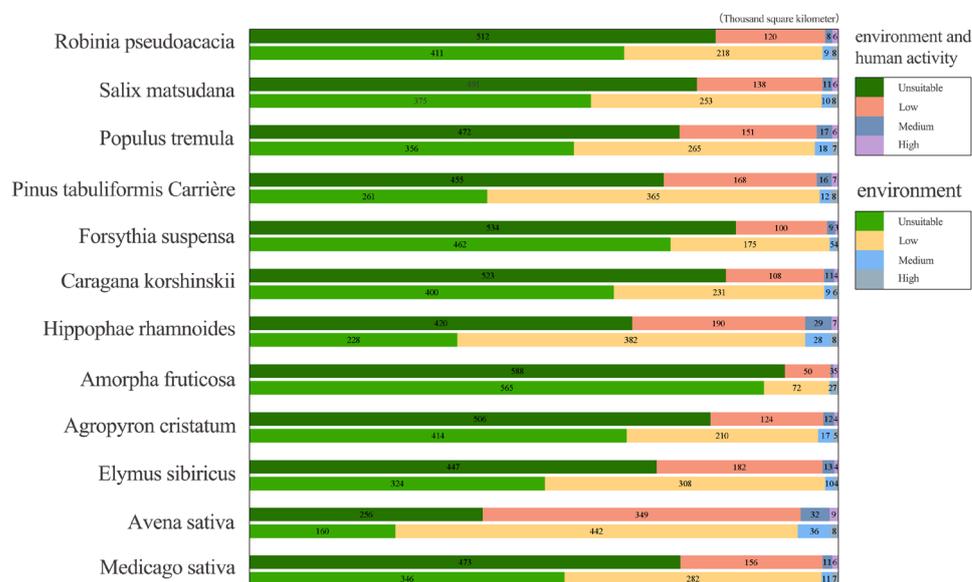


Figure 3. Unsuitable/suitable area for 12 species in two cases.

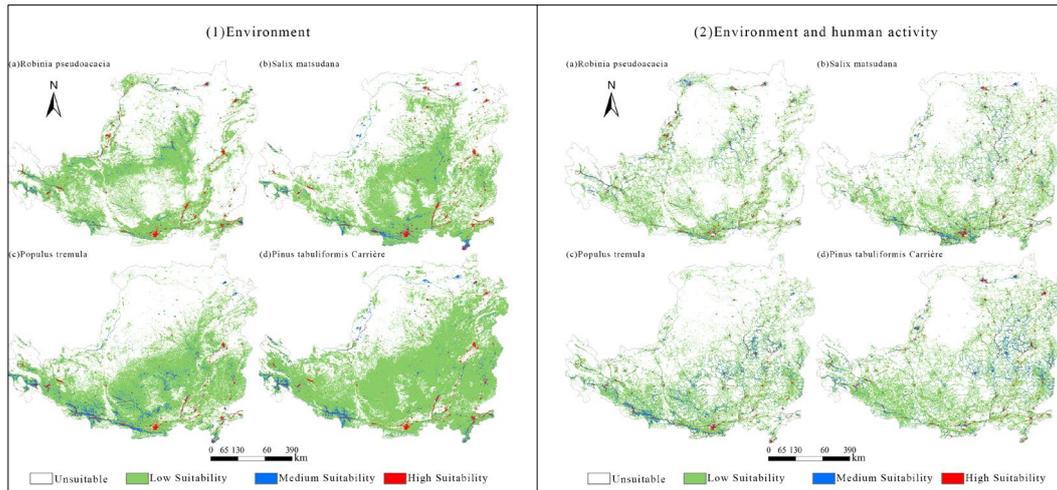


Figure 4. Distribution of potential planting suitability zones for the four plant species in the tree layer.

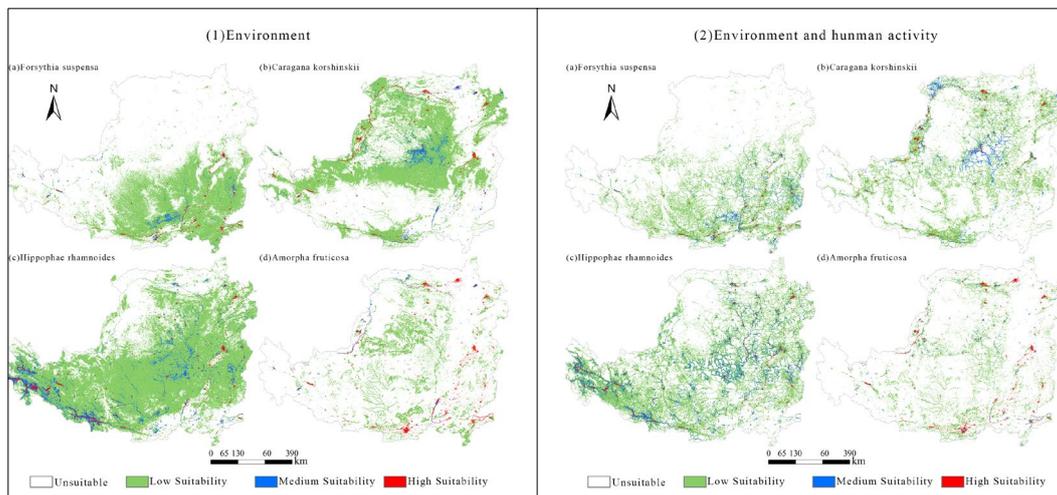


Figure 5. Distribution of potential planting suitability zones for the four plant species in the shrub layer.

