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Article

### An Improved PSO-Based DC Discharge Heating Strategy for Lithium-Ion Batteries at Low Temperatures

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Abstract: In low-temperature environments, both the electrochemical and thermodynamic performance of lithium-ion batteries are significantly affected, leading to a substantial decline in overall performance. This deterioration is primarily manifested in the inability of the battery to release its actual capacity effectively, a marked reduction in charge-discharge efficiency, and accelerated capacity degradation, which directly undermines its power output capability under lowtemperature conditions. Such performance degradation severely restricts the application of lithiumion batteries in scenarios requiring high power and extended range, such as EVs. This paper proposes an intelligent low-temperature DC discharge heating optimization strategy based on the PSO algorithm. The strategy aims to simultaneously optimize heating time and minimize capacity loss by employing the PSO algorithm to dynamically optimize discharge currents under varying ambient temperatures. This approach achieves simultaneous optimization of battery heating efficiency and capacity loss. The proposed strategy effectively overcomes the limitation of traditional constantcurrent discharge methods, which struggle to dynamically adjust current intensity based on real operating conditions. By balancing heating efficiency and capacity degradation, the strategy significantly enhances energy utilization. The performance improvements achieved include a reduction in heating time by 48.71 seconds and an increase in heating rate by more than twofold. During 1,000 cycles of heating, the capacity loss was reduced by 0.10 Ah, effectively extending the battery's service life. This strategy addresses the limitations of traditional heating methods, providing a novel solution for the efficient application of lithium-ion batteries in low-temperature environments.

Keywords: Low Temperature; PSO; Lithium-ion Battery; Direct Current Discharge Heating

#### 1. Introduction

Lithium-ion batteries are widely used in consumer electronics and electric vehicles due to their advantages, including high output voltage, long cycle life, high energy density, low self-discharge rate, and wide operating temperature range [1]. However, the performance of battery systems in electric vehicles is highly susceptible to environmental temperature, with significant performance degradation observed under low-temperature conditions [2,3]. The working principle of lithium-ion batteries is fundamentally based on redox reactions between the cathode, anode, and electrolyte. At low temperatures, the lithium-ion intercalation reaction rate at the electrode surface decreases, and the lithium-ion concentration within active materials is reduced. This leads to a reduction in equilibrium potential, an increase in internal resistance, and a decline in discharge capacity. Under extreme low-temperature conditions, phenomena such as electrolyte freezing and the inability to discharge may occur, severely impacting the low-temperature performance of the battery system. This degradation results in reduced power output and diminished driving range for electric vehicles



[4–10]. The adverse effects of low temperatures on lithium-ion battery performance have become a critical bottleneck, particularly hindering their application and adoption in colder regions. Battery preheating technology has emerged as an effective strategy to mitigate performance degradation, reduce safety risks, and ensure reliable operation in cold environments [11].

Currently, lithium-ion battery preheating technologies can be broadly categorized into two types: external heating and internal heating [12]. In external heating strategies, heating power is transferred from an external heat source to the lithium-ion battery. This typically involves the use of resistance wires to heat the battery via mediums such as air or liquid [13]. Alternatively, heating components like heating plates or thin films are directly connected to the surface of the lithium-ion battery for localized heating. In internal heating strategies, the high internal resistance of lithium-ion batteries at low temperatures is exploited to generate Joule heat, either through an external power source or by the battery itself. This approach eliminates the need for long heat conduction paths, reducing heat dissipation during transmission and conduction. Additionally, it avoids the formation of localized overheating near the heating devices, resulting in higher energy conversion efficiency [14].

One approach to implementing this internal heating strategy is through DC discharge heating, which utilizes the heat generated during the discharge process of lithium-ion batteries to raise their temperature. This method is less likely to cause lithium plating on the anode and is characterized by its simplicity and high heat generation efficiency. Ruan et al. [15] proposed an optimized lowtemperature internal heating strategy based on an equivalent circuit model. This strategy consumes battery capacity during heating, necessitating a balance between heating rate and capacity loss. Qu et al. [16] preheated batteries by intermittently applying DC current, achieving a temperature rise from -10°C to 10°C in 175 seconds, with a heating rate of approximately 6.9°C/min. Wu et al. [17] introduced an approach where a layer of thermally insulating nano-porous aerogel material was wrapped around 18650 cylindrical lithium-ion batteries. This method retained the heat generated by constant-current discharge, effectively improving the operating environment of the battery under low temperatures. Chen Zeyu et al. [18] simulated the DC preheating process and developed a test platform for heating prototypes. This method achieved an average heating rate of 0.46°C/s, shortening the preheating time by 51.6% compared to AC preheating. However, the study considered only heating time as the sole control variable without adjusting the current. Ruan et al. [19] proposed a CSH strategy combining DC heating with external heating of the battery. This approach raised the battery temperature from -30°C to 2°C within 62.1 seconds, improving the heating rate by 60.8%, reducing energy consumption by 54.8%, and decreasing battery degradation by 45.2% compared to DC heating alone. Wang et al. [20] presented a coordinated strategy for self-heating and charging. Their approach enabled lithium-ion batteries to charge to 80% SOC within 1.55 hours at -10°C, which is 6.65 times faster than traditional low-current charging methods.

