**Table 3:** Methodological quality of the observational studies assessed with the Newcastle-Ottawa scale.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Study | Hoyuela 2017 | Pereira 2019 | Wong 2020 | Cano-Valderrama 2022 |
| Representativeness of the exposed cohort | \* | \* | \* | \* |
| Selection of the non-exposed cohort | \* | \* | \* | \* |
| Ascertainment of exposure | \* | \* | \* | \* |
| Demonstration that outcome of interest was not present at start of study | \* | \* | \* | \* |
| Comparability of cohorts based on the design or analysis controlled for confounders | \* |  |  |  |
| Assessment of outcome | \* | \* | \* | \* |
| Was follow-up long enough for outcomes to occur | \* |  | \* | \* |
| Adequacy of follow-up of cohorts | \* | \* | \* | \* |
| Total | 8 | 6 | 7 | 7 |