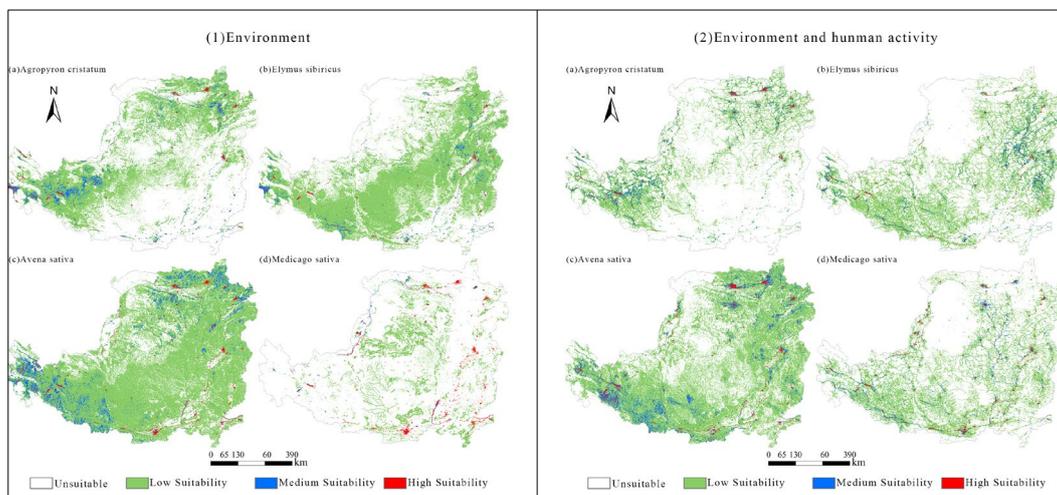


Figure 6. Distribution of potential planting suitability zones for the four plant species in the herb layer.

3.2. Optimization of Planting Structure

Under the combined influence of the environment and human activities, there are differences in the suitability of different planting plots, and the heterogeneity at the grid scale is obvious (Figures 7-9), suggesting differences in the spatial suitability of different species. Through maximum suitability optimization, multiple planting structures were identified in each layer slice of the study area. The results showed that the overall spatial distribution of the three-layer slices was relatively consistent. Among them, there were more obvious dominant species in both the shrub and herb layers, namely *Hippophae rhamnoides* (164,000 km²) and *Avena sativa* (290,000 km²), which were mainly distributed in the southwest and northeast of the study area. At the same time, there was no significant difference between the four species in the tree layer.

The vertical structure was obtained by superimposing the results of the maximum suitability optimization of the three layers of trees, shrubs, and herbs (Figure 10), which showed that there was a clear structural dominance of trees + shrubs + herbs as well as a single herb structure in the study area, with the area of the two being 203,000 km² and 172,000 km², respectively. The single herb structure was concentrated in the northeastern part of the study area, while the trees + shrubs + herbs structure was mainly concentrated in the southwestern direction.

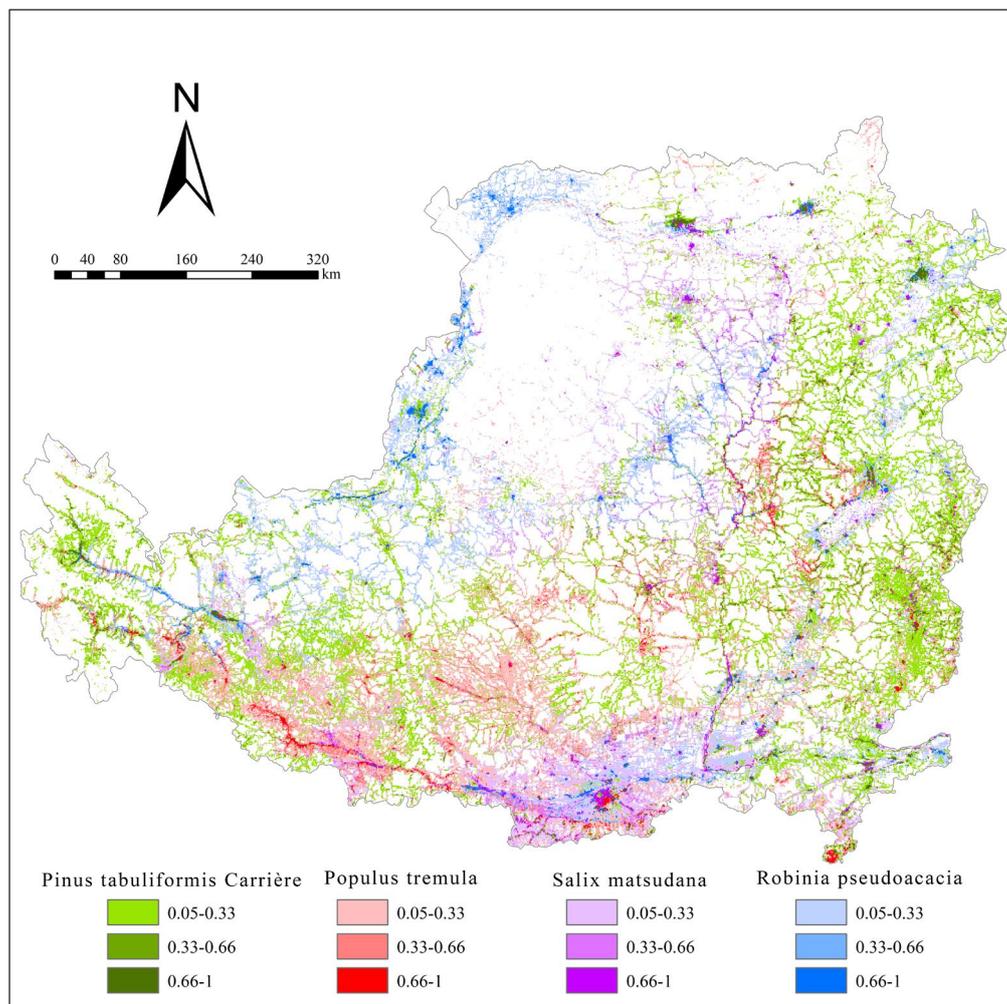


Figure 7. Distribution of optimal suitability of species in the tree layer of the Loess Plateau.