DC discharge heating still faces several challenges. First, using currents within the manufacturer-specified maximum limits often results in a slow heating rate, negating the inherent advantages of DC heating. However, excessively high currents can damage the electrode structure and lead to the loss of active materials, making it necessary to determine an appropriate heating current. Second, in low-temperature environments, a battery's internal resistance and SOC dynamically change with temperature. Most constant-current discharge heating strategies cannot adjust current intensity dynamically in response to these changes, making traditional approaches inadequate for the demands of intelligent thermal management. This limitation results in reduced heating efficiency, compromised safety, and difficulty balancing efficient heating with low energy consumption. Furthermore, there has been limited research on how to comprehensively balance heating time, capacity degradation, and temperature gradients when selecting DC heating parameters.

This study focuses on lithium-ion batteries and investigates optimized heating methods under low-temperature conditions. The research establishes two optimization objectives for DC discharge heating: minimizing heating time and reducing capacity loss. By analyzing the relationship between

the heating current and both temperatures rise rate and capacity degradation, the study applies a PSO algorithm to determine the optimal heating current. An optimized low-temperature DC heating strategy is proposed, achieving a dynamic balance between heating time and capacity loss. Simulation analysis and comparisons with constant-current discharge heating results validate the superiority of the proposed optimized heating strategy.

#### 2. Materials and Methods

#### 2.1. Battery Model Development

#### 2.1.1. Development of the Battery Equivalent Circuit Model

Considering the trade-off between model accuracy and the complexity of parameter identification, the DP equivalent circuit model was ultimately selected. This model comprises a voltage source, a direct current resistance ( $R_0$ ), and two RC parallel circuits. The battery's output voltage is determined by the OCV across the battery terminals, the ohmic resistance ( $R_0$ ), and the polarization impedance (represented by the RC parallel circuits), as shown in Figure 1. The output voltage is expressed by the following equation:

$$U_0 = U_{OCV} - U_L - U_P - I \times R_0 \left( T_{amb} \right) \tag{1}$$

This study differs from the traditional DP model by employing an improved DP model in which the parameters dynamically adjust with changes in ambient temperature, thereby more accurately reflecting the impact of temperature on battery performance.

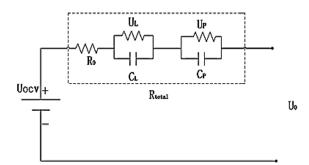


Figure 1. Thevenin Equivalent Circuit Model.

 $R_0(T_{amb})$  represents the ohmic resistance,  $C_L(T_{amb})$   $C_P(T_{amb})$  and  $R_L(T_{amb})$   $R_P(T_{amb})$  denote the polarization capacitance and polarization resistance, respectively.  $U_L$  and  $U_P$  are the polarization voltages.  $R_{total}$  is the internal resistance of the battery, and  $U_{OCV}$  represents the OCV.  $U_0$  is the terminal voltage, and I is the discharge current. The mathematical model of the circuit can be described by Equations (2) and (3).

$$\begin{cases} U_{OCV} = f(SOC, T_{amb}) \\ SOC = SOC_0 - \frac{1}{Q_{rat}} \int \eta \times Idt \\ C_L(T_{amb}) \cdot \frac{dU_L}{dt} + \frac{U_L}{R_L(T_{amb})} = I \\ C_P(T_{amb}) \cdot \frac{dU_P}{dt} + \frac{U_P}{R_P(T_{amb})} = I \\ \frac{U_0}{R_0(T_{amb})} = I \end{cases}$$

$$(2)$$

$$\begin{bmatrix} SOC \\ \dot{U}_L \\ \dot{U}_P \end{bmatrix} = \begin{bmatrix} 1 & 0 & 0 \\ 0 & -\frac{1}{R_L(T_{amb})C_L(T_{amb})} & 0 \\ 0 & 0 & -\frac{1}{R_P(T_{amb})C_P(T_{amb})} \end{bmatrix} \cdot \begin{bmatrix} SOC_0 \\ U_L \\ U_P \end{bmatrix} + \begin{bmatrix} -\frac{\eta \cdot T}{Q_{rat}} \\ \frac{1}{C_L(T_{amb})} \\ \frac{1}{C_P(T_{amb})} \end{bmatrix} \cdot I(3)$$

To obtain model parameters for the battery under different temperature and SOC conditions, this study referenced the HPPC test process and conducted charge-discharge experiments. Using the RC structure of a second-order RC equivalent circuit model, the parameters of the equivalent circuit were determined by analyzing the response of the double-layer hysteresis effect on pulse discharge transients.

For validation testing of the electrical model, the HPPC dynamic profile within a 90%-10% SOC range was applied as the input current to the battery. The voltage output was observed and compared with the model's calculated results. The validation results are shown in Figures 2 and 3. The figures demonstrate that the model's estimated voltage closely matches the experimentally measured voltage, with errors remaining within 2% for the majority of the test. A sudden error exceeding 2% occurs in the final pulse due to incomplete pulse excitation, leading to a slight decline in parameter identification accuracy. However, the maximum error between the model and the experiment is still controlled within 3%. This confirms the accuracy of the model and its parameters. In conclusion, the model effectively fits the characteristics of both constant-current discharge and dynamic conditions.

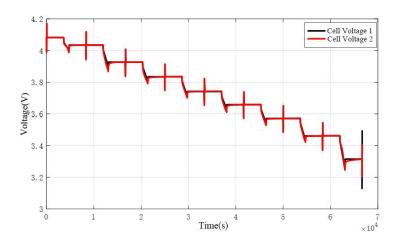


Figure 2. Dynamic Condition Validation.

