# Supplemental Information

**Supplemental Figure 1** – Group 1 participants who showed increases in both RMSSD and SDNN for green road (green) vs urban road (blue). Highlighted regions indicate the timeframe of the walk. Smoothed line was fitted using a spline curve.

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| A graph showing a number of different colored lines  Description automatically generated with medium confidenceA graph showing the time and time  Description automatically generated with medium confidenceGR002 | A graph with different colored lines  Description automatically generatedA graph showing the time and time  Description automatically generated GR003 | A graph with different colored lines  Description automatically generatedA graph with different colored lines  Description automatically generated GR005 |
| A graph showing the time and time  Description automatically generatedA graph showing the time and time  Description automatically generated with medium confidence GR014 | A graph showing different colored lines  Description automatically generatedA graph showing a number of times  Description automatically generated with medium confidence GR015 | A graph with a blue line and green line  Description automatically generatedA graph with blue and green lines  Description automatically generated GR016 |
| A graph with green and blue lines  Description automatically generatedA graph with a green line and blue line  Description automatically generated GR017 | A graph showing a number of times  Description automatically generated with medium confidenceA graph showing the time and time  Description automatically generated with medium confidence GR018 | A graph showing different colored lines  Description automatically generatedA graph showing the time and time  Description automatically generated with medium confidence GR020 |