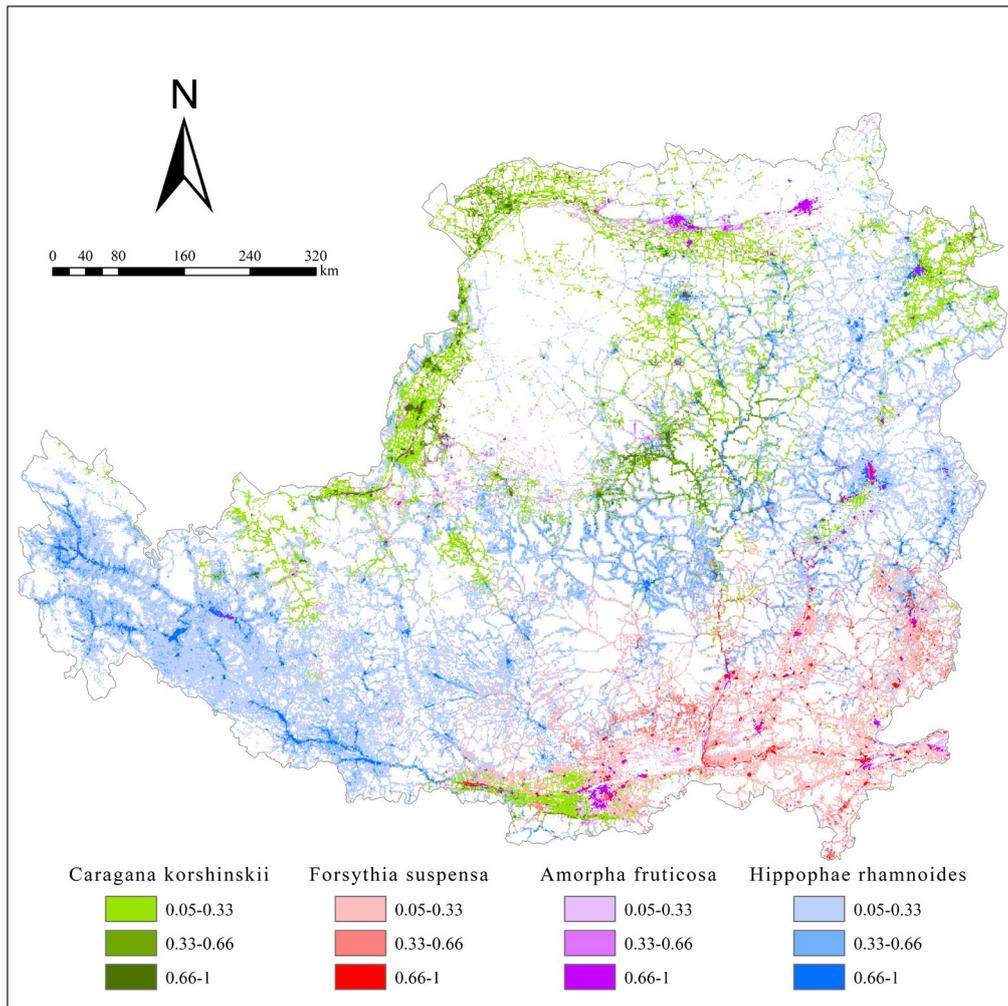


Figure 8. Distribution of optimal suitability of species in the shrub layer of the Loess Plateau.

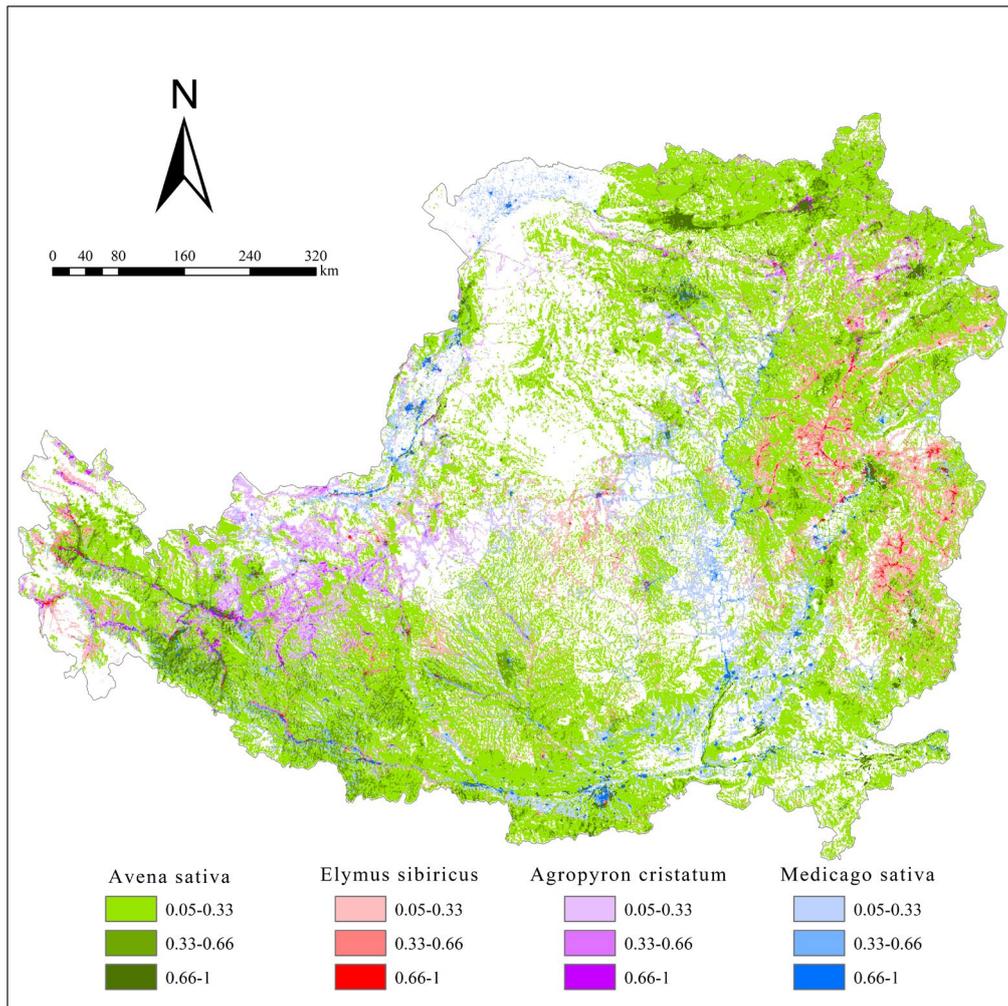


Figure 9. Distribution of optimal suitability of species in the herb layer of the Loess Plateau.