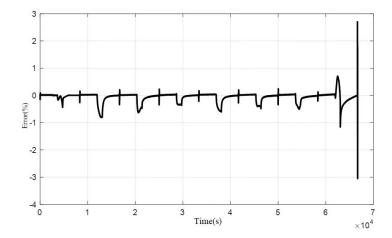


Figure 3. Deviation Between Model and Simulation.

#### 2.1.2. Development of the Battery Heat Generation Model

During the charge and discharge processes of lithium-ion batteries, phenomena such as material diffusion, chemical reactions, and ion migration are accompanied by substantial heat generation. The primary sources of this heat include: Irreversible Joule heat (Qr) caused by ohmic internal resistance, Irreversible polarization heat (Qp) resulting from polarization phenomena, Reversible reaction heat (Qf) generated by electrochemical reactions, and Side reaction heat (Qs) from phenomena like material mixing. The total heat generation can be expressed using Equation (4):

$$Q_q = Q_r + Q_p + Q_f + Q_s \tag{4}$$

In the equation: *Qq* represents the total heat generation, *Qr* represents the Joule heat from ohmic resistance, *Qp* represents the heat from polarization resistance, *Qf* represents the heat from chemical reactions, and *Qs* represents the heat from side reactions.

#### 2.1.3. Development of a Thermoelectric Coupling Temperature Rise Simulation Model

Figure 4 illustrates the thermoelectric coupling temperature rise simulation model, which simplifies the battery into a single particle (representing the heat generation source) using an equivalent circuit approach. The model incorporates physical parameters such as the specific heat capacity, thermal conductivity, and heat transfer coefficient of the battery to simulate its behavior. It captures the internal temperature rise of the battery and the dynamic process of heat transfer from the battery to the surrounding environment. The model assumes a uniform and consistent surface temperature across the battery. The average surface temperature, measured using multiple thermocouples, represents the actual temperature of the battery. In this study, the model integrates the effects of Joule heating and reaction heat to more accurately reflect the thermal behavior of the battery.

The temperature rise process of the battery can be described by the following equation:

$$mC\frac{dT_i}{dt} = q - h(T_i - T_s) \tag{5}$$

The process of heat transfer from the battery surface to the environment can be described by the following equation:

$$h_1(T_i - T_s) = h_2(T_s - T_{amb})$$
 (6)

where  $T_i$  is the core temperature of the battery,  $T_s$  is the surface temperature,  $h_1$  and  $h_2$  are the thermal conductivity and heat transfer coefficients, respectively. m represents the mass of the battery. The heat generation power of the battery is denoted as q.

$$q = I^2 R_{total} \tag{7}$$

where  $R_{total}$  represents the internal resistance.

In practical applications, embedding thermocouples inside the battery to measure internal temperature may impact the battery's safety. To address this, the internal temperature of the battery can be estimated using the following approach. By transforming the equation as follows:

$$T_{i} = \frac{h_{2}}{h_{1}} (T_{s} - T_{amb}) + T_{s} \tag{8}$$

$$mC(\frac{h_2}{h_1} + 1)\frac{dT_s}{dt} = q - h_2(T_s - T_{amb})$$
(9)

Substituting

$$C' = C(\frac{h_2}{h_1} + 1) \tag{10}$$

into the equation, the equation can be rewritten as:

$$mC'\frac{dT_s}{dt} = q - h_2(T_s - T_{amb}) \tag{11}$$

where  $T_s$ ,  $T_{amb}$ , and q are known quantities, while C' and h are unknown variables that require reasonable estimation.

At thermal equilibrium:

$$Q_{gen} = h_2(T_s - T_{amb}) \tag{12}$$

The parameter  $h_2$  can be calculated from the thermal equilibrium state of the cell, while C can be determined from the transient process.

The parameters C and  $h_1$  are intrinsic characteristics of the battery and are independent of the convective heat transfer rate with the environment. Therefore, under the same ambient temperature, two different convective heat transfer conditions can be applied, and the battery temperature can be measured. This yields two independent equations with two unknowns, as detailed below:

$$\begin{cases}
C_1' = C_1 \left(\frac{h_2}{h_1} + 1\right) \\
C_2' = C_2 \left(\frac{h_2}{h_1} + 1\right)
\end{cases}$$
(13)

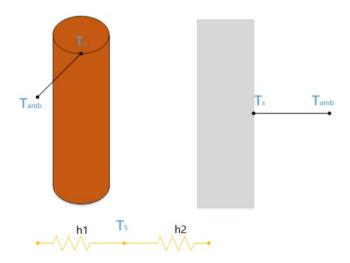
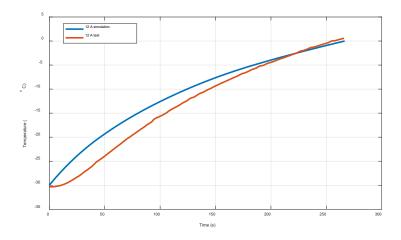


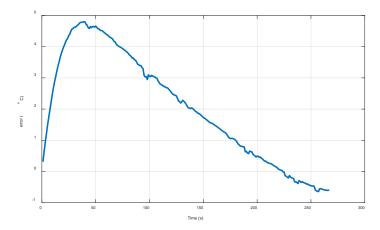
Figure 4. Schematic Diagram of the Thermoelectric Coupling Temperature Rise Model.

