Supplementary material A.

Optional follow-up learning activity

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| Topic | Dementia  |
| CPD | Self-reportingCase review/analysis | Estimated duration | EA – 1 hour (Part 1)RP– 2 hours |
| Date | Oct 23-Feb 2024 |
| Aim | To assist general practitioners, reflect on their approach to dementia care and referrals |
| Learning outcomes  | * Be able to assess the 5 domains of the dementia framework and devise an appropriate care plan.
* Build familiarity with dementia resources to assist people with dementia and their carers/family
* Build knowledge of allied health professionals with an interest in dementia in your local area
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| Instructions |
| **Part 1*** Familiarise yourself with the SEMPHN dementia pathway website: [Dementia Pathways (semphn.org.au)](https://www.semphn.org.au/dementia) – Read the first five steps for the person living with dementia and for their carer/family member by clicking on the relevant section.
* Review the Forward with Dementia General Practice referral flow chart for medical and psychosocial support after a diagnosis [dementia pathway part 2 concepts (forwardwithdementia.au)](https://forwardwithdementia.au/wp-content/uploads/2022/07/dementia-pathway-part-2-1.pdf)
* Search your area for the nearest physiotherapist, speech pathologist and occupational therapist with an interest in dementia, gerontology or neurology. Private providers can be found through professional association websites:
	+ [Occupational Therapy Australia - Find an Occupational Therapist (otaus.com.au)](https://www.otaus.com.au/find-an-ot)
	+ [Find a Speech Pathologist (speechpathologyaustralia.org.au)](https://www.speechpathologyaustralia.org.au/SPAweb/Resources_for_the_Public/Find_a_Speech_Pathologist/SPAweb/Resources_for_the_Public/Find_a_Speech_Pathologist/All_Searches.aspx?hkey=0b04c883-80b2-43e7-9298-7e5db5c75197)
	+ <https://choose.physio/find-a-physio>
* Can your patients access the dementia rehab program run by Encara [[New Dementia Rehabilitation Program for Mornington Peninsula and Casey residents (semphn.org.au)](https://www.semphn.org.au/news-dementia-rehabilitation-program)]
* Do local community health or rehabilitation services see people with dementia?
* Review the care plan example for Anna [Appendix A]

**Part 2** * Find 3 patients who have a diagnosis of dementia in your practice and review what rehabilitation they have been offered (or see a new patient and start with point 2)
* Invite them in to do (or review) a GPMP plan and Team care arrangement based on the five dementia domains.
* Determine patient goals and offer resources and referrals as needed.
* What funding pathways could they use to access allied health? E.g. public, private, GPMP and team care plan, MyAgedCare, NDIS; Encara’s dementia program?

**Part 3**Having completed the above activities, reflect on:* What you did differently after completing the learning activities?
* How did you find the process?
* What helped you?
* What stopped you?
* Did the person with dementia and their care partner find this useful?
* Would you feel confident to do this as part of post diagnostic care in the future?
* What other training, resources or services would you need?

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