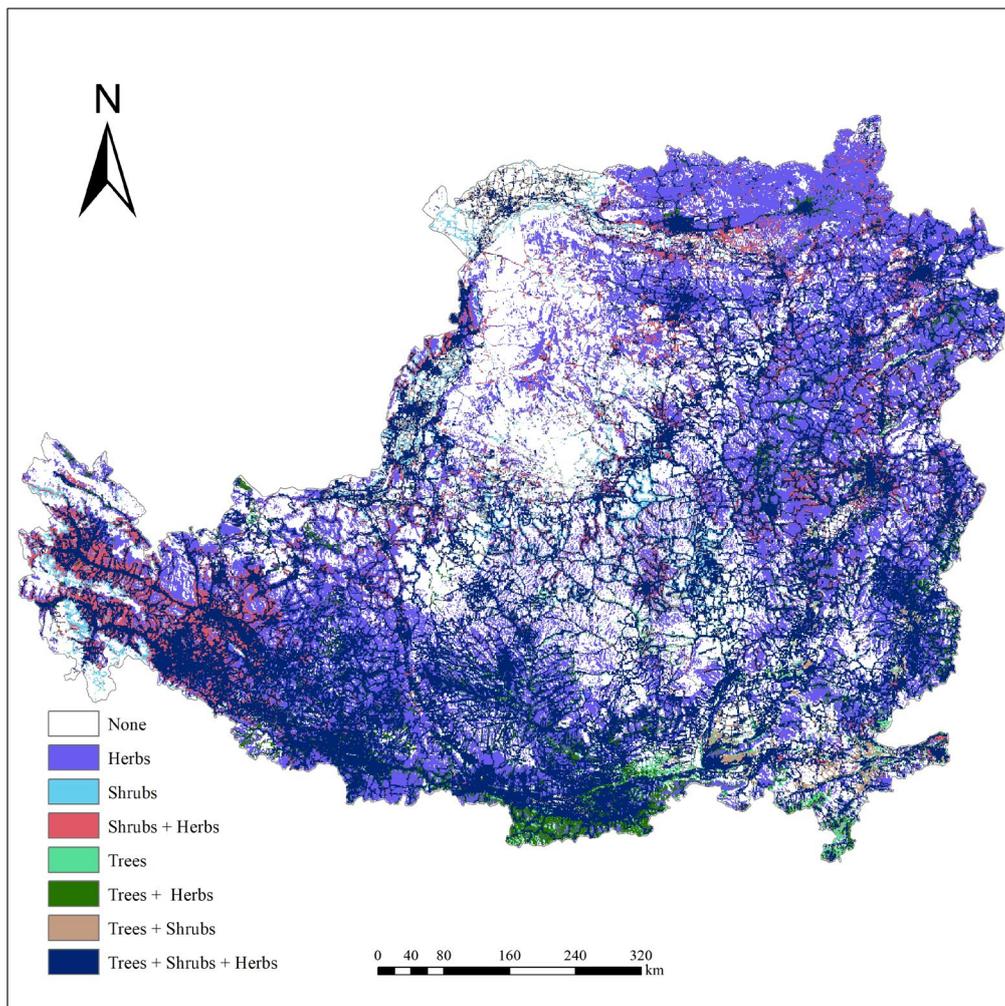


Figure 10. Vertical structure of species in vegetation restoration on the Loess Plateau.

3.3. Identification of Dominant Factors

Under the joint influence of environmental factors and human activities, the percentages of the dominant factors affecting the distribution of 12 plant species in the Loess Plateau and their combined percentage contributions are shown in Figures 11-13. Except for *Amorpha fruticosa*, the two factors with the highest contributions to the other 11 plants were the same. Both of them were OC and RW, and for these 11 plants, the contribution of OC almost reached more than 35%, and its contribution to the growth suitability of *Avena sativa* even reached more than 50%. Moreover, the combined contribution of these two factors was above 50%, and the highest one could even get to 80%. It indicates that the two factors, OC and RW, significantly influence the distribution of the 11 planted restoration species except *Amorpha fruticosa*. In addition, PH also had a large impact on these 11 crops as their dominant factor, with a contribution of 2.5%-11.9%. For *Amorpha fruticosa*, the four most influential factors were OC (41.2%), AWC (24.2%), RW (17.7%), and CaCo3 (5.6%), in that order. Together, these factors contributed 88.7% to the growth suitability of *Amorpha fruticosa*, constituting its main influence factor.

Among the climatic factors, the mean temperature of the wet quarter (BIO8) affected all three layers but had the most significant effect on the four plants in the herb layer: *Agropyron cristatum* (7.3%), *Elymus sibiricus* (5.4%), *Avena sativa* (5.6%), and *Medicago sativa* (1.6%), whereas its effect on the plants in the shrub layer and the herb layer was relatively small. In addition, the mean diurnal

range (mean of monthly (max temp - min temp), BIO2), and annual precipitation (BIO12) affected the growth suitability of individual plants in the three layers, but the effect was relatively small.

Asp was a contributing factor for all four plants in the tree layer, but the contribution was relatively small (1.2%-3.3%), whereas Asp was not always a contributing factor for plants in the shrub and herb layers. SI contributed (2.4%-2.8%) to all four plants in the herb layer, whereas it did not always affect the suitability of plant growth in both the tree and shrub layers. GDP and Sun affected one or two plants in the tree and shrub layers and had almost no effect on plant suitability in the herb layer. TK had an effect on *Robinia pseudoacacia* (1.7%), *Salix matsudana* (3.6%), and *Populus tremula* (1.1%) in the tree layer. In contrast, TK had almost no effect on *Pinus tabulaeformis* Carrière and the shrub and herb layers.