The battery was heated from -30°C to 0°C. Figure 5 illustrates the relationship between the battery's temperature rise and time under a 3C discharge rate (12A). The deviation between the simulation results and the experimentally measured temperatures is shown in Figure 6, with a maximum temperature rise deviation of no more than 5°C.

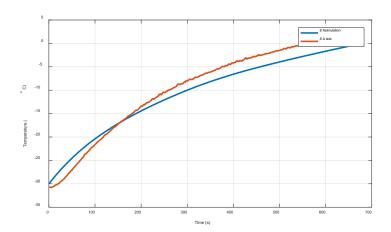
Figure 7 presents the temperature rise versus time under a 2C discharge rate (8A), while the deviation between the simulation and measured temperatures is shown in Figure 8, with a maximum deviation of no more than  $3^{\circ}$ C.



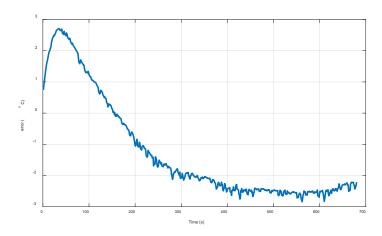
**Figure 5.** Comparison of Model-Estimated Temperature and Measured Temperature During 12A Constant Current Discharge Heating at -30°C.



**Figure 6.** Error Between Model-Estimated Temperature and Measured Temperature During 12A Constant Current Discharge Heating at -30°C.



**Figure 7.** Comparison of Model-Estimated Temperature and Measured Temperature During 8A Constant Current Discharge Heating at -30°C.



**Figure 8.** Error Between Model-Estimated Temperature and Measured Temperature During 8A Constant Current Discharge Heating at -30°C.

## 2.2. Low-Temperature Preheating Optimization Strategy for Batteries Based on the PSO Optimization Algorithm

#### 2.2.1. Determining the Optimization Objective Function for Battery Low-Temperature Preheating

Low-temperature preheating is a nonlinear, multi-factor coupled dynamic process. Heating time is a critical metric for evaluating battery performance recovery, with the goal of rapid heating aimed at minimizing heating time. At the same time, reducing battery life degradation is another essential objective, as excessive polarization voltage during the heating process can result in significant capacity loss. Thus, the two core objectives for optimizing low-temperature heating methods are to shorten heating time and minimize capacity degradation.

Typically, higher heating currents can significantly reduce heating time but at the cost of markedly decreasing battery life. Conversely, lower heating currents cause less damage to the battery life but greatly extend the heating time. Therefore, by using the established battery thermal and life degradation models to determine an appropriate heating current, an optimized low-temperature heating method can be developed. This approach achieves rapid heating while minimizing its impact on battery life.

Considering 1,000 repeated heating cycles, the battery's capacity loss and its associated constraints are described as follows:

$$\min J_{Qloss} = \beta(I) \times 1000^{\alpha(I)} \tag{14}$$

$$\begin{cases} I_{\min} \le I \le I_{\max} \\ U_{\min} \ge 1.0V \end{cases} \tag{15}$$

where  $I_{min}$  and  $I_{max}$  represent the minimum and maximum heating currents, respectively.

In this study, the battery is heated from -30°C to 0°C, with each 5°C temperature rise defined as a separate heating stage, resulting in a total of six heating stages. The discharge current remains constant during each heating stage. Therefore, the time required for each heating stage and the corresponding constraints are defined as follows:

$$t_{j} = \frac{5mc}{T_{j} \left( I_{j} \frac{\partial V_{OCV}}{\partial T} - hA \right) + I_{j}^{2} R_{total} + hA}$$

$$j = 1, 2, 3 \dots 6$$

$$(16)$$

$$\begin{cases} I_{\min} \le I \le I_{\max} \\ U_{\min} \ge 1.0V \\ T_{t} > 0 \end{cases} \tag{17}$$

Given that the heating time and capacity degradation have different magnitudes and units, normalization of these two metrics was performed to incorporate them into a unified optimization objective function with two variables. The normalization method is expressed as follows:

$$x^* = (x - x_{\min}) / (x_{\max} - x_{\min})$$
 (18)

Clearly, each normalized heating time and capacity loss value is constrained within the range of [0,1]. A normalized value of 0 indicates that the parameter has reached its optimal state, while a value of 1 indicates that the parameter is in its worst state. During the low-temperature heating process, the goal is typically to achieve the shortest heating time while minimizing the impact on battery life. However, there is an inherent trade-off between heating time and capacity loss: shorter heating times result in greater capacity loss, whereas smaller capacity loss often corresponds to longer heating times.

To balance these conflicting objectives, a weighting coefficient is introduced, and the unified optimization objective function for DC heating is defined as follows:

$$f = \min \left\{ \lambda \sum_{j=1}^{N} Q_{loss,j}^{*} + (1 - \lambda) \sum_{j=1}^{N} t_{j}^{*} \right\}$$
 (19)

Here,  $\lambda$  represents the weighting coefficient, with a value range of [0,1]. When  $\lambda$ >0.5, the weight of capacity loss in the objective function is higher, indicating a greater emphasis on the impact on battery life. Conversely, when  $\lambda$ <0.5, the weight of heating time in the objective function is higher, placing more importance on reducing the battery heating time. Once the weighting coefficient is determined, the PSO algorithm is used to solve the objective function, thereby obtaining the optimal heating current.

#### 2.2.2. Setting Boundary Conditions for Discharge Current

In the study of low-temperature discharge heating, it is first necessary to define the boundary limits of the battery discharge current. During the heating process, the minimum discharge current must satisfy the requirements of Equation (20):

$$I^{2}R_{r} + I_{p}^{2}R_{p} + IT\frac{\partial U_{OCV}}{\partial T} - hA(T - T_{\infty}) > 0$$

$$\tag{20}$$

 $\partial U_{\mathit{OCV}}$ 

*I*: current;  $R_r$ : ohmic resistance;  $R_p$ : polarization resistance;  $\partial T$ : the relationship between battery voltage and temperature, referred to as the Entropic Heat Coefficient (V/K), which is

primarily influenced by the SOC;  $\frac{\partial T}{\partial T}$  :reversible reaction heat of the positive and negative electrodes; h: equivalent heat transfer coefficient; A: specific surface area of the battery; T:battery

temperature;  $T_{\infty}$ : ambient temperature.

To achieve rapid preheating of lithium-ion batteries in low-temperature environments, the

constraint for the minimum discharge current is based on the minimum discharge current value determined during preheating experiments.

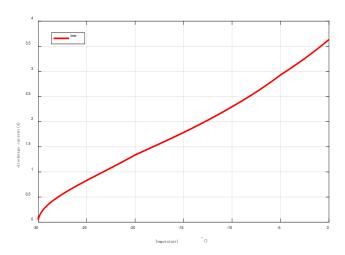


Figure 9. Minimum Discharge Current for Preheating.

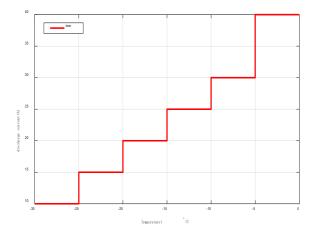


Figure 10. Minimum Discharge Current Threshold.

Equations (21) and (22) define the optimization objectives and constraint conditions for heating a lithium-ion battery from -30°C to 0°C. These equations are used to calculate the optimal discharge current for the corresponding temperature range. Through iterative calculations, the boundary conditions for the maximum preheating discharge current were further determined.

$$(0.00004641 + 0.0000000992 \times e^{0.3984x}) \times 1000^{(2.123 - 0.8685 \times e^{0.0213x})} = 0.2$$
 (21)

$$\begin{cases}
I < 100A \\
I > I_{\min}
\end{cases}$$
(22)

The optimized maximum discharge current thresholds, ensuring that the battery retains 80% of its usable capacity after 1,000 heating cycles at a 1C discharge rate, are shown in Figure 11 for different temperature ranges. As the temperature range increases, the maximum discharge current threshold of the battery gradually rises.

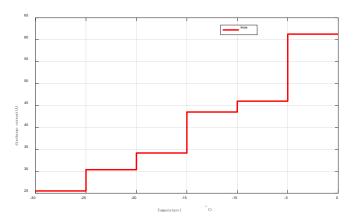


Figure 11. Maximum Discharge Current Threshold.

#### 2.2.3. Discharge Current Solution Based on the PSO Optimization Algorithm

The PSO algorithm seeks the global optimum through the initialization of random solutions and an iterative optimization process. By continuously tracking the best solution found during the search, the algorithm gradually approaches the global optimal solution. PSO is known for its simplicity, high precision, and fast convergence speed, demonstrating excellent performance and application potential in solving practical problems.

The core of the algorithm lies in updating the velocity and position of particles, with the update equations given as follows (Equation 23):

$$\begin{cases} V_{id} = W \bullet V_{id} + c_1 \bullet r_1 \bullet (P_{id} - X_{id}) + c_2 \bullet r_2 \bullet (P_{gd} - X_{id}) \\ X_{id} = Xid + Vid \end{cases}$$
(23)

where W represents the inertia weight,  $c_1$  and  $c_2$  are the learning factors,  $r_1$  and  $r_2$  are random numbers within the range [0,1],  $P_{id}$  denotes the individual best position,  $P_{gd}$  represents the global best position, and  $X_{id}$  is the current position of the particle.

The traditional PSO algorithm employs a fixed inertia weight (W). However, by introducing a dynamic inertia weight optimization algorithm, the convergence speed can be further accelerated. The calculation method for the inertia weight (W) is shown in Equation (24):

$$w = \begin{cases} w_{\text{min}} + (w_{\text{max}} - w_{\text{min}}) \frac{f_{\text{max}}^{d} - f(x_{i}^{d})}{f_{\text{max}}^{d} - f_{\text{average}}^{d}}, f(x_{i}^{d}) \ge f_{\text{average}}^{d} \\ w = \begin{cases} w_{\text{max}}, f(x_{i}^{d}) \le f_{\text{average}}^{d} \end{cases} \end{cases}$$

$$(24)$$

Here,  $w_{min}$  and  $w_{max}$  are the preset minimum and maximum inertia coefficients, typically set to 0.4 and 0.9, respectively.  $f_{average}^d$  represents the average fitness of all particles during the dd-th iteration, while  $f_{max}^d$  denotes the maximum fitness of all particles during the dd-th iteration.