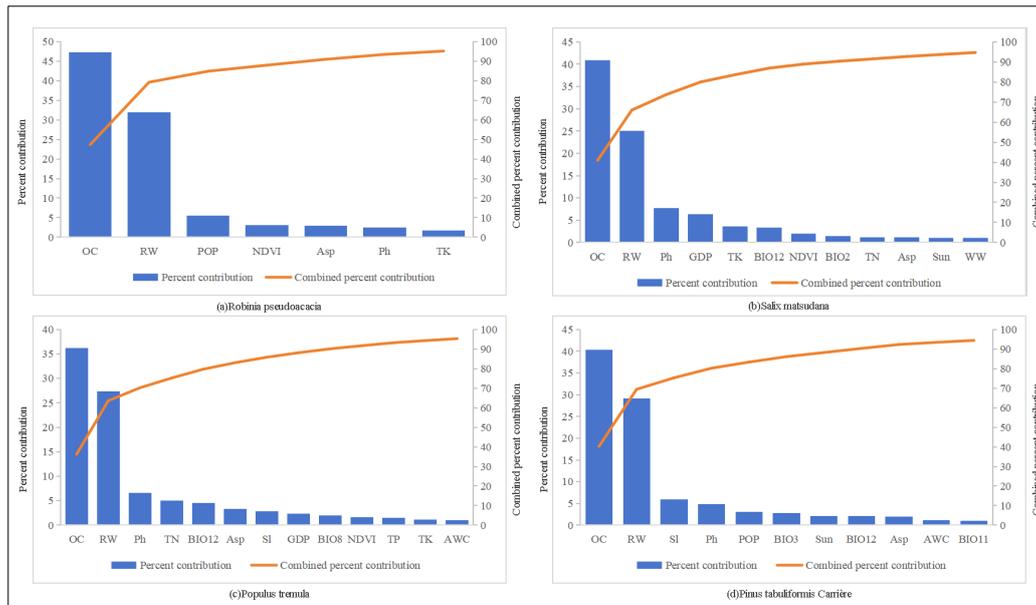


Figure 11. Contributions of factors influencing the distribution of four plant species in the tree layer.

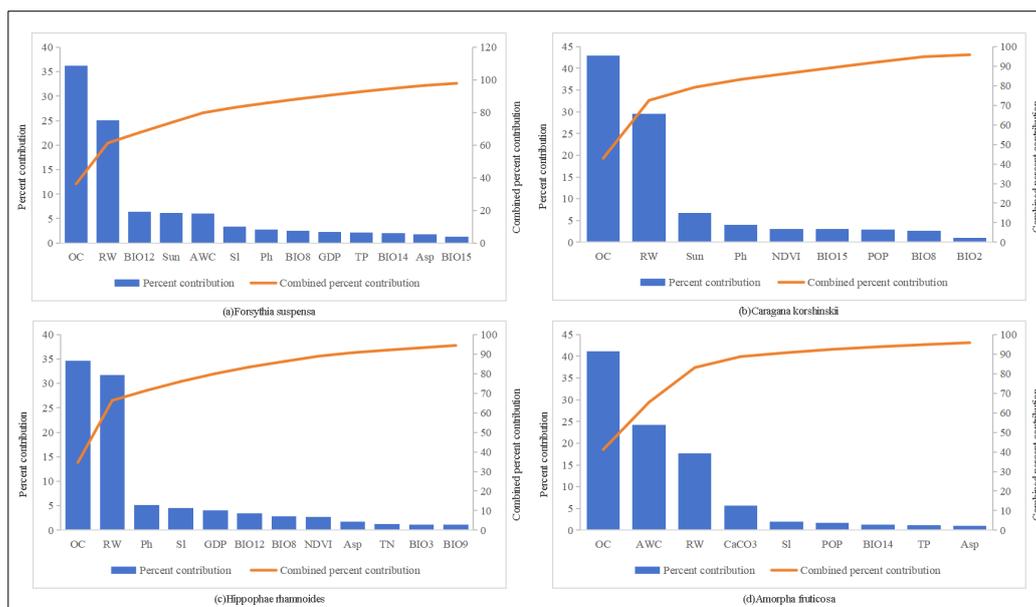


Figure 12. Contributions of factors influencing the distribution of four plant species in the shrub layer.

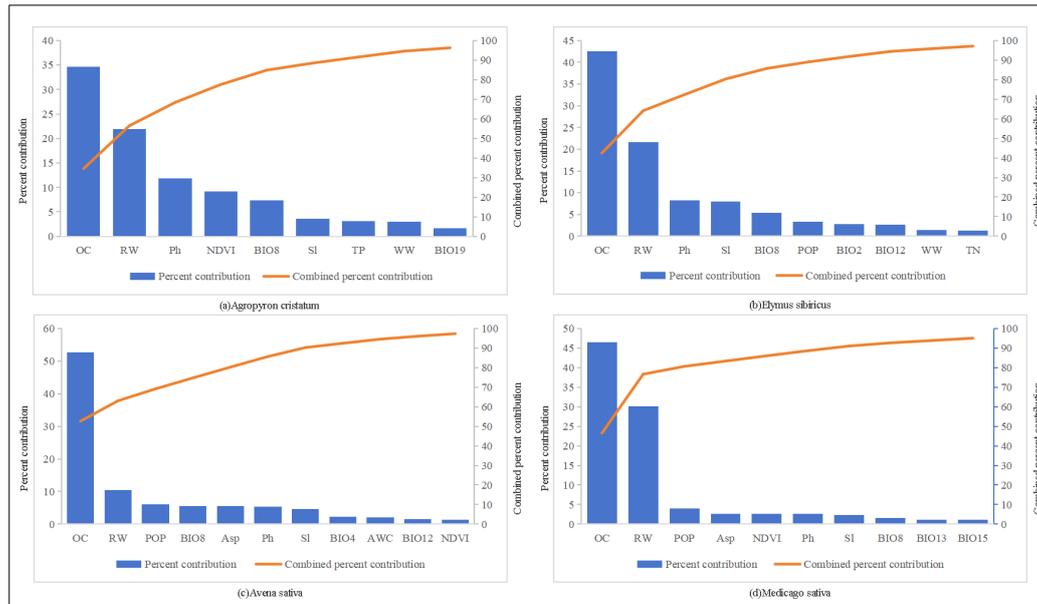


Figure 13. Contributions of factors influencing the distribution of four plant species in the herb layer.