The larger the fitness value, the closer the solution is to the global optimum, requiring an intensified local search. Conversely, the smaller the fitness value, the farther the solution is from the global optimum, necessitating an enhanced global search. Compared to the traditional PSO algorithm, the inertia weight in the current optimization algorithm is not only related to the number of iterations but also closely tied to the fitness value of each particle.

The detailed process of the algorithm is shown in Figure 12.

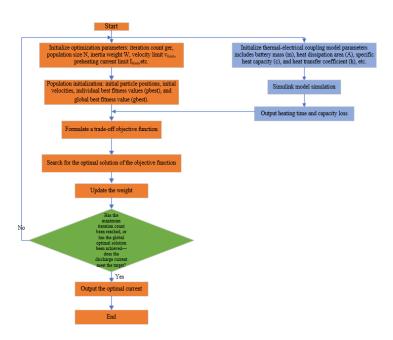


Figure 12. PSO Optimization Algorithm.

#### 3. Results

#### 3.1. Research Results of Discharge Heating Optimization Method

Table 1 presents the discharge current results calculated using the PSO optimization algorithm. As shown, the optimized discharge current values vary across different weight factors and heating temperature ranges. Under the same weight condition, the optimized preheating current gradually increases with rising temperature. This is because, at higher temperatures, the battery's performance improves, allowing higher discharge current values while maintaining the same level of capacity degradation after 1,000 heating cycles. By solving the equations in reverse, the results for capacity degradation and heating time across different heating ranges and weight factors are summarized in Table 2.

Table 1. Optimized Current Results.

Optimization Results											
Imax											
Weight	25.5107A	30.36A	34.1668A	43.5132A	45.9874A	61.2796A					
λ	-30°C25°C	-25°C20°C	-20°C15°C	-15°C10°C	-10°C5°C	-5°C-0°C					
0	25.1777	30.36	33.691	43.5044	45.945	61.2236					
0.1	20.092	26.2776	29.4918	32.7368	42.1821	51.727					
0.2	19.008	25.1531	28.3996	31.6242	41.1079	50.5568					
0.3	18.3232	24.439	27.6511	30.8283	40.2954	49.7927					
0.4	17.7611	23.876	27.0448	30.2895	39.7506	49.1941					
0.5	17.2274	23.3157	26.4773	29.6826	39.228	48.6808					
0.6	16.6827	22.7279	25.9253	29.2011	38.6437	48.122					
0.7	16.1404	22.1386	25.3889	28.5517	38.0842	47.5236					
0.8	15.4742	21.4418	24.6521	27.8483	37.2904	46.7779					
0.9	14.4202	20.3645	23.5654	26.7538	36.1374	45.6458					
1	10	15	20	25	30	35.0299					

Table 2. Calculation Results of Capacity Degradation and Heating Time.

Capacity Degradation Heating Time											
-30°C	-25°C	-20°C	-15°C	-10°C	-5°C	-30°C	-25°C	-20°C	-15°C	-10°C	-5°C
~ -25°C	~ -20°C	~ -15℃	~ -10°C	~ -5°C	~ 0°C	~ -25°C	~ -20°C	~ -15℃	~ -10°C	~ -5°C	o°C
2.89 e-10	7.37 e-09	7.09 e-08	4.54 e-05	3.03 e-04	10.38	5.71	3.90	3.97	2.89	3.3	2.40
1.36	5.86	5.51	4.78	2.68	1.60 e-02	8.94	5.22	5.14	5.1	3.91	3.40
6.87	3.19	2.68	2.45	1.23	8.22	10.05	5.63	5.56	5.45	4.14	3.54
4.81	1.90	1.41	1.38	7.41	5.05	10.71	6.01	6	5.77	4.31	3.64
3.37	1.22	1.11	9.33	5.16	3.25	11.45	6.41	6.17	6.01	4.43	3.74
2.63	8.87	8.34	7.23	3.61	2.479	12.01	6.70	6.38	6.18	4.55	3.81
1.69	6.71	5.57	6.38	2.53	1.69	13.13	6.97	6.71	6.26	4.69	3.90
1.26	4.39	3.50	3.11	1.88	1.02	13.95	7.43	7.12	6.78	4.80	4.03
	25°C 2.89 e-10 1.36 e-11 6.87 e-12 4.81 e-12 3.37 e-12 2.63 e-12 1.69 e-12	30°C -25°C -20°C -25°C -20°C -2.89 7.37 e-10 e-09 1.36 5.86 e-11 e-10 6.87 3.19 e-12 e-10 4.81 1.90 e-12 e-10 2.63 8.87 e-12 e-11 1.69 6.71 e-12 e-11 1.26 4.39	30°C -25°C -20°C -20°C -25°C -20°C -15°C -20°C -15°C -289 7.37 7.09 e-10 e-09 e-08 1.36 5.86 5.51 e-11 e-10 e-09 6.87 3.19 2.68 e-12 e-10 e-09 4.81 1.90 1.41 e-12 e-10 e-09 3.37 1.22 1.11 e-12 e-10 e-09 2.63 8.87 8.34 e-12 e-11 e-10 1.69 6.71 5.57 e-12 e-11 e-10 1.26 4.39 3.50	30°C -25°C -20°C -15°C -20°C -15°C -20°C -15°C -10°C -15°C -10°C -	30°C -25°C -20°C -15°C -10°C -25°C -20°C -15°C -10°C -5°C -20°C -15°C -10°C -5°C -2.89 7.37 7.09 4.54 3.03 e-10 e-09 e-08 e-05 e-04 1.36 5.86 5.51 4.78 2.68 e-11 e-10 e-09 e-08 e-05 6.87 3.19 2.68 2.45 1.23 e-12 e-10 e-09 e-08 e-05 4.81 1.90 1.41 1.38 7.41 e-12 e-10 e-09 e-08 e-06 3.37 1.22 1.11 9.33 5.16 e-12 e-10 e-09 e-09 e-06 2.63 8.87 8.34 7.23 3.61 e-12 e-11 e-10 e-09 e-06 1.69 6.71 5.57 6.38 2.53 e-12 e-11 e-10 e-09 e-06 1.26 4.39 3.50 3.11 1.88	30°C -25°C -20°C -15°C -10°C -5°C -20°C -15°C -10°C -5°C 0°C -25°C -20°C -15°C -10°C -5°C 0°C -2.89 7.37 7.09 4.54 3.03 e-10 e-09 e-08 e-05 e-04 10.38 1.36 5.86 5.51 4.78 2.68 1.60 e-11 e-10 e-09 e-08 e-05 e-02 6.87 3.19 2.68 2.45 1.23 8.22 e-12 e-10 e-09 e-08 e-05 e-03 4.81 1.90 1.41 1.38 7.41 5.05 e-12 e-10 e-09 e-08 e-06 e-03 3.37 1.22 1.11 9.33 5.16 3.25 e-12 e-10 e-09 e-09 e-06 e-3 2.63 8.87 8.34 7.23 3.61 2.479 e-12 e-11 e-10 e-09 e-06 e-03 1.69 6.71 5.57 6.38 2.53 1.69 e-12 e-11 e-10 e-09 e-06 e-03 1.26 4.39 3.50 3.11 1.88 1.02	30°C -25°C -20°C -15°C -10°C -5°C -30°C -25°C -20°C -15°C -10°C -5°C 0°C -25°C 2.89 7.37 7.09 4.54 3.03 e-10 e-09 e-08 e-05 e-04 1.36 5.86 5.51 4.78 2.68 1.60 e-11 e-10 e-09 e-08 e-05 e-02 6.87 3.19 2.68 2.45 1.23 8.22 e-12 e-10 e-09 e-08 e-05 e-03 4.81 1.90 1.41 1.38 7.41 5.05 e-12 e-10 e-09 e-08 e-06 e-03 3.37 1.22 1.11 9.33 5.16 3.25 e-12 e-10 e-09 e-09 e-06 e-3 2.63 8.87 8.34 7.23 3.61 2.479 e-12 e-11 e-10 e-09 e-06 e-03 13.13	30°C -25°C -20°C -15°C -10°C -5°C -30°C -25°C -20°C -25°C -20°C -15°C -10°C -5°C 0°C -25°C -20°C -20°C -25°C -20°C -20°C -25°C -20°C -20°C -25°C -20°C	30°C -25°C -20°C -15°C -10°C -5°C -20°C -25°C -20°C -25°C -20°C -15°C -10°C -5°C 0°C -25°C -20°C -15°C -15°C 2.89 7.37 7.09 4.54 3.03 10.38 5.71 3.90 3.97 e-10 e-09 e-08 e-05 e-04 1.36 5.86 5.51 4.78 2.68 1.60 e-11 e-10 e-09 e-08 e-05 e-02 e-02 e-12 e-10 e-09 e-08 e-05 e-03 10.05 5.63 5.56 e-12 e-10 e-09 e-08 e-05 e-03 10.71 6.01 6 e-12 e-10 e-09 e-08 e-06 e-03 10.71 6.01 6 e-12 e-10 e-09 e-09 e-06 e-03 11.45 6.41 6.17 e-12 e-10 e-09 e-09 e-06 e-03 12.01 6.70 6.38 e-12 e-11 e-10 e-09 e-06 e-03 13.13 6.97 6.71 e-12 e-13 e-13 e-13 e-13 e-13 e-13 e-13 e-13	30°C -25°C -20°C -15°C -10°C -5°C -30°C -25°C -20°C -15°C -10°C 2.89	30°C -25°C -20°C -15°C -10°C -5°C -30°C -25°C -20°C -15°C -10°C -5°C -20°C -15°C -20°C -15°C -10°C -5°C -20°C -15°C -20°C -15°C -10°C -5°C -20°C -15°C -20°C -15°C -20°C -10°C -10°C -5°C -20°C -15°C -20°C -15°C -20°C -10°C -10°C -5°C -20°C -15°C -20°C -10°C -10°C -10°C -20°C -10°C -10°C -20°C -10°C -20°C -15°C -20°C -15°C -20°C -15°C -20°C -10°C -10°C -10°C -10°C -20°C -10°C -20°C -10°C -20°C -10°C

0.8	8.01	3.16	2.39	2.06	5.46	6.44	15.42	7 01	7 10	7.10	E 22	115
0.8	e-13	e-11	e-10	e-09	e-07	e-04	13.42	7.01	7.40	7.10	5.55	4.13
0.9	4.85	1.55	1.24	1.02	4.92	3.38	17 22	0 71	0 17	8.17 7.71 5.37	E 27	1 22
0.9	e-13	e-11	e-10	e-09	e-07	e-04	17.33	0.74	0.17		4.33	
1	3.86	6.51	1.42	3.43	9.65	3.84	36.87	16.16	11.37	8.84	7.82	7.28
1	e-14	e-13	e-11	e-10	e-09	e-07						

#### 3.2. Results of the Constant Current Discharge Method

To analyze the impact of different strategies on the entire heating process, a comprehensive summation of the key parameters was performed, with results presented in Table 3. Under varying discharge rates, significant differences were observed in capacity degradation, heating time, and energy consumption during the heating process.