4. Discussion

4.1. Analysis of Potential Distribution

Comparing the two scenarios of environment and environment + human activities, the unsuitable area increased significantly under the influence of human activities, which may be due to the fact that human activities will lead to the conversion of natural land into construction land, the destruction of vegetation, and the impairment of ecosystem structure and function [43]. In addition, the greenhouse gas emissions due to human activities cause climate change, which may change the water and heat balance of the ecosystem, thus affecting the distribution of plants [44]. Comparing the changes in the plant's unsuitable areas between the two scenarios, there was a significant increase in the unsuitable regions of *Hippophae rhamnoides* and *Pinus tabuliformis* Carrière. In contrast, the change in the area of the unsuitable regions of *Amorpha fruticosa* was not significant. This difference may be related to their ecological niches, growth rates, reproductive strategies, and stress tolerance. For example, *Amorpha fruticosa* may be able to maintain growth in environments affected by human activities due to its rapid growth [45] and high stress tolerance [46]. In contrast, *Hippophae rhamnoides* and *Pinus tabuliformis* Carrière may depend more on specific habitat conditions and be more sensitive to environmental changes.

From the perspective of the spatial distribution of suitability, high-suitability areas are mainly located in sparsely populated areas and closer to water sources. This may be due to the fact that sparsely populated areas often imply lower human disturbance [47], providing more natural conditions for species to recover. At the same time, the proximity of water sources provides the necessary moisture conditions for the ecosystem, which is particularly important for vegetation restoration in this arid region of the Loess Plateau.

4.2. Analysis of Planting Structure Layout

From the perspective of optimizing the layout of the planting structure, the overall spatial distribution of the three layers of trees, shrubs and herbs is more consistent, perhaps due to the fact that the species of different plant layers may have overlapping ecological niches [48], i.e., they can make use of similar resources and habitats, which leads to their similar spatial distribution patterns. In addition, interactions between trees, shrubs, and herbs, such as competitive relationships, may

have balanced their distributions to some extent [49], resulting in a consistent overall spatial distribution.

Hippophae rhamnoides in the shrub layer and *Avena sativa* in the herb layer acted as dominant species. At the same time, there was no significant difference between the four species in the tree layer. This may be because *Hippophae rhamnoides* and *Avena sativa* may appear as pioneer species in the early stages of vegetation succession. In contrast, species in the tree layer may take longer to establish [50]. In addition, the dominance of trees + shrubs + herbs structure as well as single herb structure suggests that vegetation restoration strategies need to integrate the species composition and spatial configuration of different layers [51] to achieve ecosystem diversity and stability.

Although the study has revealed the suitable distribution areas of trees, shrubs, and herbs, the plant species in the actual vegetation restoration project are much more than the 12 species mentioned in the article, and there are differences in vegetation restoration species in different areas, which limits the wide applicability of the results to a certain extent. At the same time, as this study focuses on the planning level, it does not explore whether the twelve species mentioned in this study can co-exist harmoniously in practice, which needs to be discussed in specific vegetation restoration projects. Despite these shortcomings, this study is the first to apply the MaxEnt method to three layers in a vegetation restoration project, providing a useful approach for vegetation restoration. It provides some guiding value for the spatial structure layout of specific vegetation restoration in the Loess Plateau.

4.3. Selection of Dominant Factors

OC, as the factor with the highest contribution for the 12 plants, had a great influence on the distribution of the plants, especially for *Avena sativa*, where the contribution of organic matter content was more than 50%, highlighting the importance of soil fertility for crop growth [52]. The second highest contributing factor for the eleven plants except *Amorpha fruticosa* was RW; for *Amorpha fruticosa*, it was AWC. A possible explanation is the high water requirement of *Amorpha fruticosa* [53], which makes AWC a key limiting factor for its growth and distribution. In contrast, the other plants may be less dependent on soil moisture conditions.

Among the climatic factors, BIO8 had a particularly significant effect on herb layer plants, which may be related to the fact that woody plants can grow deeper in the soil and search for water under local drought conditions, whereas herbaceous plants stay in shallow soils, are more sensitive to the adverse effects of drought conditions [54], and thus are highly dependent on moisture conditions. However, BIO2 and BIO12, although having some effect on plant growth, were relatively small, indicating the limited role of these factors in plant distribution.

Topographic factors such as SI and Asp affected the suitability distribution of plants in the tree and herb layers. The effect of GDP on plants in the tree and shrub layers suggests that economic activities may indirectly affect the growth and distribution of plants. TK affected some plants in the tree layer but had less effect on other species, suggesting that soil nutrient factors have a selective effect on different plants. This indicates that we need to tailor soil improvement and management to the needs of different plants in our vegetation restoration practices.

4.4. Strategies and Policies

The growth of plants requires specific environmental conditions, and we should select suitable species based on the principle of local conditions [55]. As in this study, the contribution of OC to the suitable planting of all 12 plant species is large, and the environmental factors affecting the distribution of plants in the three-layer slices are not the same. Planners can compare the suitable growing conditions of the pre-selected plants with the local environment to select suitable species for vegetation restoration and adjust and optimize the planting structure and scale of vegetation according to the predicted results of the distribution of plant growth suitability to formulate a plan that conforms to the principle of regional adaptation, thus improving the resource utilization rate and restoration efficiency. Avoid situations where the survival rate of species not adapted to the environment is too low or the introduction of unsuitable species will cause a burden on the local

environment and society. For example, plants with high water requirements and high water-consuming characteristics are unsuitable for vegetation restoration in water-scarce areas; otherwise, they may not improve the local ecological environment and aggravate the local water shortage. At the same time, for the dominant environmental factors with relatively small contributions, appropriate artificial measures can be taken to supplement or control to promote the growth of plants better and improve the survival rate of plants, such as TK for the tree layer of plants in the *Robinia pseudoacacia*, *Salix matsudana* and the *Populus tremula* have an impact on the plant, we can choose the right fertilizer to artificially add the amount of potassium content required for plant growth process.

The study's results show that the effect of human activities on the distribution of vegetation suitability is significant. However, environmental conditions determine plants' growing conditions and the areas where they are suitable for planting [56]. Therefore, we must respect the natural environment where plants grow and take active measures to manage the dominant anthropogenic factors affecting the planting structure. Comparing the results of vegetation distribution prediction under the effect of environmental factors only, the unsuitable planting area of 12 plants increased significantly after adding human activity factors, and the highly suitable planting area of 11 plants except *Avena sativa* decreased, indicating that human activities have a particularly negative impact on vegetation distribution in general. Planners can control the impacts of human activities to the appropriate thresholds according to the thresholds on the effects of the screened human activity factors on the distribution of plants, taking into account the balance and coordinated development among nature, economy, and society in urban planning, to minimize the negative impacts of human activities on the restoration of the vegetation as much as possible, and at the same time retaining and enhancing their positive impacts. For example, in this study, RW significantly affects the distribution of 12 species. Planners can consider the actual situation and promote vegetation restoration by adjusting the land use layout or optimizing the road layout.

5. Conclusions

The climate-ecology-human activity model based on the MaxEnt model accurately simulated the suitability distribution of a total of 12 plant species in three layers of the Loess Plateau. The following conclusions were drawn: 1) Human activities significantly increased the unsuitable areas for planting, especially *Robinia pseudoacacia* in the tree layer and *Amorpha fruticosa* in the shrub layer. 2) Highly and moderately suitable areas were mainly distributed in areas with sparse populations, and the water source was close to the area. 3) The overall spatial distribution of the three layers in the study area was relatively consistent. The overall spatial distribution of the three layers in the study area was relatively consistent, and the structural dominance of trees + shrubs + herbs and single herbs in the vertical structure was obvious, which were concentrated in the southwestern and northeastern parts of the study area, respectively. 4) OC and RW were the main factors influencing the distribution of the suitability of species for vegetation restoration, and the anthropogenic factors had an important impact on the distribution of restoration suitability zones.

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Data Availability Statement: The authors will provide the raw data supporting the conclusions of this article upon request, without undue delay.

Conflicts of Interest: The authors declare no conflicts of interest.

Appendix A

Table A1. List of plant species.

Layer	Species name
Tree	<i>Robinia pseudoacacia</i>
	<i>Salix matsudana</i>
	<i>Populus tremula</i>
	<i>Pinus tabuliformis</i> Carrière
shrub	<i>Forsythia suspensa</i>
	<i>Caragana korshinskii</i>
	<i>Hippophae rhamnoides</i>
	<i>Amorpha fruticosa</i>
herb	<i>Agropyron cristatum</i>
	<i>Elymus sibiricus</i>
	<i>Avena sativa</i>
	<i>Medicago sativa</i>

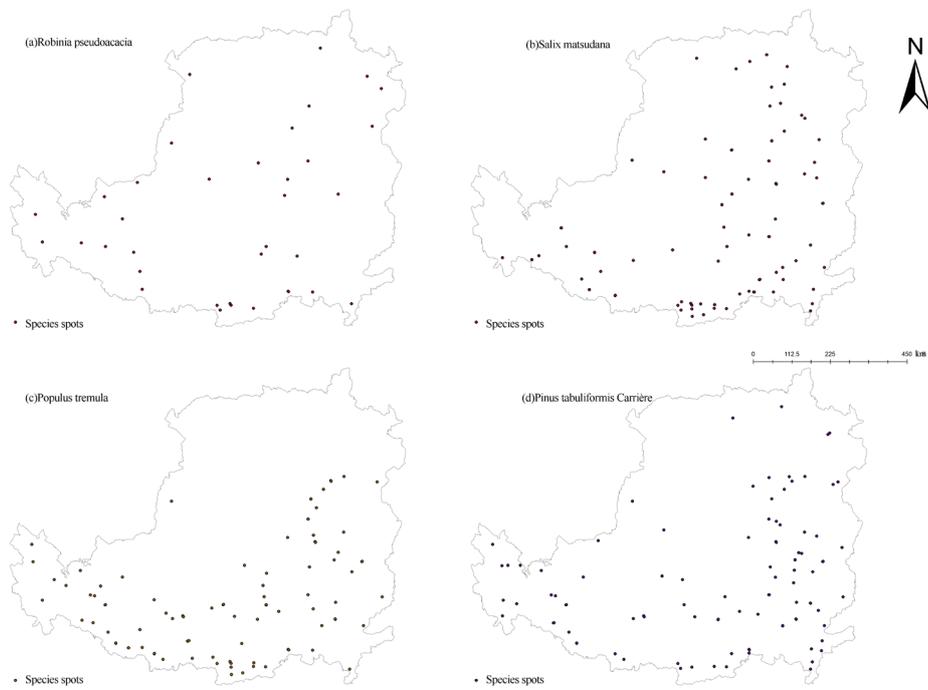


Figure A1. Species distribution data for the tree layer.

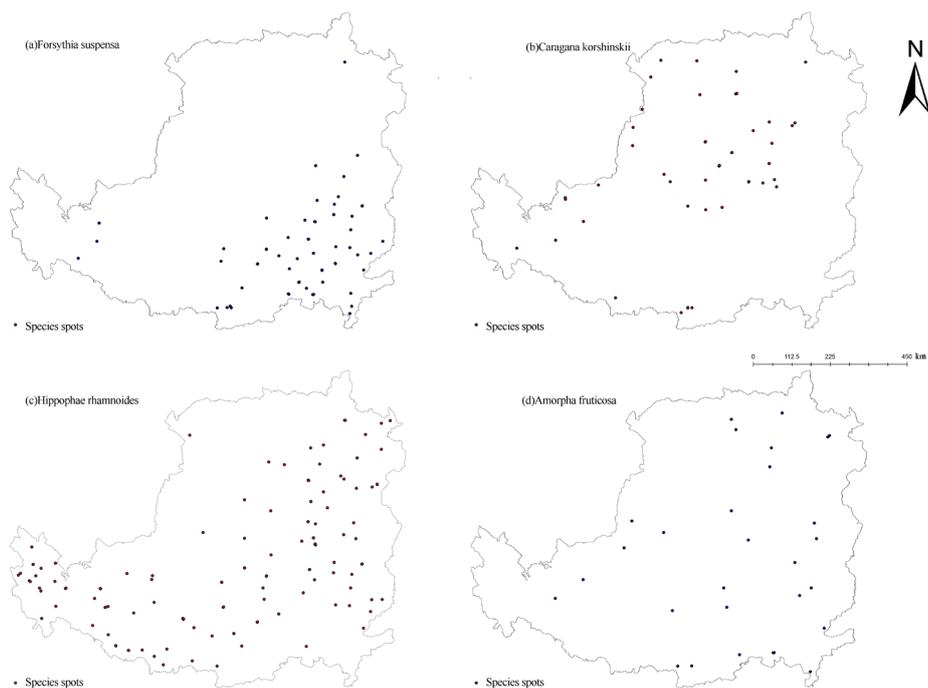


Figure A2. Species distribution data for the shrub layer.