When the weight factor  $\lambda$ =0, corresponding to the maximum current boundary, the battery can be heated from -30°C to 0°C in just 22.17 seconds. However, in this case, the capacity degradation reaches 0.1038 Ah, significantly higher than that under other weight conditions, as shown in Figure 13(a).

When  $\lambda$ =1, corresponding to the minimum current boundary, the same target temperature is achieved in 88.34 seconds. As seen in Figure 13(b), the heating time is notably longer than under other weight conditions. The advantage, however, is that the capacity degradation is minimized, reducing to 0.00 Ah.

These two heating strategies represent two extreme scenarios. One prioritizes short heating time, while the other minimizes capacity degradation. However, neither can simultaneously satisfy the optimization requirements for both objectives.

**Table 3.** Total Capacity Degradation and Total Heating Time Results.

Weight $\lambda$	Total Capacity Degradation (Ah)	Total Heating Time (s)
0	0.10382248997655331	22.17
0.1	0.015977581179648	31.71
0.2	0.008228069218434	34.37
0.3	0.005059519498740	36.44
0.4	0.003253444981261	38.21
0.5	0.002482205828299	39.63
0.6	0.001690907963803	41.66
0.7	0.001018971640568	44.11
0.8	6.450307976452842e-04	47.29
0.9	3.382935945904038e-04	51.65
1	3.936906849750717e-07	88.34

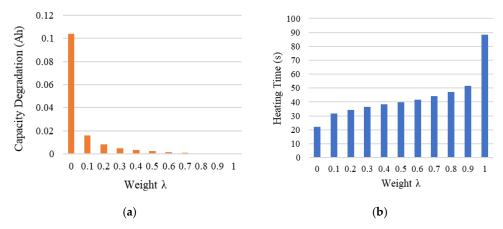


Figure 13. Optimization Results, (a) Capacity Degradation and Weight (b) Heating Time and Weight.

#### 3.3. Power Consumption Comparative Analysis

To further evaluate the proposed optimization method, the changes in the SOC during the heating process were recorded from the perspective of power consumption. SOC represents the ratio of the remaining capacity to the total available capacity of a battery after use or idle periods. In this study, an internal discharge self-heating method was employed, making power consumption directly related to whether the battery can continue to function normally after preheating. Thus, assessing the remaining charge after heating is particularly important.

Table 4 summarizes the energy consumption results for battery preheating under different weighted optimization current conditions. According to Figure 14, as the current increases, energy consumption rises correspondingly. The rate of energy consumption growth exhibits a phased trend: it grows rapidly in the initial phase, enters a relatively stable region, and then accelerates again. This trend highlights the critical role of optimizing the heating current to balance energy utilization efficiency and battery performance effectively.

Table 4. Power Consumption Calculation Results.

Weight λ	0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1
Energy Loss (%)	6.28	7.52	7.81	8.02	8.19	8.36	8.54	8.73	8.99	9.43	12.072

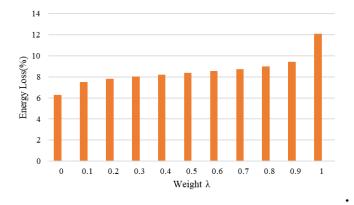


Figure 14. Power Consumption and Weight.

#### 4. Discussion

This study, based on the relationship between the battery temperature rise model, capacity degradation model, and heating current, establishes heating time and capacity degradation as dual optimization objectives for DC heating. By determining an appropriate heating current, a temperature-adaptive low-temperature DC heating method for batteries based on an optimization algorithm is proposed.

Compared to preheating methods that directly use the minimum optimized current boundary, the optimized heating strategy shortens heating time by 48.71 seconds and increases the heating rate by more than twofold. In contrast to preheating methods that use the maximum optimized current boundary, the optimized strategy reduces capacity degradation by 0.10 Ah after 1,000 heating cycles.

From the perspective of energy consumption, the optimized strategy decreases energy loss by 2.08% compared to preheating with the minimum optimized current boundary but increases energy consumption by 3.712 Ah compared to preheating with the maximum optimized current boundary.

Looking ahead, further research is required to address current control under varying weighting conditions, particularly on efficiently integrating optimization algorithms into BMS. Additionally,

exploring how dynamic adjustments to preheating currents can achieve functional goals will provide more effective solutions to enhance battery performance in low-temperature environments.

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#### **Abbreviations**

The following abbreviations are used in this manuscript:

EVs electric vehicles

DC direct current

PSO Particle Swarm Optimization

AC alternating current

CSH composite self-heating

SOC state of charge

DP Dual Polarization

OCV open-circuit voltage

HPPCHybrid Pulse Power Characterization

BMS battery management systems

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