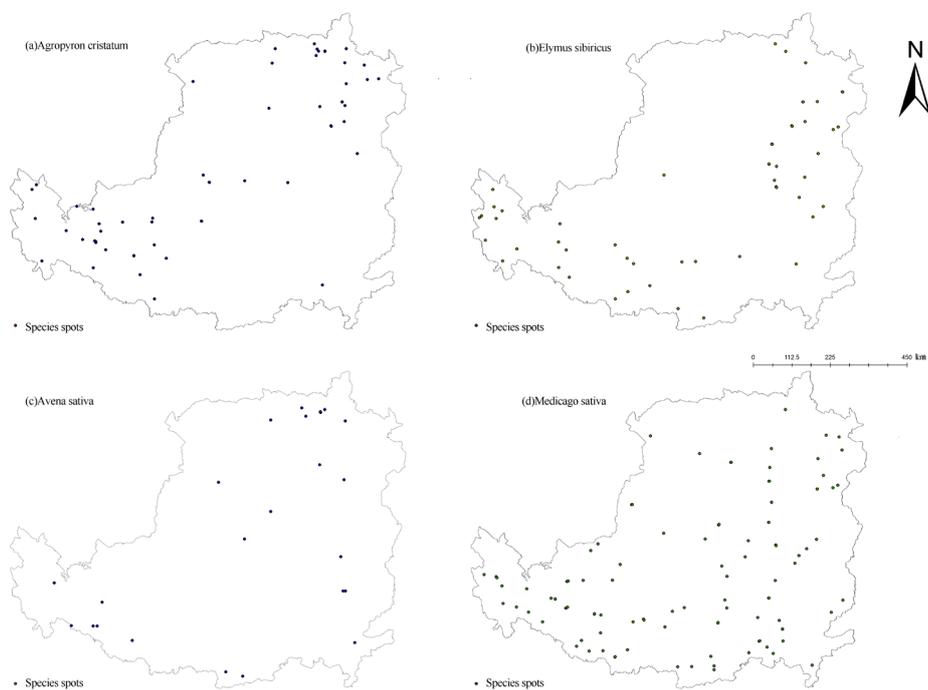


Figure A3. Species distribution data for the herb layer.

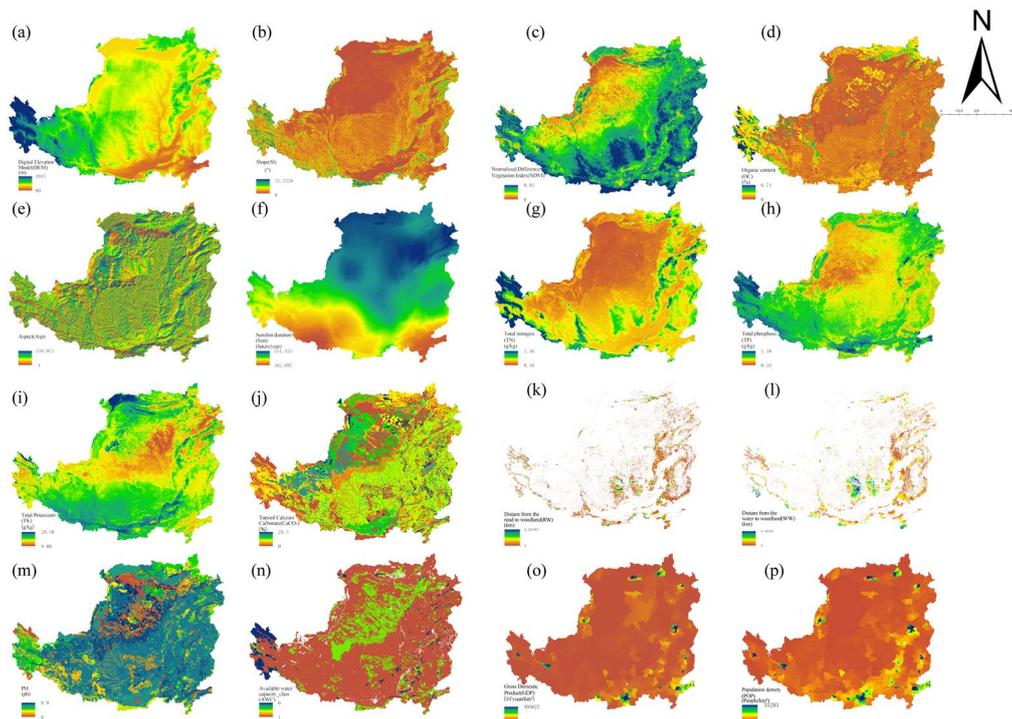


Figure A4. Spatial distribution of factors in Loess Plateau. a) Digital elevation model (DEM), b) Slope (Sl), c) Normalized Difference Vegetation Index (NDVI), d) Organic content (OC), e) Aspect (Asp), f) Sunshine duration (Sun), g) Total nitrogen (TN), h) Total phosphorus (TP), i) Total potassium (TK), j) Topsoil calcium carbonate (CaCO_3), k) Distance from road to woodland (RW), l) Distance from water source to woodland (WW), m) Ph, n) Available water capacity_Class (AWC), o) Gross domestic product (GDP) and p) Population density (POP).

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